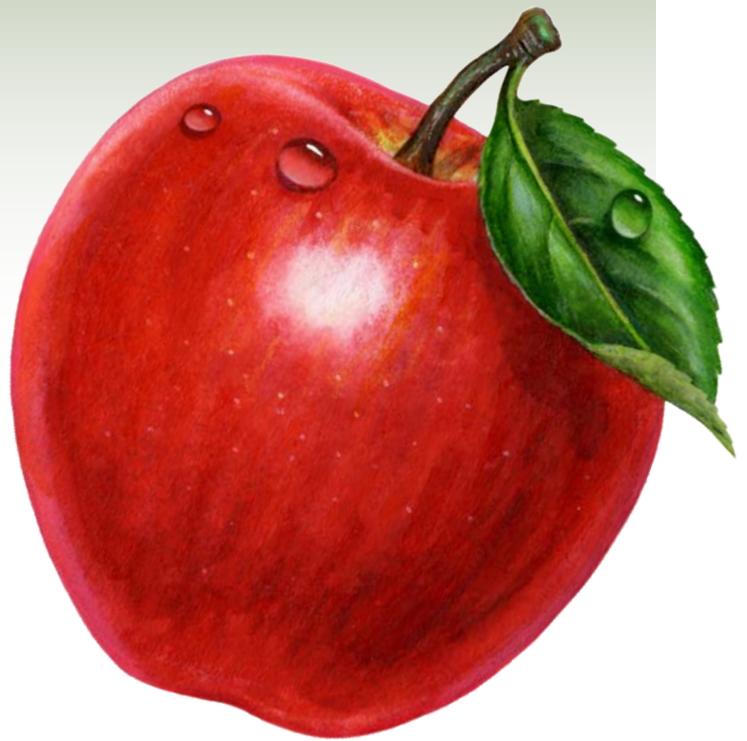


2012 HEALTH MEDIA CATALOG



GENERAL INFORMATION

Purpose

The Audiovisual Library is maintained for the specific purpose of furnishing agencies, organizations, and individuals with health education media that can be useful for public education, professional education, and school programs.

It is not possible to supply all the media needed for educational programs throughout the state. Health departments, schools, colleges, hospitals, and other organizations are urged to purchase media items for which there is frequent or regularly recurring use.

Who May Borrow

Any responsible individual in Texas may borrow media from the collection. There is no charge other than payment of return mailing and insurance. Media from this library cannot be sent outside of Texas. To be eligible for library services, you must submit a signed Statement of Responsibility form (<http://www.dshs.state.tx.us/avlib/forms.shtm>) indicating that you have read and agree to abide by all the rules and regulations of the library and that you accept financial responsibility for the media you borrow. If you do not have this form on file, please complete it and mail or fax it to the library before you place your next order. Only one signed form is necessary.

Types of Media

The types of media in the collection include VHS videocassettes, DVDs, CD-ROMs, audio CDs, books, and audiovisual models. Most of these are evaluated and acquired by the various units within the Texas Department of State Health Services. Items in the collection are for free loan only and are not available for sale.

How to Order Media

When possible, borrowers should submit a written request for media. The Audiovisual Library provides a Media Order Blank (<http://www.dshs.state.tx.us/avlib/forms.shtm>) for this purpose. All of the information must be completed on the Media Order Blank. The order form must be signed.

The Audiovisual Library also accepts telephone requests between 7:30 a.m. and 5:00 p.m. Monday through Friday: (512) 776-7260, toll free: 1-888-963-7111 ext. 7260, or you may fax your order anytime to fax: (512) 776-7474 or e-mail to avlibrary@dshs.state.tx.us. For borrowers outside of Austin, orders should be received by the Audiovisual Library at least four days in advance of the show date. This requirement allows for processing and shipment.

Austin borrowers have two options to receive media. Programs may be picked up and returned at the Audiovisual Library in the Warehouse, Room 115, 1111 North Loop, Austin. Please call for specific directions for locating the library. If the items are available, they may be reserved and picked up during one visit. Programs may also be shipped. The borrower is responsible for payment of the return mailing and insurance.

The loan period is for a maximum of 10 days unless other special arrangements can be made. Unless the 10 days are specifically requested, media will be scheduled for five days.

Group together all items needed on the same dates. Include the catalog numbers for all items. Several items are available in different media formats, such as VHS videocassette and DVD. The catalog numbers distinguish the format and are very important.

Borrowers are limited to eight media titles for a given loan period in order to provide maximum access to the collection by the greatest number of borrowers. New clients may check out a maximum of three items on their first order.

Plan ahead and check your calendar before ordering. Reservations are accepted up to a year in advance of the show date. Do not schedule items to be received or returned on holidays or weekends. Unless you specify otherwise, any media requested but not available on the dates specified will be booked for the first available date or a similar title will be scheduled for the requested use dates. If you need to cancel these items, do so before the ship date indicated.

Order Confirmation

Orders are confirmed in writing. Confirmation letters, e-mails or faxes list the titles available, the ship or pick-up date, the date the items must be returned, and the titles not available. Check this information carefully and telephone the Audiovisual Library before the scheduled ship date if any corrections are needed.

Copyright Restrictions

Media in the collection cannot be duplicated or televised without prior written permission from the copyright owner. Media cannot be shown for commercial purposes, nor can an attendance fee be charged for their showing. Violations of federal copyright law will result in the immediate suspension of Audiovisual Library privileges and prosecution by the copyright owner can result in financial penalties and/or jail.

Borrower Responsibility

Media may not be lent by the borrower to others. The borrower accepts responsibility for return shipping costs and for the prompt return of media items, loss or damage beyond repair, copyright compliance, and determining appropriate audiences.

Media items are in great demand so it is extremely important to return them on the scheduled date. Any borrower having three (3) late returns will have their Audiovisual Library privileges suspended. No further confirmed orders will be shipped to borrowers with materials still out that are two weeks or more late being returned. Willful failure to return borrowed media upon request will be viewed as theft of state property in violation of Section 31.03, Texas Penal Code, the conviction of which could, depending on value, result in a fine not to exceed \$500.00 (Class C Misdemeanor), to confinement up to 10 years and a fine up to \$10,000 (Third Degree Felony).

Items reserved for pick-up that are not picked up or canceled will be returned to stock and will count as a late penalty against the borrower's record.

The borrower is financially responsible for borrowed media until its return to the Audiovisual Library. Borrowers will be billed for any lost or damaged media.

Returning Media

Return items on or before the scheduled return date. If you need to extend a reservation, telephone the Audiovisual Library at (512) 776-7260 and it will be extended once if there are no other reservations. Extensions should be kept to a minimum.

Borrowers in Austin return media items to the Audiovisual Library. An outdoor drop box is located near the Library entrance to return items after closing. Borrowers who had their programs shipped to them are responsible for payment for the return shipping costs and insurance.

Videocassettes should be rewound before return. A condition check is made after each circulation.

Return all supplemental printed material such as study guides with the media. Return all video cases. Such material not returned will cause borrowers to be billed for replacement or a late penalty will be assessed.

Pack media items in the same shipping containers (bubble envelopes or cardboard boxes) in which they were received. Return the packing list with the item and indicate usage and any condition problems. A return address label is provided.

Items will be shipped by Lone Star Overnight. You are not required to return them in the same manner but a traceable courier service (UPS, FedEx, Lone Star Overnight) is encouraged. Unless otherwise specified, insure each video or DVD for \$200; models should be insured for \$100 each; and books, CD-ROMs, and audio CDs should be insured for \$25 each. Shipments valued at over \$400 should be returned by UPS or similar courier service. Borrowers will be liable for returned uninsured shipments if lost in transit. The user assumes financial responsibility to the State of Texas should items requested be lost, stolen, or damaged from the date received until the materials are received in the Audiovisual Library.

Audiovisual Library Address and Office Hours

Physical Location:

Audiovisual Library, Mail Code 1975
Warehouse Bldg., Rm. 115,
1111 North Loop Blvd., Austin

See Driving Directions at <http://www.dshs.state.tx.us/avlib/directions.shtm>

Phone: (512) 776-7260 Fax: (512) 776-7474
Toll Free: (888) 963-7111 ext. 7260

Monday through Friday
7:30 a.m. to 5:00 p.m.
(except holidays)

Lone Star Overnight/UPS/FedEx Return Mailing Address:

Audiovisual Library, Mail Code 1975
Texas Department of State Health Services
1100 West 49th Street, Warehouse Bldg., Rm. 115
Austin, TX 78756-3199

Postal Service Return Mailing Address:

Audiovisual Library, MC 1975
Texas Department of State Health Services
P.O. Box 149347
Austin, TX 78714-9347

**ALL PROGRAMS ARE PROTECTED UNDER COPYRIGHT LAW AND MAY NOT
BE DUPLICATED OR TELEVISED WITHOUT WRITTEN PERMISSION FROM THE
COPYRIGHT OWNER.**

SUBJECT INDEX/ANNOTATIONS INTRODUCTION

The SUBJECT INDEX is designed to assist you in quickly locating media on various health-related topics. Titles in the SUBJECT INDEX are arranged alphabetically. The media format and catalog number follows the title. For example:

SMOKING AND NUTRITION (DVD-DV0339)

Media Format Key:

video - VHS video
DVD - digital video disk; a type of compact disc that holds far more information than CD-ROMs.
M - audiovisual model
B - book
AC - audio CD
K - kit
CD-ROM - Compact Disk - Read Only Memory - A computer storage medium which can store large amounts of information; generally used to distribute software or multi-media for use on computers with CD-ROM drives.

Language Key:

Eng - English language
Span - Spanish language

Captioned Programs for the Hearing Impaired: In Subject Index see HEARING IMPAIRED.

Signed programs are narrated using American Sign Language.

Open-captioned programs have written text on the screen to indicate the narration.

Closed-captioned programs require the use of closed-captioned feature on your television set to access the written text of the narration.

ANNOTATIONS

The annotations follow the subject index. The annotation entry includes the following:

TITLE - title number

format color or black & white length prod. date audience level

Description Distributor Code

Notice that the Distributor Code is provided on each audiovisual. A listing of vendors' addresses and phone numbers is available upon request. This information will be helpful for customers wishing to inquire about purchasing or duplicating copyrighted videos. The copyright holder, not DSHS, has videos available for purchase, and can discuss duplication rights.

Audience Level Key:

| | | | |
|----|------------------------|------|--------------|
| K | Preschool/Kindergarten | JrH | Junior High |
| P | Primary | SrH | Senior High |
| El | Elementary | A | Adult |
| I | Intermediate | Prof | Professional |

Contact Information:

(512) 776-7260

Fax: (512) 776-7474

Toll free: 1-888-963-7111 ext. 7260

E-mail: avlibrary@dshs.state.tx.us

Website: <http://www.dshs.state.tx.us/avlib/default.shtm>

Physical Location:

Audiovisual Library, Mail Code 1975

Warehouse Bldg., Rm. 115

1111 North Loop Blvd., Austin

Driving directions: <http://www.dshs.state.tx.us/avlib/directions.shtm>

Postal Service Mailing Address:

Audiovisual Library, MC 1975

Texas Department of State Health Services

P.O. Box 149347

Austin, TX 78714-9347

Lone Star Overnight/UPS/FedEx Mailing Address:

Audiovisual Library, Mail Code 1975

Texas Department of State Health Services

1100 West 49th Street, Warehouse Bldg., Rm. 115

Austin, TX 78756-3199

ANNOTATIONS

What is the Health Media Catalog?

The Health Media Catalog contains materials on a variety of health related topics. To see a list of topics click here: <http://www.dshs.state.tx.us/avlib/catalogindex.pdf>. The items listed are video (DVD, VHS), slide-tape, audio CD, and CD-ROM programs. Early Childhood Intervention and Rehabilitation materials that were previously housed at the Brown-Healy Library are not listed in this catalog. For information on early childhood intervention and rehabilitation topics see the DSHS Library Catalog: <http://www.texashealthlibrary.com/>. To locate materials in the catalog below, use the *Find* feature in Adobe Acrobat which allows you to do a word search on a topic or keyword. **New titles are in yellow highlight.**

A IS FOR AIDS, REVISED EDITION - 6735

video color 15 min. 1992 EI

Dr. Andy Answer, an engaging animated dog, leads a group of primary school children on a journey to uncover the facts about AIDS. Explains how AIDS is contracted and dispels many common myths about casual contact with an HIV-positive person. Demonstrates how the immune system functions, and how it is drastically altered when a person's body is infected with HIV. Includes a press conference held by Magic Johnson where he reveals that he is HIV-positive and stresses why it is so important to get the facts. (ALTSCH)

ABC NEWS AMERICAN AGENDA: AUTOMATED EXTERNAL DEFIBRILLATORS (closed captioned) - 6806

video color 5 min. 1996 A

American Agenda segment describing automated external defibrillators and an initiative in Rochester, Minnesota, whereby police officers were trained to use them. Because police response is usually faster than EMS response, having these instruments in police cars has increased the survival rate of heart attack victims 20%. (ABC)

ABC NEWS NIGHTLINE: BIOWAR (closed captioned)

Program on one video - 6943

Program on 5 videos - 7409

video color 108 min. 1999 A

A fictional terrorist account where anthrax spores are released in a large city subway system. Ted Koppel interviews city and state officials, including Dr. Dennis Perrotta, Texas State Epidemiologist, as to the decision-making processes in the event of such an attack. Describes the overwhelming impact on the emergency rooms, hospitals, law enforcement, and city services. The program was originally broadcast over a 5-night time period and reported in real time as if the attack had occurred. (ABC)

ABC NEWS PRIMETIME LIVE: KILLER KITCHENS - 6104

video color 9 min. 1996 SrH-A

Primetime Live segment originally titled: "Hot Zone." Investigates the home kitchen as a source of food poisoning. Samples are taken from several volunteer households to show sources of infectious bacteria. One experiment uses a powder which shows up under UV light. Surfaces affected by harmful

bacteria during the preparation of a chicken supper glowed at the end of the experiment. (ABC)

ABC'S, AN INTRODUCTION - 5589

video color 15 min. 1990 A, Professional

Describes symptoms and causes of dementia. Discusses methods for effective communication with Alzheimer's patients. Explains that behaviors always occur in three parts, A, B, and C. A is the antecedent or triggering event, B is the behavior itself, and C is the consequence of the behavior. By changing an unpleasant behavior, the quality of life for the patient can be enhanced and caregiving can be made easier. Explains the steps in applying the ABCs of behavior management. (TERRA)

THE ABC'S OF FIRE EXTINGUISHERS - 4801

video color 13 min. 1989 JrH-A

Explains the A, B, and C classes of fire and a simple way to remember them. Demonstrates what type of extinguisher to use on what class of fire. Illustrates the fire triangle through animation. Shows how to extinguish a "flashback". (JEWELL)

THE ABC'S OF SAFE AND HEALTHY CHILD-CARE: HANDWASHING / DIAPERING - 6832

video color 27 min. 1994 SrH-A

Two programs on one video. Intended for staff working in child care facilities. *Handwashing* (14 min.) Using a powder which glows under "black light," demonstrating how germs can spread through a child care facility. Explains when and how to wash hands of the staff as well as those of the children. *Diapering* (13 min.) provides helpful tips and recommendations when diapering to prevent the spread of germs and disease, including when and how to use gloves. (CDC)

THE ABC'S OF STD'S: STRAIGHT TALK ABOUT SEXUALLY TRANSMITTED DISEASES - 7745

video color 23 min. 2001 SrH-A

Gives an overview of the many types of sexually transmitted diseases, with specific information about prevention, diagnosis and treatment of the most common non-HIV STD's. Stresses the importance of STD testing and open communication prior to sexual involvement. (AQUARI)

ABSTINENCE: DECIDING TO WAIT - 5219

video color 18 min. 1992 JrH-SrH
Presents abstinence as a positive and viable sexual alternative. Empowers viewers to set personal limits and effectively communicate them. Stresses avoidance of situations that may lead to sexual activity. Depicts the physical and emotional downside of premature sexual involvement. Models direct discussion of sexual issues between romantically involved teens. Reinforces each viewer's right to choose his own behavior, irrespective of partner, peer, and social pressure. (HIGGIN)

ABSTINENCE FIRST: TEEN BIRTH CONTROL DECISIONS (closed captioned) - DV0470

DVD color 29 min. 2003 JrH-SrH
This DVD advocates abstinence as the best and safest choice for teens, but also goes on to describe the birth control choices that are available, including barrier methods, natural, chemical and surgical methods. Information is provided on the method's effectiveness, whether it prevents sexually transmitted infections, details on any important side effects, how it works and how it can be obtained. This program emphasize that both partners are responsible for all birth control decisions. (HUMRE)

ABSTINENCE... IT'S THE RIGHT CHOICE - 5872

video color 22 min. 1995 JrH-SrH
Using street interviews and advice from older teens, provides teens with information on techniques and alternatives to sexual activities. A vignette is followed by an informal discussion led by experienced teen counselors who explain why abstinence is critically important in preventing HIV, and who offer tools teens need to say "no." (CHURCH)

ACCIDENT PREVENTION AND SAFETY: MODULE #10 - 4476

video color 13 min. 1984 A, Professional
A machine shop foreman and worker review machine safety precautions. Outlines home safety hints for accident prevention, such as using plastic glasses in bathroom, placing decals on large expanses of glass, and typical hazards. (CORONE)

ACQUAINTANCE RAPE - DV0096

DVD color 29 min. 2002 SrH-A
Most rapes are committed by people the victims know and trust. Many times, rape is only the beginning of the ordeal, as victims deal with anger, guilt, and the harsh judgments of society. Candid interviews present the stories behind three acquaintance rape cases. Viewers learn positive steps to take in reporting and recovering from acquaintance rape. They discover prevention tips, as well as common tactics used by rapists. In addition, the social climate surrounding acquaintance rape is explored, both by young women and young men. As the video ends, five victims of a serial rapist speak at his sentencing hearing. Their words touch on many strong emotions: fear of intimacy, lack of trust in others, and the pain of sharing their experiences with family members and husbands. (AIMS)

ADA: FACTS AND FEARS - 7714

video color 42 min. 1992 A, Professional
Explains what employers and businesses must do in order to comply with the Americans with Disability Act (ADA); defines terms used in the act; shows businesses that made accommodations for disabled employees. (CNKAY)

ADAPTING SUCCESSFULLY TO PARKINSON'S DISEASE - 5416

video color 30 min. 1988 A
Parkinson's patients and their families are given information and encouragement to adapt to the effects of the disease. (VISION)

ADDICTED: KIDS BEHIND THE HEADLINES - 7841

video color 60 min. 2002 SrH-A
This documentary tells the story of high school drug abuse in Plano, Texas where hundreds of "good" students became addicted to heroin. They had everything going for them -- good families, good schools, college on the horizon. Their parents believed that drug abuse only happened to "someone else;" that it would never become a problem in their families. These families share their stories to help other teens avoid the destructive path of addiction. (KLRU)

ADDICTIONS: CHEMICAL AND BEHAVIORAL - DV0095

DVD color 20 min. 2004 SrH-A
This DVD provides an overview of the basic principles of addiction. As well as covering the traditional addictions to drugs and alcohol, it also shows how gambling and certain eating habits can be considered addictions. Examples are provided for all age groups. (KINETI)

ADDRESS BY DR. EDUARDO SANCHEZ AT THE 22ND NATIONAL CONFERENCE ON HEALTH EDUCATION AND HEALTH PROMOTION - 7839

video color 82 min. 2004 Professional
This tape contains the address Transforming Vision Into Reality: the Potential Power of Partnerships given by Eduardo Sanchez at the 22nd National Conference on Health Education and Health Promotion in Orlando, Florida on May 6, 2004. (DSHS)

ADDRESS BY DR. VINCENT COVELLO AT THE 22ND NATIONAL CONFERENCE ON HEALTH EDUCATION AND HEALTH PROMOTION - 7840

video color 58 min. 2004 Professional
This tape contains the address Principles for Effective Communication of Health Risk in High Concern, High Stress Situations given by Dr. Vincent Covello at the 22nd National Conference on Health Education and Health Promotion in Orlando, Florida on May 7, 2004. (DSHS)

ADDRESSING THE THREAT OF WATER CONTAMINATION: INTENTIONAL OR ACCIDENTAL -7769

video color 60 min. 2004 Professional

Broadcast Feb. 2004. Dr Patricia Meinhardt discusses the health effects of water pollution that can result from natural, accidental or intentional contamination of water reserves. Presentation includes information about the vulnerability of the US water supplies to terrorist threats; potential waterborne biological agents; and plant and algae-derived biotoxins. (UASPH)

ADHD: WHAT DO WE KNOW - 5890

video color 36 min. 1992 A

Presents the history and symptoms of Attention-Deficit Hyperactivity Disorder (ADHD) and candidly shows what it is like to live with ADHD by telling stories of Kevin, age 6, Melissa, age 12, and Dan, age 22. Dr. Russell A. Barkley, of the University of Massachusetts and a leading authority in this disorder, debunks some unproven treatment methods, reviews the probable causes of ADHD, and discusses the most effective available treatment plans that involve a combination of medication, behavior modification, educational techniques, and therapy. (BAXLEY)

ADIOS COLESTEROL, HOLA VIDA! (Spanish) - 4349

video color 28 min. 1989 JrH-A

Discusses the dangers of high cholesterol and what to do to correct it. Shows foods to avoid and cooking techniques to reduce cholesterol. Also shows foods low in cholesterol and discusses the importance of exercise for a healthier life. (PINEDA)

ADMINISTERING INJECTABLE MEDICATIONS - 7062

video color 28 min. 1996 Professional

Covers the nursing skills involved in administering medications by injection as well as documenting the client's response to therapy. Includes complete step-by-step procedures for withdrawing medication from ampules and vials as well as mixing powdered medication and mixing liquid medications in one syringe. Demonstrates the step-by-step technique for administration of intradermal, subcutaneous, and intramuscular injections. (LIPP)

ADMINISTERING MEDICATIONS IN SCHOOLS

(English/Spanish)(closed captioned) - DV0274

DVD color 13 min. 2003 Professional

It is essential that each student gets the right medication, by the right route, at the right time. This DVD discusses the requirements regarding which students can receive medications in school and which staff can administer them. (COASTAL)

ADMINISTERING MEDICATIONS TO STUDENTS: A HOW-TO (English/Spanish) (closed captioned) - DV0276

DVD color 21 min. 2003 Professional

Administering medications can run from routine to emergency, and everything in between. This program covers the methods for administering the many different types of medications you might encounter. It covers medications taken by mouth as well as eye and ear drops, nasal sprays, topical medications, aerosols and gargles, transdermal patches, inhalers, EpiPens and Glucagon. The DVD contains training points, bonus

material for refresher or training talks, and a customizable PowerPoint™ presentation (DVD-ROM drive required). (COASTAL)

ADMINISTERING ORAL AND INHALATION MEDICATIONS - 7063

video color 17 min. 1996 Professional

Covers the nursing skills involved in administering medications by the oral and inhalation routes. Includes complete step-by-step procedures for these routes of the administration as well as documentation tips and safety considerations. (LIPP)

ADMINISTERING TOPICAL MEDICATIONS - 7064

video color 18 min. 1996 Professional

Covers the nursing skills involved in administering medications by the topical route. Includes complete step-by-step procedures of dermal, ophthalmic, otic, nasal, rectal, and vaginal medication administration as well as documentation tips and safety considerations. (LIPP)

ADOLESCENT SEXUAL ABUSE: INTERVIEWING AND SCREENING TECHNIQUES FOR HEALTH PROFESSIONALS - VP18

video color 21 min. 1985 Professional

Includes helpful information and examples for clinicians. Written role-plays for participants to follow. Aimed at clinicians and health educators, includes sample protocols and forms for evidence collection. (EDUC)

ADOPTION OPTION - DV0184

DVD color 28 min. 2003 A

This program examines the struggles of a pregnant young woman who ultimately decides to place her baby for adoption. The adoptive parents are also profiled. (AQUARI)

ADULT IMMUNIZATION SCHEDULE, U.S. 2003 (closed captioned) - 7694

video color 150 min. 2003 Professional

Satellite broadcast June 26, 2003. Describes the vaccines routinely recommended for adults, including influenza, pneumonia, tetanus, diphtheria, and hepatitis A and B. (CDC)

ADULTS ONLY VACCINATION: A STEP-BY-STEP GUIDE - K0009

kit w/2 videos color see running times below 2004 A, Professional

Presents a comprehensive description of all aspects of a vaccination program including assessing vaccine indications and contra-indications as well as determining billing codes. Includes two videos "How to Protect Your Vaccine Supply" (23 min.) and "Immunization Techniques: Safe, Effective, Caring"(35 min.) and a written guide. (IMMAC)

ADVANCE DIRECTIVES: THE DECISION IS YOURS - 7171

video color 25 min. 1992 A

Explains the nature and purpose of the Patient Self-Determination Act, including the "Durable Power of Attorney for Health Care" and the "Living Will." Presents simulated

conversations between patients, family members, and health professionals. Gives the reasons for making an advance directive. (MEDCOM)

ADVANCE DIRECTIVE: TAKING CONTROL (closed captioned) – DV0627

DVD color 17 min. 2010 A

This program details the living will and the healthcare power of attorney. It discusses both medical and emotional choices to be made about future care. While emphasizing the benefits of an advance directive, including how easy it is to fill one out, the DVD talks about the peace of mind family members will get knowing that an advance directive has been created. (MILNER)

ADVANCED DRIVING TACTICS - DV0273

DVD color 21 min. 2005 SrH-A

Going beyond basic training, this DVD takes driving students into the real world—where road conditions are not always favorable. NASCAR driver David Reutimann examines a wide range of environments containing potential driving hazards, including tunnels, bridges, mountain roads, rough or uneven terrain, and harsh weather. Featuring detailed procedures for coping with rain, snow, icy surfaces, wind, fog, and extreme heat, the program also describes how to recover from skids, hydroplaning, and fishtailing; how to safely and correctly change a flat tire; the best strategies for driving at night; the ABS system; and the importance of routine maintenance and insurance. (MED)

ADVANCED MEDICAL DIRECTIVES SOMETHING TO THINK ABOUT

English-DV0309; Spanish-DV0310

DVD color 14 min. 2005 A

This program poses questions that will help everyone be specific about the personal care they desire at the end of life. It clearly explains the difference between a Living Will and Durable Power of Attorney for Healthcare, and mentions many of the decisions that must be made including resuscitation, tube feeding, and pain relief options. (TERRA)

AFRICANIZED BEES AND BEES (AGRICULTURAL EXTENSION) - 6280

video color 69 min. 1992 A

Five programs on one video. *Africanized Bees: Learning to Live With Them* (21 min.) Shows effects of Africanized honey bees on commercial and hobby beekeeping in south Texas. Gives suggestions to beekeepers regarding protecting European honeybees. *Destroying Africanized Honey Bee Colonies* (16 min.) Shows county extension agents using sodium nitrite smoke to sedate the hive, locating the queen and killing the bees with soapy water. Provides examples of conditions which favor Africanized honey bees. *How to Get Started: Removing Bees from a Building* (18 min.) Shows county extension agents removing unwanted European honey bees from inside the wall of a storage building with a customized bee vacuum. *Ground Nesting Yellow Jackets* (6 min.) Shows the ground nest excavated by ground nesting yellow Jackets. *Hornet's Highrise*

Hotel (8 min.) Shows the hornets' paper nest removed from high in a tree. (OSU)

AFTER LOSS: JOURNEY OF THE NEXT PREGNANCY - 6992

video color 33 min. 1995 A, Professional
Parents who have lost a child either by miscarriage or the death of an infant express their anxieties, joys, hopes and fears during a subsequent pregnancy. Provides guidelines for health care professionals in identifying problems and providing support to these families. (PREG)

AGENTS OF BIOTERRORISM WE ARE MOST LIKELY TO ENCOUNTER - 7644

video color 56 min. 2002 Professional
Teleconference presented February 21, 2002 and intended for health care professionals. Reviews the likelihood of an act of bioterrorism and the characteristics of the pathogens most likely to be used. Includes the pathogens on the CDC's category A threat list: Variola major, Bacillus anthracis, Yersinia pestis, Clostridium botulism, Francisella tularensis, Filoviruses and aarenaviruses. (ICPHP)

AN AGING PROCESS: OSTEOPOROSIS - 5422

video color 21 min. 1986 SrH-A

Defines osteoporosis, its symptoms, and preventive measures. Summarizes the physiology of the disease. (FGH)

AGING THE NATURAL PROCESS - DV0075

DVD color 37 min. 2001 A, Professional

This program takes a look at the changes that occur naturally to the various systems of the human body as a person ages, and describes actions that can be taken to maximize and maintain their functionality. (MEDCOM)

AIDS - 6730

video color 35 min. 1997 A

Discusses the nature of the HIV virus and shows how it propagates by using living cells. Its organization is examined, along with its most prominent genes. Various ways are discussed as promising ways of slowing reproduction of the AIDS virus. (FFH)

AIDS: A BIOLOGICAL PERSPECTIVE - 6155

video color 30 min. 1995 SrH-A

Helps viewers follow the life cycle of the HIV virus, how it reproduces, and the path it takes through the body's cells. AIDS researchers and educators discuss the progress that has been made in learning about the disease, and the obstacles to finding a cure. Teaches about the nature of viruses, the immune system, and what makes HIV different from other viruses. (CAMBRI)

AIDS: A CHANGING EPIDEMIC - 7863

video color 51 min. 2002 SrH-A

Discusses how HIV infection rates have changed dramatically in recent years. Women and minorities are now the fastest growing groups of AIDS patients. Explains how some HIV-positive people have dealt with their disease and how the virus

eludes the body's defense system, leading to new approaches in treatment. (DISCOV)

AIDS AND YOUR WORLD - 6724

video 25 min. 1997 SrH-A

Hosted by Rene Russo. Discusses abstinence and the use of condoms as methods of preventing HIV/AIDS. Profiles HIV-positive young people who urge young adults to make healthy choices while there is still time. (FANLIG)

AIDS: ENDING THE EPIDEMIC - 7864

video color 26 min. 2002 SrH-A

Viewers learn of the astonishing progress researchers have made in the battle against AIDS. People who are HIV-positive can survive because powerful drugs keep the disease in check. Scientists are busy working on an AIDS vaccine by studying people who have a natural immunity to the disease. A class of high school students is shown discussing AIDS with their teacher. (DISCOV)

AIDS IN THE WORKPLACE: BASIC INFECTION CONTROL FOR NON-HEALTH CARE SETTINGS - 4236

video color 30 min. 1989 A

A step-by-step training video on how to use gloves and clean up blood spills. Produced by the State of Oregon to teach state employees how to avoid the transmission of infectious diseases in the workplace. Borrowers may reproduce this videotape for non-profit, educational settings. (OREGON)

AIDS IS ABOUT SECRETS - 4559

video color 37 min. 1988 A

For African-American women partners of IV-drug users. Personal stories are dramatized to demonstrate need for female partners of men at risk to take responsibility for their own health and that of their children. (HIVCT)

AIDS: ONE TEENAGER'S STORY - 7163

video color 32 min. 1995 JrH-SrH

Dramatizes what it is like to live with HIV/AIDS when a college-bound high school senior discovers that she is infected with HIV. Demonstrates the risks people take in engaging in unprotected sex, even with someone they love and trust. Emphasizes that abstinence is the only foolproof choice for staying healthy and safe. (SUNBUR)

AIDS: THE HEART OF THE MATTER - 6489

video color 31 min. 1996 A, Professional

Profiles one man's five-year battle with AIDS from his HIV diagnosis to his memorial service. He candidly discusses his physical and emotional journey through the latter stages of his fight with AIDS. (AQUARI)

AIDS UPDATE: THE LATEST FACTS (closed captioned) - DV0160

DVD color 23 min. 2004 JrH-A

This program reviews information on HIV, explains precautionary measures that help to lower the risks of HIV infection and also answers other frequently asked questions

about this most lethal of STDs. The FDA approved a rapid HIV diagnostic test kit that provides extremely accurate results in minutes. This program explains the new test to teens and provides crucial details on what it means if the test comes back positive. The Teacher's Resource Book includes activities to help students consider whether their own behaviors are putting them at risk of infection, and provides fact sheets to remind them of the dangers of this deadly virus. (HUMRE)

AIDS: WHAT EVERYONE NEEDS TO KNOW, 3rd ed. - 5873

video color 21 min. 1994 JrH-A

Presents terminology, and medical understandings about HIV infection, including explanations about transmission of HIV, the progression from HIV to AIDS, and a demonstration of correct condom use for safer sex. Stresses the importance of avoiding HIV infection and notes that only abstinence is 100% effective in insuring against HIV infection. (CHURCH)

AIRBORNE PATHOGENS - DV0572

DVD color 8 min. 2003 A

Airborne diseases are easily transmitted from person to person. Viewers are shown how they can help reduce risk of infection by practicing good hygiene and using infection-control techniques where there is risk of occupational exposure. (SAFETY)

ALCOHOL AND PREGNANCY: FETAL ALCOHOL SYNDROME AND FETAL ALCOHOL EFFECTS -5261

video color 20 min. 1991 SrH-A

Shows how alcohol adversely affects the developing fetus and points out critical periods during pregnancy when the fetus is most vulnerable. Through candid interviews, it presents a realistic look at the daily struggles of the fetal alcohol syndrome/fetal alcohol effects (FAS/FAE) child and his parents or caregivers. The interviews, featuring a diverse group of children, teenagers, biological parents and foster parents, create a developmental overview of FAS/FAE. (AIMS)

ALCOHOL IN YOUR BODY - 5603

video color 10 min. 1991 SrH-A

Using a special report format, explains that women get drunk faster than men and metabolize it less efficiently. Therefore, more alcohol has to be processed by the liver. Alcohol impacts performance, judgment and behavior. It lowers immunological responsivity. It puts women at greater risk of breast cancer. At a time when women have more opportunities than ever before, the message is clear: women should not drink. (CORV)

ALCOHOL: THE MOST DANGEROUS DRUG ON EARTH - 5388

video color 17 min. 1992 I-SrH

Outlines the various physical effects of alcohol usage, as well as long-term effects on major body organs such as the brain, heart, liver. Discusses the high incidence of automobile accidents involving young drinking drivers. Also discusses some of the social problems alcohol usage causes and some of

the emotional forces causing young people to start drinking. Explains that advertising targets and manipulates young people as it attempts to equate being socially acceptable with alcohol use. Covers alcohol content in various types of drinks and the time it takes to eliminate alcohol from the body. (HLTHED)

ALL ABOUT GRANTS - 5746

video color 83 min. 1994 A

Simplifies the grant-seeking process by familiarizing participants with the process, protocol, and mechanics of grant writing and approaches to funders. It acquaints participants with the basic tools for identifying funding sources. (NEWFE)

ALL ABOUT MEAT - DV0335

DVD color 18 min. 2004 SrH-A

This DVD offers a statistical overview of meat consumption. It gives the nutritional value of meat, explains good and bad fats, cholesterol, and portion sizes. Ideals for the appearance, texture, and color of raw meat are discussed. Viewers will learn how to handle meat safely. (FFH)

ALL ABOUT VITAMINS - 6547

video color 16 min. 1996 SrH - A

Discusses why vitamins are important; soluble and insoluble vitamins; best food sources; anti-oxidant issues; at-risk population groups; role of supplements; myths and unfounded claims. (NATLH)

ALL WOMEN NEED FOLIC ACID. SOME WOMEN NEED MORE - CD0010

CD-ROM color 2003 Professional

Computer-based tutorial teaches how to counsel women about folic acid. Emphasizes the use of prescription folic acid for mothers who have spina bifida themselves or who have had a child with spina bifida. Contains printable documents on folic acid. (SBAA)

THE ALL-AMERICAN HEADACHE - 6159

video color 24 min. 1993 SrH-A

Focuses on the two most common types of headaches—migraine and tension. Details the latest headache research, current medications, and other treatments. Shows the role of tension in headaches, as well as other causes. Indicates when a visit to the doctor may be necessary. (FFH)

ALLERGIC SKIN REACTIONS - 6833

video color 19 min. 1997 SrH-A

Explains the three most common allergic skin reactions: dermatitis, hives, and angiodema. Dermatitis can be caused by poison ivy, metals, latex, cosmetics, and medications. Discusses the three types of dermatitis: contact, atopic (eczema) and seborrheic. Hives can be caused by certain foods and medications. Angiodema is swelling of the deeper layers of skin usually of the face. Includes diagnostic methods and available treatments. (AAAAI)

ALLERGIES - 7567

video color 50 min. 2000 A

A Discovery Channel production that examines allergens such

as pollen, mold, dust mites, latex, and problematic foods and their effects on the human immune system. Explains how people can protect themselves from everyday allergens and how to best treat allergies when symptoms flare up. The Texas Department of State Health Services does not endorse any medication or treatment. (FFH)

ALLERGIES (Discovery) - 7870

video color 28 min. 2002 SrH

This is volume one of the three part series Body Story: Fighting Disease. Wasp stings are dangerous for people who happen to be allergic to them. Learn why a sting may be just a pain to one person but cause an extreme histaminic response, and possibly death, in another. (DISCOV)

ALTERNATIVE MEDICINE - 7312

video color 29 min. 1995 SrH-A

Provides an overview of Chinese and Indian medicine, homeopathy, herbalism, naturopathy, osteopathy, massage, and chiropractic. Observes patients who are using one or more of these therapies in their health care. Consumers are reminded to tell their doctors if they are taking any herbal products as these products may cause adverse effects if taken in combination with prescription drugs. (FFH)

ALTERNATIVE MEDICINE: WHEN YOUR PATIENT ASKS - 7784

video color 60 min. 1996 Professional

It is estimated that more than one third of the U.S. population utilizes unconventional medical therapy. This program reviews alternative therapies, and helps answer patients' questions about non-traditional treatment with current and balanced information. The Texas Department of State Health Services does not endorse any particular product or service. (NCME)

ALTERNATIVES TO VIOLENCE: Part 1. CONFLICT RESOLUTION, NEGOTIATION AND MEDIATION FOR STUDENTS (closed captioned) - 6888

video color 33 min. 1994 JrH-SrH

Intended for use by teachers, counselors, and trained facilitators with students in grades 6-10. Introduces the following concepts and skills: understanding conflict, communication skills, conflict resolution skills, negotiation, and peer mediation. Includes 17 complete lesson plans, activities, handouts and discussion questions. (ALTSCH)

ALTERNATIVES TO VIOLENCE: Part 2. IMPLEMENTING CONFLICT RESOLUTION PROGRAMS IN SCHOOL (closed captioned) - 6889

video color 31 min. 1994 A, Professional

Intended for use as a staff development and awareness program for teachers, administrators, parents and community members. Explains the benefits and uses of teaching conflict resolution skills to students. Can be used as a demonstration of how to set up a school-based conflict resolution and mediation program. Provides a suggested reading list and resource list for information and training. (ALTSCH)

ALZHEIMER'S DISEASE... A WILDERNESS

EXPLORED - 7129

video color 30 min. 1994 A, Professional
Emphasizes the various kinds of current research into the causes of both early onset and late onset Alzheimer's disease. Discusses the possible genetic links. Describes the physiological changes that occur to brain cells. Explains that when the causes of the disease are identified medicine will be able to determine ways to intervene to prevent or arrest the deterioration of brain cells. (GLAXO)

ALZHEIMER'S DISEASE: INSIDE LOOKING OUT - 5985

video color 18 min. 1995 SrH-A
Alzheimer's patients talk openly about the impact that the disease has on their lives. They discuss their right to be informed of their diagnosis and to share in the decision-making. They talk of the necessary adjustments to their modes of living as a result of the disease and how it has affected their relationships with others. (TERRA)

ALZHEIMER'S 101: BASICS FOR CAREGIVING - 6282

video color 85 min. 1989 A, Professional
Developed for training professional and family caregivers of people with Alzheimer's disease. Gives fundamental skills and knowledge about the disorder including: an explanation of Alzheimer's disease; communication; behavior; personal care; keeping active and physically fit; and caregiver stress. (TERRA)

ALZHEIMER'S DISEASE: STOLEN TOMORROWS - 4307

video color 26 min. 1986 A, Professional
Describes the various stages of Alzheimer's disease and provides coping strategies for people whose lives are touched by the disease. Family members share their thoughts and experiences. (AIMS)

ALZHEIMER'S PROJECT (closed captioned) - DV0532

3 DVDs color 533 min. 2009 A
This program contains four documentary films. *The Memory Loss Tapes* provides an up-close and personal look at seven individuals living with Alzheimer's. *Grandpa, Do you Know Who I am? With Maria Shriver* captures what it means to be a grandchild of someone with Alzheimer's, while *Caregivers* highlights the sacrifices and successes of people who experience their loved ones' descent into dementia. *Momentum in Science* takes viewers inside the laboratories and clinics of 25 leading scientists and physicians, revealing some of the most cutting-edge research advances. (HBO)

ALZHEIMER'S PROJECT DISCUSSION - DV0542

DVD color 90 min. 2009 A
Dr. Ronald Devere, a board-certified neurologist who has been in private practice for 34 years, gives a lecture on the causes of Alzheimer's disease, who is at risk, prevention and diagnosis. Devere is a member of the board of directors of the Capital of Texas Chapter of the Alzheimer's Association and was appointed by the governor to the Texas Council on Alzheimer's Disease and Related Disorders. (DSHS)

THE AMAZING NEWBORN/THE TIES THAT BIND - 4375

video color 52 min. 1975/1980 A
The newborn is capable of a prolonged state of alertness immediately after birth. Illustrates the capacity of the infant to see and hear during the first week of life. *The Ties That Bind* (27 min.) discusses the biological basis for bonding in humans, the bonding of a mother to a premature infant and the importance of paying attention to the needs of a newborn's older siblings. Suggests ways to improve interaction between parent and infant through speech, gesture, touch, scent, and paying attention to the baby's cues. (ROSS)

AMERICAN PUBLIC HEALTH ASSOCIATION: 127th ANNUAL MEETING - 7085

video color 120 min. 1999 A, Professional
Teleconference presented November 9, 1999. Presents the latest news and progress on tobacco legislation as it affects activities at the state and local levels and the latest research findings on the links between the environment and asthma. (APHA)

AMERICAN RED CROSS COMMUNITY CPR English-5870; Spanish-6281

video color 110 min. 1993 A
The American Red Cross explains their "Check-Call-Care" method of responding to critically injured victims at the scene of an accident. Explains the main causes of injuries and the major types of injuries, and the different methods of responding to each, including a detailed explanation of how to perform CPR. (MOSBY)

AMERICAN RED CROSS COMMUNITY FIRST AID -5869

video color 39 min. 1993 A
The American Red Cross explains their "Check-Call-Care" method of responding to critically injured victims at the scene of an accident. Explains the main causes and types of injuries and the different methods of responding to each. (MOSBY)

AMMONIA IN THE WORKPLACE - DV0170

DVD color 9 min. 2000 A
Ammonia is widely used as a refrigerant and in fertilizers. Even low-level exposures to this hazardous chemical can irritate the eyes, skin, and respiratory tract. Exposure to higher concentrations of ammonia can be fatal. It is crucial for workers to follow strict safety procedures when handling, using, or transporting ammonia. (SAFETY)

ANALYZING MEDIA INFLUENCES - DV0047

DVD color 30 min. 2006 SrH
This DVD will help viewers understand the media's influence on the way they feel about themselves and the health choices they make. (DISCOV)

ANATOMY AND PHYSIOLOGY OF PREGNANCY English-4133; Spanish-4490

video color 10 min. 1984 A

Animated, simple description of the female reproductive system, conception, and fetal development. (ALTSCH)

AND DOWN WILL COME BABY (closed captioned) - 6649

video color 16 min. 1994 SrH

Describes the effects of exposure to drugs, alcohol and tobacco on the fetus during pregnancy. Explains Fetal Alcohol Syndrome (FAS). Discusses Sudden Infant Death Syndrome (SIDS). Emphasizes the dangerous mix of substance abuse and an unplanned pregnancy. (NCADI)

ANEMIA: THE SILENT SHADOW

English-6385; Spanish-6704

video color 12 min. 1996 SrH-A

Explains iron deficiency anemia and the symptoms of the disorder. Defines those individuals most at risk for developing anemia. Discusses the importance of folic acid and its relationship with iron deficiency. Offers recipe and cooking ideas. (ALTSCH)

ANGELS DON'T WALK - 7243

video color 4 min. 1999 SrH-A

Music video of Rick Tanskley performing the song, "Angels Don't Walk," followed by a public service announcement on the importance of folic acid to the pregnant woman in preventing spina bifida. (CDC)

ANGER - 7889

video color 38 min. 2002 A

Officer Carl Reddick gives a lecture on the distinction between anger and violence. He explains a continuum of beliefs, emotions, and behaviors, which when driven by fear will often escalate to stress, anger, rage and violence. He explains why the term "anger management" inaccurately portrays a violent person's thinking as wrong and non-violent thinking as right. People can reduce their emotional level of anger once they are able to identify which fears drive their anger. Anger is an emotion not a behavior. Stress can be used as a motivator. (KINETIC)

ANGER: HANDLE IT BEFORE IT HANDLES YOU - 6232

video color 16 min. 1994 I-JrH

Teaches kids, Grades 5 - 8, what violence is, how it hurts them and others, and how learning to manage anger helps prevent violence. (KIDRTS)

ANGER, VIOLENCE AND YOU: TAKING CONTROL! - 6989

video color 42 min. 1994 JrH-SrH

Teens and a facilitator brainstorm and explain how anger occurs when unfair or disrespectful acts threaten a person's self-worth. Demonstrates ten steps to resolving conflict without violence. (SUNBUR)

ANGER WHO'S TO BLAME?

DVD-DV0150, VHS-7877

color 17 min. 2003 JrH-SrH

This program helps teens discover that unacknowledged anger can cause depression, drug use, poor academic performance, and acting-out. Students discover that they are responsible for their own anger and how they choose to handle it. (SUNBUR)

ANIMALS CAN BITE - 4088

video color 13 min. 1976 P-A

Teaches young children how to minimize the chances of being bitten by animals and what to do if they are. Live action sequences dramatically detail what should be done in a variety of instances. Caution rather than fear, prompt reporting of any bites, and quick medical attention are stressed. (PYR)

ANOTHER HOME FOR MOM - 5408

video color 30 min. 1989 A

Gives viewers an understanding of the dilemmas faced by many caregiving families, and helps families to articulate their feelings about choosing institutional care for their relative. Follows a family over a period of several months as the son tries to sort through his conflicting feelings about placing his mother, who has Alzheimer's disease, in a nursing home. (FANLIG)

ANTHRAX AWARENESS (closed captioned) - 7399

video color 14 min. 2001 A

Describes the three anthrax infections: cutaneous, inhalation, and gastrointestinal. Emphasizes early evaluation by a health care provider in case of exposure. Includes information on handling suspicious mail or packages and guidelines to follow in case of spills and possible contamination of the work area. (COASTAL)

ANTHRAX THREATS - 7520

video color 14 min. 2001 A

Features Dennis Perrotta, Texas State Epidemiologist, who explains the risks of and treatment for anthrax exposure. Emphasizes pre-incident planning and development of a response plan including employee training. Explains proper handling of suspicious mail or packages and guidelines to follow in case of spills and possible contamination of the work area. (DIG)

ANTHRAX: WHAT EVERY CLINICIAN SHOULD KNOW Part 1 - 7400

video color 78 min. 2001 Professional

Teleconference presented on October 18, 2001 and intended for health care professionals. Gives clinical guidelines and procedures for the early recognition, diagnosis, treatment, and reporting of anthrax exposure. Provides an overview of clinical, laboratory, and public health preparedness for potential *Bacillus anthracis* incidence. Emphasizes exposure incidents. (CDC)

ANTHRAX: WHAT EVERY CLINICIAN SHOULD KNOW Part 2 - 7403

video color 95 min. 2001 Professional

Teleconference presented on November 1, 2001 and intended for health care professionals, emphasizing those that serve minority and underserved populations. Provides updated

epidemiologic information on most recent anthrax cases. Gives clinical guidelines and procedures for the early recognition, diagnosis, treatment, and reporting of anthrax exposure. Describes the critical role that front line medical practioners play in the public health system's surveillance of *Bacillus anthracis* exposure. (CDC)

APPENDICITIS - 6386

video color 14 min. 1994 A
Explains the location, description and function of a healthy appendix. Describes causes of appendicitis and the differing symptoms according to age. (ALTSCH)

APPLYING PROTECTIVE DEVICES - 7059

video color 20 min. 1997 Professional
Gives an overview of protective devices and restraints. Includes restraint alternatives, indications for their use, possible negative outcomes, and procedures for applying the various devices. Provides tips for client safety and appropriate documentation of the use of these devices. (LIPP)

ARE YOU MAKING YOUR FAMILY SICK? - 6230

video color 45 min. 1996 SrH-A
Explains how to prevent *E. coli* and foodborne illness in the home. Discusses handwashing, proper food storage, safe refrigerators, cooking temperatures, and food handling. Explains how to properly sanitize the work space and wash dishes to prevent illness. (PUG)

ARMCHAIR FITNESS - 6208

video color 60 min. 1984 A
An aerobic workout in a chair for people, who because of preference, lifestyle, age or disability, avoid extremely vigorous activity. Contains three 20-minute stretching and strengthening routines that can be performed by anyone who can sit erect in a chair. Exercises are accompanied by original big band style music. These exercises lessen back strain because they are performed sitting down and can aid circulation, flexibility, and coordination. (CCM)

ARMCHAIR FITNESS: AEROBICS - 7011

video color 60 min. 1994 A
Contains three 20-minute routines of lively stretching and strengthening motions with musical accompaniment that can be performed by anyone able to sit erect in a chair. The exercises lessen leg and back strain and aid circulation, increases flexibility and coordination. They strengthen heart and lungs; lower blood pressure; increase stamina and muscle strength. (CCM)

ARMCHAIR FITNESS: GENTLE EXERCISE - 6979

video color 30 min. 1994 A
Suggests exercise for persons with limited strength and range of motion. Begins with a slow and easy warm-up and then continues with gentle full-body motions including a seated dance and concludes with a relaxation exercise. Can help build stamina; strengthen heart and lungs; lower blood pressure; and bring about an enhanced sense of well-being. (CCM)

ARREST THAT STRESS - DV0195

DVD color 21 min. 2003 A
Viewers will learn how to stop picking up the slack for disorganized co-workers, deflect complainers, control their emotions and turn bad stress into good stress. (BPG)

ART OF HEALING - 5202

video color 60 min. 1993 SrH-A
Introduces health care professionals who recognize that emotional states play an important role in people's vulnerability to disease—and in their recovery. Shows examples of hospitals which have taken the patient's emotions into consideration in their treatment. Shows an Oregon hospital whose services include music, massage, education, and unrestricted visiting hours, as well as a warm, welcoming physical environment. (AMBROS)

ARTRITIS: BAJO CONTROL (Spanish) - 4449

video color 15 min. 1989 A
Explains what people of Hispanic heritage should know about arthritis, how to reduce their risk factors, and avoid infection. (ICPS)

ARE THE KIDS ALRIGHT? - 7941

video color 56 min. 2004 A
This video, directed by Ellen Spiro, addresses issues surrounding children's mental health care in Texas and helps viewers understand the multifaceted issues and tough decisions confronting the state's mental health system. (MOBILM)

ARTHRITIS WATER EXERCISE - DV0210

DVD color 40 min. 2005 A
This fitness DVD offers exercises that are easy on the joints and can help reduce pain caused by arthritis. (ARTHRI)

ASBESTOS AWARENESS: ARE YOU AT RISK?

English (closed captioned) -6097, Spanish -7684
video color 23 min. 1994 A, Professional
Complies with OSHA's Asbestos Standards, 1910, 1001 and 1926 including lowering the permissible exposure limit, requiring worker protection measures and mandating enhanced worker training. Explains what asbestos is, where it can be found, and adverse health effects. Covers hazard communication and personal protection. (COASTAL)

ASBESTOS AWARENESS: CONTROLLING

EXPOSURE (closed captioned) - 6098
video color 23 min. 1994 A, Professional
Basic OSHA principles and work practices to help employees control their exposure to airborne asbestos fibers. Contains information on asbestos-containing materials, OSHA asbestos work classes, and required work practices. Includes PELs, TWA and Excursion Limit. (COASTAL)

ASBESTOS: UNDERSTANDING THE HAZARDS - 4516

video color 22 min. 1987 A
Informs employees of the potential health hazards involved in working with asbestos and the precautions necessary to reduce the incidence of exposure. Discusses the way asbestos fibers

can enter the human body and describes how these fibers can harm tissue and cause disabling or life-threatening diseases. Stresses that individuals who smoke and also work with asbestos have a greater risk of developing asbestosis and other lung diseases. Covers appropriate work practices, proper protective equipment, and tools. (ITS)

ASSESSING THE MENTAL STATUS OF THE OLDER PERSON - DV0498

DVD color 34 min. 1991 Professional

A geriatric specialist implements the Mini-Mental State Examination assessing the mental status of individuals who are elderly, ranging from normal to severely impaired. Professionals can get hints on how to both formally and informally assess the mental status of an individual. It also presents individuals with the classic symptoms associated with Alzheimer's disease including: loss of short-term memory; confusion; and impaired cognitive ability. (UMSM)

ASSISTED LIVING FACILITY: EMERGENCY PLAN OF ACTION GUIDE - 7801

video color 12 min. 2002 A, Professional

Explains that gaining residents' support and trust is vital in an emergency situation. Practicing drills and procedures is emphasized as well as working with local emergency departments. Shows the RACE technique for fire safety and evacuation. (LONGI)

ASSISTING WITH BATHING - 7050

video color 17 min. 1996 A, Professional

Demonstrates how to perform both a complete bed bath and a bag bath using proper technique. Explains the type of help a client may need when taking a tub or shower bath. Includes documentation tips and safety issues related to assisting a client with bathing. (LIPP)

ASSISTING WITH BOWEL ELIMINATION - 7056

video color 18 min. 1997 Professional

Demonstrates how to assess the client for difficulties relating to bowel elimination, including how to perform an abdominal and perirectal examination, and the importance of checking for occult blood. Explains how to help restore normal bowel elimination including procedures for impaction removal and enema administration. Presents tips for documentation and safety and legal issues. (LIPP)

ASSISTING WITH URINARY ELIMINATION - 7057

video color 20 min. 1997 Professional

Shows how to assess the client for factors that can contribute to altered urinary patterns. Demonstrates procedures for inserting a urinary catheter, catheter care, and removal of a urinary catheter. Presents tips for documentation and safety and legal issues. (LIPP)

ASSURING THE GIFT - 7124

2-videos color 139 min. 1995 A

Designed for board members, volunteers and staff involved in fundraising. *Part 1. The Dynamics and Marketing of Major Gifts* (39 min.) Provides vital insights and perspective on the

role of major gifts in the development enterprise. Discusses strategies, approaches and responsibilities in depth. *Part 2. Moves Management* (100 min.) Explains "Moves Management," a powerful system for successful major gift fundraising. Includes a foolproof checklist to assure speed application. (ICGI)

ASTHMA: FIGHTING TO BREATHE - DV0144

DVD color 47min. 2004 SrH-A

This DVD program shows that a majority of asthma's victims come from racial minorities. Shows how this chronic illness adversely affects African-American and Latino populations in the U.S. Viewers will learn what asthma is, and what triggers it, and review a game plan for leading a healthy life. (FFH)

ASTHMA IN CHILDREN AT TIME OF DIAGNOSIS

(closed captioned) - 7772

video color 30 min. 1996 A

Explains respiration and how asthma affects it. Discusses triggers that may start an asthma attack and suggests ways to reduce these triggers in the home. Identifies some emotional issues children and parents may face when confronted with childhood asthma and explains the variety of drugs that are used for asthma treatment. (TLMED)

ASTHMA MANAGEMENT - 6834

video color 12 min. 1997 SrH-A

Intended for patients and parents of juvenile patients suffering from asthma. Describes what happens during an asthma attack.

Demonstrates how an allergist diagnoses asthma including the use of the peak flow meter and allergy skin tests. Successful asthma management includes: (1) monitoring lung function; (2) medical therapy; (3) environmental controls; and (4) patient education. (AAAAI)

AT A LOSS FOR WORDS - DV0509

DVD color 30 min. 1997 A

This DVD teaches spouses, family members, friends, neighbors and early caregivers how to help and what to say and do when someone experiences a miscarriage, stillbirth or newborn death. (PARACL)

AT THE BREAKING POINT: EMOTIONS AND ETHICS IN FAMILY CAREGIVING - DV0685

DVD 46 min. 2009 A

This compilation DVD contains short excerpts (from 3 to 8 minutes each) that show families in the midst of dealing with the challenges of caregiving, having a parent in a long-term care facility, aging, Alzheimer's Disease, and death. Excerpts from *A Thousand Tomorrows* (6283) and *Into the Other Lane: Driving and Dementia* are included (DV0669).

EL AUTO EXAMEN DEL SENO: UN HABITO

SALUDABLE (Spanish) - 6564

video color 13 min. 1994 A

Addresses some common myths, beliefs and behaviors that create barriers to performing breast self-examination. The technique of breast self-examination is also demonstrated. (KOMEN)

**AVIAN FLU WHAT YOU NEED TO KNOW
(English/Spanish) (closed captioned) - DV0232**

DVD color 13 min. 2006 A

The Avian Flu lacks one trait that could turn it into a pandemic: the ability to spread from human to human. The lethal virus could become contagious any time, so companies must be prepared to protect their employees and families from exposure, and their facilities from contamination. This program informs viewers about the virus and offers important tips on how to avoid transmission. Bonus features include an expanded leaders guide and a customizable PowerPoint® presentation (DVD-ROM drive required for PowerPoint).(COASTAL)

AVOIDING THE TEEN PREGNANCY TRAP (closed captioned) - DV0520

DVD color 18 min. 2008 JrH-SrH

Using a peer-to-peer approach, this program educates students about the risks of teenage pregnancy. A young mother describes how becoming pregnant changed her life. A teen father stresses that sexually active males must share the responsibility for preventing pregnancies. An abstinent teen shares her reasons for her choice. For those who aren't abstinent, the program emphasizes that knowing the facts and using contraception effectively and consistently greatly reduces the chances of a pregnancy. (HRM)

**AWARENESS FOR INITIAL RESPONSE TO
HAZARDOUS MATERIALS INCIDENTS - 5764**

video color 20 min. 1988 A, Professional

Explains shipping, packaging, placarding and labeling requirements that can assist in identifying the material in a hazardous materials incident. Describes the steps officers should take at the incident scene to protect themselves and the public. (CHEMM)

AWESOME POWER - 4760

video color 18 min. 1988 JrH-A

Shows scenes from actual flash floods, stranding motorists, damaging property, and causing deaths. Shows what cities have done to try to have as much advance warning as possible so citizens can be informed and take proper precautions. Discusses proper action to be taken when a flash flood is impending. (NWS)

**THE BABIES AND YOU: NUTRITION DURING
PREGNANCY - 7247**

video color 38 min. 1998 SrH-A

Explains how good nutrition is vital to the health of both the mom-to-be and her growing baby. Describes how weight gain is distributed during pregnancy. Tours a supermarket finding foods rich in folic acid, a nutrient which prevents some birth defects. (MARCH)

**THE BABIES AND YOU: PRECONCEPTION
PLANNING - 7244**

video color 31 min. 1998 SrH-A

Highlights the steps women can take, before becoming pregnant, to help ensure a healthy baby. Topics include: tips on choosing a health care provider; what to expect at a

preconception visit; and lifestyle habits that can affect the woman's health and the health of her baby. (MARCH)

THE BABIES AND YOU: PRENATAL CARE - 7245

video color 38 min. 1998 SrH-A

Describes healthy behaviors and daily activities that can improve the chances of having a healthy baby. Discusses how to manage some of the discomforts of pregnancy, such as backaches and leg cramps. Includes a maternity fashion show and some popular baby items which the March of Dimes feels that the new mother may want on hand. The Texas Department of State Health Services does not endorse any particular brand or product. (MARCH)

**THE BABIES AND YOU: STRESS AND EXERCISE
DURING PREGNANCY - 7246**

video color 30 min. 1998 SrH-A

Describes how to manage stress and demonstrates some relaxation techniques. Discusses the benefits of exercising during pregnancy and provides some guidelines for safe exercises. Visits an exercise class tailored to pregnant women. (MARCH)

BABY BASICS - 4612

video color 110 min. 1987 SrH-A

A video guide to newborn care. Shows the newborn at birth. Includes instructions about physical and emotional recovery and care of the mother after birth; nursing the baby; breast care; formula preparation; bottle feeding; signs of illness; how to take the temperature; how to understand and cope with crying and baby's sleeping patterns; and the milestones of development in the baby's first few months. (VIDA)

BABY TO BE - 7142

video color 53 min. 1996 SrH-A

Presents information on managing the discomforts of pregnancy. Hosted by Bess Armstrong, contains an on-screen index for improved access to ten video chapters. Chapters include: (1) getting prenatal care; (2) your growing baby, including ultrasound and the baby's sex; (3) your changing body; (4) eating for two; (5) what's safe, what isn't; (6) keeping fit; (7) enjoying your pregnancy; (8) especially for dads; (9) when to call the doctor, including some signs of labor; (10) getting ready for baby. (CBG)

**BABY YOUR BABY: PREPARING FOR
PREGNANCY - 7248**

video color 30 min. 1998 A

Discusses many of the topics important for a healthy pregnancy. Topics include: genetic screening; nutritional counseling; choosing a pregnancy specialist; and lifestyle modifications. Offers ways to minimize stress. (UDOH)

**BABY'S FIRST SPOONFUL: TIPS FOR STARTING
SOLIDS (English/Spanish closed captioned) - 7581**

video color Eng-11 min., Span-12 min. 2002 SrH-A

Explains when a baby is developmentally ready for solid food. Demonstrates the best way to start solids including which foods

that are best to start and how each new food can be introduced to optimize acceptance. (LEMON)

BACK CARE AND SAFETY - 5240

video color 15 min. 1990 A

Informs viewer about the back and how it works. Covers common types of back injuries and their causes. Demonstrates the short- and long-term effects of back injuries. Illustrates injury prevention techniques, including back muscle-strengthening exercises and proper lifting techniques. (ALTSCH)

BACK FITNESS (closed captioned) - 7307

video color 12 min. 1999 A

Explains five skills to build a fit back. Shows correct posture for sitting, standing and sleeping. Demonstrates the correct way to lift in order to protect the back. Shows rest and relaxation techniques to ease muscle spasms in the back. Gives tips on good nutrition to strengthen muscles and maintain high energy levels. Demonstrates various exercises for flexibility and strengthening of the lower back. (KRAMES)

BACK INJURY PREVENTION - 6935

video color 15 min. 1999 A

Designed for workers in the office, factory and field. Includes exercises, techniques, tips and ergonomics for a better back. Emphasizes the spine, how it works and how to care for it. (ATR)

BACK INJURY PREVENTION THROUGH EXERCISE - 7570

video color 10 min. 2000 A

Shows workers demonstrating various exercises that aid in the maintenance of a healthy back. (ERI)

BACK PAIN (LOWER BACK) AT TIME OF DIAGNOSIS (closed captioned) - 7728

video color 30 min. 1996 A

Illustrates anatomy of the back and explains the most common causes of back pain, including pinched nerve and herniated disk. Shows ways to reduce pain and to protect your back at work to prevent injury. Discusses seeking treatment from doctors, chiropractors, and physical therapists. (TLMED)

BACK SAFETY - 4904

video color 28 min. 1987 A

Discusses causes and prevention of back injuries. Explains what to do when one experiences back discomfort. Explains the symptoms of disc rupture and sciatica. Explains that maintaining a good diet, reducing intake of alcohol and caffeine, avoiding stress, losing weight, and maintaining good posture all contribute to good back health. Demonstrates proper posture for standing, bending, lifting, sitting, driving, and sleeping. Discusses physical conditioning and exercise as important factors in preventing back problems. Shows proper lifting techniques and illustrates exercises to strengthen the back muscles. (TXMHMR)

BACK SAFETY: SAFE IN 8 (English/Spanish)-DV0630

DVD color Eng 8 min.; Span 8 min 2006 A

A healthy back is the basis of employees' activities at work or home. This program illustrates simple steps to make sure that this vital foundation is in perfect shape and free from any injury and damage. It discusses the concepts of staying within the safety zone, proper grasping and lifting, load awareness, reverse stretching and mechanical advantage. Bonus features include a leader's guide, quiz and a customizable PowerPoint® presentation (DVD-ROM drive required for leader's guide and PowerPoint®). (COASTAL)

BACK SAFETY: SLIPS, TRIPS, AND FALLS - 6613

video color 25 min. 1993 A

Focuses on safety consciousness both on and off the job. Topics include: back safety; slips, trips, and falls; fire safety; and the Texas Hazard Communication Act. Includes an instructor's manual with overhead transparency masters, handout masters, performance evaluation and answer key. (TXMHMR)

BACK SAFETY UPDATE

English-DV0081; Spanish-DV0082

DVD color 21 min. 2005 A

This DVD is about back injuries both on and off the job. It emphasizes overall back care, including exercise and weight control. Viewers will learn about back structure as well as lifting, twisting, and falls. The importance of proper sitting, standing and sleeping positions is emphasized. Stretching, taking breaks, proper diet and stress management are shown to contribute to back health. (TTN)

BACK TO BASICS FOR SAFE LIFTING - 4467

video color 21 min. 1984 A

Chronic back pain and spinal disc problems afflict one out of three Americans. Often the trouble starts with efforts to lift a heavy object, but in the wrong way. In this program supervisors learn how to teach the safe methods of lifting heavy cases and crates. (CORONE)

BACTERIA AND DISEASE CONTROL (rev. ed.) - 4908

video color 9 min. 1992 A

Explains basic sanitation and cleanliness, how bacteria can be harmful and what to do about it. Useful for janitors and custodians. (DONBR)

BANDAGING AND SPLINTING - 4656

video color 27 min. 1990 Professional

Shows the assessment and treatment of musculoskeletal injuries. Techniques of assessing various injuries for bandaging and splinting will be demonstrated. Numerous fractures and dislocations are presented using computer-generated illustrations. Includes: dislocations; 8 fracture classifications; types of bandages; soft and hard splints; traction devices; complications. (AMERS)

BANDAGING: MODULE # 7 - 4948

video color 11 min. 1984 A, Professional

Demonstrates proper bandaging techniques applied in an automobile accident and a factory first aid station. A lifeguard

applies a figure-eight bandage. Reviews the types, materials, and applications for various bandages and dressings, and the use of a sling. (CORONE)

BARBECUES, PICNICS, AND POTLUCKS - 6231

video color 34 min. 1996 SrH-A

Explains what needs to be done to prevent *E. coli* and foodborne illness when taking food away from home. Provides tips on the safest food choices, packing and transporting food safely, and how to choose a good site for outdoor meals. Explains how to destroy the *E. coli* in hamburger meat, and how to avoid cross contamination. (PUG)

BARIATRIC SURGERY – DV0611

DVD color 30 min. 2008 A

Gastric bypass surgery has swept the nation as the magic bullet for weight loss. A panel of doctors and patients takes an in-depth look at the pros and cons of this surgery. (AQUARI)

THE BARNYARD SNACKER - 4014

video color 5 min. 1982 P

The Tooth Chicken investigates the problem of snack food and candy wrappers strewn all over the barnyard. The discovery of Hungry Hog as the culprit leads to an important nutrition lesson on the value of a balanced diet, healthy snacks, and good oral hygiene. (ADA)

BASIC DENTAL HEALTH - DV0109

DVD color 17 min. 2004 SrH

This DVD will guide viewers through the essentials of dental health. They will learn what causes gum disease and tooth decay. (EVN)

BASIC FIRST AID (Dumac) - 6147

video color 20 min. 1996 A

Answers the “what to do” questions that arise when an accident occurs, and covers the possible lifesaving steps necessary in helping the victim. The various types of accidents discussed include cuts, blisters, assorted burns, eye injuries, broken bones, heat exhaustion, poisoning and heart attack. In addition to identifying the care and treatment of these traumas, provides information on choking and the Heimlich maneuver. Defines OSHA bloodborne pathogen regulations, and discusses general safety awareness. (DUMAC)

BASIC FIRST AID (Pyramid) - 6960

video color 52 min. 1997 JrH-A

Provides first responders with the techniques necessary to properly render aid in an emergency situation. Includes the major areas of general first aid: universal precautions, controlling bleeding, managing shock, treating burns, positioning splints, and poisoning. (PYR)

BASIC FIRST AID, PART I - 7346

video color 10 min. 1998 A, Professional

Stresses the need to remain calm when emergencies arise. Provides information on first aid for bleeding, choking, burns, shock, fractures, and an accident or illness that leaves a person unconscious and not breathing. (SAFETY)

BASIC FIRST AID, PART II - 7347

video color 6 min. 1998 A, Professional

Covers legal issues and health risks involved with administering first aid. Discusses the Good Samaritan laws, getting the victim's consent for treatment, and the use of barrier devices. (SAFETY)

BASIC PRINCIPLES - 7892

video color 22 min. 2002 Professional

This video provides information about the roles and responsibilities of a nursing team member, the nursing process, the delegation of tasks, and patient and resident rights. Proper communication whether it is oral, written or nonverbal is emphasized. Viewers will learn about reporting, charting, and end of shift reporting. The chain of infection is explained along with the proper procedure for hand washing. (MOSBY)

BASICS OF DIETARY SUPPLEMENT REGULATIONS, STRATEGY, AND ENFORCEMENT (closed captioned) -7428

video color 132 min. 2001 Professional

Teleconference presented December 5, 2001. Representatives from the Food and Drug Administration (FDA) and the Federal Trade Commission (FTC) provide an overview of the basic legal and regulatory requirements imposed on dietary supplements. Explains that although the 1994 amendments changed the way FDA regulates, that these supplements were not de-regulated. FTC looks over the advertising of dietary supplements on the Internet and infomercials and prosecutes fraudulent claims. (CFSAN)

BATHING WITHOUT A BATTLE: CREATING A BETTER BATHING EXPERIENCE FOR PERSON'S WITH ALZHEIMER'S DISEASE AND RELATED DISORDERS - DV0416

DVD + CD-Rom color 45 min. 2003 Professional

This package contains an interactive CD-Rom and DVD. It teaches person-centered methods for making the bathing experience more enjoyable for both caregivers and the people they are bathing. Towel-bathing, tub bathing, in-room bathing, and hair washing techniques are demonstrated. Separate tracks are available on the CD-Rom for nurses, nursing assistants, nursing home administrators, surveyors, and home care givers. Minimum requirements for the CD-Rom: 200 MHz Intel Pentium II processor or greater, Windows 95,98,ME,200,XP, 32 MB RAM, 16-bit color monitor, 800 x 600 resolution, 16 bit sound card. (TERRA)

BATTERED AND BROKEN - DV0185

DVD color 30 min. 2005 A

Dianne Schwartz was traumatized by an abusive husband. She tells her story of gradual escape and healing from her living nightmare. Now, Dianne Schwartz is the founder of a non-profit organization that educates the public about domestic violence. (AQUARI)

BATTLING EATING DISORDERS (closed captioned) – DV0291

DVD color 29 min. 2006 SrH-A

Anorexia and other eating disorders exert a frightening degree of control over millions of teenagers, especially young women. This program represents a powerful weapon in the battle against eating disorders, pinpointing their origins in body image and self-esteem issues, illustrating their grim consequences in crystal-clear terms, and offering students, parents, teachers, and counselors a rich source of information and support. Hosted by The Sopranos' Jamie-Lynn Sigler, herself a survivor of teenage anorexia, the video explains how to recognize eating disorders, how friends and loved ones should communicate their fears and concerns, and how those who suffer from these often fatal illnesses can find professional help.

BATTLING FATIGUE - 5291

video color 5 min. 1989 A

Covers the possible results of not getting enough rest before coming to the job. Explains the various types of fatigue workers experience and suggests several ways fatigue can be overcome. (SAFETY)

BBP IN YOUR WORLD: DON'T RISK IT - DV0471

DVD color 23 min. 2007 Professional

This new program teaches healthcare professionals how to minimize exposure risk by using standard precautions, personal protective equipment and other safe work practices. It provides information on four bloodborne pathogens of particular concern: HIV, Hepatitis A, B, and C. Infection control procedures are reviewed along with safe work practices. Viewers learn about exposure response. (COASTAL)

BE A HOUSE DETECTIVE: HOW TO PROTECT YOUNG CHILDREN FROM HAZARDS IN THE HOME - DV0374

DVD color 18 min. 2002 A

This DVD takes viewers on a room by room tour, looking at the most common sources of childhood injuries. Each room features a different family, with diverse cultural backgrounds, with children ages newborn to six years old. (KMP)

BE ALL YOU CAN BE: NUTRITION AFTER CHILDBIRTH (English/Spanish) - 7437

video color Eng-15 min., Span-15 min. 1998 SrH-A

In a fun talk-show format, young mothers talk about the many roles they have, such as cook one minute and mother the next. They suggest healthy meal ideas and realize that leading a healthy lifestyle can make being a new mom a little easier. (ALTSCH)

BE SAFE, NOT SORRY, Part A: DELI FOOD SAFETY AND SANITATION, Part B: DELI PRODUCT CARE AND HANDLING - 5403

video color 20 min. 1993 A

Part A (10 min.): Discusses the effects of bacteria on food quality and the danger zone temperature range. Explains how to eliminate cross-contamination and covers proper sanitation procedures. The importance of good personal hygiene is stressed. Part B (10 min.): Covers proper receiving and

storage procedures and explains how to prepare and display cold and hot foods safely. Discusses first-in, first-out product rotation, proper product temperature control, cooking/holding/chilling/reheating procedures, and storing foods safely after purchase. (IDDA)

BE WISE...IMMUNIZE - 5954

video color 9 min. 1995 JrH-A

Provides an overview about immunizations. Stresses to teenage parents the importance of immunizing their infants by explaining the dangers of the diseases against which immunizations protect. Discusses the excuses and myths associated with immunizations. (TDHIMM)

BEAT THE HEAT (closed captioned) - 6225

video color 17 min. 1995 A

Provides information on the prevention and treatment of heat stress. Emphasizes the need to replenish fluids when working in the heat and discusses thermo-regulation of the body. (COASTAL)

BEAUTY IN THE BRICKS - 4264

video color 29 min. 1981 El-JrH

A depiction of life for four adolescent African-American women growing up in a Dallas housing project in the early 1980's. An uplifting film that goes beyond cultural stereotypes. (MEDPRO)

BECAUSE YOU'RE PREGNANT - 7420

video color 26 min. 2001 A

Explains fetal development month by month. Includes descriptions of prenatal visits and common medical test and procedures. Discusses the importance of good nutrition and a healthy lifestyle. Describes the emotions, expectations and fears that come with pregnancy. Lists the common discomforts and their remedies as well as signs of pre-term labor. (VIDA)

BEDMAKING SKILLS - 7051

video color 17 min. 1996 A, Professional

Identifies the three types of bed making used in clinical practice and when each should be used. Demonstrates how to make both unoccupied and occupied beds correctly. Explains how a postoperative bed differs from an unoccupied bed. Includes documentation tips and safety issues for bedmaking. (LIPP)

BEFORE EMS ARRIVES - 6807

video color 17 min. 1995 A

Shows how bystanders can render aid to accident victims in two important ways: establish an airway and control bleeding. Bystanders are encouraged to: learn to recognize an emergency by looking for skid marks or a vehicle left in an odd position; try to prevent further injury by following safe practices and avoiding hazards; learn to assess a crash site by counting the number of victims and determining the severity of the injuries; contact EMS as soon as possible; and provide life-sustaining care. (TXDOT)

BEING ACTIVE AS A FAMILY (English/Spanish)

(closed captioned) - 7721

video color English-14 min.; Spanish-14 min. 2002 SrH-A

Suggests ways for parents and children to be active together both indoors and outdoors. Families can walk, play sports, and work in a garden. Inside they can play board games, dance, and do arts and crafts. Emphasizes safety at home and the importance of play and imagination. (ALTSCH)

BEING ACTIVE DURING AND AFTER PREGNANCY (English/Spanish) (closed captioned) - 7475

video color Eng-14 min., Span-15 min. 2003 SrH-A

Emphasizes the many health benefits of being active for both the pregnancy and postpartum period for mother and baby. Gives practical advice on how to incorporate activity into a daily routine. Shows proper positions for getting out of bed or car when pregnant. Has nutrition information for making good food choices. (ALTSCH)

THE BENEFITS OF BREASTFEEDING

English-7106; English/Spanish-7601; Spanish-7179

video color Eng-14 min., Span-15 min. Eng-1999/Eng-Span-2001/Span-2000 SrH-A

Highlights the important immunizing properties of breast milk. Features nutritional information about nature's perfect first food and the amazing results of medical studies on breast milk and I.Q. tests. Discusses how breastfeeding is medically beneficial for new moms, while providing convenience and cost savings. Considers four common concerns about breastfeeding. Offers some keys to successful breastfeeding. (EAGLE)

THE BEST THING (English/Spanish) - 7438

video color Eng-16 min., Span-16 min. 1999 SrH-A

Women talk about the benefits of breastfeeding, such as strengthening the babies' immune systems and having quiet time with the babies. (WIC)

BEYOND NUTRITIONAL COUNSELING: REFRAMING THE BATTLE AGAINST OBESITY (closed captioned) -7485

video color 20 min. 2000 A, Professional

Addresses the prevention and management of childhood obesity. Intended to encourage discussion among healthcare professionals about the fact that parents may be unable to implement nutritional advice without additional child-rearing skills. (CMHC)

BICYCLE SAFETY AND YOU - DV0387

DVD color 15 min. 2004 EI-SrH

A police officer advises students on how to make bicycle riding safer and more fun. Topics include bicycle maintenance, safety gear and safety rules. (DISCOV)

BICYCLE SAFETY CAMP / THE RIDE SAFE WAY TO FIT A BICYCLE HELMET - 7159

video color 28 min. 1989/1997 P-EI

Bicycle Safety Camp (21 min., 1989) informs young bicyclists about the safety rules to help prevent bicycle injuries.

Motivates them to practice these safety rules and emphasizes that they can be safe and enjoy riding at the same time. *The Ride Safe Way to fit a Bicycle Helmet* (7 min., 1997) shows how to custom fit a comfortable and safe bicycle helmet. (UHCI)

BIENVENIDO A LA VIDA (Spanish) - DV0196

DVD color 34 min. 2002 SrH-A

This program features the birth stories of native Spanish speakers. Ana and Victor use a variety of natural coping techniques. Tanya is supported by her mom and a professional Doula. Jessica and Arturo choose an epidural for pain relief. (INJOY)

BIG BOYS DON'T CRY - 5324

video color 45 min. 1993 JrH-A

Tells the story of a troubled 17-year-old who was molested by his uncle when he was a small boy. Now he feels he must act as he sees his younger brother spending time alone with the same uncle. Gives insight into the suffering caused by sexual abuse, indicates how it can affect victims all their lives if not addressed, alerts viewers to the fact that the molester can be, and often is, a close friend or family member. (CHURCH)

THE BIG CHILL - 6949

video color 5 min. 1992 A

Shows three friends on a hike in the forest and how bad weather and lack of planning can cause one person to suffer hypothermia. Gives the symptoms and the first aid response. (SAFETY)

BILL COSBY ON PREJUDICE - 4407

video color 24 min. 1971 SrH-A

Presents Bill Cosby in a satiric monologue in which he portrays a composite bigot. Gathers the typical clichés and stereotypes about particular groups of people. Emphasizes the contradictions and paradoxes inherent in attributing characteristics to different minority groups. (PYR)

BIOLOGICAL AND CHEMICAL WARFARE AND TERRORISM: MEDICAL ISSUES AND RESPONSE - 7425

3 videos color 720 min. 2001 Professional
Teleconference presented November 28-30, 2001. Intended for health care providers and public health professionals. Discusses the proper medical response in the event of an intentional biological or chemical agent release. *Day 1* (240 min.)-Presents an overview of biological agents of concern for use in warfare or terrorism including identifying ten principles in the management of the clinical aspects of such an attack. *Day 2* (240 min.)-Presents an overview of chemical agents including the four major classes and identifying the key elements of pre-hospital medical management for each class. *Day 3* (240 min.)-Discusses the management of a biological or chemical warfare or terrorist event with experts. Describes the roles of the first responder, public health and medical personnel. Compares the differences and similarities of biological and chemical agents and effects. (USAMRMC)

BIOCHEMICAL EXPOSURES, HEALTH OUTCOMES AND CONTROL - 7645

video color 38 min. 2002 Professional
Teleconference presented March 28, 2002 and intended for health care professionals. Examines the mostly likely used agents of biochemical warfare and the impact on populations. Includes the clinical presentations, mechanism of injury, treatments, outcomes and control. Discusses the important roles that health care professionals play related to these potential threats. (ICPHP)

BIOCHEMICAL LABORATORY SAFETY - 5285

video color 15 min. 1989 A, Professional
Provides an overview of laboratory safety. Covers such topics as avoiding contamination, handling contaminated materials, handling laboratory equipment and glassware, hazardous chemical labeling, materials safety data sheets, and the importance of cleanliness and good housekeeping. (NUS)

BIOLOGICAL THREAT IN HEALTH CARE:

EVERYONE'S ON ALERT (closed captioned) - 7620

video color 13 min. 2002 A, Professional
Emphasizes the importance of a biological disaster preparedness plan for first responders and health care professionals. Briefly describes the symptoms and treatment of anthrax, smallpox, plague, botulism, tularemia, and viral hemorrhagic fevers. Describes the precautions recommended for first responders, emergency rescue workers, and health care workers. (COASTAL)

BIOLOGICAL WARFARE AND TERRORISM: THE MILITARY AND PUBLIC HEALTH RESPONSE

video color see below for running times 1999 Professional

Teleconference presented on September 21, 22, and 23, 1999, and intended for health professionals. Describes a proper medical response in the event of an intentional biological agent release. (USAMRIID)

Day 1 (237 min.) Presents an overview of biological agents. Identifies the most likely pathogens to be used in warfare or a terrorist event. Identifies the characteristics which make a biological pathogen an effective weapon. Describes the epidemiology, pathogenesis, clinical features, and medical management of representative pathogens and toxins.

Entire Day One on one video - 6931

Entire Day One on two videos - 7394

Day 2 (237 min.) Identifies the sequential steps involved in a successful medical response to a military biological weapons attack. Identifies the epidemiological tools needed to recognize and distinguish a natural disease outbreak from a biological attack. Describes the correct triage and field management methods for biological agent casualties.

Entire Day Two on one video - 6932

Entire Day Two on two videos - 7395

Day 3 (236 min.) Differentiates between a public health (PH) response to a biological terrorism (BT) event

and other outbreak investigations. Identifies the primary care providers' and other public health professionals' roles in a BT event. Identifies components of a PH response to BT and preparedness requirements.

Entire Day Three on one video - 6933

Entire Day Three on two videos - 7396

BIOLOGICAL WARFARE AND TERRORISM: THE MILITARY AND PUBLIC HEALTH RESPONSE-STUDENT MANUAL - B0070

book 244 pgs. 1999 Professional
Intended to provide concise supplemental reading material to assist in the education of biological casualty management. Topics include: categories of triage; indications of a possible biowarfare attack; and epidemiologic clues that may signal a biologic or chemical terrorist attack. Appendix I is the *Medical Management of Biological Casualties Handbook* which provides medical information on bacterial agents such as anthrax, brucellosis, cholera, plague; viral agents such as smallpox and viral hemorrhagic fevers; and biological toxins such as botulinum and ricin. Appendix II is the *Bioterrorism Readiness Plan: A Template for Health care Facilities* which is intended to serve as a tool for infection control professionals and their institutions in preparation for a bioterrorism attack. Includes agent specific information to respond to anthrax, botulism, plague and smallpox cases. Appendix III is *Case Definitions for Infectious Conditions Under Public Health Surveillance* from *MMWR* which is to be used for identifying and classifying cases for national reporting purposes. (USAMRIID)

BIOTERRORISM AND ZOOSES - 7752

video color 60 min. 2004 Professional
Broadcast January 22, 2004. Describes the need for animal health surveillance systems that exist at the state level and the role of public health and the animal health community in supporting early detection of illness among animals to aide in the identification of a potential bioterrorism event. (UASPH)

BIOTERRORISM: FACING THE THREAT AND STAYING SAFE - 7619

video color 24 min. 2002 A
Offers information about the most likely biological weapons that could be used in case of a terrorist attack. Provides preventative and practical precautions to take. Gives medical explanations of anthrax, smallpox, plague, botulism, tularemia, and viral hemorrhagic fevers. (SYNDI)

BIOTERRORISM FOR HEALTHCARE - DVD-DV0003; VHS-7707

color 13 min. 2002 Professional
Viewers will learn how to recognize the symptoms of anthrax, smallpox, plague and botulism; modes of transmission; precautions to take with patients. Viewers will see the difference between: cutaneous anthrax and a spider bite; inhalation anthrax and the flu; smallpox and chickenpox; and botulism and other paralyzing ailments. (MEDFLM)

BIOTERRORISM: IMPLICATIONS FOR PUBLIC HEALTH - 6910

video color 59 min. 1999 A, Professional
Edited version of a satellite conference held June 11, 1999. Reviews historical incidents. Defines the public health responsibilities and other responder roles and methods for preparation and planning for a bioterrorism event. (PHGR)

BIRDS AND THE BEES AND ME FOR BOYS - DV0344

DVD color 18 min. 2003 JrH
Birds, The Bees, and Me for Boys addresses all of the basics regarding puberty, sex, and childbirth. The program is presented by a young adult male. It includes information on male specific issues. There is also an emphasis on respecting girls and their bodies. This DVD is intended for an audience of boys. (SVE)

BIRDS AND THE BEES AND ME FOR GIRLS - DV0345

DVD color 18 min. 2003 JrH
This DVD addresses all of the basics regarding puberty, sex, and childbirth. The program is narrated by a young adult female. The program features animation and focuses on female specific issues. It is intended for an audience of girls. (SVE)

BIRTH, BREASTFEEDING AND SOCIAL CHANGE - 7102

video color 115 min. 1999 A
Presentation at the Texas Healthy Mothers, Healthy Babies Breastfeeding Task Force meeting held May 28, 1999. Anthropologist Robbie Davis-Floyd gives an overview of the technocratic, humanistic and holistic models of medicine and how they relate to birth and breastfeeding. Discusses what constitutes social change and how it is evoked. (WIC)

BIRTH CONTROL: MYTHS AND METHODS (3rd ed.) - 5439

video color 28 min. 1993 SrH-A
Describes the birth control devices and methods available with a prescription and those that can be obtained over the counter. Tells how they are used, their advantages, disadvantages, and possible side effects. A section is devoted to natural family planning. Also includes a sequence on contraceptive implants. (CHURCH)

BIRTH CONTROL MYTHS AND METHODS (4th ed.) - DV0065

DVD color 30 min. 2003 SrH-A
This DVD informs young adults about the many different methods of birth control and encourages them to practice safe sex. This program begins by reviewing the reproductive systems of both men and women and then provides viewers with information about modern birth control options. Through helpful vignettes and medical guidance, the program discusses the forms and functions of the major types of birth control: male and female barrier methods, monthly hormonal contraception, progestin-only methods, intrauterine contraception, sterilization, abstinence, and emergency contraception. This straightforward presentation empowers viewers to take control of their bodies and their futures.

(CHURCH)

BIRTH CONTROL MYTHS AND METHODS (4th Ed.) (Spanish) - 7874

video color 30 min. 2003 SrH-A
This video informs young adults about the many different methods of birth control and encourages them to practice safe sex. It begins by reviewing the reproductive systems of both men and women and then provides viewers with information about modern birth control options. Through vignettes and medical guidance, the program discusses the forms and functions of the major types of birth control: male and female barrier methods, monthly hormonal contraception, progestin-only methods, intrauterine contraception, sterilization, abstinence, and emergency contraception. (CHURCH)

BIRTH CONTROL: YOUR RESPONSIBILITY, YOUR CHOICE (rev. ed.) - 4910

video color 14 min. 1990 JrH-A
Emphasizes the importance of choosing the most suitable method and provides a thorough discussion of birth control. Covers the advantages and disadvantages of the pill, IUD, diaphragm, cervical cap, sponge, condoms, spermicides, the "rhythm method," and voluntary sterilization. Highlights the benefits of using a condom for protection against STDs, including AIDS. Presenting alternatives, such as using a condom with foam for increased protection, it makes birth control options more accessible on a personal level. Statistics, in the form of on-screen computer graphics, reveal the effectiveness of each method. (ALTSCH)

BITE FREE PLAYING IT SAFE WITH DOGS - 7902

video color 26 min. 1996 K-I
The first part of this program introduces children and parents to safe, considerate behavior around dogs. Viewers learn why dogs may bite and the simple, yet effective, steps to avoid being bitten. The second part of this program consists of a training segment designed to help educators create their own dog bite safety presentation. (ASPCA)

BLOODBORNE PATHOGEN CONTROL IN SCHOOL SETTINGS, Part 1. RULES - 7236

video color 30 min. 2000 A, Professional
Intended for school administrators and health staff. Subsequent to Texas State Legislation (HB2085), the Texas Department of Health adopted rules for the control of bloodborne pathogens in state agencies, including public schools. A TDH Nurse Consultant to Texas school staff explains the new rules and how to implement them at the district and/or campus level. (TEAIC)

BLOODBORNE PATHOGEN CONTROL IN SCHOOL SETTINGS, Part 2. TRAINING - 7280

video color 30 min. 2000 A, Professional
Intended for school administrators and health staff. Subsequent to Texas State Legislation (HB2085), the Texas Department of Health adopted rules for the control of bloodborne pathogens in state agencies, including public schools. A TDH Nurse Consultant to Texas school staff explains the components for

training school staff at the district and/or campus level. Training plan topics should include: methods used in the district to control exposure to blood or other potentially infectious materials; personal protective equipment; and a hepatitis B vaccination plan. Includes a short video describing bloodborne pathogens and how they are transmitted in the workplace, proper procedures to prevent exposure, and steps to take if exposure occurs. (TEAIC)

BLOODBORNE PATHOGENS

English-7115; Spanish-7369; English DVD-DV0066

video color 19 min. 1998 A, Professional
Provides information on bloodborne pathogens such as those causing hepatitis B, hepatitis C and AIDS. Discusses and demonstrates effective means of infection control and exposure control. Explains personal protective equipment (PPE). (LONGI)

BLOODBORNE PATHOGENS: A HEALTHCARE REFRESHER (closed captioned) - 7753

video color 11 min. 2003 A, Professional
Reviews exposure to bloodborne pathogens, especially hepatitis B, hepatitis C, and HIV. Discusses standard precautions, safety precautions, safe work practices, and personal protective equipment. Intended for healthcare professionals who have already received initial training. (COASTAL)

BLOODBORNE PATHOGENS ANNUAL RETRAINING - 5908

video color 18 min. 1994 A, Professional
Explains the OSHA enforcement policy and fulfills 29 CFR, Part 1910 Employee Training Requirements. Explains the different bloodborne diseases and how to recognize exposure situations. Discusses techniques to prevent exposure, including personal protective equipment. To reduce these workplace exposure risks, discusses an “exposure control plan,” emergency procedures, and proper posting of signs and labels. (TNI)

BLOODBORNE PATHOGENS: “BLOODBUG” BARRIERS (closed captioned) - 6426

video color 23 min. 1996 A, Professional
Ideal for annual training and re-training, stresses the importance of following standard precautions to guard against unseen “bloodbugs” in the health care facility. Engineering controls, work practices and housekeeping are discussed. (COASTAL)

BLOODBORNE PATHOGENS FOR CORRECTIONS (closed captioned) - 7535

video color 22 min. 1999 A, Professional
Intended for officers in correctional institutions. Reviews the OSHA standard (29 CFR 1910.1030). Includes standards and polices regarding bloodborne diseases, modes of transmission and explanation of the Exposure Control Plan. (COASTAL)

BLOODBORNE PATHOGENS IN BEHAVIORAL HEALTHCARE (English/Spanish) (closed captioned) -

DV0063

DVD color Eng-17 min., Span-17 min. 2004 Professional
This DVD teaches healthcare workers the standard precautions to take to reduce exposure to Hepatitis C, Hepatitis B and HIV. It explains what to do if an exposure occurs. Bonus features include an expanded leaders guide, a quiz, and a customizable PowerPoint® presentation (DVD-ROM drive required for PowerPoint). (COASTAL)

BLOODBORNE PATHOGENS IN HEALTH CARE FACILITIES

English-6715; Spanish-6799

video color 26 min. 1998 A, Professional
Intended for personnel in hospitals, laboratories, and physicians' offices to comply with 29 CFR Part 1910.1030. Describes the precautions to take while handling body substances, especially blood products. Describes the Exposure Control Plan. Explains emergency procedures and the meanings of the variety of warning signs and labels. Discusses the personal protective equipment (PPE). (LONGI)

BLOODBORNE PATHOGENS IN SCHOOLS: THE FUNDAMENTALS (English/Spanish) – DV0581

DVD color 14 min. 2010 A

Viewers will be able to identify the symptoms of three common bloodborne pathogens and trace how the three bloodborne pathogens spread. They will learn about proper hand hygiene and how to put standard precautions into place as well as how to respond to bleeding emergencies. (COASTA)

BLOODBORNE PATHOGENS IN SCHOOLS: THE HUMAN SIDE (closed captioned) - 7240

video color 24 min. 1998 A, Professional
Intended for any school employee including teachers, coaches, custodial staff, bus drivers, secretaries or health care workers. Three people describe how infection with hepatitis B virus (HBV) or HIV has affected them. Refers employees to the Facility Exposure Control Plan found in each workplace. Describes the five approaches which work together to protect school employees from infection: employee work practice controls; personal protective equipment (PPE); engineering controls; housekeeping practices; and vaccination with the hepatitis B vaccine. (COASTAL)

BLOODBORNE PATHOGENS: MANAGING THE RISK - DV0513

DVD color 13 min. 2009 A

The program is intended for the workplace and explains what bloodborne pathogens are and covers Hepatitis B, Hepatitis C and HIV. It explains how infection occurs, how bloodborne diseases can be passed from one person to another and what can be done to reduce the risk of exposure. (SC)

BLOODBORNE PATHOGENS IN THE WORKPLACE: REDUCING THE RISKS - 5296

video color 13 min. 1992 A
Teaches risk assessment skills in general and industrial workplace environments for HIV and hepatitis B infections. Promotes the use of infection control kits. Makes viewers

aware of risks when they come in contact with body fluids.
(SC)

BLOODBORNE PATHOGENS: PROTECTION IN EDUCATIONAL ENVIRONMENTS

English-7754; Spanish-7913

video color 19 min. 2002 A, Professional
Details OSHA's Bloodborne Pathogens Standard (1910.1030) and the training specifically mandated for educators. Discusses hepatitis B, hepatitis C, and HIV. Explains exposure control plans, work practice controls, and standard precautions. (COASTAL)

BLOODBORNE PATHOGENS PROTECTION IN THE HOME CARE SETTING (English/Spanish)(closed captioned) - DV0655

DVD color 17 min. 2010 A, Professional
As a home healthcare provider, you can be exposed to blood and potentially infectious body fluids - regardless of your specific responsibilities. This program outlines the proper precautions that you should follow to ensure your safety on the job. This DVD covers OSHA 1910.1030, workplace transmission, standard precautions, HBV vaccination, work practice controls, housekeeping and laundry.

BLOODBORNE PATHOGENS SAFETY PART 1 - DV0246

DVD color 15 min. 2007 Professional
This program, intended for health care workers, explains the sources and modes of transmission of HIV, Hepatitis B and Hepatitis C. It details the occupational risk for health care workers. (MEDCOM)

BLOODBORNE PATHOGENS SAFETY PART 2 EXPOSURE CONTROLS AND PPE - DV0247

DVD color 17 min. 2007 Professional
This DVD describes the universal and standard precautions. It explains post-exposure response and prophylaxis. The use of gloves, eyewear and gowns for protection against bloodborne infections is detailed. (MEDCOM)

BLOODBORNE PATHOGENS SAFETY PART 3 WORK PRACTICE CONTROLS - DV0248

DVD color 16 min. 2007 Professional
This program describes the safe handling of sharps, the use of safer needle devices, decontamination and cleaning procedures. It shows proper linen handling and explains the CDC hand hygiene guidelines. (MEDCOM)

BLOODBORNE PATHOGENS SAFETY PART 1 BLOODBORNE INFECTIONS AND TRANSMISSION OF BLOODBORNE INFECTIONS - DV0249

DVD color 15 min. 2007 Professional
This program, intended for workers at long term care facilities, explains the sources and modes of transmission of HIV, Hepatitis B and Hepatitis C. It details the occupational risk for health care workers. (MEDCOM)

BLOODBORNE PATHOGENS SAFETY PART 2

EXPOSURE CONTROL AND PERSONAL PROTECTIVE EQUIPMENT - DV0250

DVD color 18 min. 2007 Professional
This DVD is intended for the long term care environment. It describes the universal and standard precautions. It explains post-exposure response and prophylaxis. The use of gloves, eyewear and gowns for protection against bloodborne infections is detailed. (MEDCOM)

BLOODBORNE PATHOGENS SAFETY PART 3 WORK PRACTICES (Long Term Care Version) - DV0251

DVD color 16 min. 2007 Professional
This program describes the safe handling of sharps, the use of safer needle devices, decontamination and cleaning procedures. It shows proper linen handling and explains the CDC hand hygiene guidelines. (MEDCOM)

BLOODBORNE PATHOGENS STANDARD: HOW IT AFFECTS YOU. HOW IT PROTECTS YOU (Spanish) - 6024

video color 20 min. 1992 A
Explains the Bloodborne Pathogen Standard for mandated employee training. Includes universal precautions, HBV vaccination, and record keeping requirements. (COASTAL)

BLOODBORNE PATHOGENS: WHAT EMPLOYEES NEED TO KNOW (closed captioned) - 7525

video color 25 min. 2001 A
Focuses on current laws requiring bloodborne pathogens procedures and recommendations of OSHA and CDC. Shows several different work settings, including housekeeping, and examples of potential exposure risks. Explains the lines of defense and provides detailed, in-depth coverage of the procedures. (LONGI)

BLOODLINES - 7338

video color 22 min. 2000 JrH-A
Interviews HIV-positive youth who tell their personal experiences with the disease, sharing the grief, confusion, and hope that they feel. (FIDEAS)

BODY ATLAS

video color 1994 SrH-A
Uses miniature cameras and endoscopy, ultrasound and X-ray tomography to probe within the living human body. Actually sees the links between the inside and outside workings of the body, the complex coordination required to do everyday tasks. From the Learning Channel. (AMBROS)

BRAIN, THE / THE HUMAN PUMP - 7286 Two programs on one video. *The Brain* (25 min.) and *The Human Pump* (25 min.)

GLANDS AND HORMONES / MUSCLE AND BONE - 7287 Two programs on one video. *Glands and Hormones* (25 min.) and *Muscle and Bone* (25 min.)

SKIN / DEFEND AND REPAIR - 7288 Two programs on one video. *Skin* (25 min.) and *Defend and Repair* (25 min.)

TASTE AND SMELL / SEX / THE FOOD MACHINE

- **7289** Three programs on one video. *Taste and Smell* (25 min.); *Sex* (25 min.); and *The Food Machine* (25 min.)

VIRTUAL REALITY / NOW HEAR THIS - 7290 Two programs on one video. *Virtual Reality* (25 min.) about eyes and vision and *Now Hear This* (25 min.) about hearing and balance.

BODY MASS INDEX - 7478

2-videos color 180 min. 2002 Professional
Intended for WIC professional staff. Teleconference presented March 1, 2002. Trains new procedures of measuring stature. Describes new growth charts. Explains Body Mass Index (BMI) and how to find this measurement. (WIC)

BODY MECHANICS: YOU AND YOUR NECK AND BACK - 5708

video color 16 min. 1987 SrH-A
Explains that people often use postural muscles, which are slow-responding muscles that support the spine, when they should be using their dynamic muscles. Dynamic muscles are quick-responding muscles which are good for reaching, lifting, carrying, pivoting, pushing, and pulling. Use of dynamic muscles makes strain in the neck and back is less likely. (ALTSCH)

THE BODY'S DEFENSES AGAINST DISEASE - 6270

video color 24 min. 1996 I-JrH
Describes the various parts of the human body involved in fighting both viral and bacterial diseases. Includes a short history on the importance of good hygiene in the prevention of disease. Explains how vaccines and antibiotics function. Shows conditions, such as hay fever, rheumatoid arthritis and AIDS, which result from failures in the immune system. (RAINBO)

BOMBED! - 7316

video color 28 min. 1996 JrH-SrH
Illustrates in graphic detail the many legal, medical, and emotional troubles that accompany teens who drink. During a typical spring break in Florida police describe how teen judgment is impaired by drinking. Documents the emergency room treatment of a teen with alcohol poisoning. A teen in recovery tells of the serious consequences of heavy drinking. Some situations relating to the negative effects of alcohol use are disturbing to younger viewers. Video should be previewed before showing to younger teens. (HUMRE)

THE BONE SHOW - 6268

video color 22 min. 1996 I
Explains many facts about bones, skin, and muscles using a TV interview-style show. Includes how bones heal, the physiology of the three skin layers, and voluntary and involuntary muscles. (PYR)

BONES IN ACTION 1 - 6737

video color 15 min. 1984 JrH - SrH
Provides a practical explanation of the skeletal motion through the use of x-ray examination and mechanical models. Different

joints are examined along with the muscle movement necessary for bone action. (ALTSCH)

BONES IN ACTION 2 - 6738

video color 15 min. 1985 JrH - SrH
Discusses the parts of the skeleton that provide protection for important, vulnerable organs of the body, including the rib-cage, skull, and the pelvic girdle. Teaches that the bones of the skeleton are not simply inanimate protective supports, levers and casings. Explains that bone comprises a living part of the body and must have a blood supply and be able to repair itself if damaged in an accident. (ALTSCH)

BORDER VISIONS / VISIONES FRONTERIZAS - 7237

video color 56 min. 2000 A, Professional
In English and Spanish, using subtitles for the other language. Documents the environmental consequences of the economic boom occurring along the 2,000 miles of United States/Mexico border. Includes illegal hazardous waste disposal, wildlife and forest exploitation, contaminated drinking water, and health-threatening levels of air pollution. Describes the bilateral program called Border 21 in which communities on both sides of the border, including indigenous peoples, are asked to help decide their quality of life. (ATP)

BORN HOOKED - 4521

video color 13 min. 1977 A
Stresses the need for prenatal care of mothers addicted to heroin or methadone and deals with the impact of withdrawal on the newborn. (MDIME)

BOW WOW OW - 7908

video color 8 min. 2003 K-P
This video teaches children how to act responsibly and safely when interacting with dogs. Using a combination of animation and live action, it provides basic information on dog communication. More than 12 common situations where children could have a negative experience with dogs are shown. This program is recommended for children 4 to 9 years of age. (NAHEE)

BOY TO MAN (3rd ed.)

English-6116; Spanish-6161
video color 19 min. 1992 I-JrH
Presents the physiological changes of adolescence in boys. Reproductive systems of both male and female are explained in animation. Stresses individual differences and good hygiene. For audiences of boys. (CHURCH)

BRAIN ATTACK - DV0186

DVD color 28 min. 2000 A
This program follows the cases of two victims of stroke: a pregnant woman who suffered an ischemic stroke just two weeks before her baby was due, and a healthy middle-aged man who experienced a cerebral hemorrhage as he was preparing for work. (AQUARI)

BRAIN ATTACKS: ALL ABOUT STROKES - 6356

video color 27 min. 1995 A, Professional

Describes personal accounts from stroke patients and professionals. Describes warning signs, risk factors, and medical advances. Emphasizes that early detection is necessary for full recovery. (AQUARI)

BRAIN SCANS: ALCOHOL AND THE TEENAGE

BRAIN - 7509

video color 23 min. 2001 JrH-SrH

Describes the special health risks of alcohol including impaired brain function. Explains the short-term and long term effects on the adolescent brain. Shows the effects of binge drinking. Demonstrates skills for avoiding peer pressure to drink alcohol. Provides facts about alcohol to debunk commonly believed myths. (HUMRE)

BREAK YOUR BEHAVIOR CHAINS - 4881

video color 13 min. 1990 SrH-A

Helps people to analyze what situations cause them to overeat and shows how to break these behavior chains. (NATLH)

BREAKFAST: MOST IMPORTANT MEAL OF THE DAY (closed captioned) - DV0106

DVD color 21 min. 2003 SrH

Eating a healthy breakfast is the key to a productive day. Benefits include greater physical stamina, better concentration at school or work, and a more efficient metabolism. Breakfast is the meal most likely to be skipped by all age groups. This video brings home the importance of the day's first meal by exploring the numerous mental and physical benefits of a nutritious breakfast. Viewers will understand the relationship between eating and metabolism, specifically between breakfast and blood-sugar levels. The kinds of foods that best fuel the body in the morning are also listed. (MEC)

BREAKING THE CHAIN OF NOSOCOMIAL INFECTIONS: PNEUMONIA - 6349

video color 15 min. 1992 A, Professional

Provides information about the diagnostic strategies, risk factors, control measures, and clinical management techniques for nosocomial pneumonia infections. Discusses the primary pathogens responsible. (MEDCOM)

BREAST CANCER: A COMMON RISK (English/Spanish) - 6563

video color 14 min. 1994 A

A series of short vignettes highlighting issues related to breast cancer risk, breast health, fear and misconceptions, accessing medical services, the family's role in medical care and breast cancer treatment. (KOMEN)

BREAST CANCER AT TIME OF DIAGNOSIS-(closed captioned) - 7783

video color 30 min. 1996 A

Illustrates breast anatomy, cell division, and cancer development. Explains the terminology used in diagnosis and the different types of surgery and treatments for breast cancer. (TLMED)

BREAST CANCER: KNOW THE FACTS, KNOW FOR

SURE - 7087

video color 13 min. 1998 SrH-A

Explains and demonstrates in detail the three keys to early detection of breast cancer: mammogram, clinical breast exam, and breast self-exam, also known as BSE. (CRW)

BREAST CANCER PREVENTION AND TREATMENT - DV0029

DVD color 20 min. 2001 A

This program presents a concise overview of critical concerns and issues regarding breast cancer, a disease that affects one in five women. In a logical format using computer graphics and footage with real patients, the program addresses the general pathology of cancer, the specifics of breast cancer, and the various risk factors. A segment on self-examinations clearly demonstrates how these potentially life-saving checks are performed, explaining how they are the key to early detection. Treatment options are fully explained and illustrated, including chemotherapy, mastectomy, and reconstructive surgery. (KIN)

BREAST SELF-EXAM - 6555

video color 11 min. 1994 SrH - A

Explains why it is important for women of all ages to do a monthly breast self-exam. Shows how to do the exam, and discusses how often women of different ages should get a mammogram. (MDA)

BREAST SELF-EXAMINATION (Spanish/English) - 7390

video color Span-11 min., Eng-11 min. 1997 A

Examines the importance of early detection and explores the overall risk of breast cancer within the different age groups, as well as the increased risk within different ethnic and socioeconomic groups. Demonstrates how different women can perform this self-examination. (GLAXO)

BREASTFEEDING AND KANGAROO CARE FOR YOUR NICU BABY - 7107

video color 9 min. 1999 SrH-A

Demonstrates the benefits of skin-to-skin care (kangaroo care) and breastfeeding for the premature infant even while in the hospital neonatal unit. Explains that breast milk helps premature infants develop more quickly. (INJOY)

BREASTFEEDING AND RETURNING TO WORK (English/Spanish) - 7718

video color Eng-14 min., Span-14 min. 2003 SrH-A

Highlights the benefits for babies, mothers and employers when women continue to breastfeed when they return to work. Discusses the importance of planning and the commitment to breastfeed before the baby is born. Shows worksites that have private, dedicated spaces where women can use breast pumps. (EAGLE)

BREASTFEEDING AND THE FAMILY (English/Spanish) - 6609

video color Eng-14 min., Span-12 min. 1997 SrH-A

Profiles several diverse families and presents some of the barriers, questions, and support the extended families bring to the breastfeeding couple. Briefly describes how one couple

cope with the effects of the postpartum period. (WIC)

BREASTFEEDING AND WORKING... IT'S WORTH THE EFFORT (English/Spanish) - 5466

video color Eng-12 min., Span-12 min. 1994 A

Designed for breastfeeding mothers concerned about returning to work or school. Presented by women who have successfully combined working and breastfeeding. (WIC)

BREASTFEEDING: ANOTHER WAY OF SAYING "I LOVE YOU" - 7105

video color 17 min. 1997 SrH-A

Shows WIC clients that breastfeeding is the healthiest choice. Demonstrates how to breastfeed comfortably and discreetly. Explains how mothers can lead busy lives and still breastfeed. (MSDH)

THE BREASTFEEDING GAME (closed captioned) - 7110

video color 22 min. 1999 SrH-A

A game show format which dispels the myths and promotes the benefits of breastfeeding. (INJOY)

BREASTFEEDING: THE HOW-TO, CAN DO VIDEO English-6771; Spanish/English-7604

video color Eng-32 min., Span-32 min. 1998 SrH-A

Gives information on what to expect the first few days of breastfeeding a new baby. Gives a simple explanation of how the breast produces milk. Correct positioning and latch-on are demonstrated. Five keys to successful breastfeeding are identified. Information on infant feeding cues, how long to nurse at each breast and the frequency of nursing are covered. Also explains how to tell if your baby is getting milk from the breast, colostrum benefits, burping, first feedings, and baby's stages of alertness. Discusses engorgement and breast massage, mom's diet, and how to tell if baby is getting enough milk. Provides information on resources to call if help is needed. (6 min.) Explains how dads can help with breastfeeding. The Texas Department of State Health Services does not endorse any particular brand or product. (VIDA)

A BREATH OF FRESH AIR (closed captioned) - 7320

video color 22 min. 1996 I-JrH

Explores the respiratory system. Explains what happens when food goes down the wrong way and the use of the Heimlich maneuver. Describes yawning, hiccuping, sneezing, and hyperventilation. Discusses breathing problems such as asthma, bronchitis and pneumonia. (PYR)

BRUSH UP ON HYGIENE (closed captioned) - DV0407

DVD color 20 min. 2008 E1

Young viewers learn about cleanliness and good hygiene with zany host, Dr. Tidy. Proper hand washing becomes fun in "The Top Five Times to Wash Your Hands". Tackle oral hygiene with a Germ-Cam eye view of enamel, plaque, cavities and bad breath. This program also covers: What are germs? How do they spread? Why do little kids need a daily regimen for their skin and hair? What causes body odor? What makes gym socks so stinky? Do I really have to wear clean clothes every day?

This humorous presentation has practical, age-appropriate hygiene tips, and delivers the message that keeping your body clean is an important part of staying healthy and feeling good about yourself. (HUMRE)

BRUSHING AND FLOSSING - 4426

video color 8 min. 1987 P-A

Teaches the proper care of teeth, by showing proper brushing and flossing techniques. (DVI)

BRUSHING WITH DUDLEY AND DEE DEE - 5735

video color 6 min. 1994 K

Designed especially for preschoolers, this video features Dudley's magical way of teaching Dee Dee how to brush and floss correctly. (ADA)

BUCKET TRUCKS - DV0171

DVD color 6 min. 1997 A

Bucket trucks allow workers to gain access to heights, but also require attention to safety. To help avoid risks such as falls and exposure to electrical hazards, learn and follow safe work practices. (SAFETY)

BUILDING INFRASTRUCTURE TO PROTECT THE PUBLIC'S HEALTH (closed captioned) - 7398

video color 118 min. 2001 Professional

Teleconference presented September 21, 2001. Various state and federal health officials discuss the public health infrastructure necessary for the national defense. Describes the responses of various health agencies to the events of September 11, 2001. (ASTHO)

BULKING UP: THE DANGERS OF STEROIDS - 4502

video color 23 min. 1990 SrH-A

Examines the consequences of anabolic steroids to build up the body and enhance personal appearance which has reached epidemic proportions among both athletes and the general population. Includes both the short- and long-term risks and problems. (AIMS)

BULLYING BEHAVIORS: INVESTIGATING MYTHS AND FACTS - DV0693

DVD 25 min 2005 JrH

This program was filmed in Australia. This program explains to junior high students what bullying is and the many different forms it can take including cyberbullying. It also provides students with a range of coping mechanisms and strategies.

BULLYING THERE'S ALWAYS A WAY OUT - DV0673

DVD color 30 min. 2011 JrH-SrH

Junior High and High School students present real-life scenarios of bullying, including bullying through the internet, texts and video. Difficult and distressing situations in a variety of settings are addressed, followed by both unproductive actions and resolutions that work. This program covers bullying from its painful beginning to its peaceful end.

BULLYING: YOU DON'T HAVE TO TAKE IT ANYMORE - 7511

video color 22 min. 2001 JrH, A
Presents two dramas involving bullying situations. Explores positive and negative ways to react in such a situation. Shows that bully behavior is wrong and that no one has to accept it. Explains how to develop anti-bully tactics for a whole school. (HUMRE)

BURN EMERGENCY - 4811

video color 24 min. 1977 Professional
Shows step-by-step care for burn victims until treatment can begin at a hospital or burn center. An actual emergency treatment team demonstrates how to identify and treat thermal burns, electrical burns, and chemical burns and how to assess the degree and burn damage. (PYR)

A BURNING ISSUE: IS YOUR FAMILY SAFE?/UN ASUNTO CANDENTE: LA PROTECCIÓN DE SU FAMILIA (English/Spanish) - DV0436

DVD color Eng 30 min., Span 30 min. 2003 A
Hosted by Good Morning America's Ron Hazelton, this comprehensive DVD addresses fire prevention, smoke alarms, escape planning, and home fire sprinkler systems. (HSC)

BURNS - 4769

video color 12 min. 1980 JrH-A
A quick cigarette while he cleans some paint brushes and suddenly Jack's arm is on fire. Rita's quick action and proper use of materials at hand prevent this accident from being even more disastrous. Burns caused by chemicals are also illustrated and their immediate treatment is explained. Details the identification of the different types of burns and the severity and care of each. (ALTSCH)

BURPING THE BABY - 4383

video color 18 min. 1986 SrH-A
Limited to use by WIC Programs. Shows burping techniques that can settle fussy baby behavior and solve some breastfeeding problems. Demonstrates four techniques of burping. Parents are taught how to tune into babies' cues to tell when they need to burp. Involving the father with burping not only points out the anatomic differences between male and female shoulders, but shows how fathers can help with breastfeeding. (FRANTZ)

BUS PERSONS DISHWASHERS AND JANITOR SAFETY HOSPITALITY

English-DV0278; Spanish-DV0279

DVD color 14 min. 2005 Adult
Hospitality workers encounter a significant amount of daily risk in their jobs. This program illustrates the correct procedures for avoiding back injury; cuts and burns; and slips and falls. Safe lifting techniques are demonstrated. (TTN)

BUZZ IN A BOTTLE: DANGERS OF CAFFEINE-SPIKED ENERGY DRINKS (closed captioned) - DV0558

DVD color 17 min. 2010 A
This program describes the many physical effects that these concoctions have including dizziness, fainting, heart palpitations, caffeine poisoning, headaches, fatigue, diminished

concentration, anxiety, insomnia, shaking, nausea, and high blood pressure. Even more alarming is the trend of mixing these beverages with alcohol, thus allowing users to drink more alcohol than they normally would and putting them at a greater risk for alcohol poisoning. (HUMRE)

BYSTANDER CARE: THE FIRST LINK IN THE CHAIN OF SURVIVAL - 6778

video color 26 min. 1995 SrH-A
Intended for Native American audiences. Intended to encourage involvement of bystanders when emergencies occur before the EMS arrives. Stresses the importance of recognizing an emergency; deciding to act; contacting EMS quickly; taking precautions to prevent further injuries; assessing the victim's injuries; and providing life-sustaining care. Suggests supplies to have available in a bystander first aid kit. (NHTSA)

CAGE THE RAGE - DV0292

DVD color 23 min. 2007 JrH-SrH
The acronym C.A.G.E. stands for Calm down, Assess the situation, Gage the alternative, Empower yourself. By viewing this program, students will (1) see how to identify anger in themselves and those around them; (2) understand why mismanaged anger is so destructive; (3) discover how anger gets repressed, and the bodily and mental illnesses that may result from it; and (4) learn to release anger and express emotions in an acceptable and positive way using the C.A.G.E. method. Scenarios are included in which students model first unhealthy and then healthy behaviors. Candid interviews with experts and teens are also included. (KINETI)

CALIFORNIA BIRTH DEFECT MONITORING PROGRAM: PREVENTING BIRTH DEFECTS THROUGH RESEARCH - 7249

video color 10 min. 1995 A
Introduces the work of the California Birth Defects Monitoring Program, which is a public health program devoted to finding causes of birth defects. (CBDM)

CALIFORNIA DREAMS: HARLEY AND THE MARLBORO MAN - 6332

video color 21 min. 1994 JrH
Episode of the NBC television sitcom, *California Dreams*, titled "Harley and the Marlboro Man." One of the characters, Jake, starts smoking after working on a motorcycle with his uncle who smokes. His friends help Jake try to quit. Uncle Frank discloses he is dying from cancer. (NBC)

CAN BUILDINGS MAKE YOU SICK? (closed captioned) - 7530

video color 60 min. 1995 A
Takes a look at Sick Building Syndrome, reviewing some of the things in buildings that can make a person sick. It looks at the common complaints such as tiredness and headaches that aren't severe but are widespread throughout the building and that go away when the person is not in the building. (PBS)

CAN YOU KICK IT - 7835

video color 16 min. 1994 SrH

This humorous intervention video is narrated by two members of YAPUT (Young Asian Pacifics United Against Tobacco) who educate their friends on the dangers of smoking and encourage them to stop. Discusses tobacco industry's targeting of Asian/Pacific Islander communities, as well as ways for teens to counter tobacco industry influences. (TECC)

CANCER: A PERSONAL JOURNEY: NOTES FROM THE EDGE - 7376

video color 49 min. 1998 A

Documents the last two years in the life of a 29-year-old physician diagnosed with cancer. Uses interviews filmed during his illness as well as excerpts from a diary he kept during the illness. Shows how his family and colleagues enhanced the quality of living in his dying. (GLAXO)

CANCER STORY PREVENTION AND SCREENING: NEW CANCER DEFENSES (closed captioned) - DV0353

DVD color 59 min. 2004 A, Professional

This DVD examines the risk for cancer. It profiles a man with smoking related cancer of the larynx and two men with prostate cancer. The genetic predisposition for cancer is explained. It emphasizes the importance of colon cancer screening. Viewers also learn about lifestyle choices they can make to reduce the risk of developing this disease. (FFH)

CANCER STORY: WHAT IS CANCER (closed captioned) - DV0352

DVD color 57 min. 2004 A, Professional

This DVD provides a primer on how cancer begins and grows. Using animation and interviews with medical experts, the program explains normal cell behavior and cancer etiology within a dramatized story of a cancer patient undergoing diagnosis and treatment. (FFH)

CAPTAIN K.I.D.: STOP! STOP! STOP! THAT CIGARETTE - 6327

video color 23 min. 1990 K-EI

Captain K.I.D. and friends entertain children while teaching them values and helping them to recognize and avoid hazardous situations in everyday life. (DIAMON)

CAR SEATS: HOW TO PROTECT YOUR CHILD FROM BIRTH TO TEN

English-DV0142; Spanish-DV0143

DVD color 36 min. 2004 SrH-A

This DVD program demonstrates the latest safety recommendations and shows parents how to install a range of car seats. (FFH)

CARBOHYDRATE COUNTING FOR PERSONS WITH DIABETES - 6939

video color 17 min. 1996 A

Explains how adults with diabetes can manage the disease by counting carbohydrates using the food package nutrition labels and the revised exchange system. Emphasizes that eating the

same amounts of carbohydrates at the same meals daily can help stabilize the amount of insulin needed. (NATLH)

CARBON MONOXIDE SAFETY AND HEALTH REQUIREMENTS - 4909

video color 13 min. 1991 A

Explains what carbon monoxide poisoning is, and how to reduce the effects of this health hazard. Almost every industry is exposed to carbon monoxide, but not enough attention is paid to its effects. (DONBR)

CARBS FOR KIDS-COUNT THEM IN: THE CONSTANT CARBOHYDRATES DIET - 6938

video color 17 min. 1999 JrH-A

Explains the recommended diet for the child with diabetes based on three main goals: minimizing the difference in eating habits concentrating mainly on the timing of the meal and the portion size; allowing for normal growth and development of the child; and balancing foods and insulin. Explains the diabetes exchange list and the nutrition facts food label. (SCOTT)

CARBUSTERS SERIES

video color see running times below 1990 Professional
Each video is part of a two-hour module covering different aspects of extrication. Each video comes with a packet containing a teaching outline, manuscript of the videotape, quizzes, and practical and tactical drills. (AMERS)

CARBUSTERS #1: PRINCIPLES OF

EXTRICATION (2nd ed.) - 4817 (35 min.) Focuses on safety, and reducing extrication time to under 15 minutes. Creates the foundation for the rest of the series, presenting the elements common to every extrication, and solutions. Traditional frames vs. unibodies vs. space frames can affect extrication attack.

CARBUSTERS #2: TECHNIQUES OF

EXTRICATION (2nd ed.) - 4818 (35 min.) Stressing options, shows safe techniques of moving metal from patients. Demonstrates extensive use of heavy hydraulic tools. Every evolution from removing glass to flapping the roof to displacing doors is shown in different ways on numerous vehicles.

CARBUSTERS #3: HAND TOOLS AND PNEUMATICS (2nd ed.) - 4819 (45 min.)

Complete extrication using hand tools exclusively demonstrate options. Sometimes patients can't wait for power tools to arrive. Properly used, hand tools can be just as effective as powered tools in many situations.

CARDIOVASCULAR NUTRITION - DV0305

DVD color 21 min. 2007 A

This program contains guidelines on how nutrition and exercise can optimize cardiovascular health. It shows how to use food labels to help follow the guidelines. Factors, such as omega3 fatty acids, and trans fats are discussed. (KINETI)

CARE AND PREVENTION OF PRESSURE ULCERS -

5426

video color 18 min. 1987 A

Explains which patients are at high risk for pressure ulcers. Describes how to prevent them, the progressive stages of the ulcers and how to care for patients that have developed pressure ulcers. (FGH)

CARE OF THE (INSENSITIVE) FOOT - 7025

video color 18 min. approx. 1977 Professional

Shows the recommended protocol of the National Hansen's Disease Center in assessing and treating insensitive feet as seen in diabetes or Hansen's disease. Shows a physical exam, sensory testing, footprint studies, temperature measurement, and the selection of modified footwear. (GWLHDC)

CAREGIVER ISSUES - 5597

video color 33 min. 1990 A, Professional

Caregivers of dementia patients need to take good care of themselves and seek support from family and friends and helping organizations. Discusses the impact of diagnosis on the family, how to handle feelings, most common caregivers, and how to plan for care needs. Covers the decision process for placement of the patient in a nursing home, and the points the family needs to discuss with the nursing home staff. (TERRA)

CAREGIVER'S GUIDE TO ORAL HEALTH - 5026

video color 30 min. 1992 A, Professional

Designed for use by families of people with disabilities, staff of long-term care facilities, hospital staff, staff of licensed home health care agencies, teachers of children with disabilities, and staff of agencies that provide services for people with disabilities. Emphasizes practical methods and the use of readily available equipment. Stresses the use of universal precautions, the establishment of an individualized oral health routine, provision of oral hygiene care at least once a day, and planning routine patient oral exams and treatment. (ISDH)

CAREGIVING: PERSONAL CARE

English DVD-DV0036; Spanish VHS-7927

DVD/video color 35 min. 2003 A, Professional

This video provides information about providing personal care in a way that honors an individual's preferences and dignity. Topics covered include the use of correct body mechanics, infection control, correct handwashing, privacy and modesty issues, safety, independence, oral hygiene, and denture care. Personal grooming topics such as dressing, nail care, laundry, shaving and hair care are also covered. (HAC)

CARING FOR PEOPLE WITH DEMENTIA - DV0308

DVD color 18 min. 2006 Professional

Viewers are introduced to the topic of dementia. They learn about common behaviors in patients with dementia and how to manage those behaviors. They also learn how to care for a person with this illness and how to cope with the stress of caring for such a person. Nursing assistants are shown assisting patients who have problems with eating, aggression, scavenging and wandering. (LIPP)

CARING FOR SOMEONE WITH MID TO LATE STAGE ALZHEIMER'S DISEASE - DV0205

DVD color 43 min. 2005 Professional

People in mid to late stages of Alzheimer's may have difficulty expressing their needs in words, may be less able to reason and may be unaware of what is socially appropriate. This DVD covers changes that occur in this stage of the disease. Topics include core principles of care, tolerance levels, naps, sexuality and intimacy, pain management and incontinence. (HAC)

CARING FOR THE ELDERLY RESIDENT WITH DIABETES IN A LONG TERM CARE FACILITY - 7009

video color 30 min. 1998 A, Professional

Defines diabetes and provides a list of the symptoms and causes of hypoglycemia and hyperglycemia. Explains what to do to stabilize the blood glucose level and why this is harder in an elderly patient. Discusses the risk factors, treatment, and prevention of HHNC coma. Stresses the importance of prevention in regard to pressure ulcers or other skin care problems and problems with the feet. (WVDCP)

CARING FOR YOUR FEET (long version) - 7073

video color 42 min. 1996 A, Professional

Contains three programs on one video. *LEAP-Lower Extremity Amputation Prevention* (13 min., Professional) health care professionals endorse the use of the LEAP program at the Jackson, Mississippi, Comprehensive Health Center. *Foot Screening: The Carville Approach* (13 min., Professional) step-by-step use of the annual foot screening and use of the related form. *Caring for Your Feet* (15 min., Adult) provides information for the diabetic in the day-to-day care of the feet based on three parts: daily self-inspection, skin care and hygiene, and footwear selection. (GWLHDC)

CARING FOR YOUR FEET (short version) - 7092

video color 15 min. 1996 A

Provides information for the diabetic in the day-to-day care of the feet based on three parts: daily self-inspection, skin care and hygiene, and footwear selection. (GWLHDC)

CARING... SHARING: THE ALZHEIMER'S CAREGIVER - 5811

video color 38 min. 1987 A

Examines what it means to be the caregiver of an Alzheimer's patient—the frustrations, the fears, the day-to-day loneliness, stress, anger, and guilt. Also examines moments of joy in which caregivers sometimes find themselves growing in surprising ways, developing strengths they never knew they had. Shows how they become valuable sources of help for one another in support groups, sharing ideas, solving problems, and helping each other. (FANLIG)

CARVED FROM THE HEART - 7947

video color 30 min. 1997 A

Stan Marsden, a Tsimshian wood carver, loses his son to a cocaine overdose. Grieving, he decides to create a totem pole in his son's memory and invites the town of Craig, Alaska, to help. This documentary also explores the topic of suicide.

(NEWDAY)

THE CASE FOR EARLY NEUTERING - 7378

video color 20 min. 1995 A, Professional

Answers questions for human societies and veterinarians who are asked to consider spaying and neutering for puppies and kittens as early as 6-8 weeks of age. (AMHA)

CASE HISTORY #1: STAPHYLOCOCCUS AUREUS (SAUCES) - 4209

video color 10 min. 1987 A

Presents guidelines for safe preparation and storage of sauces. Recreates a food poisoning incident which occurred in 1983. Shows step-by-step how two different types of sauces were prepared and stored in preparation for the evening rush of customers. (ALTSCH)

CASE HISTORY #2: HEPATITIS "A" - 4210

video color 10 min. 1987 A

Illustrates the potentially tragic consequences of poor personal hygiene. Frank, in training at a restaurant in New Jersey, reports to work feeling ill. He continues to work despite his illness and does not wash his hands after going to the bathroom. He consequently infects the food he prepares. Over the next three weeks, 56 people become ill with hepatitis. (ALTSCH)

CASE HISTORY #3: STAPHYLOCOCCUS AUREUS (MEATS) - 4211

video color 10 min. 1987 A

Illustrates how proper personal hygiene can prevent the contamination of meat. Lyle was not feeling well but continued to work, sneezing periodically. He finished preparing the roast and gravy long before it was to be served and stored them in a warming table. The bacteria he introduced into the gravy and meat were allowed to grow in the warming table, which was not kept at a sufficiently high temperature. (ALTSCH)

CASE HISTORY #4: BACILLUS CEREUS - 4212

video color 10 min. 1987 A

The kitchen staff at a Chinese restaurant prepared a large amount of the dish which was to be the lunch special. After twelve customers became ill, it was discovered that they had all eaten rice with their meals. Laboratory tests confirmed that the rice had become infected with *Bacillus cereus*, which had been allowed to live and multiply in holding tables which were not kept at a high enough temperature. (ALTSCH)

CASE HISTORY #5: SALMONELLA (EGGS) - 4213

video color 10 min. 1987 A

Recreates an outbreak of salmonella poisoning which occurred in 1984. Shows step-by-step how 300 portions of a dessert containing eggs were improperly prepared. (ALTSCH)

CASE HISTORY #6: CAMPYLOBACTER - 4214

video color 10 min. 1987 A

Campylobacter is a rare type of food poisoning. The vital importance of proper pot washing techniques is shown. The dishwasher uses water that is not hot enough for cleaning the

pots and pans, uses insufficient disinfectant in the rinse water and allows the pots to be used before drying. All of these practices allowed campylobacter to grow and to poison 330 diners. (ALTSCH)

CASE HISTORY #7: CLOSTRIDIUM BOTULINUM - 4215

video color 10 min. 1987 A

The bacterium, *Clostridium botulinum*, secretes a very dangerous toxin which attacks the nervous system. Botulism cases can be serious and may even be fatal. The bacteria need an anaerobic (airless) environment in order to multiply. Simple precautions prevent the formation of such an environment. (ALTSCH)

CASE HISTORY #8: SALMONELLA (MEATS) - 4216

video color 10 min. 1987 A

Examines an outbreak of salmonella poisoning which occurred at a wedding in 1985. At first it was thought that the cause was chicken provided by the caterer. It was later discovered that the mother of the bride stored a tray of cold cuts in her car for several hours before serving the food to her guests. (ALTSCH)

CATARACTS - 6163

video color 30 min. 1996 SrH-A

Shows the effects, diagnosis and types of cataracts. Provides information concerning eye tests and gives options regarding the treatment and management of the condition. (TLMED)

CATARACTS AND VISION PROBLEMS - 6400

video color 18 min. 1994 SrH-A

Explains cataracts and how cataract surgery can improve vision in most cases. Describes the small-incision surgical procedure, using ultrasound vibrations. Covers other eye conditions including diabetic retinopathy, macular degeneration, and glaucoma. Stresses the importance of regular eye exams. (FFH)

CDC AND U.S. DEPARTMENT OF EDUCATION COLLABORATE TO HELP SCHOOLS PREPARE FOR POSSIBLE TERRORISM (closed captioned) - 7521

video color 120 min. 2002 Professional

Teleconference presented May 16, 2002. Provides updated information on biological, chemical, and radiological threats. Identifies appropriate actions for school and community personnel to take in the event of these threats. Describes the roles of partnering agencies in the case of a terrorist threat. (CDC)

CDC RESPONDS: BIOTERRORISM AND THE HEALTH CARE EPIDEMIOLOGY / INFECTION CONTROL TEAM - 7433

video color 87 min. 2001 Professional

Teleconference presented November 16, 2001. Presents an update on infection control recommendations to address threats or actual events related to bioterrorism. Included is a summary of the current investigation and an overview of practical preparedness guidance for health care epidemiologists and other health care professionals. (PHF)

CDC RESPONDS: CLINICAL DIAGNOSIS AND MANAGEMENT OF ANTHRAX - LESSONS LEARNED - 7434

video color 77 min. 2001 Professional
Teleconference presented November 29, 2001. Includes an overview of clinical diagnosis and treatment recommendations. A panel of experts from the Centers for Disease Control and Prevention (CDC) reviews recent guidance and lessons learned to better prepare local clinicians to respond to subsequent anthrax bioterrorism attacks. (PHF)

CDC RESPONDS: COPING WITH BIOTERRORISM- THE ROLE OF THE LABORATORIAN - 7413

video color 82 min. 2001 Professional
Teleconference presented November 9, 2001. Intended for laboratorians in hospitals, public health laboratories, and independent laboratories. Reviews the current bioterrorism related investigations, including how to triage, process, or refer clinical specimens. Describes the laboratory tests used to diagnose the current cases of anthrax infections in the U.S. Describes the structure of the Laboratory Response Network, and the rationale for Level A, B, C, & D laboratories. (CDC)

CDC RESPONDS: RISK COMMUNICATIONS AND BIOTERRORISM

(closed captioned)-7410; (no captioning)-7435

video color 90 min. 2001 Professional
Teleconference presented December 6, 2001. Intended for public health information officers and other public health professionals. Presents a framework to apply risk communication tools to effectively communicate a bioterrorism related risk to the public. Shows how to apply the CDC crisis and risk communication checklists to prepare public information announcements. (CDC)

CDC RESPONDS: UPDATE ON WEST NILE VIRUS FOR CLINICIANS AND LABORATORIAN (closed captioned) - 7595

video color 73 min. 2002 Professional
Teleconference presented August 8, 2002. Provides information on the pathogenesis, epidemiology, clinical diagnosis, and laboratory testing for West Nile virus infection. Reviews prevention strategies. (CDC)

CDC'S FUTURES INITIATIVE - 7842

video color 90 min. 2004 Professional
This video of a satellite program broadcast on April 12, 2004 provides information about the Futures Initiative, the strategic planning process that will shape the Center for Disease Control and Prevention's (CDC) future and serve as a catalyst for change in public health. Details about the tools needed to track the progress of the CDC Futures Initiative and information on how viewers can be involved in this initiative are also discussed. Presenters include Julie Louise Gerberding, Director, CDC and Ed Thompson, Deputy Director, CDC. (CDC)

CELEBRATE BIRTH

VHS-7190 (closed captioned); Spanish VHS-7876; DVD-DV0070

video/DVD color 41 min. 2000 A
Explains the Lamaze technique for childbirth. Composed of four segments: features the Lamaze class (18 min.); highlights the labor and delivery of three women (7 min.); details the labor and delivery of one woman while talking about the function of the doula (8 min.); demonstrates exercises and movements to practice during pregnancy to minimize any discomfort (8 min.). (INJOY)

CELEBRATING 30 YEARS OF TEXAS WIC - DV0043

DVD color 24 min. 2004 A
This is a summary of the history of the Texas WIC program. It consists of interviews with WIC directors and other WIC staff members who reminisce about the beginnings of the WIC program. The interviewees share many humorous and uplifting anecdotes about WIC through the decades. (WIC)

CELLULAR PHONES AND TWO-WAY RADIOS - 7551

video color 7 min. 2000 A
Provides safety information to heed while driving and using a cell phone or two-way radio. (SAFETY)

CEREBRAL PALSY: WHAT EVERY PARENT SHOULD KNOW - 5343

video color 19 min. 1991 A
Covers the causes, symptoms, and possible treatments of cerebral palsy, including the relationship between physical and mental handicaps, and the role of medications and physical therapy. Animation illustrates the area of the brain damaged by cerebral palsy. The medical director of the United Cerebral Palsy Association lists such causes as complications during childbirth and infant head injuries. Selective posterior rhizotomy surgery is examined. (FFH)

CERVICAL CANCER - 5012

video color 10 min. 1987 JrH-Professional
Helps health professionals teach women how to minimize their chances of contracting this deadly disease. Using computer graphics, helps viewers understand how Human Papilloma Virus (HPV) causes cancer cells to develop in the cervix and how cellular abnormalities are treated. Explains who is at risk, when the cervix is most vulnerable to infection, how to reduce the risk of infection, and why regular examinations are essential. (PYR)

CESAREAN BIRTH - 5355

video color 12 min. 1992 SrH-A
Follows a mother through her cesarean birth experience from the beginning through recovery. It answers questions and concerns regarding cesarean birth, such as the reasons for a cesarean birth, surgical preparations, and anesthesia. Covers normal recovery symptoms and when the patient should call her doctor. (MILNER)

CHAIR FITNESS BALANCE AND POSTURE VOL. 3 - DV0333

DVD color 34 min. 2000 A

This volume eases viewers up and out of their chairs. The chair is still used throughout the session. These exercises are designed to enhance balance, increase standing tolerance and improve posture. (HILINE)

CHAIR FITNESS SERIES VOL. 1 - DV0331

DVD color 65 min. 1998 A

This program offers a two day plan of 30 minutes each. The host, Blanche Back, leads viewers through broad movements and progressive strength training. She uses free weights for added resistance and shows how to make your own ankle weights at home. This workout focuses on core strength and flexibility. (HILINE)

CHAIR FITNESS SERIES VOL. 2 - DV0332

DVD color 65 min. 1998 A

This program offers a two day plan of 30 minutes each. The host, Blanche Back, leads viewers through broad movements and progressive strength training. She uses free weights for added resistance and shows how to make your own ankle weights at home. This workout focuses on core strength and flexibility. (HILINE)

CHANGING THE WAY DIABETES IS TREATED (English/Spanish) - 7012

video color Eng-8 min., Span-8 min. 1998 A

Discusses the seriousness of diabetes and the complications it can cause. Explains the goals of the National Diabetes Education Program to educate the public and to help control diabetes and prevent its complications. (USDHHS)

CHEMICAL LABELS IN THE LABORATORY – DV0615

DVD color 19 min. 1987 A, Professional

Describes an in-house laboratory chemical labeling system which complies with the Texas Hazard Communication Act. Physical hazards, health hazards, and target organ effects are defined. Examples of chemical labeling systems used by some manufacturers are also reviewed. (TDHLAB)

CHEMICAL SAFETY (Long Island)

English DVD-DV0228; Spanish VHS-6205

color 9 min. 1996 A

Stresses the importance of reading labels. Explains various chemical hazards: toxics, corrosives, flammables, reactives. Describes the routes of chemical entry into the body. Provides safety tips for handling, storing and disposing of chemicals. (LONGI)

CHEMICAL SAFETY #1: PROPER HANDLING

English-4327; Spanish-5515

video color 19 min. 1985 A, Professional

Presents eight rules to follow when working with chemical substances. Covers the kinds of dangers chemicals can present, the importance of safety information, and the need to exercise good safety practices at all times. (TELA)

CHEMICAL SAFETY #2: HEALTH HAZARDS

English-4328; Spanish-5514

video color 20 min. 1985 A, Professional

Using the health hazard sections of a MSDS as a guide, explains: how chemical substances can affect human health; how harmful exposures can be avoided; and what emergency procedures should be followed when an accident occurs. (TELA)

CHEMICAL SAFETY #3: FIRE AND EXPLOSION

English-5516; Spanish-5517

video color 20 min. 1985 A, Professional

Addresses the subjects of fire and explosion as they relate to chemical substances. The characteristics of chemicals—flashpoint, reactivity, and vapor pressure—are demonstrated, and the safe handling and storage of potentially hazardous materials are stressed. (TELA)

CHEMICAL SPILLS: CONTROL PROCEDURES - DV0573

DVD color 7 min. 2001 A

This program stresses the importance of proper training, personal protective equipment, and appropriate material to contain and absorb minor spills. (SAFETY SHORTS)

CHEMICAL TERRORISM FOR HEALTHCARE - 7800

video color 13 min. 2004 A, Professional

Presents indicators of a chemical terrorism attack. Shows routes of exposure and symptoms of four classes of chemical weapons. Includes four levels of personal protective equipment and three goals of decontamination. (MEDFLM)

CHEMICAL TERRORISM PREPAREDNESS: THE BASICS - 7725

video color 150 min. 2003 A, Professional

Satellite broadcast Nov. 13, 2003. Lists potential chemical agents and modes of transmission that could be used in a domestic chemical attack. Describes short and long term medical consequences of human exposure to chemical agents; and explains the roles of the CDC, FBI, EPA, and Dept. of Defense in relation to chemical terrorism preparedness. (NLTN)

CHEMICAL THREAT AGENTS: THE COMMUNITY PERSPECTIVE (closed captioned) - 7683

video color 120 min. 2003 Professional

Teleconference presented May 21, 2003. Describes the four major chemical warfare agents; compares and contrasts the clinical features and management of sulfur mustard casualties, thermal burns, and epidermal necrolysis casualties; applies chemical warfare agent injury and medical management to populations other than healthy males, ages 18-50. (USAMRMC)

CHEMICAL THREATS: WHAT HAS HISTORY TAUGHT US? - 7696

video color 120 min. 2003 A, Professional

Teleconference presented Aug. 27, 2003. Describes the US military's experience with chemical warfare agents in World War I and chemical agents used in the Iran-Iraq War.

Describes how modern clinical protocols derive from battlefield experiences. Explains how the study of history can inform our responses today. (USAMRMC)

CHILD ABUSE - 5894

video color 22 min. 1995 A

Addresses generational patterns of family abuse and shows how these patterns set the stage for children to become perpetrators and victims of abuse in later life. Special attention is paid to the “shame-based” child and how parents can pass destructive patterns to their children. Dramatic vignettes show how therapists counsel victims of abuse and provide insight into the complex motivations of the perpetrator of abuse. Explores, the link between abuse and addiction. (ALTSCH)

CHILD ABUSE AND NEGLECT - 7893

video color 18 min. 2001 SrH-A

This program is aimed at teen parents, foster parents, step parents and grandparents. Viewers will learn what abuse is and how to change their own abusive behavior. They will also learn what to do if they suspect abuse is occurring. (KIDSAF)

CHILD OBESITY - 7596

video color 14 min. 1998 A

Discusses childhood obesity risk factors, obesity definitions, possible lifestyle and family changes that contribute to the problem, parental modeling strategies, and the need for support. (NATLH)

CHILD PASSENGER SAFETY VIDEO - 5487

video color 13 min. 1994 A

Shows the correct use of all types of child passenger safety seats. Explains in the simplest terms the differences in safety seats, choosing the right safety seat for any child, and the correct positioning of the seat and the child in the car. There are also helpful hints for parents on traveling with small children. (TXDOT)

CHILD SAFETY OUTDOORS-5716 (closed captioned)

video color 25 min. 1994 SrH-A

Narrated by John Stossel of ABC News “20/20.” Teaches the simple yet important steps that should be taken to prevent injuries to children outdoors. Teaches first aid tips for injuries that might occur in an automobile, on the playground, on the tricycle, or in the pool. (KIDSAF)

THE CHILD WITH SICKLE CELL DISEASE - 4921

video color 16 min. 1991 SrH-A

Covers the origins and incidence of the disease. Discusses four types of sickle cell disease and the differences between them. Explains symptoms, when a physician should be contacted, and which situations are life-threatening. (TDHBWC)

CHILDBIRTH - 5005

video color 22 min. 1991 Professional

Demonstrates when and how to assist the mother with delivering her baby. Contains actual delivery footage and demonstrations. Discusses normal deliveries and those with some complications. Shows how to evaluate the mother,

whether to transport or not, the three stages of labor, and the care of the newborn. (AMERS)

CHILDBIRTH: FROM INSIDE OUT Volume 1.

PREGNANCY/PRE-NATAL PERIOD - 4884

video color 78 min. 1989 SrH-A

Answers many of the questions of parents-to-be, enables them to formulate a list of concerns to discuss with their physician, and promotes a healthier, safer pregnancy. Includes information on amniocentesis and ultrasound, morning sickness and a review of drugs. (CAMBRI)

CHILDHOOD ASTHMA - 6423

video color 30 min. 1995 SrH -A, Professional

Teaches parents to work in partnership with the child’s health care team to develop a treatment plan; to help the child monitor his/her asthma at home. Encourages parents to involve school officials and other care providers in the management of the child’s asthma. Shows how to respond to the early warning signs of a flare-up; how to help the child identify and avoid asthma triggers. Stresses the importance of the child staying active. (MOSBY)

CHILDHOOD EPILEPSY WHAT YOU NEED TO KNOW - DV0679

DVD 81 min. 2008 A

This film provides an overview of childhood epilepsy, including different types of seizures; diagnostic procedures; treatment options; the impact of epilepsy on development and learning; safety; epilepsy in the family and community; stigma; and the benefits of encouraging a child's unique interests and talents.

CHILDHOOD LOST - 5718

video color 28 min. 1993 SrH-A

Looks at the devastating effects of physical, sexual, and emotional child abuse. Survivors and abusers tell their personal stories and efforts to heal themselves, and counselors examine the growing awareness of child abuse and its effect on child and adult survivors. (INTERM)

CHILDHOOD OBESITY: LILY FACES A PROBLEM

(English/Spanish) - 7440

video color Eng-12 min., Span-12 min. 997 SrH-A

By concentrating on improving nutrition rather than counting calories, Lily comes up with new ideas for satisfying meals and snacks, and stresses the importance of physical activity. She also cautions that concern over children's weight should never diminish their sense of being loved. (ALTSCH)

CHILDHOOD NUTRITION: PREVENTING OBESITY (English/Spanish) (English closed captioned) V. 1 & 2 - DV0156

DVD color Eng 37 min. Span 37 min. 2005 A

Volume 1: Feeding Your Baby Birth to 1 Year teaches parents about age-appropriate food choices for babies and the importance of positive, nurturing eating experiences. It covers breastfeeding and formula feeding; reading hunger and fullness cues; how and when to introduce solid foods; choking and allergies; self-feeding and family meals. Volume 2: Young

Children Eating Right Ages 1 to 6 covers the USDA's MyPyramid; making mealtime a positive experience; quick and healthy home made and fast food ideas; ways to promote exercise and limit TV; food safety and choking hazards. Captions provided for English language only. (INJOY)

CHILDREN IN CRASHES - 4644

video color 8 min. 1986 A

Dramatic crash test footage shows how unrestrained infants and children are injured in crashes and how children restrained properly are protected. The importance of using child restraints properly is illustrated. (IHS)

CHILDREN WITH DIABETES: A GUIDE FOR SCHOOL PERSONNEL - 6866

video color 21 min. 1999 A, Professional

Helps elementary school personnel to understand diabetes and the issues students face. Shows how to recognize and to handle diabetic emergencies. Emphasizes the importance of three daily meals and snacks for diabetic children. Explains that children need time to check blood sugar and take insulin while at school. Suggests that each school develop a health plan to meet the medical needs of the child with diabetes. (IDH)

CHILDREN WITH SPECIAL NEEDS: CULTURALLY DIVERSE FAMILIES - 4732

video color 30 min. 1987 A, Professional

Introduces the issues facing culturally diverse families. Deals with a variety of cultures. Shows professionals interacting with the families. (YAI)

CHILDREN WITH SPECIAL NEEDS: PARENT PROFESSIONAL COOPERATION - 4731

video color 30 min. 1987 A, Professional

Focuses upon special education, physical and occupational therapy and social work. Suggests ways parents can manage children with special needs. Makes suggestions for effective interaction between professionals and parents. (YAI)

CHILDREN'S HEADACHES - DV0187

DVD color 14 min. 2002 A

A headache specialist and a 12-year-old child with migraines discuss the ways to help a child, and the signs that mean it's time to see doctor. (AQUARI)

CHINESE RESTAURANT FOOD SAFETY

Cantonese Dialect-7362; Mandarin Dialect-7363

video color 20 min. 2000 A

Intended for staff who understand the Chinese dialects of Cantonese or Mandarin. Short segments cover the basics of cleaning and sanitation, proper food handling, proper storage, proper preparation, delivery, and employee hygiene. (SILVER)

CHLAMYDIA: THE HIDDEN DISEASE - 7178

video color 21 min. 1995 SrH-A

Examines the current knowledge and treatments for chlamydia. Most cases of infertility due to blocked fallopian tubes are caused by untreated chlamydia. Explains who is at risk, the

symptoms, long-term complications, and how the disease is diagnosed and treated. (CAMBRI)

CHLAMYDIA: THE SILENT STD (closed captioned) - 7750

video color 17 min. 2002 JrH-A

Examines current knowledge and treatments for chlamydia. It is considered a "silent" disease because diagnosis and treatment usually do not occur until the disease has migrated into the upper reproductive tract of women and caused pelvic inflammatory disease, which can cause infertility due to blocked fallopian tubes. Explains the symptoms, long-term complications, and how the disease is diagnosed. (NIMCO)

A CHOICE AMONG RISKS: PHYSICAL RESTRAINTS REJECTED - 5902

video color 28 min. 1991 A

Focuses on two nursing home residents restrained against their wishes, an experience leaving both feeling debased and humiliated. Highlights the ethical, legal, and health issues raised by restraining residents against their will. Examines actual cases to illustrate the negative outcomes of restrains and explores why the problems caused by restraints almost always outweigh any short-term benefits. (FANLIGHT)

CHOICE AND CHALLENGE: CARING FOR AGGRESSIVE OLDER ADULTS ACROSS LEVELS OF CARE - 6956

video color 22 min. 1998 A, Professional

Designed for nurses, nursing assistants, and other health care professionals and paraprofessionals. In a nursing home setting shows real life episodes of aggression in senior adults and discusses strategies for preventing and defusing such episodes. (TERRA)

THE CHOICE IS YOURS - 5353

video color 24 min. 1992 JrH-A

Shows the dilemmas faced by young people in social situations and how peer pressure, alcohol, and drugs affect their decision-making ability. Deals frankly with the issues of safer sex, abstinence, sexual orientation, sexually transmitted diseases, unplanned pregnancy and AIDS. Shows the consequences resulting from these casually-made decisions. (MEDGLD)

CHOICE OF A LIFETIME: EDUCATION BEFORE FATHERHOOD - 7340

video color 22 min. 1998 JrH-SrH

Encourages teens to delay fatherhood and emphasizes the link between education and fulfilling life goals. Takes a personal look at six young fathers in an urban community program. Shows the problems these young men must face daily. Shows how the Young Fathers Program improves their lives through education, community involvement, by providing role models, and by teaching them to deal with their feelings. (MEDGLD)

CHOICES: DRUGS OR ALCOHOL... LIFE OR DEATH - 5399

video color 19 min. 1991 JrH-A

Inmates at a women's correctional center as victims of drug dependency put their lives on display to prove a vital point: the choice to use drugs can lead to a life in prison, or worse, to death. Offers a hard-hitting look at how children can be seduced by the drug scene. Each young woman expresses her belief that children can choose to take control of their own lives before it is too late. (PYR)

CHOICES: THE GOOD, THE BAD, THE UGLY - DV0554

DVD color 15 min. 2007 SrH

Three boys on the verge of manhood face the realities of being in relationships with the girls in their lives. This film, written by high school students, deal with the issues of passion, pregnancy, peer pressures and STD's. (SCENAR)

CHOICES IN CHILDBIRTH, Vol. 2: INDUCTION AND AUGMENTATION (closed captioned) - 7386

video color 17 min. 2001 SrH-A

An obstetrician answers questions expectant parents may have about induction and augmentation. Explores the advantages, risks, common medical methods and natural alternatives available. Explains how an obstetrician determines whether to induce labor. (INJOY)

CHOICES IN CHILDBIRTH V. 3 - CESAREAN BIRTH - DV0074

DVD color 22 min. 2002 SrH-A

This DVD follows one couple's unexpected cesarean birth from early labor through recovery. Animation is used instead of graphic surgery footage. An obstetrician shares additional valuable information, including reasons for the procedure, decision making with care providers, reducing the cesarean risk, and making a cesarean birth as fulfilling as possible. Cesarean surgery footage is included after the main program so that presenters can choose whether or not to show the graphic footage. (INJOY)

CHOKING EMERGENCY (rev. ed.) - 6209

video color 16 min. 1996 JrH-A

A simplified modular approach to airway obstruction has been used to demonstrate correct procedures for choking adults, children and infants, both conscious and unconscious. Includes proper airway management techniques, when and how to apply the Heimlich maneuver, and special sections on child and infant safety tips. A re-enactment of a choking emergency is also shown to reinforce proper emergency techniques. (PYR)

CHOLESTEROL: UNDERSTANDING IS THE KEY - 7565

video color 27 min. 2000 A

Describes cholesterol and how it functions in the body. Discusses the mechanics of stable and unstable arterial plaque. Explains the significance of both "good" and "bad" cholesterol. (FFH)

CHORIONIC VILLUS SAMPLING - 5067

video color 9 min. 1992 SrH-A

Designed for women who are considering CVS, but not amniocentesis. Highlights the positive aspects of early detection of birth defects with CVS, and places appropriate emphasis on the risks from the procedure. A normal fetus with 46 chromosomes is contrasted with a fetus which has received an extra chromosome, which is seen as the cause of Down's Syndrome. Compares transabdominal and transcervical CVS and features interviews with women who have had CVS. (GOLDEN)

CHRONIC ANXIETY IN THE ELDERLY - 7211

video color 26 min. 1998 A, Professional
Deals with the problem of anxiety in the elderly and the diseases associated with the problem including Geriatric Anxiety Disorder (GAD). Examines the symptoms and physiological manifestations, including chemical imbalance, psychosocial implications and the emotional impact on the aged brought on by societal changes. Discusses caffeine, cigarettes, and alcohol as possible instigators. (FFH)

CHRONIC CARE (closed captioned) - DV0543

DVD color 28 min. 2006 A

A chronic condition is a long-term or permanent illness with no known cure. This program provides a framework for dealing with chronic illnesses such as stroke, emphysema, or rheumatoid arthritis, whether viewers are seeking general knowledge, attending to their own health concerns, or caring for a loved one. The program explores ways for family members and other caregivers to participate in the development of a realistic chronic care plan. (PDA)

CHRONIC ILLNESS IN THE CLASSROOM: COMMON SKIN DISORDERS - 7330

video color 16 min. 1988 A, Professional

Advises school personnel how to respond to various skin problems and which skin disorders are contagious. Includes symptoms and photographs of disorders such as scabies, lice, ringworm, jock itch, athlete's foot, impetigo, and acne. (CMS)

CHRONIC PAIN (closed captioned) - DV0355

DVD color 28 min. 2005 A

This program explores what causes chronic pain and looks at treatments involving medication, physical therapy, and alternative methods. Doctors dedicated to fighting pain are interviewed. It also features commentary from patients who cope with pain every day: a man battling cancer who uses relaxation techniques to ease pain; a woman with damaged vertebrae who has regained mobility through exercise; and an arthritis sufferer who can write without pain because of drugs. (FFH)

CHUCKLES AND THE HAPPY TEETH (English/Spanish) - 5007

video color Eng-8 min., Span-8 min. 1992 P

In this puppet show video Chuckles meets a friend named Mary who teaches him the importance of brushing, flossing, going to the dentist and staying away from sweets. Aimed at children 3-5 years old. (WIC)

CHUCKLES AND THE SUPER SNACKS

(English/Spanish) - 4954

video color Eng-7 min., Span-7 min. 1992 P

A puppet show set at the circus. Introduces Chuckles the clown who is tired and run down until he learns about healthy foods from the super snacks. Aimed at children 3-5 years old. (WIC)

THE CIRCLE OF LIFE: TAKING CARE OF THE CAREGIVERS - 6916

video color 26 min. 1991 A

Explains the new and added responsibilities and conflicting emotions which occur in the life of an adult who becomes a caregiver to an older person, usually a family member. Describes some support options as well as some accommodations businesses are making to keep skilled employees who are also caregivers. Nursing homes and retirement communities are viewed as possibilities when the caregiver is unable to provide the sole care. (SWB)

CLEAN KIDS (closed captioned) - 6964

video color 15 min. 1999 EI-I

Demonstrates correct handwashing and explains the importance of clean hands to good health. Shows the importance of regular toothbrushing. Gives additional good grooming tips. (MARSH)

CLEAN UP YOUR ACT! FIGHTING HOUSEHOLD GERMS (closed captioned) - 7325

video color 20 min. 1997 JrH-A

Demonstrates the importance of hand washing especially after using the toilet. Examines how advertising claims for household products that "kill" germs can be misleading. Discusses the nature of viruses and the effects of medicines on cold symptoms. Cautions against eating undercooked chicken or raw shellfish. (LSEED)

CLEANING AND SANITIZING - 4933

video color 25 min. 1991 A

Explains the difference between clean and sanitary and when to clean and sanitize food-contact surfaces. Explains how to wash, rinse, and sanitize using a dish machine, and how to manually wash, rinse, and sanitize using a three-compartment sink. Demonstrates the proper storage of dishes and utensils. Explains how to use and store wiping cloths, and how to handle garbage and refuse storage and disposal. (NRA)

CLINICAL DEPRESSION AND WOMEN: STORIES OF HOPE - 7523

video color 31 min. 1998 A

Five women describe their varied experiences with severe depression, including postpartum depression. Explains different treatment options including counseling, medication and other treatments such as ECT, electroconvulsive therapy. All five have recovered and have resumed fulfilling lives. (GLAXO)

CLINICAL MANAGEMENT OF ADVERSE EVENTS FOLLOWING SMALLPOX VACCINATION: A NATIONAL TRAINING INITIATIVE (closed

captioned) -7676

video color 76 min. 2003 Professional

Intended for clinicians to recognize, report, and clinically manage adverse reactions to a smallpox vaccination. Explains the rationale for smallpox vaccination. Defines the vaccination risks. Describes the diagnosis, management and treatment strategies for patients with vaccine adverse events. (CDC)

CLINICAL MANAGEMENT OF THE CLINICAL RABIES IN ANIMALS - 4122

video color 10 min. 1985 A

Discusses clinical signs of rabies in commonly infected warm-blooded animals. Contrasts the normal behavior patterns of domestic and wild animals with the erratic behavior of rabid animals. (NAVC)

CLOSE CALLS: THE WAKE UP CALL - 6124

video color 14 min. 1995 SrH-A

Accidents are usually preceded by one or more incidents which can be described as "close calls." These close calls should be a reminder for a worker to review the actions leading to the close call so the actions will not be repeated. Unsafe actions could result in a dangerous accident. Three accident scenarios are presented with the close call incident preceding each accident. (AURORA)

A CLOSE WATCH: INTENSIFIED MANAGEMENT OF TYPE II DIABETES - 7010

video color 22 min. 1995 SrH-A

Diabetes experts describe the tools and practices used for intensive management of diabetes, while people with type II diabetes provide a motivational look at how they've made intensive management work in their lives. Includes a discussion of diet, exercise, medication, stress reduction, glucose monitoring and daily record keeping. (CBETE)

COCAINE AND THE BRAIN - 5481

video color 11 min. 1991 I-JrH

A science-based prevention program designed for use with middle school students. It depicts the effects of cocaine use on the brain using a radiological imaging technique. Normal brain scans are compared with images from cocaine users' brains in which there are areas of significantly decreased blood flow. Shows what a brain looks like on drugs. (BWH)

COCAINE AND HEROIN: STILL HERE, STILL DEADLY - DV0652

DVD color 21 min. 2007 SrH-A

This DVD recounts the stories of two teens who became cocaine and heroin addicts. Both teens describe how they became addicted, and how incredibly difficult it is to recover from their addictions. It includes strategies for recognizing the dangers of and avoiding these destructive drugs. A counselor in Dallas discusses a heroin derivative called cheese which led to a rash of overdoses by teens in Texas.

COCAINE RALPH - 7775

video color 30 min. 1992 A

Ralph Strangis talks about his alcohol and drug use, cocaine

addiction, and recovery from addiction. Contains some explicit language and should be previewed before showing. (HAZELD)

CODE RED ROVER, GROWNUP COME OVER

(English/Spanish) - DV0598

DVD color 11 min. 2010 P-I

Rover, the animated home safety hound, and his friend, Freddie Flashlight, help a family learn to prevent home injuries. Children will learn about pool, bicycle helmet, and fire safety. The Texas Department of State Health Services does not endorse any particular brand or product. (HSC)

COLD STRESS - DV0399

1 DVD + 1 CD-Rom color 14 min. 2006 A

Hypothermia and frostbite can set in without warning and can happen in freezers, refrigerators, and underground. This DVD educates viewers on hypothermia and frostbite, their warning signs, and the safety measures to take before working in the cold. (TTN)

COLDS AND FLU

English-6387; Spanish-6713

video color 14 min. 1994 A

Discusses methods of transmission of cold and flu viruses. Explains the differences between a cold and influenza. Presents preventative measures, precautions and treatments. (ALTSCH)

COLLECTING BLOOD SAMPLES: DO IT RIGHT

THE FIRST TIME (closed captioned) - DV0379

DVD color 17 min. 2008 Professional

This program reviews the use of proper techniques and protective devices when collecting blood samples. Viewers will learn about two major types of universal precautions: the use of barriers and the prevention of stick injuries. It also reviews effective blood collection techniques when working with adults and children. (DSHS)

COLLECTING LABORATORY SPECIMENS - 7053

video color 17 min. 1997 Professional

Presents the procedures used to collect and handle urine, wound, throat, sputum, blood, and stool specimens. (LIPP)

COLON AND RECTAL CANCER AT TIME OF

DIAGNOSIS-(closed captioned) - 7776

video color 30 min. 1996 A

Illustrates and explains the function of the digestive system, the development of colorectal cancer, and the most commonly performed surgeries. Explains the diagnostic tests and procedures, such as sigmoidoscopy and colonoscopy. Discusses stages of cancer and what to expect after surgery. (TLMED)

COMBATIVE RESIDENTS: MIRROR THEIR

REALITY (closed captioned) - 7306

video color 23 min. 1997 Professional

Intended for health care workers. Compassionate and empathetic view of aggression in long term patients suffering from dementia. Shows ways to cope and manage combative

incidents. Gives step-by-step suggestions to the health care worker in order to help the resident. (COASTAL)

COMBATING THE OBESITY EPIDEMIC: TREATMENT OPTIONS - DV0668

DVD color 59 min. 2008 Professional

Professor Jack H. Wilmore delivers a lecture on the primary approaches employed to address the obesity epidemic. Using a power point presentation, he looks at the results of several of the studies in the scientific literature on each of the treatment options and discusses the relative effectiveness of each alternative. He discusses exercise, physical activity, behavioral treatment, combination interventions, pharmacotherapy, and gastric bypass surgery. He details energy balance-related and genetic factors that can affect weight loss efforts.

COME SEE ABOUT NUTRITION AND EXERCISE - 7191

video color 30 min. 1996 I-JrH

Explains the Food Guide Pyramid and how vegetarians can get enough dietary protein. Discusses metabolism and the importance of exercise to a healthy body. Shows how reading food labels can lead to healthful food choices. Demonstrates why starving is not the best approach to weight loss. (HLTCO)

COME SEE HOW WE FIGHT INFECTIONS - 6541

video color 23 min. 1996 EI

Teaches children ages 8 - 14 how infections enter the body, how antibiotics and vaccines work and how rest and good nutrition keep the immune system strong so it can prevent and control disease. Includes images of real viruses and bacteria. (VISMEN)

COME SEE WHAT FIRST AID YOU CAN DO - 6542

video color 23 min. 1996 I- JrH

Teaches children how to care for many minor injuries and how to prevent burns, how to help a choking victim, and when and how to get emergency assistance. (VISMEN)

COME SEE WHAT THE DOCTOR SEES - 6554

video color 25 min. 1994 EI

Takes children on a tour through a routine pediatric exam. Shows what the doctor sees in their eyes and ears, what the doctor looks for in a blood test, and tells why the heart makes sounds. (FIDEAS)

COMFORT CARE IN LONG-TERM CARE - DV0500

DVD color 21 min. 2006 Professional

A doctor, nursing and hospice staff discuss pain management, symptom control, supportive interactions, nutrition and special accommodations for bathing, meals and rest. (UMSM)

COMFORTABLE LATCH: A GUIDE TO SUCCESSFUL BREASTFEEDING (English/Spanish) - DV0044

DVD color Eng.13 min., Span. 15 min. 2006 A

A lactation consultant works with new mothers to demonstrate how to properly use the latch position for breastfeeding. The DVD contains depictions of real mothers and an animated

demonstration of the baby at the breast. (WIC)

COMING HOME: POSTNATAL CARE FOR THE MOTHER - 6397

video color 14 min. 1996 SrH-A

Explains the physiological changes that occur after childbirth. Demonstrates proper ways to breastfeed. Describes postpartum depression and ways a mother can manage the symptoms. Stresses good nutrition. (ALTSCH)

THE COMING PLAGUE Part 1: THE VIRUS HUNTERS / THE PRICE OF PASSION (closed captioned) - 6615

video color 90 min. 1997 SrH-A

Demonstrates how new epidemics of unknown origins and outbreaks of diseases once thought vanquished challenge scientists and medical staff. *The Virus Hunters* (45 min.) traces the work of a man who searches the rain forests of West Africa for clues to the Ebola virus. Discusses the work of doctors who risk their own lives to investigate the outbreaks of dengue fever, antibiotic resistant diseases, lassa fever, and AIDS. *The Price of Passion* (45 min.) shows the impact of AIDS on the populations of various countries of the world. Explains that access and availability of medical treatments for HIV infection are limited. Gives an historical perspective of the fight against sexually transmitted diseases such as syphilis and gonorrhea. (TLMED)

THE COMING PLAGUE Part 2: REVENGE OF THE MICROBES / A WORLD OUT OF BALANCE (closed captioned) - 6616

video color 90 min. 1997 SrH-A

Demonstrates how new epidemics of unknown origins and outbreaks of diseases once thought vanquished challenge scientists and medical people. *Revenge of the Microbes* (46 min.) discusses the rise of drug-resistant strains of diseases, such as flesh-eating bacteria, pneumonia, gonorrhea, salmonella, and especially tuberculosis and malaria. *A World out of Balance* (44 min.) explains the threat of the outbreaks of disease in the changing political, social and economical environments of humans. (TLMED)

COMING TO LIFE: STORIES OF HOPE, HEALING AND AIDS - 7213

video color 28 min. 1999 A

Several African-Americans describe how being HIV-positive has impacted their lives. One man contracted HIV through the needles he used to tattoo other inmates in prison. Others describe how their sexual orientation or drug addictions led to being infected. (NAACP)

COMMUNICATING WITH THE HEARING-IMPAIRED PATIENT: SIGNING FOR HEALTH CARE PROFESSIONALS - 6572

video color 77 min. 1990 Professional

A four-part interactive course providing a general introduction to the elements of American Sign Language (fingerspelling, numbers, common phrases and specialized signs). Intended to provide sufficient vocabulary to permit health care workers

both to understand and to respond to hearing-impaired patients. (FFH)

CONCEPTION TO BIRTH - DV0032

DVD color 50 min. 2005 SrH-A

Profiles several couples as they embark on the journey from conception to birth. Viewers witness scenes from inside the womb a few hours after conception to labor and delivery. Includes animated graphics. Also includes brief scenes of female nudity. (DISCOV)

CONCEPTS IN FACILITATED DISCUSSION - 7464

video color 12 min. 1997 Professional

Intended for WIC professional staff. Demonstrates the ways to provide an interactive environment instead of a lecture format for nutrition classes. (WIC)

CONDOM NEGOTIATION SKILLS FOR HEALTH CARE PROFESSIONALS - 4789

video color 18 min. 1990 A, Professional

Demonstrates how the health care professional can counsel patients to help them convince their sexual partners to use condoms and to use them correctly. (EMORY)

CONFESSIONS OF A GERM: THE PLAGUE - DV0218

DVD color 51 min. 2002 SrH-A

This program covers the history of the plague. The differences between bubonic and pneumonic forms are explained and illustrated with dramatizations of plague victims and interviews with survivors. Centers for Disease Control and Prevention plague specialists Drs. Kenneth Gage and David Dennis discuss the battle in the American southwest to contain this pathogen. Dr Jen Alibek, former director of the Soviet bioweapons program, and other experts look at the threat of the plague's use in the future. (FFH)

CONFESSIONS OF A SIMPLE SURGEON - 5311

video color 21 min. 1989 JrH-A

A surgeon battles the tobacco industry. He shows the evidence that convinced him that tobacco is the most potentially dangerous product on the market today. He indicts the tobacco industry for replacing their dying customers with a new generation of smokers through sophisticated advertising practices. (PYR)

CONFIDENTIALITY: ETHICAL AND LEGAL CONSIDERATIONS - 5427

video color 19 min. 1989 A, Professional

Stresses the serious legal and moral implications of breaching the confidentiality of medical records. Demonstrates through dramatic vignettes common breaches of confidentiality while an attorney comments on the possible results of these infractions for employees and the health care facility. (FGH)

CONFIDENTIALITY: WHO NEEDS TO KNOW - 7556

video color 25 min. 2001 A, Professional

Describes the legal and ethical duty of all caregivers to safeguard the confidential information of the people for whom they care. Explains how caregivers are affected by the Health

Insurance Portability and Accountability Act (HIPAA), and demonstrates effective techniques for maintaining confidentiality. (MEDCOM)

CONFINED SPACED ENTRY: SAFE IN 8 (English/Spanish) – DV0629

DVD color Eng 8 min.; Span 8 min 2005 A

This DVD teaches viewers about common confined space hazards, personal protective equipment (PPE), and rescue. Bonus features include a leader's guide, quiz and a customizable PowerPoint® presentation (DVD-ROM drive required for leader's guide and PowerPoint). (COASTAL)

CONFINED SPACE SAFETY #1: CONFINED SPACE ENTRY (rev. ed.)

English-5181; Spanish-5509

video color 25 min. 1993 A

Discusses types of confined spaces and the importance of control measures. Demonstrates protective equipment and rescue techniques. (TELA)

CONFINED SPACE SAFETY #2: TESTING CONFINED SPACES (Spanish) - 5518

video color 25 min. 1986 A

Stresses the importance and purpose of testing for atmospheric hazards in confined spaces; the calibration and operation of test equipment; and the need to respond appropriately when an alarm or test indicates a problem. (TELA)

CONFINED SPACE SAFETY #2: TESTING CONFINED SPACES (rev. ed.) - 5182

video color 25 min. 1993 A

Addresses a variety of methods for testing confined spaces under the OSHA guidelines. Gas detector tubes and electronic gas detector are fully explained and demonstrated. The dangers of flammable gases and the proper ways to detect them are discussed. (TELA)

CONFINED SPACE SAFETY #3: WORKING INSIDE CONFINED SPACES (Spanish) - 5519

video color 22 min. 1986 A

Demonstrates a variety of common hazards found in confined spaces and explains how they can be controlled. Explains purging and ventilation, personal protective equipment, and safe work practices. (TELA)

CONFINED SPACE SAFETY #3: WORKING INSIDE CONFINED SPACES (rev. ed.) - 5183

video color 22 min. 1993 A

Concentrates on safe work practices when working in confined spaces. Demonstrates ways of avoiding common hazards such as falls, noise, and temperature extremes. Purging and ventilation are covered, and protective equipment is discussed. (TELA)

CONFINED SPACES - 7868

video color 20 min. 2000 A

A comprehensive program designed to meet the requirements of 29 CFR Section 1910.146 (g) general education and

specialized training. This video covers pre-entry and any subsequent testing or monitoring; required written certification for re-entry; requirement to immediately provide each authorized entrant testing results; developing rescue plans, including the evaluation and selection of rescue personnel; and communicating key information to employees whose jobs do not include confined space duties. (TNN)

CONFLICT! THINK ABOUT IT, TALK ABOUT IT, TRY TO WORK IT OUT - 7323

video color 15 min. 1994 I-JrH

Shows kids that conflicts with others don't have to lead to violence and that there is a safe and satisfying way to resolve conflicts without fighting. Uses vignettes to teach a simple but effective three-step process for resolving conflicts: think about it, talk about it, and try to work it out. (HAZELD)

CONGESTIVE HEART FAILURE (closed captioned) - 6149

video color 14 min. 1995 A, Professional

Explains congestive heart failure, including its causes and symptoms. Viewers learn how lifelong management can relieve symptoms and prevent complications. Provides a variety of treatment options. (MILNER)

CONSTRUCTION SERIES: HOUSEKEEPING RESPONSIBILITIES - 6456

video color 10 min. 1994 A

Stresses each individual's obligation for job site housekeeping, why it is important and how it ensures overall safety efforts. (TNI)

CONTRACEPTIVE CHOICES - 5899

video color 17 min. 1992 SrH-A

Describes the extensive variety of contraceptive methods available, including nonprescription, prescription, and surgical methods. Reproductive anatomy and physiology are briefly explained. Advantages and disadvantages of each method and their effectiveness ratings are provided. Stresses the use of latex condoms in preventing the spread of AIDS and other STDs. (AIMS)

CONTROLLING CANCER PAIN (closed captioned) - 7522

video color 12 min. 2001 A

Emphasizes communication between the patient and the health care provider to manage pain for the cancer patient. (OFFCAN)

CONTROLLING DIABETES ONE DAY AT A TIME

English-7731; Spanish-7732

video color 11 min. 2003 A

Covers basic information on disease management. Explains the importance of regular check-ups, controlling sugar, eating healthy foods in healthy proportions, and exercise. Intended for patients newly diagnosed with Type 2 diabetes. (TDHDIA)

CONTROLLING DIABETES ONE DAY AT A TIME/ CONTROLANDO LA DIABETES UN DIA A LA VEZ

English-DV0056; Spanish-DV0055

DVD color 11 min. 2003 A

Covers basic information on disease management. Explains the importance of regular check-ups, controlling sugar, eating healthy foods in healthy proportions, and exercise. Intended for patients newly diagnosed with Type 2 diabetes. (TDH/DIA)

COOL, SMART, AND SAFE: CHOOSING TO WAIT - 7315

video color 29 min. 1995 JrH-SrH

Encourages teens to think carefully about sexual behavior and its consequences. Teen peer leaders identify the risks associated with early sexual activity, including sexually transmitted diseases, HIV infection and the risk of pregnancy. Assures teens that there is no shame in abstaining from sex and offers new refusal and self-assertion techniques. (HUMRE)

COOL TO BE ME: SELF-ESTEEM - 7205

video color 24 min. 1997 I-JrH

Young people in three vignettes learn how taking positive risks helps increase self-esteem. Shows how self-esteem affects relationships with others and the ability to set and achieve goals. Demonstrates how students can take control to develop their own self-esteem. (SUNBUR)

COPING WITH STRESS - 4923

video color 12 min. 1988 SrH-A

Shows how to identify major stressors, recognize symptoms of stress, incorporate behavioral changes as a coping strategy, and avoid potential sources of stress. Emphasizes the importance of a positive attitude. (AIMS)

COPING WITH STRESS: I WILL NOT BE DEFEATED - 5948

video color 20 min. 1995 A

Defines stress and shows its detrimental effects on the human body. Offers suggestions and tools to reduce, relieve, and manage stress. Follows three personal cases of people who overcame great stresses in their lives by making a commitment to manage stress in a more productive, positive way. (ALTSCH)

CORAZON A CORAZON (Spanish) - 5268

video color 20 min. 1993 JrH-A

Features real teenaged moms discussing pregnancy. A television host also discusses such topics as healthy eating at fast food restaurants, visits to the doctor's office, and fetal development. (WIC)

CORONARY ARTERY DISEASE (closed captioned) - DV0354

DVD color 28 min. 2003 A

This program explores the risk factors and symptoms associated with Coronary Artery Disease (CAD), emphasizing that it can lead to a heart attack or cardiac death without warning. Promoting a positive approach, the DVD portrays these traumas as life-changing occurrences for patients who do survive a cardiac event and commit to improving their health. Case studies and personal commentary from patients, along

with explanations of advanced medical procedures developed to treat CAD, are also included. (FFH)

CORONARY BYPASS SURGERY- 7734

video color 45 min. 1994 A

Documentary follows a 47-year-old man who had coronary bypass surgery after a heart attack. Though physically active, the patient had smoked and eaten a diet rich in fat and high in salt. Surgeon explains anatomy and steps of the operation. Shows graphic scenes of surgery. (FFH)

CORROSIVE MATERIALS AND EMERGENCY RESPONSE: PROPER IDENTIFICATION AND SAFE HANDLING - 5648

video color 45 min. 1992 A

Defines corrosives and includes information on: identification, physical characteristics, uses and types of packaging used to transport corrosives; differences between acids, bases and reactivity problems; emergency response considerations and mitigation techniques; personal protective equipment and decontamination procedures; first aid and emergency medical treatment. (CHEMM)

COUGH IT UP**English-6100 (closed captioned); Spanish-6101 (closed captioned); Vietnamese-6102**

video color 6 min. 1996 A

Teaches tuberculosis patients how to produce a good specimen for laboratory analysis. Covers proper packaging and shipping. (TDH)

COUNSELING PATIENTS WITH VAGINAL YEAST INFECTION: AN EDUCATIONAL VIDEO FOR NURSES - 6971

video color 12 min. 1993 Professional

Provides information nurses need to effectively counsel patients with a vaginal yeast infection. Includes a discussion of symptoms, causes, relationship to other common conditions, over-the-counter cures, and also provides a patient counseling demonstration. The Texas Department of State Health Services does not endorse any particular treatment or product. (ACP)

CPR FOR BYSTANDERS - 5247

video color 30 min. 1992 A

Designed to supplement CPR training classes for lay public and school students. Training modules include assessment, ABC's of CPR, one rescuer CPR, child and infant CPR, choking; adult-child-infant (conscious and unconscious); basic life support (BLS) for stroke, risk factors in heart attacks, signals and actions for survival. (PYR)

CPR FOR BYSTANDERS 2000 (closed captioned) - 7332

video color 27 min. 2000 SrH-A

Designed for the layperson, follows the latest guidelines. adult basic life support includes the chain of survival, adult CPR, risk factors, heart attack and stroke signs and symptoms, adult choking and recovery position. Pediatric basic life support includes child CPR simplified, choking technique simplified, child and infant safety tips, infant CPR simplified and infant

choking. (PYR)

CRANES, CHAINS, AND SLINGS - 6768

video color 5 min. 1994 A

Reviews safety procedures when using chains, wire rope, nylon slings, hooks and cranes. Main topics include: examining all hoisting equipment before use; removing knots, kinks or twists; avoiding “jerking” motions when moving loads; storing of equipment properly; lifting as close to the vertical as possible; and using cranes safely. (LONGI)

CREATIVE INTERVENTIONS WITH THE ALZHEIMER'S PATIENT - Part 1: UNDERSTANDING BEHAVIORS / Part 2: UNDERSTANDING BEHAVIORS / FUNCTIONAL ASSESSMENT - 6037

video color 218 min. 1992 A, Professional

A lecture by Mary Lucero concerning creative ways to meet the needs of dementia patients, particularly those with Alzheimer's disease. Discusses the most common organic dementias and the behaviors that accompany them. Discusses characteristics and behaviors controlled by the right and left brain. Compares confusion, delirium and dementia. Distinguishes dementia from depressive dysfunction. Discusses stage-specific behaviors in dementia. (GRI)

CREATIVE INTERVENTIONS WITH THE ALZHEIMER'S PATIENT - Part 3: INTERVENTIONS - 5867

video color 80 min. 1992 A, Professional

A lecture by Mary Lucero concerning creative ways to meet the needs of dementia patients, particularly those with Alzheimer's disease. Covers symptom management, adapting care, modifying the environment, sensory stimulation, and developing a structured daily program. (GRI)

CREATIVE WAYS TO VALIDATE COMPETENCIES - 6376

video color 34 min. 1996 Professional

Gives many effective ways to validate nursing competencies, including technical, critical thinking, and interpersonal skills. Provides the supervisor with a concrete foundation for implementation. (CHCM)

CREATURES FROM INNER SPACE - 6575

video color 28 min. 1997 E1

Explains the dangers of parasites and the preventative measures children can take to lower their risk of infection. Uses animated songs, diagrams and motion graphics to show how parasites invade the body. A music video segment encourages children to wash their hands. (MEDINC)

CRISIS AND EMERGENCY RISK COMMUNICATION - 7830

video color 66 min. 2004 Professional

This satellite broadcast addresses the heightened role of the public health professionals to communicate with the public and other officials during situations of high risk and uncertainty. Provides examples of how to communicate in ways that protect

people but keep panic to a minimum. (APHA)

CROSSING THE LINE: SEXUAL HARASSMENT AND HOW TO CONFRONT IT (closed captioned) - DV0197

DVD color 24 min. 2005 A

This video explains different kinds of sexual harassment. It defines the factors motivating harassers, and provides specific techniques for dealing with the problem. Viewers will see what steps to take if anyone harasses them or if they witness the harassment of others, including keeping a journal, employing the broken record technique, speaking with supervisors, sending memos, using grievance procedures, and filing formal complaints. (CAMED)

CRUSH - 4417

video color 18 min. 1989 JrH-SrH

Discusses the strengths and weaknesses of relationships based on crushes, infatuation, exploitation, friendship and love. Identifies qualities of friends and of boy/girlfriends. Examines female-male similarities and differences in what is expected and desired from relationships. Shows how fantasies, external pressures, stereotypes and skewed expectations affect relationships. (YWCA)

CUIDADO PERSONAL (Spanish) - 7927

video color 35 min. 2004 Adult, Professional

This is the Spanish language version of Personal Care (DV0036). This program provides information about providing personal care in a way that honors an individual's preferences and dignity. Topics covered include the use of correct body mechanics, infection control, correct handwashing, privacy and modesty issues, safety, independence, oral hygiene, and denture care. Personal grooming topics such as dressing, nail care, laundry, shaving and hair care are also covered. (HAC)

CULTURAL COMPETENCE – DV0550

4 DVDs color 60 min. 2006 Professional

This 4 disc program outlines diverse cultural beliefs regarding child rearing, death and dying, nutrition, medicine, and the role of the family in personal decisions. Viewers will be able to compare and contrast how these cultural beliefs affect patient and family interactions with healthcare providers. It also reviews the seven steps to developing cultural competence. (DELMAR)

CULTURAL DIVERSITY IN HEALTH CARE - 6214

video color 23 min. 1993 A, Professional

Shows why cultural sensitivity is one of the most important issues facing health care today. Identifies and presents real-life scenarios of the six cultural phenomenon that form the cultural uniqueness of others. (KINETI)

CUMULATIVE TRAUMA, Part I - 4441

video color 16 min. 1989 A

Shows what managers and employees can do to reduce the risk of cumulative trauma in the workplace. Discusses the causes of the problems, including repetitive movements, poor posture, awkward positions, excessive force, improper tools.

(SUMMIT)

CUTTING: ADDICTED TO SELF-INJURY - DV0667

DVD color 11 min. 2006 A

Self-injury starts as a way of coping with emotional pain. But cutting, the habit of self-injury, is a sign of deep-seated anxiety. This DVD examines the behavior and explores how parents, friends, guidance counselors, and those who cut themselves can work together to stop it. It goes inside a support group for young women struggling with the habit, showing them engaging in group discussions, self-expression exercises, and role-play that helps them let go of negative emotions and confront their behavior.

CUTTING IT SHORT, Part I - 5469

video color 6 min. 1990 SrH-A

A parody of the TV classic *Dragnet*, reminds viewers to always practice safety when using a power mower. (SAFETY)

CUTTING THE FAT IN CHILDREN'S DIETS - 5841

2-videos color 214 min. 1995 A, Professional

Teleconference presented June 14, 1995. Covers the safety of low fat diets for children; changing children's preferences for high fat foods; lowering the fat in the school cafeteria; how high fat diets cause obesity; and changing family eating patterns. (UAL)

CVS AND AMNIOCENTESIS - 5066

video color 11 min. 1992 SrH-A

Designed for women less than twelve weeks pregnant who are at risk of having a child with a serious birth defect. Provides needed information and answers questions regarding the risks and benefits of chorionic villus sampling and amniocentesis. Animated and live action sequences describe ultrasound, transcervical and transabdominal CVS, and amniocentesis. These are followed by a series of interviews with women who have had the procedures. Compares and contrasts CVS and amniocentesis. (GOLDEN)

CYBER BULLYING REAL LIFE TEENS - DV0632

DVD color 18 min. 2008 SrH

Cyber-bullying is any form of harassment that occurs via the Internet. This program explains why teens cyber-bully, what can be done about it and how bullies can be stopped. It deals with forums, chat rooms, and help for victims of bullying.

CYSTIC FIBROSIS: A DAY IN THE LIFE - DV0188

DVD color 26 min. 2004 A

For a young person living with Cystic Fibrosis (CF), each day is a struggle just to breathe. The lungs are clogged with thick mucus requiring constant medication and intrusive therapies.. There is no cure for CF and, without a lung transplant, the disease can become a death sentence. This program follows the story of a young woman with CF and a young man whose life was saved by a lung transplant. (AQUARI)

THE DAD FILM - 5407

video color 28 min. 1989 A

Four new fathers share their personal experiences of

fatherhood. Interviewed informally, they offer honest, articulate advice on everything from how to find time for oneself after the baby arrives, to how to behave in the delivery room. (FANLIG)

DAILY DECISIONS: A GUIDE TO DIABETES SELF-MANAGEMENT - 7088

video color 18 min. 1998 A

Reviews the key elements to successful management of diabetes: diet, exercise, medication, and monitoring. Explains how monitoring blood sugar levels can prevent many serious complications. Gives some self-management tips. The Texas Department of State Health Services does not endorse any particular brand or product. (LIFES)

THE DANGER ZONE: A FOOD SAFETY PROGRAM FOR TEENS - 6113

video color 25 min. 1993 JrH-SrH

Explains how to prevent losing product to spoilage, mishandling food, food contamination, and losing customer business. Deals with proper hot and cold food preparation and holding, chilling, reheating, receiving and sorting, rotation, and personal hygiene. (USDA)

DANGERS OF LEAD BASED PAINT - 6001

video color 12 min. 1990 A

Designed to increase awareness about the dangers of lead poisoning. Describes the sources of lead poisoning, with special emphasis on lead-based paints. Discusses lead poisoning's devastating health effects; how to minimize the risks; and how to get children tested for lead poisoning. (RYNO)

DANGERS OF MELANOMA - DV0424

DVD color 29 min. 2004 A

Left untreated for too long, melanoma, almost always curable when treated early, becomes one of the deadliest of all cancers. This program promotes sun exposure precautions and self-examinations as ways to lower risk of contracting and dying of melanoma, describes standard medical practices once melanoma is diagnosed, and investigates the ongoing research to find more effective treatments, including a cancer vaccine. Commentary is provided by oncologists, a dermatologist, and an epidemiologist, as well as by patients who have lived with melanoma. (FFH)

THE DARK SIDE OF THE SUN - 6747

video color 10 min. 1993 SrH - A

Explains that persons, such as farmers, who work out in the sun need to take precautions to protect themselves from skin damage, including cancer. Demonstrates different types of skin cancer and preventive measures. (CANCER)

DATING VIOLENCE: THE HIDDEN SECRET - 5719

video color 25 min. 1993 SrH-A

Focuses on the physical, sexual, and emotional abuse present in many teen relationships. Explores the experiences of both victims and offenders, female and male, and provides information and skills to help deal with these issues.

(INTERM)

DAVID WITH FETAL ALCOHOL SYNDROME - 7251

video color 45 min. 1996 A

David and his adoptive family describe what is like to grow up and live with the effects of fetal alcohol syndrome (FAS). The permanent brain damage he suffered was not diagnosed for the first eighteen years of his life. (FFH)

A DAY AWAY FROM STRESS - 5421

video color 52 min. 1987 El-A

A relaxation tape in two parts. Part 1 (26 min.): Explains five stress reduction techniques while the screen shows beautiful scenes from nature. Part 2 (26 min.): The soothing images continue with no narration or instructions, in order to practice the techniques of diaphragmatic breathing, progressive relaxation, focusing, scanning and deep relaxation. (KINETI)

A DAY IN THE CAREER OF A PHYSICIAN

ASSISTANT - 7146

video color 18 min. 1995 SrH

Offers young adults information on a career as a physician assistant. Provides historical background of the profession, shows the scope of the job and all the tasks that physician's assistants can do as part of their job. (BARY)

A DAY IN THE CAREER OF A REGISTERED NURSE - 7144

video color 20 min. 1996 SrH

Offers young adults information on a career in nursing. Provides a fast-paced tour through the career profile plus the steps to take to succeed in nursing. Interviews nurses from various practice areas. (BARY)

A DAY IN THE CAREER OF THE HOME HEALTH AIDE - 7145

video color 12 min. 1995 SrH

Offers young adults information on a career as a home health aide. Provides a fast-paced tour through the career profile plus the steps to take to succeed as a home health aide. Interviews with home health aides provide a glimpse at the variety of duties in the day-to-day job. (BARY)

A DAY IN THE HEALTH OF TEXAS (2002) - 7436

video color 21 min. 2002 A

Provides an overview of the multiplicity of services that the Texas Department of Health provides each day to the individual citizens of Texas. Includes a message from Texas Health Commissioner, Dr. Eduardo Sanchez. (TDH)

A DAY IN THE LIFE OF NANCY MOORE - 5378

video color 28 min. 1990 A

Developed specifically for nurse aides who care for patients with Alzheimer's disease. Nancy Moore is such a nurse aide. She is shown dealing in a calm and caring manner with several difficult patients. She explains what she does to help these patients maintain their dignity and independence. She stresses the importance of customizing care for each resident's particular situation, and maintaining a good relationship with

the resident's family members. (TERRA)

A DAY IN THE LIFE OF PUBLIC HEALTH - 7277

video color 10 min. approx. 1990 JrH-A

Presents an overview of the importance of public health, especially in the state of Kansas. (KHF)

DEADLY FOOD ALLERGIES - DV0189

DVD color 13 min. 2003 A

For parents of most kids, it's hard to believe that a morsel of forbidden fruit can bring a child to the brink of death. This DVD profiles two kids and their families who found out the hard way that the threat posed by food allergies is very real. (AQUARI)

DEADLY MEAT: WHEN A HAMBURGER CAN

KILL (closed captioned) - 6436

video color 52 min. 1994 A

An episode of ABC News *Turning Point* which investigates government accountability for meat safety to determine whether our meat supply is any safer since the 1993 *E. coli* outbreaks in California and Washington State in which four children died and hundreds were hospitalized. Looks at the role of the USDA and of government agencies in other countries. (FFH)

DEALING WITH ASTHMA DIABETES AND EPILEPSY IN SCHOOLS (English/Spanish) (closed captioned) - DV0116

DVD color 15 min. 2001 A, Professional

This DVD covers three common medical conditions and how to help students deal with them, both day to day and in emergencies. Viewers will learn how to recognize an episode and possible triggers of asthma. They will learn the symptoms of high and low blood sugar of diabetes and what to do in each case. The physical signs of a seizure are shown. The difference between a complete epileptic seizure and a partial epileptic seizure is explained. The importance of regarding these medical conditions as a normal part of life and leading by example are emphasized. (COASTAL)

DEALING WITH FEELINGS - DV0425

DVD color 20 min. 2005 K-I

Students gain practical tips for communicating care and respect in relationships with friends and family as well as dealing with everyday worries, grief, fear and big life changes. The importance of self-esteem is highlighted. (LVC) (SELF-ESTEEM)(GRIEF)(EMOTIONS)

DEALING WITH TEEN DATING ABUSE (closed captioned) - DV0161

DVD color 18 min. 2004 JrH-A

This program chronicles the story of Megan, a high school freshman and her boyfriend Matthew. As their romance deepens, Matthew monopolizes Megan's life, isolates her from her friends and activities, controls her clothing choices, criticizes her intelligence and eventually physically abuses her. At the same time, he repeatedly apologizes and proclaims his love. The viewer sees the story from three perspectives:

Megan's, Matthew's, and also from the point of view of Megan's best friend, Ana. (HUMRE)

DEATH IN THE WEST - 4087

video color 28 min. 1983 P-A

Presents a powerful exposé of cigarette advertising myths. Juxtaposes the healthy independent image of the Marlboro Man with the stark reality of six smoking cowboys, all dying of smoking-induced illnesses. Helps increase perception of the hazards of smoking, creates awareness of the deceptive nature of cigarette advertising, and discourages young viewers from beginning to smoke. (PYR)

DEFENSIVE DOCUMENTATION: A LINE OF DEFENSE - 6493

video color 20 min. 1993 A, Professional

Designed for nurses and offers documentation guidelines. Explains what should and should not go on a patient's chart or incident report. Discusses minimizing potential legal complications by thinking defensively about documentation. (LIPP)

DEFENSIVE DRIVING: WHEN GOOD WEATHER GOES BAD - DV0511

DVD color 19 min. 2008 A

Motorists learn how to drive defensively when it rains, snows, or floods. They also learn how to drive in windy, icy or foggy conditions. (WUMBUS)

DELIVERY SELF ATTACHMENT - 6334

video color 6 min. 1995 A, Professional

Non-narrated, open captioned with music background. Depicts newborns placed on the mother's abdomen "crawling up" to self-attach to the breast. Footage is from a study published in *The Lancet*, which looks at how the use of labor medications and separation of mother and baby affect the initial breastfeeding. (GEDDES)

DELIVERY SELF ATTACHMENT (open captioned)(English/Spanish) – DV0635

DVD color 11 min. 2008 A, Professional

This DVD depicts newborns placed on the mother's abdomen crawling up to self-attach to the breast. Footage is from a study published in *The Lancet*, which looks at how the use of labor medications and separation of mother and baby affect initial breastfeeding. Dr. Lennart Righard provides a 5 minute introduction. (GEDDES)

DEMENTIA AND NUTRITION: HELPING PREVENT NUTRITIONAL AND FLUID DEFICIENCIES – DV0640

DVD color 25 min. 2008 A

Long term care staff will learn how to prevent nutritional and fluid deficiencies, how dementia changes residents' ability to nourish themselves and how to help residents get the nutrition, hydration and fluids that they need. (ELDER)

DEMENTIA AND YOUR CARE GIVING DECISIONS – DV0642

DVD color 27 min. 2010 A

Long term care staff will learn about some of the common forms of dementia and the Global Deterioration Scale, or GDS, which assesses the progression of dementia. Staff will learn about their role in providing care and the effects that dementia can have on care giving. The importance of structured programs is emphasized. (ELDER)

DEMENTIA CARE: AGGRESSIVE BEHAVIORS - DV0645

DVD color 37 min. 2004 A, Professional

This DVD identifies many of the root causes of aggression, while giving practical ways caregivers can help to reduce aggressive behavior. It covers the signs of agitation, aggression triggers (and how staff may unwittingly contribute to them), the importance of allowing residents to communicate, and techniques to maintain safety when an aggressive episode occurs. It teaches caregivers to remain respectful of residents' personal space when providing assistance.

DEMENTIA WITH DIGNITY

DVD-DV0224; VHS-7890

color 60 min. 1993 A, Professional

This program was filmed in Australia. This program shows that quality of life can be enhanced for persons with dementia when caregivers learn how to communicate and respond to the needs of the person behind the illness. Both professional and family caregivers can strengthen and encourage the use of a person's remaining skills in order to build self-esteem and stimulate intellectual abilities. This video also looks at the importance of creating a safe environment. It gives practical strategies for dealing with many of the effects of dementia, including combative or uninhibited behavior, sleeplessness, wandering, delusions and anxiety. (TERRA)

DENTAL HEALTH AND PREGNANCY (English/Spanish) (closed captioned) - 7476

video color Eng-14 min., Span-13 min. 2002 SrH-A

Bacteria from cavities and gum disease can cause problems such as premature birth or babies with low birth weight. Video advises pregnant women to floss and brush their teeth and to get a dental check-up. Also advises that women should have a varied diet rich in calcium and low in sugar. Parents should wipe out a baby's mouth after drinking, and never allow a baby to fall asleep with a bottle. (UNITDL)

DENTAL HEALTH TRAINING FOR NURSES - 5035

video color 21 min. 1992 A

Provides training for nurses caring for patients in long term care facilities. Covers conditions that don't require treatment along with those that do. Includes: patient records keeping, common conditions of the mouth not associated with disease, oral signs of systemic diseases, oral effects of medicine, assessment of oral cancer, and the importance of routine dental exams. (DENTAL)

DENTAL HEALTH TRAINING FOR NURSES AIDES - 5036

video color 16 min. 1992 A

Explains the importance of regular dental care for nursing

home or disabled patients. Shows cleaning techniques, equipment to use, how to adapt toothbrushes so patients can clean their own teeth. Covers the difference between normal gums and teeth and those with abnormalities. Explains conditions that should be reported to the supervisor. (DENTAL)

DENVER II-ITEM ADMINISTRATION - 5783

video color 85 min. 1995 A, Professional
Accompanies VC-4939, "Introduction to Denver II." Training instrument for the Denver II Screening Test designed for use with the Denver II Test Forms, Manual, and Kit. Allows viewer to compare the development of one pre-school-aged child to the development of thousands of other children and demonstrates how to accurately administer and score the Denver II Test. (DDM)

DEPRESIO: EL CAMINO HACIA LA RECUPERACION (Spanish) - 5684

video color 12 min. 1992 A
Explains that depression is an illness which affects the whole body. Describes the common symptoms and types of anti-depressive treatment. Stresses that one should consult his or her physician for further information about depression. The Texas Department of State Health Services does not endorse any particular product or service. (LILLY)

DEPRESSION AND THE ELDERLY - 5619

video color 28 min. 1990 A
Provides a number of symptoms of depression in the elderly. Outlines assessment procedures including examination of family history, organic contributions to depression, medicines and over-the-counter drugs that might cause it, and stressors. Stresses the importance of setting objectives, protecting the elderly from self-harm. Provides strategies to turn patient around, and the use of anti-depressant drugs. (KINETI)

DEPRESSION: BEATING THE BLUES - 7339

video color 23 min. 2000 SrH-A
Medical experts answer questions about depressive disorders and current treatment options such as selective serotonin re-uptake inhibitors, psychotherapy, and electroconvulsive therapy. (FFH)

DEPRESSION IN OLDER ADULTS: THE RIGHT TO FEEL BETTER - 6721

video color 30 min. 1997 Professional
Discusses the prevalence of clinical depression in older adults. Outlines the causes, symptoms, and treatment of the disease. Stresses that staff of long term care facilities should be watchful for changes in patient behavior. Describes suicide risk factors and prevention. (TERRA)

DERMATOLOGY FOR NON-DERMATOLOGISTS - 3136

44 slides color 1976 Professional
Provides slides of the most common skin lesions and disorders that the nondermatologist physician may frequently encounter in daily practice. (SCOTT)

DETECTING CHANGES IN YOUR BREAST - 4761

video color 16 min. 1986 SrH-A
Explains the role of breast self-exam and mammography in the identification of breast lesions in their initial developmental stages, when they are most curable. Provides a step-by-step demonstration of the breast self-exam technique which is enhanced by discussions of what can be found and when it should be done. (MEDCOM)

DEVELOPING CULTURAL COMPETENCE - DV0169

DVD color 40 min. 2002 Professional
This video program teaches how to develop cultural awareness and competence, both individually and within health care organizations. Topics include family, personal space, eye contact, touch, gestures, verbal communication style, time orientation, and beliefs about medicine, illness and health. Interviews with experts in the field provide further insight into the impact of culture on health care. (HAC)

DIABETES AND COMPLICATIONS: FOCUS ON LIVING - 5011

video color 23 min. 1988 JrH-A
Provides a group session with diabetes patients who have had complications such as retinopathy, cardiovascular disease, neuropathy, and nephropathy. Discusses the psycho-social impact of these disorders. Stresses the importance of good diabetes management in order to avoid these problems. (ORACLE)

DIABETES AND EXERCISE - 5694

video color 13 min. 1994 A
Explains why exercise is an important element in the management of diabetes. Stresses the importance of health professional consultation in any exercise program. Provides tips on ways to incorporate exercise in daily routines; special cautions for persons with diabetes. Addresses the problems and benefits of exercise for both Type I and Type II diabetes. (NATLH)

DIABETES AND HEART DISEASE (closed captioned) - 6991

video color 18 min. 1999 A
Shows how patients can minimize the risk of heart disease by making positive lifestyle changes. Advises working closely with the health care team, making healthy food choices, exercising, smoking cessation, and stress management. Explains the signs and symptoms of a heart attack and what to do if they occur. (MILNER)

DIABETES AND NUTRITION CHANGING EATING BEHAVIOR - DV0255

DVD color 22 min. 2006 A
Ernie, Agnes, Harvey and Franklin all have Type 2 Diabetes. They all want to make a change to their eating habits to improve their glucose and overall health. Through their stories this program shows viewers how to make healthy eating changes that will last a lifetime. It includes making a commitment, keeping a food diary, setting goals, working

through barriers, and getting feedback on progress.(MILNER)

DIABETES AND NUTRITION DINING OUT - DV0253

DVD color 24 min. 2006 A

Whether going through the fast food drive-through, stopping at the corner restaurant after work, or getting take-out for the family, people with type 2 diabetes need to make healthy food choices in every dining out situation they face. This program gives guidelines and shows examples of healthy food choices throughout. (MILNER)

DIABETES AND NUTRITION EATING FOR HEALTH - DV0270

DVD color 20 min. 2006 A

A key topic for diabetes patient education, this program provides an overview of how people with diabetes can make healthy food choices. It includes the new USDA Food Pyramid and shows examples from each food group throughout. The importance of including physical activity into your day to maintain good health is emphasized. (MILNER)

DIABETES AND NUTRITION SHOPPING AND COOKING - DV0254

DVD color 20 min. 2006 A

When someone has diabetes, simple things like grocery shopping, cooking and eating may not seem so simple anymore. This video offers tips to make everyday eating decisions simple again. From reading the food label to preparing low-fat meals, it emphasizes making one healthy decision at a time to avoid feeling overwhelmed. (MILNER)

DIABETES AND YOUR HEALTH: #1 OVERVIEW - 7043

video color 13 min. 1989 SrH-A

Intended for Mexican-American audiences. Describes the role of glucose and insulin in digestion and what conditions are present which produce diabetes. Lists the risk factors for the development of the disease. Gives the symptoms of diabetes. Explains the role of diet and exercise in the management of the condition. (UTHSCH)

DIABETES AND YOUR HEALTH: #2 BLOOD GLUCOSE MONITORING - 7044

video color 10 min. 1991 SrH-A

Intended for Mexican-American audiences. Describes both the urine and blood tests for monitoring the level of glucose in the blood. Explains how keeping good records of these glucose levels can assist in the regulation of diet, exercise and medication in order to manage the condition. (UTHSCH)

DIABETES AND YOUR HEALTH: #3 SHORT-TERM COMPLICATIONS - 7045

video color 15 min. 1993 SrH-A

Intended for Mexican-American audiences. Two short-term complications of diabetes are hyperglycemia and hypoglycemia. Gives the symptoms, treatments and methods of prevention for each. Stresses personal responsibility of the diabetic to monitor the daily blood glucose levels to detect these complications and communicate with health care

professionals. (UTHSCH)

DIABETES AND YOUR HEALTH: #4 LONG-TERM COMPLICATIONS - 7046

video color 14 min. 1993 SrH-A

Intended for Mexican-American audiences. Long-term complications of diabetes include: eye disease, problems with hands and feet, heart disease, kidney disease, and disease of the teeth and gums. Describes the early symptoms of these serious health problems. Explains three ways a person with diabetes can reduce the risks of developing long-term complications. Emphasizes personal hygiene in order to identify the onset of any long-term complication and report the condition to the health care professionals. (UTHSCH)

DIABETES AND YOUR HEALTH: #5 FOOD NUTRIENTS - 7047

video color 12 min. 1994 SrH-A

Intended for Mexican-American audiences. Describes the functions of fats, protein, and carbohydrates in the body. Explains the importance of the meal plan for the person with diabetes. Defines calories and compares the number of calories in three ounces each of fat, protein, and carbohydrate. (UTHSCH)

DIABETES AND YOUR HEALTH: #6 MAKING HEALTHY CHOICES - 7048

video color 15 min. 1994 SrH-A

Intended for Mexican-American audiences. Explains the six rules for eating healthy and thereby controlling blood sugar. Discusses the menu plan and describes the kinds of foods in each food group. Gives a sample daily menu for a person limited to 1800 calories. (UTHSCH)

DIABETES AND YOUR HEALTH: #7 STEPS FOR CONTROLLING YOUR BLOOD SUGAR - 7049

video color 16 min. 1994 SrH-A

Intended for Mexican-American audiences. Reviews the main points in the previous six videos. Includes: definition of high blood sugar; symptoms of diabetes; long-term complications, their symptoms and methods of prevention; the importance of monitoring blood sugar with a blood test and urine test; the function of fats, proteins and carbohydrates in the body and examples of foods in each category; the causes and symptoms of hyperglycemia and hypoglycemia; the importance of exercise; and the use of personalized medications to manage diabetes. (UTHSCH)

DIABETES AT TIME OF DIAGNOSIS - 6975

video color 30 min. 1996 SrH-A

Helps the patient understand the diagnosis of diabetes, what may be going on inside the body and how the diagnosis was made. Explains what day-to-day changes diabetes might bring. Explores options for treatment and management, including helpful lifestyles tips. Answers frequently asked questions about diabetes. (TLMED)

DIABETES: CONTROL IS PREVENTION - 7082

video color 106 min. 1997 A, Professional

Teleconference presented on October 30, 1997. Intended to increase awareness of the impact of diabetes and highlight existing efforts to reduce the burden of diabetes. Provides ideas in order to mobilize communities to action to improve diabetes outcomes. (CDC)

DIABETES: DIET, EXERCISE AND SELF-CARE - 6963
video color 16 min. 1986 SrH-A

Shows how diabetics can use diet, aerobic activity and weight management to control their condition. Includes information on meal planning, food groups, portion control, and exchanges. Explains that there are "hidden sugars" in foods. Distinguishes between dietetic and diabetic foods. Provides information on starting an exercise program, and how to take good care of the skin, feet, and gums. (CBETE)

DIABETES EDUCATION: MONITORING AND MANAGEMENT - 5635

video color 29 min. 1991 Professional
Explains the rationale and the technique and procedures for effective self-monitoring of blood glucose. Defines glycosylated hemoglobin and glycosolated albumin and explains their clinical use. Discusses the advantages and disadvantages of urine glucose testing and describes when urine ketone testing is appropriate. Identifies the special needs of the individual who is acutely ill as well as one who is traveling, exercising or working various shifts. Defines the dawn phenomenon, Somogyi effect, and the honeymoon period and how they affect the control of diabetes. Also discusses the care of the pregnant diabetic. (AADE)

DIABETES: FACING THE TIGER (Vietnamese) -7744

video color 23 min. 2003 A
A doctor explains the risks, symptoms, and complications of diabetes to Texans of Vietnamese descent. Patients and their families talk about their perceptions of diabetes and what they are doing to take care of their health. (TDHDIA)

DIABETES SKIN AND FOOT CARE: IN STEP 4th ed.-DV0625

DVD color 13 min. 2008 A
This program provides patient education for diabetics on the care of their skin and feet. It suggests a daily routine to check for redness, flaking, calluses, or cuts that won't heal. It includes guidance on shoe selection and other tips to help people prevent problems before they occur. The monofilament test to detect neuropathy is also covered. (MILNER)

DIABETES FOOT AND SKIN CARE: IN STEP (closed captioned) - 5558

video color 6 min. 1994 SrH-A
Provides patient education for diabetics on the care of their skin and feet. Suggests a daily routine to check for redness, flaking, calluses, or cuts that won't heal. Includes practical tips to help people prevent problems before they occur. (MILNER)

THE DIABETES HOME VIDEO GUIDE (2nd ed.) - 7828

video color Eng.-135 min. Span.-117 min. 2005 A

For diabetics effective blood glucose management is the key to maintaining overall health. This video can help viewers develop the skills needed to self-manage diabetes, help reduce the risk of developing complications and enjoy a full and productive life. (MFI)

DIABETES IN TEXAS - 7736

video color 45 min. 2001 Professional
Intended for health care professionals, this videos discusses: epidemiological trends related to Type 2 diabetes; pathogenesis of the disease; principle research findings; clinical standards for diagnosing Type 2 diabetes; recommended approach for managing it; and guidelines for the use of oral agents and insulin in treating the disease. (TDHDIA)

DIABETES: WHAT YOU NEED TO KNOW - 6977

video color 12 min. 1989 SrH-A
Helps persons with diabetes understand the disease, how to treat it, and why treatment can preserve health. (UPJOHN)

DIABETES: YOU'RE IN CONTROL - 6976

video color 18 min. 1986 SrH-A
Provides a complete overview of effective diabetes control methods. Covers: meal planning, exercise, glucose monitoring, insulin injections, and warning signs of health problems. (CBETE)

DIAGNOSTIC APPROACH TO THE DYSMORPHIC PATIENT - 7252

video color 110 min. 1996 Professional
Intended as an overview of birth defects with examples for professional staff. Categorizes defects as anomalies, deformations and disruptions. (UK)

DIARY OF A TEENAGE MOTHER - 7583

video color 23 min. 2001 SrH
Dramatizes a real-life video diary of a teenager mother with a 3-year-old child. Presents the obstacles a teenage mother faces. Endorses abstinence as a way to avoid the distress of teen pregnancy. (SUNBUR)

DIARY OF A TEENAGE SMOKER - 6326

video color 26 min. 1991 I-SrH
Teenage girls tell why they started smoking, how they felt physically and emotionally when addicted to cigarettes and how they quit. Explores the image that allures young girls to start smoking and uses rock music, humor and fast pacing to reach its teenage audience. (EASTWE)

DIET AND STRESS MANAGEMENT - 6549

video color 15 min. 1996 A
Teaches coping strategies other than food to handle stress. Discusses impulse control; learning new self-talk; time management; how to say no; relaxation techniques such as deep breathing; relaxation response and progressive relaxation. (NATLH)

DIGESTIVE DISORDERS AND IRRITABLE BOWEL

SYNDROME - 7208

video color 24 min. 1993 A
 Focuses on inflammatory bowel disease, explaining the difference between ulcerative colitis and Crohn's Disease. Lists the common symptoms, theorizes about causes and links to genetics, diet, and stress. Discusses treatments and the outlook for long-term improvement (FFH)

THE DIGESTIVE SYSTEM (Chart) - CH-001

chart color 1995 SrH-A
 A heavy-duty laminated anatomical chart measuring 20" x 26" showing the organs making up the digestive system. (HLTHED)

DIGESTIVE SYSTEM (2nd ed.) - 4319

video color 19 min. 1981 JrH-A
 Shows the mechanical and chemical processes of digestion. Traces food through the digestive system and relates the process to other bodily systems. Partly animated. (EBEC)

DIRTY LITTLE SECRETS - 6559

video color 9 min. 1996 SrH-A
 Presents safe practices to follow when storing, preparing and cooking food to prevent foodborne illnesses in the home kitchen. Topics include: organizing the refrigerator and freezer, organizing the food pantry, keeping cold food cold and hot food hot, washing hands and utensils, cooking food well, and storing cooked food safely. (INTERF)

DISASTER READINESS - 7802

video + CD-ROM color 14 min. 2002 A
 Using both industrial and office settings demonstrates the importance of planning and preparing for emergencies and the elements of an emergency response plan. Program includes PowerPoint presentation on CD-ROM (LONGI)

DISCUSSING ADVANCE DIRECTIVES - 7924

video color 16 min. 2002 Professional
 Two nurses and a physician discuss the issues involved in working with other staff and patients on advance directives. Among these issues are misunderstandings, among both patients and staff, about the differing roles of living wills, durable powers of attorney, and "do not resuscitate" orders; confusion about how to interpret these documents; and the ambivalence of some patients about having to make such decisions at all. (FANLIG)

DISEASE, DISASTER AND DETECTION: PARTNERING WITH PUBLIC HEALTH LABORATORIES (closed captioned) - 7719

video color 60 min. 2003 Professional
 Identifies the role of the public health laboratory in preventing disease, responding to disasters, and detecting health risks in our environment. Describes the Association of Public Health Laboratories' (APHL) role in improving laboratory systems and practices and emphasizes the partnering of public health labs and the private sector for information sharing. (PHGR)

THE DISORDERLY WORKER - 4867

video color 8 min. 1969 A, Professional
 Describes a worker who is insensitive to the disorder and filth which he creates. (JOURNL)

DISTRACTED DRIVING - 7572

video color 18 min. 2002 A
 Suggests ways to drive safely and to reduce five major types of driver distractions: cell phones and other gadgets, children, aggressive drivers, drowsiness and traveling away from the home territory. (AIMS)

DOCTORING BAD DISKS - 7155

video color 29 min. 1994 A
 An interviewer asks a physician questions on spine anatomy and physiology, back pain, and treatments. Describes people most at risk for back pain. Explains herniated or bulging disks and sciatica. Provides guidelines for seeking medical treatment. (UWHC)

DOCUMENTATION IN HOME HEALTH - 6238

video color 16 min. 1995 A, Professional
 Designed to train nurses in home health care how to correctly document care and treatment. Explains the major purposes of this type of documentation and the features essential to effective home health nursing documentation. (AMJRN)

DOG BITE PREVENTION THROUGH AWARENESS - 4906

video color 13 min. 1990 A
 Especially produced for meter readers, mail carriers, and residential service employees. Details the techniques for recognizing problem animals as well as confrontation avoidance. Makes viewers aware of the hazards, the precautions to take, how to protect oneself if confronted, and how to make professional judgments. (DONBR)

DOG DEFENSE AVOIDING ON THE JOB DOG BITES - DV0229

DVD color 19 min. 2006 A
 Dogs aren't always the best friends of mail carriers, meter readers, delivery persons, census workers, and others who make house calls as part of their jobs. This DVD features the personal accounts from professionals who encounter dangerous dogs every day in the course of their work. It summarizes advice for avoiding painful, frightening, and debilitating injuries. Viewers will learn how to assess a situation, read dog body language, and protect themselves from attack. (LATHAM)

DOGS, CATS AND BIG KIDS - 7907

video color 19 min. 2004 I-JrH
 A pet care professional shows young people how to be safe with pets and strays. This video shows kids the right way to handle and play with pets to avoid being bitten. Young viewers will learn how to read dog and cat body language and what to do when a dog chases them. (NAHEE)

DOGS, CATS AND KIDS - DV0219

DVD color 27 min. 2004 K-Elem

This program will show children how to handle and play with pets to avoid being bitten or scratched. Viewers will learn how to read cat and dog body language, observe warning signs and deal with strays. They will also learn how to behave when being chased by a dog. (NAHEE)

DOMESTIC VIOLENCE: VOICES FROM WITHIN - 5602

video color 27 min. 1994 A

Presents interviews with three individuals, one an abuser, and two with women who have been abused. The abuser discusses his beliefs and how they have changed since he has been incarcerated. The second interview describes how the woman not only endured physical abuse, but emotional abuse as well. After a step-by-step process she freed herself from the abuse and regained her sense of self. The third interview explains why women stay in an abusive relationship and how the system fails to protect those who are abused. (CORV)

DONALD'S FIRE SURVIVAL PLAN - 4833

video color 11 min. 1985 P-EI

Donald Duck and his nephews Huey, Dewey, and Louie, demonstrate ways to protect your home against fire. (DISNEY)

DONNIE DINOSAUR IN TOBACCO TROUBLE - 6321

video color 12 min. 1993 K-EI

Explains the dangers of cigarettes and smokeless tobacco by taking children to the music-filled world of Donnie Dinosaur as he helps his friends work through a common peer pressure situation involving smoking. (SYNDI)

DON'T CHOKE: THE HEIMLICH MANEUVER - DV0105

DVD color 22 min. 2005 SrH

When someone is choking, you have only four to six minutes to save that person's life. The Heimlich Maneuver quickly dislodges objects from the windpipe. This simple maneuver can also be performed on drowning victims and on people who are having asthma attacks. Learn how to perform the Heimlich on children and on yourself. (EVN)

DON'T DRINK FOR TWO: PREVENT FETAL ALCOHOL SPECTRUM DISORDERS/NO BEBA POR DOS EVITE LOS TRASTORNOS DEL ESPECTRO ALCOHÓLICO FETAL - DV0613

DVD color Eng 8 min., Span 8 min. 2010 A

Two moms share their personal stories of sorrow after giving birth to children with Fetal Alcohol Spectrum Disorders (FASD). This DVD combines facts about FASD and information women can use to get help to quit drinking. (WIC)

DON'T SMOKE- RAP ON SMOKING - 6748

video color 6 min. 1987 EI - SrH

A fast-paced rap presentation on the hazards of smoking by three youth who encourage their peers not to smoke. (CANCER)

DON'T STRESS ABOUT IT: STRESS MANAGEMENT FOR TEENS - DV0661

DVD color 45 min. 2005 JrH-SrH

This stress management program, provides youth with the tools necessary to identify and manage the stresses of everyday life including disruptions at home, problems at school, community violence, difficulties with friends and more.

DOWN SYNDROME: A PARENTAL PERSPECTIVE - 7544

video color 20 min. 1995 A

Presents a positive view of parenting a child with Down syndrome as parents share their experiences. (LMD)

DRINKING AND DRIVING: A DEADLY DECISION - 6133

video color 16 min. 1996 SrH-A

Destructive results of drinking and driving are portrayed through true stories from three different perspectives: a young man convicted of felony drunk driving and manslaughter; a young wife as she confronts the teenager who killed her husband; and a police officer as he explains the risks involved in driving drunk and the resulting court proceedings. (AIMS)

DRINKING, DRIVING AND DRUGS: A DEADLY MIX - 7831

video color 20 min 2004 SrH

Introduces viewers to the profound dangers of driving under the influence of alcohol and other drugs. Includes personal stories, interviews with police, doctors, prevention activists, and young people who have decided that drinking is not for them. Provides statistics that demonstrate the risks of driving under the influence as well as suggestions for ways to say no to alcohol and what to do if someone is trying to get behind the wheel while under the influence. (SYNDI)

DRINKING IT IN - 7815

video color 5 min. 2002 I-A

Shows how often children are influenced by the advertising of alcoholic beverages. (IMP)

DRIVER SAFETY BEGINS WITH ATTITUDE - DV0172

DVD color 7 min. 2004 A

Safe driving begins with a good attitude. Improve your driving skills by learning to control negative emotions when you're behind the wheel. (SAFETY)

DRIVING RISKS AND RESPONSIBILITIES - 7281

video color 16 min. 2000 A, Professional

Emphasizes a company safe driving program for employees. Outlines the components of a successful program including driver eligibility, building awareness and confidence, maintaining the fleet and keeping records. Includes guidelines for the driver to avoid damage to vehicles and prevent accidents including parking safely and general do's and don'ts. Explains what to do if an accident occurs. (SC)

DRIVING SAFELY REASON ON THE ROAD - DV0269

DVD color 16 min. 2000 SrH-A

Viewers witness common driving behaviors like tailgating, not using turn signals, cutting cars off, and other inconsiderate

behavior, from inside as well as outside the car. Not only do viewers see how dangerous such behavior can be, but experts give insight into how some incidents can escalate into violence. The SAFE process is explained and demonstrated: Scan, Anticipate, Figure, Execute. This is an excellent perspective for all new drivers and a good refresher for experienced ones. (FILMS)

DRIVING TACTICS BASIC DRIVING SKILLS - DV0271
DVD color 21 min. 2005 SrH-A

Can you operate 3,000 pounds of heavy machinery powered by continuous explosions? You must be able to, if you want to drive a car. NASCAR star David Reutimann explains the basics of automobile control in this DVD, guiding students from their first time behind the wheel to the essentials of driving and parking on public streets. Highlighting mental as well as physical preparation, the program covers starting up, accelerating, braking, shifting, steering, turning, and all the steps that go into safely handling a vehicle. Students will also learn the fundamental rules of the road, including how to read signs, signals, and surface markings. (MEC)

DRIVING TACTICS DEFENSIVE DRIVING - DV0272
DVD color 21 min. 2005 SrH-A

What's the most important factor to consider when driving? Visibility? Engine performance? No...it's other drivers. In this DVD, NASCAR driver David Reutimann focuses on defensive driving, the cornerstone of safe vehicle operation. Underscoring the danger of making assumptions when behind the wheel, the program stresses preparing for the worst possible events and circumstances. It illustrates three solid principles of defensive driving: Give Yourself Space, Anticipate, and Know Your Options. Issues concerning drunk driving, tailgating, finding escape routes out of dangerous situations, and proper behavior at the scene of an accident are also covered. (MEC)

DRIVING UNDER THE INFLUENCE - 4507

video color 22 min. 1984 JrH-A

The lifelong consequences of drinking and driving when both drunk drivers and victims talk about their experiences. Emphasizes that young people are the worst offenders and that one does not have to be legally drunk to have an accident. (HIGGIN)

DRUG ABUSE AND HIV: REACHING THOSE AT RISK (closed captioned) - 6648

video color 16 min. 1995 A, Professional

Shows how three intervention models educate out-of-treatment injection drug users about AIDS. Explains the behaviors that transmit the disease, and about strategies that reduce the risk of contracting AIDS. (NCADI)

DRUG ABUSE AND THE BRAIN - 6646

video color 26 min. 1993 A, Professional

Provides a detailed look at the biological basis of drug addiction. Through animation and interviews with experts in the field, viewers will come to understand how the brain's reward system operates and how drug abuse can cause fundamental changes in brain functioning. (NCADI)

THE DRUG AVENGERS - 4428

video color 70 min. 1988 P-I

Shows the meeting of two "kid cultures", cultures from different times with a common problem: drug abuse. Ten animated cartoons (four designed for grades 1-3, five designed for grades 4-6, and a common "pilot" episode), tell about visitors from the future who have come back in time to help today's children with healthy messages and ideas on ways to refuse or avoid drugs. (SWREG)

DRUG DANGER: IN THE BRAIN (closed captioned) - 6959

video color 12 min. 1992 JrH

Explains the physiology of the brain. Animated graphics show how drugs affect the messages flowing to and from the brain. Discusses addiction. (HLTCO)

DRUGGED DRIVING: THE ROAD TO DISASTER (closed captioned) - DV0468

DVD color 25 min. 2008 SrH

ER doctors and police investigators specially trained to recognize drug-impaired driving present a hard, on-the-scene look at how drugs impact driver alertness, reflexes and perception skills. A prosecutor specializing in DUI cases explains the legal consequences following a drugged driving crash. Finally, a mother recreates the tragic story of how her daughter died in a drugged driving crash caused by marijuana smoking. Viewers get a comprehensive view of the devastating effects of drugged driving on teens, their families and their communities. (HUMRE)

DRUGS: A PRIMARY FILM (2nd ed.) - 4982

video color 9 min. 1991 P

Dramatic vignettes of children and their experiences with over-the-counter and prescription medicines explore the dangers of common drugs. Explains that when one is sick, medicines will help but all medicines are drugs and change the way the body works. (BARR)

DRUGS, ALCOHOL AND GUNS: TRIGGERS TO VIOLENCE (closed captioned) - 6881

video color 26 min. 1997 JrH-SrH

Michael Pritchard is a former juvenile probation officer turned teen counselor. Filmed in real schools with real students. Explains the role of peer pressure in the teen use of alcohol and other drugs. Emphasizes the importance of personal choice and responsibility in relation to violence including looking for warning signs and avoiding dangerous situations. (LIVEW)

DRUGS, ALCOHOL AND PREGNANCY: WHAT YOU SHOULD KNOW - 7253

video color 25 min. 1992 SrH-A

Details the tragic consequences on the fetus from drugs, including alcohol, cocaine, nicotine, marijuana, and over-the-counter drugs. Special attention is given to fetal alcohol syndrome (FAS). Shows real women with FAS-affected children. (HUMRE)

DRUGS AND DRIVING: A DEADLY COMBINATION - 6955

video color 12 min. 1997 SrH-A
Examines one of the primary causes of traffic accidents, that of taking over-the-counter drugs while driving. Antihistamines, tranquilizers and sleeping pills lower concentration and reduce motor control. (FFH)

DRUGS IN THE WORKPLACE: THE STRAIGHT STORY - DV0574

DVD color 10 min. 2000 A
Abusing drugs and alcohol may result in the loss of your job, your health, and your family and friends. Learn how drug use can lead to a lifetime of regrets. (SAFETY)

DRUGS, SMOKING AND ALCOHOL DURING PREGNANCY - 6151

video color 9 min. 1992 SrH-A
Alleviates the confusion many pregnant women have about what may be harmful to their babies. Hazards discussed include: cigarette smoking, alcohol use, and illegal drugs, with special emphasis on cocaine. The potential dangers of over-the-counter and prescription drugs are also mentioned. Viewers are given tips on how to treat colds without resorting to medication. (MILNER)

DUDLEY THE DRAGON - 4601

video color 5 min. 1976 P
Dudley, the village dragon, is misunderstood as well as disliked because he has dirty, ugly teeth. A village boy who has learned about good health in school visits Dudley and teaches him how to care for his teeth through proper brushing. Written in verse for preschool and primary children. (ADA)

DUDLEY'S CLASSROOM ADVENTURE - 5736

video color 8 min. 1991 El
Dudley's assignment is to write a report on a healthy mouth. This program teaches about diet, brushing and flossing, sealants, mouthguards, and more. Designed for children in Grades 3 - 5. (ADA)

DUDLEY'S VISIT TO THE DENTIST - 5738

video color 7 min. 1990 K-P
Dudley meets the dental team and learns about the dental office. Teaches children of kindergarten age through third grade what to expect when they visit their dentist. (ADA)

DWARF: STANDING TALL - 7541

video color 52 min. 1999 SrH-A
Describes the obstacles little people face in modern life. Shows a convention of the Little People of America where dwarves of all ages, walks of life and nationalities come together. (DISCOV)

DWI: SAVE A LIFE - 5143

video color 7 min. 1992 A
Explains why a person who has been drinking should not drive. Explains how alcohol levels vary from person to person. Cites traffic statistics regarding automobile accidents attributed to

alcohol. (SAFETY)

DYING HIGH: TEENS IN THE ER (closed captioned) - 7631

video color 25 min. 2003 SrH-A
Provides a graphic glimpse of an emergency room as doctors treat teens for some of the most common types of injuries among young people: drug overdoses, alcohol poisonings, and car wreck traumas. (HUMRE)

EARLY BREAST CANCER: WITH KNOWLEDGE COMES HOPE (closed captioned) - DV0356

DVD color 23 min. 2003 A
This DVD explains the four stages of tumor properties, provides insight into studies linking the disease to estrogen-genetic factors, and explores the drugs, treatment benefits, and diagnostic techniques used by leading cancer centers. It espouses the need for early detection. Featured interviews include survivors and physicians. (FFH)

EASING THE ADJUSTMENT TO A NURSING HOME: STRATEGIES FOR FAMILIES -DV0646

DVD color 12 min. 2010 A
This DVD provides strategies to make the adjustment to a nursing home or assisted living facility easier for the resident and the family members.

EAT RIGHT: 2005 FOOD PYRAMID - DV0042

DVD color 24 min. 2005 SrH-A
The new USDA dietary guidelines and revised food pyramid emphasize the importance of physical activity and eating nutrient dense foods. For the first time, the food pyramid includes moderate to vigorous exercise as part of the daily diet. Eat right is basic education for nutrition classes. (FIDEAS)

EATING AND FEEDING ISSUES IN OLDER ADULTS WITH DEMENTIA - DV0647

DVD color 39 min. 2009 A, Professional
Older adults with dementia often have an added risk of poor nutrition and hydration, due to cognitive loss. The Edinburgh Feeding and Dementia Scale equips caregivers to observe the older adult for eating or feeding difficulties, and target specific interventions that increase nutritional intake. It includes suggestions on when and how often to do an assessment to ensure accuracy. Caregivers will also find helpful insights on how an older adult's ability to eat is affected by late-stage Alzheimer's disease.

EATING DISORDERS (closed captioned) - 7028

video color 12 min. 1998 SrH-A
Defines three eating disorders: anorexia nervosa, bulimia, and compulsive overeating. Features three people who discuss their mental and emotional states which led to their eating disorder. Describes the destructive impact on their physical bodies. Explains that for some people a cure is possible and a reasonable expectation. (WCBMGH)

EATING DISORDERS: WHEN FOOD HURTS - 7294

video color 18 min. 1996 JrH-A

Discusses the warning signs, physical dangers, and treatment of the eating disorders of anorexia and bulimia. Examines the reasons why people first develop eating disorders and continue in those behaviors after their condition has been diagnosed. Offers suggestions for intervening and helping people. (AIMS)

EATING FOR YOUR FUTURE - DV0021

DVD color 46 min. 2005 JrH-SrH

Up to 100 tons of food and drink will pass through a person's digestive system during their lifetime. This video investigates the effects of nutrition and lifestyle choices on the quality of life. The program is divided into two parts. . It shows how the choice of different foods can make a person healthier or sicker in the long run. The second part shows how a nutritious balanced diet can provide for a long and healthy life. Lesson plans and curriculum units are available online at www.discoveryschool.com (DISCOV)

EBT WIC IN THE FAST LANE MANAGER POLICY AND PROCEDURE GUIDE (closed captioned) - DV0221

DVD color 22 min. 2007 A

The first part of this DVD provides an introduction to the electronic benefit transfer system for food store managers. The second part of the DVD gives an overview of WIC procedures for food store managers.(DSHS WIC)

EFFECTS OF EXERCISE ON FEMALE HEALTH AND REPRODUCTION - 7737

video color 47 min. 2002 Professional

Dr. Michelle P. Warren reviews the special health conditions of the female athlete. These conditions include menstrual irregularities, osteoporosis, eating disorders, and stress fractures. (NCME)

EFFECTIVE TB INTERVIEWING FOR CONTACT INVESTIGATION – DV0695 (DVD) 7953 (VHS)

DVD/VHS 67 min 2004 Professional

This video demonstrates successful interviewing strategies with TB patients. It is designed to enhance the knowledge and skills of health care workers who are responsible for conducting TB interviews with patients as part of contact investigations.

EGRESS/EXIT SAFETY - 5616

video color 5 min. 1992 A

Shows that it is important to keep emergency exits safe. Three key points are covered: obstructions, exit doors, and how to exit safely. (SAFETY)

E-HAZARDS: THEY'RE OUT THERE - 7218

video color 15 min. 1999 I-JrH

Loosely based on *The X-Files*' Fox Mulder and Dana Scully, Wolf and Lana identify everyday environmental health threats to children and provide useful tips and cautions. Emphasizes the following environmental hazards: household products, secondhand smoke, pesticides, overexposure to ultraviolet light, lead and contaminated water. (EPA)

EIGHTH ANNUAL EMERGENCY PREPAREDNESS SATELLITE SYMPOSIUM (closed captioned) - 7724

video color 254 min. 2003 A, Professional
Satellite broadcast Sept.16, 2003. FEMA and US Department of Agriculture/Animal Plant Health Inspection Services partnered to bring valuable information on animal and human health issues. Key topics included: High Pathogenic Avian Influenza (HPAI); Bovine Spongiform Encephalopathy (BSE); Exotic Newcastle Disease (END); and Infectious Salmon Anemia (ISA). (FEMA)

EIS (EPIDEMIC INTELLIGENCE SERVICE) GRAND ROUNDS

audiocassette 30 min. each Professional
The Grand Rounds provide a forum for presentation and discussion of current epidemiologic investigations and new epidemiologic methods for health professionals. (CDC)

**GENE-ENVIRONMENT INTERACTION AND THE ETIOLOGY OF CLUBFOOT - T-0393 (1998)
PREGNANCY SICKNESS AND CONGENITAL HEART DEFECTS-IS IT GOOD TO THROW UP?-T-0392 (1997)**

ELDER ABUSE AND NEGLECT - 7558

video color 29 min. 2001 A, Professional
Defines the complexities of elder abuse and the different forms of abuse: physical, sexual, neglect, self-neglect, emotional or psychological, financial, and abandonment. Includes risk factors for elder abuse. (HAC)

ELDER ABUSE AND NEGLECT: SHOW YOU CARE - 7950

video color 20 min. 1999 A

Viewers will find out the subtle forms of abuse and learn of the different types of elder neglect. This program identifies those elders at the greatest risk for abuse and discusses abuse assessment and report policies. (COASTA)

ELDER ABUSE: FIVE CASE STUDIES - 5905

video color 40 min. 1990 A, Professional
Candid accounts by five sufferers of physical and emotional elder abuse by a spouse or adult child are presented. Provides important insights into the ambivalent feelings of older abuse victims as they try to find safety and relief from their pain. Explains a variety of intervention techniques that can be used to stop the abuse. (FANLIG)

ELDER ABUSE: THE REAL DEFINITION: NEGLECT - DV0418

DVD color 19 min. 2000 Professional

Nursing staff considers situations in which neglecting an older person is abusive. It includes: not responding to a call bell; not providing assistance when needed; allowing a resident to remain soiled; not observing and reporting significant change in an older person's physical or mental status; and not reporting signs of pain. (UMSM)

ELDERS AND FAMILIES - 6605

video color 60 min. 1996 A, Professional
Developed for families facing the decisions involved in providing care for an elder member of the family. Provides a

variety of potential eldercare options and the resources available to help arrange care. Vignettes show the diversity of family situations. (BURNHAM)

ELECTRICAL SAFETY FOR NON-ELECTRICAL WORKERS - 5250

video color 20 min. 1991 A

Explains basic electrical concepts, effects of electric shock, and common electrical hazards. Techniques for avoiding hazards and for reacting to an electrical emergency are described. Intended as an introduction to electrical hazards for plant personnel. (NUS)

ELECTRICAL SAFETY IN THE WORKPLACE - 7177

video color 23 min. 1998 A

Provides electrical power facts and terminology, including the basic laws describing the behavior of electricity. Describes the increasing levels of damage to the human body from contact with increased electric current. Lists dos and don'ts in working with and around electricity. (SC)

ELECTRICAL SAFETY ILLUSTRATED - DV0394

DVD color 17 min. 2001 A

This DVD teaches viewers how the currents of electricity flow through circuits and the body. It explains electric shock and its effects, resistance, ground, neutral and hot wires and conductors. (TTN)

ELECTRICAL SAFETY PART 1 SHOCK PROOF UNQUALIFIED - DV0277

DVD and CD-ROM color 17 min. 2004 A

This is a 2 part program. The first is a DVD that contains the program itself. The second is a CD-ROM which contains a companion PowerPoint presentation. Viewers will learn to recognize electricity hazards. They will also learn about preventing electrical accidents and injuries. OSHA & NFPA compliance requirements are included. This program is intended for all unqualified employees and features a variety of workplace settings. (TTN)

ELEMENTS OF BACK CARE IN HEALTH - DV0028

DVD color 16 min. 2000 Professional

This program provides information on how to prevent back injuries through stretching and exercise, good body mechanics, and improved techniques for transfer. Easy to understand examples of appropriate transfer techniques are shown in detail. A short segment on transfer aids and devices available is also included. (TTN)

ELEMENTS OF HUMAN NUTRITION: CARBS

(closed captioned) - DV0492

DVD color 21 min. 2009 SrH-A

Viewers learn how our bodies use carbs, how many we should eat each day, and which foods are healthier choices for carbs than others. They will begin to understand the role of glucose, fructose, sucrose, lactose and other sugars in the diet and learn why people who go on carb-reducing diets lose weight and why carbohydrates are a more efficient fuel than protein. This program reviews important facts about blood sugar, insulin,

diabetes, and the glycemic index. (KINETIC) .

ELEMENTS OF HUMAN NUTRITION: FATS (closed captioned) - DV0496

DVD color 27 min. 2009 SrH

This program details the effects of fats on the body and distinguishes between good fats and bad fats and how fats relate to vitamins, hormones, energy, and our nervous system. (KINETIC)

ELEMENTS OF HUMAN NUTRITION: MINERALS: (closed captioned) - DV0494

DVD color 27 min. 2009 SrH-A

Viewers will learn the names and functions of minerals, and which foods are the best sources to ensure proper nutrition. This program explains the difference between vitamins and minerals and why calcium makes bones stronger. (KINETIC) .

ELEMENTS OF HUMAN NUTRITION: PROTEIN

(closed captioned) - DV0493

DVD color 21 min. 2009 SrH-A

Proteins help us see, contract our muscles, and clot blood. This program teaches us what a protein is and the foods that provide it, how our bodies process protein, the difference between high and low quality proteins, and the recommended intakes of this essential nutrient. (KINETIC).

ELEMENTS OF NUTRITION: VITAMINS (closed captioned) - DV0495

DVD color 25 min. 2009 SrH-A

Viewers learn what vitamins are, and how they keep us healthy. They also learn about vitamin overdose and vitamin shortages. (KINETI).

ELEMENTS OF HUMAN NUTRITION: WATER

(closed captioned) - DV0497

DVD color 30 min. 2009 SrH

This program explains dehydration and what water contamination means to third world countries and disaster areas. It contrasts the benefits of drinking water with sodas and sport drinks while providing recommendations for daily water intake. (KINETIC)

EMERGENCY ACTION PRINCIPLES: MODULE #1 - 4477

video color 12 min. 1984 A, Professional

A child is treated for poisoning, an elderly victim is rescued from a smoke-filled room, and a construction worker who is bleeding heavily is treated for shock. Discusses first aid priorities: rescue, breathing and heartbeat, heavy bleeding, poisoning, shock, examination, seeking of medical help, and continued monitoring of victim. (CORONE)

EMERGENCY EVACUATION - 5377

video color 17 min. 1991 A

Dramatizes a fire emergency in a health facility and demonstrates the proper techniques for dealing with such emergencies. Presents the specific roles of nurses and other personnel during evacuation. Demonstrates removal

techniques. (ORACLE)

EMERGENCY EVACUATION FROM MULTI-STORY BUILDINGS - 7508

video color 7 min. 2002 A

Demonstrates how to evacuate a multi-story building in the event of a fire, bomb threat, chemical spill or other emergency. Discusses safe exiting by the stairwell and going immediately to the designated assembly area. Includes special instructions for those with a permanent or temporary disability. (SAFETY)

EMERGENCY RESPONSE PLAN (HAZWOPER) - 7803

video color 15 min. 2000 A

Outlines the chain of command including duties for the Incident Commander and the Hazardous Materials (HAZMAT) Specialist. Includes communication systems, and information on personal protective equipment. Shows how to recognize a HAZMAT spill and the need for procedures necessary to bring the incident under control. (LONGI)

EMPLOYEE EDUCATION: SAFETY IN THE OFFICE - 5119

video color 13 min. 1990 A

Helps employees understand their role in keeping the office safe, including picking up materials that could cause falls. Shows how to load and use the filing cabinet properly. Explains the importance of knowing escape routes and procedures to follow during emergencies, observing electrical safety rules when handling appliances, reporting fire hazards, and maintaining a drug-free workplace. (AIMS)

END OF LIFE CARE IN DEMENTIA - DV0649

DVD color 29 min. 2008 A

Caregivers will learn how to tailor care to the changing needs of the resident, establish communication about care preferences, support the family members, other residents, and fellow staff, as well as, what to do immediately after a resident death. This program encourages flexible care plans, and discussion of issues related to pain management, active dying symptoms, and comfort levels.

END OF LIFE DECISIONS: ADVANCE DIRECTIVES - 6412

video color 8 min. 1993 A

Provides straightforward guidelines for making advance directives: living wills, durable power of attorney, and more. (MOSBY)

ENDING NEGLECT: THE ELIMINATION OF TUBERCULOSIS IN THE UNITED STATES - 7402

video color 10 min. 2000 A, Professional

Describes the problems leading to a resurgence of active tuberculosis cases in the United States. Emphasizes the need to find and treat people with latent infections and strengthen public health services. Recommends screening programs that would target high-risk communities and intensify the TB testing for visa applicants from countries where the disease is most widespread. (NAS)

ENDOCRINE SYSTEM (2nd rev.) -7173

video color 16 min. 1993 SrH

Detailed animation identifies the endocrine glands and explains how they work together, often under the direction of the pituitary gland. Clarifies the endocrine system's management of growth, metabolism and reproduction. Discusses use of growth hormones in children, hyper- and hypo-thyroid conditions as well as the controversial use of steroids in sports training. (CORONE)

ENDOMETRIOSIS - 6264

video color 5 min. 1992 SrH-A

Gives patient information regarding the symptoms, diagnosis, tests, and treatments for endometriosis. The Texas Department of State Health Services does not endorse any particular product or company. (INFOTR)

ENHANCING ENVIRONMENTAL HEALTH PRACTICE IN THE 21ST CENTURY (closed captioned) -7502

video color 88 min. 2002 Professional

Teleconference presented May 9, 2002. Intended for public health professionals. Briefly describes recent events in which serious illnesses and deaths have occurred as a result of new threats to environmental health practices and sanitation. Stresses the need to improve and revitalize the nation's environmental health services (EHS) system and explains CDC's strategy and activities to accomplish this task. Describes the six CDC goals to revitalize the EHS system. (CDC)

ENSURING INFECTION CONTROL - 7060

video color 21 min. 1997 Professional

Describes how infectious agents are transmitted utilizing the chain of infection. Explains the difference between a community-acquired and a nosocomial infection. Presents an overview of prevention measures, including the 1996 Centers for Disease Control and Prevention's Standard Precautions, as well as transmission-based precautions. Includes tips on legal issues and documentation. (LIPP)

ENVIRONMENTAL JUSTICE POWER OF PARTNERSHIPS - DV0504

DVD color 47 min. 2007 A

This documentary film tells the story of how one man, a local community organization and a handful of partners discovered a public health problem and worked together to bring people together and create change. The film highlights the EPA's Collaborative Problem-Solving Model. (EPA)

THE EPIDEMIC OF OBESITY: PERSONAL CHOICE OR ENVIRONMENTAL CONSEQUENCE? - 7515

video color 60 min. 2002 A, Professional

Teleconference presented on June 7, 2002. Designed to increase awareness of personal and environmental risk factors contributing to obesity, promote traditional and non-traditional public health partnerships, and strengthen the public health infrastructure. Presents three causes of mortality associated with obesity. Identifies three community strategies to reduce

the incidence of obesity. (PHGR)

THE EPIDEMIOLOGY AND PREVENTION OF VACCINE-PREVENTABLE DISEASES (rev.) (closed captioned)

video color see running times below 2006 A, Professional
Four teleconferences designed for nurses, physicians, and other communicable disease, infection control, and immunization professional staff. Focuses on vaccine-preventable diseases, vaccine management, safety and standard immunization practices. Written materials that follow these programs may be found at <http://www.cdc.gov/nip/publications/pink/> (CDC)

- 7788 Part 1** (190 min..) Broadcast February 9, 2006. This satellite broadcast covers principles of vaccinations, general recommendations, vaccine safety, vaccine administration, vaccine storage and handling. .
- 7789 Part 2** (190 min) Broadcast February 16, 2006. This satellite broadcast covers the immunizations for pertussis –pediatric and adolescent/adult, haemophilus influenzae type b (Hib), and pneumococcal-disease (childhood)
- 7790 Part 3** (190 min) Broadcast February 23, 2006. This satellite broadcast covers vaccinations for measles, rubella, varicella, poliomyelitis, meningococcal disease.
- 7791 Part 4** (190 min.) Broadcast March 2, 2006. This satellite broadcast covers immunizations for hepatitis A and B, influenza and pneumococcal disease

EPILEPSY 101: INFORMATION FOR PEOPLE WITH SEIZURES - DV0431

DVD color 12 min. 2004 A

This DVD provides basic information for people who have been diagnosed with epilepsy (recurring seizures). It describes the four major treatment options and through interviews with patients and physicians offers tips on how to limit epilepsy's effects on people's lives. (EFA)

EPILEPSY: A POSITIVE ID - 4514

video color 22 min. 1989 A

Intended to help first responders recognize common seizure types, administer first aid, and be familiar with common medication use to control seizures. Aimed primarily at law enforcement. (EPED)

EPILEPSY AND THE FAMILY (closed captioned)

English-6451; Spanish-6452

video color 12 min. 1989 SrH-A

Parents tell how they cope with the medical and family issues associated with raising a child with a seizure disorder. (EFA)

EPILEPSY: FIRST AID FOR SEIZURES - 4162

video color 15 min. approx. 1981 JrH-A

Describes what to do if someone has an epileptic seizure. Shows the different types of seizures in children and adults. (CORONE)

EPILEPSY: LIFE GOES ON / EPILEPSY: QUALITY

OF LIFE (closed captioned) - 6811

video color 41 min. 1992 SrH-A

Two programs on one tape. *Epilepsy: Life Goes on* (27 min.) Shows four teens and their families and the adjustments they have made due to epilepsy, in school performance, and social and family life. Shows how their health care professionals continually re-evaluate a patient's condition to manage seizures and provide a greater quality of life. Uses real seizure footage to explain different seizure types. *Epilepsy: Quality of Life* (14 min.) Panel discussion involving the four patients from the first program, family members and health professionals. (EFA)

ERGONOMICS FOR THE TWENTY-FIRST CENTURY - 7299

video color 15 min. 2000 A

Covers proper equipment adjustments at computers and workstations for comfort and strain prevention. Recommends stretching and mini-breaks. Offers ways to customize the workspace. (LONGI)

ERGONOMICS: REDUCING WORK RELATED INJURIES - DV0382

DVD color 8 min. 2001 Professional

This DVD is intended for health care workers. Viewers will be able to identify the signs and symptoms of musculoskeletal disorders. The proper equipment adjustments at computers and workstations are shown. Advice is given on how to prevent injuries when lifting and transferring patients. (ENV)

ESPECIALLY YOU - 4864

video color 16 min. 1989 El-JrH

Encourages children to explore their feelings about themselves and others. Issues relating to self-concept and peer pressure are examined and students are encouraged to develop communication and problem-solving skills. (MEDGLD)

THE ESSENTIAL ELEMENTS OF HAND SAFETY - 6476

video color 14 min. 1996 A

Graphically illustrates hand injuries. Presents four types of hand hazards: mechanical, chemical, thermal and general. Shows job situations in which these hazards occur. Discusses accident prevention measures based on recognizing the hazard, evaluating the extent of the hazard and, whenever necessary, following through with appropriate control measures. Provides many tips for the worker to reduce hand injuries. (SC)

ESSENTIALS OF DISCIPLINE TODDLER AND PRESCHOOL YEARS - DV0319

DVD color 28 min. 2000 A

Tantrums, poor manners, whining, and refusing to share are all typical behaviors in young children. These typical behaviors can test the patience of any caregiver or parent. This program shows how to use positive techniques and problem-solving to guide youngsters into better behavior. (CAMED)

ETHICAL ISSUES IN NURSING INTRODUCTION (closed captioned) - DV0654

DVD color 23 min. 2006 Professional

This program provides an introduction to the fundamental ethical terms and concepts that students and nurses need to know. Through scenarios and expert interviews, the program clearly defines justice, fidelity, autonomy, and moral distress. It explores the vital role that personal values play in ethical situations. It also discusses the importance of nurse self-regard and the key steps to sound ethical decision making.

**ETHICAL ISSUES IN NURSING SERIES
PROTECTION PRIVACY SAFETY AND STANDARDS
- DV0381**

DVD color 20 min. 2006 Professional
Through scenarios and expert interviews, this program addresses the importance of patient privacy and confidentiality while highlighting the key mandates of HIPPA. It explores the various ways that nurses can successfully advocate for their patients, including those who might participate in research. The program also covers the importance of standards and review mechanisms and the role of an ethics committee. The challenging issue of identifying and acting on questionable and impaired practice is also covered. (ENV)

ETHICAL QUESTION: DEATH AND DYING - 7733

video color 30 min 1996 A, Professional
Urges doctors to consider the emotional and physical state of their patients with serious or terminal illnesses. Emphasizes that patients and family members should address the issue of refusal or withdrawal of life-sustaining treatment in the case of terminal illness and communicate the patient's desires to the doctors. Covers the ethical dilemma health care workers face when treating patients who have no advanced directives. (AMT)

ETHICAL QUESTION: ECONOMICS AND HEALTH CARE - 7767

video color 23 min. 1992 Professional
Discusses the problem of patients who cannot afford, or whose insurance does not cover, the medical treatments that their doctors think are necessary. (AMT)

ETHICAL QUESTION: INFORMED CONSENT - 7762

video color 23 min. 1992 A, Professional
Examines the moral and legal obligation of doctors to deliver unbiased information to patients about their conditions prior to a particular treatment or procedure. Covers the importance of working with family members if the patient is not competent to make decisions. (AMT)

ETHICS, RESIDENTS' RIGHTS AND DIGNITY - 6185

video color 20 min. 1994 A, Professional
Defines malpractice and negligence and explains what steps nursing assistants should take to protect themselves from malpractice lawsuits. Covers patient consent, use of restraints, patients' right to privacy, and confidentiality. Discusses OBRA regulations, ethical conduct, and the importance of treating patients with dignity. (MLIFE)

**EVERYDAY CHOICES ETHICS AND DECISION
MAKING IN HOME CARE AND COMMUNITY**

NURSING - DV0040

DVD color 28 min. 2003 Professional
Through the story of one young visiting nurse and her elderly patient, this challenging video documentary will help to stimulate discussion about a wide range of ethical and professional dilemmas faced by nurses working in home care and community settings. A study guide is available online at <http://www.fanlight.com/downloads/everyday.pdf>. (FANLIG)

EVERYONE WINS SERIES

video color see running times below 1995 A, Professional

A comprehensive training program providing practical strategies for providing quality care in long-term care facilities without the use of restraints. (TERRA)

Module 1: THE NEW RESIDENT - 6217 (12 min.)

Module 2: UP AND ABOUT, MINIMIZING THE RISK OF FALL INJURIES - 6218 (15 min.)

Module 3: WORKING WITH RESIDENTS WHO WANDER - 6219 (13 min.)

Module 4: GETTING HIT, GRABBED, AND THREATENED: WHAT IT MEANS, WHAT TO DO - 6220 (14 min.)

Module 5: STAYING RESTRAINT-FREE EVENINGS, NIGHTS, AND WEEKENDS - 6221 (12 min.)

Module 6: NOW THAT THE RESTRAINTS ARE OFF, WHAT DO WE DO? - 6222 (13 min.)

EVERYONE WINS: THE MANAGEMENT PERSPECTIVE - 6215

video color 16 min. 1995 A, Professional
Designed for owners, administrators, and directors of nursing. Real-life administrators talk about the challenges and opportunities that arise from creating a restraint-free environment. (TERRA)

EVERYTHING YOU NEED TO KNOW ABOUT SUBSTANCE ABUSE IN 22 MINUTES (closed captioned) - DV0324

DVD color 22 min. 2003 SrH-A
Users of drugs like alcohol, marijuana and Ecstasy are risking their future and their lives. This DVD bombards teens with plain facts that are indisputable: alcohol damages the growing adolescent brain, marijuana can cause cancer, methamphetamine is one of the most addictive substances on earth, one huff from an inhalant can result in sudden death and more. Substances covered are tobacco, alcohol, marijuana, inhalants, stimulants, club drugs and performance-enhancing drugs. (HRM)

EXCAVATIONS - 5579

video color 23 min. 1992 A
Discusses the requirements of OSHA's excavation standard in great detail and includes: systems of protection against cave-ins, access to and egress from excavations, employee exposure to vehicular traffic, falling loads, hazardous atmospheres, water accumulation, unstable structures in and

adjacent to excavations, and a consistent method of soil classification. (NAVC)

EXERCISE FOR HEART FAILURE PATIENTS (closed captioned) - 7194

video color 14 min. 1997 A

Demonstrates how exercise is an important part of the treatment for a patient with an incidence of heart failure. Patients talk about the benefits of exercise they have experienced. (MILNER)

EXERCISE: GETTING ACTIVE, STAYING ACTIVE - DV0413

DVD color 13 min. 2007 A

Stressing that the key to developing a safe and active lifestyle is to take small steps, this program helps viewers discover how they can fit activity into their schedules. There are three types of exercise (aerobic, strength training, and flexibility conditioning), but increasing activity level in everyday chores can be beneficial as well. Barriers to exercising and exercise tips about clothing, hydration, and pacing are discussed. Small steps can make a difference in health. (MILNER)

EXPECTING THE BEST/ESPERANDO LO MEJOR (Rev.) (English/Spanish) - 4443

video color Eng-13 min., Span-16 min. 1992 SrH-A

Designed to encourage women to plan early for their pregnancy, to exercise healthy behavior during their pregnancy, and to plan for their baby's care after the birth. Discusses diet, prenatal visits, exercise, drug use, weight gain and breastfeeding. (WIC)

EYE CARE - 6401

video color 26 min. 1990 A

Explains common eye disorders such as presbiopia, torn or detached retina, astigmatism, cataracts, glaucoma, and night blindness. Discusses common eye problems such as foreign particles in the eye or a scratch on the eye. Shows how UV light, lighting during reading and television viewing affect the eyesight. Includes information about different kinds of glasses and extended-wear contact lenses, as well as a surgical treatment that eliminates the need for glasses for some people. (FFH)

EYE INJURIES - 6485

video color 4 min. 1988 A

Graphically depicts eye injuries that can occur when proper eye protection is ignored. (SAFETY)

EYE SAFETY - 5122

video color 10 min. 1991 SrH-A

Delivers information on eye protection emphasizing personal responsibility. Provides interviews with people who would have lost their eyesight had they not been wearing eye protection. (AURORA)

EYES: BRIGHT AND SAFE (Rev.) - 6432

video color 13 min. 1996 P

Shows the various parts of the eye and explains their functions.

Also discusses the functions of the eyelashes, eyebrows, and tears. Explains the fundamentals of eye care, and how to protect the eyes from injury. (HIGGIN)

THE FABULOUS F.A.S. QUIZ SHOW - 7254

video color 15 min. 1993 JrH

Introduces middle school students to fetal alcohol syndrome (FAS) and fetal alcohol effects (FAE). Discusses the effects of alcohol exposure on a developing fetus. (MDIME)

THE FACES OF JUVENILE FIRE SETTING - 6656

video color 12 min. 1998 A

Presents the serious problems of juvenile fire play, fire setting, and arson. (MFRI)

FACING ANGER

DVD-DV0375; VHS-7562

color 20 min. 1999 A

Introduces five employees of the same organization who represent some of the classic examples of anger experienced in the workplace. Describes several approaches for managing anger. Shows employees implementing the techniques. (KINETI)

FACTS ABOUT AIDS -4560

video color 10 min. 1989 JrH-A

Answers the most commonly asked questions about AIDS. Animation demonstrates how the immune system normally functions and how HIV attacks and weakens this defense system, causing AIDS. Reviews ways in which HIV is spread and educates viewers about how to reduce their risk. (MILNER)

THE FACTS ABOUT TB

English-6634; Spanish-6635

video color 11 min. 1997 SrH-A

Answers some frequently asked questions concerning tuberculosis, such as (1) how is tuberculosis spread? (2) who is at risk for contracting tuberculosis? (3) what is the difference between tuberculosis infection and tuberculosis disease? (4) what are the symptoms of tuberculosis disease? Emphasizes the importance of taking all of the medications if the test shows the presence of tuberculosis bacteria whether or not the person is suffering from the tuberculosis disease. (CDC)

FACTS ON STDS - CD0022

CD-ROM color 2002 SrH-A

This CD-Rom gives the facts on ten STDs: HIV/AIDS, chancroids, Chlamydia, gonorrhea, Hepatitis B, herpes simplex 1 and 2, pubic lice and scabies, syphilis, trichomoniasis, and HPV. Photographs accompany the data on symptoms, complications, treatments, and prevention. Quizzes on facts and myths clarify information. A list of frequently asked questions is included with a listing of STD-related hotlines, Web sites, and educational resources. A glossary defines specialized terminology. Recommended minimum system profiles 200 MHz processor, 32 MB RAM, 4X CD-ROM, 800x600 display with 256 colors, sound card, Quick Time 4 or higher. Windows 95 or higher, MAC OS 8.1 or higher. (CAMED)

FALL PREVENTION IN HOME HEALTH CARE**(English/Spanish) (closed captioned) - DV0404**

DVD color 16 min. 2003 A, Professional

This DVD creates awareness about some of the proactive screening tools and protective strategies that can be used to prevent falls in the patient's home. It reviews how and where falls commonly occur, how to conduct a fall risk assessment and the assessment scale. The difference between unanticipated and anticipated falls is explained. Healthcare professionals will learn what to do if a patient falls. Bonus features include an expanded leaders guide, a quiz, and a customizable PowerPoint® presentation (DVD-ROM drive required for PowerPoint) (COASTAL)

FALL PREVENTION: LADDER SAFETY - 6788

video color 21 min. 1994 A

Gives details on selecting the best ladder for the job. Stresses personal responsibility for ladder safety. Describes the inspection and correct set-up for each type of ladder. Demonstrates safety rules for climbing on and working from ladders. (INDTR)

FALL PROTECTION: PREPARATION APPLICATION AND SAFETY - DV0323

DVD color 20 min. 1998 A

This DVD is concerned with falls on construction sites. Falls from any height can be serious. This program reviews standards for guardrails, safety nets, lanyards, snaphooks and other types of fall protection equipment. It also explains rules relating to the covering of holes and working on roofs. (WUMBUS)

FALLS AND FIRES: SAFETY IN THE HOME - 4701

video color 11 min. 1988 A

Helps viewers avoid death and disability by suggesting simple lifestyle adjustments that can make them safer. (AARP)

FAMILIES MOVING TOWARD FITNESS**(English/Spanish) -7600**

video color Eng-11 min., Span-10 min. 2002 SrH-A

Three women who meet for a picnic lunch talk about easy changes they have made to improve their families' health. They have lost weight with simple exercise, calorie reduction, and more nutritious food choices. (WIC)

FAMILY GUIDE TO ALZHEIMER'S DISEASE

video color See below for running times 2004 Adult

Series of videos geared toward caring for the Alzheimer's patient in the home. (TERRA)

UNDERSTANDING ALZHEIMER'S - 7845 (62 min.)

The nature of Alzheimer's, its causes and the stages of the disease are explained in this video. The typical symptoms, how to obtain a diagnosis and the current treatments are covered. Shows how the disease affects patients and alters the reality in which they live.

BEHAVIOR ISSUES - 7846 (67 min.) Dealing with behavior changes is among the most difficult burdens for caregivers and families. This video will help

viewers understand how the disease affects one's behavior. Family members and experts suggest strategies for altering behavior and improving the quality of life for all.

DAILY LIFE - 7847 (42 min.) This video discusses the home environment, adult emotions, communication, driving, and daily routine. It explains the altered world of an Alzheimer's sufferer, and details effective strategies for making the home environment a safe place for him or her.

Key skills for communicating with persons suffering from Alzheimer's are covered. Instructions on how to create a daily routine that is nurturing for the person with Alzheimer's and manageable for caretakers are also provided.

FAMILY CAREGIVING - 7848 (62 min.) Caretakers will learn how to handle the daily responsibilities of caring for a sufferer of Alzheimer's, such as eating, dressing, grooming and bathing. Just as important, they will learn how to get the outside help from family, friends and other resources that can be critical for safeguarding their own health. The video explains the role of the caregiver, taking care of oneself, accepting support, respite, sexual relationships, family relationships, activities of daily living (ADLs), eating, bathing, and dressing.

TRANSITIONS - 7849 (44 min.) In this final volume, caretakers will learn how to make some difficult transitions. They will learn how to adapt social activities to accommodate their loved one's increasing disability and isolation. Caretakers will also learn how to recognize when the time has come to consider moving a loved one to a care facility (and how to evaluate these facilities). Information about how the disease affects a person's spirituality is provided along with insights into the grieving process that occurs after the death of a loved one from the disease.

FAMILY GUIDE TO LONG TERM CARE - DV0633

3 DVDs color 184 min. 2005 A

This program explains when a loved one needs long term care. It helps viewers understand the many care options available. It also covers legal issues, living wills, durable power of attorney, financial planning and long-term care insurance. (PDA)

A FAMILY PERSPECTIVE - TYPE 2 DIABETES IN YOUNG PEOPLE - DV0016

DVD color 19 min. 2005 JrH-SrH

When a child or teen is diagnosed with type 2 diabetes it is a diagnosis with which the entire family has to cope. This video focuses on what parents can do to help their child. It examines the emotions parents have when their child has type 2 diabetes and recommends how parents can provide life lessons on making healthy lifestyle choices by being role models and by incorporating healthy behaviors into family life. Provides suggestions on stocking cupboards, physical activity, and educating the child about healthy behavior for diabetes. (MILNER)

FAST FOOD: THE GOOD AND THE BAD - 6548

video color 14 min. 1997 SrH - A

Provides information on fast food choices; reducing fat and calories; taking advantage of more healthful options; food choices for burger, chicken, Mexican and pizza restaurants; side dishes and beverages; breakfast options; and information sources. (NATLH)

FAT LIKE ME: HOW TO WIN THE WEIGHT WAR (closed captioned) - 7759

video color 40 min 2003 JrH-A

Experts—including nutritionists, psychologists and pediatricians—discuss the causes of being overweight, the physical and emotional damage it can do and how parents can help their kids get healthy. Features a revealing social experiment in which a slim teenage girl's appearance is drastically altered with padding and makeup. Kids who represent all sides of the childhood obesity story—overweight teens, their tormentors and slimmed-down kids—also talk candidly about the social stigma of being overweight. (ABC)

FATAL FUNGUS - 7209

video color 24 min. 1998 A

Documents the search for the cause of the deaths of four Cleveland infants in 1994. The Centers for Disease Control discovers a rare fungus, *Stachybotrys atra*, in the babies' homes exposure to which produces bleeding from the lungs and, ultimately, death. (FFH)

FATIGUE BUSTERS: HOW TO SURVIVE FATIGUE IN THE '90s - 6345

video color 46 min. 1995 A, Professional

Explores common causes of fatigue and the effects of fatigue on job performance, safety, and personal relationships. Offers six steps to fight fatigue. (TOTAL)

THE FEAR OF ANGER - 6137

video color 22 min. 1995 SrH-A

Vignettes show unhealthy displays of anger and offers anger management techniques. Promotes healthy communication to manage anger. Aggressive behaviors can lead to violence and depression. (ALTSCH)

FEED ME KIDS AND NUTRITION (closed captioned) - DV0226

DVD color 26 min. 2007 A

This program is intended for parents and caregivers. Between the ages of two and eight a typical kid will eat thousands of meals, many at fast food restaurants, and watch thousands of commercials that make sugar and fat look appetizing. This program provides parents and caregivers with suggestions on how they can see that children eat a healthful diet. Information about the food guide pyramid is included. (FIDEAS)

FEED YOUR CHILD'S FUTURE (English/Spanish) - 7582

video color Eng-12 min., Span-12 min. 2002 SrH-A

Shows the story of a couple who learn that high-iron foods and reading to their young son are important to his brain's growth and development. (WIC)

FEEDING A TODDLER: LILY GETS HER MONEY'S WORTH (English/Spanish) - 5238

video color Eng-15 min., Span-15 min. 1991 SrH-A

Presents a variety of food options which maintain a high level of nutrition and yet are affordable for those on even the strictest budgets. Covers food preparation, smart grocery shopping, meal planning, preventing tooth decay, and getting toddlers to use eating utensils. (ALTSCH)

FEEDING WITH LOVE AND GOOD SENSE - 4403

video color 60 min. 1989 A, Professional

Limited to use by WIC programs. Ellen Satter training material. Discusses the interpersonal dynamics that are found in the feeding relationship. Covers the feeding of the infant, the older baby, the toddler and the preschooler. Discusses problems such as inappropriate positioning for breastfeeding, feeding older infants from a bottle instead of a cup, and failure to keep milk refrigerated properly. Includes 2 guides with video: "Feeding With Love and Good Sense" and "Nutrition and Feeding for Infants and Children." (BULL)

FEEDING YOUR BABY: 8-12 MONTHS

(English/Spanish) - 7441

video color Eng-15 min., Span-15 min. 1998 SrH-A

Parents and grandparents from four families talk about the cues infants show when they are ready to eat solid foods and drink from a cup. A dietician advises on food choices. (WIC)

FEEDING YOUR CHILD: 1-3 YEARS

(English/Spanish) - 7442

video color Eng-15 min., Span-15 min. 2000 SrH-A

Parents from three families talk about selecting healthy foods and the importance of being together at mealtimes. A dietician advises on food choices. (WIC)

FEEL LIKE YOURSELF AGAIN (closed captioned) - DV0343

DVD color 24 min. 2005 A, Professional

Mothers affected by post-partum depression describe it as a dark fog that overwhelms their lives. However, with treatment, the outlook is very good for overcoming mood disorders. This program features interviews with noted experts in the field. It explores symptoms and treatment. It also gives suggestions to family members about how to help the woman struggling with this disorder. (KINETI)

FEELING BETTER ABOUT DIABETES: AN INTRODUCTION TO DIABETES CARE - 7079

video color 6 min. 1995 A

An encouraging introduction to the management of diabetes for the new adult diabetic. The Texas Department of State Health Services does not endorse any particular brand or product. (LILLY)

FETAL ALCOHOL EXPOSURE CHANGING THE FUTURE - DV0365

DVD color 31 min. 2006 SrH-A

Viewers will learn how fetal alcohol spectrum disorders are

diagnosed. They will understand the primary and secondary disabilities associated with FASD and the human cost of these disorders. Ann Streissguth, director of the University of Washington's Fetal Alcohol and Drug Unit is interviewed. Others featured include Kathy Mitchell, vice president of NOFAS; Erica Lara, who works at a residential drug and alcohol treatment facility designed especially for women with young children; and Erica Gitis-Miles, a college student who has FASD. The in utero effects of alcohol are considered as well, as are the facial, bodily, neurological, cognitive, and behavioral characteristics of FASD. (FFH)

FETAL ALCOHOL SYNDROME TUTOR - CD-2

CD-ROM color 1999 Professional
CD-ROM for Windows and Macintosh. System requirements for PC-Microsoft Windows 3.1, 95/98/NT; 386, 486 or Pentium processor; 8 MB minimum, 16MB recommended RAM; Mouse. System requirements for Macintosh-System 7 or higher; 608030, 608040 or PowerPC processor; 8 MB minimum, 16MB recommended RAM. Interactive software that assists in the screening and diagnosis of fetal alcohol syndrome (FAS) using descriptive text, video clips, animations and illustrations. (MDIME)

FIBROCYSTIC BREASTS: A NON DISEASE

English-6745; Spanish-6775

video color Eng-9 min., Span-14 min. 1990 SrH-A
Includes a doctor-patient question and answer format to explain fibrocystic breast changes, the importance of breast self-exams monthly, mammography, and breast health care. (CANCER)

FIGHTING ANTI-MICROBIAL RESISTANT PATHOGENS - DV0067

DVD color 26 min. 2004 Professional
The emergence of anti-microbial resistance in many pathogens threatens to reverse much of the progress the world has made against disease over the past 50 years. This DVD describes the emergence of anti-microbial-resistant pathogens and the recommendations of the CDC and others to fight back against them. (MEDCOM)

FIGHTING BACK: COMMUNITIES BEATING BIG TOBACCO - 7268

video color 13 min. 1998 SrH-A
Spotlights grassroots organizations in California that have successfully taken on the tobacco industry. Shows many different tactics the industry uses to infiltrate local communities, such as target market advertising and deceptive front groups. (ANR)

FIGHTING BACK PAIN - 5246

video color 18 min. 1989 A
A back injury prevention video stressing that posture is the key to preventing back pain. Discusses the physiology of the back and why the "back bowed in" position should be used at all times. Shows how to use this position when sitting, lifting, moving objects. Provides five exercises to maintain a flexible back. (VISUCM)

FIGHTING GERMS AND DISEASE (closed captioned) - 6483

video color 15 min. 1996 P-EI
Explains how germs can enter the body and make someone sick. Shows how to avoid harmful germs. (AIT)

FIGHTING HEPATITIS C - 7568

video color 28 min. 2001 A
Emphasizes the need for early testing and treatment. Explains that an undetected infection can damage a person's liver and can greatly increase the need for a transplant. People describe their experiences and explain the lifestyle changes that are necessary for survival. (FFH)

FIND ONE CHILD - DV0034

DVD color 9 min. 2005 A
This DVD was created to broaden the awareness of Cornelia de Lange syndrome (CdLS). It shows the characteristics shared by people with this syndrome. Information is given about the services provided by the CdLS foundation and CdLS parents are interviewed.(CDLSF)

FINDING THE POWER - 7272

video color 9 min. 1997 JrH-SrH
A music video format which focuses on youth access to tobacco in urban minority communities, especially Asian-Pacific. Delivers the message that youth have the power to quit smoking and to make a difference in their community. (KCET)

FIRE EXTINGUISHER TRAINING - 6617

video color 6 min. 1992 A
Stresses the importance of regular inspection and maintenance of fire extinguishers. Demonstrates the operation of an A-B-C extinguisher using the acronym, **PASS**: Pull the pin, Aim the nozzle, Squeeze the handle and Sweep from side-to-side. Reviews the four classes of fires. (LONGI)

FIRE EXTINGUISHER TRAINING: USING THE P.A.S.S. TECHNIQUE - 7293

video color 15 min. 1997 A
Explains basic fire safety, the different classes of fires and which extinguishers to use for each. Demonstrates the P.A.S.S. Technique: Pull, Aim, Squeeze, Sweep. Stresses that the time to learn how to use an extinguisher is before there is any need for it. (AIMS)

FIRE EXTINGUISHERS SAFE USE - DV0173

DVD color 7 min. 2002 A
Portable fire extinguishers, when used properly, can minimize personal and property damage if a fire occurs. Knowing when and how to use a fire extinguisher is one key to fire safety. (SAFETY)

FIRE IN THE WORKPLACE (Coastal) - 5632

video color 17 min. 1990 A
Helps viewers to recognize potential fire hazards in the workplace. Includes both industrial and office settings. Explains the classes of fires, the importance of proper housekeeping, methods of extinguishing small fires, and

explains when not to fight fires yourself. (COASTAL)

FIRE IN THE WORKPLACE (Long Island) - 6145

video color 20 min. 1994 A

Emphasizes the importance of fire prevention. Includes dramatic footage and personal accounts. Covers electrical fires; arson; smoking; and procedures to follow to survive a workplace fire. (LONGI)

FIRE PREVENTION IN THE OFFICE - DV0400

DVD color 14 min. 2003 A

Employees learn steps to help prevent office fires and what to do in case of a fire emergency. This DVD covers how to operate a variety of fire extinguishers, assist in the event of a fire, evacuate, identify potential fire sources and handle and store flammable liquids, and practice good housekeeping. (TTN)

FIRE SAFETY

English DVD-DV0364; Spanish VHS-7925

DVD/video color 29 min. 2000 Adult, Professional

This program will show how to reduce the chances of a fire starting in the home. The topics covered include smoke alarms, fire extinguishers, smoking safety, fire safety in the bedroom, fire safety in the kitchen, appliance safety, and how to leave a burning building. (HAC)

FIRE SAFETY AND EVACUATION CARRIES - 6552

video color 12 min. 1995 A - Professional

Presents the basic information needed for personnel to act quickly and exercise good judgment in case of a fire emergency. Describes fire safety procedures based on RACE (Remove, Alarm, Contain, Extinguish), lists steps to follow when there is a fire, discusses potential fire hazards, demonstrates proper use of a fire extinguisher and demonstrates methods to safely and quickly evacuate patients. (MILNER)

FIRE SAFETY: BE ALERT NOT ALARMED

(English/Spanish) (closed captioned) - DV0198

DVD color 14 min. 2005 A

This program covers the burning stages of a fire, the consequences of not acting quickly, and how to manage the dangerous reactions of residents. Viewers will also learn what to do when stairs are a danger zone. Bonus features include an expanded leader's guide and a customizable PowerPoint® presentation (DVD-ROM drive required for PowerPoint). (COASTAL)

FIRE SAFETY FOR OLDER ADULTS (closed captioned) - DV0435

DVD color 15 min. 2006 A

Viewers learn how to greatly reduce the risk of fire in the home and increase their survival in an emergency. They learn about smoke alarms, home escape plans, safe cooking, and fire sprinklers. (HSC)

FIRE SAFETY: HALL OF FLAME - 5625

video color 12 min. 1991 E1

Introduces children to the concept of fire safety. Teaches them

never to play with matches. Illustrates common fire hazards in the home and offers ways to eliminate them. Demonstrates fire evacuation techniques for children living in a home or apartment. (AIMS)

FIRE SAFETY IN HOME HEALTH - 6951

video color 24 min. 1998 A, Professional

Intended for home health professionals. Gives the basic facts about fire. Shows the steps that the home health care worker can take to assess fire hazards in the patients' homes. Explains ways to teach families how to prevent, control and escape home fires. Includes a brief instruction on the use of the fire extinguisher. (COASTAL)

FIRE SAFETY IN HOME HEALTH: TEN BURNING QUESTIONS (English/Spanish)(closed captioned) - DV0653

DVD color 25 min. 2008 A, Professional

This program emphasizes the basic facts about fire, steps to take to assess fire hazards in patients' homes, and ways to teach families how to prevent, control and escape home fires. It explains the PASS method for the proper use of fire extinguishers. It also explains the RACE method for protecting lives and property after a fire has started. Bonus features include a leader's guide, quiz and a customizable PowerPoint® presentation (DVD-ROM drive required for leader's guide and PowerPoint)

FIRE SAFETY: THERE'S NO SECOND CHANCE

(closed captioned) - 6228

video color 20 min. 1996 A, Professional

Describes the four elements that must be present for a fire to occur. Discusses four classes of fire and how to prevent each one. Explains how to use a fire extinguisher and the importance of having an Emergency Action Plan at the workplace. (COASTAL)

FIRST AID AND CPR - DV0112

DVD color 63 min. 2005 SrH

This DVD provides viewers with the knowledge and skills they would need in order to make a difference in a crisis that calls for first aid or CPR. (EVN)

FIRST AID FOR BLEEDING - DV0174

DVD color 7 min. 2004 A

With a severe wound, a victim can bleed to death in a matter of minutes. This DVD helps viewers learn to help control bleeding with basic first aid procedures. (SAFETY)

FIRST AID FOR SPECIFIC INJURIES: MODULE #4 - 4786

video color 14 min. 1984 A, Professional

Shows emergency aid procedures for injuries to different parts of the body. Includes treatment of a perforated eardrum, an eye injury, and a motorcycle accident victim with a serious scalp wound. (CORONE)

FIRST AID ON THE JOB - 6224

video color 26 min. 1993 A

Designed specifically for those who may not be first aid certified, but may be first on the scene of an accident. It explains: when and how to move a victim; how to stop bleeding; and the symptoms of shock and how to prevent it. It incorporates bloodborne precautions into the procedures recommended. (COASTAL)

FIRST AID SAFETY – DV0639

DVD color 15 min. 2008 A

This DVD is intended for adults in an occupational setting. It demonstrates to employees that knowledge of basic first aid can often limit the severity of any type of injury, or even prevent a death. It illustrates first aid for objects in the eye, burns, cuts, blisters, chemical burns, strained muscles, falls, fractures, shock, heat-related illnesses, choking, use of Automated External Defibrillation (AED), and briefly summarizes CPR. (TTN)

THE FIRST AID VIDEO: BLEEDING EMERGENCIES - 6961

video color 22 min. 1988 JrH-A

Demonstrates methods of stopping severe bleeding: direct pressure, the pressure bandage, and arterial pressure points. Advises against the use of the tourniquet in anything except a life-threatening situation. (HUMRE)

FIRST AID: WHEN SECONDS COUNT - 6883

video color 17 min. 1995 SrH-A

Uses a news magazine format to report the story of a swimming accident and the actions of a rescuer using the Heimlich maneuver. Teaches the check, call, and care technique of offering first aid. Discusses first aid old wives' tales. Presents general precautions to take in an emergency. Emphasizes CPR as a basic first aid skill. (FFH)

FIRST IMPRESSIONS: FEMALE HYGIENE - 6839

2-videos color 39 min. 1996 SrH-A

Includes brief scenes of female nudity. Part 1 (20 min.) Demonstrates the wrong way to take a shower. Then demonstrates the right way to shampoo, shower and dry off. Part 2 (19 min.) Shows the proper use of deodorant, shaving and the importance of hand washing. Explains good hygiene practices in the toilet. Demonstrates a breast self-exam and includes some female-specific health issues. The Texas Department of State Health Services does not endorse any particular brand or product. (STANFI)

FIRST IMPRESSIONS: MALE HYGIENE - 6838

2-videos color 33 min. 1996 SrH-A

Includes brief scenes of male nudity. Part 1 (18 min.) Demonstrates the wrong way to take a shower. Then demonstrates the right way to shampoo, shower and dry off. Part 2 (15 min.) Shows the proper use of deodorant and the importance of hand washing. Explains good hygiene practices in the toilet. Includes the testicular exam and some male-specific health issues. The Texas Department of State Health Services does not endorse any particular brand or product. (STANFI)

THE FIRST LINE OF DEFENSE: FIRE

EXTINGUISHERS - 5290

video color 8 min. 1989 A

Examines the basic types of fire extinguishers and illustrates the proper procedures for their use and maintenance. (SAFETY)

THE FIRST YEARS LAST FOREVER - 7443

video color A 1997 SrH-A

Provides information on the importance of bonding, communication, health, nutrition, and childcare for the physical and emotional development of babies. (IAYC)

FIRSTHAND LESSON IN SECONDHAND SMOKE - 5490

video color 10 min. 1993 El-A

Children discuss, in their own words, the dangers of secondhand smoke. Presents statistics on the incidence of secondhand smoke. Discusses the negative effects secondhand smoke can have on infants and children, including Sudden Infant Death Syndrome, asthma, chronic cough, wheezing, and respiratory infections. (AHAAUS)

FIT FAMILIES (English/Spanish) - DV0007

2 DVDs color 24 min. 2006 A

This DVD set covers portion awareness, smart snacking, effortless exercise and grocery shopping. Volume I is in English and Volume II, containing the same information, is in Spanish. (DSHS)

THE 5 ESSENTIALS OF SUCCESSFUL PARENTING (closed captioned) - DV0072

DVD color 69 min. 2003 SrH-A

This program focuses on birth to age 5 with easy to follow techniques that nurture parent-child relationships. Parents are urged to become powerful role models for their children through compassion, consistency and understanding. The volumes are love and stability; time together; inspire and challenge; positive discipline; safety and health. (INJOY)

FIVE STEPS TO LADDER SAFETY – DV0575

DVD color 6 min. 2004 A

Viewers learn about the importance of choosing the right ladder, inspecting it thoroughly, and setting up the ladder with care. They also learn the importance of climbing and descending the ladder cautiously and using common sense. (SAFETY)

THE FLU - 7872

video color 27 min. 2002 SrH

This is volume three of the three part series Body Story: Fighting Disease. The body provides an army of cells, the immune system, with a mission to keep the body healthy. The immune system attacks unfriendly invaders, but not without taking a toll on the infected human. Travel inside the body of Holly Jones, a 25-year-old motorcycle courier who becomes a victim in the cellular war between her immune system and the influenza virus. (DISCOV)

FOCUS ON ANIMALS: THROWAWAYS - 7904

video color 19 min. 1991 A

This video tells the story of an abandoned dog. The audience learns the importance of spaying and neutering along with information relating to the pet overpopulation problem. (ASPCA)

FOLIC ACID AND THE PREVENTION OF NEURAL TUBE DEFECTS - CD-8

CD-ROM color 2002 Professional

Research shows that the vast majority of serious birth defects can be prevented when women of reproductive age consume appropriate amounts of folic acid preconceptionally and through the first trimester. Slide presentation (in Powerpoint and web-based Powerpoint) which provides the background information, understanding of the embryology, epidemiology, and the supporting clinical research evidence. (MDIME)

FOLIC ACID EVERY DAY: PREVENTING NEURAL TUBE DEFECTS USING FOLIC ACID - K0008

Kit: 2 videos + CD-ROM color 22/10 min. 2001 Professional

Intended for use by health professionals in training peers and clients about the importance of folic acid in preventing birth defects. *Preventing Neural Tube Defects with Folic Acid: You Can Make a Difference* (video-22 min.)-Intended for health professionals only. *Folic Acid Everyday* (video-10 min.)-For health professionals or clients. *Preventing Neural Tube Defects Using Folic Acid* (CD-ROM)-handouts and PowerPoint slide show. (UFFAS)

FOLIC ACID: PUTTING SCIENCE INTO ACTION ACROSS THE NATION (closed captioned) - 7127

2- videos color 168 min. 1999 Professional

Teleconference presented on October 6, 1999. Intended for health care professionals. A number of different speakers explain the health benefits of naturally occurring and synthetic foliates such as folic acid as a nutritional supplement to prevent birth defects. Studies show health benefits to the adult as well. (FDH)

FOLIC ACID: REDUCING THE RISKS FOR NEURAL TUBE DEFECTS - 5110

video color 8 min. 1991 A

Explains the types of neural tube defects that may develop in babies: anencephaly, encephacele, and spina bifida. Although no specific cause of neural tubal defects is known, the interaction of heredity and environment during the first four weeks of gestation may possibly produce this genetic accident. Folic acid has been shown to reduce the incidence of neural tube defects. (UTHSCS)

FOLIC ACID: WHAT EVERY WOMAN NEEDS (English/Spanish) (closed captioned) - 7382

video color Eng.-11 min., Span.-13 min. 2000 SrH-A

Discusses neural tube defects, the role of folic acid in the prevention of neural tube defects, when folic acid is most effective in preventing neural tube defects and the need for

women of childbearing age to take a daily supplement containing 400 micrograms of folic acid. (WIC)

FOLLOWING THE CLUES: A VISIT TO THE DOCTOR AND THE LIBRARY

(English/Spanish/Sudanese-Nuer) - DV0045

DVD color Eng. 12 min. Span. 15 min, Sudanese-Nuer 14 min. 2006 EI-I

This DVD is aimed at young children and shows the steps involved in making a doctor's appointment, checking in at the reception desk, and undergoing a physical exam. The movie also shows a child and her family requesting health information at their local library. The video content is appropriate for unsupervised viewing by children. For most effective learning, it is recommended that parents and children watch the video together.(UNMCL)

FOOD ALLERGIES AND THE FOODSERVICE INDUSTRY - 5391

video color 16 min. 1992 A

Helps foodservice operators educate their staff about the seriousness of food allergies and food sensitivities. It demonstrates the need for completely accurate information regarding ingredients in foods served and the need to avoid cross-contamination in the kitchen. (CANRES)

FOOD AS MEDICINE: USING FUNCTIONAL FOODS IN THE TREATMENT OF PATIENTS - 7785

video color 35 min. 2000 A, Professional

Discusses functional foods found in a typical supermarket. Cites several important functional foods and their potential health benefits, and uses case studies to illustrate how clinicians can use food to treat disease and promote wellness in their patients. (NCME)

FOOD BORNE ILLNESSES AND THEIR PREVENTION - 7140

video color 35 min. 1995 SrH-A

Takes an in-depth look at the practices that anyone who handles food should follow to prevent the spread of bacteria and to assure that the foods we eat are safe and enjoyable. Investigates the causes, symptoms, and treatment of food borne illnesses with emphasis placed on their prevention. Shows how to recognize the symptoms associated with food borne illnesses such as salmonella and *E. coli* bacteria. Discusses the illnesses: why they make people sick, how long an illness should be expected to last, safe and proper treatments, and when to pay a visit to the doctor's office. (CAMBRI)

FOOD: FADS AND FACTS (3rd ed.) - 6431

video color 15 min. 1997 JrH-A

Empowers viewers to discriminate among advertisements and claims for various weight loss diets, muscle-building products, vitamins, food supplements and herbs; and points out possible dangers of misuse of some products. Acquaints viewers with healthy and successful dieting and muscle-building programs based on the food guide pyramid. (HIGGIN)

FOOD GUIDE PYRAMID WITH A MEXICAN

FLAVOR (Spanish/English) - 7445

video color Span-6 min., Eng-14 min. 1997 SrH-A
 A video presentation of the USDA Food Guide Pyramid that addresses nutrition, lifestyle, health issues, and dietary practices common in traditional Mexican-American culture. Emphasizes the traditional core diet of corn, beans, squash, and chiles. (DANR)

FOOD, HEALTH AND EXERCISE - 7606

video color 24 min. 2002 JrH-SrH
 Offers tips for a healthy lifestyle including eating smaller portions, choosing healthier foods, exercising more, and understanding basic information about nutrition and food labeling. Follows a typical teenager as he moves through his day of super-sized fast food, a busy schedule and little exercise. (HRMRE)

FOOD: KEEP IT SAFE TO EAT (2nd ed.) - 6243

video color 15 min. 1996 JrH-A
 Describes risks and dangers of foodborne illnesses, and the common methods of food contamination. Explains the "Danger Zone" with reference to keeping food safe. Covers the importance of proper shopping methods, kitchen hygiene, and safe defrosting methods. Describes safe storage and reheating techniques for leftovers. (HIGGIN)

FOOD LABELS MISLEADING DUE TO MISREADING - DV0301

DVD color 5 min. 2005 SrH-A
 Does anyone really eat a sliver of a muffin or a fraction of a pickle? In this brief ABC News segment, John Stossel blasts counterintuitive food labels that calculate fat, carbs, sodium, and other essential nutritional information based on a serving size that is unrealistically smaller than the unit size. (FFH)

FOOD SAFETY (Kinetic) (closed captioned) - DV0293

DVD color 21 min. 2006 SrH-A
 The simple fact is most food-borne illnesses can be avoided by applying common sense at every meal and snack break. This DVD illustrates how to shop for the freshest foods, store them wisely, and prepare them correctly. Topics include signs of freshness and contamination; proper storage in the refrigerator, freezer, and pantry; ways to safely thaw frozen foods; how to avoid cross-contamination; the optimal temperatures for cooking meats and poultry; and the right way to store and reheat leftovers. "Use by" and "sell by" dates and what they mean to consumers are also addressed. (KINETI)

FOOD SAFETY - 7324

video color 28 min. 1995 SrH-A
 Intended for the household consumer. Shows how to prevent food borne illnesses during grocery shopping, storage, preparation, cooking, and reheating of a variety of foods. Demonstrates proper procedures for avoiding cross contamination of tools and surfaces. Stresses the need for handwashing while preparing foods. (CAMBRI)

FOOD SAFETY AND SANITATION (English/Spanish) (closed captioned) - DV0398**DVD color 22 min. 2006 A**

This DVD is intended for those who work with food while it is in storage or transit, not those who will prepare food. Viewers will learn about the importance of food handling and sanitation and the most common food borne diseases. It reviews the HACCP (Hazard Analysis Critical Control Point) system for food manufacturing and food storage. It also reviews GMPs (Good Manufacturing Practices) laws and procedures. (TTN)

FOOD SAFETY: AN EDUCATIONAL VIDEO FOR INSTITUTIONAL FOOD SERVICE WORKERS - 5997

video color 10 min. 1995 SrH-A
 Discusses the importance of proper cooking, storage, and serving of foods in institutional settings. Shows how to prevent *E. coli*, salmonella, and staphylococcus infections in day care centers, long-term care facilities, hospitals, and hospices. Stresses good personal hygiene practices, thoroughly cooking eggs and meats, using clean utensils and never touching ready to eat foods with bare hands. (FDA)

FOOD SECURITY AWARENESS: FIRST LINE OF DEFENSE - DV0401

DVD color 35 min. 2006 A
 This DVD reinforces the importance of security awareness in all phases of food product handling from receiving ingredients to processing and shipping. (TTN)

FOOD SENSITIVITIES - DV0148

DVD color 9 min. 2000 SrH
 This DVD explains the difference between food allergy and food intolerance, including symptoms and ways in which they can be relieved. The eight most common food allergens are covered as well as how to create a response plan in case of an allergic reaction. (MEC)

FOOD SMARTS: MY PYRAMID FOR KIDS - DV0240

DVD color 10 min. 2006 K-EI
 A group of campers discovers the importance of eating right. They use the USDA MyPyramid to learn why some foods are better than others and how exercise is an important part of any healthful eating plan. They also learn what to do when a particular food makes them groan "yuck!" (DISCOV)

FOODBORNE ILLNESS - DV0097

DVD color 24 min. 2006 SrH-A
 This DVD is intended for the household consumer. No one wants a burger with a side of salmonella or a taco topped with *E. coli*, but that's what you can get when food isn't prepared correctly. This video describes common and serious food-borne illnesses, how they're spread, and how they can be prevented through careful food handling and proper food preparation. Salmonella, *Campylobacter jejuni*, *Escherichia coli*, and shigella are discussed, along with botulism, listeriosis, and viruses like hepatitis A. Tips for selecting safe food at the store and the optimal temperatures for cooking meats and eggs are covered. The primary audience for this DVD is teenagers. (MEC)

FOODBORNE ILLNESS PREVENTION

(English/Spanish) (closed captioned) - DV0486

DVD color 21 min. 2007 A

This DVD program is set in a school cafeteria and covers the HACCP food safety plan directed by USDA. It explains flow diagrams, documenting hazards, monitoring procedures and corrective actions as well as proper cleaning, sanitation and recording techniques. It also reviews standard operating procedures recommended by the USDA and HACCP. (COASTAL)

FOODSERVICE FACILITIES AND EQUIPMENT - 4206

video color 10 min. 1987 A

Designed for chefs, managers, and supervisors. Outlines the requirements for the proper cleaning and sanitizing of equipment used in food preparation areas. Describes the types of materials, design, and proper maintenance of this equipment. Explains the purpose of lighting and ventilation standards in premises where food is prepared and served. (ALTSCH)

FOODSERVICE HOUSEKEEPING AND PEST CONTROL - 4208

video color 10 min. 1987 A

Designed for chefs, managers, and supervisors, and emphasizes cleanliness as the basis for all pest control. Discusses the habits and life cycles of flies, roaches, rats, and mice. Explains the importance of using licensed pest control agencies to deal with serious pest problems. (ALTSCH)

A FOOT CLOSER TO SAFETY - 6484

video color 4 min. 1989 A

Explains basic safety shoe types and why proper foot protection is important. (SAFETY)

FOOTPRINTS ON OUR HEARTS - DV0508

DVD color 60 min. 1997 A

A baby dies. The agony felt is complex and intense as it mixes with misplaced guilt, hurt, and helplessness, and deep sorrow. A baby is not supposed to die. This DVD offers ways to cope with these feelings. (PARACL)

FOREVER FIT: THE MIND-BODY-SPIRIT CONNECTION - 6741

video color 60 min. 1997 A

An exercise video for older adults. Demonstrates how to do easy yet effective exercises designed to stretch and strengthen muscles. The regimen does not require expensive equipment, just some handy items found around the house, and plenty of room to move around. (SENIOR)

THE FORGETTER - 4865

video color 8 min. 1969 A, Professional

Describes a worker who ceases to concentrate to the point where he endangers himself and his fellow workers. (JOURNL)

FOR GOOD MEASURE – 7484 (VHS) DV0578 (DVD)

Video/DVD color 7 min. 2002 A, Professional

Shows how to accurately and safely measure the standing height of children and adults, and the recumbent length of children under the age of two. (WIC)

FOR GOODNESS SAKE! (closed captioned) - 6248

video color 17 min. 1996 SrH-A

Uses a variety of vignettes to describe the advantages of being good to one another. Identifies the barriers that people use to avoid being good. Emphasizes acting in a moral way instead of having good intentions. Explains that by doing good a person will feel good. (UNITDL)

FOR GOODNESS SAKE! PREVENT ANEMIA

(English/Spanish) - 7460

video color Eng-13 min., Span-14 min. 1997 SrH-A

Provides information about iron-deficiency anemia, foods high in iron, foods high in vitamin C and shows the preparation of four iron-rich dishes. Targets anemia in childhood. (UCCE)

FORKLIFT HAZARD PERCEPTION CHALLENGE - 7867

video color 50 min. 2004 A

In this unique video, forklift operators come face-to-face with real-life hazard scenarios that challenge them to respond quickly and correctly. The information is provided in an interactive format. This video also shows how to avoid common hazards such as not using seatbelts; moving forward with too large of a load; backing up without checking for pedestrians; not checking inside a trailer before entering; cornering too fast; passing; and driving with forks raised. (TTN)

FORKLIFT OPERATOR SAFETY - 4958

video color 18 min. 1991 A

A comprehensive program for anyone operating forklifts in the manufacturing environment. Teaches engineering principles, operator safety rules and operative maintenance. Useful for training both new and experienced operators. (DONBR)

FORKLIFT POWERED INDUSTRIAL TRUCK SAFETY: A REFRESHER PROGRAM – DV0636

DVD color 19 min. 2006 A

This DVD renews employees' knowledge of OSHA's forklift regulation while teaching about the seven classes of industrial trucks, equipment checkout, the stability triangle, equipment maintenance, lifting loads and loading docks. (TTN)

FORKLIFT SAFETY OPERATION - 4483

video color 20 min. 1989 A

Uses dramatic crash sequences to illustrate proper and improper operation of the forklift, how to carry a load properly, and the safe driving skills necessary when operating a forklift. Defines the importance of fulcrum and center of gravity. (ITS)

THE FOURTH MAN - 7172

video color 60 min. 1990 SrH

Depicts one young man's frightening experience with athletic steroid use. Describes many of the side effects from steroid use. (LCA)

FROM AN OBJECTIVE POINT OF VIEW – DV0552

DVD color 10 min. 2001 SrH

Two female best friends make a pact not to have sex without consulting each other. Will they both keep their agreement? This film written by teenagers looks at a teenage girl's decision to postpone sex. (SCENAR)

FROM DEPRESSION TO DISCOVERY: A TEENAGER'S GUIDEBOOK (closed captioned) - DV0351

DVD color 25 min. 2005 SrH-A

This program shatters common misconceptions about depression, helping young viewers recognize its outward and internal symptoms. Forms of treatment are explored. Interviews with teens living successfully with the disease are supplemented by commentary from a psychologist. (CAMED)

FROM THE HEART - 6978

video color 23 min. 1990 A

Features Peter Falk. Several people who have high cholesterol describe their experiences. Explains how the liver may produce too much cholesterol or how a poor diet may increase the cholesterol levels. Describes how too much cholesterol can accumulate in the bloodstream and clog the arteries. Describes why some people must take cholesterol-lowering medicines and the importance of taking the prescribed amount. Explains the role of high-density cholesterol and stresses the importance of a low-fat diet and getting plenty of exercise. (EID)

FRONTLINE: BREAST IMPLANTS ON TRIAL (closed captioned) - 7787

video color 87 min. 1996 A

A *Frontline* broadcast that summarizes the history of silicone breast implants and the litigation that arose after the FDA placed a moratorium on implants. Shows the conflict between women and their lawyers who believe that the implants have caused damage, and the manufacturers and scientific community who cannot find scientific evidence to prove that the implants were responsible. (PBS)

FRONTLINE: A CLASS DIVIDED - 5970

video color 57 min. 1992 A, Professional

Demonstrates both the use and effects of an exercise in discrimination based on eye color in a third grade classroom in an all-white, all-Christian community. Additionally, adult employees of the Iowa state prison system are shown the results of this exercise at a day long workshop dealing with human relations. The resulting discussions at this workshop deal with the negative effects of discriminatory attitudes, treatment, and behaviors. (PBS)

FRONTLINE: FAT - 7946

DVD color 60 min. 1998 A

This program examines the causes of the obesity crisis, demonstrating how media and cultural ideals, as well as biology and genetics, influence our relationship with food. (PBS)

FRONTLINE: MAKING BABIES (closed captioned) - 7537

video color 60 min. 1999 A

A *Frontline* broadcast which portrays the technology of reproductive medicine, and the wide range of methods utilized to bring children to those unable to reproduce naturally. Poses questions about the safety of experimentation, commercialization of reproduction, and the changing nature of the family. (PBS)

FRONTLINE: THE LOST CHILDREN OF ROCKDALE COUNTY (closed captioned) - 7501

video color 90 min. 1999 A

A *Frontline* broadcast which documents a syphilis outbreak among teenagers in Conyers, Georgia, an affluent suburb of Atlanta. Eventually, 17 teens tested positive for the sexually transmitted disease and another 200 were exposed. Interviews some of those teens, their parents, and health and school officials to root out the cause of the discontent that led to binge drinking, drug use, and high-risk sexual behaviors. (PBS)

FRUITS AND VEGETABLES: LILY BETS ON FIVE A DAY (English/Spanish) - 7446

video color Eng-12 min., Span-12 min. 1997 SrH-A

Lily, a young mother, talks about choosing and preparing nutritious fruits and vegetables. Viewers get ideas for nourishing snacks and meals supporting the Five a Day goal. (ALTSCH)

FUERZA POSITIVA: CÓMO SATISFACER LAS NECESIDADES ESPECIALES DE PERSON CON LESIÓN CEREBRAL (closed captioned) - DV0621 (Spanish) - DV0620 (English)

DVD color 97 min. 2008 A

This DVD is comprised of ten modules that illustrate the neuro-anatomy of a brain injury and the everyday difficulties experienced by survivors of brain injury. It offers useful tips for effective communication and for directing individuals, families and loved ones to needed supports and services. It includes interviews with survivors and a special section on the needs of veterans with brain injury. (DSHS)

FUMAR: ESTAR PREPARADO PARA DEJAR DE FUMAR 2nd ed. (Spanish) - DV0524

DVD color 16 min. 2007 Adult

In this DVD, smokers learn how to create their personal plan for quitting. The program examines why people smoke, why they may want to quit, how they can identify their personal triggers to smoke, and introduces nicotine replacement, as well as non-nicotine replacement therapies, to aid in quitting. It encourages people to make a diary of their smoking behavior and to set a quit date. Potential relapse situations are also covered. Also available under the English language title, *Smoking: Getting Ready to Quit* (VC7550 - VHS video, DV0529 - DVD). (MILNER)

FUN WITH CHEMISTRY - DV0683

DVD 180 min. 2002 Professional

This program provides a basic understanding of chemistry. Experiments cover all nine of the DOT hazard classes, demonstrating how chemicals within these classes, either by

themselves or in reaction with other chemicals, can harm people or the environment. Concepts such as pH, BLEVE and flammability range are visually demonstrated.

**FUNDAMENTALS OF HOME WOUND CARE:
CARING FOR THE PRESSURE ULCER PATIENT -
6152**

video color 26 min. 1995 A, Professional
Designed for the home health professional, presents the latest information on home care of bed-ridden and disabled patients with pressure-induced wounds. Focuses on the responsibilities and interaction between physician, nurse, patient, and caregiver. Includes an overview of the functions of the skin and the healing process. Discusses wound assessment and care and the risk factors for pressure ulcers. Describes steps in proper documentation. (BELSON)

GANGS: DECISIONS AND OPTIONS - 5585

video color 13 min. 1993 EI - JrH
Each of three segments focuses on one of the three major reasons why young people join gangs -- low self-esteem, dysfunctional families, and fear of gang violence aimed at non-members. Suggests ways that youngsters can avoid recruitment and handle attendant fears. (UNITDL)

GARDEN FITNESS - DV0330

DVD color 40 min. 2006 A
This program is appropriate for the beginning or experienced gardener. Viewers will be introduced to the yoga principles of breath, movement, strength and power of stability. These principles are then incorporated into typical gardening tasks. The host, Blanche Black, guides viewers through the cycle of warm up, workout and stretch. (HILINE)

GASTROESOPHAGEAL REFLUX - 6389

video color 14 min. 1994 A
Traces food through the digestive system and shows the various chemical and physical processes involved in a healthy digestive system. Shows the symptoms and diagnosis of reflux, a widespread disorder which can occur at all stages of life. Offers preventative measures related to general hygiene and eating habits. (ALTSCH)

GASTROESOPHAGEAL REFLUX DISEASE - DV0600

DVD color 30 min. 2008 A
Heartburn can interrupt daily life and be the precursor to serious illnesses. A panel of experts on gastroesophageal reflux disease will discuss the diagnosis and treatment of it, as well as the symptoms. (AQUARIUS)

GATHERING ASSESSMENT DATA - 7054

video color 18 min. 1997 Professional
Identifies the equipment necessary to complete a brief physical assessment. Explains the differences between subjective and objective data. Demonstrates how to obtain an accurate health history. Utilizes inspection, palpation, auscultation, and percussion to gather data in the physical assessment. Includes tips on legal, safety, and documentation issues. (LIPP)

GENERAL LABORATORY SAFETY - DV0280

DVD color 20 min. 2002 A
This is an indispensable safety aid for training laboratory personnel. It provides a look at what should and should not occur in the lab - and why! It covers fires, explosions, burns, poisoning, electrical shock, bacteriological contamination, chemical burns, and much more. (TTN)

GENES AND BODY TYPE - 7844

video color 55 min. 2005 SrH-A
Cases and stories from America and England personalize current scientific research and genetic causes of obesity, the science of appetite, health risks associated with obesity and the benefits of exercise to override genetic makeup. Lesson plans and Curriculum Guide can be found at www.discoveryschool.com

GENES AND HEREDITARY DISORDERS - 4902

video color 22 min. 1991 JrH-A
With the aid of animation, a genetic counselor describes how chromosomes and genes, dominant and recessive traits, family and ethnic background and environmental influences can affect fetal health. Defines amniocentesis, CVS, and ultrasound exam. Discusses genetic counseling as it forms a part of family planning. Describes how diseases such as cystic fibrosis and Down's syndrome are linked to genes. (CHURCH)

**GENETIC TESTING FOR BREAST CANCER RISK:
IT'S YOUR CHOICE - 7022**

video color 14 min. 1997 A
Answers women's questions about the risks and benefits of genetic testing for breast and ovarian cancers, including how it is done, what the results mean, and what effects the results may have on them and their families. (NAPBC)

GENETICS AND YOUR PRACTICE - CD-3

CD-ROM color 1999 Professional
CD-ROM for Windows and Macintosh. System requirements for PC-Microsoft Windows 95/98/NT; Pentium processor; 32MB RAM; 8X CD-ROM drive; sound card and speakers. System requirements for Macintosh- PowerPC processor; 32MB RAM; 8X CD-ROM drive; QuickTime. Interactive educational program and resource for health care providers. (MDIME)

**GENTE COMO NOSOTROS. HISPANOS Y EL
SIDA/PEOPLE LIKE US. HISPANICS AND AIDS
(Spanish/English) - 4392**

video color Eng-18 min., Span-16 min. 1988 JrH-A
Shows how AIDS strikes a rural Hispanic community. Tells how the AIDS virus can and cannot be transmitted. Available for free duplication. (SWSID)

GENTLE BIRTH CHOICES - 7143

video color 47 min. 1993 SrH-A
Includes video and book. Stresses maternity care that relies less on high-tech intervention and more on preparation and good health for mother and child. Outlines the elements of gentle birthing, from support from loved ones to a reassuring

and quiet environment. Shows how to plan a meaningful, family-centered birth experience; how to find a primary caregiver (midwife, doctor, or both); and how to best use current technologies. Includes interviews with midwives and physicians with six actual births, showing the options of water birth, squatting, home birth, and vaginal birth after prior cesarean. (CBG)

THE GERM BUSTERS - 6202

video color 30 min. 1996 K-P

Shows kids ages 3 - 7 how to prevent picking up other people's germs or spreading their own. Catchy sing-along songs help to get the message to youngsters; encouraging them to maintain good hygiene habits both at home and in school. (KIDSAF)

GERMS - 7871

video color 27 min. 2002 SrH

This is volume two of the three part series Body Story: Fighting Disease. This program explains how a person contracts salmonella food poisoning. It follows the actual symptoms of this infection and shows the science behind our bodies' response. (DISCOV)

GESTATIONAL DIABETES - 7091

video color 14 min. 1987 A

Shows how gestational diabetes affects the mother and baby. Discusses nutrition, weight gain, exercise, blood glucose monitoring, ketone testing, insulin, and delivery. (MILNER)

GET A WINNING ATTITUDE - DV0519

DVD color 21 min. 2003 JrH

Follow the stories of four middle-school students as they discover what it takes to overcome self-doubt and lack of confidence to meet the challenges in their lives. The characters in these dramatizations learn about visualization, having realistic expectations, working hard and having a positive attitude. (SUNBUR)

GET HEALTHY NOW SHOW (English/Spanish) (closed captioned) - DV0533

DVD color 24 min. 2008 K

This Sesame Street DVD will get children moving along with Elmo, Telly, Rosita, and more as they sing, dance, and play games. Children will learn that eating well and being active are fun. (WIC)

GET READY WITH FREDDIE (English/Spanish) - DV0434

DVD color 13 min. 2007 P-EI

The animated character, Freddie the flashlight, focuses on emergency preparedness. Students join Freddie to develop a communications plan and assemble a disaster supply kit. The Texas Department of State Health Services does not endorse any particular brand or product. (HSC)

GET THE LEAD OUT: DETECTION AND MANAGEMENT OF CHILDHOOD LEAD POISONING - 6120

video color 19 min. 1996 Professional

Offers guidance to health care professionals on the prevention and management of childhood lead poisoning. Topics covered include proper capillary specimen collection procedures, environmental sources of lead, environmental assessment, and counseling which parents should receive. Particularly useful for nurses and doctors who see Texas Health Steps patients birth to 6 years of age. (TDH)

GET WITH A SAFE FOOD ATTITUDE (closed captioned) - 7447

video color 40 min. 1995 SrH-A

Shows ways to prevent the spread of germs through hand and utensil washing, and safe food handling, cooking and proper storage. Intended for families with pregnant women and infants. (WIC)

GETTING CONTROL OF YOUR TIME - 7364

video color 7 min. 1993 A

Provides ways of managing time for first line supervisors in industry. Includes such recommendations as avoiding indecision, keeping track of deadlines, controlling the telephone, writing reminders of work to be accomplished, delegating, communicating with upper management and making meetings more effective. (LONGI)

GETTING ON WITH IT - 7023

video color 25 min. 1992 A

Features advice and tips from twelve women who have had cancer and now live as cancer survivors. (NAPBC)

GETTING READY FOR DISASTER (English/Spanish) (closed captioned) - DV0222

DVD color 39 min. 2005 SrH-A

This program explains how to make a disaster plan and create a disaster supply kit. The needs of people with disabilities during an emergency evacuation are covered along with how to help children cope with a disaster. (FEMA)

GETTING READY FOR TERRORISM: PREPARING THE HEALTH CARE COMMUNITY FOR BIOLOGICAL, CHEMICAL AND RADIOLOGICAL WEAPONS - 7617

video color 23 min. 2002 Professional

Describes the work of various federal agencies involved in planning for a mass casualty event and disaster preparedness for various types of biological, chemical and radiological or nuclear threats. Amplifies and outlines the steps to take within a health care facility to set up a disaster management committee. Approved for 2 hours Continuing Medical Education Credit and 2 hours of Continuing Nursing Education. (MEDCOM)

GETTING TO KNOW YOUR PREMATURE BABY - 6437

video color 30 min. 1996 SrH-A

Gives parents of premature babies information concerning the health and development of the baby. Describes the health professionals and equipment in the neonatal ICU and encourages parents to visit and touch their baby. Explains all

complications which may occur in premature infants, including those associated with brain development, hearing, eyesight, respiration, heart, gastrointestinal system, hematology, and muscular system. (CBG)

GIRL BULLYING - DV0342

DVD color 26 min. 2005 A

While boy bullies often fight with fists, girls battle each other with words and friendships. Relational Aggression, or girl bullying as it is commonly called, is real and surprisingly common. Viewers will hear the stories of girls who were bullied as children, often by their own friends. A mother of a bullied girl describes how she struggled to help her child. Three experts in the field weigh in with their opinions. A teen mentor helps a group of younger girls understand and solve the problem. (KINETI)

GIRL STUFF (2nd ed.) - 5438

video color 18 min. 1993 I-JrH

Offers advice on feminine hygiene questions such as pelvic inflammatory disorders, menstruation, and products to suppress the body's odors. (CHURCH)

GIRL TO WOMAN (3rd ed.)

English-6114, Spanish-6115

video color 23 min. 1994 I-JrH

Presents the physiological changes of adolescence in girls. Reproductive systems of both male and female are explained in animation. Stresses individual differences and good hygiene. For audiences of girls. (CHURCH)

GIVING BIRTH: CHALLENGES AND CHOICES - 7297

video color 35 min. 1998 A

Contrasts labor and delivery in a hospital attended by a physician with that at home or a birthing center attended by a midwife. Advocates the philosophy of working with the body to provide a calming approach to childbirth without medical intervention except in case of an emergency. Shows a completely natural normal birth attended by a licensed midwife. (INJOY)

GIVING BIRTH TO YOUR BABY - 6236

video color 41 min. 1991 SrH-A

Presents teens with a complete guide to labor and childbirth. Documents an uncomplicated vaginal birth, a vaginal birth with epidural anesthesia and a cesarean delivery. Also provides animated sequences on the stages of labor, teen labor support strategies, common medications and interventions, newborn appearance, postpartum breastfeeding, and emotional considerations surrounding birth and recovery. (VIDA)

GIVING SAFETY A LIFT: FORKLIFT OPERATOR GUIDE - 5280

video color 16 min. 1985 SrH-A

Teaches and reviews both basic safety requirements and safe operating procedures for forklift operators. Covers load capacity, how to load safely, and the important steps in the daily inspection routine. Covers fueling, parking, and preventive maintenance. (IFB)

GIVING YOUR CHILD A SMILE - 5317

video color 22 min. 1990 A

Provides parents of a baby with cleft lip and palate with the information needed to make decisions about their child's future. Medical illustrations and computer graphics are interwoven with expert narration to reassure parents that cleft lip and palate are correctable and that medical interventions can help give their child a normal life. (BAXLEY)

GLAUCOMA: A CLOSER LOOK - 5705

video color 11 min. 1991 A

Describes two types of glaucoma. Explains that this eye disease does not produce any symptoms until it has progressed to an advanced stage. High-risk groups for contracting glaucoma are: African-Americans, diabetics, persons with myopia, persons with a positive family history for the disease. Explains treatments and laser surgery. Stresses the importance of eye examination to screen for the disease, especially for those persons at high risk. (MERCK)

GLYCEMIC CONTROL IN DIABETES - 6940

video color 70 min. 1998 Professional

Designed for primary care physicians who treat patients with diabetes in their daily practice. Includes the consequences of poor glycemic control as it relates to the risk of developing complications; the indications for self-monitoring of blood glucose; comparison and contrast insulin secretory defects and insulin resistance in persons with Type 2 Diabetes; and the mechanism, efficacy and side-effects of pharmacologic treatment options. (ADIA)

GOING TO SCHOOL / IR A LA ESCUELA

English (closed captioned)-7553, Spanish (open captioned)-7554

video color 64 min. 2001 A

Documents the daily struggles of children with disabilities as they adjust to regular classes in the Los Angeles Unified School District. Includes in-depth interviews of students, their parents, siblings, peers, teachers, and other school staff involved in helping them move from special education to regular classroom. (COHEN)

GOOD FOOD BAD FOOD OBESITY IN AMERICAN CHILDREN (closed captioned) - DV0336

DVD color 31 min. 2005 A

Clear, accessible, and often humorous, this program examines the alarming rise of childhood obesity in the United States, while demonstrating effective ways that educators and parents can prevent and reverse the effects of this tragic epidemic. (FANLIG)

GOOD HOUSEKEEPING IS GOOD SAFETY - DV0175

DVD color 7 min. 2004 A

Clutter and disorder in the workplace contribute to many accidents. Effective housekeeping can help eliminate hazards and improve productivity. (SAFETY)

GOOD NUTRITION DURING PREGNANCY

(English/Spanish) (closed captioned) - 7461

video color Eng-12 min.; Span-12 min. 2000 SrH-A
Educates pregnant women about the relationship between good nutrition and a healthy pregnancy. Topics featured include the importance of weight gain; eating well using the Food Guide Pyramid; and choosing foods rich in key nutrients such as folic acid, calcium and iron. (LEMON)

GOOD VIBRATIONS - 5344

video color 30 min. 1992 El-JrH
Covers peer pressure, self-esteem, and the consequences of drug and alcohol use for teens. Presents a strong no-use message and guidelines for personal responsibility. (FMS)

GOOFY'S HYGIENE GAME - 4957

video color 12 min. 1987 P-EI
Introduces the basic concepts of hygiene, disease prevention and good health habits. Explains why good hygiene and good health practices are so important. Motivates students to learn to take care of their own bodies through decision-making involving good health and hygiene skills. (DISNEY)

GOSSIPING, TAUNTING, AND BULLYING: IT'S ALL HARASSMENT

DVD-DV0151, VHS-7878

color 24 min. 2001 JrH
This program answers questions about harassment, how it makes kids feel and the best ways to handle it. With the encouragement of a school counselor, young people share their own experiences coping with bullying, taunting and teasing. They view and react to dramatic vignettes that show realistic situations of harassment. Advice is given to students about what they can do to handle these difficult situations. (SUNBUR)

GRANTS AND PROPOSAL WRITING - DV0392

DVD color 120 min. 2008 A, Professional
Designed for beginning grant proposal writers, this class presents a general overview of the grant and funding processes as well as the level of detail required in a successful proposal. Each component of the grant writing process is addressed, including: documenting the need; identifying the target population; writing measurable objectives; developing a work plan, an evaluation plan and dissemination plan. Viewers will learn how to identify online resources to search for funding, describe the basic sections of a proposal, identify types of documents necessary to include with a proposal, and recognize common mistakes of proposal writers. The presenter is Michelle Malizia of National Network of Libraries of Medicine, South Central Region. (DSHS)

GRANTWRITER'S START-UP KIT, THE: A BEGINNER'S GUIDE TO GRANT PROPOSALS - 7103

video color 30 min. 2000 A
Designed for the fundraiser looking for practical skills and guidance. Shows how to prepare for the process of writing a successful grant proposal. (JOSSEY)

GREAT INFLUENZA EPIC STORY OF THE DEADLIEST PLAGUE IN HISTORY - AC0009

Audio CD 1170 min. 2006 A
This audio book consists of 4 parts. Each part contains 4 compact discs. There are a total of 16 compact discs. No disease the world has ever known even remotely resembles the great influenza epidemic of 1918. It killed more people in twenty weeks than AIDS has killed in twenty years. In this first great collision between science and epidemic disease, a handful of heroic researchers stepped forward, risking their lives to confront this disease. Titans like William Welch at the newly formed Johns Hopkins Medical School and colleagues at Rockefeller University and others from around the country revolutionized American science and public health. Their work in this crisis led to crucial discoveries that we are still using and learning from today. (PENGUI)

GROWING UP! FOR BOYS (closed captioned) - 6877

video color 18 min. 1995 I-JrH
Provides advice on health, hygiene and good grooming during adolescence. Explains the changes that a boy's body undergoes during puberty involving the voice, height, muscles, and hair growth. Using animation, describes the reproductive systems of both the man and woman. Emphasizes that with the physical changes of growing up, increased responsibility should follow. For audiences of boys. (HLTHED)

GROWING UP! FOR GIRLS (closed captioned) - 6878

video color 18 min. 1995 I-JrH
Provides advice on health, hygiene and good grooming during adolescence. Explains the changes that a girl's body undergoes during puberty involving hair growth, breast development, and menstruation. Using animation, describes the reproductive systems of both the man and woman. Emphasizes that with the physical changes of growing up, increased responsibility should follow. For audiences of girls. (HLTHED)

GROWING WITH LOVE (English/Spanish) (closed captioned)

DVD-DV0485, VHS-7405
video color Eng-29 min., Span-33 min. 2001 A
Shows parenting basics for expectant parents and parents of children from newborn to toddler. Emphasizes the importance of good nutrition during pregnancy. Describes the developmental changes of a baby and how a parent can respond to each stage. Offers ways to comfort a crying baby. Explains how feeding time differs as the baby grows. (WIC)

GUIA EN VIDEO CASERA SOBRE LA DIABETES - 7829

video color 117 min. 2003 A
Spanish-language version of *The Diabetes Home Video Guide*. For diabetics effective blood glucose management is the key to maintaining overall health. This video can help viewers develop the skills needed to self-manage diabetes, help reduce the risk of developing complications and enjoy a full and productive life. (MFI)

GUIDEPOSTS TO SELF-DISCOVERY - 4540

video color 40 min. 1990 JrH-SrH

Addresses the importance of self-esteem for young women. Focuses on developing talents and overcoming barriers to success. Stresses the importance of connectedness, realizing one's uniqueness, identifying good role models and sensing one's own power and worth in order to achieve self-discovery. (TWC)

HACCP MADE PRACTICAL

video color see running times below 1998 A
Intended for food service managers to help design, implement, and monitor a HACCP (Hazard Analysis Critical Control Point) system that adapts to specific food safety concerns. Demonstrates ways to prevent foodborne illness, improve food quality, reduce waste and assess risks. (TRA)

Part 1: RECEIVING TO COOKING-7416 (21 min.)

Follows a HACCP system through the flow of food from receiving to storing, processing and cooking.

Part 2: COOKING TO COOLING-7417 (22 min.)

Shows how HACCP contributes to appropriate cooking, hot and cold holding, cooling and storage.

Part 3: A HACCP CASE STUDY-7418 (14 min.)

Presents a case study of one food item to identify the hits-and-misses along the route from receiving to service.

HACCP SAFE FOOD HANDLING TECHNIQUES - 5015

video color 22 min. 1990 A

Highlights the primary causes of food poisoning and emphasizes the importance of self-inspection. Provides an explanation of potentially hazardous foods, cross contamination, and temperature control. Explains how to implement a Hazard Analysis Critical Control Point (HACCP) program in a food service operation. (CANRES)

HAIR LOSS - 6390

video color 14 min. 1994 A

Describes hair: its composition, functions and stages of development. Gives the causes of hair loss and various scalp disorders. Offers current treatments and cosmetic alterations for the problem of hair loss. Stresses ways to protect and care for healthy hair. (ALTSCH)

HAND EXPRESSION - 4385

video color 18 min. 1988 SrH-A

Limited to use by WIC Programs. A breastfeeding mother demonstrates how to hand express milk. Ideas for collecting and storing milk are also presented. (FRANTZ)

HAND HYGIENE - DV0083

DVD color 10 min. 2003 Professional

This DVD is intended for those working in a health care setting. The importance of hand hygiene in controlling SARS, VRE, MRSA and the flu is covered. This program reviews techniques for hand hygiene, indications for hand hygiene and the methods to maintain hand skin health. The content in this video is consistent with the CDC's "Guideline for Hand Hygiene in Health-Care Settings". It includes animations of the

skin barrier, interviews, and demonstrations. (MEDFLMS)

HAND HYGIENE FOR HANDS THAT CARE (English/Spanish) (closed captioned) - DV0060

DVD color Eng-17 min., Span-17 min. 2003 Professional
This DVD is intended for health care workers. It covers CDC hand hygiene guidelines, dermatitis and hand hygiene, and hand hygiene standards. It explains the difference between skin decontamination and handwashing. It also gives time saving instructions for proper hand decontamination, and step-by-step instructions for proper handwashing. The DVD contains training points, bonus material for refresher or training talks, and a customizable PowerPoint™ presentation (DVD-ROM drive required). (COASTAL)

HAND SAFETY - 5123

video color 10 min. 1991 SrH-A

Emphasizes the importance of hand safety through dramatic interviews with people who have suffered hand injuries. Provides realistic wrong-way and right-way scenarios. (AURORA)

HAND WASHING: GET THE PICTURE - DV0068

DVD color 11 min. 2002 A, Professional

Journey through the hospital and see how, when and why hand washing is the single most effective way to prevent the spread of infections. This program is ideal for new employee orientation. It incorporates the use of hand gels and foams while reinforcing a facility's exposure control plan. (MEDCOM)

HANDLE WITH CARE: PREVENTING FOODBORNE ILLNESS IN NURSING HOMES DVD-DV0507, VHS-5153

color 24 min. 1992 A

Part 1 (12 min.): Designed for use by nursing home administrators and medical directors. Focuses on the medical and scientific aspects of foodborne illness, such as causative agents of disease, symptoms and diagnosis. Also contains information on poor food handling practices that can lead to foodborne illness, and outlines methods of reducing the risk of outbreaks. *Part 2* (12 min.) is targeted toward nursing home food service managers and workers. Focuses on poor food handling and kitchen practices that may contribute to foodborne illness, and the recommended practices that can be taken by foodservice managers and workers to reduce the risk of outbreaks. (CDC)

HANDLING DATING PRESSURES AND HARASSMENT (closed captioned) - 6882

video color 30 min. 1997 SrH

Michael Pritchard is a former juvenile probation officer turned teen counselor. Filmed in real schools with real students. Shows how to distinguish between flirting and sexual harassment. Explains the warning signs of potentially dangerous or abusive relationships. Emphasizes the value of positive self-esteem as a guard against involvement in abusive relationships. Identifies the steps victims of harassment or abuse can take to stop these situations before they become

harmful. (LIVEW)

HANDLING PEER PRESSURE AND GANGS (closed captioned) - 7308

video color 27 min. 1997 JrH-SrH
Michael Pritchard talks with teens about peer pressure, both good and bad. Examines why teens join gangs. Contrasts the consequences of gang behavior with the qualities of a true friend. Explores the options available to teens when conflict with peers occurs. (LIVEW)

HANDWASHING: PROMOTING A HEALTHY ENVIRONMENT - 5428

video color 13 min. 1987 A
Designed for use in a health care facility, stresses the importance of handwashing. Explains that this helps control the spread of infection, provides a safe environment for patients and protects health care personnel as well. (FGH)

HANDWASHING: YOUR HEALTH IS IN YOUR HANDS (closed captioned) - 6223

video color 13 min. 1995 A, Professional
Shows health care workers how to protect themselves and their patients through proper handwashing procedures. Discusses how handwashing prevents the spread of infection, the proper water temperature, and the friction rub. (COASTAL)

HANDWASHING FOR SCHOOLS: A CLEAN DEFENSE (English/Spanish) - DV0488

DVD color 12 min. 2006 Adult
This program shows how to protect yourself and others through proper hand washing procedures. It stresses the importance of hand washing, the proper water temperature, friction rub and preventing the spread of infection. Bonus features include an expanded leader's guide and a customizable PowerPoint® presentation (DVD-ROM drive required for PowerPoint). (COASTAL)

HAPLESS HAL AND THE TEMPLE OF DOOM - DV0176

DVD color 8 min. 1998 A
Using drugs and alcohol on the job or before driving is a big risk. Hapless Hal learns how consuming these substances can affect physical and mental skills. (SAFETY)

HAPLESS HAL: NAIL AND STAPLE GUNS - DV0576

DVD color 8 min. 1994 A
Hapless Hal returns to show viewers how not to use pneumatic nail and staple guns in this humorous Rambo spoof. (SAFETY)

HAPPY, HEALTHY HOLIDAYS! - 6259

video color 41 min. 1996 SrH-A
Describes safe food cooking and handling for foods in the home kitchen. Mentions especially foods prepared for holidays such as Thanksgiving, Christmas, Easter, Halloween, and Hanukkah. Gives step-by-step procedures including: (1) incorporating safe food handling practices in preparation of older recipes, (2) giving information for the preparation of specific recipes to prevent foodborne illnesses, and (3) dealing

with leftovers safely. (PUG)

THE HAUNTED MOUTH - 4604

video color 13 min. 1974 JrH-A
B. (Bacterial) Plaque encourages preventive dentistry by showing how teeth are destroyed by dental neglect. Explains how to brush and floss and the importance of regular visits to the dentist. (ADA)

HAVE A HEALTHY BABY: PREGNANCY (3rd rev.) - 6132

video color 25 min. 1994 JrH-A
Describes the various stages of pregnancy and what the pregnant woman can expect at each stage of the baby's development. Presents information and concerns about prenatal care, emphasizing nutrition and exercise. Includes prenatal nutritional recommendations using the food pyramid. (CHURCH)

HAZARD ALERT: LABORATORY SPILLS - 4798

video color 11 min. 1985 A, Professional
Designed to give employees a knowledge of the clean-up and disposal procedures to be followed in the event of a small spill of acid, caustic, or flammable liquid in a laboratory setting. Awareness of potential hazards, location and proper use of safety equipment, clean-up material, and appropriate first aid procedures are emphasized. (ITS)

HAZARD COMMUNICATION IN THE WORKPLACE - 6143

video color 17 min. 1995 A
Defines hazardous materials and what is included in a written HazCom plan. Explains what labels must include, as well as material safety data sheets, what they include and how they are used. Discusses OSHA requirements. (LONGI)

HAZARD COMMUNICATION SIGNS OF SAFETY - DV0213

DVD color 14 min. 2002 A
This DVD teaches viewers about labeling systems and Material Safety Data Sheets; the safe handling of hazardous materials; the differences between common hazardous materials and how to reduce or eliminate exposure. Bonus features include a facilitator's guide with answers to frequently asked questions, a quiz for documentation, and PowerPoint™ slides for classroom presentation. (TTN)

HAZARDOUS INHERITANCE: WORKPLACE DANGERS TO REPRODUCTIVE HEALTH - 5251

video color 24 min. 1990 A
Discusses the widespread hazards in the workplace that can cause infertility, miscarriage, stillbirth, birth defects and even childhood cancer. These dangers are examined from medical, legal and workplace health and safety perspectives. (CAMDOC)

HAZCHEM 1: SULFURIC ACID AND HYDROCHLORIC ACID - 4451

video color 26 min. 1987 A, Professional
Introduces some fundamental lessons about emergency procedures such as identifying corrosive acids, hazards associated with sulfuric acid and hydrochloric acid, occupancies where acids are found, reactivity problems, why water may be dangerous, proper protective clothing, stemming the flow of product, neutralization operations, emergency medical treatment, decontamination, environmental concerns. (EFG)

HAZCHEM 2: ANHYDROUS AMMONIA - 4452

video color 27 min. 1988 A, Professional
Teaches valuable lessons about response to hazardous materials incidents involving this widely used chemical, including: how to recognize the presence of ammonia, why indoor releases pose the greatest danger, the effect anhydrous ammonia has on human tissue, why explosions occur with a "non-flammable gas", how water fog is used to control vapor, new Hazmat foams and how they can help, when and when not to use cooling water on tanks, first aid for victims of exposure to anhydrous ammonia, proper protective clothing to use at incidents, elements of a good anhydrous safety program. (EFG)

HAZCHEM 3: HAZARDOUS WASTE - 4453

video color 27 min. 1988 A, Professional
Introduces some fundamental lessons about emergency procedures, including: identifying unknown hazardous substances, illegal waste disposal practices, DOT and EPA marking requirements, monitoring atmospheric hazards, how waste manifests can help, selecting protective clothing, toxicity of hazardous waste, how to make the site safe, sampling techniques, decontamination. (EFG)

HAZCHEM 4: CHLORINE - 4454

video color 25 min. 1989 A, Professional
Introduces some fundamental lessons about emergency procedures including: what happens when containers are exposed to fire, identifying the presence of chlorine, protective clothing for mitigation activities, how to use cooling and vapor control water, methods for vapor leak detection, chlorine institute A, B, and C kits, health hazards of exposure, chlorine container design, response role of CHLOREP teams, how vapors behave. (EFG)

HAZCHEM 5: PESTICIDES - 4455

video color 28 min. 1989 A, Professional
Introduces some fundamental lessons about emergency procedures including: flammability, health, and reactivity hazards, procedures for spill and leak emergencies, symptoms of exposure to toxic pesticides, where pesticides may be encountered, safe handling and storage procedure, understanding and using EPA labels, when it is best to let a fire burn, first aid for pesticide exposure, protective clothing requirements, when evacuation is called for, decontamination procedures. (EFG)

HAZCHEM 6: SODIUM HYDROXIDE AND POTASSIUM HYDROXIDE - 4456

video color 25 min. 1990 A, Professional

Introduces some fundamental lessons about emergency procedures including: identifying caustics, hazards of sodium hydroxide and potassium hydroxide, occupancies where caustics are found, proper protective clothing, stemming the flow of product, emergency medical treatment, environmental concerns, why water may be dangerous, neutralization operations, basic clean-up procedure, decontamination. (EFG)

HAZCHEM 7: BENZENE, TOLUENE, AND XYLENE - 4787

video color 28 min. 1990 A, Professional
Examines the hazards of these three widely used aromatic hydrocarbons. Shows how to recognize the presence of these flammable liquids and how to handle leaks, spills, and fires. Examines prevention activities for safe handling, storage, and use. Explains why the carcinogen benzene is the most hazardous of the products and also covers symptoms of exposure, emergency medical treatment, protective clothing configurations, decontamination procedures, and tactics for clean-up of spills on land or water. (EFG)

HAZCHEM 8: HYDROGEN SULFIDE - 4788

video color 28 min. 1991 A, Professional
Provides current information about: why smell cannot be relied on to detect hydrogen sulfide; action for first responders at suspected H₂S incidents; why firefighter turnouts provide the best protection; why letting the fire burn may be the best strategy; symptoms of exposure to hydrogen sulfide; monitoring equipment and methodology; establishment of safe areas; decontamination procedures; and ventilation operations. (EFG)

HAZMAT COMMAND - 4457

2-videos color 39 min. 1989 A, Professional
Sizing up the Hazardous Materials Incident (17 min.) Examines methods of gathering information at hazardous materials incidents including observation, hazard communication systems, hazardous materials documents, and witnesses. *Managing the Hazardous Materials Incident* (22 min.) Shows how to organize the hazardous materials incident scene and establish sectors or divisions to reduce the number of persons reporting to the incident commander. Examines the tactical priorities of rescue, conservation, and control within the strategic framework of offensive and defensive operations. (EFG)

HAZMAT EMERGENCY - 4458

3-videos color 20/25/20 min. 1988 A, Professional
Recognizing Hazards (Common) (20 min.) Discusses how to recognize dangerous substances and assess the hazards involved. Explains how toxic substances can harm and provides basic information-gathering techniques for those who are first on the scene. *Protective Clothing* (25 min.) Studies specialized protective clothing and equipment, and shows how it is designed to protect against such dangers as thermal, asphyxiation, chemical, or mechanical hazards. *Safe Operations* (20 min.) Discusses safe procedures during on-site operations. Talks about the importance of pre-incident planning and how a good size-up is critical to a safe incident

scene operation. Includes scenes from actual incidents as well as drills by leading Hazmat response teams. (EFG)

HEAD FULL OF QUESTIONS - 4809

video color 20 min. 1989 I-JrH

Developed for an audience of nine-to-twelve-year-olds. Presents detailed information about relationships, reproduction, and the male and female anatomy through the relationships of two animated characters. The couple's courtship evolves into a committed and loving relationship that results in the birth of a baby. Topics include sexual attraction, sexual intercourse, fertilization, growth of an embryo and birth of a baby. A brief look at AIDS and birth control is included. (MEDGLD)

HEAD LICE: AN ITCHY PROBLEM

English (closed captioned)-6936, Spanish-7756

video color 13 min. 1998 K-I

Uses a good-humored approach to gain the cooperation of students which is necessary to control head lice. Shows how children can prevent the transmission of head lice. Stresses the importance of early detection and provides reassurance that this itchy problem has a solution. (MARSH)

HEAD LICE: DEALING, DESTROYING AND PREVENTING

English-6279, Spanish-6711

video color 10 min. 1994 El-A

Describes lice and how to control their spread. Gives step-by-step instructions on elimination and prevention. (ALTSCH)

HEAD LICE IN SCHOOLS: NO SMALL MATTER (English/Spanish) (closed captioned) - DV0487

DVD color 13 min. 2008 A

This DVD explains who is at risk for head lice, how lice live and spread, their signs and symptoms and treatment and prevention. Bonus features include an expanded leader's guide and a customizable PowerPoint® presentation (DVD-ROM drive required for PowerPoint). (COASTAL)

HEAD LICE TO DEAD LICE - 6719

video color 15 min. 1997 El-I, A

Combines animation and live action to educate children and parents about successfully preventing and getting rid of head lice. Includes the use of pediculicide and olive oil. Assures the parent and child that head lice are not life threatening and even persistent head lice infestations can be eliminated. (SAWYER)

HEAD LICE TO DEAD LICE, REV. (English/Spanish) (closed captioned) - DV0489

DVD color Eng 23 min., Span 23 min 2006 EL-I, A

This program combines animation and live action to educate children and parents about successfully preventing and getting rid of head lice. The Five Step Battle Plan includes the use of pediculicide and olive oil. It assures the parent and child that head lice are not life threatening and even persistent head lice infestations can be eliminated. Also provided is a professional nit picking demonstration. (SAWYER)

HEAD OVER HEELS: FALLS... AND HOW TO

PREVENT THEM (closed captioned) - 7322

video color 14 min. 1995 A

Outlines ways in which older adults can prevent falls. Explains some of the reasons for falls and ways to reduce the chances of falling including the benefits of staying active, the effects of diet and medication, removing environmental hazards, and maintaining a healthy attitude toward the use of physical aids. (TERRA)

HEALING FROM WITHIN - 5201

video color 90 min. 1993 SrH-A

Bill Moyers examines two therapies -- Eastern meditation and Western group psychotherapy -- which can teach people to use their minds to improve the healing capacities of their bodies. Shows examples of how meditation can improve the health of persons with various problems ranging from high blood pressure to chronic back pain. Demonstrates how psychotherapy reduces anxiety and depression in women with advanced breast cancer, and how it may prolong their lives. (AMBROS)

HEALTH AND SAFETY IN FAMILY DAY CARE: COMMUNICABLE DISEASE - 5453

video color 9 min. 1993 A

Presents information on ways diseases are spread in a day care setting and methods to reduce this spread. Covers proper handwashing and diapering. Encourages caregivers to establish a written policy regarding the care of sick children. Presents a procedure caregivers can use to check for signs of illness in children. Presenting information on diseases that commonly occur in a day care setting, encourages the caregiver to accept responsibility in preventing the spread of disease. (NMCHC)

HEALTH AT HOME, CONTROLLING ASTHMA: LEARN TO CONTROL ASTHMA TRIGGERS IN YOUR HOME (English/Spanish) - 7388

video color Eng-13 min., Span-15 min. 1999 A

Gives an overview of what current research has shown to be the most effective methods of reducing levels of secondhand smoke and allergens from dust mites, cockroaches, molds, and pets in the home. Studies have shown that many asthmatics are sensitive to these substances and health improvements may result from their effective control. (EPAIE)

HEALTH CARE ERGONOMICS: WORKING TO YOUR ADVANTAGE - 6425

video color 21 min. 1996 A - Professional

An updated version of VC-6226 *Protecting Your Back*. Defines ergonomics and discusses cumulative trauma disorders. Explains how improvements in the arrangement of the work area may reduce the risk of injuries and may be inexpensive to implement. Suggests ways to modify body mechanics to reduce the risk of cumulative trauma injuries. (COASTAL)

HEALTH CARE FOR THE HOMELESS: YOU CAN NEVER GIVE UP - 5406

video color 33 min. 1991 A, Professional

Examines the health care needs of homeless people and families, and at some programs that health care workers have

created to meet those needs. Illuminates some of the issues which homelessness raises for doctors, nurses and providers in other settings such as the hospital emergency room or community clinic. (FANLIG)

HEALTH CARE SAFETY ORIENTATION - 6229

video color 16 min. 1994 A, Professional
Discusses the most common safety hazards found in health care settings. Includes information on: slips, trips and falls; back safety; electrical safety; fire safety; disinfections and sterilization; handling medical waste; bloodborne pathogens; good housekeeping; personal protective equipment; hazard communication; radiation safety; and handwashing and glove removal. (COASTAL)

HEALTH EFFECTS FROM SHORT TERM CHLORINE EXPOSURE - 5658

video color 13 min. 1991 A, Professional
Provides information on symptoms and medical treatment of exposure to chlorine. (CHEMM)

HEALTH HAZARDS - 6126

video color 12 min. 1994 A
Explains basic health hazards and terms commonly found on the MSDS. Topics include dose/response; threshold limits, carcinogens; corrosives; irritants; and sensitizers. Shows protective measures that can be taken to prevent health hazards. (BTS)

HEALTH IN THE LATER YEARS - 4231

video color 24 min. 1983 A
Shows older people that aging does not have to equal disability and motivates them to change to healthy living patterns. Offers advice about medical care, medication, self-prescription and smoking. Introduces the importance of nutrition, physical fitness, and stress reduction. (CHURCH)

HEALTH INFORMATION MANAGEMENT TECHNICIAN (closed captioned) - DV0359

DVD color 24 min. 2007 SrH-A
This program looks at the specific duties of the Health Information Management Technician's job, focusing on organizational and process-related skills. Responsibilities highlighted in the program include maintaining databases of medical records, complying with legal and ethical privacy guidelines, managing diagnostic and procedural codes, and producing reports for physicians to analyze. This DVD explains the steps to becoming a HIM technician. Special attention is given to the position of medical coder. (MEC)

HEALTH ON THE FRONT LINES: BIOTERRORISM - WHAT CAN I DO TO PREPARE? - 7192

video color 93 min. 2000 A, Professional
Presentation by Bureau Chief of Epidemiology, Dennis Perrotta. Gives some historical incidents of chemical and biological terrorism. Includes various agents which may be used and the routes of exposures. Discusses the response of state health resources in such an attack. (TDH)

HEALTH ON THE FRONT LINES: CHLAMYDIA AND HERPES—SILENCE IS NOT ALWAYS GOLDEN - 7182

video color 79 min. 2000 A, Professional
Presentation by HIV/STD educator, Tammy Foskey. Describes the symptoms of chlamydia and herpes. Explains the risk factors of these sexually transmitted diseases and the implications they pose for communities. (TDH)

HEALTH ON THE FRONT LINES: DYING WITH DIGNITY - END OF LIFE ISSUES - 7217

video color 93 min. 2000 A
Presentation by Ronald A. Carson, PhD. Describes how to involve your family and health care professionals in your preparation for end-of-life issues. Explains the purpose of several forms used by hospitals for in-patient care which addresses end-of-life issues. (TDH)

HEALTH ON THE FRONT LINES: FLU - CAN YOU AVOID IT? - 7278

video color 52 min. 2000 A
Presentation by Dwayne Haight, Influenza Surveillance Coordinator. Describes the risk for developing complications from influenza. Explains how the flu vaccine helps in the prevention of outbreaks as well as the use of antiviral medications for treatment. Discusses the probability of another flu pandemic. (TDH)

HEALTH ON THE FRONT LINES: HEPATITIS C AND HOUSE BILL 1652 - 7279

video color 60 min. 2001 A, Professional
Presentation by Dr. Kathi Shupe-Rickseker, PhD, and Dr. Gary Heseltine, MD, epidemiologists. Describes an overview of hepatitis C and the risk factors for infection, including IV drug use, transfusion, and non-sterile tattooing and ear piercing. Discusses the impact of House Bill 1652 which calls for a seroprevalence study to estimate the current and future impact of hepatitis C on the state as well as public health training on the risk factors and importance of early detection. (TDH)

HEALTH ON THE FRONT LINES: HIV/AIDS CHANGING GLOBAL HEALTH AND ECONOMY - 7375

video color 54 min. 2001 A, Professional
Presentation by Dr. Sharilyn Stanley. Presents a vivid picture of the dynamics and economic impact that HIV and AIDS has had on the Texas and United States population and select countries around the world. Explains how government policies, economics, religion and society/culture work to prevent or promote the spread of HIV/AIDS. Emphasizes a multi-faceted approach coordinating economic, scientific and public health efforts. (TDH)

HEALTH ON THE FRONT LINES: HOW SAFE IS OUR FOOD, A TDH PERSPECTIVE - 7149

video color 99 min. 2000 SrH-A
A presentation by R.D. Sowards, Steve McAndrew, and Tom J. Sidwa discussing activities of the TDH Bureau of Food and

Drug Safety. Reviews causes and types of foodborne illness as well as new challenges in controlling bacteria such as mutation and globally imported foods. Gives an overview of the Hazard Analysis Critical Control Points (HACCP) and how HACCP is applied in meat and poultry, manufactured foods, and retail environments. Also introduces other intervention techniques as well as new technologies for identification of foodborne illness outbreaks. (TDH)

HEALTH ON THE FRONT LINES: HOW TO HAVE A SAFE, HEALTHY AND SCARY HALLOWEEN - 7404

video color 22 min. 2001 A

Presented by Jere Brewer, Take Time for Kids. Describes ways parents can assist children of different ages to celebrate Halloween. Outlines the Take Time for Kids program at the Texas Department of Health. (TDH)

HEALTH ON THE FRONT LINES: STEP UP TO A TEXAS HEALTH STEPS CHECKUP - 7165

video color 64 min. 2000 Professional

Provides overview of Texas Health Steps, known nationally as Early and Periodic Screening, Diagnosis and Treatment (EPSDT). Newborn screening can prevent health complications that can cause life-long afflictions. Describes the testing services provided by TDH Bureau of Laboratories for Texas Health Steps. Explains the role of TDH staff in maintaining a healthy community. (TDH)

HEALTH ON THE FRONT LINES: TICK TALK - 7156

video color 87 min. 2000 Professional

Provides overview of the major tick-borne diseases: Rocky Mountain spotted fever, ehrlichiosis, tularemia, and Lyme disease. Discusses symptoms, number and location of reported cases, associated tick species and animal reservoirs. Covers prevention of tick-borne disease and proper tick removal. Describes the differences between chronic Lyme disease and other similar syndromes. (TDH)

HEALTHWISE: FITNESS - 7626

video color 6 min. 2002 SrH-A

Shows the physical and mental benefits of a lifestyle of fitness. Describes how to set achievable goals. (SUMMIT)

HEALTHWISE: LOWERING YOUR CHOLESTEROL - 7627

video color 7 min. 2002 SrH-A

Describes the effects of cholesterol on the body, the differences between good and bad cholesterol, and ways to lower cholesterol in the diet. (SUMMIT)

HEALTHWISE: NUTRITION - 7628

video color 7 min. 2002 SrH-A

Explains how a balanced diet is beneficial to good health. Offers suggestions for improving the diet by using the food pyramid. (SUMMIT)

HEALTHWISE: QUIT SMOKING - 7629

video color 7 min. 2002 A

Describes the hazardous substances in cigarette smoke and

their effects on the body. Provides suggestions to stop smoking. (SUMMIT)

HEALTHWISE: STRESS MANAGEMENT - 7630

video color 6 min. 2002 A

Defines stress and the way it can affect the body. Describes ways to recognize stress signals and methods to effectively manage stress. (SUMMIT)

A HEALTHY BODY SUITS ME (English/Spanish) - 7462

video color Eng-14 min., Span-14 min. 2002 SrH-A

Encourages a healthy lifestyle which includes staying active, limiting TV, reducing portion sizes, eating meals at regular times and drinking water. (WIC)

HEALTHY CHILDREN, HEALTHY SCHOOLS - DV0033

DVD color 7 min. 2005 A

This program is intended for school board members and administrators. The commissioners of the Department of State Health Services, the Texas Department of Agriculture, and the Texas Education Agency prepared this presentation about the importance of each school district establishing and working with School Health Advisory Councils (SHACs). SHACs are formed to address the very serious health issues that affect today's schools such as obesity. (DSHS)

HEALTHY HABITS FOR LIFE: TEEN HYGIENE DVD-DV0152, VHS-7879

color 17 min. 2003 JrH

This program empowers students to take good care of their bodies. It models proper personal hygiene and the rewards of healthy habits in a way that is tactful and engaging. It is written to national health standards. (SUNBUR)

A HEALTHY LIVER, A HAPPIER LIFE - 6183

video color 11 min. 1993 SrH-A

Describes the care and functions of the liver. Stresses prevention of liver damage from viruses, drugs, alcohol and other chemicals. Emphasizes healthier lifestyle. (ALF)

HEALTHY PEOPLE 2000: EDUCATIONAL AND COMMUNITY BASED PROGRAMS (closed captioned) -7084

video color 150 min. 1999 A, Professional

Teleconference presented in the fall of 1999. Reviews ten years of efforts to meet the year 2000 objectives to improve the health of American people through educational and community based programs. Gives update on the objectives for Healthy People 2010. (CDC)

A HEALTHY PREGNANCY FOR YOU AND YOUR BABY

English-6398, English/Spanish-7448

video color Eng-14 min., Span-14 min. 1996 SrH-A

Explains the physiological and psychological changes which may be expected during pregnancy. Advises regular prenatal care and details the initial visit to a health care provider. Stresses good nutrition and healthy lifestyle. (ALTSCH)

HEALTHY STEPS FOR TEEN PARENTS, Volume 2.

LABOR AND BIRTH (closed captioned) - 7303

video color 25 min. 2001 SrH

Follows teen mothers through the different stages of labor and the physical and emotional changes they bring. Provides labor coping techniques such as breathing, relaxation, and massage. Explains pain medication options including epidural and narcotics. Describes the cesarean procedure and why it is sometimes necessary. Shows how to start breastfeeding. (INJOY)

HEALTHY STEPS FOR TEEN PARENTS:

PRENATAL CARE - DV0073

DVD color 25 min. 2001 SrH

Teen parents will learn what to expect physically, the importance of regular check-ups and proper diet and exercise. They will learn how to gather support to help with emotional stress and about the harmful effects of alcohol, drugs and smoking. The importance of staying in school is also discussed. (INJOY)

HEALTHY TEETH: A GUIDE FOR PARENTS OF PRESCHOOLERS

English-5253, Spanish-6021

video color 26 min. 1993 A

Part 1 (11 min.) covers dental health for infants through age 2. *Part 2* (15 min.) covers ages 3 - 6. Parents and caregivers of preschool children are given an overview of dental health. Includes the development of caries and the three main steps in prevention; baby bottle tooth decay; tooth development and eruption; teething; injury to teeth; effect of thumbsucking; nutrition in caries prevention; fluoride; sealants; and preparing a child for a first visit to the dentist's office. (UTHSCS)

HEALTHY YOU, HEALTHY BABY

English-CD0009, Spanish-CD0027

2-CD-ROMs color 2003 SrH-A, Professional

Student version: Slide-show format includes information on preconception, pregnancy and newborn care. Includes games that emphasize the importance of this lifelong commitment. *Educator version:* Includes handouts, presentation ideas, and the student version. (MDIME)

HEARING CONSERVATION - 5622

video color 12 min. 1994 A

Covers hearing mechanics, hearing loss, audiometric testing, use and maintenance of hearing protectors, and symptoms of hearing loss. (AURORA)

HEARING CONSERVATION: YOU DECIDE WHAT TO HEAR - DV0086

DVD color 12 min. 2004 A

Noise induced hearing loss is 100% preventable. This program begins with a presentation on how the body processes sound and the consequences of excessive noise. Employees learn to protect hearing by understanding how to identify hazardous noise and the procedures to reduce exposure. This is an OSHA required topic. (TNN)

HEARING THE GOOD THINGS IN LIFE - 4488

video color 5 min. 1989 A

Although preventable, many industrial workers suffer long-term hearing loss. Humorously points out that wearing proper hearing protection is "sound" advice. (SAFETY)

HEART AND LUNG SOUNDS FOR EMS - CD0028

CD-Rom 2002 Professional

This CD-Rom contains 34 heart sounds ranging from normal sounds and simple variations to Diastolic and Systolic Murmurs and 15 lung sounds ranging from normal to those obtained on lungs with fluid. The sounds are set against typical field noises. (DELMAR)

HEART DISEASE AND DEPRESSION - DV0601

DVD color 30 min. 2008 A

While the physical consequences of heart disease are fairly well known, the mental ramifications are often overlooked. This program delves into the cause and effect of heart disease and mental health, and the potentially detrimental emotional aspects of medical illnesses. (AQUARI)

HEART DISEASE RISK FACTORS: SECONDARY PREVENTIONS (closed captioned) - 7593

video color 24 min. 2001 A

Helps patients who already have coronary artery disease minimize their chances of having a heart attack or stroke and improve their quality of life. Explains how to reduce risk factors such as smoking, high blood pressure, diabetes, excess weight, stress, and inactivity or lack of exercise. (MILNER)

HEART FAILURE MANAGING DAY TO DAY - (closed captioned)- DV0660

DVD color 18 min. 2011 A

This program helps patients understand that by becoming active participants in their heart failure management, they can feel better and do more. It recommends patients take their medications, reduce sodium intake, quit smoking, and stay active. It emphasizes monitoring for heart failure symptoms daily, recognizing flare-ups, getting emotional support, and planning for the future by filling out an advance directive.

THE HEART IS A LONELY THUMPER (closed captioned) - 6569

video color 21 min. 1996 I-JrH

Teaches that blood carries food and oxygen, fights germs and disease, regulates body temperature, carries waste and delivers chemical messages. Explores the heart, and teaches how circulation works. Stresses the importance of maintaining a healthy heart through exercise and a smart diet. (PYR)

THE HEART OF THE MATTER - 7608

video color 34 min. 1994 SrH-A

Focuses on the inspiring story of Janice Jirau, an HIV-positive African American woman, as she unravels the pieces of her life that contributed to her risk for HIV, and the powerful steps she took once she knew she had AIDS. (FIRST)

HEARTS AND ARTERIES IN TROUBLE (rev.) - 6990

video color 10 min. 1994 I-JrH

Shows the structure and function of various components of the cardiovascular system. Discusses such conditions as high blood pressure, arteriosclerosis, angina, blood clots, heart attacks and strokes. Shows how healthy lifestyles can prevent cardiovascular disease. (ALTSCH)

HEAT CAN KILL - 4489

video color 5 min. 1989 A

Heat stroke and heat exhaustion can occur in any hot work environment. Describes the symptoms of both conditions and outlines proper first aid for each. (SAFETY)

HEAT ILLNESSES**DVD-DV0177, VHS-6871**

color 7 min. 1999 SrH-A

Overexposure to high temperatures and humidity can quickly lead to heat-related illness. Early recognition and proper treatment are necessary to help prevent a medical emergency. Through dramatic vignettes, the symptoms of heat illnesses are described, and the first aid measures that should be taken are demonstrated. (SAFETY)

HEAT STRESS - 6018

video color 13 min. 1992 A

Heat stress and heat-related illnesses are more than just a problem of workers outdoors. Heat stress, heat exhaustion and heat stroke are described. Explains prevention of and first aid for heat related illnesses. (EXCTR)

**HEAT STRESS: DON'T LOSE YOUR COOL
(English/Spanish) (closed captioned) - DV0059**

DVD color Eng-15 min., Span-15 min. 2000 A

This DVD provides information on sunburn, acclimatization, heat rash, exhaustion, stroke, fluid intake, eating habits, and clothing. The DVD contains training points, bonus material for refresher or training talks, a customizable PowerPoint™ presentation (DVD-ROM drive required for PowerPoint), additional training organized by learning objectives and a leader's guide. Web links to organizations such as OSHA, FEMA, NSC and the CDC have been added. (COASTAL)

**HEAT STRESS: STAYING HEALTHY, WORKING
SAFELY - DV0461**

DVD color 15 min. 2008 A

Viewers learn about the hazards of working in the heat and how to minimize those hazards. Simple steps to avoid heat exhaustion are explained. The symptoms and treatment of heat cramps, heat exhaustion and heat stroke are detailed. (WUMBUS)

**HEAT STRESS: WORKING IN HOT
ENVIRONMENTS - 7157**

video color 17 min. 1993 A

Shows many people at work outside in summer heat. Explains the body reactions to high heat levels. Discusses the symptoms and treatments of several heat-related disorders including heat exhaustion, heat cramps, and heat rash. (LONGI)

**HELLO IN THERE: UNDERSTANDING THE
SUCCESS OF PERSON-CENTERED CARE - 6952**

video color 19 min. 1997 A, Professional

Intended for caregivers providing long-term care to seniors, in settings that are adopting or are already committed to a person-centered approach. Person-centered care is a nursing practice that emphasizes the challenges and rewards of relating to patients as whole people. Health care providers share their thoughts and experience in relating to their patients in this way. (FANLIG)

**HELPING AT HOME: BATHING AND PERSONAL
HYGIENE - 6447**

video color 12 min. 1995 A, Professional

Teaches the practical skills needed to provide safe, comfortable home care. Demonstrates how the caregiver can reduce the patient's embarrassment; give a tub bath, shower and bed bath; provide hair care; and help with shaving and oral hygiene. (MOSBY)

HELPING AT HOME: EATING AND FEEDING - 6419

video color 12 min. 1995 A, Professional

Teaches the practical skills needed to provide safe, comfortable home care. Demonstrates how to prepare meals for special needs; how to make meals enjoyable; how to assist with eating, feeding, and IVs; and how to insure eating safety. (MOSBY)

HELPING AT HOME: ELIMINATION - 6416

video color 12 min. 1995 A, Professional

Teaches the practical skills needed to provide safe, comfortable home care. Demonstrates how the caregiver can reduce the patient's embarrassment; assist in the bathroom; assist patient in using a urinal, bedpan, or commode; clean elimination aids; cope with incontinence; and care for catheters. (MOSBY)

HELPING AT HOME: INFECTION CONTROL - 6418

video color 12 min. 1995 A, Professional

Teaches the practical skills needed to provide safe, comfortable home care. Demonstrates using proper hand washing techniques; using infection-prevention gear and disinfectants; deciding when to call a health care provider; disposing of contaminated articles; housekeeping strategies. (MOSBY)

**HELPING AT HOME: LIFTING, MOVING, AND
POSITIONING - 6414**

video color 12 min. 1995 A, Professional

Teaches the practical skills to provide safe, comfortable home care. Demonstrates to the caregiver how to assist with repositioning and sitting up in bed; transferring from bed to chair or wheelchair; using transfer aids; and how to maintain good body mechanics. (MOSBY)

HELPING AT HOME: MEDICATIONS - 6417

video color 12 min. 1995 A, Professional

Teaches the practical skills needed to provide safe, comfortable home care. Demonstrates how to read medicine labels; give injections and suppositories; administer oral and topical medicines; keep medicines organized; and watch for side

effects. (MOSBY)

HELPING AT HOME: PRESSURE SORES-6438

video color 12 min. 1996 A, Professional
Teaches the practical skills needed to provide safe, comfortable home care. Provides information for choosing equipment for preventing pressure sores. Teaches the risk factors for developing this injury. Demonstrates how to recognize the early stages and how to care for pressure sores. (MOSBY)

HELPING AT HOME: PREVENTING FALLS - 6415

video color 12 min. 1995 A, Professional
Teaches the practical skills caregivers need to provide safe, comfortable home care. Demonstrates useful techniques including: inspecting the home for hazards; installing safety and mobility aids; using and maintaining wheelchairs and walkers; creating a safer home; and handling falls safely. (MOSBY)

HELPING AT HOME: WOUND CARE (closed captioned) - 6439

video color 16 min. 1996 A, Professional
Teaches the practical skills needed to provide safe, comfortable home care. Demonstrates ways to speed healing and prevent infection. Gives step-by-step instructions for changing a dry, sterile dressing; cleaning infected, open, or draining surgical wounds; and wet to dry dressing change. Provides supplies checklists and answers common caregivers' questions. (MOSBY)

HEMO THE MAGNIFICENT - 6167

video color 54 min. 1958 EI-I
Uses live action and animation to explain the composition and function of blood. Answers many questions regarding the circulatory system. (FA)

HEPATITIS 101 - 7838

video color 95 min. 2004 Professional
In this videoconference, Linda Gaul of the Infectious Disease Epidemiology and Surveillance Division presents a seminar on the characteristics of hepatitis A and the public health response. An introduction is given by Gary Heseltine. (TDH)

HEPATITIS A - 6553

video color 18 min. 1996 SrH - A
Discusses the sources of hepatitis A, its symptoms, prevention, and treatment. (FFH)

HEPATITIS A: COMMUNITY-WIDE OUTBREAK - 6565

video color 16 min. 1996 A, Professional
Shows what health officials can do when faced with a community-wide outbreak of hepatitis A. Explains that the disease can be spread from very young children, who have no symptoms, to adults. Explains the importance of hand washing education. Describes the impact of immune globulin for temporary protection from the disease. Stresses that early intervention is very important. Describes the use of the hepatitis A vaccine in slowing the outbreak. The Texas

Department of State Health Services does not endorse any particular brand or product. (SKB)

HEPATITIS B (closed captioned) - DV0211

DVD color 15 min. 2003 JrH-A
More than 80,000 North Americans will contract Hepatitis B in any given year and 5,000 will die from this STD due to chronic liver disease. Viewers learn how the virus is spread and how immunization can protect them over their lifetime. This DVD details the risk factors for acquiring Hepatitis B which are the same as other STDs. The unique risk factors associated only with the hepatitis B virus are also explained. (KINETI)

HEPATITIS B PREVENTION: A GUIDE FOR HIGH SCHOOL PROFESSIONALS - 6836

video color 5 min. 1995 JrH-SrH
Health teacher or school nurse curriculum designed for presentation to a junior high or high school audience. Describes hepatitis B as a bloodborne disease that can be spread through sexual transmission as well as sharing toothbrushes and razors. Discusses symptoms and health complications associated with the disease. Stresses the need for vaccination. Accompanying guide provides hepatitis B facts, suggested activities and bibliography. (ASHA)

HEPATITIS B: THE ENEMY WITHIN - 6407

video color 21 min. 1996 A
Describes the medical knowledge of hepatitis B and its treatment. Hosted by Dr. Miriam Alter, Chief of the Epidemiology Section, Hepatitis Branch, at the Centers for Disease Control and Prevention, and Dr. Harold Margolis, Chief of the Hepatitis Branch at the CDC. (FFH)

HEPATITIS C: FACTS, NOT FEAR (closed captioned) - 7771

video color 12 min. 2003 A, Professional
Intended for healthcare workers, this presentation explains the risk of exposure to the hepatitis C virus. (HCV). Illustrates standard precautions to reduce risk of exposure. Shows steps to take if injured by a sharp that is contaminated with infected blood. (COASTAL)

HEPATITIS C STAYING WELL - 7862

video color 40 min. 2000 SrH-A
In this film, Dr. John Keppler offers a clear overview of the often misunderstood virus Hepatitis C, and discusses how those with the virus can work to stay healthy and prevent transmission to others. Dr. Keppler reminds the audience that Hep C "is not a death sentence" and it can actually be a positive - a motivating factor to stay in recovery from drug abuse. A bonus question and answer segment at the end rounds out the presentation with spontaneous answers to important and personal questions. (FMS)

HEPATITIS C: THE SILENT SCOURGE - 6405

video color 23 min. 1996 A
Explains causes, treatment, and prevention of hepatitis C. (FFH)

HEPATITIS C UPDATE: DIAGNOSIS, EPIDEMIOLOGY, NATURAL HISTORY, AND THERAPY - 6181

video color 45 min. 1995 Professional
Gives primary care physicians up-to-date information on the prevention, diagnosis and treatment of hepatitis C. Traces history of the virus and follows increasing prevalence. Other topics covered include: screening methods, clinical features and epidemiology in the United States. (ALF)

HEREDITY AND ENVIRONMENT: BLUEPRINTS FOR A BABY - 6444

video color 29 min. 1996 SrH-A
Explains the biological aspects of conception including the function and development of the egg and sperm, the chromosomes, and the process of cell division. Discusses inherited traits, sex determination and the dangerous effects of genetic and chromosomal abnormalities. Covers the purpose of genetic counseling and the various tests that may be performed. (MAGNA)

HEREDITY, HEALTH AND GENETIC DISORDERS - 4986

video color 44 min. 1982 JrH-A
Probes the causes of such genetic disorders as sickle cell anemia, PKU, Tay-Sachs disease, Down's syndrome, spina bifida and cystic fibrosis. Teaches students about genetic screening, advances in medical technology, and the effects of genetic disorders on both individuals and families. (HUMRE)

HERITAGE: SURVIVAL IN THE SOUTHWEST / POLLUTION KNOWS NO BORDERS / TIES TO THE LAND - 7256

video color 25 min. 1992 A
An episode of *Heritage*, a program on public broadcasting station, KLRN. *Survival in the Southwest* (10 min.) outlines the sanitation problem of the colonias, outside of Laredo, Texas. The lack of clean water and sanitary waste disposal cause many health problems for the residents. *Pollution Knows No Borders* (8 min.) explains the impact of industrial pollution in Mexico on the rate of birth defects in Brownsville. *Ties To the Land* (7 min.) visits one family with a history of three generations on one farm south of San Antonio. (KLRN)

HEROIN: LOSING EVERYTHING (closed captioned) - 6725

video color 56 min. 1998 SrH
Uses the testimony of drug users and the information of experts in the substance abuse field, to demonstrate the dangerous, and sometimes deadly, consequences of heroin use. Each of the users describes the experience of being "high" on heroin, becoming addicted, overdosing, withdrawing, and staying clean. They also discuss what they have lost to the drug and some of the criminal activities they engaged in as a result of their addiction. Discusses "gateway drugs," addiction scenarios, and the danger signals of heroin addiction. Both the users and the experts discuss peer pressure, societal influences, and suicide as they relate to heroin use. Finally, the users

discuss ways of avoiding heroin use, getting help, and beginning a new life. (UNITDL)

HERPES AND LONG TERM RELATIONSHIPS - 4254

video color 11 min. 1987 A
Discusses the challenge of coping with herpes within a long-term relationship. (ALTSCH)

H.I.D.E. & S.E.E.K! PREVENTING THE SPREAD OF INFECTIONS - 7341

video color 28 min. 1997 JrH-A
H.I.D.E. stands for handwashing, immunization, drug safety and eating safety. Each area is covered in detail to help viewers learn how to prevent the spread of infection. S.E.E.K. stands for safe personal practices, environment, elderly and kids. Avoiding high-risk personal behavior and learning how to properly clean and disinfect the home and office are emphasized. Shares practical ways to establish healthy habits for the elderly and children. (MEDGLD)

HIGH BLOOD PRESSURE AN INTRODUCTION TO TREATMENT, 3rd ed. - DV0052

DVD color 16 min. 2004 A
This newly revised video features the most recent blood pressure categories outlined by the National Heart, Lung, and Blood Institute, including the "prehypertension" level. It helps patients make a lifelong commitment to controlling their blood pressure through changing their lifestyle. The video gives patients the information they need to help them quit smoking, lose weight, reduce sodium, reduce alcohol consumption, and get more physically active. The video explains that in some cases patients may need to take medication. Possible side effects and tips for incorporating medication into a daily schedule are covered. (MILNER)

HIGH CHOLESTEROL: AN INTRODUCTION TO TREATMENT (closed captioned) - 7591

video color 24 min. 2002 A
Provides patients with the basics of the treatment plan for high cholesterol: being more physically active, losing weight, and changing eating habits. (MILNER)

HIGH CHOLESTEROL: AN INTRODUCTION TO TREATMENT, 2nd ed. - DV0051

DVD color 14 min. 2005 A
After explaining what cholesterol levels mean, this program gives patients the basics of the treatment plan for high cholesterol. It covers both lifestyle changes and medications. This second edition includes the new food guide pyramid, fats, triglycerides, trans fats, low fat substitutes, fiber, how to make healthier food choices and how to prepare foods. It also discusses quitting smoking, losing weight and increasing physical activity.. (MILNER)

HIPAA PRIVACY AND SECURITY IN DEPTH - DV0069

DVD color 28 min. 2005 A, Professional
This DVD covers the privacy rules that govern how medical information is protected, what medical information a patient can access, and how it must be obtained. The security rules also

govern how the information is stored and secured and how protected health information (PHI) is transmitted and stored. (INJOY)

HIPAA: PRIVACY COMPLIANCE (closed captioned) - 7643

video color 16 min. 2002 A, Professional
Outlines the requirements under the HIPAA's Privacy Rule, the first comprehensive federal protection guidelines for the privacy of health information. Defines Protected Health Information (PHI). Explains the rules for the use and disclosure of PHI. Discusses consent, authorization, patient rights and administrative responsibilities. (COASTAL)

HIPAA PRIVACY COMPLIANCE SCENARIOS

(English/Spanish)(closed captioned) - DV0061

DVD color Eng-18 min., Span-18 min. 2004 A
This DVD covers the basics of the HIPAA Privacy Rule and shows examples of what is necessary to comply. It uses specific scenarios to illustrate privacy do's and don'ts. It explains incidental use and disclosure, permitted use and disclosure, when authorization is required, and notice of privacy practices. The DVD contains training points, bonus material for refresher or training talks, and a customizable PowerPoint™ presentation(DVD-ROM drive required). (COASTAL)

HIPAA: PRIVACY IN HOME HEALTH CARE

(English/Spanish) (closed captioned) - DV0405

DVD color 17 min. 2003 Adult, Professional
This DVD will help home health agencies in complying with HIPAA's privacy rule. Viewers will learn the definition of protected health information (PHI). They will also learn when they are permitted to use or disclose it. Patient's rights over their PHI are detailed along with the penalties for those who violate the HIPAA standards. Bonus features include an expanded leaders guide, a quiz, and a customizable PowerPoint® presentation (DVD-ROM drive required for PowerPoint)(COASTAL)

HIPAA: PRIVACY IN LONG TERM CARE

(English/Spanish)(closed captioned) - DV0320

DVD color 20 min. 2003 Adult, Professional
This program covers Protected Health Information (PHI) disclosure; administrative and physical safeguards; physical access controls; device and media controls; transmission safeguards; incidental disclosures and security breach prevention. (COASTA)

HIPERTENSION: EL ASESINO SILENCIOSO

(Spanish) - 4448

video color 16 min. 1989 A
Shows a patient experiencing a heart attack due to hypertension. Describes the concept of high blood pressure by using animation and angiograms. A cardiologist explains the importance of maintaining blood pressure within certain limits and the effects of high blood pressure over the coronary arteries, heart and brain vessels. The risk factors and possible causes of hypertension are discussed, as well as the treatment. (ICPS)

HISTORY OF BIOTERRORISM: BIOLOGICAL WARFARE AND TERRORISM - 7932

video color 27 min. 2003 Adult, Professional
Short segments describe smallpox, anthrax, botulism, plague, tularemia, and viral hemorrhagic fevers. Knowing their history can help public health professionals prepare for these diseases. Parts of this video were adapted from *Biological warfare and terrorism : the military and public health response*. (PHF)

THE HISTORY OF PARENTING PRACTICES - 7188

video color 17 min. 1998 SrH-A
Introduces the topic of parenting using an historical perspective specifically citing events, legislation, and theorists. Connects basic information on child development theories with actual parenting practices. (LZ)

HIV AIDS WHAT CAREGIVERS NEED TO KNOW

(English/Spanish) (closed captioned) - DV0064

DVD color Eng-16 min. Span-16 min. 2003 Professional
This DVD gives a definition of HIV, explains when HIV becomes AIDS, details the symptoms, types of exposure and standard precautions. (COASTAL)

HIV AND AIDS - 6720

video color 33 min. 1995 JrH - A
Teaches what HIV and AIDS are, how it is transmitted, how to stop it, and what is involved when one contracts the disease. (PYR)

HIV AND AIDS: STAYING SAFE (closed captioned) - 7548

video color 15 min. 2001 I
Designed to give a basic understanding of HIV and AIDS for grades 4-6. Uses animation to illustrate the impact of the HIV virus on the immune system. Identifies means of transmission and risky behaviors that could lead to infection with HIV. (UNITDL)

HIV AND TEENS: REMEMBERING KRISTA BLAKE - 6736

video color 15 min. 1997 I-SrH
Krista Blake contracted HIV when she was sixteen from a hemophiliac boyfriend. Follows Krista over a three-year period as she speaks out about AIDS, and as her disease progresses. Demonstrates how painful the fight with AIDS can be. (ALTSCH)

HOLDING OUR OWN: STRATEGIES DURING PREGNANCY AND MOTHERHOOD TO STOP SMOKING - 7266

video color 24 min. 1998 A
A variety of women, either pregnant or with children, share stories about stopping smoking. Health care professionals explain withdrawal symptoms and offer helpful advice about quitting. Native American healers explain the past use of tobacco as a remedy, and how they must educate modern women on the dangers of tobacco. (ALTSCH)

HOLIDAY SAFETY: AT THE TOP OF YOUR LIST - 6045

video color 17 min. 1994 A

Provides overview of safety considerations during the Christmas season. Topics include: the safety issues related to artificial and live trees; lights, decoration and candles; food preparation; holiday parties; and winter traveling. (COASTAL)

HOME AIR CARE: INDOOR AIR AND YOUR HEALTH - 6294

video color 13 min. 1995 SrH-A

Lists the physical symptoms caused by indoor air pollution. Defines and describes the many conditions which may adversely affect indoor air quality. Recommends yearly inspections of gas appliances and furnaces, as well as regular maintenance of air filters and humidifiers. Alerts consumers to the misuse of household cleaners and chemicals and personal care products. Advises professional testing for radon and asbestos. (LUNG)

HOPE IS NOT A METHOD (4th ed.) - 5380

video color 20 min. 1992 SrH-A

Emphasizes that abstinence is the only 100% effective method for preventing sexually transmitted diseases and unwanted pregnancies. Compares and contrasts other forms of birth control for the sexually active young adult. Covers both prescription and over-the-counter birth control methods. Stresses the importance of using condoms with most forms of birth control as a preventative measure against sexually transmitted diseases. (ALTSCH)

HORMONE REPLACEMENT THERAPY - 7884

video color 15 min. 2003 A

In the light of the results of the Women's Health Initiative study, this video will help women decide whether or not to start or continue hormone replacement therapy. This video contains interviews with women discussing their thoughts, fears and concerns. It covers the benefits, risks, contraindications, and side effects of hormone replacement therapy. It also provides a checklist of important questions to answer when making a decision. (AQUARI)

THE HORROR AND THE HEALING - 5896

video color 22 min. 1995 A

Dramatic stories are presented of those surviving domestic violence. Shows a woman who suffered brain damage as a result of her husband's abuse, and another who relates the story of her sister's tragic death due to domestic violence. Explores techniques for healing individuals and families, and emphasizes the importance of breaking the cycle of violence for preventing future abuse. (ALTSCH)

HOSPITAL PREPAREDNESS FOR BIOTERRORISM - 7760

video color 60 min. 2002 Professional

Two emergency physicians with expertise in pre-hospital care, disaster management, and infectious diseases share their

perspectives on the current status of preparedness in American health care facilities. They also describe how hospitals can sharpen response skills to ensure high-quality care without compromising safety. Provides the clinical information about dealing with biological and chemical agents. (NCME)

HOSPICE: CARING INSTEAD OF CURING - 6186

video color 20 min. 1994 A, Professional

Explains how a hospice works and the roles of the hospice nurse, social worker, family counselor, home health aide, hospice volunteer, and hospice chaplain. Covers pain management, special hospice housing and care centers for AIDS patients and grief support. Describes one family's experience with hospice care and how the hospice team deals with the continuing cycle of death and loss. (MLIFE)

HOSPITAL TO HOME

English DVD-DV0237, Spanish VHS-7885

color 33 min. 2004 SrH-A

New parents will learn when to call their health care provider, the importance of support, facts about lochia, pain management, the risk of infection, perineum and hemorrhoid healing, post-partum depression, baby care, umbilical cord and circumcision care, SIDS safety, car seats, and more. (INJOY)

HOT TOPICS IN EMERGENCY PREPAREDNESS: LESSONS LEARNED FROM SARS, WEST NILE VIRUS AND ANTHRAX - 7685

video color 90 min. 2003 Professional

Teleconference presented May 29, 2003. Discusses lessons learned in emergency preparedness for SARS, spread from person to person; West Nile Virus, spread by mosquitoes; and anthrax, used in bioterrorism. (HSPH)

THE HOTHEAD - 4866

video color 8 min. 1969 A, Professional

Describes a worker who blows his top at the slightest irritation. (JOURNL)

HOUSE ON FIRE: BLACK AMERICA RESPONDS TO AIDS - 7214

video color 56 min. 1999 A

Shows how HIV has spread through the African-American community and the impact on whole families. Explains the factors leading to drug use that contributes to an increased risk for HIV and AIDS. Looks at the increased contraction of HIV within the prisons. (NAACP)

HOUSEKEEPING AND TEAMWORK IN INDUSTRY - 6934

video color 18 min. 1999 A

Demonstrates how good housekeeping and teamwork are keys to working safely and productively. Topics include: fire prevention, storage, leaks/spills, and employee attitude and commitment (ATR)

HOUSEKEEPING: IT AIN'T LIKE THE MOVIES (closed captioned) - 6429

video color 15 min. 1995 A

Reviews the importance of good housekeeping in the prevention of falls in the workplace. It covers proper storage techniques, removal of clutter, and stresses the importance of eliminating spills and leaks. (COASTAL)

HOW MUCH SHOULD I EAT (closed captioned) - DV0227

DVD color 21 min. 2007 SrH-A

We live in a super-sized world. Our perception of what is an appropriate serving of food is distorted. How much we eat threatens our health. This program helps viewers develop portion awareness so that they take control of their own nutrition. Viewers will learn to replace super sized meals with appropriate ones. (FIDEAS)

HOW TO CATCH A COLD (rev.) - 4311

video color 10 min. 1986 P-EI

Helps children learn about the cold virus, how it is transmitted, how to avoid spreading it, and precautions regarding the use of cold medications. Introduces the role of the immune system. Animated clips help dispel some of the myths. (CORONE)

HOW TO COMMUNICATE WITH A PERSON WHO HAS ALZHEIMER'S OR RELATED DEMENTIA VOL. 3 - DV0149

DVD color 30 min. 2001 A, Professional

This DVD program defines Alzheimer's Disease and its effects and teaches communication techniques that can bring a higher quality of life both to the person who has Alzheimer's and to the caregiver. Topics covered include repetitive questions, doing chores, aggressive behavior, answering difficult questions, and the use of language and other forms of communication. (HAC)

HOW TO CONDUCT A SAFETY MEETING: A PART OF YOUR JOB - 4794

video color 15 min. 1990 A, Professional

Intended for supervisors, managers, and anyone else faced with the challenge of planning and executing safety meetings. Step-by-step instructions on how to plan, prepare, schedule, supervise, and document safety meetings are clearly outlined. (ITS)

HOW TO CREATE ACCOUNTABILITY THROUGH COMPETENCY ASSESSMENT - 6377

video color 16 min. 1996 Professional

Designed for supervisors and managers to measure the quality of nursing performance by promoting employee accountability. Assessments include those at the time of (1) hiring, (2) during the initial or orientation phase of a new job, and (3) ongoing. Shows how to identify ongoing job competencies as new, changing, high risk, or problematic. (CHCM)

HOW TO INVESTIGATE AN ACCIDENT - 7310

video color 13 min. 1993 A

Emphasizes that all accidents, however minor, should be investigated to see patterns and prevent future accidents. Shows the components of the accident report. Shows a typical

investigation scenario. Stresses that the work environment should be modified when accidents seem to follow a pattern. (LONGI)

HOW TO MANAGE ASBESTOS IN SCHOOL BUILDINGS - 7832

video color 19 min. 1996 Prof

This video is to be viewed in conjunction with the manual *How to Manage Asbestos in School Buildings AHERA Designated Person's Self study Guide EPA 910-B-96-001*. It was created "to help the AHERA designated person understand his or her responsibilities and comply with the federal asbestos requirements." This training includes the following topics: location of asbestos materials in school buildings, training for school building staff, inspections, re-inspections and six month surveillance, record keeping, oversight of maintenance operations and removal activities, management plans and notifications. (EPA)

HOW TO PROTECT YOUR VACCINE SUPPLY - 7796

video color 23 min. Professional 2004

An introduction to basic procedures for proper vaccine storage and handling. Includes information and examples regarding acceptable storage and temperature monitoring equipment, required documentation and record-keeping, basic storage and handling procedure for routinely recommended live and inactivated vaccines, and action steps to take when a problem occurs. (CDC)

HOW TO QUIT: THE NATIONAL WELLNESS STOP SMOKING CAMPAIGN - VT-0002

video + audiocassette color 75 min. 1994 SrH-A

A four-week program designed to give scientifically proven techniques that have helped millions stop smoking. Describes a number of physical and psychological conditions that may occur in persons withdrawing from nicotine dependence. Includes relaxation and support audiocassettes. (ORBIS)

HOW TO RAISE A DRUG-FREE CHILD - 5862

video color 30 min. 1990 JrH-A

Mary Tyler Moore hosts an explicit, no-nonsense guide for parents that informs them about drugs, and the telltale signs of drug abuse. Discusses why children begin to use drugs and where they first obtain drugs. Offers seven techniques on how to raise a drug-free family. (AMBROS)

HOW TO STAY SAFE

DVD-DV0432, VHS-7945

color 24 min. 2006 P-EI

The "Safe and Sound," game show is the setting for this program that teaches youngsters how to stay safe. On-stage contestants answer questions in four key safety categories: Safety at Home, Safety Outdoors, Personal Safety, and Safety and Strangers. Viewers are encouraged to play along to test their knowledge. They will recognize the importance of: thinking before they act; evaluating if a situation is safe or unsafe; using common sense; and understanding what makes someone a "stranger". From using matches to eating berries off a bush, from taking someone else's medicine to walking over to

a car to give a stranger directions, this program will teach children to avoid unsafe situations. (SUNBURST)

HOW TO STOP BLEEDING - 6573

video color 6 min. approx. 1995 SrH-A
Serves as an overview regarding bleeding injuries and encourages the viewer to get proper first aid training before treating such injuries. Explains the difference between bleeding from a vein and bleeding from an artery. Describes pressure points and their use in stopping bleeding from arteries. Mentions the use of the tourniquet and warns that its use is seldom needed. Advises the use of personal protection equipment to protect against bloodborne pathogens such as HIV and hepatitis B. (TRAINET)

HPV (HUMAN PAPILLOMAVIRUS): ASSOCIATED DISEASE IN REPRODUCTIVE HEALTH CARE - 7181

video color 120 min. 2000 Professional
Teleconference presented June 8, 2000. Human Papillomavirus (HPV) is one of the most common sexually transmitted diseases in the United States. Genital HPV is now recognized as the major cause in the development of cervical cancer. Presents the risk factors for HPV transmission and progression to cervical dysplasia. Describes new technologies, in particular HPV, testing that may aid in cervical cancer screening. Explains the current recommendations for managing HPV infections, abnormal pap tests and genital warts. (CHT)

THE HuGEM PROJECT: AN OVERVIEW OF THE HUMAN GENOME PROJECT AND ITS ETHICAL, LEGAL AND SOCIAL ISSUES - 6197

video color 19 min. 1996 A, Professional
Provides an overview of the Human Genome Project and its ethical, legal and social issues within the context of the HuGEM Project. Includes data from HuGEM surveys and introduces panelists and topics expanded upon in the other videos. (TEXGEN)

THE HuGEM PROJECT: ISSUES OF GENETIC PRIVACY AND DISCRIMINATION - 6195

video color 45 min. 1996 A, Professional
Four individuals, each with a different genetic disorder in the family, discuss experiences and concerns about actual and potential discrimination in insurance and the workplace when privacy and confidentiality are not maintained. (TEXGEN)

HUGH McCABE: THE COACH'S FINAL LESSON - 5395

video color 17 min. 1988 JrH-A
Documents the final year in the life of junior high teacher and coach, Hugh McCabe. A victim of lung cancer, McCabe tells his story as a "final lesson" on the effects of smoking. (PYR)

THE HUMAN BODY: THE MALE - 5570

video color 28 min. 1993 SrH-A
Covers the range of physiological information about the sexual functions of the human male body: the events at the moment of insemination that determine that the child will be a boy; the hormones responsible for developing male sex characteristics

and sexual behavior; how semen is produced. Also covers the events of puberty and possible causes for male sterility. (FFH)

THE HUMAN BODY: TURNING FOOD INTO FUEL - 5816

video color 28 min. 1993 SrH-A
Follows the path of a sandwich from the plate into the mouth, through the various organs and processes of digestion, then through the utilization of food-derived energy in cells. (FFH)

THE HUMAN CONDITION: THE GROWING YEARS (closed captioned) - 7590

video color 28 min. 2000 A, Professional
Examines the major health risks during infancy, childhood, and adolescence and preventative strategies that are proving successful in decreasing the likelihood of debilitating illnesses and injuries. Health patterns established in each stage can later impact the adult's health profile. (AQUARI)

THE HUMAN EAR - M0006

Model color 1995 El-A
A model of the human ear enlarged approximately five times normal size. (HLTHED)

HUMAN EMBRYOLOGY - 7632

video color 146 min. 2002 A
Three programs on one video. *The Neural Tube* (51 min.) traces the formation of the fertilized egg and resulting cell differentiation characteristics in human embryology. Shows the birth defects affecting the neural tube. *The Heart* (50 min.) shows the birth defects affecting the cardiac system. *The Craniofacial System* (45 min.) traces the birth defects affecting the head and face (TDH)

THE HUMAN EYE - M0005

Model color 1995 El-A
A model of the human eye enlarged approximately three times normal size. (HLTHED)

THE HUMAN HEART - 7609

video color 25 min. 2002 JrH-A
Illustrates the heart's basic structure and function. Explains the circulation process, pulmonary and systemic circulation, and diastole vs. systole. Investigates heart health, including advice on maintaining a strong heart and circulatory systems. (JAG)

THE HUMAN HEART MODEL - M0004

Model color 1995 El-A
A model of the human heart about 3/4 normal size. (HLTHED)

HUMAN REPRODUCTIVE SYSTEM - DV0103

DVD color 22 min. 2004 SrH
When humans are born, all of the parts of the reproductive systems are in place, but we are not able to reproduce until puberty causes our bodies to undergo drastic changes. Viewers will learn about GnRH, the hormone that initiates these changes, and understand why puberty happens to some people at nine and to others at fifteen. The names of the various parts

of the male and female reproductive systems are explained. This DVD shows what the individual organs look like and where they are located. The functions of each organ in the reproductive system are explained. (EVN)

HUMAN SKELETAL SYSTEM - DV0110

DVD color 23 min. 2004 SrH

Viewers will learn how skeletons support the human body, protect organs, aid in movement, produce blood cells, and store important minerals. (EVN)

HURRICANE! (closed captioned) - 6358

video color 60 min. 1989 JrH-A

A NOVA program. Describes where hurricanes develop and how. Traces the path of Hurricane Gilbert in 1988. Includes footage from inside a hurricane made by a data-gathering flight of a research aircraft. Shows the work of research scientists to predict the path and intensity of a hurricane in time to warn coastal populations in its path. (TLMED)

HURRICANES, TORNADOES, AND FLOODS - 6206

video color 16 min. 1996 A

Describes disaster procedures before, during, and after the disaster. Distinguishes between disaster watches and warnings. Explains what emergency supplies are needed. Stresses the importance of drills and staying informed. (LONGI)

HYGIENE AND HEALTH AT WORK - 6942

video color 20 min. 1997 A

Describes bacteria and viruses and the methods by which disease can be spread. Discusses hepatitis A and B and HIV transmission. Emphasizes proper hygiene in controlling the spread of infection in the workplace including good bathroom hygiene. Gives the basics of good food handling techniques. Promotes regular exercise and good nutrition as ways of maintaining good health. (VOCAM)

HYGIENE: WHAT IS IT? - 4877

video color 18 min. 1991 JrH-A

Provides the rules to follow to improve appearance and well-being. Teaches the importance of good hygiene and how it makes one feel and look better. Shows that it is possible to look good without needing highly advertised, expensive products. (HIGGIN)

HYPERTENSION - 7210

video color 18 min. 1997 A

Medical experts explore the history, symptoms, and treatment of hypertension. Profiles groups at highest risk such as African Americans and pregnant and postmenopausal women. Explains the effects of drugs such as diuretics, beta-blockers, and ace inhibitors. Suggests changes in diet and increased exercise to control hypertension. (FFH)

HYPERTENSION: AN OUNCE OF PREVENTION

English-4144

video color 15 min. 1987 A

Stresses the importance of diet and exercise in the prevention

of hypertension in diabetic patients. (MARSHL)

HYPERTENSION: A SELF-MANAGEMENT APPROACH TO HIGH BLOOD PRESSURE - 7334

video color 31 min. 1998 SrH-A

Designed to help patients manage their hypertension through improved diet, weight management, increased activity, stress management, and discontinuance of smoking. (KRAMES)

HYPOTHERMIA - 7265

video color 6 min. 1998 A

Intended for employees who must work in prolonged cold temperatures. Statistics show that most cases of hypothermia occur between 30 and 50 degrees Fahrenheit. Describes the early warning signs and explains the precautions for an employee to take including proper cold-weather personal protective equipment. (LONGI)

I AM JOE'S EAR - 4292

video color 25 min. 1986 EI-A

Shows how the ear is constructed, what happens when hearing is lost or impaired, and why regular hearing tests are important. Stresses the importance of ear protection. (PYR)

I AM JOE'S HEART - 4291

video color 25 min. 1987 EI-A

Explains how the heart and circulatory system are constructed, how the heart circulates the blood, what causes heart and circulatory disease, and how diet, exercise, and not smoking can help maintain a healthy heart. (PYR)

I AM JOE'S LUNG: NEW VERSION

English-6319, Spanish-6320

video color 20 min. 1991 I-A

Illustrates the function of the respiratory system and the importance of the lung as well as investigates the effects that smoking, drugs, disease, and pollution exert on the respiratory system. Concludes with sensible ways to care for the lungs. (PYR)

I AM JOE'S SKIN - 4293

video color 25 min. 1985 EI-A

Shows the skin's layers, describing their many functions and the large number of sweat glands, nerves, nerve endings, hair follicles, oil glands, and blood vessels contained in a tiny area of skin. Also discusses skin problems and skin care. (PYR)

I CAN'T BREATHE (closed captioned) - 7649

video color 20 min. 2002 JrH-SrH

A young mother tells why she started smoking at the age of 10. Her addiction was so strong that she continued to smoke while suffering bronchitis and emphysema. She was able to survive three years with a lung transplant but died at age of 31 from respiratory failure. (MTCP)

I CHOSE TO LOOK THE OTHER WAY (closed captioned) - 7569

video color 12 min. 2002 A

Designed to show employees the consequences of "looking the

other way” when seeing someone commit and unsafe act at work. (ERI)

I FELT COMFORTABLE - 6154

video color 23 min. 1994 A

A graphic portrayal of a workplace accident resulting from the intentional violation of safety work rules and procedures. This true life story is told by the accident victim himself. Shows how individual behavior plays a major role in accidents and accident prevention. Viewers should be warned that many of the scenes have graphic slides of the injuries and may be unpleasant for some to watch. (NRSC)

I NEVER PLANNED ON THIS - 5131

video color 46 min. 1990 A

Examines normal, healthy aging, showing that it is part of a gradual biological process that begins at birth. With proper exercise and diet, most older people are quite fit and able to live independently. The way a person ages is influenced by a complex interplay of genetic, environmental and social factors. (FILMMA)

I QUIT: HOW TO STOP SMOKING - 7360

video color 22 min. 2000 A

A how-to on stopping smoking. Hosted by a TV reporter, the lively discussion covers basic quitting techniques, as well as the newest information on pharmaceutical approaches of NRT (nicotine replacement therapy). (INTERM)

I SHOULD HAVE WAITED (closed captioned) - DV0162

DVD color 27 min. 2005 JrH-A

Under constant pressure from peers and the media, one of the biggest decisions a teen has to make is whether or not to have sex. Without preaching, this program presents arguments against having sex too early. This fictional drama follows the character of Lisa as she responds to the advances of Jason. Lisa has sex with Jason. The next day he is on to someone else, leaving Lisa to face the risks of possible pregnancy, STD's and HIV. She realizes that one night with Jason may have affected the rest of her life. Lisa acknowledges lessons learned and arrives at a hard new resolution. (HUMRE)

I SPOT SOMETHING HOT! (English/Spanish)- DV0677

DVD 25 min. 2010 K-A

These programs help teach preschoolers and their families about fire and burn safety. Parents and their children can watch the segments with Rover the Home Safety Hound and Freddie Flashlight together. The DVD contains the following segments: I Spot Something Hot (8:30) Animated characters Rover and Freddie teach children to stay away from things in the home that can be hot and hurt; I Spot Something Hot Song Track (1:20); Family Fire Drill (3:00) a family learns to make home escape maps and perform family fire drills; Cause for Alarm Will Smoke Detectors Wake Your Kids (5:40) NBC's TODAY Show segment about kids sleeping through smoke alarms, and how parents should plan for it; Can You Stop Children from Playing with fire (5:56) NBC's TODAY Show segment showing why parents should lock up matches and lighters. The TODAY show segments should not be shown to children.

ICE BEYOND COOL - 7557

video color 33 min. 2002 SrH

An emotionally intense production which uses music and visual techniques to examine the complex social pressures facing teenagers that can lead to suicide. Demonstrates how talking can lead to solutions. (AIMS)

IF I'M LYIN', I'M DYIN': A PROGRAM ABOUT SMOKING - 6323

video color 17 min. 1994 I-JrH

When a group of young people is confronted with the seductive ad messages and peer pressure that lure teens to smoke, each person begins to examine the attitudes about cigarettes. Everyday events challenge the group to learn and practice resistance skills to avoid getting hooked on cigarettes. This presentation will help teenagers evaluate whether or not to smoke. (DISNEY)

IF IT HAPPENS TO YOU: DEALING WITH ABUSE - DV0406

DVD color 20 min. 2006 I

This program talks to upper elementary-aged children about abuse. Sensitive, age-appropriate scenarios explore three types of abuse: physical, verbal and sexual as seen through the eyes of children. Viewers learn that victims of abuse are not responsible for causing it. They must tell an adult they trust what is happening and continue on telling until someone takes action to stop it. Whether it's a father who gets angry and physically hurts a child, a grown-up who uses words to continually make a youngster feel worthless or a person who touches the private parts of a child's body, this program will encourage and empower youngsters who are the victims of abuse to speak up and get help. (SUNBUR)

ILLEGAL DUMPING ENVIRONMENTAL ENFORCEMENT - 6247

video color 14 min. 1996 JrH-A

Explains the Fort Bend County cooperative effort among county commissioners, sheriff's department, district attorney and courts, and Ft. Bend Road and Bridge Department to stop illegal dumping on public right-of-way, surface waters, and vacant lands. This program may be duplicated by borrowers. (FTBEND)

I'M DYING FOR A SMOKE (Spanish with English subtitles) - 6330

video color 30 min. 1992 SrH-A

A culturally specific smoking cessation video created for the Hispanic Community. Provides motivation and techniques to quit smoking and avoid relapse and also focuses on prevention for non-smokers. (ETRNAT)

I'M NO FOOL AS A PEDESTRIAN - 4835

video color 15 min. 1988 P-EI

Features Jiminy Cricket, Pinocchio and Geppetto. Encourages students to practice pedestrian safety. Demonstrates the proper procedures for crossing streets safely. Emphasizes the need for pedestrians to rely on themselves, not drivers or other

pedestrians, to make good safety decisions. (DISNEY)

I'M NO FOOL: HAVING FUN - 4832

video color 8 min. 1957 P-EI

Jiminy Cricket uses satire, humor, and song to show that only a Common Ordinary Fool violates the rules for safety when hiking, skating, swimming, and engaging in other forms of recreation. (DISNEY)

I'M NO FOOL IN AN EMERGENCY - 6567

video color 13 min. 1992 P

Dramatizes an incident in which two children help an injured and unconscious adult. One child stays with the injured person and the other calls '911' for the paramedics. Children remain calm and contact their parents. Emphasizes the importance of family emergency practice sessions. (DISNEY)

I'M NO FOOL IN WATER - 4838

video color 9 min. 1987 P-EI

Featuring Jiminy Cricket, emphasizes the necessity of water safety awareness, knowledge and training. Illustrates the basics of water safety rules and survival skills. Helps viewers learn not to fear the water but to respect it. (DISNEY)

I'M NO FOOL WITH FIRE (rev. ed.) - 4841

video color 10 min. 1987 P-EI

Featuring Jiminy Cricket, emphasizes the necessity of fire prevention, safety awareness and knowledge. Illustrates the basics of fire safety procedures and techniques. Encourages fire safety through prevention and preparation. (DISNEY)

I'M NOT A BABY ANYMORE: TIPS FOR FEEDING TODDLERS - English/Spanish/Vietnamese (closed captioned Spanish/Vietnamese) - DV0101

DVD color Eng 11 min. Span 11 min. Viet 11 min. 2004 A

This program is in English with captions in Spanish and Vietnamese. It is designed to educate parents about the importance of feeding toddlers a healthy, delicious, and varied diet. Viewers will learn which foods, and how much, make up a well-balanced toddler diet. They will also learn about mealtime dos and don'ts, the best way to introduce new foods, and which beverage choices are the healthiest for toddlers. Interviews with three moms from diverse cultural backgrounds are woven throughout the video. (LEMON)

I'M NOT READY FOR THIS - 4373

video color 18 min. 1988 JrH-SrH

Discusses the problems a high school student faces as a pregnant teen. She begins to deal with the situation by telling her parents and her friends. She joins an advocacy program and learns how to care for her baby's health and well-being. She faces the hard realities of getting an education and explores the role of the teenage father. Dating, relations with friends, and handling stress and anger are all part of her life that suddenly changes with her pregnancy. In the end, she decides that she can become a successful parent. (INTERM)

IMMUNIZATION: YOUR CHILD'S PROTECTION - 4628

video color 10 min. 1991 A

Gives parents an understanding of why it is as important to have their children immunized today as it was 30 years ago. Explains the immunizations against polio, diphtheria, pertussis, tetanus, measles, mumps and rubella and the ages they are given. Discusses risks associated with the DPT shot so parents can make an informed decision. Aside from these complications, the tape also mentions minor reactions children may have, like rash or fever. Includes information about the new vaccine, H-FLU-B. (MILNER)

IMPLANT II: KNEE REPLACEMENT SURGERY (closed captioned) - 7758

video color 90 min. 1990 A

Follows Anthony K. Hedley, M.D., as he leads a surgical team through the procedure of total knee replacement. Highlights patient diagnosis, design and manufacturing of the artificial knee joint components, and rehabilitation. Takes a close up look at the internal structure of the knee during this medical procedure. (PBS)

IMPLEMENTING POSTOPERATIVE CARE - 7066

video color 19 min. 1997 Professional

Covers the nursing responsibilities for the three periods of postoperative care: the immediate postoperative period, the ongoing postoperative period, and the late postoperative and discharge period. Includes documentation tips and safety issues. (LIPP)

IMPLEMENTING PREOPERATIVE CARE - 7067

video color 22 min. 1997 Professional

Covers step-by-step instructions for obtaining informed consent, completing the preoperative assessment, preparing for client and family teaching, and carrying out the physical preparation required on the day of surgery. Includes documentation tips as well as safety and legal issues. (LIPP)

IMPROVING THE ODDS - 4459

video color 11 min. 1990 A, Professional

Describes the study funded by the Robert Wood Johnson Foundation of low birth weight babies. Premature, low birth weight infants are known to be at risk for developmental, behavioral and health problems. This research project shows that they can be significantly improved if an intensive array of services is provided for the first three years of life. (RWJF)

IN CONTROL: OUR BRAIN AND NERVOUS SYSTEM - 6343

video color 24 min. 1993 I-JrH

Explains the parts and functions of the brain and nervous system including the differences between short-term and long-term memories and between "left brain" and "right brain." Describes the effects of stimulant and depressant drugs. (KINETI)

IN GOOD HANDS: A GUIDE TO HEALTH CARE ADVANCE DIRECTIVES - 7748

video color 23 min. 2001 A

Encourages people living with a life-threatening illness -- in

particular, those with HIV -- to make an "advance directive": a document that outlines their health care preferences, as well as who they want to make medical decisions on their behalf in case they become incapacitated. (PYR)

IN LOVE AND IN DANGER - 7216

video color 15 min. 1997 SrH-A
Looks at the issue of teen dating violence. Emphasizes how stereotypes are formed and reinforced in early adolescence. Illustrates how some young men intimidate and control young women in dating relationships. (INTERM)

IN OUR OWN WORDS: TEENS AND AIDS (closed captioned) - 7138

video color 20 min. 1995 JrH-SrH
Five young people infected with HIV as teens through unprotected sexual intercourse tell of their experiences. Explains the perception of invulnerability present in many teens. (FHP)

IN SEARCH OF CHARACTER

video color about 30 min. 1999 JrH-SrH
Spotlights ten core virtues that help teens develop into caring, respectful, responsible people who make choices based on what is right, rather than what is easy. Includes documentary profiles of young people who exemplify the power of good character in the real world. (SUNBUR)

CARING (closed captioned) - 7195

CITIZENSHIP (closed captioned) - 7196

COURAGE: A CLOSER LOOK AT TRUSTWORTHINESS (closed captioned) - 7197

DILIGENCE: A CLOSER LOOK AT RESPONSIBILITY (closed captioned) - 7198

FAIRNESS (closed captioned) - 7199

HONESTY: A CLOSER LOOK AT TRUSTWORTHINESS (closed captioned) - 7200

INTEGRITY: A CLOSER LOOK AT TRUSTWORTHINESS (closed captioned) - 7201

RESPECT (closed captioned) - 7202

RESPONSIBILITY (closed captioned) - 7203

TRUSTWORTHINESS (closed captioned) - 7204

IN THE BUSINESS WORLD: CARPAL TUNNEL SYNDROME - 5239

video color 15 min. 1992 A
Provides anatomical information, the most current labor statistics, and treatment suggestions. Specific information regarding the hazards of computer terminals is also included. (ALTSCH)

IN THE INDUSTRIAL WORLD: CARPAL TUNNEL SYNDROME - 5241

video color 14 min. 1992 A
Illustrates how carpal tunnel syndrome can affect anyone involved in a repetitive-motion activity, including assembly lines and the operation of industrial equipment. Treatments and preventive measures are explained. (ALTSCH)

IN YOUR HANDS - 7309

video color 14 min. 1995 A, Professional
Intended for nurse aides, orderly and other health care staff in a long term nursing facility. Teaches by example how to respect the dignity of the resident during caregiving duties. Shows how to recognize and prevent emotional mistreatment of residents. Emphasizes talking and interacting with residents as important roles of the caregiver. (TERRA)

IN YOUR HEART, IN YOUR HANDS - 7407

video color 39 min. 2001 Professional
Intended for educators or others who provide child safety seats through the Texas Department of Health Safety Seat Distribution Program. The educator is encouraged to teach the parent but this program does not train the educator to qualify as a certified installer. Explains the proper use and installation of three kinds of safety seats. Demonstrates how to correctly place a child in the appropriate safety seat. (TDH)

INCIDENT COMMAND 9-11: LESSONS LEARNED AT THE PENTAGON; SHANKSVILLE, PENNSYLVANIA; AND BOCA RATON, FLORIDA (closed captioned) - 7705

video color 60 min. 2003 A, Professional
Satellite broadcast June 5, 2003. Emergency commanders summarize the coordinated recovery activities after the plane crashes at the Pentagon and in Shanksville, PA., and the anthrax exposure in Boca Raton, FL. Presenters describe what worked and what did not work, and changes they have made to procedures based on their experiences. (EENET)

INCIDENT COMMAND 9-11: LESSONS LEARNED AT THE WORLD TRADE CENTER (closed captioned) - 7689

Video color 60 min. 2002 A, Professional
Satellite broadcast May 15, 2002. Incident commander Pete Hayden summarizes the rescue and recovery operations at the World Trade Center following the terrorist attacks. NYC Fire Department Commissioner Tom Fitzpatrick also answers questions. (EENET)

INCREASING CLINICIAN PREPAREDNESS FOR SEVERE ACUTE RESPIRATORY SYNDROME (SARS) (closed captioned) - 7679

video color 110 min. 2003 Professional
Teleconference presented May 8, 2003. Provides information to clinicians to increase awareness of Severe Acute Respiratory Syndrome (SARS). Reinforces concepts of early recognition, diagnosis, and containment. (CDC)

IN-DEPENDENCE: TEENS AND SMOKELESS TOBACCO - 7856

video color 20 min. 2001 SrH
Dispels the myth that teens need to use smokeless tobacco to emulate many of America's male heroes -- cowboys, sport stars, and other macho men. The video outlines the dangers of using smokeless tobacco, including: gum disease, intestinal tract disorders, heart disease, non-cancerous tumors or lesions and oral cancer. Presents graphic pictures of people in various stages of reconstructive surgery due to oral cancer from using

smokeless tobacco. The addiction process is discussed including the cravings, increased use and psychological addiction. A former user describes how difficult it is to quit once addicted. (DISCOV)

INDICATORS FOR A GENETIC REFERRAL - 7374

video color 7 min. 1995 Professional
Intended for medical professionals. Gives a photographic list of those physical characteristics in children that indicate a referral for genetic testing. Also describes family situations indicating a need for genetic testing. (TDH)

INDOOR AIR POLLUTION - 5242

video color 6 min. 1990 A
Explains the sources of indoor pollutants and outlines the steps to be taken to alleviate the problem. (SAFETY)

INDOOR AIR QUALITY: FUNDAMENTAL IMPROVEMENT - 7547

3-videos color 118 min. 1995/1997 A
Intended for training of maintenance staff. *Introduction* (1995, 12 min.) outlines the problems of deteriorating air quality and sick building syndrome. *Part 1* (1997, 60 min.) investigates improvements to air filtration and HVAC system maintenance. *Part 2* (1997, 45 min.) explains pollution source management and creating a procedure for responding to indoor air quality complaints. (IAS)

INDOOR AIR QUALITY TOOLS FOR SCHOOLS: TAKING ACTION/ VENTILATION BASICS - 7531

video color 30 min. 1998 A
Two programs on one video. *Taking Action* (14 min.) shows how one school successfully implemented the IAQ Tools for Schools Action kit. *Ventilation Basics* (16 min.) explains the importance of good indoor air quality and shows how to properly operated and maintain school ventilation systems. (EPA)

INDOOR AIR QUALITY TOOLS FOR SCHOOLS: WALKTHROUGH VIDEO -- FOUR SCHOOLS MAKING A DIFFERENCE - 7532

video color 30 min. 2001 A
Many schools implementing the IAQ Tools for Schools kit use the walkthrough to kick off their indoor air quality programs. Illustrates some of the most common IAQ problems found in schools. (EPA)

INFANCY: BEGINNINGS IN COGNITION AND LANGUAGE - 5336

video color 24 min. 1991 JrH-A
Covers senses and perception, cognitive and language development; parent role in language learning. (FIDEAS)

INFANT AND TODDLER EMERGENCY FIRST AID VOL. 1 (English/Spanish) - DV0298

DVD color 43 min. 2006 A
This program deals with the most common childhood accidents: cuts, fractures, burns, eye injuries, bites and

stings, heat exhaustion and more. It also covers how to childproof a home. (APOGEE)

INFANT CARE: FIRST WEEKS - 4203

video color 22 min. 1987 JrH-A
Explores breastfeeding and bottle-feeding, cleanliness and comforting of infants in the first eight weeks. Couples with their babies are shown at home and in infant care classes. (CHURCH)

INFANT CUES: A FEEDING GUIDE

DVD-DV0236, VHS-6608
color 10 min. 1997 SrH-A
Non-narrated, open captioned in English and Spanish with music background. Topics included and demonstrated with several infants and mothers are: proper positioning of the infant for breastfeeding; waiting for the wide mouth; correct attachment; nursing; coming off; and signs of satiety. (WIC)

INFANT DEVELOPMENT: A FIRST-YEAR GUIDE TO GROWTH AND LEARNING - 4353

video color 45 min. 1987 SrH-A
Covers the major physical, intellectual and emotional milestones of a baby's first year. Provides demonstrations to enhance understanding of the child and explains that he sets his own pace of growth and development. Features Dr. T. Berry Brazelton and a distinguished group of child care professionals. (J&J)

INFANT TODDLER EMERGENCY ILLNESSES VOL. 2 (English/Spanish) - DV0299

DVD color 48 min. 2006 A
This DVD explains what to do when your child is confronted with fever, poisoning, seizures, dehydration, croup, choking and more. A review of the American Heart Association CPR guidelines for both infants and toddlers is included. (APOGEE)

INFECTION CONTROL - DV0307

DVD color 31 min. 2006 Professional
This DVD covers the chain of infection; techniques for medical asepsis; hand washing; personal protective equipment; standard precautions and isolation. (LIPP)

INFECTION CONTROL - 6189

video color 25 min. 1994 A, Professional
Explains the infectious process, pathogens, inflammation and the body's defenses against infection, including basic information on the immune system. Includes universal precautions for blood and body substances and proper handwashing procedure. (MLIFE)

INFECTION CONTROL FEATURING DRUG-RESISTANT ORGANISMS - 6427

video color 25 min. 1996 Professional
Helps health care facilities to develop a plan of attack for fighting drug-resistant organisms. Discusses stringent infection control, environmental controls, lab surveillance, and the prudent use of antibiotics. (COASTAL)

INFECTION CONTROL FOR BUSINESS - CD0025

CD-Rom 2008 A

Users will learn how people get diseases and ways to prevent their spread in the workplace. This CD-Rom provides information about bloodborne pathogens, handwashing, the flu and personal protection from diseases. It contains power point presentations, handouts and posters. (ACCHD)

INFECTION CONTROL IN HOME CARE 1996-1997 - 5973

video color 24 min. 1996 A, Professional

Presents information on personal protective equipment, sharps management, spills, soiled linen, biohazardous waste management, infection control surveillance, and antibiotic resistance. (BELSON)

INFECTION CONTROL SKILLS FOR THE CARE PROVIDER – DV0563

DVD color 17 min. 2009 A

This program covers standard precautions, transmission-based precautions, hand hygiene practices, use of protective gloves, use of a protective gown, handling infectious waste, handling linen and cleaning a blood spill. (MEDCOM)

INFECTION PREVENTION AND CONTROL FOR HEALTH CARE CLINICS - 7193

video color 15 min. 1997 Professional

Explains how pathogens can cause infections and reviews common pathogens. Lists the body fluids that most often carry pathogens and the five ways of transmission. Covers the prevention of the spread of infection with special emphasis on handwashing, surgical glove removal, cleaning spilled blood and fluids, and linen and sharp disposal. (MILNER)

INFERTILITY AT TIME OF DIAGNOSIS (closed captioned) - 7770

video color 30 min. 1996 A

Explains male and female infertility and the tests used to determine the causes. Discusses drugs and procedures used for treatment and explores the emotional and financial issues couples may face when one of them is infertile. (TLMED)

INFLUENZA AND BEYOND: RESPONDING TO VACCINE-PREVENTABLE DISEASES (closed captioned) - 7793

video color 60 min. 2004 Professional

Broadcast Jan. 30, 2004. Discusses the need to increase immunization rates against influenza. Each year, approximately 114,000 people in the U.S are hospitalized for the flu; 36,000 people die from this preventable disease. (PHGR)

INHALANTS: AN ADULT PRIMER - 7764

video color 8 min. 1992 A

Discusses the problem of young people who sniff or inhale common household products to get high. Indicates what parents should look for if they suspect their children are huffing. Explains the damages caused by exposure to these poisons. (TPP)

INJECTING INSULIN (closed captioned) - 6150

video color 15 min. 1994 A

Teaches viewers how to inject insulin. Types of insulin and syringes are described. Provides step-by-step demonstrations of how to inject both a single dose and a mixed dose of insulin.

Injection sites are illustrated, and tips for insulin storage and syringe disposal are presented. Actual patients discuss their first experiences with insulin injection and how their fears soon faded. (MILNER)

INJURIES DON'T TAKE HOLIDAYS - DV0281

DVD color 23 min. 2004 A

EMT/firefighter/author Martin Lesperance discusses the safety precautions people must take during the holidays to prevent injury or death. Lesperance explains what happens during a residential fire. He reviews the fire hazards posed by holiday cooking, candles, Christmas trees and careless smoking. Viewers are reminded of the importance of smoke detectors and seatbelts. He talks to the audience about the dangers of alcohol during the holiday season. (TTN)

INS AND OUTS OF LOADING DOCK AND WAREHOUSE SAFETY - 7869

video color 20 min. 2004 A

This video covers common causes of injuries and cargo damage. Viewers will learn how to avoid slips and falls caused by wet or oily docks; back injuries resulting from improper lifting; hearing damage from loud noise levels; falling objects; and injuries from careless material handling. (TTN)

INSIDE THE TEENAGE BRAIN - DV0244

DVD color 60 min. 2004 A

Experts are exploring the recesses of the brain and finding explanations for why adolescents behave the way they do. These discoveries can change the way we teach, or perhaps even understand, teenagers. (PBS)

INSOMNIA - 6162

video color 30 min. 1996 SrH-A

Shows the effects and diagnosis of insomnia. Gives options regarding the management of the condition. (TLMED)

INSTRUCCIONES MEDICAS ANTICIPADAS (SPANISH) - DV0310

DVD color 14 min. 2006 A

This program, the Spanish language version of Advanced Medical Directives Something to Think About DV0309, poses questions that will help everyone be specific about the personal care they desire at the end of life. It clearly explains the difference between a Living Will and Durable Power of Attorney for Healthcare, and mentions many of the decisions that must be made including resuscitation, tube feeding, and pain relief options. (TERRA)

INTIMACY SEXUALITY AND AGING - DV0314

DVD color 27 min. 2002 Adult, Professional

Love, intimacy, communication, and sexual expression are affirmations of our being human. Physical and emotional

bonding with another human being is both natural and essential. It is a true confirmation of life and living and a vital part of our existence as we age. This DVD provides information relating to intimacy, sexuality and aging. (AQUARIUS)

INTERVIEWING SKILLS - 7495

video color 30 min. 1998 Professional
Intended for WIC professional staff. Demonstrates the wrong ways and right ways to conduct interviews with various clients. (WIC)

INTO THE OTHER LANE: DRIVING AND DEMENTIA - DV0669

DVD color 56 min. 2010 A
This two-part program presents a compassionate, yet realistic, portrait of the many issues faced by persons with dementia and their caregivers when a decision has to be made about giving up driving. In the first part of the program, viewers see the real-life stories of five people with dementia who can no longer drive. In the second part, experts offer advice on how to talk to family members about not driving.

INTRICATE CELL - 4098

video color 12 min. 1986 JrH-A
Uses graphics and micro-photography to describe cell structure and function. Shows normal and cancerous cells. (CANCER)

INTRODUCING THE NEW WIC LONESTAR SMART CARD & LET'S TAKE A TOUR OF WIC APPROVED FOODS (English/Spanish) - DV7779

DVD color English 14 min., Spanish 17 min. 2006 A
This DVD provides information about the Lone Star Smart card. Tips are given about storing and using the card properly. The second half of the program explains which foods are WIC approved. (WIC)

AN INTRODUCTION TO DOT FIELDWORK - 7528

video color 22 min. 2001 Professional
Dramatization of the work of a directly observed therapy (DOT) outreach worker and her interactions with patients with TB disease and latent TB infection. Covers symptoms and transmission of TB, difference between infection and disease, length of treatment, and other therapy related topics. (NYDH)

INTRODUCTION TO FOOD SAFETY: EMPLOYEE HEALTH AND HYGIENE - 4930

video color 24 min. 1991 A
Explains how people become ill from foodborne illness, and the major factors contributing to this illness. Emphasizes that good personal hygiene is important for sanitary conditions. Demonstrates proper handwashing techniques, and explains proper use of plastic gloves. Explains the proper condition for clothing worn in a foodservice operation and why hair restraints are important. Differentiates between sanitary and unsanitary personal habits of foodservice workers, and covers how smoking, eating, gum chewing, and wearing jewelry can contaminate food. (NFA)

INTRODUCTION TO HAZARDOUS CHEMICALS - 7615

video color 30 min. 1998 A, Professional
Presents basic safety procedures to follow when working with hazardous chemicals. Includes the physical properties of gases, liquids, and solids, NFPA 704 markings. Discusses flammability, reactivity, health and special hazards of chemicals. Explains resources for chemical information and the U.S. DOT hazard classes. Demonstrates control zones and other emergency response procedures. (EFG)

INTRODUCTION TO HEART DISEASE RISK FACTORS - DV0053

DVD color 14 min. 2001 A
Updated to follow the new National Cholesterol Education Program guidelines, this video helps patients see the importance of knowing their individual risk factors. It explains that the more risks they have the greater their chances of heart attack or stroke. It helps motivate patients to make minimizing risks a goal. The video then details what they can do to reduce each risk and shows that by controlling certain risk factors they can reduce their risk of others. A variety of people with heart disease share their own experiences throughout the video. (MILNER)

INTRODUCTION TO PARISH NURSING

video color 108 min. 2000 A, Professional
A three-tape series featuring Marilyn Belleau and Ann Solari-Twadell, director of The International Parish Nurse Resource Center, Advocate Health Care. Discusses the need for a parish nursing program and how to get one organized and functioning. Includes questions for discussion. (IPNRC)

Part 1: THE CONGREGATION AS A HEALTH PLACE - 7349 (61 min.)

Part 2: THE ROLE OF THE PARISH NURSE - 7350 (19 min.)

Part 3: GETTING STARTED - 7351 (28 min.)

INTRODUCTION TO SAFETY: OFFICE SAFETY - 7552

video color 6 min. 1999 A
Explains how good housekeeping and safe work practices can help employees avoid common causes of office injuries such as slips, trips and falls, overexertion, contact with sharp objects and injuries associated with repetitive motion. (SAFETY)

INTRODUCTION TO THE DENVER II - 4939

video color 47 min. 1990 A, Professional
A training tape for use by nurses and other professionals who will be administering the Denver II, a developmental screening test for children from infancy to age 6. To be used with a training manual. (DDM)

IS YOUR CHILD'S LIFE WORTH TEN MINUTES SAFETY A POOL OWNER'S VISUAL GUIDE - DV0329

DVD color 12 min. 2005 A
This presentation, created for pool owners, guides the viewer through the critical steps that they must know to prevent or

respond to a water emergency. Adults are cautioned to always supervise children. They are encouraged to take preventative measures such as installing a pool fence, maintaining drain covers and using home alarm and door locks for the doors leading to the pool. (OTTER)

IT ONLY TAKES A SECOND - 6125

video color 3 min. 1995 A, Professional
A powerful collection of the seconds leading to work-related accidents. Carelessness, inattention, and unsafe work practices culminate in disastrous results. To be used as a discussion starter. Non-narrated. (AURORA)

IT WON'T HAPPEN TO ME (Industrial Training) - 4484

video color 15 min. 1987 A
Designed for hourly employees and first line supervisors. Promotes the reduction of unsafe acts by depicting actual accounts from real people who took risks and were seriously injured as a result. It discusses the causes of accidents and examines why people take unnecessary safety risks. The correlation between unsafe acts and accidents is stressed throughout the program. (ITS)

IT'S ABOUT TIME: ACTING FAST FOR HEART ATTACK SURVIVAL

English (closed captioned)-7039, Spanish-7040
video color Eng-16 min., Span-18 min. 1996 A
Shows the differences between real-life heart attacks and those portrayed in movies. Heart attack survivors give differing descriptions of heart attacks they suffered. Explains the various roadblocks people use to delay calling for medical help. Provides a self-assessment for measuring the risk of a heart attack. Describes the many and varied warning signs. (HALFOU)

IT'S DENTAL FLOSSOPHY, CHARLIE BROWN - 4015

video color 5 min. 1979 P-A
Charlie Brown and the gang learn how to use dental floss properly. Animated. (ADA)

IT'S YOUR BACK DON'T BREAK IT: BACK SAFETY FOR HOME CARE WORKERS (English/Spanish)(closed captioned) - DV0656

DVD color 20 min. 2008 A, Professional
Designed specifically for home care workers, this program explains how to lift and move patients safely. It also describes how employees can protect their backs with good posture, diet and exercise. Bonus features include a leader's guide, quiz and a customizable PowerPoint presentation (DVD-ROM drive required for leader's guide and PowerPoint).

IT'S YOUR CHOICE: BIRTH CONTROL FOR TEENS - 7854

video color 30 min. 2003 SrH
Real teens offer their candid opinions about abstinence, as well as the various contraceptive methods and products now on the market. Provides clear information to assist teens in making preliminary decisions in this crucial area. The effectiveness of each method in pregnancy prevention, possible side effects and

health risks, and protection against HIV and other Sexually Transmitted infections are all discussed. The young people share their experiences while answering a broad range of questions and concerns regarding how various methods are used. (DISCOV)

IT'S YOUR CHOICE: PREVENTING PREGNANCY AND STDS - 7313

video color 28 min. 1996 JrH-SrH
Teen presenters identify the risks associated with sexual activity, including STDs, HIV infection and pregnancy. Refutes many myths about how pregnancy occurs and how STDs are transmitted. Cites basic facts about STDs: modes of transmission and common symptoms. Lists ways that a sexually active person can bring up the subject of condoms in advance of a sexual situation. Shows how images in the media can negatively influence sexual behavior. Shows the realities of teen parenthood and contrasts them with the fantasy. Describes how drinking alcohol and using drugs can increase the risk of getting an STD or creating an unwanted pregnancy. Stresses that abstinence is the only 100% safe way of preventing an unwanted pregnancy. (HUMRE)

JODY SAYS, LOVE YOUR TEETH English-K0001

Kit w/video color 14 min. 1991 K-P
Introduces dental health to very young children. May be used for hearing impaired preschoolers. Includes a 14-minute video, storybooks, puzzles, teacher workbook, Jody Coyote hand puppet with extra teeth and adhesive dots, large toothbrush and mouth model, dental office items. (ADH)

JOHNNY LINGO - 4167

video color 27 min. 1969 JrH-A
Building self-worth in others is a challenge assumed in this presentation, which is the story of a shrewd Hawaiian trader who paid eight cows (a great price) for Manana, the bride, who is considered worthless by her father. (EBEC)

JOINT REPLACEMENT – DV0603

DVD color 30 min. 2008 A
A panel of orthopedic experts and health care providers explore the causes and symptoms of deterioration of major joints, as well as a wide range of treatments including joint replacement. (AQUARI)

JOSHUA AND THE BLOB – DV0584

DVD color 14 min. 2006 EI-A
This wordless animated program deals with the effect of external influences on a person's thoughts and behavior by telling about a person who reacts in various ways to a creature he does not understand. It shows that as his knowledge increases, his behavior is more effective and his reactions more positive. (SVE)

JOSHUA AND THE SHADOW – DV0583

DVD color 14 min. 2006 EI – A
This wordless animated program deals with the way people react to themselves by telling a story about a man who reacts to

his shadow in many ways, from avoidance to aggression, until he discovers light, a tool with which he can control his shadow. (SVE)

JOSHUA IN A BOX – DV0585

DVD color 14 min. 2006 EI-A

This wordless animated film uses the situation of a boy being trapped in a box as a basis for a study of people's needs, emotions, and values. (SVE)

JOURNEY INTO LIFE: THE WORLD OF THE UNBORN - 5418

video color 29 min. 1993 SrH-A

Covers the reproductive process. Explains how the fetus develops from conception to birth. Discusses the life cycles of the sperm and ovum, the barriers and facilitators to fertilization during a woman's menstrual cycle, and the stages at which certain changes occur in the body of a pregnant woman to accommodate the growing fetus. (CORONE)

THE JOY OF STRESS - 6213

video color 21 min. 1994 A

Features *One-Minute Manager* Kenneth Blanchard, this is Dr. Peter Hanson's video primer on how to make the stresses in your life work for you. Combines medical insight with humor. (KINETI)

JUDGMENT ON THE WATER - 5629

video color 24 min. 1986 SrH-A

Explains the main cause of boating accidents. Stresses the dangers of alcohol on the water, the importance of wearing personal flotation devices, and how to avoid collisions. (COASTAL)

JUNK FOOD WARS (closed captioned) - DV0108

DVD color 30 min. 2005 SrH

This program shows how to defend against the dangers of junk food. Discussions and dramatizations provide information on the new 2005 food pyramid, the different kinds of fats and sugars, how to read ingredients labels, and how to control what foods are available. Commentary from nutrition and food policy experts reinforces the message. This program also sheds light on junk food packaging and advertising tactics. (CAMED)

JUST AROUND THE CORNER FOR BOYS - DV0296

DVD color 10 min. 2000 I

This DVD helps younger elementary-level boys know what to expect during puberty with an upbeat look at the changes they're about to experience. Featuring two fourth-grade boys, animated figures, and an easygoing teenage brother, the program covers when to anticipate the onset of puberty, the physical and emotional changes that occur, and maturation of the male reproductive system. Other topics include voice change, feelings of physical awkwardness, nocturnal emissions, and the importance of good hygiene and healthy habits. (SVE)

JUST AROUND THE CORNER FOR GIRLS - DV0297

DVD color 10 min. 2000 I

This program clarifies for younger elementary-level girls what

to expect during puberty. A teenage female leads a sensitive discussion of topics such as when to expect the onset of puberty, physical and emotional changes that occur, the maturation of the female reproductive system, menstruation, and the importance of good hygiene and healthy habits. (SVE)

JUST IN CASE - 6384

video color 25 min. 1996 A

Follows two women through the sequence of events for planned and unplanned cesarean births. Discusses anesthesia, the cesarean procedure, recovery room, and healing in the hospital and at home. (VIDA)

JUST IN CASE EMERGENCY READINESS FOR OLDER ADULTS

English-DV0311, Spanish-DV0312

DVD color 16 min. 2006 A

Older adults and their caregivers can prepare for an emergency by familiarizing themselves with basic information such as how to turn off the gas and electricity. They should make a personal plan that takes into account their special needs relating to medications, medical equipment, mobility and support services. As a part of the plan they should create a disaster supply kit. (TERRA)

JUST LIKE ME: TALKING ABOUT AIDS - 7311

video color 21 min. 1997 SrH-A

Interviews six young men and women who contracted HIV while teenagers. They speak out about their relationships prior to infection, how they believed they wouldn't contract this virus, and the physical, psychological, and social effects of being HIV-positive. They also discuss the difference between birth control and disease protection, and the crucial importance of always using condoms or abstaining from sexual intercourse. (FFH)

JUST ONE MORE: THE JOYS OF FOSTER PARENTING - DV0165

DVD color 28 min. 2002 A

Foster parents can change the lives of kids. Viewers will find out how foster parents can provide love, protection, and care for children who would otherwise not receive these things. It presents the story of a couple who dedicates their lives to raising foster children, thirteen at a time. (AQUARI)

JUVENILE DIABETES - 6491

video color 26 min. 1994 SrH-A, Professional

Several diabetic children and young teens tell how they have accepted the responsibilities of disease management themselves. Emphasizes the importance of the parents and health care workers to encourage the patient to handle their care independently. (FANLIG)

KEEN EYE ON THE SMALL FRY (English/Spanish) - DV0098

DVD color Eng-13 min. Span-15 min. 2006 A

A humorous and entertaining look at what a mother-to-be can do to take care of herself. In this light hearted dramatization, a

nutritionist, an exercise expert and a registered nurse pay a surprise visit to an expectant mom. They give her tips about eating right, keeping her doctor's appointments and exercising. She is also cautioned about what she should avoid such as alcoholic beverages and changing her cat's litter box. (TDWIC)

KEEP OFF THE GRASS: THE HIDDEN DANGERS OF MARIJUANA USE - 7189

video color 27 min. 1997 JrH-SrH
Exposes the misconceptions young people have about marijuana. Young people tell about the physical and psychological effects they have experienced. Comments from a police officer support the legal dangers of using this drug. (HUMRE)

KEISHA'S CHOICE: A LOOK AT TEEN PREGNANCY AND DRUGS - 5389

video color 17 min. 1991 SrH-A
Follows Keisha, a pregnant teen, as she makes difficult choices between partying with her friends and refusing drugs so that she will have a healthy baby. She learns that there are resources available to her through local, confidential clinic workers who will listen to her and help her to understand the risks of prenatal drug use. (INTERM)

KEVIN'S STORY II - 7326

video color 26 min. 1989 SrH-A
Presents a young man, who was convicted of manslaughter and drunk driving for the death of a teenage girl. He leads a candid, effective discussion about the social and commercial pressures teens face regarding alcohol and other drugs. Discusses the causes and effects of teenage drinking, and presents a positive no-use message. Also discusses denial, children of alcoholics, effects of advertising, peer pressure, adults as negative role models, and effective refusal skills. (DURRIN)

KICKIN' BUTTS: HOW TO PUT OUT YOUR LAST CIGARETTE - 7276

video color 24 min. 2000 A
Shows smokers what they can expect to go through when they decide to quit. It also gives helpful hints and tips on what a person can do to ease their nicotine cravings while they go through withdrawal. (CRPR)

KICKING NICOTINE: A HOW-TO FOR STUDENTS - 6862

video color 30 min. 1996 JrH-SrH
A number of real teens describe the battle with nicotine. Shows Tobacco Awareness Program Support Groups where students discuss their experience with the quitting process. Helps students recognize they have options concerning the use of tobacco. Shows adults who have had their larynxes removed. (HUMRE)

KIDS FOR PERSONAL SAFETY - 5129

video color 10 min. 1991 P-El

Teaches children how to keep safe whether they are at home alone, on the street or in a public place. Young children are also taught the fundamentals of child abuse prevention and how to say "no" to uncomfortable situations in which abuse might occur. (FIDEAS)

A KID'S GUIDE TO PERSONAL HYGIENE - 5717

video color 17 min. 1988 K
Entertainer Bill Harley whimsically relays this important message to youngsters: practicing proper hygiene is a healthy and necessary part of life. Cartoon drawings frame the snappily sung, guitar-laced lyrics advising children to wash, bathe, and brush teeth daily. (KIDSAF)

KIDS IN WHEELCHAIRS - 7545

video color 12 min. 1995 El, A
Portrays children in wheelchairs in full inclusion settings as they explain why they use the wheelchair and how it works. Describes how children can become a safe and responsible peer buddy. (LMD)

KIDS' KITCHEN: MAKING GOOD EATING GREAT FUN FOR KIDS - 5521

video color 45 min. 1992 El-A
A children's cookbook comes to life as "The Juggling Nutrition Magician" and her kitchen crew of school children show viewers how to create easy-to-fix and nutritious snacks without cooking. Five teaching units (7-15 minutes each) explore fruits, vegetables, sandwiches, snacks to go and beverages. Each provides important information on nutrition, consumer skills, food preparation and kitchen safety. Accompanied by the *Kids' Kitchen Recipe/Activity Book* with reproducible recipe cards, riddles, and activities. (FOOD)

KIDS 'N DOCS TALK - 5437

video color 18 min. 1992 Professional
A basic overview of pediatric communications which puts children at ease. Shows how to think like a child and how to answer children's questions. Each section reveals children's misconceptions about smoking and how it affects their bodies. Health care professionals present communication techniques and how they apply to children of different ages throughout the program. (POEP)

KILLER BEES, WASPS AND SPIDERS DVD-DV0402, VHS-6203

video color 37 min. 1996 SrH-A
Explains the difference between the killer bee and the honeybee and what to do if attacked. Shows poisonous spiders. Describes proper treatment for bee stings and spider bites and how to recognize sting or bite allergic reactions. (LONGI)

KISS THE ANIMALS GOODBYE - 7903

video color 20 min. 1983 SrH-A
A realistic picture of what happens inside a large animal shelter where caring shelter workers must dispose of abandoned dogs and cats. Confronting us with the tragic results of uncontrolled breeding and irresponsible behavior, this show is a powerful plea for society to care for our animals. (ASPCA)

KITCHEN SAFETY (Kinetic) (closed captioned) - DV0294

DVD color 17 min. 2006 SrH-A

The kitchen is a warm and welcoming place, but there are dangers. Using examples and what-if situations, this DVD explains how to safely use and store knives; how to operate small appliances and the stove without accidents; how to prevent bruises, shocks, and burns; and how to put out a fire (and when to simply evacuate and call 911!). The first step to avoiding kitchen catastrophes is awareness (KINETI)

KITCHEN SAFETY**English-DV0087, Spanish-DV0282**

DVD color 10 min. 2003 A

New and experienced kitchen staff will benefit from watching this program as they learn the potential hazards present in the kitchen environment and what action to take to reduce the risk of accidents or injuries. Topics covered include prevention of slips, trips and falls, knife use and safety, kitchen machinery, fire and burn prevention, chemical and hazardous materials. (TTN)

KITCHEN SAFETY ESSENTIALS - 7150

video color 25 min. 1995 SrH-A

Stresses the necessity of safety in the kitchen at home and in a commercial kitchen. Provides proper safety procedures to follow. Covers the importance of cleaning and sanitizing, proper use and storage of knives, food safety and storage, storage and use of electrical appliances, and dealing with kitchen fires. (CAMBRI)

KITCHEN SAFETY: IT'S UP TO YOU**English-5014, Spanish-5018**

video color 14 min. 1991 A

Discusses safety in the kitchen for restaurant workers. Covers lifting and moving, operating machinery, handling chemicals, avoiding cuts and burns, and fire safety. (TRA)

KITCHEN SAFETY: PREVENTING FIRES - 5371

video color 11 min. 1989 A

Designed to train kitchen personnel in fire safety. Helps them to accept personal responsibility for fire safety, be watchful for potential fire hazards, obey safety rules, accept responsibility for maintaining a clean environment for work, and helps them know what to do in a fire emergency. (TRAIN)

LA LECHE LEAGUE INTERNATIONAL 17th INTERNATIONAL CONFERENCE, 2001

Audiocassette approx. 60-90 min. each A, Professional Conference held July 7-10, 2001. The speakers' names are given after each title. (LLL)

EXPLORING INTEGRATIVE HEALTH OPTIONS:
ACUPRESSURE, CRANIOSACRAL THERAPY,
ESSENTIAL OILS, AND FLOWER ESSENCES
(audiocassette T-0414) Mary Fleming and Kristi
Murphy

KANGAROO MOTHER CARE: RESTORING THE
ORIGINAL PARADIGM FOR INFANT CARE
AND BREASTFEEDING (audiocassette T-0426)

(Two tapes) Dr. Nils Bergman
LINKAGES PROJECT WORKS WITH
BREASTFEEDING AND MOTHER-TO-MOTHER
SUPPORT (audiocassette T-0427) Maritza de
Olivia, Carola Beck, Maryanne Stone-Jiménez

LAB SAFETY - DV0283

DVD color 15 min. 2001 A

Cancer-causing agents, biological hazards and radioactive materials are common in today's laboratory. Unfortunately, fire is also common. This program teaches employees how to work safely in the lab. Topics required by OSHA Reg. 1910-1450 include: best safety practices, potential exposure to hazardous chemicals, engineering controls, ventilation, and correct use of PPE. (TTN)

LABOR AND DELIVERY FOR TEENS - 5405

video color 28 min. 1993 JrH-SrH

Follows two teens through their labor and delivery. Her mother, sister and childbirth coach accompanies one young mother, while her boyfriend coaches the other. Detailed animation illustrates the physiology of labor and birth. Stresses the importance of staying in school and prenatal care. (CHURCH)

LABOR PREPARATION EXERCISES**English (closed captioned)-7910, Spanish-7886**

video color 28 min. 2002 SrH-A

This video provides a guide to techniques for easing pain and tension during childbirth. Step-by-step instruction for 14 exercises prepares expectant mothers to meet the challenges of labor. Viewers are shown how to attune to and communicate with a labor partner, conserve energy for when it is most needed, release of pain and tension through touch and breathing, and movement into different labor positions. (INJOY)

LABORATORY CHEMICAL SAFETY - 4522

video color 21 min. 1990 A, Professional

Explains the OSHA Standard *Occupational Exposure to Hazardous Chemicals in Laboratories*. Discusses hazard identification (labels and MSDSs). Gives details of the chemical hygiene plan: employee information and training, detection measures for over-exposure, protection against hazards, safe work practices, routes of entry, proper disposal and emergency procedures. (COASTAL)

THE LAST DANCE - 5915

video color 18 min. 1994 JrH-A

Through a dramatic vignette, examines the life-altering consequences of driving while impaired. Follows a teenage couple from the first moments of a horrifying accident to the desperate lifesaving attempts in the emergency room. This vignette culminates in an emotional climax with the arrival of parents and friends to discover these teenagers' fate. (KINETI)

A LATE FROST - 5599

video color 55 min. 1993 SrH-A

Explores what it feels like to grow old. Uses interviews with

children and aging men and women to discuss the changes we experience as we age. Young people talk about how they enjoy their grandparents' stories, and older adults seem to enjoy these reminiscences. Covers older adults' involvement with their families, the importance of keeping a sense of humor, their preparations for death, and the growth process that enables them to have a happy aging. (TERRA)

LATE-LIFE DEPRESSION – DV0631

DVD color 28 min. 2003 A

Three senior citizens describe how they coped with depression. Medical commentary is provided by psychiatrists. They all agree that late-life depression is a treatable disease, not an inevitable part of aging. (PDA)

LAUGHING MATTERS

DVD-0391, VHS-7321

color 24 min. 1996 SrH-A

Designed to show the humor in life while teaching important points about stress management and handling priorities. Presents excerpts from three speakers who use laughter when they speak to groups about stress. (KINETI)

LEAD POISONING: THE SILENT EPIDEMIC

(English/Spanish) - 5435

video Eng- 22 min., Span-24 min. color 1989 A

Gives an overview of the problem of lead poisoning. Discusses the health effects, the sources of lead, ways to reduce lead in the environment, and where to go for help. (CONCP)

LEAN 'N EASY: PREPARING MEAT WITH LESS FAT AND MORE TASTE - 7081

video color 25 min. 1994 A

Covers lowfat purchasing and preparation of meat, poultry and fish. Includes dry heat cooking methods of tender cuts and moist heat cooking methods of less tender cuts. The last three minutes describe safe food handling practices. (NLSMB)

LEAN SIX SIGMA COMPLIMENTARY METHODS TO IMPROVE LABORATORY OPERATIONS - CD0023

CD-ROM 2005 Professional

This CD-Rom examines the lean six sigma methods. The origins of both methods are explained. Details are provided about how labs at the Mayo clinic are using the methods. Specific success stories and outcomes are featured. Suggestions for starting lean and six sigma at a workplace are covered along with critical success factors. This CD-Rom includes a power point and audio presentation. (AACC)

LEARN GUN SAFETY WITH EDDIE EAGLE - 6780

video color 7 min. 1992 K-EI

Uses animation and live action to teach gun safety using four simple steps: Stop; Don't Touch; Leave the Area; and Tell an Adult. (NRIA)

LEARNING ABOUT RHEUMATOID ARTHRITIS (closed captioned) - DV0372

DVD color 28 min. 2003 A

This program provides a look at how rheumatoid arthritis appears, progresses, and responds to treatment. It also features case studies that demonstrate the potential dangers of the disease while outlining therapies that have noticeably reduced its effects. Animation sequences shed light on how rheumatoid arthritis attacks a joint's synovial membrane. Doctors explain the diagnostic process, including anti-CCP blood testing, and the importance of biologics that battle tumor necrosis factor. The Texas Department of State Health Services does not endorse any particular brand or product. (FFH)

LEARNING HOW TO BREASTFEED YOUR BABY.

BREASTFED IS BEST FED! - 7449

video color 14 min. 1997 SrH-A

A young pregnant woman learns about breastfeeding from a WIC counselor and a lactation specialist. She learns about positioning, latching, and determining that the baby is getting enough nourishment. (MDWIC)

LEARNING TO LIKE YOURSELF - DV0049

DVD color 30 min. 2006 SrH

Most teenagers have something they would like to change about themselves. This program encourages them to accept themselves. (DISCOV)

LEARNING TO LIKE YOURSELF: THE IMPORTANCE OF SELF-ESTEEM - 6870

video color 24 min. 1993 I-JrH

Dramatized situations show teenagers with the symptoms of low self-esteem, and contrasts by showing the situations when teenagers model a positive self-esteem. Offers a ten-point plan for improving self-esteem. (RAINBO)

LEARNING TO SPEAK ALZHEIMER'S: AN INTRODUCTION TO THE HABILITATION APPROACH TO CARE – DV0547

DVD color 32 min. 2008 A

The habilitation approach involves simplifying the environment for the patient, capitalizing on his or her remaining skills, and making an effort to understand what life must be like for the memory impaired. (PDA)

THE LESS THAN PERFECT DAUGHTER - 5382

video color 45 min. 1991 JrH-SrH

Relates the story of a young woman, who works hard in school and for her mother's approval, but finds little happiness outside of her job at a childcare center. Her mother, embittered at life, is constant in her demands that the girl should do more, think more, and be more than she is, even as she berates her abilities and efforts, and herself as a mother. The girl leaves home and finds herself with no place to go. Portrays through this story, the beginning, middle, and possible end of emotional abuse. (ALTSCH)

LESSONS FROM GROUND ZERO: Part 1 EVACUATION (closed captioned) - 7621

video color 23 min. 2002 A, Professional
Survivors from the upper floors of the World Trade Center attack on September 11, 2001 provide first-hand accounts of

the importance of training employees in orderly evacuation procedures. Documents additional safety measures completed after the 1993 attack, the implementation of which contributed to the survival of many lives in 2001. (COASTAL)

**LESSONS FROM GROUND ZERO: Part 2
EMERGENCY ACTION PLAN (closed captioned) -
7622**

video + CD-ROM color 23 min. 2002 A, Professional
CD-ROM includes a printable PDF manual, "Preparing Your Emergency Action Plan." Rescuers and clean-up workers at the site of the World Trade Center attack on September 11, 2001 provide first-hand accounts of the hazards involved in working at a major facility disaster. Documents the situations that contributed to reducing accidents and preventing any fatalities among these workers for the six months of clean-up. (COASTAL)

**LESSONS FROM THE FRONT LINES OF RISK AND
CRISIS COMMUNICATION: SARS AND FLU - 7792**

video color 90 min. 2004 Professional
Offers guidelines for professionals who provide the public with appropriate information during a public health emergency. (ADPH)

A LESSON THEY'LL NEVER FORGET - 5897

video color 20 min. 1993 A
John Stossel of television's *20/20* hosts an exploration of the effectiveness of physical punishment in changing a child's behavior. Stossel talks with both parents and child-rearing experts to examine this practice to find that physical punishment has no positive effect on a child and that in many cases exacerbates disruptive and negative behavior. Child behavior experts present recommendations for alternatives to physical punishment. (CORONE)

LET'S FACE IT - 7727

video color 23 min. 1992 SrH-A
Teens talk about acne and how they feel about it. A dermatologist explains the skin's function and how to properly care for skin. The doctor also explains that people of all skin colors should use sunscreen and avoid the mid-day sun and tanning parlors in order to prevent skin cancer and premature aging. (ACP)

**LET'S GET COOKING / A COCINAR
(English/Spanish) - DV0037**

DVD color Eng-27 min., Span-29 min. 2006 A
This program is a cooking demonstration with two hosts. Viewers are shown how to prepare Broccoli with Garlic, Summer Squash Medley, Fruit Crisp and Banana Nut Bread. Viewers also learn how to properly season a cast iron skillet and measure ingredients correctly. (WIC)

**LET'S TAKE A TOUR OF THE WIC APPROVED
FOODS VOUCHER VERSION - DV7780**

DVD color Eng.-5 min., Span.- 6 min. 2006 A
This DVD provides an explanation of WIC approved foods. (DSHS)

LET'S TALK ABOUT RABIES - 6378

video color 26 min. 1996 El-JrH
Uses natural setting to discuss rabies, the animals subject to the disease, and the clinical signs. Lets kids know that they can still enjoy nature, but that they need to be aware of animals which may suffer from rabies. Gives recommendations for the young pet owner in properly protecting the family pet. (MORICH)

LEVANTANDO Y CARGANDO (Spanish) - 5714

video color 11 min. 1992 A
Covers anatomy and physiology of the neck and back, types of injuries including muscle-ligament and disc. Provides steps to safe lifting and team lifting techniques. Discusses the physical characteristics of loads, working conditions, and personal limitations of personnel involved in manual handling tasks. (SC)

LICE ARE NOT NICE - 4303

video color 11 min. 1984 P-El
With animation and micrography of lice, helps children understand what lice are like, how they are transported from person to person, what the symptoms are, and how to get rid of them. (AIMS)

LICE: SOME THINGS SHOULDN'T BE SHARED - 6803

video color 12 min. 1992 A
Demonstrates how head lice are spread and encourages prevention and early detection. Shows how parents can accurately identify the presence of lice. Describes how the use of the lice shampoo, nit comb, and a household vacuum can eliminate lice in a household. Explains the No Nit Policy practiced by many schools and childcare facilities. (NPA)

**LIFE GOES ON: THE JOYS AND SORROWS OF
ORGAN DONATION - DV0662**

DVD color 28 min. 2005 A
The limited supply of human organs makes donation a priceless gift. Jan and Richard Rodgers never thought seriously about the issue of organ donation, not until their fourteen-year-old son died in a tragic accident. Witness how the hardest decision these parents ever made became the gift of life that restored another family.

LIFE IS FOR LIVING - 7176

video color 4 min. 2000 A
Intended to stimulate discussion on nearly any safety topic. Illustrates how seemingly minor actions can lead to serious injuries and the resulting long-term consequences. (AURORA)

**LIFE IS NOT A STRESS REHEARSAL (closed
captioned) - DV0422**

DVD color 47 min. 2006 A
Loretta LaRoche uses humor to teach how to laugh while you learn, and learn to laugh at yourself. She urges viewers to use common sense to work to reduce the stress in their lives. Included are fun, practical exercises for discovering what's

really important to you. (BLM)

LIFTING PEOPLE - 6614

video color 27 min. 1997 A

Designed for staff who work with people who are physically dependent on others either temporarily or permanently. Demonstrates three transfer techniques: stand-pivot transfer; two-person lift; and mechanical lift. Provides guidelines in choosing the appropriate technique to use in a variety of situations and identifies pertinent factors of additional concern. Includes instructor's manual and overhead transparency masters. (TXMHMR)

LIGHTNING! (closed captioned) - 6357

video color 60 min. 1995 JrH-A

A NOVA program. Describes how lightning is formed, how to predict and prevent lightning, and how to protect people from its dangers. (TLMED)

LIKING ME: BUILDING SELF-ESTEEM - 5269

video color 25 min. 1986 I - SrH

Examines the concept of self-esteem and its importance in school performance, in resisting peer pressure, and in coping with life. (SUNBUR)

LILA'S STORY (closed captioned) - 7536

video color 14 min. 2000 A, Professional

Intended for nurses. Shows the importance of caring and empathy in providing quality health care. Emphasizes the needs of the patient even while there are job pressures. (COASTAL)

LILY DOES LUNCH: NUTRITION AT NOON (English/Spanish) - 7116

video color Eng-10 min., Span-9 min. 1998 SrH-A

Discusses the importance of eating a nutritious lunch and eating "5-a-day." Gives creative tips for brown bag lunches. (ALTSCH)

LIQUIDS CAN BURN (2nd ed.) - 4288

video color 15 min. 1988 JrH-A

Explores the dangers of hazardous liquids commonly found in the home. Includes gasoline, turpentine, paint thinner, kerosene, solvents, and lighter fluids. Outlines proper precautions when using flammable fluids. (HIGGIN)

LISTEN SMART: SAFELY HANDLING THE POWER OF SOUND (closed captioned) - DV0163

DVD color 15 min. 2003 JrH-SrH

This program features interviews with musicians as they talk about the kinds of long-term hearing damage that can occur when music and other sounds are played too loudly. Students are given a detailed look at the mechanics of sound as well as a description of how the human ear works. Viewers are offered the tools necessary to understand why high-decibel sounds can create such unintended havoc on the body. This DVD will help students discover how they can make better choices in their auditory "consumption." It includes tips on hearing protection, information on the short-term and long-term effects of noise

exposure and advice from music professionals. (HUMRE)

LISTEN UP! TESTICULAR CANCER EDUCATION FOR MINORITY MALES AGES 15-40 (Kit) - K0004

video + kit color 11 min. 1993 A

A kit including a short instructional video describing testicular self-examination. Includes presenter's guide, tests, and handouts aimed to a minority audience of men ages 15- 40. (TCC)

LITTLE PEOPLE BIG DREAMS - DV0031

DVD color 50 min. 2004 A

Matt and Amy Roloff may only be four feet tall, but they are determined to make the world their own. Raising four children – a mixture of little and average-size siblings – the Roloffs strain under emotional and financial burdens The Roloff's son learns painful lessons about life as a little person when he experiences discrimination on the playing field in personal relationships. (DISCOV)

LIVE RESPONSE: HAZARDOUS MATERIALS PROTOCOL AT A WMD SCENE (closed captioned) - 7693

video color 60 min. 2003 Professional

Satellite broadcast from July 23, 2003. Explains the defensive measures to take during a Weapons of Mass Destruction (WMD) incident to help ensure personal and community safety. Discusses hazardous material response protocol of detection, identification, mitigation and removal. (NTPI)

LIVING WELL WITH DEPRESSION - 7343

video color 22 min. 1995 SrH-A

Explains different types of mood disorders such as depression, bipolar disorder, dysthymic disorder, and seasonal affective disorder. Presents options for getting help and treatment. Provides information on drugs that are used to treat mood disorders and self-care strategies. (KRAMES)

LIVING WELL WITH HEART FAILURE - 6884

video color 20 min. 1997 A, Professional

Describes the symptoms of heart failure and the diagnostic and medical tools used to treat this condition, which afflicts about 4.7 million Americans. Discusses heart transplant surgery as a option. (FFH)

LIVING WITH HERPES: THE FACTS AND THE FEELINGS - 7117

video color 17 min. 1993 A

Designed for persons with herpes simplex virus infection. Explains how herpes is transmitted and the frequency of outbreaks. Describes the role of antiviral therapy. Discusses the risk of asymptomatic shedding between outbreaks and the importance of communication with and protection for the sexual partner. The Texas Department of State Health Services does not endorse any particular product or treatment. (ASOHA)

LIVING WITH HIV: THE ROAD TO ADHERENCE - 7393

video color 25 min. 1998 A
Greg Louganis introduces five people who have come to understand the balance between quality of life and maintaining their daily medication regimen. Explains the medication options available to those infected with HIV. Shows the client and health care provider as partners in care. The Texas Department of State Health Services does not endorse any particular brand or product. (HUFF)

LIVING WITH HOPE: UNDERSTANDING HOLOPROSENCEPHALY - 7373

video color 45 min. 2001 A
Holoprosencephaly (HPE) is a neurological birth defect in which the fetal brain does not grow forward and divide as it should during early pregnancy. Explores the nature of HPE, the wide range of its manifestations, its cause, treatment and probable outcomes. (SRHC)

LIVING WITH RHEUMATOID ARTHRITIS (closed captioned) - DV0373

DVD color 28 min. 2003 A
This program profiles patients who have resumed active lives after struggling with pain and fatigue from Rheumatoid Arthritis (RA). Experts explain the use of TNF alpha inhibitors and MRI and ultrasound applications that are helping to fight the battle against the disease. The Texas Department of State Health Services does not endorse any particular brand or product. (FFH)

LIZZIE AND THE BABY: THE CHILDBIRTH FOR CHILDREN VIDEO - 7298

video color 19 min. 1994 K-El, A
Introduces children to the facts and feelings involved with the birth of a sibling. Children learn how pregnant moms can't do all the things they used to, why their bellies grow so big, how babies are born and how to take care of them. Provides parents with a way to prepare their children for the upcoming birth, and the changes it will bring. (Childbirth scene is shown as animation in this version.) (INJOY)

LOCKOUT/TAGOUT: AFFECTED AND AUTHORIZED PERSONS - 7573

video color 16 min. 2000 A
Intended to comply with OSHA 29 CFR 1910.147 to train employees with safe work practices. Describes the reasons for the lockout/tagout policy and the specifics of the locks and tags used. Explains worker responsibilities and compliance to prevent injury. (LONGI)

LOCKOUT/TAGOUT: AN OPEN AND SHUT CASE (closed captioned) - 7546

video color 14 min. 2000 A
Explains the nine basic steps recommended by OSHA that keep employees safe from unexpected startup or discharge of stored energy when they are doing service or maintenance work. (COASTAL)

LOCKOUT/TAGOUT: WHEN EVERYONE KNOWS - 5252

video color 16 min. 1992 SrH-A
Helps organizations comply with OSHA's energy source lockout standard by explaining all aspects of lockout and tagout procedures. Contains dramatic right-way and wrong-way re-enactments illustrating the importance of energy control and lockout/tagout procedures. (AURORA)

LOOK WHO'S BALKING: THE BABY WHO WOULDN'T COME OUT - 4929

video color 15 min. 1990 JrH-SrH
An introduction to parenthood for teens and young adults. Shows a young mother in the delivery room. Her baby refuses to be born until its parents learn how to raise it correctly. Provides a crash course in prenatal care, infant health care, discipline, and self-esteem. Discusses the high cost of child rearing and the importance of parenting classes and support groups. (PYR)

LOOK WHO'S EATING: AN INTRODUCTION TO SOLIDS (English/Spanish) (closed captioned) - 7450

video color Eng-12 min., Span-12 min. 1999 SrH-A
Gives advice on introducing food to babies five to 12 months old. Shows a baby's readiness to try food and signs of fullness. (WIC)

LOOKING TO KEEP DECAY AWAY (rev.) (English/Spanish) - 6304

video color Eng-6 min., Span-8 min. 1995/1997 SrH-A
A guide for parents on how to prevent baby tooth decay. Demonstrates how to perform a monthly check of the baby's mouth by looking at the teeth for "white spots" or potential cavities. Includes revised (1997) information on how to clean a baby's teeth and gums, and discusses the changing of bottle habits to prevent baby tooth decay. Borrowers may reproduce this videotape for non-profit educational settings. (DENTAL)

LOSIN' IT - 5260

video color 12 min. 1992 SrH
Designed for high school students to warn them of the dangers of driving while intoxicated. Features students who have had a DWI, head injuries due to drinking and driving, and several who comment on why they do not drink and drive nor ride with anyone who does. Shows police administering a sobriety test and the devastating effects accidents can have on a family. (BEXAR)

LOST IN THE MIND - 6875

video color 56 min. 1997 A, Professional
Computer animation describes the changes which occur in the brain of an Alzheimer's patient. Follows real men and women who are afflicted and describes the physical, emotional and social effects of the disease. Shows the impact on the caregivers. Describes recent research on the treatment and prevention of Alzheimer's disease, including genetic testing. The Texas Department of State Health Services does not endorse any particular brand or product. (AQUARI)

LOVE IN THE DARK AGES - 7342

video color 30 min. 1994 JrH-A

Dramatizes the need for sexual responsibility among teenagers who are at risk of contracting STDs and becoming pregnant. Shows a young couple who has been intimate and the girl contracts chlamydia, a sexually transmitted disease. Through discussions with their parents and the doctor, the couple decides that sex belongs in a long-term committed relationship and that abstinence is best for them. (MEDGLD)

LUPUS A MEDICAL MYSTERY - DV0190

DVD color 25 min. 2003 A

Without a single known cause, no simple test for diagnosis, and symptoms so vague and so varied, Lupus can often elude the doctors trying to detect it. This program profiles a young woman who lived with Lupus since she was 14 but wasn't diagnosed until age 22. A 13 year old with a recent diagnosis is profiled along with one mother who refused to give up until her daughter's condition was diagnosed. A Lupus expert discusses symptoms, treatments, care and medical advances in research. (AQUARI)

LYME DISEASE: FACTS, NOT RUMORS - 5037

video color 17 min. 1991 A

Describes the symptoms of Lyme disease and how it is transmitted. Explains the treatment prescribed and its effect on a pregnant woman and her fetus. (LYMEB)

THE MAGIC PARTNERSHIP: WHAT GOOD BOARD MEMBERS DO - 7125

video color 69 min. 1995 A

Designed for staff involved in fundraising. Gives the twenty-one qualities of a great board member. Explains how to evaluate a board on various vital factors. Discusses the seven sins of trusteeship and how to avoid them. Provides ways to turn inactive trustees into energetic fundraisers. (ICGI)

MAGICAL MOMENTS OF BIRTH - 5606

video color 40 min. 1993 A

Five labor and birth sequences—three vaginal births, an unplanned cesarean and a successful vaginal birth after cesarean—illustrate that childbirth is both a spiritual and physical experience regardless of the type of delivery. The parents are of various races and cultures, and the births demonstrate a variety of support techniques, labor environments and positions. (CBG)

MAKE THE RIGHT CALL - 6808

video color 18 min. approx. 1993 EI-A

Two versions on one video. Junior high, high school, and adult version (9 min.) Demonstrates how a telephone call to 9-1-1 can save lives and give emergency personnel the right information. Elementary version (9 min.) Highlights the heroic actions of a young boy as he and his dad drive up on a motorcycle accident and the boy calls 9-1-1. Teaches children how to make an emergency telephone call. (NHTSA)

MAKE YOUR MOVE: GET INTO ACTION WITH THE ACTIVITY PYRAMID - 6958

video color 11 min. 1998 JrH-A

Humorously demonstrates a variety of ways to increase

physical activity. Shows how usually inactive people can improve their health and well being by becoming even moderately active on a regular basis. (HLTCO)

MAKING A DIFFERENCE: HELPING PATIENTS COPE WITH GENITAL HERPES - 7391

video color 32 min. 1997 Professional

Intended for health care workers. Gives first-hand experiences from those who are living with herpes. Provides ways to counsel the newly-diagnosed patient. (GLAXO)

MAKING A DIFFERENCE: MEETING THE SPECIAL NEEDS OF INDIVIDUALS WITH BRAIN INJURY (closed captioned) – DV0620 (English) DV0621 (Spanish)

DVD color 97 min. 2008 A

This DVD is comprised of ten modules that illustrate the neuro-anatomy of a brain injury and the everyday difficulties experienced by survivors of brain injury. It offers useful tips for effective communication and for directing individuals, families and loved ones to needed supports and services. It includes interviews with survivors and a special section on the needs of veterans with brain injury. (DSHS)

MAKING SAFETY MEETINGS WORK - 5244

video color 17 min. 1991 A

Explains how to organize and conduct safety meetings that accomplish more than just employee training. Demonstrates how to make training effective, but also focuses on other necessary agenda items that turn safety meetings into powerful management tools. (TELA)

MAKING THE CONNECTION: AN INTRODUCTION TO INTERPRETATION SKILLS FOR TB CONTROL - 7712

video color 29 min. 2003 Professional

Instructs tuberculosis healthcare workers how to work effectively with interpreters in serving clients who do not speak English. Also teaches bilingual staff members who may be required to interpret between clients and healthcare workers. (CURRY)

MAKING THE RIGHT CALL: THE POISON CONTROL CENTER

English-6351, Spanish-6352

video color 9 min. 1996 SrH-A

Explains the role of the Poison Control Center as the first contact for accidental poisonings. Gives first aid directions for some situations and advises transportation to a hospital for others. (BAYLOR)

MALE AND FEMALE: RESPECTING EACH OTHER - 7419

video color 18 min. 1994 JrH-SrH

Stresses acceptance and treatment of peers and partners as equals. Shows damaging examples of communication including interrupting, belittling and controlling and demonstrates alternative "everyone-wins" methods of conflict resolution. Illustrates assertiveness in confronting disrespectful behavior and sexual harassment. (HIGGIN)

MALE REPRODUCTIVE HEALTH: INTERVIEW, EXAM AND TREATMENT OF COMMON GENITAL DISORDERS - DV0242

DVD color 90 min. 2006 Professional

After viewing this DVD and consulting the accompanying handbook, viewers should be able to correctly identify detailed external and internal male reproductive anatomy when provided diagrams. They should also be able to outline the components of a comprehensive health history for the male patient and describe the components and sequence of the physical examination of the male genitalia. They should be able to describe 5 common male genital defects or disorders, their evaluation and treatment. This presentation is made by Demetrius J. Porche, DNS, RN, CS, APRN, professor for Nursing Research and Evaluation, Louisiana State University. (MPRES)

MAMA SANA BEBE SANO (Spanish) - CD0027

2 CDs 2003 Adult

This CD-Rom is designed for women participating in pregnancy education programs. This CD-Rom can be used either by women themselves sitting at a computer or laptop or by educators leading group education sessions or one-on-one sessions with women. (Spanish version of *Healthy You, Healthy Baby*, CD0009) System requirements: Microsoft Windows 95 or more recent, Intel Pentium 166+Mhz;32 +MB RAM, Macintosh MAC OS 8.6 or more recent, MAC PowerPC, Resolution: 800 x 600, 4x + CD-ROM drive. (MDIME)

MAN: THE INCREDIBLE MACHINE - 5601

video color 28 min. 1975 El-JrH

A colorful exposition of the ingenious design and adaptability of the human body. The camera probes the mechanisms of the senses, looking into the workings of the eyes, ears, and vocal cords. Includes early x-ray motion pictures of the skeleton and joints; a mimed demonstration of the body's muscular arrangement, and color footage of heat emitted from different parts of the human body. Shows the microcirculation of the blood. Shows red cells passing through capillaries and a leukocyte attacking and consuming a damaged red cell. Shows the chambers of the heart and discusses the power of the human nervous system. (NGS)

MAN WITHOUT LIMITS (Spanish) - 7241

video color 13 min. approx. 1995 A

Dramatizes the events of a man and his family as he realizes he has a health problem, goes to the doctor and decides on a prostatectomy as a treatment for prostate cancer. Other treatments for prostate cancer are not mentioned. The Texas Department of State Health Services does not endorse any particular treatment or product. (ACANS)

MANAGER TO MANAGER - VP23

five videos color 50 min. 1987 A, Professional

This video/workbook package consists of five units, each with a 10-minute videotape and accompanying activities. Each video discusses a separate topic: Overcoming Resistance to

Change; Gaining Cooperation from Peers; Dealing with Difficult People; Helping Colleagues Handle Problems; and Getting Approval from Authorized Departments. Each unit presents five to six focal points, followed by a dramatization. Provocative discussion questions in the workbook should stimulate discussion. All scenes take place in a business or industry setting, showing male and female managers. The skills presented are grounded in basic behavioral and social management theory. (CORONE)

MANAGING AGGRESSIVE BEHAVIORS, ANGER AND IRRITATION, CATASTROPHIC REACTIONS - 5590

video color 20 min. 1990 A, Professional

Viewers should have viewed "ABC'S, AN INTRODUCTION" (VC5589) before using this tape. Explains how to document behaviors in order to change them. Shows scenes of a patient who is exhibiting angry behavior and creating a disturbance. Analyzes the ABC's of the behavior. Discusses communication skills, developing an individual plan to change the unpleasant behavior. Describes a catastrophic reaction in a patient and possible methods to resolve it. Discusses common antecedents to catastrophic reactions, how to change these antecedents, and how to handle the consequences of catastrophic reactions once they have started. (TERRA)

MANAGING AGGRESSIVE BEHAVIOR FOR VOLUNTEERS - DV0544

DVD color 17 min. 2006 A

This program shows volunteers how to recognize aggression, signs of violence and dangerous situations. Role playing is used to help train and provide insights. The lessons of this program can also be applied to paid staff. Viewers learn of the importance of respecting boundaries of personal space, using an appropriate tone of voice and emphasizing what you can do to be helpful rather than what you cannot do. (PDA)

MANAGING CHOLESTEROL - DV0337

DVD color 28 min. 2005 A

This program illustrates how LDL and HDL cholesterol affect the heart and circulatory system and how untreated LDL levels can kill without warning. It also features revealing case studies of three patients: a middle-aged man working to reduce his LDL levels; a woman who suffered a heart attack during pregnancy; and an elderly man with excellent cholesterol levels. (FFH)

MANAGING DIFFICULT BEHAVIORS, DEPRESSION - 5596

video color 22 min. 1990 A, Professional

Provides dramatic vignettes so viewers can analyze the ABCs of behavior management of dementia patients with depression. Offers strategies to help depressed patients. Shows symptoms to watch for to diagnose depression. Suggests increasing pleasant activities for the depressed patient to improve their mood. Stresses that the caregiver should take care of their own health. (TERRA)

MANAGING DIFFICULT BEHAVIORS,

WANDERING AND INAPPROPRIATE SEXUAL BEHAVIORS - 5594

video color 16 min. 1990 A, Professional
Provides dramatic vignettes demonstrating a dementia patient who is wandering and one who is exhibiting inappropriate sexual behavior. Viewers are encouraged to analyze the scenes that may be causing the behavior. Shows that distracting the patient exhibiting inappropriate sexual behavior may curtail the behavior. Stresses that overreaction of the caregiver and humiliation of the patient should be avoided. (TERRA)

MANAGING PARKINSONS' STRAIGHT TALK AND HONEST HOPE - DV0411

DVD color 120 min. 2008 A
Experts define Parkinson's disease and discuss treatments. Viewers will learn how to manage this illness, anticipate and deal with its symptoms and the side-effects of the medications used to treat it. Strategies for maintaining a positive outlook are provided. (APDAWA)

MANAGING PERSONAL HYGIENE, BATHING AND DRESSING - 5593

video color 13 min. 1990 A, Professional
Provides information on how to handle behavioral problems in dementia patients related to bathing and dressing. Stresses the need to go slowly, give choices when possible, and avoid confrontation. Dramatic vignettes enable the viewer to analyze behavioral problems in bathing and dressing while the narrator provides strategies for management. (TERRA)

MANAGING PSYCHOTIC BEHAVIORS, HALLUCINATIONS, DELUSIONS AND PARANOIA AND SUSPICIONS - 5592

video color 14 min. 1990 A, Professional
Using the ABCs of behavior management in dementia patients, emphasizes the importance of tracking information about the behavior. Provides dramatic vignettes of a patient experiencing hallucinations and delusions and shows how the caregiver responds. It is important that the caregiver not argue or deny the patient's perceptions, but be soothing, reserving more of the caregiver's attention to the patient when they are acting appropriately. Dramatic vignettes demonstrating paranoid or suspicious behavior are provided as well as strategies for managing this behavior and preventing it. (TERRA)

MANAGING PSYCHOTIC BEHAVIORS, LANGUAGE DEFICITS - 5591

video color 8 min. 1990 A, Professional
Reviews the ABC's of behavior management of dementia patients. Explains the problem of language deficits and how caregivers can handle this situation. Provides strategies for management so the patient's frustration and agitation can be minimized. (TERRA)

MANAGING RODENTS AND MOSQUITOES THROUGH INTEGRATED PEST MANAGEMENT (closed captioned) - 7928

video color 89 min. 2003 Professional
This program provides viewers with information on integrated

pest management (IPM) as an effective approach to reduce the overall threat from rodents and mosquitoes. IPM is a systems approach focusing on the management of the environment in a manner that is effective, safe, economical, and sustained. It emphasizes surveillance, community education and outreach, sanitation, and code development and enforcement on a community-wide basis. (PHF)

MANAGING SAFETY AND HEALTH - 5243

video color 21 min. 1991 A
Explains the principles of effective health, safety, and environmental protection management for supervisors. Stresses the importance of maintaining a planned, systematic, consistent prevention effort based on clearly defined objectives. (TELA)

MANAGING STRESS (rev.) - 5106

video color 26 min. 1991 A, Professional
Stress in the workplace and in our personal lives can cause job burnout, illness, absenteeism, conflict, counter-productivity. Shows that our reactions to stress can be controlled. Uses dramatic vignettes and animation to provide solutions to the damaging effects of stress. Supports the involvement of employees in decision-making, opening communication lines, establishing priorities, and living a healthy lifestyle. (CRMMGH)

MANAGING STRESS: FIVE STRATEGIES FOR HOW TO HANDLE STRESS - DV0663

DVD color 15 min. 2009 A
Viewers will learn how to tackle stress in five easy steps. They will be able to identify the source of stress, eliminate or avoid stress whenever possible, rethink unavoidable stress and learn how to cope with it. They will also be urged to seek support.

MANAGING TYPE 2 DIABETES - DV0015

DVD color 20 min. 2005 JrH-SrH
Defines what type 2 diabetes is and the five parts of a treatment plan. Takes young viewers through the steps that will keep them feeling better and on the road to self-managing their diabetes. Teens with diabetes, ages 11-18, share their healthy food selections and snacking tips. Encourages young people with diabetes to find exercises they enjoy and incorporate them into their busy teen life. Viewers are also encouraged to educate themselves about type 2 diabetes, monitor their blood glucose regularly and take medications as prescribed. (MILNER)

MANAGING WITH ALZHEIMER'S DISEASE - 4404

video color 29 min. 1989 SrH-A
Teaches specific skills for caregivers within the home of the Alzheimer's patient. Stresses the need for a calm, consistent, routine environment. Discusses the medical and psychiatric evaluations needed to make a correct diagnosis of Alzheimer's disease. (MILNER)

MANTOUX TUBERCULIN SKIN TEST (closed captioned) - 7611 (VHS) DV0694 (DVD)

video/DVD color 30 min. 2003 Professional

Demonstrates the steps involved in administering and reading the Mantoux tuberculin skin test. May be copied for use in educational settings. (CDC)

MARA'S BREATHTAKING STORY - 6317

video color 22 min. 1994 JrH-SrH

Presents the story of a teenager who smokes as a way to fit in with a group of friends at a new school. She rethinks her decision to smoke after she learns that the glamour of smoking is manufactured by advertisers and after her grandmother dies of heart failure after many years of smoking. (CORV)

MARIJUANA PAPERS: RESEARCH UPDATE - DV0368

DVD color 20 min. 2004 SrH

This program reveals scientific research about how marijuana changes the adolescent brain, impairs the brain's ability to perform complex tasks, lowers the body's immune system and can become powerfully addictive. (HRM)

MARVEL AND FRIENDS STAYING CLEAN AND HEALTHY - DV0651

DVD color 14 min. 2005 K-EI

This program teaches young children that they need to wash their hands even when they don't look dirty, how to keep their bodies clean and how cleanliness relates to personal health. Friendly, animated characters introduce various hygiene skills. Peer actors model skills for washing hands, taking a shower, washing hair, brushing teeth and more in step-by-step presentations.

MASS CASUALTY INCIDENT - 7933

video color 60 min. 2005 Professional

This program will provide viewers with the knowledge to identify common methods used to perform patient triage. They will be able to recognize the essential components of MCI scene management and response planning. (UASPH) (DISASTER PLANNING)

MASS VACCINATION CLINICS: A REALITY CHECK - 7843

video color 90 min. 2004 Professional

This program was broadcast by satellite on March 18, 2004. Today, all state and local health departments are increasing their competency and capacity to provide mass vaccination services in an emergency. A panel of experts and local health department staff discuss real-life experiences with planning and mass clinic exercises. A 15-minute Question and Answer segment follows the discussion. (CDLHN)

A MATTER OF CHOICE-7206

video color 25 min. 1995 SrH

Confronts the very real problem of acquaintance rape and debunks some of the myths. Describes what can be done by both sexes to prevent a rape situation. (KINETI)

MAX'S MAGICAL DELIVERY (closed captioned) - DV0409

DVD color 27 min. 2005 EI-A

Josh, Nick, Elena and Ashlyn are playing video games at

Josh's, when Max the Deliveryman shows up with a giant, mysterious crate. Soon they're on a wild ride on the Foodmobile and taking pictures with a crazy camera that shows how their breakfast makes them feel. Parents are provided with information about portion sizes and physical activity. (AHRQ)

MEASURING VITAL SIGNS - DV0628

DVD color 28 min. 2009 Professional

This program instructs in the measurement of vital signs including temperature, pulse, respiration, blood pressure and pain. It identifies the three stages of measuring vital signs: preparation, the procedure itself, and completing care. (MEDCOM)

MEDICAL ASSISTANT (closed captioned) - DV0360

DVD color 20 min. 2007 SrH-A

This program examines a certified medical assistant (CMA)'s typical responsibilities and skills including customer service skills. Incorporating interviews with experienced medical assistants and the specialists who train them, the program describes what it takes to become a CMA. (MEC)

MEDICAL EMERGENCIES (English/Spanish) (closed captioned) - DV0115

DVD color 18 min. 2000 A

This DVD teaches employees what to do if they face a co-worker with a life-threatening medical emergency. It covers heart attacks, choking, stroke, asthma, diabetes, seizure and epilepsy. Bonus features include an expanded leaders guide and a customizable PowerPoint® presentation (DVD-ROM drive required for PowerPoint). (COASTAL)

MEDICAL IDENTIFICATION OF CHILD ABUSE AND NEGLECT FOR NON-PHYSICIANS - 3098

55 slides/audiotape color 30 min. 1973 A, Professional

Presents characteristic manifestations of abuse and neglect for non-physicians. Briefly outlines necessary anatomy and delineates factors which determine index of suspicion. (NIMH)

MEDICAL MANAGEMENT OF BIOLOGICAL WARFARE CASUALTIES - CD-06

CD-ROM 2000 A, Professional

CD-ROM for Windows. System requirements-Microsoft Windows 95/98/2000/NT; Pentium processor 133 MHz PC (Pentium 266 MHz recommended); 32 MB minimum, 64 MB recommended RAM; 16-bit color display; 2 MB video RAM, 4x CD-ROM drive. Four modules: *History Track* provides a multimedia presentation on how biological agents have been used throughout history to achieve military goals; *Medical Track* is text-based and is intended to train physicians, physician assistants, and nurses with a referenced, in-depth discussion of each biological agent; *Medical Support Track* is a multimedia presentation intended for additional medical providers such as medics, LPN equivalents, and preventive medicine technicians; and *Non-Medical Track* is a multimedia presentation provided for non-medical personnel such as commanders, logistic coordinators, and ordnance technicians.

Includes the *Medical Kit* which provides quick references to the prophylaxis, diagnosis and treatment of biological warfare agents, the USAMRIID Handbook, and barrier precautions. (USAMRIID)

MEDICAL MANAGEMENT OF CHEMICAL CASUALTIES (MMCC) - CD-07

CD-ROM 2002 A, Professional
CD-ROM for Windows. System requirements-Microsoft Windows 98/2000/NT; MS Internet Explorer 4.0 or higher; Pentium processor 300 MH; 64 MB RAM; screen resolution 800 x 600 DPI; Multimedia (CD-ROM, sound card and speakers). Contents include: interactive casualty assessment scenarios; MMCC fundamentals mini-course; medical management of nerve agent casualties; medical supplies database; and various handbooks, textbooks, and field manuals. (USAMRICD)

MEDICAL RESPONSES TO NUCLEAR AND RADIOLOGICAL TERRORISM (closed captioned) - 7766

video color 60 min. 2004 Professional
Satellite broadcast Feb. 10, 2004. Discusses the most current information on the following topics: possible radiological scenarios, basic information on radiation and protection for clinicians, medical management of victims of a radiological incident, and decontamination and treatment of victims. (CDC)

MEDICARE RX: THE CHOICE IS YOURS (English/Spanish) (closed captioned) DVD-DV0223, VHS-7911

video color Eng-7 min., Span-8 min. 2005 A
This video explains the new Medicare prescription drug program and how to enroll in it for people who get prescriptions through the Kidney Health Program. (DSHS)

MEDICATION MANAGEMENT: YOU CAN PREVENT ERRORS DVD-DV0275, VHS-7836

Video/DVD color 18 min 2003 Professional
Explains the problem of medication errors. Provides steps to prevent errors and presents standards to use medications safely. Shows risky behaviors that should be avoided and the special handling of medicines at high risk. (COASTAL)

MEDIOS Y REMEDIOS (Spanish) - CD 0011

CD-ROM 2002 SrH-A
Examines media messages about tobacco, alcohol and other drugs, nutrition, physical activity, relationships and sexuality, and violence. It features 66 Spanish-language media examples from magazines, television shows and movies. Questions and answers accompany each media example, the persuasion techniques used, and how the media might influence a young person's health decisions. (NMMLP)

MEETING PEOPLE WITH DISABILITIES - 4887

video color 18 min. 1991 A
Gives explicit instructions for communicating with persons with disabilities so that the encounter is comfortable for both

persons. Persons with mobility impairment, blindness, deafness, and mental retardation explain how best to approach and communicate with others who might have these conditions. (TRC)

MELANOMA: WINNING THE BATTLE AGAINST SKIN CANCER - 7331

video color 16 min. 1996 A, Professional
Discusses warning signs, the importance of early detection, and prevention of melanoma. Shows various examples of melanoma and other types of skin cancers. Gives information on treatments such as interleukin, interferon, and chemotherapy. (FFH)

MENINGITIS: THE SUDDEN ILLNESS - 6408

video color 20 min. 1996 A, Professional
Featuring three leading experts in the study of meningitis, examines and explains the causes and consequences of meningitis, and discusses treatment methods. (FFH)

MENOPAUSE: WHAT IS MENOPAUSE? - 7826

video color 17 min. 2003 A
Covers causes, symptoms and treatment of menopause. Features women who share their menopause experiences. Explains long term health risks such as heart disease and osteoporosis associated with menopause while exploring the option of Hormone Replacement Therapy. (AQUARI)

MENSTRUATION: UNDERSTANDING YOUR BODY - 6460

video color 28 min. 1993 SrH-A
Reviews the menstrual cycle by using animation. Discusses physical and emotional symptoms of premenstrual syndrome (PMS) and ways to manage these symptoms. Explains possible causes and control of: menstrual pain, cessation of periods; and heavy bleeding. The last 9 minutes includes an animated drawing depicting sexual intercourse and a discussion of teenage sexuality. (CBG)

MENTAL HEALTH C.P.R. - 7141

video color 20 min. 1999 SrH-A
A curriculum which includes a manual for the instructor and participants, and a video. It is a tool that can be used with suicide intervention. Addresses the first two phases of suicide: ideations and threats. The curriculum is meant to train non-suicidal students how to recognize risk factors, reduce the immediate danger, and help individuals find competent help. (TDH)

MI BEBE FUMANDO? (Spanish) - 6111

video color 21 min. 1991 SrH-A
Features a family with children: a wife who is pregnant, and her husband, who smokes. Addresses the health risks of secondhand smoke for fetuses, infants, and pregnant women. (TECC)

MICKEY'S SAFETY CLUB: HALLOWEEN SURPRISES - 4831

video color 13 min. 1990 P-EI

Features Mickey Mouse and other Disney characters. Teaches children to be safe at Halloween. Covers street safety, safe costuming, how to determine where and with whom it is safe to go trick-or-treating, and the difference between safe and unsafe treats. (DISNEY)

MICKEY'S SAFETY CLUB: PLAYGROUND FUN - 4843
video color 20 min. 1989 P-EI

Featuring Mickey Mouse, Huey, Dewey, and Louie, shows students the proper usage of playground equipment (slides, jungle gym, monkey bars, swings, and merry-go-rounds). Stimulates a sense of responsibility for one's play space. Emphasizes the importance of safe playground behavior. Encourages safety awareness. Demonstrates the cooperative playground play approach. (DISNEY)

MICKEY'S SAFETY CLUB: STREET SAFE, STREET SMART - 4844

video color 13 min. 1989 P-EI

Featuring Mickey Mouse, teaches basic pedestrian safety rules. Stresses the importance of walking with a friend whenever possible. Emphasizes the importance of knowing emergency phone numbers (home, parents' business, close relatives' and a trusted neighbor's or friend's). States that children should always tell parents or a responsible adult where they are going. (DISNEY)

MICKEY'S SAFETY CLUB: WHAT TO DO AT HOME - 4842

video color 16 min. 1989 P-EI

Featuring Mickey Mouse, helps students learn to accept responsibility for their own safety. Introduces specific information about telephone safety, fire prevention, first aid and safe snacks. Emphasizes calm reactions in emergency situations. Motivates students to discuss safety issues at home. Encourages safety awareness. (DISNEY)

MIDWIFE WITH WOMAN - 5583

video color 28 min. 1982 A

Traces the uneasy history of midwifery in America through archival drawings and photographs. (FANLIG)

MILK TASTE TEST/PRUEBA DEL SABOR DE LA LECHE (English/Spanish) (closed captioned) - DV0483

DVD color Eng 5 min., Span 5 min. 2009 A

WIC participants compare the taste of whole milk, two percent milk and one percent milk. (WIC)

A MILLION TEENAGERS (5th ed.)

English-5871, Spanish-5063

video color 25 min. 1991 JrH-SrH

Deals not only with sexually transmitted diseases, but also contains a major sequence on AIDS. Designed to promote understanding and prevention with a minimum of embarrassment and a great deal of common sense. (CHURCH)

MINDING THE BABY (closed captioned) - DV0670

DVD color 15 min. 2005 A

This animated program was produced in England. It shows the

fears, joys, and misunderstandings of five couples as they plan, expect, and start to live with their babies. The program illustrates practical ways to improve communication and negotiating skills between couples. It also shows the benefits of looking after the adult relationship as well as taking care of the baby.

MINIMIZING BACK STRAIN (rev.) - 6364

video color 21 min. 1995 A

Explains the physiology of the back. Shows proper and improper use of the back in lifting, bending, twisting, and carrying. Shows how the improper methods affect the parts of the back. (TELA)

MINIMIZING BACK STRAIN ON THE JOB -5500

video color 24 min. 1987 A

Emphasizes both the day-to-day strains of lifting, sitting, and bending as well as the dangers of improper lifting. Explanations of the ways in which back injuries can occur are given. (TELA)

MIRACLE OF BIRTH-4304

video color 30 min. 1988 A

Follows the development of three births. Documents the use of an epidural block and the use of forceps; delivery by cesarean, and a natural delivery. The parents share their thoughts and feelings. Members of the medical team explain what is happening during each stage of labor and delivery. (AIMS)

THE MIRACLE OF BIRTH: FIVE BIRTH STORIES - 6928

video color 48 min. 1997 SrH-A

Five mothers experience different birth outcomes including natural childbirth, epidural pain relief, induction of labor, unplanned cesarean section, and vaginal birth after a previous cesarean birth. Includes information on labor support techniques, positions for labor and delivery, relaxation and breathing techniques and newborn procedures. (INJOY)

THE MIRACLE OF BIRTH 2: FIVE BIRTH STORIES (closed captioned) - DV0410

DVD color 58 min. 2002 SrH-A

Five birth stories illustrate the stages of labor, coping techniques, pain management, medical interventions, breastfeeding, and early bonding. Scenarios include a birth experience with a planned epidural, one where analgesics are used for pain relief, a mother who uses natural comfort measures, an unplanned cesarean and the delivery of twins. (INJOY)

THE MIRACLE OF LIFE (closed captioned) - 6801

video color 57 min. 1983 SrH-A

Documents human reproduction through color microphotography inside living human beings. Exploring deep into the male and female sexual anatomies, presents the first-ever footage of the conception of human life. (GUIDA)

THE MODERN MAN'S GUIDE TO FATHERHOOD - 5916

video color 43 min. 1994 A
Prepares men for the transition to fatherhood. Helps new dads in areas such as diapers, postpartum, and life with little sleep, and offers many timely tips, advice, and helpful information on becoming a successful father. (VIT)

MOLD AWARENESS (English/Spanish) (closed captioned) - DV0267

DVD color 15 min. 2004 A
Some forms of mold are believed responsible for respiratory illness. This informational video examines the different types of mold, explains how to reduce it in indoor environments and demonstrates what to do if your facility has a mold outbreak. (COASTAL)

MOLD IN HOMES: HEALTH EFFECTS, ECOLOGY, DETECTION, AND MITIGATION - 7295

video color 55 min. 1997 A, Professional
Discusses the variety of problems molds can cause. Topics include: health problems caused by molds; conditions conducive to the growth of molds; various methods and equipment used to test for molds; moisture entrance paths in homes; and moisture mitigation procedures people can use to prevent molds from growing in their home. (NDSU)

MOMENTS OF TRUTH - VP21

video color 28 min. 1986 A, Professional
Based on the writings of Karl Albrecht, Ph.D., this video and workbook is designed to help front-line personnel and supervisors improve their interaction with the customer, and thus increase the customer's level of satisfaction with the organization. Employees are encouraged to think for themselves, take responsibility, and please the customer. Emphasizes Dr. Albrecht's 10-step Code of Quality Service and the workbook supplies participants with an opportunity to apply these 10 steps to their own particular situation. Although designed for use in groups, it can be used by an individual. A Leader's Guide is included. (CORONE)

THE MONSTER - DV0553

DVD color 11 min. 2000 SrH
When three young men chat up the new girl on the block, only one gets lucky. But he, however, is forced to deal with his HIV status. This film deals with HIV status, communication and discrimination. It was written by a group of youth incarcerated on Rikers Island in New York City. (SCENAR)

MORE THAN BABY BLUES: UNMASKING POSTPARTUM BLUES - 7823

video color 30 min. 2003 A
Shows the signs of postpartum depression. Offers women and their families practical ways to deal with this condition. (AQUARI)

MOSQUITO: INTEGRATED PEST MANAGEMENT - 6626

video color 19 min. 1992 A, Professional
Describes the life cycle of the mosquito and shows close-ups of each stage. Explains chemical and biological methods of

controlling both larval and adult stages. Provides dose concentrations for chemical control options. Shows a number of methods to test the efficacy of mosquito control. Discusses the role mosquitoes play in the spread of human communicable diseases such as malaria, dengue fever, encephalitis, and yellow fever. Provided courtesy of the New Orleans Mosquito Control Board. (NOMC)

MOTHERS AND DAUGHTERS: MIRRORS THAT BIND - 7822

video color 51 min. 2000 A
Explores the depth of relationships between mothers and daughters. Looks at issues such as sexuality, body image, parenting and self worth. (AQUARI)

A MOTHER'S GIFT - DV7807

DVD color Eng.-13 min., Span.-12 min. 2004 A
Several mothers from diverse backgrounds, including a physician, explain the benefits of breastfeeding for both mom and baby. Breast milk enhances babies' immunity to numerous diseases and boosts their protection against infection. Mothers who breastfeed have elevated levels of oxytocin, a hormone that induces strong feelings of nurturing and relaxation. They also feel pride and satisfaction at their ability to provide all the nutrients their babies need for the first six months of life.

A MOTHER'S GUIDE TO BREASTFEEDING (English/Spanish) - 7128

video color Eng-15 min., Span-17 min. 1999 SrH-A
Mothers talk about their various experiences with breastfeeding. Discusses which foods or substances to avoid while breastfeeding. Explains how to breastfeed in public. Addresses concerns when the breastfeeding mother returns to work or school. Offers tips when an infant is teething. (WIC)

THE MOUTH: AN OUNCE OF PREVENTION - 5523

video color 13 min. 1990 A
A dramatization showing a man with a family history of diabetes as he visits his dentist. He is diagnosed with periodontitis, and his blood pressure is high. He is referred to his physician to be checked for diabetes. Stresses the importance of proper care of teeth and gums, especially for diabetics. Shows proper brushing and flossing techniques and indicates that regular visits to the dentist can help prevent infections. (UTHSCS)

MOVING AND TURNING - DV0562

DVD color 10 min. 2008 Professional
This program demonstrates using the lift sheet, moving up in bed, moving to the side of the bed, turning using the log-roll, assisting to move up in bed, moving to one side without a lift sheet, turning away from you, turning toward you. (MEDCOM)

MOVING FORWARD - DV0014

DVD color 12 min. 2005 JrH-SrH
This motivational video lets young patients, ages 11 to 18, know that they are not alone with their condition. Teens share that type 2 diabetes means neither a death sentence nor a boring

life of forbidden foods, limited activities, and over-protective parents. Sends a positive message that they are in control of their bodies, their health and their future. Helps young people with type 2 diabetes start a new life of healthy eating and increased activity where they are in charge of their choices. (MILNER)

MR. CLEAN MOUTH – M0007

Model EI-SrH

This model is to be used to teach the proper brushing and flossing techniques. It is the same size and shape as Mr. Gross Mouth, but it's an example of a clean and healthy mouth. The Soft BIOLIKE 2™ tongue provides added realism. It also comes with a giant toothbrush. Its size is 6" x 4" x 8". (HLTHED)

MR. DIP LIP - M0002

Model EI-SrH

The unsightly, vivid consequences of dipping shown in this model will convince anyone that dipping is disgusting and definitely not worth it. The mouth opens and closes from the rear and the flesh-like lips retract to show the disease effects dipping can have on the inner lip, gums and teeth. For use by health educators. (HLTHED)

MR. GROSS MOUTH - M0001

Model EI-SrH

Shows the effects of smokeless tobacco on the teeth, tongue and oral cavity. This model is three times the normal size and is mounted on a wooden case for easy use by health educators. (HLTHED)

MRSA: THE EIGHT MINUTE SOLUTION - DV0380

DVD color 8 min. 2006 Professional

This DVD is intended for health care professionals. It describes how MRSA is transmitted; and outlines strategies to prevent transmission including importance of hand hygiene, contact precautions and cleaning and disinfecting. (ENV)

MSDS FOR HEALTH CARE: READ IT BEFORE YOU NEED IT (closed captioned) - 6428

video color 18 min. 1995 A, Professional

Helps employees to become more familiar with the Material Safety Data Sheets (MSDS) and encourages them to review the MSDS before an emergency arises. Helps employees to protect themselves and to identify hazardous chemicals, read warning labels, understand an MSDS, and prevent hazards. (COASTAL)

MULTIPLE SCLEROSIS - 5341

video color 26 min. 1990 A

Shows the symptoms that plague multiple sclerosis victims and how attitude and changes in lifestyle can mean better health. Sufferers from multiple sclerosis explain how they live with the disease, and specialists in treating it discuss the disease. (FFH)

MUSCULAR DYSTROPHY - 5342

video color 26 min. 1990 A

Looks at how muscular dystrophy sufferers deal with a disease

that has no cure. A young boy with the fatal form of the disease gets physical therapy at an Easter Seals Center, bracing helps a six-year-old girl with spinal muscular atrophy, and a young mother with myasthenia gravis gets help from surgery and medication. Covers the search for a cure and the available treatments. (FFH)

MUSCULAR SYSTEM (2nd rev.) - 7174

video color 12 min. 1993 SrH

Examines various types of muscle tissue with respect to the basic chemistry of their operation and their arrangement within the framework of the human body. Explains how exercise equipment is designed to train specific groups of opposing muscles. (CORONE)

MY ONLY ME - 4894

video color 14 min. 1989 P-EI

Children learn about six smart, healthy habits through narration and song. Encourages children to take care of their bodies by keeping clean, getting enough rest, taking care of their teeth, exercising, playing it safe and eating the right food. Children are taught that they must take responsibility for themselves so they can remain strong and grow up healthy. Provides a positive anti-drug message, promoting a strong self-image, and reinforcing the importance of good health to young viewers. (ALTSCH)

MY PARENTS MY TEACHERS (English/Spanish) - 7850

video color Eng -17 min. Span-16 min. 1998 A

This video shows parents that from birth children need to be enriched through reading, communication, music, and play every day. These powerful activities form billions of connections in the infant's brain. The infant's brain develops fastest during the first three years of life, and this critical parent involvement improves the child's ability to learn throughout life. (EV)

MY PLATE, MY HEALTH (closed captioned) - DV0682

DVD 23 min 2011 SrH

The U.S. government has issued a new set of Dietary Guidelines as well as a brand-new visual icon, MyPlate, which replaces the old MyPyramid. This DVD helps viewers recognize how to develop a healthy lifestyle that combines sensible eating with regular exercise.

MY PYRAMID SIMPLE STEPS TO HEALTHY LIVING (English/Spanish) - DV0039

DVD color Eng.-15 min., Span.-15 min. 2006 JrH-A

Viewers will learn how the USDA My Pyramid food guidelines can help every individual achieve the right balance of proper nutrition and exercise. They will explore the six basic food groups and see how families make sure they eat enough whole grains, fruits, and vegetables. (DISCOV)

NATIONAL CONFERENCE ON ASTHMA 2003 - 7692

video color 256 min. 2003 Professional

Satellite broadcast June 19-21, 2003. Addresses the asthma and asthma-related objectives of Healthy People 2010. Topics include recent trends in asthma diagnosis and treatment, new

therapies and medications, asthma coalition efforts, and early detection and screening strategies. (NAEPP)

NATIONAL INCIDENT MANAGEMENT SYSTEM (NIMS): AN INTRODUCTION BROADCAST FOR FIRST RESPONDERS (closed captioned) - 7774

video color 45 min. 2004 A, Professional
Broadcast March 10, 2004. Outlines NIMS, which establishes standardized incident management processes, protocols, and procedures for first responders to natural disasters and terror events. Includes responders from federal, state, tribal, or local levels of government, who will use it to coordinate and conduct response actions. The document referred to in the broadcast can be downloaded from accompanying CD. (USFA)

NEEDLESTICK INJURY PREVENTION 2000 - 7250

video color 12 min. 2000 Professional
Complies with revised OSHA 1910.1030 reflecting the new and safer devices to prevent needlesticks. Covers new technologies and the requirements for recording needlestick injuries on OSHA logs as well as all the training in the existing standard. (LONGI)

NEGATIVE SYMPTOMS IN SCHIZOPHRENIA - 7720

video color 60 min. 1995 A, Professional
Dr. Nancy C. Andreasen explains the negative symptoms of schizophrenia, which include emotional withdrawal, lack of initiative, and loss of capacity to think clearly. Intended for families of patients and for professionals to better understand and recognize the symptoms. Video also discusses treatment strategies. (IHC)

NERVOUS SYSTEM (2nd rev.) - 7175

video color 14 min. 1993 SrH
Explores the nervous system, the biochemical communications network of the human body. Discusses the chemistry of a nerve impulse. Explains the role of therapy in the regeneration of injured nerves. (CORONE)

NEVER SAY YES TO A STRANGER - 5953

video color 20 min. 1986 K-I
Explores the many ways that potentially dangerous strangers try to trick children to go with them. Provides children with safety tips and answers to help them recognize and get away from strangers who might harm them. (CORONE)

NEW BABY CARE: KEEPING YOUR BABY HEALTHY AND HAPPY (English/Spanish) - 7370

video color Eng-14 min., Span-14 min. 2000 SrH-A
Highlights ways to feed, comfort, and bathe a new baby. Includes information for the new parent to ensure a new baby's health and safety. (FIDEAS)

NEW BEGINNINGS: A DISCUSSION GUIDE FOR LIVING WELL WITH DIABETES - DV0214

DVD color 33 min. 2004 A
This program tells the fictionalized story of Calvin Dixon, an African American man who has neglected his diabetes. The

story relays his fear as he wakes from a bad dream about having a heart attack. His fears prompt him to tell his family about his diabetes and to get help in dealing with the disease. The DVD focuses on the emotions Dixon experiences, how he shares his feelings with his family, and how he interacts with his doctor. (MILL)

NEW FEARS FOR FOOD: OLD FOES, NEW THREAT (closed captioned) - DV0111

DVD color 20 min. 2004 SrH
This program compares and contrasts campylobacter, salmonella, E. coli, Listeria monocytogenes, calicivirus, and Hepatitis A, which have become a renewed health threat. The program also examines some of the many opportunities for food contamination that can occur on the trip from the farmyard to the kitchen table; identifies people most vulnerable to severe cases of food-borne diseases; describes symptoms and treatments; and explains how to avoid catching these illnesses. (CAMED)

A NEW HOPE (Spanish) - 7242

video color 10 min. approx. 1995 A
Dramatizes the events of a woman as she goes to a doctor, learns about mammograms and finds out that she has breast cancer. Although the availability of other options are mentioned but not identified, the woman decides to have the lump removed surgically. She encourages Latin women to perform breast self-examination and have annual health exams. The Texas Department of State Health Services does not endorse any particular treatment or product. (ACANS)

THE NEW NORMAL: LIFE AFTER BONE MARROW STEM CELL TRANSPLANT - 7735

video color 45 min. 2001 A
Six transplant survivors and their caregivers share their stories in order to offer encouragement to others faced with the same challenges. Explains the transplant process and recovery. (NBMTL)

NEWBORN CARE GUIDE TO THE FIRST SIX WEEKS English-DV0316, Spanish-DV0317

DVD color 34 min. 2006 SrH-A
This program covers newborn senses and brain development; crying and comfort techniques; information on colic and Shaken Baby Syndrome; eating, hunger cues, breastfeeding, and formula feeding. Viewers will learn about newborn sleeping including new SIDS recommendations; diapering and cleaning, cord and circumcision care. They will also learn about infant health and safety, signs of sickness, dehydration, jaundice, and car seat and home safety. Post partum information for new mothers is also included. (INJOY)

NEWBORN SCREENING FOR SICKLE CELL ANEMIA, PKU, AND OTHER DISORDERS - 4916

video color 9 min. 1988 SrH-A
Stresses the importance of newborn screening for sickle cell anemia, PKU, hypothyroidism, galactosemia, and homocystinuria. Explains that testing for these conditions is

done with one stick in the infant's heel. Explains that with early detection, infants with these conditions can receive the care and treatment they need. (REAL)

NEWS ABOUT NEWBORNS - DV0120

DVD color 22 min. 2001 A

Illustrates key aspects of newborn behavior and development. Describes the feeding cues and the value of early breastfeeding. Explains the infant states of consciousness and how knowing about them helps parents care for the newborn. Discusses newborn sleep patterns and infant temperament and provides soothing strategies. (VIDA)

NICOLE'S CHOICE - 7914

video color 15 min. 2003 SrH

This dramatic film portrays an African-American teen, Nicole, as she finds out that she has contracted a sexually transmitted disease (STD) by having unprotected sex. As the story progresses, we watch Nicole struggle to decide whether or not to abstain from sex or use condoms to prevent herself from contracting STDs in the future. In the end, Nicole and her boyfriend choose to abstain from sex, while her best friend makes a choice to always practice safer sex by using condoms. (SELECT)

NICOTINE DEPENDENCE ACROSS THE LIFESPAN IN HEALTH AND DISEASE

video color see below for running times 2000 A, Professional

Intended for health professionals and physicians. (MDA)

CANCER PATIENTS: STOPPING SMOKING IS GOOD MEDICINE - 7379 (35 min.) Speaker: Ellen R. Gritz, Ph.D.

CHALLENGE OF TREATING TOBACCO DEPENDENCE, THE: TRANSLATING RESEARCH INTO PRACTICE - 7380 (58 min.) Speaker: Michael Fiore, M.D., M.P.H.

SMOKING AND ADOLESCENTS: TOO YOUNG TO BE "HOOKED"? - 7381 (56 min.) Speaker: Alexander V. Prokhorov, M.D., Ph.D.

NO DIP, NO DUH: A NO BRAINER FOR SPIT TOBACCO USE - 7855

video color 18 min. 2002 SrH

This tobacco prevention program features young people taking a stand against chewing and dipping tobacco. At the National High School Rodeo Championships, teen participants talk about the ugly side of this nasty habit. Students meet a cowboy with tobacco-caused cancer of the mouth, and also learn why using spit tobacco is a dating turn-off. (DISCOV)

4596 NO GREATER LOVE/NO HAY AMOR MAS GRANDE; A SCIENCE OF MIRACLES/LA CIENCIA DE LOS MILAGROS (English/Spanish) (closed captioned) - DV0534

2 DVDs color 59 min/16 min. 2003 A

This DVD contains two documentary films. No Greater Love documents the true stories of people as they wait for a lifesaving organ transplant. A Science of Miracles, narrated by

NBA star Alonzo Mourning, whose life was saved by a donated kidney, showcases medical science and surgical expertise working miracles. (HRSA)

NO IFS, ANDS, OR BUTTS: SMOKING KILLS - 7559

video color 23 min. 2002 JrH-SrH

Describes the extensive damage to the human body caused by using tobacco, including spit tobacco. Explains the addictive qualities of using tobacco and ways to quit. (HUMRE)

NO MORE SECRETS, NO MORE LIES - 7607

video color 28 min. 2002 SrH-A

Frank discussion of an aspect of African-American life where a segment of the male population leads a double life known as life on the down low. These men have sex with both men and women, but they do not consider themselves gay or bisexual. Intended to inform women who are at risk for contracting HIV from having sex with these men. (KING)

NOISE AND YOU - 7302

video color 19 min. 1996 A

Intended for workers who are exposed to noisy environments. Explains the threat of loud noises to good hearing. Describes five ways to reduce noise exposure. Shows the proper way to wear hearing protection such as ear muffs and ear plugs. (VOCAM)

NOISE INDUCED HEARING LOSS - DV0580

DVD color 15 min. 2009 A

This DVD covers the causes of hearing loss, provides basic facts about noise induced hearing loss and basic facts about sound and noise. It explains the procedures used during a hearing test and audiogram and explains the proper way to wear hearing protection. (SAFETYCARE)

THE NON-PROFIT AUDIO TOOLKIT - AC0001

8 audio CD's running times listed below 2003 A
Workshop presentations from the 2003 Texas Association for Literacy and Adult Education Conference. *Managing Time and Projects* (51:13). *The Importance of Effective Boards* (67:07). *Common Mistakes Managers Make* (68:23). *Holding Great Meetings that Make the Difference* (50:45). *Telling Stories to Change Beliefs, Attitudes and Perceptions* (42:41). *Developing an Effective Public Relations Communications Strategy* (41:49). *Mediating Group Differences, The Team Conflict Mediation Process* (62:20). *Get Things Done, Ten Secrets of Creating and Leading Exceptional Teams* (74:15). (ACCNPO)

NOTHING BUT THE TOOTH ANA Y LA DENTISTA (English/Spanish) - DV0058

DVD color Eng 7 min. Span 8 min. 2006 A

Two friends discuss the importance of prenatal dental care. Viewers learn of the dangers of pregnancy gingivitis which can lead to premature birth and low birth weight. Pregnant women should avoid sugary foods and sticky candies. Tips are also included for infant mouth and dental care. (WIC)

NURSE'S STATION: BIOTERRORISM IN HEALTH CARE - 7239

video color 58 min. 2000 Professional
Teleconference intended for nurses. Gives the sequence of events which would impact the health care system in a bioterrorism attack. Describes the epidemiology of the two most likely agents in an attack: smallpox and anthrax. Explains the roles of emergency medical personnel, state and local health authorities, the Centers for Disease Control, law enforcement and the local hospitals. (LTCN)

NURSING DOCUMENTATION: A REFLECTION OF QUALITY CARE - DV0412

DVD color 15 min. 2008 Professional

Proper documentation is vital to the effective care of patients. It also protects the healthcare worker and employer from potential liability issues. This program describes why documentation is necessary and shows standard methods of documenting the work a nurse does. It explains the necessary checks and reviews. (COASTA)

NURTURING THE PROMISE - 7086

video color 11 min. 1997 SrH-A

Introduces Head Start, a child development program which serves young children and their families. Shows how the program impacts the lives of children in preparing them for success at school. (USDHHS)

NUTRICION: COMPRAR SALUDABLE - DV0527

DVD color 16 min. 2007 A

This is the Spanish language version of *Shop Healthy, Cook Healthy* (DV0415). It shows viewers how they can make small changes in the foods they buy how they prepare meals and how much food they eat. It discusses food nutrition labels, portion control, better eating habits, and food options lower in fat. The program gives tips on taking one step at a time towards healthier eating. (MILNER)

NUTRICION: RESTAURANTES COMIDAS RAPIDAS - DV0528

DVD color 18 min. 2007 A

This is the Spanish language version of *Nutrition: Restaurants, Fast Food and Parties* (DV0414). This program shows viewers how to eat healthy in situations when it might not be easy to do so. It discusses portion control, carbohydrate, fat, and calories. It gives viewers practical tips they can use and shows examples of healthy food choices. The program suggests that by making small changes in what they order, viewers can eat out and still eat healthy. (MILNER)

NUTRIENT BASICS - DV0338

DVD color 15 min. 2005 JrH-SrH

A group of teenage actors plays the nutrient team. The nutrient team had spent weeks getting ready for their presentation. It was a competition, and the winner would be on the school's health education team. Now they find out that most of the nutrient exhibit is missing. Viewers can follow along as the team searches for their missing nutrients. Learn how they solve the mystery and at the same time explain how protein, vitamins, minerals, carbohydrates, fat and water work to keep us healthy. (KINETIC)

NUTRIENTS: THEIR INTERACTIONS (closed captioned) - DV0107

DVD color 21 min. 2004 SrH

This video takes a scientific look at dietary nutrients, explaining what they are, why the body needs them, and how they work with each other to produce energy, stimulate growth, repair and maintain hard and soft tissues, and regulate bodily processes. Metabolism, energy yield from different food types, the composition and role of blood, key vitamins and minerals, dietary fiber, and recommended daily allowances are only a few of the topics covered in this detailed overview of the biochemistry of nutrition. The impact of nutritional deficiencies on short- and long-term health is also discussed. (MEC)

NUTRITION AND CANCER AND CANCER RISK REDUCTION (slides) - 3180

27 slides color 1995 A, Professional

Developed by the Dietician Oncology and Nutrition Education Program and the Physician Oncology Education Program. Serves as an introduction and overview to enhance the understanding of the role of nutrition in cancer prevention. Contains information on nutrition and cancer, and presents the consensus of nutritional experts on the topic. (POEP)

NUTRITION: AN OUNCE OF PREVENTION - 5529

video color 14 min. 1990 A

A dramatization showing a group preparing for a healthy food fiesta at their church. A dietitian discusses ways to make healthier traditional Mexican foods such as enchiladas, fried rice, tortillas. By choosing the leanest meats possible, trimming and skimming off excess fat from meats, using vegetable oil instead of lard for frying and seasoning, removing the skin from chicken; these foods are made healthier. Stresses that diabetics should strive to limit their intake of fats. (UTHSCS)

NUTRITION AND MEAL PREPARATION FOR OLDER ADULTS - DV0546

DVD color 43 min. 2008 A

This program includes information on common serving sizes, medically-prescribed diets, warning signs and prevention of malnutrition, importance of drinking enough water, value of high-fiber diet, meal planning, food shopping, reading labels, unit pricing, safe food handling, preparation methods, cooking with a recipe, microwave and stove safety, setting the table and serving the meal. (PDA)

NUTRITION FOR MEN - 6550

video color 16 min. 1996 A

Stresses the importance of nutrition because it is involved in many disease conditions. Teaches that saturated fat is a key nutrition risk factor in heart disease and that weight management can reduce the risk of heart disease and diabetes. Encourages men to be more skeptical about advertised nutrition claims and advises that there is an interaction between many medications and food. (NATLH)

NUTRITION: RESTAURANTS, FAST FOOD, AND

PARTIES - DV0414

DVD color 18 min. 2007 A

This program shows viewers how to eat healthy in situations when it might not be easy to do so. It discusses portion control, carbohydrate, fat, and calories. It gives viewers practical tips they can use and shows examples of healthy food choices. The program suggests that by making small changes in what they order, viewers can eat out and still eat healthy. (MILNER)

NUTRITION: SHOP HEALTHY, COOK HEALTHY - DV0415

DVD color 16 min. 2007 A

This program shows viewers how they can make small changes in the foods they buy how they prepare meals and how much food they eat. It discusses food nutrition labels, portion control, better eating habits, and food options lower in fat. The program gives tips on taking one step at a time towards healthier eating. (MILNER)

NUTRITIONAL ASSESSMENT OF THE ELDERLY - 4869

video color 28 min. 1988 A, Professional

Assists the health care provider with identifying the need for nutritional intervention. Stresses the importance of a thorough history and a consistent evaluator. Discusses normal physiological aging, including socioeconomic status, acute and chronic illness, genetics, accessibility of care, climate, and individual nutritional habits. Describes major changes in aging and demonstrates various evaluation measures. (AMJRN)

OBESITY AND WEIGHT CONTROL (closed captioned) - 7029

video color 11 min. 1998 SrH-A

Defines energy balance as the relationship in equilibrium between the energy consumed (in the form of food) and the energy expended (in the form of exercise). A energy imbalance will result in either the loss or gain of weight. Explains the Body Mass Index as a replacement for the old height and weight tables. Warns against fad diets and over-the-counter appetite suppressants. Proposes that much of blame for America's weight problem is due to advertising of high-calorie, high-fat foods, especially to children. (WCBMGH)

OBSESSIVE COMPULSIVE DISORDER: THE HIDDEN EPIDEMIC - 7765

video color 76 min. 1994 Professional

Dr. John Greist explains obsessive-compulsive disorder. Intended to help healthcare professionals identify and treat this common disorder. (CMEL)

OBTAINING VITAL SIGNS - 7055

video color 28 min. 1997 Professional

Demonstrates how to obtain the client's temperature, apical and radial pulses, respiratory rate, and blood pressure. Shows how to interpret the significance of the values obtained and how to accurately document the values of the vital signs on the client's record. (LIPP)

OFF THE RECORD - 5912

video color 15 min. 1986 A, Professional

Intended for health care workers dealing with the importance of and legal implications of maintaining confidentiality. Deals with health professionals speaking "off the record" regarding patients' medical information. Emphasizes that speaking "off the record" is a serious, unethical, and illegal violation of health care standards and responsibility. (KINETI)

OFFICE ERGONOMICS INJURY REDUCTION - DV0284

DVD color 22 min. 2002 A

Viewers will learn how to reduce ergonomic injuries and promote comfort. They will learn how to recognize ergonomic problems, the potential of adverse effects, and practical solutions to ergonomic problems in the office. Topics include physiology of the body; parts of the body most affected; eye strain; preventative measures; correct use of office equipment; exercise; and stress release. (TTN)

OFFICE SAFETY - 7623

video color 5 min. 1990 A

Provides basic information in recognizing hazards in the office setting. Describes preventative measures workers can take to reduce accidents. (SUMMIT)

OFFICE SAFETY (Marcom) - DV0285

DVD color 22 min. 2002 A

Accidents and injuries in the office account for thousands of hours of lost time, and millions of dollars in worker's compensation and medical costs. This program shows employees what hazards exist in office environments, and how important it is to follow good safety practices. This program covers safety awareness, safety housekeeping, slips, trips and falls, and electrical safety. (TTN)

OFFICE SAFETY: IT'S A JUNGLE IN THERE - 5538

video color 23 min. 1990 A

Big game hunter, Foster Safewell, takes the viewer on a tour of a most dangerous jungle: the office. Looks at the dangers found in a typical office to increase employee awareness of hazards in the office. Slips and falls, sharp objects, electrical hazards and fire safety are all addressed in a humorous way. (TELA)

ON ANY GIVEN DAY - 6487

video color 5 min. 1994 A

Graphically stresses the importance of taking safety seriously. Shows how accidents can happen when safety measures are ignored. (SAFETY)

ON THE FRONT LINE: BIO TERROR PREPAREDNESS - 7777

video color 8 min. 2001 Professional

Urges hospital personnel to be prepared for a bioterrorism event. Preparedness includes having a response plan; lists of internal and external contacts; infection control policies and procedures; and, knowledge of the symptoms of exposure to anthrax and other pathogens. (LONGI)

ONCE A YEAR... FOR A LIFETIME

English-6561, Spanish-5287

video color Eng-26 min., Span- 26 min. 1992 A

Discusses the importance of getting regular medical exams and mammograms so that breast cancer can be caught early, thus providing the patient with a much better chance of recovery. Spanish version features Edward James Olmos and Cristina Saralegui. The English version (26 min.) features Jane Pauley and Phylicia Rashad. Introduces five women whose lives have been affected differently by breast cancer. (OFFCAN)

ONE FOOT AT A TIME – DV0665 (English) DV0666 (Spanish)

DVD color 18 min. 2011 A

This DVD explains the newborn screening process. Viewers learn the benefits of screening, how tests are conducted, and what to do if the results of the screen are positive for any one of a variety of genetic disorders. This program profiles families whose lives have been affected by newborn screening.

OPEN ARMS OPEN EYES: POWER CONTROL AND ABUSE IN TEEN RELATIONSHIPS (closed captioned)–DV0559

DVD color 27 min. 2010 A

This program dramatizes specific issues of power and control among teens, to help them spot the signs and avoid the corrosive effects of abusive relationships. (HUMRE)

OPEN HEART SURGERY- 7739

video color 45 min. 1993 A, Professional

Explains how and why heart valve defects occur and how they are repaired. With the help of a head camera, viewers can look inside a human heart and see in detail how a surgical team replaces malfunctioning heart valves. (FFH)

OPEN MINDS TO BIRTH - 7563

video color 27 min. 2002 A

Presents motivation and instruction through the stories of three women, each of whom learned to expect the unexpected in childbirth. Includes a vaginal birth after cesarean, an unplanned “natural” childbirth and a “reasoned” epidural. (VIDA)

OPENING DOORS: PUBLIC HEALTH NURSING IN ITS 100TH YEAR - 6157

video color 33 min. 1995 SrH-A

Depicts the work of the public health nurses and the enthusiasm they share in performing public health nursing services. (TSMED)

OPERATING FORKLIFTS SAFELY - 7599

video color 20 min. 1998 A

Identifies the three steps that can protect employees from injury: know the equipment and how to handle it; learn all of the related safety procedures; and stay alert and follow driving rules. Explains load center and forklift stability. Demonstrates mounting and parking. Discusses the differences in operating surfaces. (LONGI)

THE OPERATION: CESAREAN SECTION - 7740

video color 45 min. 1993 A

A planned c-section is performed on a woman whose baby is in a breech position. Explains each stage of the operation. Shows actual surgery and delivery of baby. (FFH)

ORAL HYGIENE THE 8 MINUTE SOLUTION - DV0383

DVD color 8 min. 2005 Professional

This DVD will allow nursing staff to identify medical risk factors and high risk groups; assess a patient’s oral health; develop an oral hygiene plan and perform oral care. (ENV)

ORALLONGEVITY - DV0465

DVD color 42 min. 2007 A

This DVD helps patients understand the changes that happen in their aging mouths. Viewers will learn about the relationship between disease and the mouth. Professionals discuss ways to help family members become good oral caregivers to dependent elders. The Texas Department of State Health Services does not endorse any particular product or company. (ADA)

AN ORDINARY RAPE - 5605

video color 28 min. 1993 SrH-A

Using interviews with high school and college students, journalists, criminologists, psychologists, lawyers, police, and physicians, presents many divergent attitudes concerning rape. Also features a young woman who is an actual rape victim. She discusses the effects of rape from the victim’s point of view, and the need to educate others about this violent crime. (FIRST)

ORIENTATION TO WORKPLACE SAFETY - 6947

video color 17 min. 1998 A

Introduces employees to good safety habits and awareness both on and off the job. Explains PPE (personal protective equipment) and the importance of following recommended safety precautions. Shows how problems can result in on-the-job injuries. (ATV)

OSHA LAB STANDARD REFRESHER PROGRAM – DV0624

DVD color 14 min. 2007 A

Viewers will renew their knowledge of OSHA’s regulations regarding chemical hazards in the laboratory. They will also learn about physical and health hazards, common types of hazardous chemicals, and container labels. (TTN)

OSHA RECORD KEEPING FOR EMPLOYEES - DV0088

DVD color 14 min. 2002 Professional

This DVD helps supervisors and employees meet the updated record-keeping requirements of 20 CFR Part 1904. It covers the revisions in the regulations and the use of current forms. Managers and employees will learn why record-keeping is important. They will also learn the importance of the incident review. Applicable requirements for each work environment are explained. The program gives definitions and examples of illnesses and injuries (TTN)

OSTEOARTHRITIS – DV0602

DVD color 30 min. 2008 A

Osteoarthritis, rheumatoid arthritis, or just normal aging? Knowing the difference can affect patient care and quality of living. Experts discuss the science behind the common degenerative disease, prevention and treatments. (AQUARI)

OSTEOARTHRITIS: A VIDEO HOUSE CALL - 5642

video color 30 min. 1991 A

Describes osteoarthritis, its symptoms, complications, and treatment. Provides interviews with six people with osteoarthritis who share their experiences. (FF)

OSTEOPOROSIS AT TIME OF DIAGNOSIS (closed captioned) - 7782

video color 30 min. 1996 A

Describes and illustrates the structure of healthy bone, bone remodeling, and bone loss. Discusses the causes and risks of osteoporosis and how to slow down bone loss with diet and exercise. (TLMED)

OSTEOPOROSIS: DIAGNOSIS, TREATMENT AND PREVENTION - 6914

video color 120 min. 1996 Professional

Teleconference intended for health care professionals and registered dietitians. Consists of several segments presenting the latest information on the epidemiology, life-long prevention strategies for both men and women, osteoporosis specific exercises, the role of diet and supplemental calcium in prevention and approved and emerging technologies in the treatment of osteoporosis. (NYDH)

OSTEOPOROSIS: HOW TO PREVENT OSTEOPOROSIS - 7827

video color 18 min. 2003 A

Produced in cooperation with National Osteoporosis Foundation. Focuses on the description and prevention of osteoporosis. Details essential steps in maintaining healthy bone and includes information on the newest medications, bone density, and steps to prevent falls by those already diagnosed with osteoporosis. (AQUARI)

OSTOMY URINARY DRAINAGE AND CATHETER CARE - DV0079

DVD color 13 min. 2000 Professional

This DVD covers changing an ostomy bag, emptying a urinary drainage bag, providing daily catheter care, including a review of perineal care. (MEDCOM)

AN OUNCE OF PREVENTION: HYPERTENSION; NUTRITION; FOOT CARE; EYES; ORAL HEALTH; KIDNEYS-DIALYSIS**English-5785, Spanish-5795**

video color 82 min. 1991 A, Professional

Explains hypertension, foot and eye care, maintaining good oral health, kidney problems and dialysis in relation to diabetes. (STGEC)

AN OUNCE OF PREVENTION KEEPS THE GERMS AWAY - 6804

video color 30 min. 1998 SrH-A

Explains seven inexpensive steps which can prevent many infectious diseases: (1) wash hands often; (2) routinely clean and disinfect surfaces; (3) handle and prepare food safely; (4) get immunized; (5) use antibiotics appropriately; (6) keep pets healthy; and (7) avoid contact with wild animals. Encourages personal hygiene and personal responsibility to prevent both common ailments like the cold and serious health conditions such as rabies. (CDC)

OUR GENETIC HERITAGE (closed captioned) - 7263

video color 15 min. 1987 A

Overview of genetics, including examples of birth defects resulting from dominant inheritance, recessive inheritance, and X-linked recessive inheritance. Describes genetic counseling. Explains the purpose of amniocentesis and chorionic villus sampling (CVS) in early pregnancy. (MDIME)

OUR OVERWEIGHT KIDS - 6641

video color 28 min. 1997 A

Helps parents learn how to plan a healthy diet for their kids. Shows healthy but fun food choices available from the supermarket. A nutritionist and a pediatrician offer important strategies for promoting a healthy diet. (AQUARI)

OUT OF CONTROL - 5876

video color 25 min. 1995 A, Professional

Features the real-life, personal stories of three individuals—a practicing surgeon, a nurse, and a surgical resident—that demonstrate to health personnel what it means to be out of control with regard to alcohol and drug abuse, and the possible life threatening consequences of this behavior. Provides confidential resources to whom people with these types of problems can turn for help. (ACS)

OUTDOOR SAFETY: CRITTERS AND PLANTS DVD-DV0178, VHS-5140

color 6 min. 1991 A

Wild animals should always be avoided. Some carry rabies, and nearly all will bite. Shows four poisonous snakes found in the U.S. Points out that protective boots or leggings should be worn in areas where snakes may be found. Also discusses safety precautions to take to avoid insect bites or stings. Discusses poisonous plants such as poison ivy, oak, and sumac. (SAFETY)

OVER-THE-COUNTER DRUGS: ADDICTION WITHIN REACH OF THE MEDICINE CABINET - 5813

video color 15 min. 1992 A

Describes the dangers of over-the-counter drug abuse. Various remedies are discussed, including the effects of certain legal, but potentially lethal, ingredients. Cautions against the risky practice of using compound cold medications to relieve symptoms. (ALTSCH)

OVERCOMING STRESS AT WORK

DVD-DV0376, VHS-7585

video color 19 min. 2001 A

Explains the impact of anxiety and stress on the human mind and body. Defines stress and identifies personal stressors. Relays positive techniques to overcome non-positive stress. (KINETI)

OVERCOMING STRESS AT WORK - AC0018

Audio CD 19 min. 2001 A

This program explains the impact of anxiety and stress on the human mind and body. It defines stress and identifies personal stressors. Positive techniques are suggested to overcome non-positive stress. (KINETI)

OVERVIEW: ALZHEIMER'S DISEASE AND RELATED DISEASES - 5587

video color 17 min. 1990 A, Professional

Explains what dementia is, possible causes of Alzheimer's disease. Discusses medical and non-medical treatments for dementia. Outlines the most common dementing illnesses, and defines related terms such as aphasia, apraxia, and agnosia. Describes symptoms of dementia and the changes that will take place as the disease progresses. (TERRA)

OVERVIEW: DELIRIUM AND DEPRESSION - 5588

video color 15 min. 1990 A, Professional

Discusses delirium symptoms and their possible causes. Describes the circumstances when delirium and dementia occur together. Distinguishes between dementia and depression. Discusses depression symptoms and explains that depression and dementia can co-exist. Outlines the steps in assessing Alzheimer's disease and other dementias. Explains that the assessment will help in evaluating whether a person has dementia, delirium, depression, or a combination of these. (TERRA)

OVERWEIGHT AND OBESITY AT TIME OF DIAGNOSIS (closed captioned) - 7729

video color 31 min. 1996 A

Illustrates the development of fat cells in the body. Defines degrees of obesity and explains reasons for weight gain. Stresses the importance of proper nutrition and physical activity for weight loss and management. (TLMED)

OXIDIZERS: IDENTIFICATION, PROPERTIES AND SAFE HANDLING - 5765

video color 54 min. 1994 A, Professional

Defines oxidizers and includes information on: physical form and characteristics; containers in which these materials can be shipped or stored; hazards of the materials and problems if they become contaminated; handling instructions in case of a release or fire; hazards of and handling guidelines for organic peroxides. Laboratory demonstrations and actual incidents are used to illustrate these points. (CHEMM)

PACKAGING OF LIVE SPECIMENS FOR MAILING - 5923

video color 14 min. 1995 A, Professional

Presented to document to the U.S. Postal Service the TDH

Laboratory's testing of routinely used specimen mailing containers as specified by the December 21, 1990, edition of the *Federal Register*. Demonstrates the correct packaging of live specimens for shipping or mailing. (TDHLAB)

PAIN MANAGEMENT - 7153

video color 28 min. 1999 A

Describes what a person might expect when recovering from surgery, dealing with cancer, or coping with chronic pain from back or nerve injuries. Health care staff explain an innovative mind-body approach; electrical stimulators; and the Gate Control theory of pain. (AQUARI)

PAIN MANAGEMENT: THE FIFTH VITAL SIGN - DV0658

DVD color 16 min. 2000 Professional

Viewers will learn how to conduct an initial assessment and regular re-assessment of pain, utilize age-appropriate pain scales, provide patient and family education regarding their roles in pain management and recognize barriers to effective pain management. They will also be able to identify methods of pain control to relieve and prevent pain.

PAP TEST PATIENT EDUCATION VIDEO (English/Spanish) - 6566

video color Eng-6 min., Span-7 min. 1992 SrH-A

Uses a dramatic vignette of a young woman who received a report of an abnormal Pap test to stress the importance of having a regular Pap test and following up with the physician. Shows what occurs during a gynecological exam where a Pap test is taken. (MDA)

THE PAPA PROGRAM: WHAT KIND OF PARENT WILL YOU BE? THINK ABOUT IT! - K-0003

video color 14 min. 1995 JrH-A

PAPA stands for the Attorney General's Paternity/Parenthood Project, designed to teach teenagers about the legal rights and financial responsibilities that come with parenthood. Debunks some commonly held myths concerning paternity and child support. Includes a 14-minute video, transparencies, and sourcebook. (OAG)

PARENT, IT'S UP TO YOU (rev.) (English/Spanish) - 6640

video color 31 min. 1997 SrH-A

Designed for the classroom teacher to use in conjunction with the *Parent, It's Up to You* oral health manual written for Texas schools' PEP Programs. The major goal of this educational program is to provide knowledge and to teach skills that will enhance personal hygiene and overall self-esteem. The dental curriculum consists of three lessons: one each for pregnant mothers, parents of infants, and parents of preschoolers. The video contains three films that cover topics on baby bottle tooth decay, dental care for infants (*Looking to Keep Decay Away* English/Spanish- VC-6304), and dental care for preschoolers (*Healthy Teeth: A Guide for Parents of Preschoolers* - VC-5253- English and VC-6021- Spanish). The goal of the program is to ensure better dental health for teenage parents and their children. (DENTAL)

PARENTING PRESCHOOLERS - 4345

video color 58 min. 1989 JrH-A

Explains how parents can effectively handle rivalry and temper tantrums in preschoolers. Covers public behavior, self-esteem development, meal time, toy management, bedtime, and feelings. Provides special advice for single parents and dual career families. Divided into chapters so that it may be easily viewed in shorter segments. (FAM)

PARENTS, KIDS AND BOOKS - 6112

video color 25 min. 1993 A

Shows parents reading to their children and interviews those parents regarding these close times. Demonstrates useful skills and techniques for parents and WIC staff which will make children's reading classes more effective. (KERA)

PARENT'S GUIDE TO NEWBORN SCREENING (English/Spanish) - DV0451

DVD color Eng 6 min., Span 5 min. 2006 A

This DVD explains what newborn screening is, its purpose, the test procedure, and what parents need to do if retesting is necessary. (MDIME)

THE PARENT'S LICENSE - 4960

video color 16 min. 1991 JrH-A

Suggests that one should have to pass a parent's license test in order to become a parent. Discusses the realities of raising healthy children and challenges viewers to ask themselves if they would be qualified to pass the toughest of all—the parent's license test. (PYR)

PARTNERS OF THE HEART (closed captioned) - 7912

video color 60 min. 2003 A

This program tells the story of Vivien Thomas and Dr. Alfred Blalock, whose discoveries at Johns Hopkins University saved the lives of thousands of "blue babies", children born with a deadly heart defect. The men's success ushered in a new era of cardiac medicine and led to the development of modern heart surgery. With only a high school degree and at a time when his color barred him from being treated in many hospitals, Thomas' 34 year partnership with Dr. Blalock is an overlooked story of personal triumph. This film is narrated by Morgan Freeman. (PBS)

PATIENT AND RESIDENT RIGHTS AND COMMUNICATION - DV0306

DVD color 102 min. 2006 Professional

This program discusses the sender receiver model of communication. Tactics to enhance communication between residents and nursing assistants are recommended. Proper reporting and recording procedures are detailed. The narrator explains The OBRA act and the HIPAA act. (LIPP)

PATIENT CONFIDENTIALITY: IT'S EVERYBODY'S JOB, NOT EVERYBODY'S BUSINESS (closed captioned) - 6227

video color 24 min. 1995 A, Professional

Explains the responsibility of all health care workers to protect

patients' confidentiality. Provides guidelines for professional conduct and discusses the rights and responsibilities of patients. (COASTAL)

PATIENT LIFTING SAFE STRATEGIES - DV0466

DVD color 16 min. 2008 Professional

This DVD teaches how to transfer and reposition residents safely, along with information on some of the patient handling equipment and repositioning aids that must be used. Viewers learn the basics of good body mechanics. Extras include a leader's guide, a quiz, and a customizable PowerPoint® presentation (DVD-ROM drive required for PowerPoint). (COASTAL)

PATIENT RIGHTS: KEEP THEM IN FOCUS (closed captioned) -

DVD-DV0480, VHS-7305

video/DVD color 24 min. 1997 Professional

Intended for health care workers. Discusses the importance of protecting patients' rights. Describes the Patient's Bill of Rights, which include the right to make informed decisions, to participate in all aspects of health care, impartial access to care, to make an advance directive, and to know the rights and responsibilities in receiving care. Advises health care workers in appropriate responses when a patient feels their rights are not respected. (COASTAL)

"PEARLS" OF DYSMORPHOLOGY - 7264

video color 90 min. 1998 A, Professional

Intended to identify and demonstrate certain individual clinical features called "pearls" which can be highly suggestive of a specific dysmorphic syndrome. These are diagnostic "pearls" because their presence immediately leads to a diagnosis or a much abbreviated list of diagnostic possibilities. Most are anomalies, but there are also deformations and disruptions. (UK)

PEDIATRIC FIRST AID: FOR CAREGIVERS AND TEACHERS - DV0518

DVD color 25 min. 2005 A

This DVD demonstrates what caregivers and teachers need to know when a child is injured or becomes suddenly and severely ill. Bystanders are encouraged to do a scene survey by using the hands off ABCs method and the Hands-On ABCDEs. A playground incident and a choking incident are dramatized. (AAP)

PEDIATRIC TUBERCULOSIS: A VIDEO GUIDE TO DIAGNOSIS AND TREATMENT - 7387

video color 37 min. 2001 Professional

Describes the process for evaluating a child for possible active tuberculosis. Illustrates the two most common abnormalities on a chest radiography that may indicate the presence of TB disease in a child. Describes the steps involved in collecting a gastric aspirate specimen from a child. Shows the ways to administer TB medication to infants and children. Demonstrates the educational points to discuss with parents of children with TB disease or infection. (CURRY)

PEDIATRIC TUBERCULOSIS: AN AUDIOTAPE FOR CLINICIANS - T-0391

audiocassette 49 min. 2000 Professional

Gives the risk factors for tuberculosis exposure that should be explored when children are screened for tuberculosis. Lists the procedures for evaluating a young child exposed to an adult with contagious TB. Describes the steps for proper placement and interpretation of the tuberculin skin test. Explains the current recommendations for treatment of latent TB infection and active TB disease. (CURRY)

PEEGE - 4175

video color 28 min. 1973 JrH-A, Professional

A Christmas visit to a blind, stroke-crippled grandmother in a nursing home evolves into a touching document of love. Conveys with sensitivity what it means to grow old and handicapped. Recommended for children of aging parents and for anyone who works with the elderly. (PHOENX)

THE PEER COUNSELOR: A LOVING LINK IN A CARING TEAM - 6837

video color 13 min. 1998 A

Peer counselors and WIC clients describe their experiences in the peer counselor program. Trained peer counselors support the WIC client and provide a link to additional information available from lactation service personnel, medical professionals and social services. (WIC)

PELVIC EXAMINATION: BASIC SKILLS - 5436

video color 10 min. 1993 Professional

Provides medical students with the basic steps of a normal pelvic examination and Pap smear. Reviews the pelvic anatomy using magnetic resonance images, and addresses some of the human issues to keep in mind while performing a pelvic examination. Stresses the importance of combining clinical and interpersonal skills to maintain the dignity of the patient throughout the exam. Explains how to obtain a gynecological history, covers techniques in the exam itself and how to conduct the exit interview. (POEP)

PEOPLE-FIRST LANGUAGE (open captioned) - 6894

video color 22 min. 1999 A, Professional

Presents the critical component of the American with Disabilities Act of 1990 which is people-first language. Endeavors to sensitize people to the preferred terminology and seeks to eliminate language which stereotypes and devalues. Emphasizes that language should be used to tell what a person HAS, not what a person IS. People-first language refers to the individual first and the disability second. (TPCDD)

PEOPLE LIKE US: PERITONEAL DIALYSIS -- CHOOSING A TREATMENT THAT'S RIGHT FOR YOU - 5449

video color 18 min. 1992 JrH-A

Introduces peritoneal dialysis as a treatment choice for kidney disease. Explains the role of the health care team at the hospital and dialysis center. Emphasizes the importance of the patient's role in their own care. (NKF)

PEOPLE WITH DIABETES CAN ENJOY HEALTHIER LIVES - 5687

video color 15 min. 1994 SrH-A

Shows that if diabetes patients keep their blood sugar level as near normal as possible, their risk for long-term eye, kidney, and nerve complications may be reduced. The Texas Department of State Health Services does not endorse any particular product or company. (LILLY)

PEPTIC ULCERS (Spanish) - 6705

video color 13 min. 1994 A

Defines peptic ulcers, including how genetics and lifestyle may contribute to their formation. Shows diagnosis and available treatments as well as medical complications. Stresses a healthy lifestyle to prevent the onset and promote healing of peptic ulcers. (ALTSCH)

PERIPHERAL ARTERY DISEASE: STAYING ON YOUR FEET - DV0371

DVD color 28 min. 2003 A

When it comes to clogged arteries, the legs are no safer than the heart. This program raises awareness of peripheral artery disease (PAD), a very dangerous and often misdiagnosed vascular ailment. Doctors explain the physiology of the disease and identify its most common risk factors, symptoms, diagnostic testing, and methods of treatment. They also stress the crucial need for early detection. The Texas Department of State Health Services does not endorse any particular brand or product. (FFH)

PERSONAL AND PROTECTIVE EQUIPMENT AWARENESS AND ATTITUDE - DV0321

DVD color 10 min. 1997 A

This program covers the basics of personal protective equipment (PPE). The importance of hearing protection with ear plugs or headphones is reviewed. Viewers learn about selecting the specific glove called for by a specific task. Different kinds of dust masks are shown. The importance of proper hats and shoes is emphasized. (WUMBUS)

PERSONAL CARE - DV0565

DVD color 21 min. 2008 Professional

This program covers cleaning and trimming nails, shaving the beard, assisting with hair and make-up, dressing, and dressing when an I.V. catheter is in place. (MEDCOM)

PERSONAL PROTECTIVE EQUIPMENT - 5878

video color 19 min. 1995 A, Professional

Explains the necessity and variety of personal protective equipment for the head, hearing, eye and face, respiratory, hand and arm, leg, skin, trunk and abdomen, and whole-body protection. Explains the proper use of each and when it is necessary to use this equipment. (SC)

PERSONAL PROTECTIVE EQUIPMENT (HEALTH CARE) - 7930

video color 24 min. 2004 Professional

This video provides information on the selection and use of

personal protective equipment (PPE) in healthcare settings. Healthcare workers will learn how to identify the appropriate circumstances for which each type of PPE is indicated. They will also learn safe practices that should be followed when using PPE and correctly demonstrate how to don and remove PPE. Proper handwashing is also covered. (PHF)

PERSONAL PROTECTIVE EQUIPMENT IT'S YOUR CALL - DV0395

DVD color 10 min. 2000 A

This program combines instruction and a real life story to convey how Personal Protective Equipment (PPE) protects workers and what the consequences are if the recommended PPE is not worn. All required training is covered and the full range of PPE (head, eye, ear, hand, foot) is shown in many job settings. (TTN)

PERSONAL PROTECTIVE EQUIPMENT: A REFRESHER PROGRAM – DV0637

DVD color 17 min. 2006 A

This DVD will refresh employees' knowledge of OSHA's PPE regulation to reinforce mindfulness of hazards in work areas, familiarity with PPE available, and how to select the appropriate equipment for the job. (TTN)

PERSONAL SAFETY: MUGGINGS AND CARJACKINGS - DV0024

DVD color 20 min. 2003 SrH, A

Two law enforcement officers present practical strategies that help people take control of their own safety – on the street, in a parking lot, in a vehicle. The simple techniques shown will increase awareness and confidence, help to avoid attacks, and to survive the incident if accosted. (DISCOV)

PHYSICAL ASSESSMENT OF A CHILD - 9000

video color 33 min. 1982 A, Professional

A head-to-toe physical exam of a young child is demonstrated. The four basic techniques of inspection, palpation, percussion, and auscultation are covered, in addition to detailed examinations of the head and neck, the respiratory system, the cardiovascular system, the abdomen, the musculoskeletal system, and the nervous system. Also shows how to establish trust and positive rapport with a child. This is one component of an on-going continuing education program. For further information, contact the Texas Department of Health, Bureau of Children's Health, phone: (512) 458-7700. (AMJRN)

PHYSICAL THERAPY - 6192

video color 25 min. 1994 A, Professional

Discusses body mechanics, proper applications of heat and cold, massage therapy, therapeutic exercises. Explains how to transfer a patient to and from a wheelchair. Demonstrates the proper use of crutches, a walker, and a cane. (MLIFE)

PHYSICAL THERAPY ASSISTANT AND AIDE (closed captioned) - DV0361

DVD color 20 min. 2007 SrH-A

This program profiles the jobs of physical therapy assistant and aide, detailing their responsibilities, essential skills, and

differences. The DVD explores the duties the assistant and aide must perform and the skill sets they must possess. Educational requirements are also addressed. (MEC)

THE PHYSICIAN WITHIN: MOVING FORWARD THROUGH CHALLENGE - 6967

video color 28 min. 1993 SrH-A

Discusses how a person can live with a chronic disease without interrupting their pursuit of a fulfilling life. As in the book, Cathy Feste shares her personal and professional perspectives to provide insight into how an individual can learn to move forward through challenge. Shows practical applications of the concepts of coping, support, and hope. Discusses self-image, motivation, adaptability, stress management, problem solving, and more. (HUMED)

THE PHYSICIAN'S ROLE IN MOLDY BUILDING ISSUES - 7384

video color 360 min. 2001 Professional

Teleconference presented September 7, 2001. A series of speakers provide information on the health effects of fungi, especially indoor molds, including the allergic response, controversies related to stachybotrys species, and interpretation of air sampling results. (UTTYL)

PLAY AND DISCOVER WITH DIGGER AND SPLAT: WHAT WE EAT - 6272

video color 15 min. 1996 K-P

Uses puppets, animation, and live action to explain the parts of the food pyramid. Shows scenes of different fruits and vegetables in the fields and other foods in the market. (ALTSCH)

PLAY IT SAFE - 5354

video color 12 min. 1988 EI

Shows children at play in a variety of situations—in their own yards, in busy streets, on the playground and in a pool. Challenges young viewers to examine the play scenes closely and discover the potential and actual dangers that hide amid the fun. (MEDGLD)

PLAY - MODULE #21 - 5802

video color 29 min. 1992 A

Explains the importance of play in children's lives from infancy to middle childhood and the significance of play to all areas of development. Also explores the content and social dimensions of play and the role of adults in enhancing play. (FIDEAS)

PLAYING IT SAFE - DV0099

DVD color 30 min. 2006 SrH

This program covers the prevention of injuries and infection. Sports injuries, driving accidents and the risk of using Internet chat rooms are explored. Viewers are cautioned about the risk of infection posed by everyday activities. They are urged to protect themselves by using common sense. Common sense measures include the proper use of any contact lenses, hand washing, getting vaccinated against disease and keeping

athletic equipment and exercise areas clean. Viewers are shown the dangers of body piercing. A teenager who suffered from meningitis and another teenager who had an infection caused by *E. coli* bacteria are briefly profiled. (DISCOV)

PLEASE DON'T SMOKE AROUND ME - 7269

video color 7 min. 1999 A

Addressed to new parents, focuses on medical problems caused by secondhand smoke and how to reduce a child's exposure. Features interviews with new mothers and physicians. (TECC)

PNEUMOCOCCUS AND EAR INFECTIONS IN CHILDREN - 6406

video color 18 min. 1996 A, Professional

Explains the seriousness of an untreated pneumococcal ear infection in children. Pediatric specialists explain what pneumococcus is, who is at risk to contract it, what the symptoms are, and how the five-day treatment course compares with the traditional ten-day treatment for ear infections caused by pneumococcus. (FFH)

PNEUMONIA: ALL YOU NEED TO KNOW - 6732

video color 20 min. 1997 A

Examines the causes, treatments, and prevention of pneumonia. Discusses the recent discovery of more virulent strains precipitated by bacteria, viruses, mycoplasmas, parasites, and fungi. Describes treatments such as a variety of antibiotics, antibacterial vaccine, and intravenous drugs. Health care professionals and day care and nursing home workers are provided with specific cautions on how to protect those in their care from contracting pneumonia. (FFH)

POINTLESS POLLUTION: AMERICA'S WATER CRISIS - 4271

video color 28 min. 1989 JrH-A

Discusses the problem of nonpoint source water pollution which occurs when rain water carries soil, chemicals and trash off of the land into rivers and lakes and into the ground water. Examines four areas of the U.S.: Chesapeake Bay, Tennessee Valley, southern Minnesota and central Texas, to see the problems created by runoff pollution and to offer potential solutions. Narrated by Walter Cronkite. (LCRA)

POISONALITY - 4882

video color 18 min. 1991 P-EI

Role-playing adults demonstrate for children what should be done if they see a person or pet eat something that might be poisonous. Increases children's awareness of the dangers of poisons. (MEDINC)

POISONING YOUR CHILDREN: THE PERILS OF SECONDHAND SMOKE - 5842

video color 12 min. 1993 A, Professional

Shows the importance of not smoking around children. Presents disturbing statistics on the harmful effects of secondhand smoke on children. (AAO)

POISONOUS PLANTS - 4306

video color 12 min. 1989 JrH-A

Reveals the dangers of common plants that may be encountered at home or outdoors. Covers the poisonous characteristics of seasonal plants, landscape plants, and houseplants; mushrooms, nuts, and berries; poison oak and poison ivy; and dangerous parts of foods such as potato sprouts. (AIMS)

PLEASE HELP ME FEED MY BABY (English/Spanish) (open captioned) - DV0378

DVD color Eng. -7 min. Span. -7 min 2008 A

Treceia Taylor relates the true story of how she was trapped at home during hurricane Rita with a new baby and no infant formula. She had no clue how to breastfeed. Viewers watch how Treceia overcame a personal aversion to breastfeeding only to fall in love with the act of nursing. She continued to breastfeed her infant for months. (WIC)

POISONOUS SNAKES, U.S.A. - 4174

video color 17 min. 1986 JrH-A

Depicts poisonous snakes in the continental United States and explains how to recognize their habitats, precautions to take to prevent snakebites, how to identify poisonous snakes, and steps to take in case of snakebite. (BE)

POISONS ALL AROUND US (2nd ed.) - 6433

video color 14 min. 1997 P - A

Alerts viewers to poisonous substances found around the home and in nature, including common items not generally thought of as poisons. Empowers viewers to handle poison emergencies with basic instructions and the use of the local Poison Control Center resources. Provides powerful incentives and easy techniques to reduce risk by "poison-proofing" one's home. (HIGGIN)

POISONS: IDENTIFICATION, TOXICITY, AND SAFE HANDLING - 5766

video color 55 min. 1990 A, Professional

Defines poisons and includes information on: toxicological terms and how they relate to the emergency scene; physical form and characteristics of different poisons; containers in which these materials are shipped or stored; placarding and labeling requirements; and handling instructions in case of a release or fire. (CHEMM)

POOH'S GREAT SCHOOL BUS ADVENTURE - 5101

video color 14 min. 1986 P-EI

Explains the safety steps for waiting on, boarding, riding in, and unloading a school bus and crossing the street. Features Pooh and Piglet as well as other characters from *Winnie the Pooh*. Includes an audio song cassette, instructor's manual and student resource packet. (DISNEY)

PORTRAIT OF PROMISE: PREVENTING SHAKEN BABY SYNDROME - 6876

video color 11 min. 1995 SrH-A

Describes how shaking a baby can damage the baby's brain and inflict long term damage. Provides tips in coping with a crying baby. (MCRC)

POSTPARTUM: CARING FOR YOURSELF AFTER DELIVERY - DV0206

DVD color 16 min. 2003 SrH-A

Giving birth can be an event of great joy and satisfaction for a mother; yet, new mothers may be concerned and confused by a variety of after pains and physical processes they experience as the body cleanses and heals itself. The postpartum program provides straightforward answers to many questions regarding the natural, biological processes that occur following childbirth. It provides practical guidance for physical and emotional self-care during this period of intense change. (AIMS)

POSTPARTUM FROM PREGNANT TO PARENT

English DVD-DV0238, Spanish VHS-7887

color 36 min. 2005 SrH-A

This video explores the changes in the lives of new parents. New parents may feel positive emotions like elation but also negative ones like frustration and anxiety. Mothers may be experiencing the baby blues or postpartum depression. The arrival of a new baby often puts a strain on the relationship between the mother and father. Couples are given tips on how to improve their relationship during this difficult time. New parents are given advice about where to go for help if they need it and how to take advantage of offers of help from friends and family. Tips are also provided about taking care of a baby and working outside the home. (INJOY)

POWER AND HAND TOOL SAFETY

English-5498, Spanish-5499

video color 21 min. 1987 A

Demonstrates proper methods of selection, inspection and use of hand tools and portable power tools, both on the job and at home. The importance of exercising judgment and control before, during, and after the job is emphasized. (TELA)

POWER OF CONFLICT RESOLUTION

DVD-DV0153, VHS-7880

color 16 min. 2005 JrH-SrH

This program shows students that they have the power to resolve conflicts peacefully by learning about and understanding their communication styles. (SUNBURS)

THE POWER OF WATER - 5612

video color 17 min. 1992 SrH-A

Provides safety tips for drivers during flooding conditions. Takes place in the desert in Arizona; shows how quickly flash floods can occur. Shows several reasons why drivers will risk their safety to defy warning signs and barricades for areas subject to flooding. Explains that night driving is particularly dangerous and that rescuers are also at risk when performing rescue operations. Shows the power of the water and why it is imprudent to ignore warnings. (ASU)

POWER SURGE: DEPRESSION - 7319

video color 16 min. 1999 JrH-SrH

Teens and counselors talk about the symptoms of depression and the ways it is acted out in many people. Advises teens to see a physician since depression may have a physiological

source from hormone imbalance during adolescence. Provides options for teens to overcome feelings of depression. (BARY)

POWER SURGE: TOBACCO (closed captioned) - 6333

video color 16 min. 1995 JrH-SrH

Interviews teens, some of whom smoke or "dip." They tell of their experiences with starting the habit and the difficulty in quitting. Shows a smoker's lung, brown with tar, with an embedded tumor. The son of J. R. Reynolds, Patrick Reynolds, tells his story of losing his father to emphysema caused by smoking. The overriding message is that the best way to quit smoking is not to start. (MEDIAT)

PPE IT'S YOUR CALL - 7859

video color 10 min. 2000 A

This video effectively combines instruction and a motivating real life story to convey how Personal Protective Equipment (PPE) protects workers and what the consequences are if the recommended PPE is not worn. All required training is covered and the full range of PPE (head, eye, ear, hand, foot) is shown in many job settings. (TTN)

PRECIOUS CHANCE (English) - 5429

video color 17 min. 1992 A

A looped video, repeated throughout tape, which outlines the immunizations children need to protect them from crippling and deadly diseases. Explains the symptoms and dangers of each of these diseases, the aftereffects of the vaccines and the contraindications. Explains when to delay getting the vaccines, and the importance of a complete medical history for the child including any allergic reactions the child may have had. Includes DTP (diphtheria, tetanus, pertussis); Polio, MMR (measles, mumps and rubella), HIB (bacterial meningitis), HBV (hepatitis B). (SRC)

PREEMIES, THE FIGHT FOR LIFE - 7540

video color 50 min. 1999 SrH-A

Follows two families and two premature infants enduring the struggle for survival. Shows the dedication of health care professionals in the neonatal unit. (DISCOV)

PREGNANCY AT TIME OF DIAGNOSIS - 7726

video color 32 min. 1996 A

Explains the changes in a woman's body in early pregnancy; graphically illustrates fertilization, embryonic development, and the role of the placenta. Stresses the importance of having prenatal care from a doctor or licensed midwife and explains common tests done in early pregnancy. Urges women to have good nutrition and to avoid dangerous substances such as cat litter and raw meat. Urges women to ask their healthcare provider questions. (TLMED)

PREGNANCY FOR DUMMIES - DV0207

DVD color 180 min. 2002 A

Drs. Joanne Stone and Keith Eddleman of Mt. Sinai Hospital, coauthors of the best-selling book *Pregnancy for Dummies*, host this DVD that demystifies the process of pregnancy by answering the many questions an expectant couple may have. The program uses graphics and humor to guide new parents

through the exciting and emotional months from pregnancy to delivery to the first few months of life. This video introduces real-life couples experiencing the challenges and rewards of pregnancy. Accompany them on doctor's visits, shopping trips, and first outings with their new babies to see the joy of pregnancy and parenting through their eyes. (WELLS)

PREGNANT AND GROWING: NUTRITION DURING PREGNANCY (English/Spanish) - 7451

video color Eng-13 min., Span- 13 min. 1998 SrH-A
Three young women share their thoughts on eating well, meal planning, calcium intake, weight gain, and the role that good nutritional habits play in the health of their babies. (ALTSC)

PREMIE DEVELOPMENT - 5571

video color 14 min. 1991 A
Provides an overview of premie development: behavioral states, physiologic and motor responses and attentional reactions. (POLYM)

PRENATAL CARE ORIENTATION - 7257

video color 8 min. approx. 1990 SrH-A
Brief overview of good prenatal care, including good nutrition, exercise, plenty of sleep, and early medical care. Cautions against the use of alcohol, tobacco, and drugs during pregnancy. Briefly describes fetal alcohol syndrome (FAS). Describes warning signs and when to call a physician. (INFOTR)

PRENATAL DIAGNOSIS - 7258

video color 17 min. 1993 A
Intended to give patients background on six prenatal tests. Gives an overview of each procedure and highlights the risks, limitations and indications. Tests include: maternal serum alpha-fetoprotein; triple screen; prenatal ultrasound; amniocentesis; chorionic villus sampling; and percutaneous umbilical blood sampling. Includes interviews with individuals and couples who have undergone prenatal diagnosis. (UNMC)

PRENATAL EFFECTS OF ALCOHOL - 7183

video color 14 min. 1997 SrH-A
Describes the symptoms of fetal alcohol syndrome (FAS) and fetal alcohol effect (FAE). Identifies typical behaviors and development of the child afflicted with either condition. Provides coping strategies for the caregiver. (SWT)

PREPARATION FOR A BSE (BOVINE SPONGIFORM ENCEPHALOPATHY) EMERGENCY (closed captioned) - 7429

video color 132 min. 2001 Professional
Teleconference presented November 7, 2001. Bovine Spongiform Encephalopathy (BSE), known as "mad cow disease," is a transmissible, slowly progressive, fatal, degenerative disease affecting the central nervous system of adult cattle. Representatives from the Food and Drug Administration (FDA) explain the significance and global nature of the BSE problem and identify the FDA BSE Contingency Plan. Discusses preventive measures in place and procedures to follow in the event of a BSE problem in the U.S.

(CFSAN)

PREPARED CHILDBIRTH - 5135

video color 15 min. 1989 A
Acquaints expectant mothers and their coaches with the prepared childbirth experience. As a real life couple is followed through their Lamaze preparation, the value of prenatal classes is emphasized and specific relaxation techniques are demonstrated. Shows the couple's actual labor and delivery experience. (MILNER)

PREPAREDNESS IN THE SCHOOL SETTING FOR FIRST RESPONDERS - 7680

video color 210 min. 2003 A, Professional
Teleconference presented April 24, 2003. Intended for school administrators, nurses, and staff responsible for responding to school emergencies. Prepares first responders to be part of statewide and local response teams in the event of a terrorist event. Reviews state plans such as the Ready Nurse Alert system. (TETN)

PREPARING AND GIVING AN INSULIN INJECTION - 6980

video color 7 min. 1995 SrH-A
Gives background information on insulin and provides step-by-step instructions on how to prepare and inject it. (LILLY)

PREPARING FOR THE RETURN OF SARS: ARE WE READY? PART 1 (closed captioned) - 7715

video color 112 min. 2003 Professional
Satellite broadcast Sept. 23, 2003. Provides updated information required to identify and manage patients with SARS, and to prevent transmission of SARS in healthcare facilities and the community. Focus is on infection control in healthcare facilities, and legal challenges of quarantine and isolation. (CDC)

PREPARING FOR THE RETURN OF SARS: ARE WE READY? PART 2 (closed captioned) - 7716

video color 114 min. 2003 Professional
Satellite broadcast Sept. 30, 2003. Provides updated information required to identify and manage patients with SARS. Focus is on basic diagnosis and patient management; what is new in SARS laboratory diagnostics; and how to prepare the clinician for early recognition and diagnosis. (CDC)

PREPARING FOR WEST NILE VIRUS: WILL YOUR COMMUNITY BE NEXT? - 7333

video color 65 min. 2001 A, Professional
A national satellite broadcast designed to increase awareness of West Nile virus and promote a national dialogue among public health leaders and professionals on vector-borne diseases and the strategic response necessary to minimize their impact on human and environmental health. Discusses prevention of mosquito-borne viruses; surveillance, prevention, and control of West Nile encephalitis; and the epidemiology and ecology of the West Nile virus. (PHGR)

PREPARING HOME AND FAMILY FOR UNEXPECTED EMERGENCIES - 7646

video color 47 min. 2002 A, Professional
Teleconference presented May 23, 2002 and intended for public health officials and those with public health preparedness responsibilities. Focuses on unexpected emergencies whether natural disasters or man-made emergencies including terrorism, fires, snowstorms and flooding. Emphasizes the ways public health officials can advise families to be proactive in preparing to meet their basic needs during emergency situations. (ICPHP)

PREPARING TEXAS FOR A SAFER TOMORROW (English/Spanish) (closed captioned) DVD-DV0220, VHS-7895

color Eng-8 min., Span-10 min. 2006 A
This video, hosted by news reporter Ron Oliveira, examines the potential for disease outbreaks and disasters and discusses how people can prepare. From the basics such as washing hands to more specific tasks such as making an emergency supply box in case of a disaster, this video outlines simple things people can do to stay safe. It provides detailed instructions on how to prepare for an emergency evacuation. (DSHS)

PRESSURE SORES TIPS FOR THE GNA - DV0419

DVD color 20 min. 2005 Professional
This program defines the phrase pressure sore and explains what puts a resident at risk for developing pressure sores. Geriatric Nursing Assistants will learn about the stages of pressure sores and how to prevent them. Clinical vignettes include bedside examination of pressure sores and management strategies. (UMSM)

PRESSURE ULCERS – DV0548

DVD color 28 min. 2007 A
Professionals analyze pressure ulcer formation, prevention, and treatment among people with paraplegia, diabetes, and people who are unable to leave their beds. SofPulse electromagnetic field therapy is given special attention in non-healing wound repair. (PDA)

PREVENCION DE INCENDIOS (Spanish) - 7925

video color 29 min. 2002 A-Prof
This is the Spanish language version of Fire Safety (DV0364) This program will show how to reduce the chances of a fire starting in the home. The topics covered include smoke alarms, fire extinguishers, smoking safety, fire safety in the bedroom, fire safety in the kitchen, appliance safety, and how to leave a burning building. (HAC)

PREVENTING CONTAMINATION IN THE LABORATORY - DV0678

DVD 11 min. 2010 Prof
This program on preventing contamination emphasizes the need to recognize situations that could lead to contamination, and discusses what can be done to prevent contamination from occurring. Topics covered in this program include how contamination occurs, general preventative measures, engineering controls, safe work practices, and personal

protective equipment.

PREVENTING DISEASE TRANSMISSION (closed captioned)

English-6190, Spanish-6191

video color 20 min. 1993 A, Professional
Explains how infections occur and how to prevent disease transmission. Discusses employer's exposure control plan and emergency and follow-up procedures. (MLIFE)

PREVENTING ELDER ABUSE - 5419

video color 26 min. 1992 SrH-A
Increases awareness of elder abuse and possible signs or symptoms of it. Stresses that only a small percentage of cases are reported. Provides information on when and how to report elder abuse. Discusses physical, sexual, psychological, and financial abuse elders experience and cases of criminal neglect. Covers selection of long term care facilities and evaluation of care after admittance. (KINETI)

PREVENTING EXPOSURE TO BLOODBORNE PATHOGENS - DV0396

DVD color 8 min. 2001 A
This program is intended for industrial, office and other non-healthcare workers. It covers the exposure control plan and how bloodborne pathogens are transmitted. Specific safety precautions that should be taken to prevent contact with contaminated items are explained. Viewers will also learn how to respond to possible exposure situations. (TTN)

PREVENTING HEALTH CARE ASSOCIATED INFECTIONS - DV0245

DVD color 32 min. 2003 Professional
This program defines and discusses nosocomial infections and provides guidance on what can be done to prevent them. The history of health care-acquired infections and proper hand washing techniques are discussed. Precautions against transmission-based infections, including airborne, droplet and contact transmission are detailed. Examples of superbugs discussed in the program are vancomycin-resistant Enterococci, methicillin-resistant Staphylococcus aureus, Salmonella typhimurium, and Streptococcus pyogenes. (MEDCOM)

PREVENTING LONG TERM COMPLICATIONS OF DIABETES - DV0256

DVD color 18 min. 2006 A
This DVD explains that over time having too much glucose in the blood can cause damage to both large and small blood vessels, leading to complications like atherosclerosis, heart disease, kidney disease, eye disease and neuropathy. The program helps people with diabetes learn that by following a self-management plan they can minimize or even prevent these long term complications. It outlines a management plan that includes education, healthy eating, physical activity, medications, self-monitoring and the A1C test. The program covers other factors that lead to complications and the signs of complications. Viewers will learn how to regularly check for those signs. (MILNER)

PREVENTING MSDs (closed captioned) - 7625

video color 5 min. 1990 A
Defines muscular skeletal disorders (MSDs). Describes preventative measures workers can take to avoid repetitive motion injuries. (SUMMIT)

PREVENTING PATIENT FALLS IN THE HEALTH CARE FACILITY - 5425

video color 18 min. 1986 A, Professional
Explains how hospital workers can help prevent patient falls. (FGH)

PREVENTING RESIDENT FALLS IN LONG TERM CARE (English/Spanish) (closed captioned) - DV0062

DVD color Eng-16 min., Span-16 min. 2003 A
Falls are the cause of 40 percent of all nursing home admissions. This program will take a look at some of the assessment tools and protective strategies that can be used to take the guesswork out of fall prevention. It covers the importance of conducting falls assessments, the 3 types of falls, and preventing falls. Extras include a leader's guide, a quiz, and a customizable PowerPoint® presentation (DVD-ROM drive required for PowerPoint). (COASTAL)

PREVENTING SKIN CANCER - DV0104

DVD color 24 min. 2004 SrH
Some still believe a tan symbolizes good health. This DVD makes viewers aware of the negative effects of exposing skin to ultraviolet rays. Viewers will learn about the various kinds of skin cancer and see how they can protect themselves from cancer. (EVN)

PREVENTING SPREAD OF SEVERE ACUTE RESPIRATORY SYNDROME (SARS) (closed captioned) - 7681

video color 81 min. 2003 Professional
Teleconference presented globally on April 4, 2003. Sponsored by the World Health Organization (WHO) and Centers for Disease Control (CDC). Provides information on Severe Acute Respiratory Syndrome (SARS) reported in patients in Asia, North America, and Europe. Latest findings and guidance to prevent transmission are discussed by representatives from WHO, CDC, and several affected countries. (CDC)

PREVENTING UNSAFE WANDERING AND ELOPEMENT - DV0078

DVD color 27 min. 2004 Professional
This course is designed to provide caregivers in the long term care setting with an overview of the skills necessary to prevent residents from participating in behaviors that can lead to unsafe wandering. This includes how to provide accurate assessment of residents in their care, intervene when unsafe wandering is recognized, and what to do if a resident wanders away from his/her room or facility. (MEDCOM)

PREVENTION OF EYE DAMAGE - 6873

video color 23 min. 1997 A
Describes how the eye works. Demonstrates how accidents can occur both at work and at home and the need to identify the

existence of eye hazards. Explains how to assess the hazard and choose the correct eye protection. Shows what to do in the event of an emergency. (VOCAM)

PRIVACY AND SECURITY: THE NEW HIPAA RULE - DV0657

DVD color 15 min. 2008 Professional
This DVD reviews the main points of existing and new regulations and identifies who must comply with them. It discusses the legalities and their everyday application in healthcare and defines Protected Health Information (PHI). It identifies strategies for compliance. It also highlights the many patient rights under HIPAA.

PRIVATE VIOLENCE, PUBLIC CRISIS: DOMESTIC VIOLENCE (closed captioned) - 5102

video color 17 min. 1989 A, Professional
Profiles a 32-year-old former batterer who describes the violence he experienced growing up, and his violent behavior toward women as an adult. Illustrates how a treatment center for violent men has helped put an end to his abusive behavior. Teaches that domestic violence includes a continuum of abusive behavior ranging from verbal and psychological abuse to murder and that men should be held accountable for their violence. (CORONE)

PROFESSIONAL BEHAVIOR IN HEALTHCARE PROFESSIONS: EFFECTIVE COMMUNICATION WITH PATIENTS (closed captioned) - DV0692

DVD 23 min 2007 Professional
This program shows how to establish therapeutic relationships and how to interview and assess patients. It also examines communication issues associated with specific patient groups, discusses Erikson's Stages of Life theory, considers communication with patients in pain or at the end of life, covers cultural and religious issues that affect communication, and introduces the phases of the nurse-patient relationship.

PROMOTING HYGIENE - 7052

video color 19 min. 1996 A, Professional
Covers the nursing skills involved in promoting hygiene and includes step-by-step procedures for providing hair care, shaving, oral care, and foot and nail care as well as documentation tips and safety issues for these procedures. The information is not complete regarding nail care for the diabetic patient. (LIPP)

PROSTATE CANCER (TimeLife) - 6290

video color 30 min. 1996 A
Explains the tests for the diagnosis of prostate cancer. Shows how the cancer progresses if left untreated. Gives options regarding the treatment of the condition. (TLMED)

PROSTATE CANCER: A JOURNEY OF HOPE - 6911

video color 55 min. 1999 A
Narrated by General Norman Schwarzkopf. Details the varying experiences of several men who have been diagnosed with prostate cancer. Demonstrates the pertinent medical procedures. (PBS)

**PROSTATE CANCER TREATMENT:
UNDERSTANDING YOUR OPTIONS - 6015**

video color 25 min. 1995 A

Discusses many aspects of prostate cancer including symptoms of and tests for the disease. Provides information on surgical and non-surgical treatment options and factors to consider when choosing a treatment option. Also includes pain management methods. (MEDCOM)

PROTECTING THE CAREGIVER - DV0191

DVD color 26 min. 2005 Professional

This program demonstrates simple defensive skills that can prevent or minimize harm when a disoriented or startled person becomes aggressive. Viewers will learn skills that will minimize harm to both the caregiver and the confronted person. Effective defensive moves to protect against biting, choking, hair pulling, and kicking are demonstrated. (AQUARI)

**PROTECTING YOUR BACK/PATIENT TRANSFERS -
non-captioned-5245, closed captioned-6226**

video color 24 min. 1990 A, Professional

Advises proper back care to workers in a health care setting, including nurses and aides, office workers, housekeeping, kitchen staff, and supply maintenance. Stresses importance of proper posture, good body mechanics, and exercise. The last 9 minutes shows health care workers, especially nurses and aides, how to lift correctly and transfer patients. (COASTAL)

**PROTECTING YOURSELF AND YOUR
COMMUNITY FROM WEST NILE VIRUS
VHS-7900, CD-CD0019**

video/CD color 23 min. 2003 A

West Nile virus, a mosquito-borne virus, is a health threat for people, horses and other animal species. This program introduces the viewer to the disease and explains how it is transmitted. Steps in order to prevent infection are recommended. (CDC)

PROTECTIVE EQUIPMENT - 6486

video color 4 min. 1990 A

Examines various types of protective equipment, such as hard hats, goggles, and gloves, and their proper use. (SAFETY)

**PROTEGIENDO EL AIRE DE SUS HIJOS Y DE SU
COMUNIDAD: HOW ONE LATINO COMMUNITY
BANNED INDOOR SMOKING (English) - 7560**

video color 20 min. 2002 A

Traces the evolution of the political, social and health issues which led to a strong city wide indoor smoking ban in El Paso, Texas. (LCAT)

**PROTÉJASE A SI MISMO Y A SU COMUNIDAD
CONTRA EL VIRUS DEL NILO OCCIDENTAL
(Spanish)**

VHS-7901, CD-Rom-CD0020

Video/CD-Rom color 23 min. 2003 A

West Nile virus, a mosquito-borne virus, is a health threat for people, horses and other animal species. This program

introduces the viewer to the disease and explains how it is transmitted. Steps in order to prevent infection are recommended. (CDC)

**PROVIDING EVIDENCE BASED CARE: AVOIDING
THE USE OF RESTRAINTS - DV0390**

DVD color 20 min. 2008 Professional

This program explains what is considered a restraint. Viewers will learn about the triggers that lead to problematic behavior and how to assess and evaluate a patient's behavior. They will also learn about de-escalation techniques and how they are applied. The importance of appropriate monitoring and assessment is explained. Viewers will learn about practical alternative interventions and the documentation requirements for CMS and The Joint Commission. (ENV)

PROVIDING NUTRITION - 7058

video color 22 min. 1997 Professional

Shows how to perform a nutritional assessment focusing on the client and on the elements of nutrition and nutritional teaching, including special diets. Presents step-by-step procedures for assisting with feeding, inserting a nasogastric tube and feeding the client who has a nasogastric tube in place. Presents tips for documentation and safety and legal issues. (LIPP)

PROVIDING ORAL CARE - DV0077

DVD color 13 min. 2000 Professional

This DVD contains information about assisted oral care, denture care and oral care for the unconscious resident. (MEDCOM)

PROVIDING WOUND CARE - 7068

video color 20 min. 1997 Professional

Covers the nursing skills involved in providing wound care and includes step-by-step procedures for changing a sterile dressing, irrigating a wound, and caring for a wound with a Penrose drain, a Jackson-Pratt and a Hemovac drainage system. Includes documentation tips as well as safety and legal issues. (LIPP)

**PSYCHOLOGICAL ASPECTS OF BIOTERRORISM -
7778**

video color 60 min 2004 A, Professional

Broadcast March 4, 2004. Communities and individuals react to the stress of terror, as they do to natural events. Dr. Robert Ursano discusses what public and private health professionals need to consider when dealing with the public's emotional and psychological health in times of stress and emergency. (UASPH)

**PUBLIC BUILDING SAFETY: IT'S EVERYONE'S
CONCERN (closed captioned) - 7618**

video color 17 min. 2002 A

Prepares employees in public buildings in the event of an emergency situation and provides techniques to avoid dangerous confrontations. Describes three types of workplace violence and how courteous customer service is a safety measure. Explains the importance of security checks and ways to prevent nametag and document theft. Shows how ventilation

systems can be danger zones. (COASTAL)

PUBLIC HEALTH COMMUNITY PREPAREDNESS FOR SEVERE ACUTE RESPIRATORY SYNDROME (SARS) (closed captioned) -7682

video color 90 min. 2003 Professional
Teleconference presented May 20, 2003. Describes key strategies for containing the spread of SARS. Explains the current guidelines for instituting quarantine and/or isolation strategies. (CDC)

PUBLIC HEALTH DATA: OUR SILENT PARTNER - 7457

video color 76 min. 1999 Professional
Intended for public health professionals to improve their ability to understand and use data routinely in their jobs. *Module 1.* Illustrates how a state health department uses information about leading causes of death and mortality rates to respond to the Board of Health's concerns about teen violence. *Module 2.* Focuses on a local health agency's efforts to deal with a newspaper article containing erroneous rates of teen pregnancy. *Module 3.* Highlights a cooperative effort between a managed care organization and a local health department to assemble data on smoking behavior and its impact on their service area. Includes workbook, student guide, facilitator guide and answer key. (CDC)

PUBLIC HEALTH GRAND ROUNDS: BIOTERRORISM PREPAREDNESS: A PROGRESS REPORT - 7584

video color 60 min. 2002 Professional
Teleconference presented September 27, 2002. Identifies three lessons learned from the 2001 response to the anthrax cases. Describes the key elements of public health's response to bioterrorism. Identifies three public health resources available to health departments to prepare for bioterrorism. (PHGR)

PUBLIC HEALTH GRAND ROUNDS: STAND UP AND BE COUNTED: IMPROVING YOUR COMMUNITY'S HEALTH THROUGH PERFORMANCE STANDARDS (closed captioned) - 7383

video color 67 min. 2001 Professional
Teleconference presented September 28, 2001. Provides a forum for presentation and discussion of the National Public Health Performance Standards Program including the promotion of a nationwide dialog on the critical nature of public health infrastructure development. (PHGR)

PUBLIC HEALTH GRAND ROUNDS: URBAN SPRAWL: WHAT'S HEALTH GOT TO DO WITH IT? (closed captioned) - 7427

video color 60 min. 2002 Professional
Teleconference presented January 18, 2002. Designed to increase awareness of transportation and land use issues, urban sprawl and smart growth and the many links between these issues and public health. Identifies six health effects of urban sprawl. Discusses the potential health benefits of limiting such growth. Describes alternatives to urban sprawl and how they

are implemented. (PHGR)

PUBLIC HEALTH PREPAREDNESS IN THE STATE OF TEXAS - 7695

2 videos color 205 min 2003 A, Professional
Teleconference presented July 31, 2003. Dr. Kristine Gebbie discusses information and strategies to enhance competencies in the healthcare workforce for emergency preparedness. (TDH)

PUBLIC HEALTH: THE INVISIBLE SAFETY NET: INFRASTRUCTURE OF AMERICAN HEALTH - 7804

video color 22 min. 1993 A
Provides a general orientation to the practice of public health at the local level. Shows what public health is and does in assessing, setting policy, and assuring good health in the community. (NWCPC)

A PUBLIC TRUST IN PRIVATE HANDS: UNDERSTANDING THE WORK OF NONPROFIT BOARDS - 7126

video color 13 min. 1994 A
Designed for staff involved in fundraising. Takes a look at the work of nonprofit board members who serve a diverse group of organizations. Explains the responsibilities of nonprofit boards. (NCNB)

THE PUBLIC'S HEALTH: THE AMERICAN PUBLIC HEALTH ASSOCIATION'S FIRST 125 YEARS AND BEYOND - 6856

video color 14 min. 1996 SrH-A, Professional
Highlights important public health issues including the importance of sanitation and vaccination. Emphasizes the importance of continued vigilance in combating public health problems such as lead poisoning, environmental health threats, chronic health conditions, and smoking and tobacco use. (APHA)

PUT PREVENTION INTO PRACTICE - TEXAS STYLE - 7414

video color 21 min. 2001 Professional
Features actual clinic staff who introduce this systematic and comprehensive model for enhancing the office practice and care of patients which supports documentation of preventative care as required by accreditation and regulatory agencies. (TDH)

PUTTING IT ALL TOGETHER - 7853

video color 24 min. 2001 SrH
This video emphasizes that love alone does not make a relationship work. A humorous vignette called "Jamal's Blind Date," reveals that a young man's dream date is really a robot that agrees with everything he says. Young people discuss the importance of working out anger and conflict in everyday situations. They also discuss their experiences with jealousy and conflict and how important establishing trust is. All of the featured youth emphasize that the most important attribute worth developing for a healthy relationship is good communication. (HRM)

A QUESTION OF GENES: INHERITED RISKS - 7259

video color 115 min. 1997 A

Shows the impact of genetic testing, both good and bad, in the lives of a variety of people. A young couple decides to proceed with a pregnancy even though a genetic test shows that the twin baby girls will have cystic fibrosis. Two families deal with the results of a genetic test for Alzheimer's disease indicating a high probability that family members will develop the disease. Members of three families decide whether to have genetic testing for breast and ovarian cancer. Raises questions about genetic testing including the expense of testing, privacy issues relating to the ability to get insurance, and the stress of living with a future of an inevitable medical condition on a person's quality of life. Addresses the concerns of Hispanics and African-Americans to genetic testing. (OPB)

QUIT AND STAY QUIT (closed captioned) - 7833

video color 32 min. 1996 A

This program consists of two volumes. In volume one, Understanding The Problems of Nicotine and Tobacco Dependence, viewers learn that smoking is an addiction. The first step to recovery shows that smokers must admit to the addictive hold cigarettes have on them. Volume two, The Stages of Quitting Nicotine and Tobacco examines the seven stages of the recovery process. Stages are explained in detail and tips are given on how to overcome obstacles on the path to recovery from nicotine addiction. (HAZELD)

RABIES - 4856

video color 12 min. 1982 EI-A

Emphasizes the importance of having animals vaccinated for rabies. Explains that people should avoid handling stray or wild animals or any animal that acts strange or sick. Outlines the appropriate steps to take if someone is bitten, and the procedures that are followed by animal control, veterinarians, and the health department. (AVMA)

RABIES PREVENTION: WHEN YOU HAVE TO BE RIGHT 100% OF THE TIME - 7929

video color 60 min. 2005 Professional

This program is presented by Bryan Cherry, VMD, Deputy State Public Health Veterinarian, Bureau of Communicable Disease Control – Zoonoses Program, New York State Department of Health. Real case scenarios are presented. Viewers will learn about common sources of rabies and recommended prophylaxis. (UASPH)

RABIES: PROTECTING YOURSELF AND OTHERS - 4857

video color 14 min. 1991 A, Professional

Stresses the importance of the pre-exposure rabies vaccine for high risk groups such as veterinarians and animal control technicians. A young woman brings her dog to the vet because he has been bitten by a stray cat. The vet explains the risks involved and the precautions to be taken. Also discusses what people should do if they have been bitten by a stray animal. (CONNL)

RABIES SPECIMEN SUBMISSION PROCEDURE - 6295

video color 54 min. 1997 Professional

Designed to aid veterinarians and animal control officers in performing the proper technique for submitting suspect rabies specimens. Dr. Thomas Beckett, D.V.M., demonstrates proper head removal. Bonny Mayes of the TDH Bureau of Laboratories, demonstrates how to pack the head and prepare the paperwork for shipment. Shows the lab technician as he extracts the brain for testing. Outlines the various tests used to diagnose rabies. (TDH)

RADIOLOGICAL TERRORISM FOR HEALTHCARE DVD-DV0002, VHS-7706

color 13 min. 2002 Professional

Explains sources of natural radiation; categories of radiological terrorist weapons; the differences in exposure between external and internal contamination; procedures to follow to limit exposure during an incident; steps for minimizing public anxiety. Shows the sequence of events following an accidental radiation exposure in South America. (MEDFLM)

RANGE OF MOTION EXERCISES – DV0564

DVD color 24 min. 2009 Professional

New nursing assistants learn about performing range of motion exercises for the head, neck, spine, shoulders, elbows, wrists, fingers, hips, knees, ankles, toes. (MEDCOM)

RASHES AND CHILDHOOD DISEASES - 3196

73 slides color 1975 A, Professional

Describes scabies, chickenpox, rubeola, rubella, scarlet fever, streptococcal throat, impetigo, mumps, rocky mountain spotted fever, hepatitis, ringworm, poison ivy, poison oak, pediculosis, echo virus, and erythema infectiosum. (CDC)

REACH OUT WITH HOPE: ADULT SUICIDE - 6212

video color 19 min. 1995 SrH-A, Professional

Serves as an introduction to the issue of suicide among adults. Provides viewers with an overview of some of the risk factors for adult suicide—characteristics that have been found to be common among adults who have committed suicide. Provides some guidelines on how to assist an adult who is experiencing a suicidal crisis. (KINETI)

READING AND UNDERSTANDING THE NEW FOOD LABEL - DV0212

DVD color 19 min. 2005 A

Use of a new food label that lists the amount of trans fat is now required. This program will help consumers understand just what is meant by partially-hydrogenated or trans fat. It will help them use the label to make the healthiest choices when they shop for food. All terms are defined and portion sizes are shown. (NHV)

READY OR NOT - DV0192

DVD color 35 min. 2001 Professional

A film that explores end-of-life issues in relationship to first and second year medical students. This film will help medical and nursing students as well as health care professionals

understand how to relate to those who are dying with compassion, empathy and understanding. (AQUARI)

READY RESPONSE: VIOLENCE IN THE WORKPLACE FOR SUPERVISORS - DV0230

DVD color 9 min. 2005 A

This program explains how a hostile work environment can affect employee morale and productivity. It illustrates how to spot potentially dangerous circumstances and resolve conflicts. (TTN) (Violence)

REAL KIDS: WHAT WE LEARNED ABOUT BULLYING - 7513

video color 16 min. 2000 I

Uses vignettes and interviews with real kids to describe bullying behavior, to identify different kinds of bullies, to understand common motives behind bullies' actions, and to learn some positive strategies to stop bullying. (SUNBUR)

REAL PEOPLE: SUICIDE AND DEPRESSION - 7920

video color 20 min. 2002 JrH-SrH

Four out of five teens who attempt suicide give a clear warning about their intentions. This program focuses on the warning signs, and debunks common myths about depression and suicide. Expert Rich Lieberman, school psychologist and coordinator of the LA Unified School District Suicide Prevention Unit, engages viewers and sensitizes them to the issues of depression and suicide. (KINETI)

REAL STORIES - 7337

video color 28 min. 1997 JrH-A

Interviews four individuals who were victims of street violence. They each tell their personal stories, helping the audience to learn ways violence occurs, what emotions result from violent activity, and how we might join together to reduce violence in our communities. Emphasizes that there are consequences to the actions we take and the choices we make. (FIDEAS)

REAL TEENS, REAL STORIES - 7406

video color 13 min. 2001 SrH

Hard-hitting, documentary-style that highlights the experiences of four young drivers. The stories are real, and the safety message is loud and clear: buckling up can save your life. (TDH)

REALITY MATTERS: BECOMING AN ADULT - DV0018

DVD color 24 min. 2004 JrH-SrH

Adulthood is known for its responsibilities, one of them is having children. Shows that there are many responsibilities involved in having and rearing a child. These responsibilities are magnified when teens have babies. This program explores how adolescence is the entry into adulthood, along with the many pitfalls for those who try to grow too fast. Lesson plans and curriculum units are available online at <http://www.discoveryschool.com> (DISCOV)

REALITY MATTERS: BIG DECISIONS - DV0008

DVD color 24 min. 2004 JrH-SrH

Everyday, teenagers are faced with millions of choices regarding, their health, relationships, and life goals. This program focuses on the decisions kids make every day and highlights methods geared toward making the best ones possible. Lesson plans and curriculum units are available online at <http://www.discoveryschool.com> (DISCOV)

REALITY MATTERS: CRUEL SCHOOLS - DV0009

DVD color 24 min. 2004 JrH-SrH

Taunting, teasing and the playground brawls used to be considered child's play. The schoolyard bully was just another rite of passage in adolescent life. Now, times have changed. From events such as Littleton, Colorado, students and experts say bullying is the first step in a continuum of school violence that can escalate to murder. Lesson plans and curriculum units are available online at <http://www.discoveryschool.com> (DISCOV)

REALITY MATTERS: DEADLY DESIRES - DV0017

DVD color 24 min. 2004 JrH-SrH

One in three teenagers have had sex by age 16; two in three by 18. According to researchers, a quarter of those sexually active teenagers will contract a sexually transmitted disease. Today, in America, most people living with HIV were infected as teenagers. While most kids know about AIDS, STD's and prevention, statistics show that many are ignoring what they've learned. This program will explore the reasons why. Lesson plans and curriculum units are available online at <http://www.discoveryschool.com> (DISCOV)

REALITY MATTERS: EXTREME MEASURES - DV0011

DVD color 24 min. 2004 JrH-SrH

In a country obsessed with the perfect body, the pressure starts early. Once just thought to be an issue for adolescent girls, the desire to have a beautiful body is affecting kids as young as seven, and has even moved to boy's locker rooms across the country. This program explores the harmful consequences. Lesson plans and curriculum units are available online at <http://www.discoveryschool.com> . (DISCOV)

REALITY MATTERS: FAMILY AND FRIENDS - DV0019

DVD color 24 min. 2004 JrH-SrH

Some of the most important relationships that we develop are with friends and family. In our families we learn how to accept and receive love — or not. What we learn at home we take to our intimate relationships outside the family. Our attitudes toward intimacy and sexuality owe a lot to what we see when growing up. The video explores ideas about close friendships, dating, and even sex and marriage. . Lesson plans and curriculum units are available online at <http://www.discoveryschool.com> (DISCOV)

REALITY MATTERS: OBESITY AND NUTRITION - DV0050

DVD color 30 min. 2005 JrH-SrH

Teenagers have always been drawn to junk food, but more than ever today's teens are suffering at the hands of less active lifestyles and unhealthy eating habits. This DVD explores

America's culture of obesity and its contributing factors along with ways to help kids make healthy choices. (DISCOV)

REALITY MATTERS: RISKY BUSINESS - DV0010

DVD color 24 min. 2004 JrH-SrH

With adolescence comes new independence, and the temptation to break the rules. Teenagers often believe that they are invincible. When they get a driver's license, it opens the door to a whole new world of risk-taking. Shows some of the devastating results that occur when kids take risks without fully considering the consequences. Lesson plans and curriculum units are available online at <http://www.discoveryschool.com>. (DISCOV)

REALITY MATTERS: SEXUAL PRESSURES - DV0012

DVD color 24 min. 2004 JrH-SrH

Sexual harassment often begins in middle school and escalates through high school. Research indicates the best strategy to help kids is education. This program focuses on how teens and pre-teens learn to deal with the opposite sex. Lesson plans and curriculum units are available online at <http://www.discoveryschool.com>. (DISCOV)

REALITY MATTERS: STRESS AND ANXIETY - DV0048

DVD color 30 min. 2005 JrH-SrH

This program looks at the stress teenagers are under and the specific issues that concern them. It examines the range of ways kids respond to peer pressure, academic stress, and terrorism. It also explores the coping mechanisms and the range of available treatments for anxiety, depression and grief. (DISCOV)

REALITY MATTERS: TAKING CARE OF ME - DV0013

DVD color 24 min. 2004 JrH-SrH

Health is not just about physical bodies. Shows teens that what's on the inside is what will ultimately determine our happiness. This program will explore the many influences and experiences that shape an individual's emotional health, as well as specific tools for managing stress and maintaining a positive self-image. Lesson plans and curriculum units are available online at <http://www.discoveryschool.com> (DISCOV)

RECHAZADOS (Spanish) - 7905

video color 19 min. 1991 A

This video tells the story of an abandoned dog. The audience learns the importance of spaying and neutering along with information relating to the pet overpopulation problem. This is the Spanish language version of Focus on Animals: Throwaways. (ASPCA)

RECOGNITION OF ILLNESS ASSOCIATED WITH CHEMICAL EXPOSURE - 7934

video color 57 min. 2004 Professional

Recent cases involving intentional or inadvertent contamination of food or product tampering with chemicals have highlighted the need for health care providers and public health officials to be alert for patients in their communities who have signs and symptoms consistent with chemical exposures. This video

describes epidemiologic clues that might suggest the covert release of a chemical agent. Viewers will learn about public health strategies for responding to the release of a chemical agent; and reporting requirements when a chemical release is suspected. (PHN)

RECOGNIZING AND RESPONDING TO EMOTION IN PERSONS WITH DEMENTIA - 6957

video color 22 min. 1997 A, Professional

Designed for nurse aides. Shows how to understand and decipher the non-verbal signs in persons with dementia. Explains the emotions behind a variety of facial expressions, vocalizations, and body language so that the caregiver can respond to the patient in appropriate ways. (TERRA)

RECOGNIZING CHILD ABUSE (closed captioned) - DV0362

DVD color 26 min. 2007 Professional

This program spells out the Four Rs of child abuse: the harsh Reality of its presence in our society, the Results it leads to, the many ways to Recognize it, and the proper channels for Reporting it. Each of these concepts is explained through dramatizations and supported by interviews with education and child welfare experts. (MEC)

RECOVERING AT HOME: CORONARY BYPASS SURGERY - 6422

video color 12 min. 1995 A, Professional

Teaches the practical skills needed for comfortable home recovery. Demonstrates how to create a recovery-friendly home; how to manage medicine; care for wounds; decide when to call the doctor; exercise; maintain healthy habits. (MOSBY)

RECOVERING FROM BAD EATING - DV0020

DVD color 46 min. 2005 JrH-SrH

America has become the land of fast food and huge portions. More than 12 million people are obese, and millions more suffer from digestive disorders. Meet people determined to change eating habits and restore health. Includes two feature segments. The first, System Breakdown, examines how bad eating habits contribute to heartburn, acid reflux, and other digestive problems. The second, Drastic Measures, tracks one man's decision to undergo gastric bypass surgery after a lifetime of struggling with his weight. Lesson plans and curriculum units are available online at <http://www.discoveryschool.com> (DISCOV)

RED RIDING HOOD AND THE WELL-FED WOLF - 5323

video color 16 min. 1993 EI-A

Adapts the traditional story so that Little Red Riding Hood gives the wolf a lesson on the food pyramid. Red thinks "Grandma," played by the wolf looks bad because of a bad diet. She, along with some articulate foods, explain about the body's need for good nutrition. (CHURCH)

REDUCING THE RISKS OF PREECLAMPSIA - 7090

video color 9 min. 1987 A

Explains how high blood pressure developed during pregnancy

can seriously endanger the health of the mother and child. Discusses warning signs and explains who is at risk of developing the condition. Reviews the essentials of early detection, bed rest, and continuous monitoring. (MILNER)

REFLECTIONS – DV0555

DVD color 21 min. 2006 SrH

Three female best friends learn to take the risk of HIV/AIDS seriously as they navigate romantic relationships in an urban environment mired in economic strife, drugs, and limited options. (SCENAR)

RENAL COMPLICATIONS: AN OUNCE OF PREVENTION English - 4156

video color 9 min. 1987 A

Shown in a hospital setting to emphasize the seriousness of renal complications in diabetes. Emphasizes the importance of lowering blood sugar and blood pressure levels. (MARSHL)

REPETITIVE STRESS INJURIES - MANUFACTURING - DV0179

DVD color 6 min. 1998 A

Repetitive stress injuries (RSIs) are a common health hazard in manufacturing. Viewers will learn which work techniques and postures minimize stress and strain on the body so that the risk of RSIs is reduced. (SAFETY)

REPOSO EN CAMA (Spanish) - 7926

video color 35 min. 2002 Adult, Professional

This is the Spanish language version of the program How to Care for Someone on Bedrest. It includes discussion of home equipment, principles of body mechanics, recognizing and preventing pressure ulcers, bed pan use and more. (HAC)

REPRESENTING ALL OF US THE ROLE OF THE SAFETY COMMITTEE IN LONG TERM CARE - DV0208

DVD color 22 min. 2005 Professional

The first part of this program explains the role the safety committee plays in promoting workplace safety and in giving everyone on staff a voice and a stake in getting it right where job safety is concerned. It puts a spotlight on practical ways staff can support and be part of the work of the safety committee. The basics of on-the-job safety are also reviewed. Part two of the program was created for a smaller audience consisting of safety committee members themselves, together with administrators and middle managers. It spells out the benefits of having an active, successful high-profile safety committee. (TERRA)

RESIDENT ABUSE: PREVENTION AND PROTECTION – DV0641

DVD color 25 min. 2010 A

Long term care staff will learn what constitutes abuse, how to identify risk factors that can increase the likelihood of abuse, how to distinguish different types of abuse and how to report abuse. (ELDER)

RESIDENTS' RIGHTS: AN INTRODUCTION FOR

STAFF - DV0523

DVD color 15 min. 2002 A

This program highlights residents' rights and illustrates those rights in action in typical daily interactions, always emphasizing exactly how staff can protect and preserve each resident's rights. (ELDER)

RESIDENT RIGHTS: THE ART OF CARING - 5844

video color 20 min. 1990 A, Professional

Dramatic scenes illustrate the importance of protecting resident rights in a long term care setting, including the right to information, self-determination, association and communication, freedom from abuse, quality care, and dignity. (MEDCOM)

RESIDENT SAFETY TIPS FOR THE GNA - 7891

video color 20 min. 2005 Professional

With a proactive focus on overall resident safety, this video looks at the most common issues that put residents at risk in the long term care setting. Staff are encouraged to share thorough and accurate information about new residents. Nursing assistants are given specific ways that they can reduce safety risks. The areas covered include bathing safety, nail care for residents, and fall prevention. Staff must be aware of the mental status of the residents. It is important that staff identify needed assistive and safety devices. The resident's room must be arranged to accommodate resident needs. It is crucial that staff know and adhere to all safety procedures and instructions. (TERRA)

RESIDENTIAL GUIDE TO INDOOR AIR QUALITY - 7534

video color 20 min. 1997 A

Intended for homeowners and prospective home buyers. Topics covered are asbestos, biocontaminants (such as *Stachybotrys* mold), lead, pesticides, radon, and VOCs. Briefly covers health effects, routes of intrusion, and remediation. (AEROT)

RESIDENTS' RIGHTS TODAY - DV0341 (DVD) 7951 (VHS)

DVD/video color 20 min. 2002 Professional

This program covers how protection of residents' rights and respectful care relate to other characteristics of today's long term care environment. Residents' rights such as the right to be treated with dignity; the right to be informed; and the right to make personal choices are defined. Their importance to the life and culture of a long term care facility is explained. There are specific rights everyone in a nursing home must understand and uphold, including the right to privacy. (KINETIC)

RESILIENCY AFTER VIOLENT DEATH LESSONS FOR CAREGIVERS - DV0304

DVD color 109 min. 2006 Professional

This program provides clinicians, social workers, clergy and caregivers engaged in support of families after a violent death, helpful strategies to diminish the emotional distress of bereavement. A panel of experts considers two case studies from video taped interviews of family members. (KINETI)

RESPECT YOURSELF, PROTECT YOURSELF

English-6890, Spanish-7367, African-American narrator-7430, Mandarin-7431, Vietnamese-7432

video color 9 min. 1998 I-JrH

Presents fast-paced overview of liver functions and the dangers posed by hepatitis and other liver-related illnesses. Describes behaviors which may put a person at risk for contracting hepatitis including tattoos, body piercing, and sharing toothbrushes. Expanded description at <http://www.tdh.state.tx.us/avlib/hepatitis.htm> (HFI)

RESPIRATOR SAFETY

English-4329, Spanish-5510

video color 16 min. 1988 A, Professional

Describes types of respiratory hazards and reasons for protection. Explains how types of respirators are selected for situations and encourages their proper use. (TELA)

RESPIRATORY PROTECTION A BREATH OF FRESH AIR (English/Spanish) (closed captioned) - DV0327

DVD color 18 min. 2004 A

This program details OSHA standard 1910.134 and will help workers avoid exposure to airborne hazardous substances. It covers hazardous atmospheres, the written program, medical evaluation and proper fit testing. Bonus features include a leaders guide and a customizable PowerPoint® presentation (DVD-ROM drive required for PowerPoint) (COASTA)

RESPONDING TO SEPTEMBER 11 AND THE ANTHRAX THREAT: THE NEW YORK CITY EXPERIENCE - 7458

video color 85 min. 2002 Professional

Teleconference presented February 27, 2002. Addresses emergency preparedness issues that must be considered by major urban areas, using the New York City program as the context. Focuses primarily on the September 11th World Trade Center attack and how the city has dealt with the aftermath of that situation as well as the subsequent anthrax crisis. (ADPH)

RESTRAINTS, SECLUSION AND THE 1 HOUR FACE TO FACE EVALUATION - DV0389

DVD color 18 min. 2008 Professional

This training program covers how to recognize and respond to signs of distress, definition of restraints and seclusion, personnel required to conduct the 1 hour face-to face evaluation, conducting the evaluation, monitoring the restrained or secluded patient and staff and patient debriefing. Documentation and reporting requirements for CMS Regulations and The Joint Commission Standards are reviewed. (ENV)

THE RH NEGATIVE MOTHER (rev.) - 4182

video color 9 min. 1988 A

Addresses the concerns of the Rh negative mother. Explains how Anti-Rh Globular Serum and exchange transfusions have

improved the survival rate of Rh incompatible babies. (MILNER)

RIDE SAFE, RIDE SMART - DV0676

DVD 9 min. 2010 SrH-A

This safety program profiles two families; one who rides for recreation only, the other who uses their ATVs first for working on the farm, then as camping and trail riding machines. Both sets of parents lead by example, emphasizing riding an ATV that is right for your age, wearing proper protective gear and respecting the environment. They also recommend taking an ATV Rider Course.

RIGHT TO KNOW FOR INDUSTRIAL FACILITIES - 6350

video color 21 min. 1996 A, Professional

Explains the information found on MSDS (Material Safety Data Sheets) and product labels. Defines different exposure terms and the different ways of dealing with the exposure. Defines different kinds of hazardous substances found in an industrial setting. (LONGI)

RIGHT TO KNOW -- OFFICE SETTING - 6146

video color 9 min. 1995 A

Covers OSHA's HazCom regulation, the importance of reading labels, and provides information on material safety data sheets for possible chemical hazards in an office setting. (LONGI)

RISK FACTORS OF HEART DISEASE - 5808

video color 10 min. 1994 SrH-A

Explains the risk factors of heart disease (smoking, high blood pressure, high cholesterol, and heredity), and how these risks affect the chances of atherosclerosis, heart attack, and stroke. Explains the lifestyle changes necessary to reduce these risks that lead to heart attack. (CHURCH)

THE RISK: OBSESSIVE COMPULSIVE DISORDER (OCD) - 6256

video color 20 min. 1996 A, Professional

Portrays the symptoms of obsessive compulsive disorder and the impact of the disorder on a young family. Describes a young mother's struggle through the early stages of recovery from this disorder. (MEDGLD)

RISKY BEHAVIOR: THE DARK SIDE OF BAD CHOICES - 7317

video color 24 min. 1999 SrH-A

Contrasts positive and negative risk taking. Explains how teens can ask themselves some questions to evaluate whether a decision may result in a dangerous situation. Examines depression and other self-destructive behaviors. (HUMRE)

ROADBLOCKS TO GOOD HEALTH - 5947

video color 15 min. 1995 A

Discusses a major roadblock to good health: substance abuse. Discusses addictive substances, such as alcohol, tobacco, prescription and illegal drugs, coffee and others. Describes their detrimental effects on the human body. Defines how to recognize a substance abuse problem and offers tools to

eliminate these addictions, or roadblocks to good health. (ALTSCH)

ROAD RAGE AND AGGRESSIVE DRIVING: A VIEW FROM THE DRIVER'S SEAT - 6953

video color 20 min. 1998 SrH-A

Shows examples of road rage, which is deliberate, violent behavior by a driver, as well as aggressive driving, which is tailgating, weaving in and out of traffic and running red lights as a normal pattern of driving. Explains what drivers can do if they are the object of an enraged driver and how to avoid becoming enraged themselves. (AIMS)

ROAD TO HEALTH (English/Spanish) - K0010

2 DVDs +1 CD-Rom color 40 min. 2008 Professional

Designed for African Americans and Hispanics/Latinos at risk for type 2 diabetes, this tool kit provides materials to start a community outreach program reinforcing the message that type 2 diabetes can be delayed or prevented. (NDEP)

ROCKABYE (closed captioned) - 7260

video color 17 min. 1986 JrH-SrH

Dramatizes three teenage couples as they make choices whether to have sex. An older teenage sister with a new baby describes the multiple difficulties of having a baby too young. Two of the couples face the problems of teenage pregnancy. (MDIME)

ROCK-A-BYE BABY - 6846

video color 30 min. 1970 A, Professional

Examines mothering and the importance of early mother-child relationships while considering normal child growth and development. Recommended for staff development in situations where children or infants are institutionalized or isolated from normal mother-child relationships. (TLMED)

THE ROLE OF NURSING AND PUBLIC HEALTH DURING TIMES OF WAR AND TERRORISM - 7519

video color 112 min. 2002 Professional

Teleconference presented May 2, 2002. Addresses the historical as well as the local, state, national, and international public health initiatives in the ongoing war against terrorism and bioterrorism. Describes the avenues of communication between state health departments and federal agencies. Discusses the nurse's role in the public health surveillance and response systems. (USPHS)

ROSE FOR LIVVY - DV0199

DVD color 29 min. 2003 JrH-SrH

Livvy, a new lonely girl in town, ignores the advice of a teacher and pursues Internet chats with a stranger. The program shows how an innocent conversation can escalate into a dangerous encounter. Students are encouraged to follow Internet safety rules and actively protect themselves. (SVE)

SAD, ANGRY, LONELY, AND SCARED: MASKS OF DEPRESSION - 7207

video color 29 min. 1997 SrH

Explains that depression is a treatable mental illness and mental illnesses are no different from other physical illnesses. Describes the signs of depression. Discusses the importance of young people helping one another through difficult times. (HUMRE)

SAFE AND SANITARY DISHWASHING - 7318

video color 12 min. 2000 JrH-SrH

Teens demonstrate how to how to wash dishes by hand using a two-sink method and how to use an automatic dishwasher. Good dishwashing begins with scraping leftover food from dishes and pans. Emphasizes keeping the kitchen free from germs and bacteria by washing the counter, cutting board, and sink after every use, as well as using a clean dishcloth and towel every day. (MEC)

SAFE DRIVING TACTICS - 5818

video color 26 min. 1993 SrH-A

Explains how to react to and avoid dangerous situations involving hydroplaning, rollovers, head-on collisions, highway hypnosis, and wind waves caused by passing semi-trucks. Basic defensive driving issues are covered, as well as seat belt safety, air bags, and drinking and driving. (AIMS)

SAFE LIFTING TECHNIQUES - DV0577

DVD color 7 min. 2001 A

This program encourages workers to use smooth movements, lift by keeping objects close to the body and let their leg and not their back and stomach muscles do the work. (SAFETY)

SAFE MEDICAL DEVICES ACT - DV0084

DVD color 8 min. 1996 Professional

This video is intended for nurses, physicians and lab workers. Viewers learn the obligations of the SMDA's tracking and reporting regulations, what incidents must be reported and how to handle incidents and make reports. They will also learn the importance of device tracking. (MEDFLM)

SAFE OPERATION OF CHAIN SAWS - 5713

video color 14 min. 1993 A

Provides safety instructions for operating a chain saw. Emphasizes proper preparation each time the chain saw is used, including proper maintenance and inspection. Provides fueling and lubrication instructions as well as demonstrates the correct method of starting and holding the saw. Explains how to do lumbering or trimming of limbs and how to fell a tree. (SC)

THE SAFE OPERATION OF UTILITY CARTS - DV0046

DVD color 11 min. 2004 A

This DVD covers the basic safety inspection and safe operation of various types of utility carts. It addresses key points such as load limits, balancing, speeding, eating and drinking, pedestrian safety, and parking. (WUMBUS)

SAFERIDERS 2010: SECURING OUR FUTURE (English/Spanish) -DV0597

DVD color Eng 13 min Span 12 min 2010 A

This program provides basic information about child passenger safety. Designed primarily for parents, it provides an overview

of the need for restraining children, types of child restraints and how to use them, and resources for additional information. (DSHS)

SAFE RETURN - 6897

video color 10 min. 1995 Professional
Intended for training for law enforcement officers. Demonstrates a successful interaction when finding an elderly person with Alzheimer's disease or a memory impairment. Promotes the Safe Return program and provides guidelines when talking with an individual found wandering. (AAEM)

SAFE RIDERS TRAFFIC SAFETY PUPPET SHOW - 7160

video color 33 min. 1997 P-EI
A videotape of a safety presentation to a group of small children. Explains the correct way to wear seat belts in the car. Shows how a bicycle helmet can protect the head from injury. Gives tips on crossing the street safely. Illustrates some school bus safety rules. (TDH)

SAFE SEX: GIRL CHAT - 7746

video color 21 min. 2000 SrH-A
Women talk candidly about dating, sex, abstinence, condoms, open communication, and STD testing. Emphasizes the fact that women must be responsible for their own sexual health in the age of potential high-risk relationships. (PYR)

SAFETY ADVICE FROM EMS (SAFE): A GUIDE TO INJURY PREVENTION - 6786

video color 38 min. 1996 EI-A
An anthology of a variety of videos and public service announcements (PSAs) some intended for children, some for teenagers and some for adults. *Child Safety Seats* (6 min.) advises parents to secure children in the correct automobile safety seat. *Occupant Protection For Adults* (3 min.) collection of PSAs. *Pedestrian Safety for Children* (5 min.) demonstrates to elementary age children the safe way of crossing streets, alleyways, and parking lots. *Pedestrian Safety of Elders* (5 min.) demonstrates to older adults the safe ways of crossing streets, alleyways, and parking lots. *Bike Safety for Children* (5 min.) emphasizes wearing a bike helmet while teaching the safe way of bike riding for elementary and junior high audiences. *Bike Safety for Adults* (3 min.) emphasizes wearing a bike helmet while teaching the safe way of bike riding. *Teen Driving under the Influence* (3 min.) collection of PSAs. *Speed Shatters Life* (closed captioned English 30 sec; closed captioned Spanish 30 sec) illustrates the danger of driving too fast. *Yielding to Emergency Vehicles* (7 min) shows motorists' reactions to emergency vehicles from the point of view of the driver of the emergency vehicle. No narration. (NHTSA)

SAFETY DOESN'T HAPPEN BY CHANCE - DV0089

DVD color 12 min. 2001 A
This DVD teaches employees not to gamble with their safety while on the job site. It provides a clear guide to basic construction, safety concerns and practices. Topics include personal protective equipment (PPE), tool safety rules and

electrical safety practices with an emphasis on the use of Ground-fault circuit interrupters (GFCIs). The importance of hazard communication is emphasized. Details are provided about MSDS, ladder and scaffold safety. (TTN)

SAFETY FIRST - 6781

video color 30 min. 1993 K
Toby Terrier and his puppet pals teach a number of safety ideas while in their television station, W.O.O.F. Topics include: danger of leaving toys lying around; how to exit a house in case of fire; poisoning hazards; wearing safety gear while skating; crossing the street safely; and the danger of strangers. (TIGER)

SAFETY FOR CUSTODIAL WORKERS - DV0287

DVD color 20 min. 2001 A
This DVD presents an overview of safety orientation for the custodial worker. It includes how to avoid injuries when working with ladders, general safety tips such as how to mark wet floors, and universal precautions including proper hand washing. The proper techniques for cleaning up a bloodborne pathogen spill are explained. (TTN)

SAFETY FOR HEALTH CARE HOUSEKEEPERS: INFECTION CONTROL - 7135

video color 22 min. 1997 A
Portrays common causes of accidents and how to prevent them. Teaches how to recognize dangerous and potentially hazardous conditions. Emphasizes topics such as: general safety, working with spills, reporting injuries, and safe use and maintenance of cleaning equipment and the supply closet. (ATV)

SAFETY GEAR: EYE AND FACE PROTECTION - 4295

video color 11 min. 1989 A, Professional
Different types of safety glasses, safety goggles, and face shields are described. Workers learn what to wear to protect their eyes from flying bits of wood or metal, chemicals, and dangerous light. (AIMS)

SAFETY GEAR: FOOT PROTECTION - 4296

video color 11 min. 1989 A, Professional
Three classifications of safety shoes are identified. Explains the functions of toe shields, metatarsal guards, and puncture-resistant soles. (AIMS)

SAFETY GEAR: HAND AND ARM PROTECTION - 4297

video color 11 min. 1989 A, Professional
Shows a variety of hand and arm safety gear from light cotton to heavy metal mesh gloves. Two types of hand and arm injuries are identified: traumatic injuries and contact injuries. Discusses techniques for protecting hands and arms around machinery. (AIMS)

SAFETY GEAR: HEAD PROTECTION - 4298

video color 10 min. 1989 A, Professional
Describes the different classifications of bump hats and hard hats. Stresses the importance of maintaining safety gear. (AIMS)

SAFETY GEAR: HEARING PROTECTION - 4299

video color 13 min. 1989 A, Professional
Explains the physiology of the ear and describes how noise-induced hearing loss occurs. Describes a variety of earplugs and earmuffs. Discusses the advantages of using hearing protection. (AIMS)

SAFETY GEAR: RESPIRATORS - 4300

video color 13 min. 1989 A, Professional
Explains what happens to the body when workers breathe in chemical contaminants or are deprived of oxygen. The different uses of air-purifying and air-supplying respirators are introduced. Emphasizes the proper selection and maintenance of the equipment. (AIMS)

SAFETY: ISN'T IT WORTH IT? - 5575

video color 12 min. 1981 A
Accidents do happen in laboratories because there are many more hazards and potential dangers. Provides a dramatic look at potential hazards and the appropriate safety precautions that should be taken in laboratories. (FISH)

SAFETY ON THE JOB: MANUAL LOAD HANDLING IN THE WAREHOUSE - 6027

video color 12 min. 1990 A
Proper methods of lifting, carrying and handling of materials can reduce two-thirds of all warehouse injuries caused by incorrect methods. A preliminary inspection of the load and the environment are important to preventing many accidents. (AIMS)

SAFETY ON THE JOB: THE HAZARDS OF SUBSTANCE ABUSE**(2nd ed.) - 6026**

video color 17 min. 1991 A
The use of drugs, even prescription medicines, and alcohol can make the workplace an unsafe environment. The effects of these substances on a worker's motor and mental abilities are shown. (AIMS)

SAFETY ON THE JOB: VEHICLE BACKING - 6028

video color 15 min. 1995 A
Safety video for drivers of commercial vehicles giving tips on safe backing. (AIMS)

SAFETY ORIENTATION: IT TAKES A WINNING ATTITUDE (closed captioned) - 7304

video color 18 min. 1998 A
Identifies some of the hazards that occur in the workplace. Describes personal protective equipment for the head, eyes, hearing, hand, foot and respiration. Explains the correct way to lift to protect the back from injury. Shows some simple precautions to eliminate slips, trips, and falls. Mentions hazard communication, protection to take against bloodborne pathogens, and the six-step procedure of lockout/tagout. Prevention is emphasized as the key to fire safety and demonstrates the PASS method of using the fire extinguisher. (COASTAL)

SAFETY ORIENTATION UPDATED - DV0638

DVD color 13 min. 2007 A
This comprehensive DVD covers hazard evaluation, safe housekeeping, tool use and maintenance, fire prevention and safety, and use of personal protective equipment (PPE). (TTN)

SAFETY SIGNS - DV0180

DVD color 7 min. 2001 A
Safety signs play a major role in preventing accidents. Viewers will learn the basic language of signs so that they can recognize and understand hazard warnings in the workplace. (SAFETY)

SAFETY STARTS AT HOME - DV0318

DVD color 40 min. 2003 SrH-A
This DVD has the following chapters: fire safety; burn hazards; choking, suffocation and strangulation hazards; the safe baby; preventing falls; drowning prevention; poison patrol; hazards in the air; and preparing for emergencies. (INJOY)

SALLY GETS HER MONEY'S WORTH (English/Spanish) - 7071

video color Eng-16 min., Span-18 min. 1998 SrH-A
A homemaker gets some good advice on reading labels in the grocery store in order to purchase healthy, low cost food for her family. (WIC)

SALT: THE HIDDEN THREAT - 4509

video color 21 min. 1983 JrH-A
Salt (sodium chloride) in our diet is accumulating steadily and evidence suggests it is a factor in a serious disease, hypertension, or high blood pressure. Explores the tendency among young people to consume a lot of salt-heavy snack foods. Explores the most common sources of sodium in our diets and offers suggestions for reducing them. (HIGGIN)

THE SAME INSIDE - 4200

video color 13 min. 1983 EI-A
Four special-needs children share their feelings about their birth defects, their fears and their dreams. (MDIME)

SANITATION AND HYGIENE - DV0025

DVD color 10 min. 2000 A
This program is intended for those working in professional kitchens. It outlines common sense steps food service workers should take to ensure food safety. This video also provides basic information about bacteria and microorganisms and the difference between cleaning and sanitizing. (ERI)

SANITATION: RODENT AND INSECT CONTROL - 5107

video color 9 min. 1972 A
Basic program on rodent and insect control. Looks at the role these pests play in the spread of disease and explains that it is the responsibility of employees to maintain good housekeeping practices. Stresses that it is every worker's responsibility to keep pests out and keep them from breeding. Describes methods for combating roaches, flies, and rodents. Demonstrates the role of the professional exterminator and gives basic rules for the safe handling of pesticides by kitchen

staff. (TRAIN)

A SATELLITE PRIMER ON TUBERCULOSIS

seven videos color each part: 95-120 min. 1995/2000 Professional

A 9-part, satellite primer on tuberculosis designed to inform public health workers about tuberculosis. Intended for entry level public health workers, staff of correctional facilities, drug treatment centers, migrant clinics, nursing homes, homeless shelters, or other facilities serving persons with or at risk for tuberculosis. Includes a guide and glossary booklets. A print version for the self-study modules is found at: www.phppo.cdc.gov/phtn/tbmodules/Default.htm (CDC)

Part 6. CONTACT INVESTIGATIONS FOR TUBERCULOSIS - 7111 (2000)

Parts 7 & 8. INSTITUTIONS AND CONFIDENTIALITY IN TUBERCULOSIS CONTROL / TUBERCULOSIS SURVEILLANCE AND CASE MANAGEMENT IN HOSPITALS- 7112 (2000)

Part 9. PATIENT ADHERENCE TO TUBERCULOSIS TREATMENT - 7113 (2000)

SAVING BABIES: THE LESSONS OF BROWNSVILLE - 7261

video color 8 min. 1994 A

Illustrates the importance of birth defects surveillance at the governmental level in order to identify high rates of birth defects in a geographical area. Tells the story of abnormally high rates of anencephaly in Brownsville. An educational emphasis on taking the vitamin, folic acid, before and during pregnancy to prevent neural tube defects was initiated through the area churches and in public service announcements. (MDIME)

SAVING FOR STRESS - 5420

video color 14 min. 1992 SrH-A

Uses money as a metaphor, demonstrating how stress depletes one's reserves. Shows how to build up these reserves with a variety of methods from relaxation techniques to exercise. (KINETI)

SAVING THE CHILDREN: THE STORY OF WIC (closed captioned) - DV0426

DVD color 25 min. 2007 A

The history of WIC is presented using documentary footage and interviews with some of the founders of WIC. Political leaders instrumental in passing the legislation that established the program are also interviewed. Excerpts from the historic news program *Hunger in America* with Charles Kuralt are included. (DSHS)

SAY NO AND MEAN IT - 4815

video color 16 min. 1991 EI

Teaches four simple assertiveness techniques that will help elementary students in their relationships with others. Using lively songs, peer hosts, and age-appropriate discussion

questions, shows how learning to say no will enable students to act in their own best interest. (SUNBUR)

SAY NO TO FAT (English/Spanish) - 7072

video color Eng-16 min., Span-18 min. 1995 SrH-A

Intended for Mexican-American audiences. Shows how greatly reducing fat in the diet can reduce the risks of heart disease and diabetes. Encourages the reading of labels to find fat in foods such as milk and tortillas. Foods higher in fat such as guacamole can be eaten in smaller quantities at special occasions. (WIC)

SCABIES - 4878

video color 7 min. 1977 A, Professional

Intended for physicians and health care professionals. Describes the symptoms of scabies infestation. Reviews the insidious nature of the disease and addresses the difficulty in diagnosing scabies from other dermatological conditions. Various examination techniques to detect the presence of the scabies mite are reviewed and demonstrated. Concludes with treatment procedures including the role of health care professionals in helping prevent the spread of scabies. The Texas Department of State Health Services does not endorse any particular brand or product. (KAROL)

SCAFFOLDS, PART I: GENERAL REQUIREMENTS - 6481

video color 7 min., 1997 A

Discusses the importance of proper design and construction of scaffolds in order to prevent falls. Seeks to help viewers minimize or control hazards caused by structural instability and overloading of scaffolding. (SAFETY)

SCAFFOLDS, PART II: SAFE WORK PRACTICES - 6482

video color 6 min. 1996 A

Discusses methods to prevent scaffold accidents such as falling and electrocution. Stresses the importance of proper scaffold design and construction to prevent hazards due to structural instability, overloading, or falling objects. (SAFETY)

SCHOOL PLANNING FOR CHILDREN WITH SEIZURE DISORDERS (closed captioned) - 6273

video color 14 min. 1992 SrH-A

Describes some epilepsy-related problems that may affect learning and the kinds of services that may be needed to help the child with epilepsy who also has a learning disability or who is not doing well in school. (EFA)

SCHOOL SCREENING WITH DR. ROBERT KELLER - 4984

video color 60 min. 1989 A

Teaches proper technique for doing spinal screening. Defines scoliosis and kyphosis. Four teenagers, three with curves and one without, are examined and the findings explained. (NATLS)

SCHOOLS AND HEALTH: THE NEXT STEP FOR THE NEXT GENERATION - 7797

video color 16 min. 2000 A, Professional
Legislators, medical, educational and social work professionals discuss children's health and the need for school based health centers. (NCSL)

THE SCIENCE OF SLEEP - DV0540

DVD color 25 min. 2008 A
Lesley Stahl finds out why we sleep and visits sleep labs to find out. She learns that sleep is as essential to our health as nutrition and exercise. In fact, scientists are seeing a link between lack of sleep and serious health conditions such as diabetes, obesity, and heart disease. A good night's sleep is also essential to memory, which is something college students should consider before their next all-nighter. (CBS)

SCIENTIFIC AMERICAN FRONTIERS: GROWING UP DIFFERENT (closed captioned) - 7539

video color 60 min. 2000 SrH-A
A *Scientific American Frontiers* broadcast which documents the lives of several children who are growing up different and the doctors and researchers who are trying to mitigate the difficulties they face. Cochlear implants restore some hearing to a profoundly deaf child, augmentative communication technology gives speech to a child without it, and insights into the fundamental nature of autism may have implications for treatment. (PBS)

THE SCOFFER - 4868

video color 8 min. 1969 A, Professional
Describes a worker who believes that rules were made to be broken. (JOURNL)

SCOLIOSIS (closed captioned) - 6904

video color 12 min. 1998 I-JrH
Intended for showing to students prior to the scoliosis screening at school. Topics include: the spine's normal curvature; spinal curvature problems resulting from scoliosis; the importance of early detection; what to expect from the scoliosis screening procedure and effective treatments for scoliosis. (MARSH)

SCOLIOSIS: AN ADULT PERSPECTIVE - 6816

video color 17 min. 1992 A
Details the deformities and complications of five adult women suffering from scoliosis. In each case the condition was either not treated earlier or the treatment was unsuccessful. Emphasizes the responsibility of the patient in maintaining their own medical records apart from their health care provider in order to document anatomical changes. Presents factors to consider before deciding upon back surgery. (SAI)

SCREEN TO END ABUSE - 7812

video color 33 min. 2003 Professional
Demonstrates techniques for screening and responding to domestic violence in primary care settings.(FVPPF)

SEA-J (SAFETY AND ENVIRONMENTAL AFFAIRS JOURNAL) SPECIAL REPORT: DISASTER PREPAREDNESS - 7389

video color 21 min. 2001 A
Compiled after the terrorist attacks on 9/11/01. Consists of three sections. *Emergency Action Plans* discusses the importance of each employee knowing how to respond in a disaster. Explains the overall structure of an emergency action plan. *Fire Drills* describes the importance of companies in having fire drills with the local firefighters. Firefighters can be familiar with the specifics of a particular building and company personnel can identify actions they can take to save their lives. *Package Bombs* usually have some common characteristics. Shows how an employee should respond if a suspicious package arrives in the workplace. (COASTAL)

SEAL IN A SMILE

English-4343, Spanish-4998
video color Eng-11 min., Span-4-1/2 min. 1988/1991 EI-A
The first 4-1/2 minutes and the Spanish version discusses the need for and application of dental sealants, a plastic protective coating for back teeth. The following 6-1/2 minutes of the English school version provides information on the school dental sealant program. (DENTAL)

SEARCHING FOR A RAINBOW: THE ADVENTURES OF ZOBEBY (English/Spanish) (closed captioned) - DV0168

DVD color Eng-24 min. Span-24 min. 2007 K-A
Join Zobey, a happy purple monster, and his friend Mr. Hippo Cloud, a rainbow colored hippopotamus, on their adventures as they dance and exercise. This program is designed to encourage children to be physically active. Adult viewers are encouraged to watch the DVD and participate along with children. Zobey teaches hand eye coordination, movement and dance and healthy eating habits. Nutrition tips for parents and recipes are included. (DSHS)

SEAT BELTS AND AIR BAGS - DV0181

DVD color 7 min. 2000 A
Outlines the important points of proper seat belt usage combined with air bags that save thousands of lives each year. (SAFETY)

SECONDHAND SMOKE, REVISED - 6316

video color 20 min. 1996 I - A
Combines humor with facts to prove that tobacco smoke increases the risk of lung cancer and other diseases in nonsmokers. Shows smokers how their habit harms those around them, and urges nonsmokers to defend their right to breathe smoke-free air. Secondhand smoke can damage the hearts and lungs of nonsmokers, aggravate asthma in one million children each year and is designated as a Class A carcinogen by the EPA. (PYR)

THE SECRET LIFE OF THE BRAIN (closed captioned) - 7538

video color 60 min. 2001 SrH-A
Explores how the brain constructs itself from conception through the first year of life. Examines the difficulties of premature babies and the delicate developmental process of the brain. (PBS)

SECURING OUR FUTURE - 7161

video color 12 min. 1999 A

Dispels many arguments against using child safety seats and seat belts. Illustrates how the correct child safety seat for infants and toddlers should be installed. Provides guidelines for using a booster seat for older children. Demonstrates how different age children are secured in a variety of seats. (TDH)

SECURITY AWARENESS FOR WORK TRAVEL AND HOME (closed captioned) - DV0233

DVD color 19 min. 2001 A

Viewers of this DVD will learn what they can do to remain secure while at work, while traveling or at home. Topics include workplace security, employee identification and access, threats of workplace violence and harmful materials in mail and shipments. Security for hotel guests, while driving, and at the airport are also covered. (ERI)

SEIZURE DISORDERS AND THE SCHOOL

video color 14 min. 1991 A, Professional

Designed to improve understanding of epilepsy for school teachers, administrators, and other school personnel. Shows children having actual seizures, first aid practices, and how the classroom is managed. Stresses the importance of early recognition of the seizure. Addresses fears and concerns of school personnel. Explains the importance of promoting self-esteem of the affected student and responding to the reactions and questions of other students. (EFA)

6261 ELEMENTARY (For elementary school teachers)**6262 SECONDARY** (For secondary school teachers)**SEIZURE FIRST AID (closed captioned) - 6179**

video color 11 min. 1992 SrH-A

Demonstrates proper first aid procedures using footage of real seizures and re-enactments. Individuals with epilepsy tell how they feel during a seizure and how they would like others to react at those times. (EFA)

SELF-IMAGE AND EATING DISORDERS: A MIRROR FOR THE HEART - 6954

video color 24 min. 1996 SrH-A

Explores the underlying behavior, including stress, guilt, shame, and a lack of self-esteem, that may motivate many women to have an obsession with food and diet. A preoccupation with body image may lead to anorexia nervosa and/or bulimia. Shows the importance of proper treatment and professional help. (FFH)

SENSORY CHANGES IN THE ELDERLY - 5617

video color 20 min. 1985 A, Professional

Intended for nursing home caregivers. Discusses the changes in touch, smell, taste, hearing, eating, and sight of the elderly. Makes suggestions to increase staff awareness and to increase skills in caring for the elderly. (KINETI)

SEPSIS: THE PERIL OF INFECTION - DV0315

DVD color 24 min. 2003 A

A frightening and often deadly affliction, sepsis is a result of

the immune system overreacting to bacterial infection. This program thoroughly examines the cause of sepsis, its specific symptoms and effects, and the possibility of treatment and recovery if life support and antibiotics are administered in time. Describing how immunological defenses shift into overdrive to rid the blood stream and organs of invaders, the DVD illustrates the all-too-frequent results of the human body attacking itself: organ damage and, typically, system failure. Case studies of sepsis survival and expert commentary from physicians at major medical centers are also included. (FFH)

SERVS SAFE STEPS TO FOOD SAFETYvideo color See running times below 2000 A
Each video in the series shows realistic scenarios in multiple industry segments. Information is consistent with the latest FDA Mode Food Code. (TRA)**STEP 1. STARTING OUT WITH FOOD SAFETY (English/Spanish closed captioned) - 7352** (Eng-12 min., Span-12 min.)

Defines foodborne illness and how it occurs. Explains the conditions which cause food to become unsafe. Demonstrates safety practices to follow during the flow of food.

STEP 2. ENSURING PROPER PERSONAL HYGIENE (English/Spanish closed captioned) - 7353 (Eng-10 min., Span-10 min.)

Introduces employees to the ways they might contaminate food. Shows personal cleanliness practices that help protect food. Demonstrates the procedure for thorough handwashing.

STEP 3. PURCHASING, RECEIVING, AND STORAGE (English/Spanish closed captioned) - 7354 (Eng-12 min., Span-12 min.)

Explains how to choose a supplier. Demonstrates the calibration and proper use of a thermometer. Shows how to store food safely.

STEP 4. PREPARING, COOKING, AND SERVING (English/Spanish closed captioned) - 7355 (Eng-11 min., Span-11 min.)

Identifies proper practices for thawing, cooking, holding, serving, cooling and reheating food.

STEP 5. CLEANING AND SANITIZING (English/Spanish closed captioned) - 7356 (Eng-10 min., Span-10 min.)

Describes the differences between cleaning and sanitizing. Demonstrates proper manual and machine dishwashing. Explains how sanitizers work. Shows how to store clean items and cleaning supplies. Illustrates how to set up a cleaning program.

STEP 6. TAKE THE FOOD SAFETY CHALLENGE, GOOD PRACTICES, BAD PRACTICES-YOU MAKE THE CALL! English (closed captioned) - 7357, Spanish (closed captioned) - 7358 (35 min.)

Applies the principles taught in Steps 1-5 by identifying bad practices in five different foodservice establishments. The first section allows the viewer to take the challenge for each establishment and then to watch a review of the scene through the eyes of a manager and his employee. The second section allows the viewer to take the challenge without the

review.

**SERVSAFE STEPS TO FOOD SAFETY SIX IN ONE
(English/Spanish) - DV0041**

DVD color 90 min. 2004 A

This set contains one DVD in English and another in Spanish with the same material. This is the revised 3rd edition. Each segment shows realistic scenarios in multiple industry segments. Information is consistent with the latest FDA Model Food Code. Follows same format and video sections as listed on earlier edition. (TRA)

SESAME STREET GOES TO THE DOCTOR (closed captioned) - 7118

video color 21 min. 1999 P, A

Intended for preschool children and their parents. Elmo goes to the doctor and meets other Sesame Street characters in the doctor's waiting room. Provides information to allay fears about doctor's visits, how to help children through common illnesses, and how to use antibiotics wisely. (PFIZER)

SESAME STREET LEAD AWAY (closed captioned) - K0006

video color 15 min. 1996 K-P

Contains a fifteen-minute video in English, ten-minute audiocassette and printed material in English and Spanish. Targets children 3 - 6 years of age. Uses the appeal of Sesame Street to teach young children good health and safety habits that can minimize their exposure to lead. The print material provides parents and caregivers with information on the dangers and sources of lead poisoning, stresses the importance of yearly lead screens, and covers steps that can be taken to lower a child's exposure to lead. (CTW)

SEVEN STEPS TO REDUCE THE RISK OF SIDS - DV0268

DVD color 14 min. 2006 SrH-A

SIDS, or Sudden Infant Death Syndrome, is the leading cause of death for infants under one year of age. This DVD shows how to dramatically lower an infant's risk using simple, important safety steps. Although SIDS is a frightening subject, this DVD's positive and compassionate tone will help ease parents' anxieties by showing them how to give their baby a healthy and happy first year. This program also contains information about breastfeeding with animated illustrations. (INJOY)

SEVERE WEATHER - 4273

video color 20 min. 1987 JrH-A

Meteorologist Nelson Robinson explains how to recognize signs of threatening weather and what to do to protect oneself in case of tornadoes, flash floods and thunderstorms. (LCRA)

SEVERE WEATHER ALERT: ARE YOU PREPARED? - DV0386

DVD color 15 min. 2003 A

This program offers facts, tips and warnings that can help viewers survive serious weather emergencies. Topics include severe weather watches and warnings, thunderstorms, floods,

tornadoes, emergency response plans and precautions. Viewers will learn what to do once a storm has passed. (AURORA)

SEVERE WEATHER SAFETY: WATCH FOR THE WARNING - 6543

video color 18 min. 1996 El - JrH

Teaches viewers to recognize the signs of impending severe weather. Differentiates between a severe weather "watch" and "warning". Identifies safe and unsafe severe weather behavior.

Stresses that a course of action for home and school should be made to prepare for severe weather. (UNITDL)

SEX AND CONSEQUENCES - DV0147

DVD color 30 min. 2006 SrH

Focuses on teens who have chosen and made a commitment to abstinence. These teens discuss the reasons why they have made this commitment and how they resist the pressures to have sex. Also included are teens who have had sex and are now choosing to abstain. The consequences of sex are shown through the stories of several teen parents. (DISCOV)

SEX AND OTHER MATTERS OF LIFE AND DEATH - 6602

video color 29 min. 1997 SrH-A

Chronicles a teenage theater group which performs at inner city schools using dramatic vignettes to teach prevention and risk reduction methods regarding the dangers of HIV/AIDS and sexually transmitted diseases. The question and answer parts following the performances are frank and explicit. (ALTSCH)

**SEX CAN WAIT. TALKING CAN'T
DVD-DV0450, VHS-7722**

video color 22 min. 2002 A

Stresses the importance of talking to your children about sex. Suggests what information to give children at different ages and how to start a conversation. Parents should talk to children at an early age and continue to communicate with them as the issues become more serious. (TDHCH)

SEX FACTS: TEENS AND STDS - DV0675

DVD color 30 min. 2011 SrH

Viewers watch as high school students deal with having an STD. Real-life scenarios present male and female points of view through the initial discovery, the subsequent fear and embarrassment, the doctor's check-up, and the sexual partner confrontation. Realistic STD prevention methods are presented, while differences between birth control and STD inhibitors are identified.

SEX SMART FOR TEENS - DV0071

DVD color 88 min. 2003 SrH

This DVD contains 3 volumes: Abstinence (34 min.), Birth Control (27 min.) and Sexually Transmitted Infections (STIs)(27 min.). In the first volume, abstinence is presented as a healthy choice. In the second volume sexual activity and current birth control methods are explained in an entertaining format. Sexually transmitted infections are explained in the final volume. Teens learn how STIs are transmitted. The symptoms, consequences, prevalence of STIs are discussed.

(INJOY)

SEXTING: SEX PLUS TEXT EQUALS TROUBLE - DV0674

DVD 30 min. 2011 JrH-SrH

Sexting is a combination of sex and text messaging. Junior High and High School students demonstrate the threat of texted sexually explicit or suggestive photographs, messages and videos. Real life scenarios are presented along with the resulting consequences affecting a teenager's personal, social and future life. Follow students through a variety of sexting situations stemming from careless fun to cyberbullying along with their painful effects.

SEXUAL ABUSE: IT'S NOT YOUR FAULT- DV0672

DVD color 12 min. 2011 I

Elementary aged students present real-life scenarios of sexual abuse as well as the resulting emotional impact. Watch as children take an uncomfortable situation and address the problem to make it stop. Follow the children from the beginning to end to identify what sexual harassment is, how to handle this serious issue and establish available age-appropriate solutions.

SEXUAL ABUSE OF CHILDREN: VICTIMS AND ABUSERS - 7291

video color 28 min. 1998 SrH-A

Explores the devastating long-term ramifications that result if a child is abused physically, emotionally, and/or sexually. Low self-esteem is one of many traumatic consequences for victims of incest and other child sexual abuse. Features interviews with therapists, victims, and recovering offenders. (AIMS)

SEXUAL HARASSMENT FOR EMPLOYEES

English-DV0090, Spanish-DV0091

DVD color 16 min. 2005 A

Sexual harassment is illegal and is a serious form of discrimination that can threaten your work place. This DVD teaches your employees to identify and report sexual harassment when it happens. It gives a definition of sexual harassment and tips on recognizing harassment. Advice is given on what to do if you are a victim. (TTN)

SEXUAL HARASSMENT: IT'S NOT JUST COURTESY -IT'S THE LAW - 4927

video color 27 min. 1989 A

Using dramatic vignettes, shows examples in the workplace of sexual harassment. Outlines the law and shows how unwelcome and inappropriate sexual advances and innuendo can demoralize the recipient and can affect their job performance. Litigation can result, making the harasser and the harasser's organization liable. (ITS)

SEXUAL HARASSMENT: IT'S YOUR BODY: YOU'RE IN CHARGE - DV0650

DVD color 20 min. 2006 K-P

This program helps children differentiate between good and bad touches. They learn to say no to a touch that makes them feel uncomfortable and to speak up if they experience a bad

touch. Young viewers will learn to trust their feelings about touches, learn what parts of their bodies are private and differentiate between good and bad secrets.

SEXUAL HARASSMENT: WHAT IS IT & HOW TO HANDLE IT - 7336

video color 20 min. 1997 I-A

Explains what sexual harassment is, what it isn't, and the appropriate ways to confront and report sexual harassment, especially in school. Students "role play" scenarios, examining a wide range of behaviors such as explicit jokes, workplace harassment, and obsessive and threatening conduct. (FIDEAS)

SEXUALLY TRANSMITTED DISEASES

English-4626, Spanish-4627

video color 13 min. 1991 SrH-A

Provides an overview of the most frequent sexually transmitted diseases -- chlamydia, gonorrhea, syphilis, HPV, herpes, and AIDS. Explains that STDs are often discovered on routine examination when there are no actual symptoms. Reviews the symptoms that may be present in men and women and treatments for curable STDs. Although abstinence is recommended as the best preventative technique, use of a condom with spermicide is suggested for people who decide they want to have sex. The tape shows female patients throughout, however, it is appropriate for mixed audiences. (MILNER)

SEXUALLY TRANSMITTED DISEASES, 2nd ed.

(closed captioned) - 7549

video color 13 min. 2002 SrH-A

Provides comprehensive view of major sexually transmitted diseases. Describes symptoms, potential long-term consequences, and treatments. Includes curable STDs, such as chlamydia and gonorrhea, and non-curable STDs, such as genital herpes and HIV. Stresses abstinence, but provides ways to lower the risk of STDs for the sexually active person. (MILNER)

SEXUALLY TRANSMITTED DISEASES: MORE BUGS, MORE PROBLEMS (3rd ed.) - 5016

video color 21 min. 1992 JrH-A

Stresses the need for prevention through abstinence or by using a condom. Syphilis is shown as second only to AIDS in the number of cases reported. Includes information on gonorrhea, herpes, genital warts, chlamydia, and pelvic inflammatory disease. (HIGGIN)

SEXUALLY TRANSMITTED DISEASES: THE KEYS TO PREVENTION - 6454

video color 38 min. 1993 SrH-A

Covers transmission, prevention and recognition of sexually transmitted infections. Reviews STDs such as herpes, HIV and AIDS, gonorrhea, syphilis, chlamydia, pelvic inflammatory disease (PID), genital warts, hepatitis B, and trichomoniasis. (KAROL)

SEXUALLY TRANSMITTED DISEASES: WHAT YOU SHOULD KNOW - 4169

video color 25 min. 1988 JrH-A

Heightens teenagers' awareness of the causes, symptoms, and health consequences of sexually transmitted diseases including AIDS. Encourages sexual abstinence and stresses the importance of low-risk behavior. Urges immediate treatment for anyone who has symptoms or exposure to an STD. (SUNBUR)

SEXUALLY TRANSMITTED INFECTIONS: WHAT YOU SHOULD KNOW - 7757

video color 22 min. 2003 JrH-SrH

Dramatization uses candid language to discuss chlamydia, herpes, HIV, and other STDs, and the harm they can do if left untreated. Encourages sexually active teens to seek medical attention for screening and possible treatment. Explores the benefits and limitations of condoms and emphasizes that abstinence remains the best choice for teens. (SUNBUR)

SHAKING, HITTING, AND SPANKING -- WHAT DO I DO INSTEAD? - 5868

video color 30 min. 1990 A

Presents alternative strategies and techniques to spanking, hitting, and shaking through four parent-child vignettes. (KIDRTS)

SHELTER IN PLACE AT HOME - 4992

video color 12 min. 1991 A

Explains the procedures to follow if a chemical emergency occurs and sheltering in-place is required. Stresses that in some cases sheltering in-place is preferred over evacuation. Emphasizes that the instructions of local officials must be followed whenever a chemical emergency exists. Shows how to prepare should sheltering in-place ever be necessary. (NICS)

SHELLEY AND PETE... & CAROL - 7799

video color 27 min. 1980 JrH-A

Stresses the problems that can arise when a teenage couple become sexually involved and an unplanned pregnancy results. The couple's dreams are shattered after the baby arrives, presenting them with the responsibility of raising a child. (USDHHS)

SHINING A LIGHT ON ALZHEIMER'S DISEASE - DV0408

DVD color 32 min. 2007 A

This program shines a light on the immense personal and societal impact of Alzheimer's disease in the United States. It explores the efforts of researchers to head off an Alzheimer's epidemic. (ADC)

SHIPPING OF HAZARDOUS MATERIALS - 7858

video color 18 min. 2000 A

Comply with 49 CFR Section 172.704 and train shipping and receiving personnel to recognize the required safety measures when shipping hazardous materials. Provides information on hazard classes, division, packing groups, materials classification and documentation. Also discusses loading and load segregation and shows the hazardous materials table. (TTN)

SHOCK HAZARDS: POWER TOOLS

DVD-DV0182, VHS-4486

video color 5 min. 1989 A

Improperly used or maintained power tools can injure or kill. Looks at a few simple ways to prevent electric shock from power tools. (SAFETY)

SHOPPING FOR WIC APPROVED FOODS

(English/Spanish) - 7114

video color Eng-15 min., Span-19 min. 1999 SrH-A

Mary, a new WIC participant, learns to shop for her WIC foods with the help of her friend, Rosa. Mary learns how to prepare for her shopping experience by using the Texas WIC Approved Foods brochure, WIC vouchers, and a shopping list. (WIC)

SHORT-CIRCUITING STRESS - 5609

video color 17 min. 1994 SrH-A

Gives viewers the tools to cope with stress while it is happening. Shows how stress progresses in a predictable sequence, A, B, C. A stands for activating event, B for belief, and C for consequence of A + B. Demonstrates how one can control the reaction to stress by controlling how one thinks about stressful events. Demonstrates five strategies for short-circuiting stress including avoiding the blame game, controlling your inner dialogue, and shifting the focus forward. (KINETI)

SHOWDOWN AT SWEET ROCK GULCH - 4083

video color 13 min. 1973 P

Presents a preventive dentistry message with a western background. The Bad Health Gang, led by Plaque, attempts to take over Sweet Rock Gulch. Aided by the dentist and his assistant, the children banish the gang from town with toothbrush and floss. Intended for young audiences, includes brushing and flossing instructions as well as diet advice for the control of dental disease. Cleared for TV. (ADA)

SICK DAY RULES - 6887

video color 16 min. 1998 SrH-A

Shows the extra precautions that a young person with insulin-dependent diabetes must take to monitor blood sugar and ketones during an illness. Gives a list of items to keep on hand in case of a sick day. Describes how an illness can affect the body of a person with diabetes. Emphasizes testing and treating to prevent dehydration. The Texas Department of State Health Services does not endorse any particular brand or product. (SCOTT)

SIDS: REDUCING THE RISK - 6284

video color 27 min. 1996 SrH-A

Advises parents on steps they can take to reduce the risk of their infant dying of SIDS, Sudden Infant Death Syndrome. Covers major risk factors. (CAMBRI)

SIGNS AND SYMPTOMS OF A HEART ATTACK

(closed captioned) - 6148

video color 8 min. 1995 A, Professional
Identifies signs of a heart attack to help patients and their families know when to seek emergency care. For viewers with symptomatic heart disease, differentiates symptoms of angina from a possible infarction. Provides a description of nitroglycerin protocol. Stresses getting to the hospital quickly where thrombolytic drugs can reduce the damage of a heart attack. (MILNER)

THE SILENT HUNGER: ANOREXIA AND BULIMIA - 6201

video color 46 min. 1995 SrH-A
Explains what eating disorders are and what causes them. Specifically examines anorexia nervosa, bulimia nervosa and binge eating syndrome. Seven females who have all suffered from eating disorders, the father of a woman who died as a result of her disorder, and health professionals offer their insights and knowledge. (FFH)

SILENT ON THE SIDELINES WHY WE IGNORE BULLYING

DVD-DV0154, VHS-7881

color 24 min. 2004 JrH
Viewers will learn why bullying should not be tolerated by those who witness it. They will understand the reasons student often stay silent. Strategies are suggested to prevent bullying. The power of the group in combating bullying is explained. (SUNBUR)

THE SILENT STALKER - 7301

video color 8 min. 2000 JrH-SrH
Promotes the prevention of hepatitis and substance abuse. Warns that the viruses which cause hepatitis B and C are spread by open wound contact with infected blood and other body fluids. Dirty needles used in taking drugs and even body piercing or tattooing can spread these life threatening diseases. Encourages immunization for hepatitis B. (HFI)

SIMPLE FOOT CARE TECHNIQUES: THE CARVILLE APPROACH - 7095

video color 30 min. 1996 Professional
Contains six programs on one video. *Nail Care* (7 min.) Shows step-by-step procedures in trimming toe nails for diabetic patients. *Callous Care* (7 min.) Shows step-by-step procedures in trimming foot calluses for diabetic patients. *Skin Care* (1 min.) Shows how to apply moisturizer to the foot. *Darco Shoe* (6 min.) Explains how to prepare a Darco shoe for a diabetic patient with a foot ulcer. *Unna Boot* (7 min.) Shows step-by-step procedures in applying an Unna Boot for a diabetic patient. *Dremel Drill* (4 min.) Shows how to maintain the Dremel Drill which is used in trimming toe nails and foot calluses. (GWLHDC)

SISTER'S KEEPER: WHAT EVERY BLACK WOMAN SHOULD KNOW ABOUT AIDS - 7215

video color 28 min. 1999 A
African-American women talk openly about what HIV means to them as mothers, lovers, wives and grandmothers. Explains the effect of HIV during pregnancy. Describes how drug use

can lead to circumstances which would put a person at risk for contracting HIV. Advises women to protect themselves and supplies community resources where women can go for help. (NAACP)

SKIN: IT'S ALL AROUND YOU (2nd ed.) - 6244

video color 14 min. 1996 I-JrH
Overview of this largest organ of the body, including description and function; good hygiene practices; and risks to the skin from the sun. (HIGGIN)

SKIN MANIFESTATIONS OF SEXUALLY TRANSMITTED DISEASES (Slides) - 3167

47 Slides color 1986 A, Professional
Reviews skin manifestations of syphilis, gonorrhea, chancroid, LGV, GI, herpes, moluscum contagiosum, venereal warts, scabies and lice. (NAVC)

SLEEP DISORDERS: ASSESSMENT AND MANAGEMENT IN PRIMARY CARE - 7761

video color 60 min. 2000 Professional
Presents an overview of sleep disorders with emphasis on the most common ones: insomnia and sleep apnea. Explains the physiology of sleep. Advises doctors on when to refer patients to a sleep disorder clinic. (NCME)

SLIPS AND FALLS - 5124

video color 10 min. 1991 SrH-A
Viewers observe how easy it is to lose a safe attitude. Punctuated with humor, covers slip and fall hazards ranging from housekeeping practices to ladder use. It delivers important procedural information appropriate for a wide variety of work settings. (AURORA)

SLIPS, TRIPS AND FALLS - 4783

video color 14 min. 1990 SrH-A, Professional
Explains why slips, trips or falls occur. Provides examples of typical slips, trips and falls which occur in health care environments. Shows practical ways to recognize and reduce hazards which can cause these injuries. Provides guidelines on preventing slips, trips, or falls, and a special review quiz for employee training and record keeping. (COASTAL)

SLIPS, TRIPS, AND FALLS UPDATE

English-DV0092, Spanish-DV0093

DVD color 17 min. 2005 A
This engaging and fast-paced program will motivate employees to recognize and respect the common causes of slips, trips and falls, and teach them procedures and techniques to prevent them from occurring and causing injury. (TNN)

SMALL CHANGE, BIG DIFFERENCE - 7452

video color 7 min. 1994 SrH-A
A woman tells her family about the changes she has made to reduce fat in her meals. She now prepares food such as lean ham, skinless chicken, reduced-fat milk, fruit, and whole wheat bread. (WIC)

SMALL DIFFERENCES - 7543

video color 19 min. 1995 El, A
Produced by elementary-age children making their own disability awareness video. Shows the similarities of all people, young and old, with just individual small differences. (LMD)

SMALLPOX AND VACCINIA LABORATORY TESTING: A NATIONAL TRAINING INITIATIVE (closed captioned) - 7650

video color 98 min. 2003 Professional
Intended for laboratorians and those who use laboratory services to prepare them to respond effectively to vaccine adverse events and the intentional release of smallpox. Explains the relationship and resources available in clinical and public health laboratories, indications for laboratory testing, the types and availability of testing, test interpretation, and specific specimen collection, handling and transportation requirements. (CDC)

SMALLPOX AWARENESS FOR FIRST RESPONDERS (closed captioned) - 7688

video color 19 min. 2003 A, Professional
Explains the signs and symptoms of smallpox, how the virus is spread, and how it differs from chickenpox. Discusses smallpox vaccine and precautions to be used in suspected cases. (COASTAL)

SMALLPOX VACCINE ADMINISTRATION - 7763

video color 38 min. 2002 Professional
Describes smallpox vaccine and common reactions following vaccination. Shows how to screen potential vaccines for contraindications to vaccination; how to administer smallpox vaccine; and how to care for the vaccination site. (CDC)

SMALLPOX: WHAT EVERY CLINICIAN SHOULD KNOW (closed captioned) - 7412

video color 120 min. 2001 Professional
Teleconference presented December 13, 2001. Intended for public health care professionals. Intended to improve the recognition, diagnosis, and reporting of smallpox disease. Describes the differences between smallpox and other rash illnesses. Explains the recommended management of a suspected smallpox case. (CDC)

SMARTER THAN YOU THINK - 5709

video color 19 min. 1991 JrH-A
Examines how babies are actually smarter than most people think, and that it is critical for a child's development to treat a baby accordingly. Several case studies demonstrate how newborn babies react to sight and sound, and how they have actual likes and dislikes even before they are two weeks old. Ultrasounds are used to demonstrate how much of a baby's sensory perceptions are developed before they are born. Documents the tragic results of neglecting a baby's need for sight, sound, and emotional stimulus by looking at abandoned babies. The four stages of a baby's emotional development during their first year are shown. (ALTSCH)

SMOKELESS TOBACCO: THE SEAN MARSEE STORY - 4060

video color 15 min. 1986 JrH-A
Presents the dangers of smokeless tobacco including oral cancer, oral leukemia, gum disease, tooth loss, and nicotine addiction. Tells the true story of Sean Marsee, a high school track star and habitual user of snuff, who died of oral cancer at age 19. Stresses that smokeless tobacco is not a safe alternative to smoking and encourages saying no when faced with peer pressure. (DISNEY)

SMOKELESS TOBACCO: YOUR HABIT OR YOUR LIFE - 7834

video color 16 min 1999 SrH
This video presents viewers with the facts about smokeless tobacco and the health risks that come with it. The myths about smokeless tobacco are dispelled and the negative impacts on the user's social life are shown. Gives viewers suggestions on dealing with the social pressures associated with the use of smokeless tobacco. Encourages smokeless tobacco users to quit. (SYNDI)

SMOKIN' SAM - 6322

video color 23 min. 1995 P-JrH
Presents the dangers of smoking using the story of Smokin' Sam. Sam, the All-American star of a roller hockey league, has a secret he does not want his fans to know: he smokes. Two eleven-year-old sleuths find out, and with help from the school nurse, a doctor and an advertising professional, they decide to convince Smokin' Sam that he should quit. (PYR)

SMOKING AND NUTRITION - DV0339

DVD color 19 min. 2007 A
This program offers suggestions for quitting smoking without weight gain. It details the effects of smoking on nutrition and suggests a healthy eating style based on the food guide pyramid. (KINETIC)

SMOKING: GETTING READY TO QUIT

English DVD-0529, English VHS-7550
DVD/VHS color 15 min. 2001 SrH-A
Discusses a list of specific quitting strategies. Encourages a self-examination of the smoking habit. Explains how to use various quitting aids such as nicotine gum, patches, or nasal sprays. The Texas Department of State Health Services does not endorse any particular brand or product. See also Spanish language version *Fumar: Estar Preparado Para Dejar de Fumar* (DV0524). (MILNER)

SMOKING: NO THANKS! - 6325

video color 7 min. 1993 I-JrH
Features a variety of scenarios in which young people are pressured to try a cigarette and in each, the student asserts his or her reasons for not smoking. Shows young people ways in which they can say no and still be accepted by their friends. (ALTSCH)

SMOKING: STAYING QUIT / CIGARRILLO:

MANTENERSE SIN FUMAR

English-DV0526 (closed captioned), Spanish-DV0525

DVD color 14 min. 2007 A

This program helps ex-smokers understand that quitting was only the first step. Staying quit requires coping skills and determination. The DVD examines the benefits of staying quit; how to cope with triggers, cravings and withdrawal symptoms; and dealing with slips and preventing a relapse. Getting support and rewarding one's self for staying quit is also emphasized. (MILNER)

SMOKING: TRUTH OR DARE?

English (closed captioned)-7097, Spanish-7285

video color 34 min. 1999 JrH-SrH

Graphically demonstrates to teens who smoke or use chewing tobacco exactly what this deadly habit is doing to them. Describes long-term effects such as cancer, emphysema, hairy tongue, and heart disease. (AIMS)

SNACK ATTACK - DV0295

DVD color 24 min. 2006 SrH-A

Filmed at a high school that has implemented a healthy food vending program, this video explains why "junk food" is fittingly named and shows students how to balance their diets with nutritious snack alternatives. Information on obesity and other serious health problems is presented, with thorough coverage of the evils of trans fats and bad cholesterol. Viewers will also learn about the building blocks of healthy nutrition, how to make sense of food labels, and how www.mypyramid.gov can be used to plan a healthy snack counterattack. (MEC)

SOCIAL DETERMINANTS OF HEALTH: IMPLICATIONS FOR INTERVENING ON RACIAL AND ETHNIC HEALTH DISPARITIES - 7594

video color 93 min. 2002 Professional

Teleconference presented March 1, 2002. Explores the important factors that underlie racial and ethnic disparities in health. Proposes appropriate standards in measuring progress in eliminating these disparities. (PHF)

SOLVE PARENTING PROBLEMS THE TODDLER YEARS - 7861

video color 40 min. 2002 A

A step-by-step tool to help parents handle toddler misbehavior. Developed by Ann Corwin, the S•O•L•V•E formula (for children ages 1-3) is a flexible problem-solving process that parents can apply to any number of behavioral issues. This video shows families using the S•O•L•V•E formula in three common toddler challenges: temper tantrums, sharing, and toilet learning. Includes parent workbook and facilitator's guide. (INJOY)

SPEAKING OF MONEY: A GUIDE TO FUND RAISING FOR NONPROFIT BOARD MEMBERS - 7164

video color 30 min. 1996 A, Professional

Designed to raise the expertise and comfort level of boards and

staff members in understanding the development process; cultivating prospects; articulating the case for support; making the ask; and maintaining donor relations. (NCNB)

SPECIAL NUTRITION PROBLEMS OF THE ELDERLY - 6880

video color 19 min. 1997 A, Professional

Discusses the different nutritional needs of the aging. Discusses tips on overcoming the following undesired conditions that may accompany aging: weight and appetite loss, chewing problems, weight gain, constipation, dehydration, and anemia. Explains the effects of alcohol on older persons. Shows the potential problems of drug and food reactions. Emphasizes the importance of activity and low impact exercising. (HLTHED)

THE SPECIAL TOUCH BABIES NEED: CARING FOR THE INFANT WITH CLEFT LIP/PALATE - 7180

video color 16 min. 1996 A, Professional

Intended for parents of babies born with cleft lip or cleft palate and health clinicians involved in the care of these infants. Gives practical and crucial information for helping parents adjust to their special needs situation. Shows the importance of breastfeeding the baby and instructions on providing breastmilk to the baby before and after surgery. Gives help and information for bottle-feeding as well. (CMH)

SPINA BIFIDA: THE BEGINNING OF A NEW JOURNEY - 7542

video color 20 min. 1997 A

Offers insight into the medical condition, spina bifida, acknowledging what is to be expected both physically and emotionally. (GCH)

SPINAL IMMOBILIZATION - 5006

video color 27 min. 1990 Professional

Demonstrates numerous principles and techniques of spinal immobilization. Actual footage of medical emergencies shows proper procedures and difficulties common on the streets. Shows how injuries to various areas of the spine have different effects. Discusses spinal anatomy, how to assess an injury, signs and symptoms to look for, and complications of care. (AMERS)

SPINAL SCREENING: HOW TO TEACH INSTRUCTORS - 5712

video color 30 min. 1994 A, Professional

Designed to teach RN's, physicians, and other licensed professionals how to instruct the adult learner. Describes the adult learner and how they learn. (WIC)

SPINAL SCREENING PROGRAM - 4676

video color 22 min. 1975 A, Professional

Shows the symptoms of scoliosis and kyphosis. Emphasizes the importance of the school spinal screening program. Explains that if the curvature is caught soon enough braces can be used to stop the progress of the disease. If the curve is severe enough or if not caught early, surgery may be necessary. (SCOLIO)

SPIT TOBACCO KILLS: THE EXTREME DANGER OF CHEWING AND DIPPING TOBACCO - 6864

video color 28 min. 1996 JrH-SrH
Describes the real damage that spit tobacco can do to the human body. Includes the warning signs of diseases caused by using spit tobacco. Shows how the media shapes the views of teenagers concerning spit tobacco. (HUMRE)

STAGES OF CARE: CONQUERING FEARS ABOUT STARTING INSULIN - 7080

video color 9 min. 1995 A
Three people tell how they came to accept the diagnosis of diabetes and to learn to manage their condition with insulin. The Texas Department of State Health Services does not endorse any particular brand or product. (LILLY)

STAGES OF LABOR 2: A VISUAL GUIDE - DV0490

DVD color 30 min. 2006 A
Viewers take a journey through the birth process as 3D animation illustrates what happens inside the body during each stage of labor. It reviews the anatomy of pregnancy, signs of pre-labor, onset of labor, and three stages of labor. (INJOY)

STAIRWAYS AND LADDERS: THE FIRST STEP - 5628

video color 18 min. 1990 A
Stresses the importance of using ladders and stairways properly. Provides information on different types of ladders and how to choose the right ladder for each job. Provides safety rules and outlines steps for proper inspection and maintenance. Explains that one should pay close attention while climbing stairs, use the handrails and help keep steps clean and free of clutter. (COASTAL)

STANDARDS FOR INFECTION CONTROL: AN UPDATE FOR HEALTHCARE WORKERS - DV0200

DVD color 45 min. 2006 Professional
Designed to facilitate the orientation and mandatory updating of hospital staff. This program helps ensure compliance in crucial hospital-assessment areas such as OSHA bloodborne standard, tuberculosis guidelines, and JCAHO mandatory updates. This program demonstrates disease transmission; the use of protective equipment; the use of work practice controls; the creation of a safe patient-care environment; and the prevention of tuberculosis transmission. The recommendations of the CDC are reviewed along with AIDS and Hepatitis B exposure control procedures. It contains the updated hand hygiene guidelines. (COASTAL)

START SAFE: A FIRE AND BURN SAFETY PROGRAM FOR PRESCHOOLERS AND THEIR FAMILIES (English/Spanish) - K0011 A

1 DVD and 1 CD 105 min. 2010 K-A
This kit consists of resources to introduce and support this fire safety program for the preschool classroom. It consists of 1 DVD, 1CD, a 16 page educator guide, mini-story books, fire and burn safety booklets for parents, posters and safety tips for parents sheets. The DVD includes the I Spot Something Hot animated feature in English and Spanish.

STARTING OUT SAFE AND SOUND - 7422

video color 30 min. 2001 A
Provides a guide to infant health and safety for the first months of life. *Keeping Your Baby Healthy* describes the health screens and procedures in the birth setting, feeding cues, diapering, dressing, sponge bathing, and circumcision care. Gives a schedule of check-ups and immunizations and signs of illness. *Keeping Your Baby Safe* shows car safety practices, correct head support, recommended sleep position and SIDS prevention. *Making the Most of Your Last Trimester* explains how to select a pediatric provider and introduces breastfeeding. (VIDA)

STAYING HEALTHY - 6234

video color 9 min. 1996 El - JrH
Teaches children the important steps necessary to be healthy and avoid disease. Helps students learn good practices that prevent the spread of infection. Explains how germs are transmitted. Demonstrates proper handwashing techniques. Emphasizes the importance of proper nutrition, adequate exercise, plenty of rest, and avoiding germs. Discusses techniques to protect oneself from exposure to the bodily fluids of others. (LMD)

STD GRAND ROUNDS: 2002 STD TREATMENT GUIDELINES UPDATE - 7605

video color 55 min. 2002 Professional
Three national experts present the notable highlights and recommendations of the *Sexually Transmitted Diseases Treatment Guidelines 2002*. The speakers cover nine key topic areas including Prevention, Gonorrhea, Chlamydia, Genital HSV, Genital HPV, Pelvic Inflammatory Disease, Vaginitis, Syphilis, Non-Gonococcal, Urethritis, and Mucopurulent Cervicitis. This CDC program is an excellent update for primary care providers and STD clinicians (physicians, registered nurses, advanced practice nurses, physician assistants, educators, and counselors) involved in the diagnosis, treatment, and prevention of sexually transmitted diseases. (DSTD)

STD'S, AIDS, AND THE CLEAN LOVE SOLUTION - 6739

video color 30 min. 1997 JrH - SrH
Teaches students that abstinence is the only 100% effective way to avoid sexually transmitted disease and unwanted pregnancy. Describes the transmission, prevention, symptoms, and treatment of syphilis, chlamydia, pubic lice, venereal warts, genital herpes, trichomoniasis, gonorrhea, and human immunodeficiency virus (HIV). Distinguishes between confidential and anonymous testing for STD's. Identifies risky behaviors for sexually transmitted diseases such as sharing needles or other equipment in intravenous drug use; piercings or tattoos at facilities that don't use sterilized equipment and new needles for each customer; giving or receiving oral sex; sexual intercourse; touching or coming into contact with infected blood, semen, vaginal secretions, cuts, sores or abrasions anywhere on the body. Defines barrier method protection such as latex condoms or dental dams. (KINETI)

STDS LIFETIME CONSEQUENCES - DV0420

DVD color 20 min. 2006 JrH-SrH

This program offers straight talk about Sexually Transmitted Diseases (STDs) and the heavy price young people pay to have unprotected sex. A wide range of young people candidly express their attitudes about sex. Those who have contracted STDs share their physical and emotional pain. Candid conversations reveal common misconceptions about what "safe" sex is, and why risks are so often ignored. Communication with parents and peers is encouraged. A teacher's guide is printed inside the front cover. (CWK)

STD'S: STRAIGHT TALK (rev.)**English-6136, Spanish-6379**

video color 20 min. 1996 SrH-A

Shows two teenagers, one male and one female, as they are examined for sexually transmitted diseases. Includes the emotional stories of real teenagers who have acquired an STD.

Stresses that although most STD's are preventable, not all are curable. Abstinence is the only safe way to avoid all STD's. (ALTSCH)

STEP BY STEP: AVOIDING SLIPS, TRIPS, AND FALLS**non-captioned-5857, closed captioned-6246**

video color 17 min. 1989 A, Professional

A large percentage of on-the-job injuries involve falling. To avoid these types of injuries, this training video defines slipping, tripping, and falling, and offers suggestions to prevent or reduce these types of accidents. (COASTAL)

STEPS TO GOOD DENTAL HEALTH**English-4138, Spanish-4165**

video color 13 min. 1988 A

Emphasizes the importance of primary teeth and their care. Illustrates the sequence of primary and secondary eruption by age. Discusses and illustrates four ways to prevent tooth decay. (DENTAL)

STERILIZATION AND DISINFECTION PROCEDURES - 6194

video color 25 min. 1994 A, Professional

Demonstrates proper sterilization of equipment and instruments, placing and positioning supplies in an autoclave. Discusses the causes of insufficient sterilization. (MLIFE)

STICK TO YOUR LIMITS (ABSTINENCE VERSION) - 6723

video color 17 min. 1994 JrH

Stresses that having self-control and using refusal skills can help teens avoid difficult situations before they happen. Demonstrates effective examples of teens using refusal skills with their peers to avoid putting themselves at the risk of contracting a sexually transmitted disease. (ALTSCH)

STILL SMOKING? LILY HELPS (English/Spanish) - 7136

video color Eng-12 min., Span-11 min. 1998

SrH-A

Lily's sister, Ana, is pregnant and determined to quit smoking. Ana tries various methods to stop and finally joins a smoking cessation group. There she finds support and learns about the 5 D's to help her quit: delay the craving, do something else, drink water, deep breathe and dialogue with a friend. Ana is successful. (ALTSCH)

STINGING INSECT ALLERGY - 6835

video color 13 min. 1997 I-A

Describes five common stinging insects: yellow jackets; hornets; honey bees, including Africanized honey bees; paper wasps; and fire ants. Provides tips on preventing stings and steps to take when a sting occurs. Explains the symptoms of anaphylaxis which is an allergic reaction to a sting. Advises persons allergic to insect stings to consider an individualized immunotherapy, carry injectable epinephrine, and wear a medic alert bracelet or necklace. (AAAAI)

STOP AND THINK - DV0201

DVD color 5 min. 2003 A

Dramatic injury re-enactments are presented in a variety of work settings. Whether it's distractions, being in a hurry, or just not paying attention, viewers will be able relate to the causes of these mishaps. Sometimes all it takes to prevent an injury is for each of us to take a moment to stop and think. (AURORA)

STOP A.S.A.P.- AVOIDING SUBSTANCE ABUSE DURING PREGNANCY (English/Spanish) - 7444

video color Eng-12 min., Span-12 min. 1995 SrH-A

Educates women on the importance of abstaining from drugs, alcohol, cigarettes and excessive caffeine during pregnancy. Positive lifestyle choices for the mother-to-be are suggested, and an interview with a young woman shows how she and her young son have suffered the consequences of her substance abuse. (ALTSCH)

STOP THE BLEEDING! - 7603

video color 26 min. 1992 P-EI

Collection of injury prevention programs for children K-2. Features Dr. Red Duke, a robot and young safety helpers. *Trooper Robo's Burn Safety Patrol* (5 min.); *Trooper Robo's Traffic Safety Patrol* (5 min.); *Trooper Robo's Water Safety Patrol* (5 min.); *Trooper Robo's Poison Safety Patrol* (5 min.); and *Trooper Robo's Weapon Safety Patrol* (5 min.). (HCMS)

STOPPING THE SPREAD OF HIV AND AIDS (closed captioned) - 6604

video color 16 min. 1996 SrH-A

Using frank interviews with real people, reviews the ways people can get AIDS: through sex, blood, shared needles, or from mother to fetus or newborn. Suggests ways to minimize exposure to HIV. Presents abstinence as the safest option. Also covers the difference between HIV and AIDS, drug use, testing for HIV, and how to avoid giving HIV to someone else. (INTERM)

STRAIGHT TALK ABOUT DEMENTIA

CAREGIVER'S PERSPECTIVE - DV0313

DVD color 57 min. 2006 Adult, Professional

Caregivers are interviewed about ethical caregiving, enhancing communication, encouraging compliance, daily living activities like eating and bathing, and caregiver health. (KINETI)

STRAIGHT TALK: THE TRUTH ABOUT ALCOHOL AND SEX (closed captioned) – DV0560

DVD color 18 min. 2010 SrH

Using a drama format combined with a documentary style, this program explores the all too common consequences of underage drinking and sexual misconduct. The program gives viewers an all-too-real glimpse at how alcohol clouds thinking, hinders decision-making skills and creates a dangerous atmosphere for making wise choices. (HRM)

STRAIGHT TALK: THE TRUTH ABOUT STDs (closed captioned) - DV0538

DVD color 18 min. 2009 SrH

Information on the six most common STDs today: HPV (genital warts), Chlamydia, HIV, Gonorrhea, Herpes and Hepatitis B. Students will learn the symptoms and complications of each disease as well as the latest treatment options, including a new vaccine for HPV. They will also understand how to prevent these infections by being informed and practicing safe sex. Program presents a strong message that abstinence is the only 100% guaranteed safeguard. (HRM)

STRAIGHT TALK FROM BREASTFEEDING MOMS: BEYOND THE NEWBORN - 7096

video color 21 min. 1999 SrH-A

Encourages moms to breastfeed their babies well beyond the first few months. Discusses returning to work, daycare, and breast pumping. Explains how to breastfeed successfully while the baby is teething and eating solid foods. Covers weaning. (INJOY)

STRAIGHTTALK KIDS IN TROUBLE - 7949

video color 60 min. 1998 A

This video examines the challenges of parenting troubled teens, how to spot early warning signs, and what families can do to get kids back on track. It features a panel discussion with Dr. Stanley Greenspan. (PBS)

STRANGER SAFETY (closed captioned) (English/Spanish) - DV0141

DVD color 42 min. 2004 E1

This DVD teaches kids in a fun way how to avoid dangerous situations with people they don't know and those they "kinda" know. (SAFSD)

STRATEGIES FOR NURTURING THE EMOTIONAL WELL-BEING OF THE ALZHEIMER'S PATIENT - DV0501

DVD color 20 min. 2008 Professional

In a discussion with nursing assistants, a gerontologist explores the reality of the importance of the emotional wellbeing of the Alzheimer's patients. Nursing assistants explain why a patient's emotions are crucial to quality care. (UMSM)

STREET MEDICINE: BASIC AIRWAY MANAGEMENT - 4363

video color 45 min. 1988 Professional

Simple procedures often save lives. With animated graphics, demonstrations and scenes of basic level care procedures performed at medical emergencies, this program and guide can be used by experienced educators and volunteer departments alike. Students will learn enough vital information from this lesson to open and maintain an airway, and provide oxygen in a variety of ways. (AMERS)

STREET MEDICINE: BASIC SHOCK MANAGEMENT - 4365

video color 45 min. 1988 Professional

Provides a street-wise, practical approach to the subject of shock management for basic level care providers. Emphasizes lifesaving procedures for conditions every pre-hospital care provider will encounter. Early recognition of shock in the field environment is stressed. (AMERS)

STREET MEDICINE: THE PRIMARY SURVEY - 4367

video color 45 min. 1988 Professional

Simplifies treatment decisions that all pre-hospital care providers must make in the first two minutes of a medical emergency. Emphasizes trauma and prepares rescuers by standardizing the initial approach. The Priority Plan demonstrated is a useful concept for every system. Includes a play-by-play demonstration of the Primary Survey. (AMERS)

STREET MEDICINE: THE SECONDARY SURVEY - 4368

video color 45 min. 1988 Professional

Prepares the rescuer so his "hands know where to go." Emphasizing teamwork, this program shows the proper organization and responsibilities of a team. Includes a Primary and Secondary Survey play-by-play demonstration. This is a simple path all ALS and BLS providers can follow for rapid trauma assessment and treatment. (AMERS)

STRENGTHENING YOUR NON-PROFIT ORGANIZATION: A LITERACY CASE STUDY DVD-DV0005, VHS-7806

video/DVD color 175 min. 2003 A

Showcases the San Benito Literacy Center as an example of a successful non-profit organization. Focuses on strategic thinking, boards of directors, volunteer participation, and public relations. (ACCNPO)

THE STRESS BALANCE - VP14

2- videos color 50 min. 1986 A, Professional

Designed by and for health care workers. Includes 2 videocassettes, transparencies, 8 books, 4 pamphlets, and 3 guides. An eight-session program providing a variety of stress management techniques. (MEDCOM)

STRESS IN THE LATER YEARS - 4232

video color 24 min. 1983 A

Describes how the special stresses of older people such as loss, loneliness, and retirement, can cause physical disorders. Introduces relaxation and other techniques and offers suggestions for enjoying social activities. (CHURCH)

STRESS MANAGEMENT (closed captioned) - DV0203

DVD color 27 min. 2003 A

Poor stress management can lead directly to burnout, one of the top reasons for quitting a job. This program identifies workplace stressors such as impending deadlines, work overload, and procrastination and offers guidelines for reducing their impact to a safe level. Proven principles of stress management, including proper nutrition, adequate rest, and non-work-related pastimes, are emphasized as keys to good health and better overall job performance.(CAMED)

STRESS MANAGEMENT FOR HEALTH CARE PERSONNEL - 5424

video color 27 min. 1988 A, Professional

Defines stress, and explains the possible physical reactions to it. Describes stress coping strategies. Health care staff discuss the stressful situations they deal with each day. (FGH)

STRESS, WEIGHT CONTROL & EMOTIONAL EATING - DV0664

DVD color 16 min. 2009 A

Over eating can cause stress while stress can cause over eating. It's a vicious cycle that if left unchecked, can lead to all kinds of health problems including insulin resistance, diabetes, high blood pressure and heart disease. This program follows four people as they learn seven strategies for overcoming emotional eating.

STRESSED OUT (closed captioned) - DV0164

DVD color 20 min. 2003 JrH-A

This program describes different forms of stress (acute, episodic and chronic) and explains how important it is for young people to learn effective techniques for coping with stressful situations. Special attention is given to two common complaints among teens: panic attacks and social anxiety. Also highlighted are other types of stress such as test anxiety, parental demands and peer pressure. (HRM)

STROKE - DV0604

DVD color 30 min. 2008 A

This program explores the diagnosis, prevention, and treatment of stroke. (AQUARIUS)

STROKE RECOVERY: TAKING BACK OUR LIVES - DV0681

DVD 60 min. 2010 A

This DVD features the experiences and advice of stroke survivors, caregivers, family, friends, doctors, and other health professionals. Practical and inspiring, the message throughout the film is one of hope, with many of the film's subjects reiterating that improvement and recovery are ongoing processes.

STRUGGLING WITH STRESS - 6962

video color 27 min. 1998 JrH-A

Uses the teen's point of view to depict the moods, attitudes, and pressures that confront adolescents. Follows three teenagers and exposes the challenges they face in managing stress. Reviews various strategies to combat stress including time planning and anger management techniques. (HUMRE)

STUDENTS LIKE ME: TEACHING CHILDREN WITH FETAL ALCOHOL SYNDROME - 7837

video color 39 min. 2000 Prof.

Designed to help elementary school teachers understand what fetal alcohol syndrome is, how it affects children's learning and behavior, and what can be done to modify the classroom environment and teaching methods in order to help children affected by fetal alcohol exposure. (VIDA)

STUTTERING AND THE PRESCHOOL CHILD - 7518

video color 30 min. 2000 A

Intended for families of preschool children who stutter. Helps families understand stuttering and make changes to promote more fluent speech. (SFA)

THE SUBJECT IS SMOKING - 7273

video color 28 min. 1994 JrH-SrH

Features Latino high school youth, health care professionals, and members of the Culture Clash theatrical group. Gives an overview of tobacco use, including health effects and secondhand smoke, cessation, and advertising targeted to youth. (TECC)

THE SUCCESSFUL ASK: WINNING THE GIFT - 7123

2 videos color 139 min. 1995 A

Designed for volunteers and staff of institutions seeking grants. Shows how to make critical determinants for a successful solicitation. Explains how to allay anxiety and capitalize on confidence. Demonstrates how to handle objections, short-circuits, and side issues without stress. Includes an exercise to help fundraisers and volunteers learn from objections and build on them for greater success. (ICGI)

SUDDEN IMPACT: AFTER THE CRASH - DV0346

DVD color 43 min. 2004 SrH-A

Drunk driving crashes: they happen every day, and when they do, the reporting on the nightly news goes something like this..."One dead, five injured in a car crash. Drunk driving suspected." This program, narrated by Tom Brokaw, goes behind the scenes of one such accident and describes what happens over the course of a year after the crash. Brokaw examines the emotional toll and the financial costs of drunk driving. This program reveals that the accident itself is just the beginning of an ever expanding series of events that affects far more than the original car crash. (HRM)

SUMMER PUBLIC HEALTH RESEARCH VIDEOCONFERENCE ON MINORITY HEALTH

video color see running times below. 2000 Professional

Teleconference held June 12-16, 2000. Covers issues and solutions related to: collecting, analyzing and interpreting data for racial/ethnic populations; disentangling and assessing the

relationships among race, ethnicity, and socioeconomic status; and involving the community in research. (PHF) (MEDICINE)

COMMUNITY BASED RESEARCH (video-7642) [170 min.]

FRAMEWORK FOR UNDERSTANDING HEALTH DISPARITIES-(video-7634) [80 min.]

IMPACTS OF RACISM ON HEALTH (video-7636) [80 min.]

ISSUES AND CHALLENGES IN REDUCING HEALTH DISPARITIES AMONG HISPANICS/LATINOS IN THE U.S. (video-7641) [65 min.]

MINORITY HEALTH RESEARCH—APPLICATION OF EPIDEMIOLOGIC METHODS (video-7639) [83 min.]

NATIVE AMERICAN HEALTH ISSUES, LESSONS LEARNED FROM COMMUNITY-BASED INTERVENTIONS, AND OVERVIEWS OF NATIVE CANCER PROJECTS (video-7635) [70 min.]

POLICY AND DATA (video-7637) [80 min.]

QUALITATIVE APPROACHES TO QUESTIONNAIRE DESIGN—METHODS AND APPLICATIONS (video-7640) [71 min.]

SAMPLING RACIAL AND ETHNIC MINORITIES (video-7638) [83 min.]

SUMMER SAFETY - 4918

video color 10 min. 1990 JrH-A

Stresses that alertness and taking precautions as well as knowing basic first aid and lifesaving techniques can prevent or reduce the seriousness of summer accidents. Covers water safety, sunburn, heat exhaustion and heat stroke, insect bites and stings, snakebites, poisonous plants. Explains preventative measures as well as first aid techniques for each of these situations. (TELA)

SUN SENSE (closed captioned) - 6929

video color 10 min. 1997 JrH-SrH

Explains the dangers of too much sun including sunburn and permanent damage to the skin, eyes and immune system. Discusses three kinds of skin cancer. Shows ways to guard against sun damage such as using sunscreen, dressing wisely, and watching the clock. Includes a special warning about the high price of sun tanning. (MARSH)

SUN SHOW AGES 9-11 - DV0265

DVD color 26 min. 2005 I - JrH

This DVD explains how skin is damaged by ultraviolet radiation. It covers personal sun protection strategies, skin cancer, the link between sunburns and cancer and the ugly effects of overexposure to the sun. (SUNSAF)

SUPER STAPH INVINCIBLE BACTERIA - DV0302

DVD color 28 min. 2003 A

This program is an episode of the Healthy Mind Healthy Body series. Antibiotics have saved countless lives from potentially deadly infections -- but bacteria keep rebounding in stronger mutations. This program focuses on one of the most lethal pathogens: methicillin-resistant Staphylococcus aureus, or

MRSA. Outlining the microbe's alarming ability to withstand methicillin, amoxicillin, and related antibiotics, the program examines the emergence of two separate staph strains, healthcare-associated and community-associated, and features case studies of each. Doctors explain the challenges of fighting these resilient killers. They also explore the possibility of an MRSA vaccine. The Texas Department of State Health Services does not endorse any particular brand or product. (FFH)

SUPERMARKET SMARTS: THE 5 A DAY WAY (English/Spanish) - 7453

video color Eng-10 min., Span-10 min. 1997 El-A
Join "Five a day Fiona" to learn about the health benefits of eating fruits and vegetables. She also gives ideas for snacks and tips for buying produce on a budget. (BOYD)

SURVIVAL SWIMMING: TO SAVE A LIFE - 4321

video color 15 min. 1988 El-A
Swimming, boating, fishing, and hiking are popular outdoor recreations but each is a potential source of serious water emergencies. Demonstrates survival swimming techniques in the most typical water emergencies. (EBEC)

SURVIVING DISASTER: HOW TEXANS PREPARE (English/Spanish) (closed captioned) – DV0617

DVD color Eng 53 min., Span 53 min. 2011 A

This program describes how to prepare for a disaster and shows stories of disaster survivors. Business owners, families, government officials and communities share their stories of preparation and rebuilding in the face of wildfires, flooding, tornadoes and hurricanes. (DSHS)

SURVIVING THE SECONDARY DEVICE: THE RULES HAVE CHANGED - 7818

video color 11 min. 2004 Professional

Designed to assist public safety officials in making informed decisions concerning the real potential of secondary explosive devices. Discusses policies and procedures for effectively responding to and managing a bomb incident, and for better ensuring the safety of the public and the emergency responder. (ODP)

SWEPT AWAY: A GUIDE TO WATER RESCUE OPERATIONS - 5630

video color 30 min. 1990 A

Uses dramatic footage to train rescuers in water rescue techniques. Includes planning, preparation, equipment, and techniques. (COASTAL)

SYNDROMES ASSOCIATED WITH MULTIPLE CONGENITAL ANOMALIES - 7255

video color 116 min. 1990 A, Professional
Intended as an overview of birth defects with examples of individuals at different ages. Includes descriptions and examples of 23 syndromes, associations and sequences, including Down syndrome, neurofibromatosis, Marfan's syndrome, and fetal alcohol syndrome. (UK)

SYPHILIS: THE HIDDEN DEVASTATOR (closed captioned) - 7751

video color 18 min. 2002 JrH-A

Syphilis has been called “the great imitator” because many signs and symptoms are difficult to distinguish from other sexually transmitted diseases. Because of its short-term symptoms and long-term latent stage, a syphilis infection can remain hidden and cause irreparable damage to the body. It is curable if caught in time. (NIMCO)

TAKE ACTION: LEARN THE SIGNS OF PRETERM LABOR (closed captioned) - 7514

video color 9 min. 2001 SrH-A

Each year 11% of babies born in the United States are born preterm, born before the 37th week of pregnancy. Since there is no way to precisely predict who will have preterm labor it is important for pregnant women to be informed. Describes who is at risk for preterm labor. Gives signs and symptoms and explains when to call a health care provider or go to the hospital. (MARCH)

TAKE CARE OF YOUR TEETH (closed captioned) - DV0482

DVD color 19 min. 2003 K-P

The character of Annie Funnelli explains the transition from baby to permanent teeth and then explains how children can keep those permanent teeth through a lifetime program of good habits and safe behaviors: careful brushing and flossing, avoidance of sugary snacks, and common sense precautions to protect teeth from accidental injury. Children are prepared for a visit to the dentist with an introduction to the equipment, tools and procedures that are included in a routine checkup and cleaning. (MARSH)

TAKE CHARGE OF YOUR DIABETES - 7070

video color 30 min. 1993 A

Intended for persons with Type II diabetes. Based on the book, *Take Charge of Your Diabetes: A Guide for Care*, produced by CDC. Within the context of a diabetes education class, individuals share their experiences with diabetes in a variety of vignettes. Shows how they partner with their health care professionals to manage their condition in order to prevent complications. (MDRTC)

TAKE CHARGE OF YOUR HEALTH: OSTEOPOROSIS AND DIABETES - 7042

video color 91 min. 1997 A

Teleconference presented on June 17, 1997. Part 1. Osteoporosis-discusses the risk factors for developing osteoporosis. Describes the equipment used in the diagnosis and explains follow-up treatment options. Part 2. Diabetes-discusses diabetes, including gestational diabetes. Provides self-help measures to reduce complications or prevent non-insulin dependent diabetes. (ADPH)

TAKE CONTROL WITH EXERCISE - DV0202

DVD color 60 min. 2006 A

This DVD shows viewers how to improve flexibility with a head-to-toe range of motion workout; strengthen key core

muscles; work muscles and joints with a full floor-exercise routine and boost stamina with an endurance workout. The routine shown in this DVD is based on the arthritis foundation exercise program. The Texas Department of State Health Services does not endorse any particular brand or product. (ARTHRIT)

TAKE TIME FOR TEETH (English/Spanish) – 6571 (VHS) DV0440 (DVD)

video color Eng-7 min., Span-8 min. 1997 SrH-A

Covers basic knowledge about oral health and prevention. Topics include: the importance of dental checkups for pregnant women, the recognition of “white spots” on the teeth, how to prevent baby bottle tooth decay, the advantages of taking a child to the dentist at 1 year of age and then for routine checkups every 6 months after that, and the importance of dental sealants in reducing tooth decay. Video was developed in conjunction with the “Take Time for Teeth” oral health training module. (DENTAL)

TAKING CARE OF BUSINESS - 5614

video color 19 min. 1987 A

Presents essential informed consent information to men and their partners considering vasectomy as a means of birth control. Examines the anxieties experienced by most men when contemplating sterilization and surgical contraception. (UCAL)

TAKING CHARGE: LIVING WITH DIABETES - 6974

video color 83 min. 1987 SrH-A

Using still photography and animation, covers various topics related to diabetes in eight segments: What is Diabetes? (10 min.); The Value of Diet (10 min.); The Value of Exercise (8 min.); Proper Use of Insulin (11 min.); The Importance of Monitoring (12 min.); What Is Type II Diabetes? (10 min.); Pregnancy and Diabetes (10 min.); Complications and Diabetes (12 min.). (ORACLE)

TAKING CONTROL: LIVING WITH DIABETES (English/Spanish) - 7137

video color Eng-20 min., Span-20 min. 1994 A

An anthology of programs intended for Mexican-American audiences. For the first four programs the English version of each title is presented first, followed by its corresponding Spanish version. For the last two programs the Spanish version is presented first, followed by its corresponding English version. *The Heart of the Matter: Diabetes and Coronary Complications* (Eng-3 min., Span-3 min.); *Look After Your Eyes: Vision Care and Diabetes* (Eng-3 min., Span-3 min.); *A Step in the Right Direction: Diabetes and Foot Care* (Eng-4 min., Span-4 min.); *Learn more, Live Better! Education and Diabetes* (Eng-3 min., Span-3 min.); *A Filter for Life: The Kidneys and Diabetes* (Span-3 min., Eng-3 min.); *Keeping Sugar in Check: Diabetes and Glucose* (Span-3 min., Eng-3 min.). (UTHSCS)

TAKING CONTROL OF DEPRESSION: MENDING THE MIND - 7021

video color 24 min. 1992 A

Describes the varied symptoms of someone suffering from depression. Explains that this is a treatable disease and not a personal weakness and that there may be a genetic connection in some families. Illustrates the brain physiology of a depressed person and shows how certain medications can correct the chemical balance. Emphasizes finding the correct medication and the importance of support from loved ones. The Texas Department of State Health Services does not endorse any particular medication or treatment for this condition. (PFIZER)

TAKING IT IN STRIDE: POSITIVE APPROACHES TO STRESS MANAGEMENT - 4092

video color 20 min. 1982 JrH-A
Focuses on solutions for coping with stress. The approach combines practical measures with new skills, such as deep breathing, autogenic training, and visualization. Shows how to relax by adapting a workable load to one's lifestyle and encourages people who are stressed to do fewer things and do them better. (SPCTRM)

TAKING THE MYSTERY OUT OF SPINAL DEFORMITIES - 7424

video color 15 min. 1990 Professional
Intended for school nurses or others who will administer spinal screening. Shows conditions in boys and girls which indicate referral to a health professional. (CSNO)

TAKING THE SCARE OUT OF... SCOLIOSIS - 7408

video color 4 min. 1998 I-JrH
Prepares students to receive their annual spinal screening by demonstrating the screening performed by a nurse. The video states that 7th grade girls and 8th grade boys are screened. This statement does not apply to Texas. (CSNO)

TAKING THE SCARE OUT OF SCOLIOSIS / TAKING THE MYSTERY OUT OF SPINAL DEFORMITIES SCOLIOSIS SCREENING - DV0417

DVD color 5 min.; 15 min 1998; 1990 Professional
This DVD contains two programs. Program 1 Taking the Scare Out of Scoliosis prepares students to receive their annual spinal screening by demonstrating the screening performed by a nurse. Program 2 Taking the Mystery Out of Spinal Deformities Scoliosis Screening – Program 2 is intended for school nurses or others who will administer spinal screening. It shows conditions in boys and girls which indicate referral to a health professional. (CSNO)

THE TALE OF "O" (closed captioned) - 5927

video color 27 min. 1993 A, Professional
An entertaining, computer animated parable about what happens to any new or different kind of person when introduced into a group and demonstrates how this type of situation can be managed constructively. Can be used as a training video to defuse conflict in the workplace, to teach managers essential skills for managing group diversity, and to create a positive climate for productive, quality work. (GM)

TALES FROM A TEEN CLINIC - 7747

video color 28 min. 2000 JrH-A
Focuses on the efforts of two ground breaking teen clinics in California. Pregnancy, STDs, contraceptives, and the option of abstinence are among the topics frankly discussed by the young patients and their peer counselors. Viewers are encouraged to think about the choices they make in life and to seek help if they need it. (PYR)

TALES FROM THE HOT ZONE - 7101

video color 63 min. 2000 A, Professional
Dr. Steve Ostroff from the CDC presents the latest information on infectious diseases in a lecture given at the Texas Department of Health on March 1, 2000. Surveys the ways the print media portrays infectious diseases. Describes emerging infectious diseases such as the latest research showing the spread of hantavirus throughout North and South America. Discusses antibiotic resistant diseases and the threat of bioterrorism. Summarizes the emerging infection incidents of 1999, concentrating on Marburg virus, Nipah encephalitis, and West Nile virus. Explores the changing nature of infectious disease outbreaks. (TDH)

TALKING ABOUT SEX: THINKING AHEAD - 7238

video color 10 min. 2000 I-SrH
Looks at the differences between crushes and the love that comes from knowing and trusting another person. Explores the effects of alcohol and drugs on decisions about sex. Emphasizes the need to make responsible choices that reflect a young person's values. Promotes abstinence for teens. (SUNBUR)

A TATTOO?...YOU? - 6623

video color 9 min. 1995 SrH-A, Professional
Two teens discuss the factors involved in deciding to get a tattoo. Examines the procedure, the health risks and methods of removal, such as laser therapy. Accompanying guide offers discussion questions. (TTUHSC)

TATTOOING AND BODY PIERCING: THINKING SMART ABOUT BODY ART - 7561

video color 22 min. 2001 JrH-SrH
Stresses the importance of making informed decisions about body art. Identifies issues to consider before getting a piercing or tattoo, including body art procedures, possible dangers, safety considerations, and costs involved in tattoo removal. (CHURCH)

TB AND HIV: THE CONNECTION English-6632, Spanish-6633

video color 14 min. 1997 SrH-A
People diagnosed as HIV-positive are encouraged to be tested for tuberculosis. Emphasizes the importance of taking all of the medications if the test shows the presence of tuberculosis bacteria whether or not the person is suffering from the tuberculosis disease. (CDC)

TB CONTROL IN PRISONS AND JAILS - 7529

video color 20 min. 2001 Professional

Dramatization of the story of an inmate in a correctional setting who has TB disease. Uses dialog to convey information about symptoms of TB disease, steps that a correctional facility must take to evaluate the inmate for TB, provision of directly observed therapy, and other situational specific topics. (NYDH)

TB: "I WISH I'D KNOWN THEN WHAT I KNOW NOW" - 6860

video color 9 min. 1999 A, Professional
Targets law enforcement officers and support staff who may be at risk for exposure to people with an active case of tuberculosis. Dramatizes how one active case can expose many people. Explains how face masks, respirators, and adequate vehicle ventilation can protect staff. (TDH)

TB OUTREACH: WORKING EFFECTIVELY WITH HARD-TO-REACH PATIENTS - 7713

video color 32 min. 2003 Professional
Addresses issues for tuberculosis outreach workers: building rapport with patients; locating patients who have broken treatments; conflict resolution; and, field safety. (CURRY)

TECHNIQUES IN BATHING - DV0076

DVD color 26 min. 2004 Professional
This program demonstrates giving a bath in the bed or in the tub, assisting with a shower and shampoo and perineal care. (MEDCOM)

TECHNIQUES IN BATHING (Revised) – DV0626

DVD color 31 min. 2010 Professional
This program demonstrates how to provide a tub bath and how to assist with a shower and shampoo and perineal care. It identifies each of the three stages of the procedure: preparation, the procedure itself, and completing care. (MEDCOM)

TECHNIQUES IN TOILETING AND INCONTINENT CARE - DV0080

DVD color 18 min. 2003 Professional
This program demonstrates techniques in toileting and incontinent care that help maintain patient hygiene and patient dignity. It covers assisting with using the toilet, offering the bedpan or urinal, using a portable bedside commode, changing briefs, and bowel and bladder training. (MEDCOM)

TEEN BREASTFEEDING, THE NATURAL CHOICE: Volume 1. WHY BREASTFEED?

English-7456, Spanish-7612
video color 20 min. 1998 JrH-SrH
Presents the real-life stories of a diverse group of teen mothers who fit breastfeeding into an active teen lifestyle. Includes the health benefits for baby and mother. Advises the use of birth control options since breastfeeding is not a birth control method. (INJOY)

TEEN BREASTFEEDING, THE NATURAL CHOICE: Volume 2. STARTING OUT RIGHT

English-7613, Spanish-7614
video color 35 min. 1998 JrH-SrH

Teens learn proper breastfeeding techniques such as latch-on and taking the baby off the breast. Explains the let-down reflex and warning signs. Describes the baby's hunger signals. Discusses solutions for sore nipples, engorgement, and leaking. (INJOY)

TEEN CONTRACEPTION (closed captioned) - 6480

video color 13 min. 1996 JrH-A
While stressing abstinence, presents the myths, risks, and realities of having sex. Gives an overview of contraceptive devices. Encourages condom use at all times to prevent STDs and pregnancy. (FIDEAS)

TEEN DADS' POINT OF VIEW - 6440

video color 40 min. 1994 SrH-A
Teen dads discuss their attitudes toward sex, pregnancy, and fatherhood. Interspersed are interviews with professionals who present hard facts about what happens when someone gets pregnant. Final section explains the involvement of a new father, incentives for establishing paternity, the importance of developing parenting skills, and some legal responsibilities of the teen dad. (CAMBRI)

TEEN FILES FLIPPED: DATE RAPE ABUSIVE RELATIONSHIPS - DV0243

DVD color 21 min. 2002 SrH-A
In this program 17 year old Mario, who takes pride in seducing as many girls as possible, and 15 year old Debbie, who is drawn to possessive, potentially abusive boyfriends are given an unsettling look at the nature of unhealthy dating relationships. (CBETE)

TEEN FILES FLIPPED: EATING DISORDERS - DV0022

DVD color 21 min. 2002 JrH-SrH, A
A sobering exploration of the tragic physiological, emotional and psychological effects of one teen's eating disorder and another teen's anabolic steroid use. The teens find themselves in situations that force them to come face-to-face with their own insecurities and the realities and consequences of a life centered around body image. (AIMS)

TEEN FILES FLIPPED: SEXUAL RESPONSIBILITY - DV0023

DVD color 21 min. 2001 JrH-SrH, A
Two high school teens face the issues of AIDS and teen fatherhood as consequences of risky sexual behavior. Lauren and Paul confess that they had each engaged in unprotected sex with multiple partners -- without serious thought for the consequences. Now Lauren faces life and death with AIDS, and Paul confronts the responsibilities that come with fathering a child. The program is a dose of reality that provides an excellent basis for thought and discussion concerning the hazards inherent in risky sexual behavior. (DISCOV)

THE TEEN FILES FLIPPED: TOBACCO - 7589

video color 21 min. 2002 JrH-SrH
Explores addiction and the dangers of tobacco in a reality-based drama of two young people. A young lady who smokes and a young man dependent on smokeless tobacco have their

life fantasies crumble as they learn the realities of using tobacco. (AIMS)

TEEN PREGNANCY: CHILDREN HAVING CHILDREN - 5720

video color 22 min. 1994 JrH-SrH

Through true stories, shows firsthand the realities of what it means to be a teen mom or dad. Illustrates the financial burdens, psychological and physical changes, new pressures and responsibilities of parenting through words of teen parents and caring experts in the field. (INTERM)

TEEN SUICIDE: FINDING THE WILL TO LIVE

video color see below for times 2001 (JAG)

PART 1. UNDERSTANDING SUICIDE-7574 (27 min., A, Professional) Dispels myths and fallacies about teen suicide by providing facts and statistics. Describes how family and friends are affected.

PART 2. IDENTIFYING WARNING SIGNS AND PREVENTING SUICIDE-7575 (20 min., SrH-A, Professional) Focuses on warning signs and prevention. Shows how to recognize the muted signs of suicide. Demonstrates intervention techniques to help a friend or loved one.

TEEN TRUTH: AN INSIDE LOOK AT DRUG AND ALCOHOL ABUSE (closed captioned) - DV0369

DVD color 21 min. 2007 SrH

This DVD weaves together footage of drug addicts in recovery, with teens who have casually experimented with drugs and alcohol. The program contrasts the addicts' life threatening addiction with the dangerous path that casual young drug users are pursuing. (HUMRE)

TEENAGE FATHER - 4168

video color 30 min. 1978 JrH-A

Shows the multiple problems confronting an unmarried teen couple involved in an unplanned pregnancy. Traces their separate thinking and describes their individual feelings about whether or not to keep the baby. Highlights the perspective of the teen male. (GALLAU)

TEENS AND TANNING SUN SAFETY UPDATE - DV0347

DVD color 16 min. 2005 JrH-SrH

With skin cancer taking the lead as the fastest growing type of cancer in the United States, it is increasingly important for students to be aware of the dangers of sun damage. A dermatologist explains different types of skin cancer, UVA and UVB rays, the dangers of tanning beds, and tips for being safe in the sun and getting that summer glow in a healthy way. (LZ)

TEENS AND TOBACCO (Spanish) - 7377

video color 19 min. 2000 JrH-SrH

Looks at smoking from the viewpoints of teens who have begun smoking or chewing tobacco, of a doctor who has treated the effects of tobacco use, and of a middle-aged smoker with cancer of the larynx. (AIMS)

TEENS, SEX AND THE LAW QUIZ SHOW - 7633

Video + CD-ROM color 30 min. 2002 SrH

Includes a 20-question paper pretest. Video provides correct answers and explanations which address the legal issues and consequences related to teen sexual activity. CD-ROM includes two interactive games after viewing the video. Encourages abstinence as the safest and healthiest choice. (SCOTT)

TEENS STOPPING RAPE - 6544

video color 25 min. 1996 JrH-SrH

Addresses the risk of sexual violence and allows teens to begin addressing the dynamics of the problem, including socialization, rape myths, peer pressure, the role of alcohol, and victim blaming. Focuses on date and acquaintance rape. Explores ways to reduce the risk and prevent sexual assault. (UNITDL)

TEENS TALK ABOUT BREAST CANCER - 7851

video color 15 min. 2000 JrH-A

This video features real teenagers, basketball star Rebecca Lobo and her mother, RuthAnn. Mother and daughter talk about their experience in coping with breast cancer in the family and encourage young people to discuss their concerns and ask questions. (FILMID)

TEENS TALK: HOW TO PROTECT YOURSELF IN THE AGE OF AIDS - 7397

video color 22 min. 1997 SrH

Straightforward look at HIV and AIDS issues as they relate to young people. Teenagers talk openly and honestly about their fears, concerns and experiences. Stresses the importance of careful decisions, honest communication, and effective prevention methods. Advocates abstinence as the best method of prevention, but also discusses the proper use of condoms for safer sex. (AIMS)

TEENS WITH SICKLE CELL DISEASE - DV0193

DVD color 14 min. 2002 A

Thousands of children have sickle cell disease. Their pain can be excruciating, but the most painful thing they face is a lack of understanding by the people around them. Meet some of those teens and their doctors and social workers, and learn how awareness and support can help them lead more normal lives. (AQUARI)

TELEPHONE COURTESY PAYS - VP13

2 videos color 30 min. 1983 A, Professional

Directed toward support service staff. Demonstrates basic but effective telephone skills. Stresses courtesy and general tips on how to deal with calls. One videotape is specific for health care and stresses a caring attitude. (ADVANT)

TELLING AMY'S STORY (closed captioned)(Spanish Language captions)- DV0622

DVD color 75 min. 2010 A

Actress and advocate Mariska Hargitay and Detective Deirdri Fishel present an emotional story about America's pervasive and largely unreported epidemic, domestic violence. Telling Amy's story is based on a timeline of events leading up to a domestic violence homicide

that occurred in central Pennsylvania in 2001. (PSU)

TEN REASONS TO GET AND STAY IN SHAPE - 7510

video color 23 min. 2001 JrH-SrH
Presents basic and fundamental principles associated with being in shape and demonstrates many physiological tests commonly used to assess physical fitness. Explains the psychological and physiological benefits of exercise, including improving sleep, decreasing stress, and helping the body to fight disease. (HUMRE)

TEN THINGS EVERY CHILD NEEDS - 6546

video color 60 min. 1997 A
Explains how our earliest interactions with children influence their brain development. Offers a simple, ten-point checklist that parents, teachers, family childcare providers and babysitters can follow to give children the best start in life. Explains that ten simple things have been shown to help children's brains develop: interaction, loving touch, stable relationships, safe healthy environments, self-esteem, quality child care, play, communication, music and reading. (MTF)

TERRIBLE THINGS MY MOTHER TOLD ME - 5329

video color 31 min. 1990 JrH-A
Depicts the suffering that verbal child abuse can cause and illustrates how this kind of abuse is passed from one generation to the next. Emphasizes that even "nice" people can abuse their children and reveals the importance of counseling as a means for ending this destructive cycle. (CORONE)

TEST OF LOVE - 4058

video color 28 min. 1986 JrH-A
Sol Gordon speaks to a teenage audience on the topics of love, sex, contraception, sexual and physical abuse, and masturbation. A sensitive and humorous presentation with a positive message about personal responsibility. Should be previewed before use. (PFI)

TESTICULAR CANCER AND THE IMPORTANCE OF TSE - 7944

video color 9 min. 2001 SrH-A
This documentary-style video describes testicular cancer, explains how it can affect men, and identifies potential risk factors and possible warning signs. Emphasizing the importance of early detection and treatment, this video teaches men how to perform monthly testicular self-examination to detect abnormalities. (HLTHED)

TEXAS BIRTH DEFECTS CONFERENCE 2000 - 7262

4 videos color 507 min. 2000 A, Professional
Conference held January 21-22, 2000. Intended to provide up-to-date information about birth defects in Texas. *Tape 1: Welcome* (6 min.); *Prevalence and Patterns of Birth Defects in Texas* (47 min.); *Vitamins and the Prevention of Birth Defects* (52 min.); *NTDs on the Border* (30 min.). *Tape 2: The Impact of Birth Defects on the Family* (38 min.); *Fetal Alcohol Syndrome* (33 min.); *NTD Prevalence and Patterns in Texas* (33 min.); *Folic Acid Awareness-Texas* (25 min.). *Tape 3: Search for Spina Bifida Genes* (37 min.); *NTDs: National*

Perspective (40 min.); *NTDs in Mexico: Beyond the Border* (41 min.); *Tape 4: TNTDP (Texas Neural Tube Defects Program Results* (23 min.); *Genetics and the FA Pathway* (50 min.); *Learning and Spina Bifida* (52 min.). (TDH)

TEXAS BREASTFEEDING SUMMIT, 2000

(videocassettes and audiocassettes)
video or audiocassette Approx. 60 min. 2000 A, Prof
Highlights of the Texas Breastfeeding Summit held October 13-14, 2000. The speakers' names are given after each title. (WIC)

BREASTFEEDING AND THE LAW—ENCOURAGING EMPLOYER SUPPORT (video-7220) Rani C. Garcia, J.D.

BREASTFEEDING PROMOTION STRATEGIES IN THE NAVAJO NATION—INCLUDING CULTURAL FACTORS (video-7221) Anne L. Wright PhD

CO-SLEEPING, BREASTFEEDING AND SIDS (video-7222) (audiocassette-T-0395) James McKenna, PhD

DONOR HUMAN MILK BANKING FOR THE 21ST CENTURY (video-7223) Audelio "Sonny" Rivera, MD

FLATNIPPLES—CHALLENGES, FRUSTRATIONS AND SOLUTIONS (video-7224) Mary Walker

HIGH COST OF NOT BREASTFEEDING, THE (video-7225) Anne L. Wright PhD.

IMPROVING BREASTFEEDING SUCCESS WITH PREMATURE INFANTS (video-7226) Nancy Hurst

INCORPORATING BREASTFEEDING INTO ROUTINE PERI-PARTUM CARE (video-7227) Pamela Berens, M.D.

MANAGING BREASTFEEDING IN THE COMPROMISED INFANT (video-7228) Susan Landers, M.D.

MANAGING POSTPARTUM DEPRESSION IN A BREASTFEEDING MOTHER (video-7229) Ann Dunnewold PhD.

NEVER SLEEP WITH BABY? CULTURAL IDEOLOGY MASQUERADING AS SCIENCE (video-7230) (audiocassette-T-0399) James McKenna, PhD

OVERVIEW OF RESEARCH ON BREASTFEEDING AND CHILDHOOD CANCERS (video-7231) Margaret Davis, M.D.

PSYCHOTHERAPEUTIC DRUGS AND THEIR IMPACT ON THE BREASTFEEDING INFANT (video-7232) Tom Hale, M.D.

REMOVING BARRIERS USING THE "BEST START" STRATEGY-(video-7233) Faun Ryser, Ph.D.

TOWN MEETING - POSTER PRESENTATIONS, PROJECT DESCRIPTIONS, LOCAL TASK FORCE INITIATIVES (video-7234)

USING NIPPLE SHIELDS: PRACTICE GUIDELINES (video-7235) Linda Zeccola

TEXAS BREASTFEEDING SUMMIT, 2001

video Approx. 60 min. 2001 A, Professional
Highlights of the Texas Breastfeeding Summit held November 1-3, 2001. The speakers' names are given after each title. (WIC)

**THE BOTTLEFEEDING MENTALITY/
BREASTFEEDING MYTHS (video-7503)** Dr. Jack Newman

BREASTFEEDING AND GUILT (video-7504) Dr. Jack Newman

BREASTFEEDING AND THE INTERNET (video-7505) Sue Ann Kendall

CASE STUDIES IN POOR WEIGHT GAIN (video-7506) Dr. Jack Newman

DRUG THERAPY AND BREASTFEEDING: FROM THEORY TO CLINICAL PRACTICE (video-7507)
Dr. Tom Hale

TEXAS DEPARTMENT OF HEALTH LEGAL AND FISCAL RESPONSIBILITIES FOR NONPROFIT BOARD OF DIRECTORS - 6798

video color 13 min. 1998 A, Professional
Identifies and explains the responsibilities of the members of a nonprofit board of directors when they receive funding from the Texas Department of Health. Topics addressed include: financial responsibilities; routine contract reporting requirements; financial compliance reviews; compliance standards (financial, quality, and programmatic); sanctions; independent audits; and resources. (TDH)

THE TEXAS FLOOD, 1991/READY FOR THE STORM - 5613

video color 24 min. 1992 SrH-A
The Texas Flood, 1991 (19 min.) describes the December 1991 flood of the Colorado River. Shows the property damage of Lake Travis homes. Shows the activities of the LCRA emergency management team and explains the decision-making and timing required to prevent widespread flooding downstream. Goes inside the Mansfield Dam and describes the flood gates. After the flood subsided, a series of town meetings were held to discuss the effectiveness of LCRA's flood management. Shows that LCRA sent in clean-up crews to assist residents. *Ready for the Storm* (5 min.): Features Director Mark Rose as he expresses pride in the staff of LCRA and the excellent way they handled this devastating flood. (LCRA)

TEXAS FOOD ESTABLISHMENT RULES - 6921

video color 117 min. 1999 Professional
Intended for training of regulatory, industry, and academia on the 1998 Texas Food Establishment Rules (TFER). The four modules train on the implementation of these rules and the use of the state inspection form. It is recommended that the rules, inspection form and training guide be downloaded and printed from the internet (<http://www.tdh.state.tx.us/bfds/retail/tfer.html>) to reference while watching the videos. (TDH)

TEXAS WIC BREAST PUMP PROGRAMS 1 & 2 - DV0427

DVD color 121 min. 2007 A

Program 1 reviews the policies and procedures for loaning breast pumps. Program 2 explains Hollister breast pump basics. (DSHS)

TEXAS WIC BREAST PROGRAMS 3 AND 4 - DV0428

DVD color 72 min. 2007 A

Program 3 contains the lesson Medela Breast Pumps and program 4 is When Moms Can't Make it Work. (DSHS)

TEXERCISE (English/Spanish) (closed captioned) - DV0479

DVD color 30 min. 2008 A

The instructor featured in this program is a certified physical therapist. It covers strength, balance, endurance and flexibility exercises. It is appropriate for all adults including seniors. (DADS)

THEN ONE YEAR (2nd ed.)

English-6117, Spanish-6118

video color 24 min. 1992 I-JrH

Discusses the physiological changes in boys and girls at the onset of adolescence and the emotional and social changes. Explains glandular changes, sexual maturation, and the reproductive function while stressing individual differences and personal hygiene. (CHURCH)

THERE COMES A TIME - 6035

video color 12 min. 1995 SrH-A

A parenting support group of new parents provides guidelines on how to determine when to take a child to a health care provider or emergency room. Discusses balancing the needs of the child with the responsibilities of a working mother. Stresses the importance of having a good relationship with the health care provider. Includes toilet training tips. (ALTSCH)

THINK 'N DRIVE - 7571

video color 19 min. 2000 SrH-A

Presents defensive driving techniques and tips on automobile maintenance that will increase automobile safety. (LONGI)

THIS CLEAN HOUSE - 7533

video color 27 min. 1994 A

Although intended for Canadian residents, nevertheless covers some common indoor air quality problems and simple solutions. (CMHP)

THIS IS A VIDEO ABOUT HERPES - 7335

video color 18 min. 1996 JrH-SrH

Provides information about herpes and motivates teens to recognize high-risk behaviors and attitudes and find ways to change them. Explains that there is no cure for herpes and most people don't know they have it. Provides information on treatments and methods to reduce the risk of contracting the disease. (GLAXO)

A THOUSAND TOMORROWS - 6283

video color 30 min. 1995 A, Professional

Explains the effects of Alzheimer's disease on the intimate and

sexual relationship between marriage partners. Describes the transformation of the role of "intimate partner" to "caregiver." Shows how some people have managed to deal with these changes. (TERRA)

THREE ACTS OF ILLNESS - 7348

video color 34 min. 1989 A, Professional
Features Dr. Granger Westberg as he relates his basic philosophy of the present situation of health care in America and the remarkable opportunities for faith communities to give leadership in the field of preventive medicine. (IPNRC)

THREE FRIENDS: LIVING WITH HIV - 7392

video color 16 min. 1999 SrH-A
Intended for a minority audience. A high energy production which encourages people to get involved in taking care of themselves by staying on their medications and living healthy lifestyles. The Texas Department of State Health Services does not endorse any particular brand or product. (GLAXO)

THE 3Rs: THE VETERINARIAN'S ROLE IN BIOTERRORISM PREPAREDNESS - 7598

video color 33 min. 2002 A, Professional
Advises veterinarians, animal producers and public health officials in recognition, reporting, and response in the event of a biological attack that could target domestic animal populations. (WDOH)

THUMBS UP, THUMBS DOWN - 7275

video color 25 min. 1996 JrH-SrH
Four teens report on tobacco use in movies and on television. Uses humorous vignettes, vintage tobacco commercials, and California media public service announcements to expose the tobacco industry's efforts to infiltrate all forms of entertainment. (ALACA)

'TIL HELP ARRIVES - 5352

video color 12 min. 1988 EI
Illustrates some basic principles to help children deal with common injuries they might encounter at home, at play, or at school. The principles include remaining calm and assessing the situation, reassuring the injured person and attending to their immediate needs, and knowing how to engage adults to effectively deal with the situation. (MEDGLD)

TIME OUT: THE TRUTH ABOUT HIV, AIDS AND YOU - 5115

video color 42 min. 1992 SrH-A
Explains what HIV and AIDS are, corrects common misconceptions about the disease, includes teen talk about abstinence, peer pressure, dating, HIV testing. Explains why condoms are important and how they are used. Provides factual information on ways HIV can be contracted. Stresses the importance of HIV testing and counseling. An upbeat MTV-like presentation, targeting young people, that combines frank talk, rap music, interviews, skits, and factual discussions. (PARMNT)

A TIME TO CARE ACTIVITIES OF DAILY LIVING -

DV0209

DVD color 45 min. 2004 A
This program explores the unique challenges of living with Alzheimer's Disease as a home caregiver. It addresses topics such as eating, bathing, dressing, grooming, dental care, and incontinence. (TERRA)

THE TIMELESS WAY: A HISTORY OF BIRTH FROM ANCIENT TO MODERN TIMES - 6872

video color 20 min. 1998 A
Presents a cross-cultural perspective of how women from around the world have birthed their babies throughout time. Topics include: midwifery through the ages, Native American and African tribal birth practices, birth chairs and forceps, as well as present western obstetrics. (INJOY)

TIMMY'S JOURNEY TO UNDERSTANDING MS - 7896

video color 14 min. 2004 EI
This animated video shares a little boy's adventure in learning about multiple sclerosis. When Timmy's father comes home from work and is too fatigued to play ball, Timmy gets upset and stomps up to his room. A superhero comes to life in the little boy's room and takes Timmy on an adventure through the human body, where Timmy learns how MS affects the central nervous system. (NMSS)

TO BABY WITH LOVE: OVERCOMING BREASTFEEDING BARRIERS (English/Spanish) (closed captioned)

DVD-DV7781, VHS-7781
color Eng-15 min., Span-17 min. 2004 SrH-A
WIC clients explain why breastfeeding is the best choice for a healthy baby. Discusses some of the barriers to breastfeeding and provides suggestions for overcoming them. (WIC)

TO BABY WITH LOVE / PARA MI BEBE CON AMOR AND COMFORTABLE LATCH / EL AGARRE MÁS CÓMODO (English/Spanish) (closed captioned) - DV0057

DVD color Eng 11 min., Span 12 min.; Eng 15 min., Span 17 min. 2006 A
This DVD contains four programs. It contains To Baby With Love in English and Spanish and Comfortable Latch in English and Spanish. To Baby with Love: WIC clients explain why breastfeeding is the best choice for a healthy baby. They discuss some of the barriers to breast feeding and provide suggestions for overcoming them. Comfortable Latch: A lactation consultant works with new mothers to demonstrate how to properly use the latch position for breastfeeding. This program contains depictions of real mothers and an animated demonstration of the baby at the breast. (WIC)

TO CARE ALWAYS QUALITY CARE AT THE END OF LIFE - DV0384

DVD color 18 min. 2005 Professional
Caregivers at the acute level must understand the many aspects of caring for the dying patient in order to ensure quality care and a peaceful death. Viewers will learn about the assessment and care of physical, psychosocial, cultural and spiritual needs

of patients and families during the end of life. They will become aware of the communication skills, interpersonal skills and attitudes appropriate to this time in a patient's life. This program also identifies appropriate legal and regulatory issues surrounding palliative care as well as ethical and professional principles. (ENV)

TO CHOOSE NO HARM: ETHICAL DECISION-MAKING AT THE END OF LIFE - 6123

video color 45 min. 1996 A, Professional

Different situations raise ethical and moral questions for two health care teams regarding the wishes of their respective patients, the patients' families and the team members' own beliefs and clinical judgments. Shows a young man with AIDS and the debate around the futility of continued health care. Shows the health care team caught in the middle of the disagreements between an elderly woman with terminal cancer and her husband; regarding her wishes to decline CPR and return home. (FANLIG)

TO THE CONTRARY: HOME REHABILITATION - 7798

video color 13 min. 2003 A, Professional

Explains the evolution of a program developed by several resident doctors to facilitate the changing needs of a growing elderly population. Explores how doctors have created a thriving and successful program to treat their elderly, less mobile patients. (PBS)

TO YOUR HEALTH! FOOD SAFETY FOR SENIORS (closed captioned) - 7361

video color 14 min. 2000 A

Explains why seniors may be more susceptible to foodborne illnesses. Shows four simple steps to handling food safely at home. Provides tips on how to "eat out" safely. (FDA)

TOBACCO AND DEATH PERFECT TOGETHER (closed captioned) - DV0325

DVD color 28 min. 2006 SrH-A

Documentary interviews of real people whose lives have been ravaged by tobacco use are intertwined with actual images of diseased lungs, damaged hearts, and various cancers to give viewers a true picture of the effects of tobacco. The program opens bleakly in a morgue and crosscuts with interviews of smokers dying from head and neck cancers, lung cancers and heart disease. Leading anti-tobacco experts weigh in with the latest statistics on morbidity and mortality rates, including the rising numbers of deaths of young adults due to tobacco use. This DVD takes a hard look at the devastating health issues caused by tobacco. A file of the Teacher's Resource Guide is available on the DVD. You must have a computer with a DVD-ROM and Adobe Acrobat Reader to access the guide. Right click on the DVD icon and the double click on the file titled "Teacher's Resource Book". (HRM)

TOBACCO HORROR PICTURE SHOW - 6950

video color 25 min. 1997 JrH-SrH

Mixes horror with humor as a cancer victim, an emphysema sufferer, health care professionals, and teen smokers or former

smokers contribute their perspectives and concerns over smoking and the use of smokeless tobacco. Shows how advertising encourages tobacco use. (NEWDI)

TOBACCO MARKETING AND KIDS - 7274

video color 12 min. 1996 JrH-SrH

Encourages youth advocacy and targets tobacco marketing in the form of billboards, point of sale displays, and promotional items. Created to assist agencies with California's community outreach activities. (CHS)

TODDLER SAFETY: LILY THINKS AHEAD - 5812

video color 13 min. 1993 A

Follows a new mother as she learns about various household hazards for toddlers. Safety in the car is reviewed, as well as the dangers water can pose. Covers the basics of accident prevention, including keeping sharp objects, matches, poisons, and prescription medications out of reach. (ALTSCH)

TOO MUCH TO HANDLE: LIVING WITH STRESS - 6869

video color 20 min. 1993 I-JrH

Examines some of the ways young people can keep their stress levels down. Features a teenager with many responsibilities and offers coping strategies such as breaking big problems into small ones and talking things over with an adult. Recommends proper diet, exercise and rest to handle unhealthy levels of stress. (RAINBO)

TOOTH WISDOM: YOUR TEETH AND HOW TO TAKE CARE OF THEM - DV0481

DVD color 16 min. 1999 P-EI

Young viewers will discover the various functions of different kinds of teeth, find out why we lose our baby teeth, learn how dentists and hygienists help care for our teeth, as well as the proper techniques for brushing and flossing. (SCHOOL)

TOP TEN MYTHS ABOUT ALCOHOL AND DRUGS (closed captioned) - DV0326

DVD color 20 min. 2007 SrH-A

This program exposes the following myths about drugs: Everybody's doing it; I can stop when I feel like it; Beer isn't as bad as hard liquor; I can get high and still be in control; I can drive a car high on marijuana; Marijuana isn't harmful or addictive; Prescription drugs can't hurt me because they're legal; Drugs help relieve stress; Drugs and alcohol do not damage the brain; and Steroids do not damage the body. Each of these myths is rebutted with cold, hard facts, challenging teens to recognize harmful behaviors in themselves and others and to take full responsibility for their personal health and safety. A file of the accompanying Teacher's Resource Guide is available on the DVD. To open the file you need to load the DVD onto a computer that has a DVD-ROM and Adobe Acrobat Reader. Right click on the DVD icon and then double click on the file titled "Teacher's Resource Book." (HRM)

TOOTHBRUSHING WITH CHARLIE BROWN - 4016

video color 5 min. 1978 P-A
Charlie Brown and the Peanuts gang teach youngsters brushing and flossing techniques in this animated film. (ADA)

TOPOFF 2 (closed captioned) - 7687

7 videos color 1,920 minutes 2003 Professional
Teleconference presented for 32 hours from May 12- May 15, 2003. Mock drill for emergency preparedness in response to terrorist attacks using weapons of mass destruction. Hypothetical four-day drill was conducted in the Seattle and Chicago metropolitan areas for first responders in Washington, Illinois, and Canada. (USDHS)

TOOTHPASTE: A FILM ABOUT SEXUAL RESPONSIBILITY – DV0551

DVD color 16 min. 2004 SrH

This film was written by high school seniors from Mission, Texas. Two female best friends consider taking their relationships with their boyfriends to the next level. The decisions they make are as different as the outcomes. The two girls show that they are responsible enough to get protection, but their respective sexual encounters lead to decidedly different results. (SCENAR)

TORNADO! (closed captioned) - 6359

video color 60 min. 1985 JrH-A
A NOVA program. Explains the characteristics of tornadoes and describes what weather patterns may cause them to develop. Traces the life history of a tornado. Includes several methods of studying tornadoes in the field and in the laboratory. (TLMED)

TOTAL HEALTH: BECOMING PHYSICALLY FIT - DV0026

DVD color 78 min. 1999 SrH
This DVD will get students excited about the long- and short-term benefits of physical fitness. Total Health is divided into three sections and illustrates the five main components of fitness. :Part 1 Body Composition and Flexibility (27 min.) Part 2 Muscle Strength and Endurance (26 min.), and Part 3 Cardiovascular Endurance (25 min.). Viewers will get all the facts about how physical activity improves performance, reduces risk of debilitating diseases, and improves emotional well being. Each section in the program shows students how to measure their current state of fitness and provides a general program for achieving and maintaining a fit lifestyle. (HRM)

TOTALLY DISGUSTING TOBACCO GROSS OUT VIDEO (closed captioned) - DV0370

DVD color 18 min. 2007 JrH
This program presents viewers with a graphic look at the reasons not to use tobacco products. Not for the fainthearted, this program's imagery will linger long in students' minds and remind them to never consider using tobacco products. (HUMRE)

TOXIC MOLD THE FACTS - DV0288

DVD color 12 min. 2003 A
This DVD takes the mystery out of the sensitive subject of

toxic mold and informs viewers of exactly what it is, the hazards involved and some possible solutions. (TTN)

TOXINS AS BIOLOGICAL WARFARE AND TERRORISM AGENTS - 7690

video color 112 min. 2003 Professional
Satellite broadcast July 9, 2003. Provides detailed information on the most likely toxins that terrorists might use. Intended to help civilian and military healthcare personnel manage casualties from a biological and chemical agent attack. (USAMRIID)

TRAGIC CHOICE: THE BOB LESLIE STORY - 7267

video color 12 min. 1997 JrH-SrH
The true story of a baseball player and coach from California, who started chewing tobacco at age 13 and had cancer by age 27. Narrated by Joe Garagiola. (ROMANO)

TRANSCAER - 5747

video color 16 min. 1991 A
TRANSCAER stands for the transportation, community awareness, and emergency response program. Reinforces the importance of chemicals in our daily lives; emphasizes the need for community planning and partnerships between citizens and industry to develop mutual understanding about the transportation of hazardous materials; relays the experience of those involved in the TRANSCAER pilot sites; references the TRANSCAER guidance manual; and demonstrates the benefits of TRANSCAER to industry, emergency responders, and the community. (CHEMM)

TRANSCULTURAL NURSING - 6260

video color 22 min. 1992 A, Professional
Advises nurses of the importance of cultural issues in providing effective health care services to Hispanic patients. Emphasizes the need for the health care professional to be caring, sensitive, and realistic in providing health care services. (MEDCOM)

TRANSFER AND AMBULATION –DV0566

DVD color 23 min. 2008 Professional
This DVD covers pivot transfer from bed to wheelchair, pivot transfer from wheelchair to toilet, two-person lift from bed to wheelchair, three-person lift from bed to gurney, transfer using mechanical lift, assisting with ambulation, and preventing injury during a fall. (MEDCOM)

TRENCHING AND SHORING - 7365

video color 6 min. 1990 A
Gives options for digging trenches to prevent cave-ins. Provides shoring alternatives when a trench is deep or in poor soil conditions. Recommends other tips for supervisors at the job site to ensure worker safety. (LONGI)

TRIED AND TRUE

English DVD-DV0239, Spanish VHS-7888
color 32 min. 2000 SrH-A
This video shows a variety of labor techniques using actual birth footage. It will enhance a pregnant woman's confidence

by showing her many techniques while providing an opportunity for the support partner to learn support skills. (INJOY)

A TRIP TO BUGLAND (English/Spanish) (closed captioned) - DV0235

DVD color Eng 25 min., Span 25 min. 2007 K-A

Join Zobey, a happy furry monster, on his adventures in the magical garden of Bugland. This program is designed to encourage children to be physically active. Parents are urged to watch the DVD and participate along with their children. Zobey teaches hand eye coordination, movement and dance, healthy eating habits and counting. Recipes for healthy foods children will enjoy are included. (DSHS)

TRUCHA - 4270

video color 11 min. 1989 JrH-SrH

Dramatizes dating situations, peer pressures and decision making for Hispanic teens. Appeals to teens through music, humor and popular language. The language is primarily English, with a mixture of Spanish. Borrowers may reproduce this videotape for non-profit educational settings. (ELPASO)

THE TRUTH ABOUT DRINKING - 7292

video color 34 min. 1999 JrH-A

Shows the consequences of drinking including impaired coordination, vision, and reaction time. Explains how the brain and other organs suffer lasting damage from alcohol use. Describes how a drunk person really drives an automobile. Culminates in a realistic simulation of the "deaths" of three participants who got into a car with a fourth who was driving drunk. The driver is then "booked" and sent to prison. The three victims visit the coroner's office to learn of the fatal injuries each suffered in the crash. Finally, the foursome attend the funerals of the three who "died" in the crash and listen as their parents read farewell tributes to their children. (AIMS)

THE TRUTH ABOUT SEX

English (closed captioned)-7139, Spanish-7743

video color Eng-45 min. Span-30 min. 1998 SrH-A

Forces teenagers to face the hard-hitting realities of having sex too young, including unwanted pregnancies and STDs. Teens discuss the struggles of becoming parents at such a young age, while another young couple faces that possibility. A group of teenagers participate in a mock "AIDS test," and Lisa, a 33-year-old heterosexual woman with full-blown AIDS, shares her story. (AIMS)

THE TRUTH ABOUT TOBACCO - 6328

video color 17 min. 1993 I-JrH

Designed to appeal to young people. Uses dramatic scenes, contemporary graphics and real teenagers giving their thoughts on the use of tobacco. Topics include: the history of tobacco, the danger of nicotine, the physical and social effects of smoking on the body, peer pressure, and smokeless tobacco. (SYNDI)

THE TRUTH ABOUT VIOLENCE (closed captioned) - 7597

video color 90 min. 2000 SrH

Follows a group of self-proclaimed violent teens as they witness the effects of violence in graphic detail. Filmed over the span of a month, the group visits a hospital, a shelter for battered women, an encounter camp in Colorado, and Columbine High School, the site of a mass shooting by two students. (AIMS)

TUBERCULOSIS - DV0605

DVD color 30 min. 2008 A

Many Americans assume tuberculosis is a disease of the past, but the reality is one-third of the world's population is infected with TB - an estimated 10 to 15 million people in the United States alone. Viewers will learn about this historic disease and what they need to know to protect themselves. (AQUARI)

TUBERCULOSIS: A CHALLENGE FOR THE AMERICAS - 6652

video color 8 min. 1996 A

Explains that there is again an increasing number of tuberculosis cases and they are sometimes accompanied by HIV. Presents an effective, low-cost strategy to control tuberculosis and stresses the need to ensure early diagnosis. Discusses treatments to completely cure patients. (PAHO)

TUBERCULOSIS: AN UPDATE - 6446

video color 227 min. 1997 Professional

Teleconference presented in association with the Department of Veterans' Affairs and the CDC held on October 28, 1997. Part 1. Tuberculosis Epidemiology Update and Cluster Investigation (108 min.) Includes information concerning the treatment of HIV infected individuals who also suffer from tuberculosis. Part 2. TB Controversies (60 min.). Part 3. Tuberculosis as an Occupational Disease: OSHA's Approach (59 min.) Discusses regulating prevention and explains OSHA's proposed TB rule. (CDC)

TUBERCULOSIS AWARENESS (closed captioned) - 5858

video color 16 min. 1994 A, Professional

Since 1985 there has been a resurgence of tuberculosis. Provides an explanation of the symptoms, what precautions to take in prevention, periodic tuberculosis testing, and proper treatment. (COASTAL)

TUBERCULOSIS AWARENESS AND TREATMENT (Eng/Spanish)(Eng/Vietnamese)(closed captioned) - DV0687

DVD 19 min. 2008 A

People from countries where tuberculosis (TB) is common should get tested for it. This disease is curable and preventable. It is important that people with TB take all of their medicine and follow the advice of a medical professional. Anyone can have TB so there is no need to be ashamed of the disease. The non-English versions are subtitled in English.

TUBERCULOSIS: BACK FROM THE PAST - 5703

video color 18 min. 1993 A

Targets health care workers, providing an accurate description of the cause of tuberculosis, means of spreading infection,

symptoms, and infection control measures in health care settings. Lists risk groups and talks about drug-resistant strains. Covers the use of respirators, HEPA filters and UV lights as well as good ventilation and procedures to use in the isolation room. (COASTAL)

TUBERCULOSIS CONTROL IN CORRECTIONAL FACILITIES - 6895

2-videos color 180 min. 1999 A, Professional
Teleconference presented on February 24, 1999. Topics include: status of TB in corrections; transmission, diagnosis and treatment; basics of a screening program; transportation issues; developing a TB plan; staff training; and contact investigation both inside and outside the correctional facility. (TDH)

TUBERCULOSIS CONTROL IN CORRECTIONAL FACILITIES

5-videos color See running times below 1999 A, Professional
Teleconference presented on February 24, 1999. Excerpted from **Tuberculosis Control In Correctional Facilities (VC-6895)** (TDH)

- Part 1. PREVENTING TUBERCULOSIS IN CORRECTIONAL FACILITIES -7166** (22 min.)
- Part 2. TUBERCULOSIS SCREENING AND DIAGNOSIS IN CORRECTIONAL FACILITIES -7167** (29 min.)
- Part 3. SAFELY TRANSPORTING INMATES WITH TUBERCULOSIS -7168** (14 min.)
- Part 4. CREATING A PLAN TO CONTROL TUBERCULOSIS -7169** (22 min.)
- Part 5. INS AND OUTS OF CONTACT INVESTIGATION-7170** (32 min.)

TUBERCULOSIS IN THE HEALTH CARE ENVIRONMENT

English-6467, Spanish-6783

video color 22 min. 1996 Professional
Intended for health care workers in facilities where patients suffering from tuberculosis are treated. Discusses risk factors favoring the spread of tuberculosis. Explains the following topics included in the 1994 CDC guidelines and the pending OSHA standard: employee training, written TB control plan, administrative controls, engineering controls, and personal protective equipment. Includes updated information about the N-95 respirators. (LONGI)

TUBERCULOSIS: OSHA/CDC GUIDELINES - 5907

video color 20 min. 1994 A, Professional
Explains the OSHA Enforcement Policy and CDC Guidelines regarding tuberculosis (TB) awareness and worker protection. Explains the epidemiology of TB (latent, active, and multi-drug resistant); signs and symptoms of TB; risk group and reasons for the rise in TB cases. Discusses the regulatory aspects of TB: CDC Guidelines and OSHA Enforcement Policy. Explains workplace risks, modes of transmission, and post-exposure management. To reduce these workplace risks, discusses an exposure control plan that includes administrative

controls, engineering controls, and personal protective equipment. (TNI)

TUBERCULOSIS: RETURN OF AN ANCIENT KILLER - 5843

video color 17 min. 1995 A, Professional
Dramatizations with three nationally recognized tuberculosis experts that explain possible reasons for the recent increase in tuberculosis and steps that are being taken by public health departments to control and eliminate it. Discusses the rise of drug-resistant tuberculosis and demonstrates directly-observed therapy. (GLAXO)

TUMORS - 6393

video color 14 min. 1994 A
Describes the causes and growth patterns of healthy cells. Explains different causes leading to the formation of benign or cancerous tumors. Offers various treatments for cancer. Stresses the importance of healthy lifestyle in preventing cancer. (ALTSCH)

TUNING INTO SEXUAL HARASSMENT - 6233

video color 17 min. 1994 I-JrH
Presents realistic dramatizations of sexual harassment occurring between boys and girls at school. Raises important issues and sensitizes students to the fact that many behaviors that occur every day are examples of sexual harassment. Challenges young people to think about whether their behaviors could be perceived as sexual harassment. (NEWDI)

TUNING INTO STD's/HIV (Spanish) - 5540

video color 27 min. 1992 A
Provides information on the symptoms and prevention of sexually transmitted diseases and HIV. Discusses the cultural issues related to condom use in Hispanic men. Also discusses the effect of HIV on the Hispanic community. (PTPP)

TWENTY-EIGHT GRAMS OF PREVENTION: SAFETY FOR TODAY'S LABORATORIES - 5574

video color 23 min. 1975 A
Shows the tragic results of an explosion in a laboratory. Explains that accident prevention involves the proper use of hoods, fire extinguishers, protective clothing, and equipment. Emphasizes the importance of proper storage of materials and safe handling of gas cylinders. (FISH)

2003 TEXAS SARS SUMMIT - 7741

6 videos color 439 min. 2003 Professional
Broadcast Nov. 19, 2003. Medical and public health leaders discuss the latest scientific, clinical, public health, communications and psychological aspects of SARS and influenza. Information includes infection control strategies for SARS and influenza; communication, coordination and knowledge management principles; legal authority for isolation and quarantine; and, SARS and influenza reporting procedures. (TDHIDE)

ULCERS (GASTROINTESTINAL) AT TIME OF DIAGNOSIS (closed captioned) - 7773

video color 30 min. 1996 A

Explains the causes of gastric and duodenal ulcers, including the bacteria *H. pylori*; discusses symptoms, diagnostic tests, and prescription medications. Ulcer patients are urged to stop smoking, to make changes in their diets, and to avoid over-the-counter medications used for pain or indigestion. (TLMED)

THE ULTIMATE DRIVING CHALLENGE (closed captioned) - 7296

video color 30 min. 1994 SrH-A

Tests the audience's reactions to twenty different driving situations designed to measure road safety knowledge and provide helpful information for avoiding accidents or minimizing damage and injury. Questions are given in both true/false and multiple choice formats. The correct response is explained through dramatic stunts, re-creations, and real-life film footage. (ATR)

UNA VEZ AL AÑO...PARA TODA UNA VIDA (Spanish) - 5287

video color 26 min. 1992 A

Discusses the importance of getting regular medical exams and mammograms so that breast cancer can be caught early, thus providing the patient with a much better chance of recovery. Introduces five women whose lives have been affected differently by breast cancer. (OFFCAN)

UNDER ATTACK LIVING WITH EPILEPSY - DV0194

DVD color 16 min. 2004 A

Epilepsy is a hidden and often misinterpreted disease. Throughout her life, Anneli has had a difficult form of epilepsy and has always been dependent upon special medical treatment. It has taken her a long time to accept her disease. Despite her struggle with epilepsy, she has remained an energetic woman that impresses with her easy temper. Ten years ago, a Vagus Nerve Stimulator, a small medical device, was implanted in Anneli's chest to limit the seizures. (AQUARI)

UNDER THE INFLUENCE: THE SCIENCE OF DRUG ABUSE - 7314

video color 24 min. 1999 JrH-SrH

Takes a close look at how drugs (primarily alcohol, nicotine, marijuana, and cocaine) affect the human body, particularly the brain. Medical experts discuss how drugs dramatically affect the chemical balance of the human body, leading to dependence on the drug, and how drug abuse in young people can actually alter the brain's organization. (HUMRE)

UNDERSTANDING AND WORKING THROUGH THE PAIN OF CHILDBIRTH - 6348

video color 16 min. 1998 A, Professional

Gives information regarding various methods, techniques, and technology available for managing pain during labor. Includes role of support person; breathing and concentration techniques; massage; and medication. Mentions acupressure, biofeedback and TENS (transcutaneous electrical nerve stimulation). (MILNER)

UNDERSTANDING BIRTH: A COMPREHENSIVE

GUIDE (closed captioned) - 7564

2 videos color 148 min. 2001 SrH-A

Individual chapters (about 20 minutes each) describe pregnancy from the third trimester, labor and birth, care of the newborn and understanding postpartum. Includes labor preparation exercises. (INJOY)

UNDERSTANDING, CONTROLLING, AND PREVENTING ANGER (closed captioned) - 6789

2-videos color 31 min. 1997 I-SrH, A

Designed for teen or for mixed teen and parent audiences with a leader or teacher. Part 1 (15 min.) Describes anger and how it is generated. Presents the necessary information to facilitate self-recognition of an anger problem. Part 2 (16 min.) Gives more in depth information for self-diagnosis. Includes control and prevention strategies. (UNITDL)

UNDERSTANDING DIABETES - DV0648

DVD color 20 min. 2006 A

This DVD will equip caregivers to understand what diabetes is, and how they can assist residents to manage their diabetes and reduce further complications. It covers Type 1 and Type 2 Diabetes, and Pre-Diabetes. It gives suggestions on assisting with insulin, including, maintaining adequate supplies, disposing of insulin needles safely, and proper storage of insulin. Caregivers will also learn the importance of monitoring the condition of a diabetic resident's skin and feet, making sure medications are taken as prescribed, and reporting any other sudden or unusual changes.

UNDERSTANDING GRIEF - 5911

video color 25 min. 1994 A

Gordon Lang, a bereavement counselor, introduces the concept and definition of grief, and shares his own story of leaving religious life to find a new identity and career. Lang also talks with eight other people who share their journeys of courage in dealing with losses such as job, health, homeland, self-worth, and death. (KINETI)

UNDERSTANDING HEPATITIS A (closed captioned) - DV0357

DVD color 23 min. 2007 A

This program focuses on the causes and typical treatments for Hepatitis A and guides viewers through the different levels of danger that the virus poses to victims. Medical experts explain the basic science behind HAV infections, describe common symptoms, and spell out preventive and palliative strategies. Also, a traveling businessman describes his frustrating experiences with Hepatitis A. (FFH)

UNDERSTANDING HEPTATITIS B (closed captioned) - DV0358

DVD color 23 min. 2007 A

Hepatitis B is usually transmitted sexually or through other close bodily contact. This program explains what distinguishes HBV from other hepatitis strains, how it can infect the human body and still go undetected for decades, and how it can be

prevented with vaccines. Physicians specializing in hepatitis research and care outline both successful and tragic case studies and guide viewers through the public health benefits of HBV education and immunization programs. (FFH)

UNDERSTANDING HEPATITIS C (closed captioned) - DV0266

DVD color 23 min. 2007 A

Most people associate cirrhosis with alcoholism—but another cause of liver scarring and failure is HCV, one of the most severe strains of hepatitis. This program provides a basic medical understanding of the virus, presents various ways that it is transmitted, and explores what many call a groundbreaking method of Hepatitis C treatment. Veteran researchers and doctors describe typical HCV danger zones and causes and the pronounced risk of liver damage that the virus represents. Advanced antiviral therapies combining interferon and ribavirin are also discussed. (FFH)

UNDERSTANDING HIV AND AIDS (closed captioned) - DV0469

DVD color 18 min. 2006 JrH

This program presents an age-appropriate review of the basic terms, definitions and biology of the HIV virus plus means of infection, treatment, and protection. It also sends a clear message that abstinence is the only 100% effective option for avoiding sexual transmission of the HIV virus. (HUMRE)

UNDERSTANDING HYSTERECTOMY - 7035

video color 26 min. 1992 A

Reviews many conditions which may indicate hysterectomy surgery. Explains the emotional side effects of undergoing this surgery. Gives the symptoms of menopause which occur if the ovaries are removed during the hysterectomy. Discusses how the loss of estrogen may cause the risk of breast cancer and osteoporosis. The Texas Department of State Health Services does not endorse any particular procedure or medication. (WYAY)

UNDERSTANDING LABOR - 4286

video color 11 min. 1987 A

Illustrates and explains what goes on during the course of labor and delivery. Gives guidelines for recognizing true labor, with descriptions of anatomical and physiological changes. Helps women to prepare for and deal effectively with labor and delivery. (ALTSCH)

UNDERSTANDING MEDICATION GUIDELINES - 7065

video color 21 min. 1996 Professional

Discusses the different preparations and routes available for medication administration. Explains how to correctly interpret and implement the six types of medication orders. Explains the three safety checks and five rights used before medication administration. Presents information on nursing responsibilities associated with medication administration which includes assessment, administration, and documentation. (LIPP)

UNDERSTANDING PREPARED FOODS (closed

captioned) - 6119

video color 13 min. 1993 A

Training video for volunteers and food service personnel at soup kitchens and shelters. Covers basic food sanitation, personal hygiene, foodborne illness, receiving delivered food, food preparation, and storage. (ACF)

UNDERSTANDING PRETERM LABOR - 7089

video color 19 min. 1990 A

Discusses the warning signs of preterm labor and the actions that a mother-to-be can take to postpone labor and to monitor the progress of labor. Outlines hospital procedures which may be necessary. Describes some related medications and their side effects. Gives the major risk factors which may cause preterm labor. The Texas Department of State Health Services does not endorse any particular brand or product. (TOKOS)

UNDERSTANDING SCOLIOSIS - 6700

video color 8 min. 1996 JrH-A

Gives positive, upbeat information about adolescent idiopathic scoliosis. Physicians describe the types of scoliosis and treatments available. Interviews young people with scoliosis and how they manage their daily activities. (NATLS)

UNDERSTANDING SEIZURE DISORDERS (closed captioned)-6175

video color 11 min. 1990 SrH-A

Dispels many misconceptions about epilepsy with medically accurate information. Describes what happens in the brain during a seizure. Explains why different people experience different symptoms. (EFA)

UNDERSTANDING THE COMMON COLD (Chart) - CH-003

chart color 1995 El-A

A heavy-duty laminated anatomical chart measuring 20" x 26" showing the parts of the body affected by colds. Includes illustrations of the throat and tonsils, the paranasal sinuses, the trachea and bronchi, the ear, the nose, and the lungs. Explains what a cold is and defines inflammation. (HLTHED)

UNDERSTANDING KIDNEY DISEASE - DV0423

DVD color 26 min. 2006 A

When kidney disease occurs it can have detrimental effects on the body. It can lead to complete kidney failure requiring the need for dialysis treatments or a kidney transplant to stay alive. Knowing the symptoms of kidney disease can help doctors detect it early enough to get treatment; those with diabetes and high blood pressure should be tested yearly. Find out the other risks and warning signs in this program. The Texas Department State of Health Services does not endorse any particular brand or product. (ITV)

UNDERSTANDING VIRUSES - DV0145

DVD color 55 min. 2006 JrH-SrH

Explains what a virus is and how it can affect different parts of the body. Using detailed animation demonstrates how a virus uses other cells to accomplish its goals. Discusses the history of viruses and the ongoing research to devise cures for the many

different types including the common cold, flu, and HIV. (DISCOV)

UNIVERSAL PRECAUTIONS: A PERSONAL PRIORITY - 5880

video color 13 min. 1994 A, Professional
Explains how health care workers exposed to blood and body fluids are at risk for contracting hepatitis B and HIV. Discusses the importance of handwashing before and after contact with patients, and at other times when risk of exposure is possible. Covers the use of disposable supplies, and protective clothing, including gloves, gowns, aprons, goggles, and masks. Explains the proper way to handle soiled linen, to handle used syringes, and to clean up blood spills. Stresses the importance of reporting when an accidental exposure to blood or body fluids has occurred. (LMEF)

UNIVERSAL PRECAUTIONS FOR INFECTION CONTROL IN THE HOME CARE SETTING - 4562

video color 20 min. 1990 A
Demonstrates universal precautions for infection control in the home care setting. The home health nurse interacts with the patient and the primary care giver, addressing protection concerns and modeling behavior. Explains the principles of infection control and introduces the proper techniques and rationale for procedures, including handwashing, handling of infectious waste, sharps and hazardous waste disposal, handling and transporting of lab specimens. (BELSON)

UNIVERSAL PRECAUTIONS IN SCHOOLS: PROTECTION FROM BLOODBORNE DISEASES - 6235

video color 27 min. 1996 A, Professional
Designed for use by school personnel to prepare for situations when they might come in contact with blood or bodily fluids during school hours. Includes information about bloodborne disease transmission, universal precautions, including handwashing and barriers, and policies and procedures schools should have in place to protect students and school personnel. (LMD)

UNIVERSAL PRECAUTIONS: INFECTION CONTROL PROCEDURES - 4907

video color 8 min. 1991 A
Designed for health care providers, but also useful for engineering, custodial, security, administration and other personnel who provide services in the health care environment. May be used as a refresher for nursing, lab and other providers who normally receive additional universal precautions training. (DONBR)

THE UNIVERSE WITHIN (closed captioned) - 6800

video color 60 min. 1995 SrH-A
Takes a look at the body from the systemic, cellular and sub-cellular levels. Explores the coordination of muscles, bones, heart and circulatory systems of Mike Powell, a world famous long jumper. Explains the digestion of a peanut butter and jelly sandwich eaten by Bonnie Blair, an Olympic speed skater. Traces the development of a baby inside track star Karen

Hatchett. A NOVA production. (TLMED)

UNNATURAL CAUSES: IS INEQUALITY MAKING US SICK? (closed captioned) - DV0429

DVD color 240 min. 2008 A
This DVD sounds the alarm about the extent of our socio-economic and racial inequities in health, and searches for their root causes. Unnatural Causes crisscrosses the country investigating the findings that are shaking up conventional understanding of what really makes us healthy or sick. (CANEWS)

UNRESTRAINED MOTORISTS: THE COST TO YOUR COMMUNITY - 6777

video color 9 min. approx. 1990 Professional
Intended for law enforcement officers. Motivates law enforcement to wear safety belts and support initiatives to encourage all motorists to wear safety belts. Provides various statistics regarding the costs of crashes to the public when safety belts are not worn. (NHTSA)

THE UNSEEN POWER: PEER PRESSURE - 7327

video color 28 min. 1996 I-JrH
Shows young streetwise teens how peers help when they provide emotional support, but hurt when they encourage negative or risky behavior. Describes peer acceptance and individuality. Teaches skills for saying no to negative behavior while keeping friends. Shows the problem of paying a price for gang protection. (SUNBUR)

UNWELCOME ADVANCES: SEXUAL HARASSMENT AT WORK - 5564

video color 26 min. 1993 A
Examines sexual harassment from a personal perspective to help viewers understand the many ways women suffer physically and emotionally from it. Explores the business costs most associated with sexual harassment—rising absenteeism, soaring employee turnover, declining morale as well as the skyrocketing cost of litigation. (CORONE)

UP IN SMOKE: THE EXTREME DANGER OF SMOKING TOBACCO - 6863

video color 29 min. 1996 JrH-SrH
Describes the real damage that smoking tobacco can do to the human body. Includes interviews with laryngectomees. (HUMRE)

UPDATE: SEXUALLY TRANSMITTED DISEASES - 6726

video color 28 min. 1995 JrH - SrH
Heightens awareness of the rapid spread of sexually transmitted diseases among teenagers and the risks to health these diseases pose. Provides information on the causes, symptoms, and treatment of chlamydia, herpes, and genital warts. Stresses the importance of early medical treatment for any suspicious symptoms. Alerts viewers to the link between other STDs and the increased risk of contracting HIV. Urges sexually active teens to protect themselves against STDs through proper and consistent use of condoms. Emphasizes that abstinence is the

best choice for staying healthy and safe. (SUNBUR)

USING PRINCIPLES OF BODY MECHANICS - 7061

video color 21 min. 1997 Professional
Discusses the principles of body mechanics. Demonstrates techniques used to move the patient up in bed, assist with a range of motion and ambulation, and transfer the patient from the bed to a chair. Shows the use of protective positions and positioning aids. Offers tips for safety, legal issues and documentation. (LIPP)

USING THE ELITE BREAST PUMP, HYGIENIKIT AND ONE HAND BREAST PUMP FROM AMEDA (English/Spanish) - 7474

video color Eng-15 min., Span-17 min. 1990 SrH-A
Provides instructions for use and cleaning of pumps. Advises on the proper storage of milk. (WIC)

USING THE PURELY YOURS BREAST PUMP FROM AMEDA WITH THE HYGIENIKIT MILK COLLECTION SYSTEM (English/Spanish) - 7486

video color Eng-12 min., Span-14 min. 1999 SrH-A
Provides instructions for use and cleaning of pump. Advises on the proper storage of milk. (WIC)

U.V. AND ME - 6399

video color 16 min. 1995 EI-I
Defines U.V. rays and how they damage the skin. Stresses the importance of protecting against the sun when outdoors, including clothing choices and sunscreen. (ALTSCH)

VACCINES (English/Spanish) - DV0522

DVD color 58 min. 2008 A
The first section of the DVD Vaccines and Your Baby describes the 11 diseases prevented by vaccines, the science of vaccines, the concept of immunity, how vaccines work, and how they are made. Highlights include physicians discussing details of each disease and parents sharing their stories. The second section is called Vaccines: Separating Fact from Fear. It addresses parents' questions about vaccines. The program also includes the stories of parents whose children suffered vaccine-preventable diseases. (CHOP)

VAGINAL BIRTH AFTER CESAREAN (VBAC) - 7738

video color 12 min. 1995 A
Explains the benefits of VBAC and encourages women who are suitable candidates to strongly consider this option. Features testimonials from women who chose vaginal delivery after prior Cesarean. The video weighs the risks of VBAC against the risks of another Cesarean birth. Discusses the chances of uterine rupture and other reasons why a repeat Cesarean may sometimes be necessary. (MILNER)

VALERIE'S DIARY: BEGINNING BREASTFEEDING (SHORT VERSION)

English only (closed captioned)-7134,
English/Spanish-7212
video color Eng-16 min., Span-16 min. 2000 SrH-A
Discusses beginning breastfeeding topics, such as latching on

and breastfeeding positions; engorgement and sore nipples; and how to determine an infant's healthy weight gain. Explains the importance of breastfeeding at birth, including pre-term infants. Describes infant hunger signals. Illustrates how a mother makes milk. (INJOY)

VARICOSIS - 6394

video color 14 min. 1996 A
Describes varicose veins, and the causes. Explains why varicose veins are not just a cosmetic concern, but rather a serious condition. Offers methods of treatment available from a physician. (ALTSCH)

VIDEO BIRTH LIBRARY: BIRTH # 8 LISA AND BILLY - 6139

video color 14 min. 1990 SrH-A
Documentary following the labor of a teenaged mother. Shows her low tolerance for pain and the administration of an epidural. Concludes in birth of a healthy baby. (CBG)

VIDEO BIRTH LIBRARY: BIRTH #13—KATHY AND JOE - 5865

video color 13 min. 1991 SrH-A
Documentary following the labor and delivery of twins. (CBG)

VIDEO DISPLAY TERMINALS - 4782

video color 16 min. 1988 SrH-A
Many people who work on video display terminals experience headaches, back pain, and eye problems. Explains how almost all problems associated with VDTs can be prevented. Features live-action footage, computer graphics and interviews a physician who is an expert in this field. Highlights ergonomic principles, good posture, proper seating, alleviating eye strain, screen placement, vision breaks, preventative exercises. (COASTAL)

VIEWPOINTS: DISABILITY AWARENESS TRAINING - 5348

video color 15 min. 1990 SrH-A
Four people with disabilities related to mobility, speech, hearing, and sight give practical tips, insights and strategies to help able people be more sensitive to the needs of the disabled. The key is to increase the "comfort zone" between the disabled and able people. (KINETI)

VIOLENCE IN THE WORKPLACE (ATR) - 5861

video color 10 min. 1995 A, Professional
Discusses the frequency with which violence occurs on the job and how to recognize potential attackers. Also offers a procedure that, if followed, will help prevent and reduce violence in the workplace. (ATR)

VIRUSES AND BACTERIA: THE STORY OF THE WARM WET SPOTS - 5819

video color 21 min. 1994 EI-JrH
Combines computer animation, humor, popular music, special effects, and classroom demonstration to present useful information about germs, bacteria, and the prevention and

transmission of communicable diseases. (AIMS)

VIRUSES: THE DEADLY ENEMY - 6269

video color 30 min. 1996 JrH-SrH

Describes the physiology of viruses and the way viruses affect cells. Discusses specific viruses such as the tobacco mosaic virus which attacks tobacco plants, as well as viruses which attack humans such as herpes simplex, ebola, HIV, and polio, among others. Explains the difficulty of identifying a viral disease and developing a cure. Includes information on immune systems. (HUMRE)

VITAL SIGNS: TEMPERATURE, PULSE, RESPIRATIONS, AND BLOOD PRESSURE - 6193

video color 25 min. 1994 A, Professional

Demonstrates how to take a temperature with different types of thermometers. Shows the common arteries that are used to take the pulse rate. Shows techniques of taking the blood pressure using a sphygmomanometer. Explains how to properly record the vital signs. (MLIFE)

WALKING IN BEAUTY WITH DIABETES - 6986

video color Navajo-47 min., Eng-33 min. 1998 SrH-A
Video is first presented in the Navajo language, followed by the English version. Helps Navajo people with diabetes prevent further complications from this disease. Presents patient education on realistic diet and exercise strategies designed to be culturally relevant and easy to implement. (UTAH)

WASH THOSE HANDS!

English (closed captioned)-6831, Spanish -7755

video color 9 min. 1996 El-JrH

Shows how hand washing helps control the spread of illness. Illustrates the correct way to wash your hands. (MARSH)

WE CAN ALL GET ALONG

DVD-DV0155, VHS-7882

color 19 min. 2005 El

This program shows kids how to improve relationships with their friends, classmates, and adults at school by learning basic conflict resolution skills. (SUNBUR)

WEAPONS OF MASS DESTRUCTION AND THE FIRST RESPONDER - 7817

video color 24 min. 2004 Professional

A training video designed to familiarize emergency responders including law enforcement, fire, emergency medical services and all levels of government with steps they can take to mitigate effects and prepare for incidents involving weapons of mass destruction. (ODP)

WEIGHT CONTROL: A SANE APPROACH - 7566

video color 52 min. 2000 A

A Discovery Channel production that documents a personal quest to lose weight and maintain a healthier lifestyle. Explains good and bad fat, demonstrates how to determine body fat percentage, and evaluates four major types of diets. (FFH)

WEIGHT OF OBESITY (closed captioned) - DV0340

DVD color 57 min. 2005 A

Obesity is second only to smoking as the leading cause of preventable deaths in the United States. Minority and low-income communities have been the hardest hit. In the midst of this epidemic, American families are chronically undernourished. This documentary takes an accessible, non-clinical approach that communicates the serious consequences of obesity, while also offering strategies for change. (FANLIG)

WELCOME TO THE WORLD - 5480

video color 30 min. 1993 SrH-A

Shows three births, non-medicated vaginal birth experiences and one planned cesarean delivery. Includes candid expressions of what both expectant parents are feeling during different stages of labor. Emphasizes the importance of developing a birth plan yet maintaining flexibility, changing positions to cope with labor; working with contractions for effective labor, and family bonding. (INJOY)

WELDING SAFETY - 6144

video color 12 min. 1996 A

Covers OSHA requirements for safe welding activities. Discusses hazards and personal protective equipment, fire safety, hazardous atmospheres, electricity and compressed gas cylinders. (LONGI)

WELLNESS BREAKS - DV0231

DVD color 81 min. 2007 A

This DVD contains individual segments on stress management, movement, stretching and strengthening. Pilates exercises, yoga poses and tai chi movements are demonstrated. (WIC)

WELLNESS IS AGELESS - 4112

video color 21 min. 1985 A

Presents a positive look at aging through the eyes and experiences of several older adults. Good food choices, sensible exercise, avoiding tobacco and exposure to the sun are all steps to wellness. Emphasizes the importance of annual check-ups, noticing body changes, and having diagnostic tests to detect cancer. (CANCER)

WE'RE GROWING UP - DV0644

DVD color 12 min. 2010 El-I

This program is intended for a combined audience of 4th to 7th grade boys and girls. The narrator talks about human growth patterns from a baby's rapid growth in the womb to adolescence. The program reviews male and female anatomy and sexual development. (PDA)

WE'RE JUST AROUND THE CORNER - DV0643

DVD color 15 min. 2011 I-JrH

This program is intended for a combined audience of 5th through 8th grade boys and girls. It presents information on the physical and emotional changes of puberty, the maturation of the male and female reproductive systems, conception, pregnancy, and fetal development. It also covers the importance of reliable information as vital to good decision making and the importance of good hygiene and

healthy habits. (PDA)

WEST NILE VIRUS: WHAT HAVE WE LEARNED SINCE 1999 - 7931

video color 60 min. 2003 Professional

This program will focus on the clinical picture (including transmission/diagnosis/treatment), the bird and animal epizootic, mosquito surveillance and control, and prevention methods. The program will also discuss what the experience from 1999 to 2003 can potentially tell public health professionals about the future of West Nile virus in the United States. (PHF).

WHAT ABOUT ME? KIDS AND GRIEF - 5333

video color 18 min. 1992 K-A, Professional

Highlights boys and girls, ages 4 - 14, while they discuss grief experiences due to the death or chronic illness of a sibling or parent. The children talk about their experiences to offer hope, support and a sense of community to other children. Intended for children and adolescents, but also offers insight to parents and professionals who want to be more successful in working with grief issues. (FIDEAS)

WHAT CAN I DO? SIX CASE STUDIES OF STAFF-RESIDENT INTERACTION IN THE LONG-TERM FACILITY - 7133

video color 39 min. 1994 Professional

Intended for staff of a long term care facility. Presents six common problems which staff face. Intended to encourage staff discussion to develop communication with and cooperation from the residents and improve the quality of care in the care facility. (GLAXO)

WHAT CAN WE DO ABOUT CHILD ABUSE? - 7158

video color 20 min. 1999 A, Professional

Intended for health care professionals, law enforcement officers, teachers, and day care workers who may interview children who have been abused. Provides guidelines in asking open-ended questions of the child. Describes the benefits of the Crime Victims' Compensation Program. Includes some answers to some legal questions regarding reporting child abuse. (OAG)

WHAT EVERY CAREGIVER NEEDS TO KNOW ABOUT ALZHEIMER'S DISEASE (closed captioned) - DV0549

DVD color 70 min. 2006 A, Professional

This DVD contains information about Mild Cognitive Impairment, cognitive disability, physical changes in the brain, family profiles, common dementia behaviors and interviews with caregivers. (PDA)

WHAT EVERY MAN SHOULD KNOW ABOUT HIS PROSTATE, INCLUDING CANCER - 6903

video color 20 min. 1994-1995 A

Provides in-depth medical information on prostate cancer including the recommended annual exam, symptoms, diagnosis and treatment. Describes the following diagnosis procedures: ultrasound, biopsy, Gleason grade for cancer cells, and the

staging systems of prostate cancer. Discusses available treatments which are based on the patient's age, health, tumor stage, PSA, and Gleason grade. Three patients describe their experiences. Treatment options include surgery, radiation therapy, hormonal therapy and cryosurgery. (YOUNG)

WHAT EVERY NON-PROFIT BOARD MEMBER NEEDS TO KNOW - CD0024

CD-Rom color 2002 11 min. A

This presentation discusses important details or aspects of non-profit board management and board member responsibility. It demonstrates ways successful boards operate. (DSHS)

WHAT IS DIABETES TYPE 2 3rd ed. - DV0257

DVD color 16 min. 2007 A

For people in high risk groups as well as those with diabetes, this video explains what diabetes is, the symptoms, the long term effects, and treatment. It informs viewers that being overweight contributes to the development of diabetes, explains insulin resistance, and outlines a diabetes self-management plan. Information covered includes the target range of blood glucose, making healthy food choices, the 2005 food guide pyramid, carbohydrates, fats, portion sizes, and possible use of medications if healthy foods and physical activity are not enough to keep blood glucose in a healthy range. (MILNER)

WHAT IS HEART FAILURE (closed captioned) - DV0659

DVD color 19 min. 2011 A

This DVD covers risk factors, symptoms, medications, sodium and fluid guidelines, balancing activity and rest, and daily monitoring of symptoms. Colorful animation shows viewers what happens to the heart and how heart failure affects the body. Types of medications are explained along with cautions about side effects, and the importance of taking medications exactly as prescribed.

WHAT IS LOVE? WHAT IS SEX? - 7415

video color 25 min. 2000 JrH-SrH

Actual students share their experiences. Provides a framework for making healthy choices regarding sexual activity. Identifies coercive sexual tactics and demonstrates strategies for coping with sexual pressure. Explains the distinction between love and sex and shows a range of appropriate ways to demonstrate love. (ETRNET)

WHAT SHOULD I DO? THE BASICS OF FIRST AID - DV0094

DVD color 28 min. 2002 SrH-A

This DVD will prepare viewers to respond safely in emergency situations. Along with CPR and treating for shock, the program shows how to respond to minor injuries such as cuts, burns, sprains, and strains; how to recognize and care for heat and cold injuries; what to do in case of poisoning, bites, or stings; and how to pack a first aid kit with all the essential contents. Taken into consideration in developing the program were the national educational standards and the standards of the National Association for Sport & Physical Education. (CAMED)

WHAT TEENAGERS WANT TO KNOW ABOUT SEX - 6478

video color 28 min. 1994 SrH

Presents the facts teens need to know for informed sexual decision-making. Provides answers to teens' concerns about sexual development, conception, pregnancy, contraception and STDs. Debunks myths about sex and carries a strong abstinence message. (SUNBUR)

WHAT TO DO IN CASE OF EMERGENCY - 7401

video color 18 min. 2001 A

Emphasizes knowledge of the organizational emergency policy and emergency action plan. Discusses the proper use and storage of chemicals and the Material Safety Data Sheet (MSDS) in the workplace including handling an incident involving a spill. Describes an employee's response to a fire emergency including the fire evacuation plan and an overview of fire extinguisher use. Provides general guidelines when receiving a bomb threat or biological threat by telephone. Outlines steps to take in case of an earthquake or threat of workplace violence. (LONGI)

WHAT YOU DON'T KNOW ABOUT TUBERCULOSIS CAN KILL YOU

English-6291, Spanish-6292

video color Eng- 7 min., Span-11 min. 1997 A

A patient education video providing basic information regarding tuberculosis for jail and prison populations. Includes a description of the groups of people at risk for contracting the disease, as well as the transmission, diagnosis, and treatment. Describes the differences between tuberculosis infection and tuberculosis disease. Stresses that a person with HIV needs to take special precautions regarding tuberculosis. (TDH)

WHAT'S AGE GOT TO DO WITH IT - DV0303

DVD color 14 min. 2003 A

This program looks at the effects of abuse upon older women within intimate relationships as well as abuse by adult children. Older women can be victims of abusive behavior although it is often silent and invisible. Women from a variety of cultural backgrounds are featured. This DVD contains disturbing scenes and strong language. It is not intended for a general audience without the presence of an informed discussion leader or counselor. (KINETI)

WHAT'S OUR EXCUSE - 4322

video color 14 min. 1988 A

Designed to reduce back injuries by exposing excuses as valuable warning signs of dangerous situations. Interviews people with back injuries and stresses the chronic nature of these injuries. (AURORA)

WHAT'S WRONG WITH THIS PICTURE - 4323

video color 17 min. 1989 A

For employee hazard communication training. Examples of incorrect and correct chemical safety procedures are re-enacted in a variety of work settings. Technical terms commonly found on labels and material safety data sheets (MSDS) are explained. (AURORA)

WHAT'S WRONG WITH THIS PICTURE (TTN) - DV0027

DVD color 7 min. 2000 Prof

Produced exclusively for hospitals and medical centers, this DVD shows the wrong way and the right way scenarios for using sharps, hand-washing, back safety, housekeeping and more. (TTN)

WHAT'S WRONG WITH TOBACCO? - 6861

video color 30 min. 1994 JrH-A

Presents kids who have already kicked the nicotine habit as well as teens currently struggling to become tobacco-free. Uses contemporary music and street scenes to persuasively discourage tobacco use. Shows the effect of advertising on young people. Explains that spit tobacco is not a safe alternative to smoking, adversely affecting the gums and teeth. (HUMRE)

WHATSA HYGIENE? (closed captioned) - 7517

video color 18 min. 1999 I-JrH

Musical video encouraging good hygiene for preteens and young teens. Discusses handwashing, toothbrushing, flossing, showering, nail care, hair care, and dressing with clean neat clothing. (MARSH)

WHEN BABIES CRY - DV0054

DVD color 12 min. 2005 A

This DVD profiles several families who have been affected by shaken baby syndrome. A description of the syndrome is provided by a doctor. Tips for coping with a crying baby are also provided. (SBA)

WHEN DATING TURNS DANGEROUS - 7329

video color 33 min. 1995 JrH-SrH

Uses the story of two young people caught up in a highly romantic but progressively abusive relationship to uncover the typical pattern of dating abuse. Challenges the myths and mistaken notions about male-female relationships. Examines the foundations of male violence against women in our culture. (SUNBUR)

WHEN DISASTER STRIKES ARE YOU PREPARED? - DV0290

DVD color 22 min. 2002 A

Disasters come in two forms: natural or man-made and can strike without warning. This program is designed to help reduce fear and uncertainty through preparation and planning. Disaster situations such as fire, terrorism, mail and bomb threats, tornadoes, and floods are discussed. It is intended for business and industry, emergency responders and hospital emergency rooms, school administrators, and others. (TTN)

WHEN I GET MAD - 5568

video color 12 min. 1994 P-I

Teaches children that anger is not bad even though it makes them feel uncomfortable. Shows that if we hide our anger it will build up until we explode. If we lash out at the people making us angry, they may lash back. The best way to handle

anger is to talk about it with the person making us angry and try to resolve the differences in a peaceful way. (FIDEAS)

WHEN LIGHTNING STRIKES - 5139

video color 5 min. 1991 A
Explains how lightning occurs, and how dangerous it can be. Details safety precautions to take in thunderstorms whether one is outside or inside. (SAFETY)

WHEN LOVE HURTS - 4552

video color 17 min. 1988 A
Uses drama to present four different couples in dating situations where violence and/or abuse is evident. Physical, sexual, and emotional abuse is shown. Promotes discussion of the overt and subtle abuses of power in intimate relationships. (MARIN)

WHEN PANIC STRIKES - 5815

video color 19 min. 1994 A
Provides a description of how it feels to have a panic attack. A victim explains the difficulties associated with correctly diagnosing panic attacks, finding a physician who could correctly diagnose her condition, and finally receiving treatment which is successful. Concludes with statistics supporting the fact that most persons who experience panic attacks can lead nearly normal lives with the proper combination of medication and behavioral therapy. (FFH)

WHEN TEMPERS FLARE: A GUIDE TO UNDERSTANDING AND MANAGING ANGER - DV0686

DVD 30 min. 2004 A
This DVD explores why and how we experience anger and offers practical strategies for expressing anger in constructive, rather than destructive ways.

WHEN THEY NEVER, EVER LISTEN - 6036

video color 17 min. 1991 A
An excerpt from the ABC News program, "20/20", exploring the problem of preschool children out of control. Dr. Stanley Turecki, author of the book, *The Difficult Child*, counsels parents with techniques in dealing with problem children. (ALTSCH)

WHEN THINGS GET TOUGH: TEENS COPE WITH CRISIS - 7328

video color 38 min. 1989 JrH-SrH
Provides teens with a set of skills for coping with upsets and disappointments. Explains a four-step self-help tool which increases teens' abilities to handle their crises and even to create growth opportunities out of them. Gives teens alternatives instead of remaining helpless or overwhelmed by feelings. (SUNBUR)

WHEN YOU LEAST EXPECT IT: DRIVING SAFETY FOR EVERYONE - 4774

video color 22 min. 1990 SrH-A, Professional
A wide variety of safe driving skills and procedures are demonstrated to motivate viewers to pay attention to their driving habits. Explains that by paying closer attention while we are driving, we may be able to prevent unexpected

situations from developing. Emphasizes that a driver's attitude is often as important as the driver's skill. (AURORA)

WHY COLORS? - 5133

video color 26 min. 1992 JrH-A, Professional
Uses humor to cover the deadly serious topic of gang violence. Using contemporary music including rap, gospel, and rhythm and blues, causes young viewers to reconsider gang liaisons. (MEDGLD)

WHY DON'T THEY BREASTFEED? - 6618

video color 21 min. 1997 Professional
Designed for WIC professionals who counsel clients on breastfeeding concerns. Presents many of the barriers new mothers have toward breastfeeding. Provides caring responses and information to promote breastfeeding. (WIC)

WHY DON'T WE DO IT IN OUR SLEEVES? (English/Spanish) (closed captioned) - DV0366

DVD color 5 min. 2007 A
This short humorous program encourages people to cough and sneeze according to the infection control guidelines put forth by the Centers for Disease Control and Prevention. (MEMA)

WHY PEOPLE GET SICK WITH DR. ALVIN TARLOV AND COLLEAGUES - 7098

video color 180 min. 2000 Professional
Presents studies and data about various topics related to the 'Hispanic Paradox' including income inequality and homogeneity vs. heterogeneity of class structure, influences on health status such as genetics, health behaviors, medical care, and differences in health and mortality based on race, age and ethnicity. (TDH)

WHY WE EAT WHAT WE EAT - DV0113

DVD color 14 min. 2005 JrH
This is a cultural diversity program that helps students understand how society and culture influence our choices and decisions of what we eat. Family, culture, friends, religion, emotions, lifestyles and advertising all influence what we eat. Multicultural students and a food expert present and discuss understanding food choices. The Texas Department of State Health Services does not endorse any particular brand or product. (LZ)

WIC AND SOCIAL MEDIA - DV0618

DVD color 10 min. 2010 A
This program without dialog explains the advantages of using social media to reach the tech savvy millennial mom generation. This DVD can be played on a computer or a DVD. (WIC)

WIC AND SOCIAL MEDIA - DV0619

DVD color 10 min. 2010 A
This program without dialog explains the advantages of using social media to reach the tech savvy millennial mom generation. This DVD can only be played on a computer. It will not play with a DVD player. (WIC)

WIC FARMER'S MARKET AND YOU (VENDOR'S VERSION) - 7481

video color 12 min. 2000 A
Explains the WIC voucher system to farmers' market vendors. Reviews which foods may be sold, filling out the voucher, and sanctions for vendors who do not follow the rules. (WIC)

WIC NUTRITIONISTS: MAKING A DIFFERENCE - 7482

video color 8 min. 1995 SrH-A
Nutritionists and dieticians from Texas and other states talk about how gratifying it is to improve the health of their WIC clients. (WIC)

WIC OUTREACH: GROWING HEALTHY FAMILIES - DV7809

DVD color 10 min. 2005 A
A waiting room program with colorful images and slogans but no narration. The images promote the WIC program. (DSHS)

WIC RULES FOR STORE MANAGERS - 7483

video color 9 min. 2000 A
Reviews WIC vendor contract compliance in place since April 1, 2000. Reviews violations leading to disqualification. Urges stores to train employees on WIC rules and to adopt newest technology for scanners to recognize WIC transactions. (WIC)

WIC TODAY FOR A HEALTHY TOMORROW - 7477

video color 17 min. 1995 SrH-A
Shows current and past participants who benefited from the WIC program. (WIC)

WIC-TV (WAITING ROOM VIDEOS) - 7041

video color 89 min. 1999 SrH-A
Intended for WIC clients but appropriate for all parents of infants and small children. Shows a variety of fast-paced segments, some humorous. Includes: 10 tips to lose weight (6 min.); America's Healthiest Home Videos (7 min.); childhood obesity (3 min.); reminders of WIC services (2 min.); cooking with vegetables (5 min.); toddler self-eating (5 min.); diabetes and nutrition (9 min.); SIDS (3 min.); dental care for children and infants (4 min.); making the change to fat-free milk (4 min.); toddler toilet training (9 min.); importance of folic acid as a nutrient before pregnancy (4 min.); Kitchen Crime Division-food hygiene (5 min.); recipes with beans (7 min.); services of Early Childhood Intervention (ECI) (2 min.); preventing anemia (8 min.); baby nutrition (3 min.); and helping the picky eater (3 min.) (WIC)

WIC WELLNESS WORKS: A JOURNEY: TAKE A BREAK - DV0467

2 DVDs color 98 min. 2008 A
This upbeat series of 10 short segments contains easy to incorporate personal wellness strategies. Users can view the entire DVD or select segments. Segments include flexing into fitness, being present in your life, taking back your time, avoiding stress eating, fast food on the run, simple healthy lunches, and quick meals. A second DVD has the accompanying handouts. (WIC)

WILD ABOUT SAFETY: TIMON AND PUMBAA SAFETY SMART AT HOME (English/Spanish) - DV0430

DVD color 11 min. 2008 K-EI
Animated characters Timon and Pumbaa from Disney's The Lion King inspect a possible new home to make sure it is a safe place to live. Students in kindergarten through third grade learn lessons such as never overload an electrical outlet; don't cook without adult supervision, and keep space heaters away from flammable items. This DVD also features a safety smart sing along. (DISNEY)

THE WILD GOOSE - 4876

video b/w 18 min. 1976 JrH-A, Professional
Portrays a cantankerous elderly man confined to a nursing home. The institutional environment contrasts with his mischievous spirit, a wild goose who is determined to fly away from the flock. Obnoxious, exuberant and ingenious, he breaks free of the institution, raising questions about the values and attitudes of society concerning old age and individuality. (FI)

WILL TODAY BE THE DAY - DV0397

DVD color 17 min. 2007 A
This program, intended for industrial workers, uses real-life accounts of workplace accidents and their aftermath. It covers the physical, psychological, and financial pain caused by workplace accidents. It details how lasting limitations can change the lives of the injured and their families and friends. (TTN)

WINNING ISN'T EVERYTHING, BUT WANTING TO IS: CONTROLLING YOUR DIABETES - 6972

video color 8 min. 1990 SrH-A
Features Jim "Catfish" Hunter, member of the Baseball Hall of Fame, and diabetic, who considers his greatest achievement learning to control his diabetes and living a healthy life. An award in his honor was created to give diabetics from around the country the opportunity, through writing an essay, to share their experiences of living with the disease. Provides interviews with winners of the award as they share their stories of discovering their diabetes and making lifestyle changes for the better. (UPJOHN)

WINTER DRIVING - 7624

video color 7 min. 1990 A
Identifies the special hazards of winter driving. Shows the importance of vehicle inspection and demonstrates skills and techniques required to reduce accidents. (SUMMIT)

WINTER SAFETY - 6457

video color 11 min. 1994 A
Describes potential hazards and dangerous situations in the winter. Includes tips on preventing falls; preparing the car for driving in snowy and icy weather; maintenance of the fireplace; holiday decorations; and responsible drinking and party hosting. (TNI)

WIRED: CAFFEINE DEPENDENCY - 7555

video color 18 min. 2001 JrH-A
Describes caffeine, its natural sources, the psychological effects on the body and the negative consequences to health. Explains caffeine addiction. (EVN)

WISE USE OF MEDICATIONS - 6742

video color 10 min. 1993 A
Provides guidance for getting the best benefit from prescription drugs and avoiding adverse interactions. Emphasizes the importance of asking the doctor or pharmacist about how prescription drugs work, side effects, what to do if a dose is missed, and whether alcohol can be consumed with medications. Stresses that patients should read the labels on medications and follow the instructions carefully. Cautions against sharing prescription medications with others. (KRAMES)

WIC VOUCHERS AND YOU (closed captioned) - DV0385

DVD color 15 min. 2008 A
This program is for grocery store cashiers. It explains how to handle vouchers from the WIC program. (DSHS)

A WOMAN'S HEALTH - 6141

video color 57 min. 1995 A
Presents six women and the health issues that affect them: smoking, heart disease, depression, menopause, domestic violence, and breast cancer. (CORV)

WOMEN AND DEPRESSION - 7824

video color 28 min. 2000 A
Discusses diagnosis and treatment of clinical depression. Women and their families talk about their experiences with this illness. Features medical professionals who specialize in the treatment of depression in women. (AQUARI)

WOMEN AND DOMESTIC VIOLENCE - 5711

video color 16 min. 1994 A
Relates the story of a mother and how she took action to protect herself and her son from domestic violence. Describes the characteristics of an abuser, and the steps that women should take to get themselves to a safe house. The basic legal actions that are available to protect women from an abuser are outlined, including restraining orders, emergency protective orders, and stay-away orders. Covers the types of help available, including support groups. (ALTSCH)

WORK SAFETY ESSENTIALS - 6941

video color 23 min. 1997 A
Instructs employees in the basics of workplace safety. Topics include: tips on avoiding slips, trips and falls; safe lifting techniques; safe ways of working with hazardous materials; correct usage of personal protective equipment; warnings against electrical hazards; and basic fire emergency information. Includes factors to consider when working outdoors and dealing with on-the-job stress. (VOCAM)

WORKING OUTDOORS MOSQUITOES AND TICKS

(English/Spanish) (closed captioned) - DV0114

DVD color 15 min. 2004 A
This program will educate employees about protecting themselves from mosquito and tick bites that may cause Lyme Disease, Encephalitis, and West Nile Virus. It explains the early warning signs of these potentially debilitating diseases. Bonus features include an expanded leaders guide and a customizable PowerPoint® presentation (DVD-ROM drive required for PowerPoint). (COASTAL)

WORKING SAFELY WITH PNEUMATIC TOOLS - DV0289

DVD color 8 min. 2001 A
This DVD can be used to train employees on the hazards associated in working with pneumatic tools. It provides comprehensive coverage of safe work practices. It gives examples of appropriate PPE. Viewers will learn about appropriate tool and cord inspection as well as their use and clean-up. (TTN)

WORKING SMART: GENERAL OFFICE SAFETY - 5856

video color 20 min. 1992 A, Professional
Describes hazards to health in the office environment, including slips, trips, and falls, noise, ergonomics, and fire safety. Demonstrates how to avoid, prevent, and handle these hazards to reduce on-the-job injuries. (COASTAL)

WORKING TOGETHER FOR SAFETY - 6127

video color 20 min. 1996 A
A safety orientation including general aspects of safety and the relationship between unsafe acts and accidents. Topics covered are personal protective equipment; lockout/tagout; hazard communication; inspections; rules and procedures; and accident reporting. (BTS)

WORKING TOGETHER: PRODUCTIVE COMMUNICATION ON THE JOB - VP8

video color 30 min. 1986 A
A program based on sound communication theory effective for team building or improving communication skills among staff. (ICP)

WORKING WITH STRESS - DV0004

DVD color 17 min. 2002 A, Professional
Describes workplace factors that can create or exacerbate worker stress. Suggests measures for reducing job-related stress through changes in work organization. (NIOSH)

WORKING WITH YOU IS KILLING ME: FREEING YOURSELF FROM EMOTIONAL TRAPS AT WORK - AC0008

Audio CD 210 min. 2006 A
This audio book consists of 3 compact discs. The authors urge workers to cope with frustrating co-workers by taking control of their own emotional responses. Psychotherapist Katherine Crowley and business consultant Kathi Elster teach listeners how to eliminate their workplace woes using a step by step method. Through quizzes, case examples, and field-tested

strategies, listeners will learn how to handle any bad work relationship. (TWA)

WORKPLACE SAFETY: BEATING THE ODDS

DVD-DV0183, VHS-7526

video color 7 min. 2000 A

Shows common careless work habits and the consequences of disregarding safety procedures. (SAFETY)

WORKPLACE SAFETY 101: A GUIDE FOR NEW EMPLOYEES – DV0623

DVD color 35 min. 2009 A

This DVD gives new hires the tools to develop solid safety habits and hazard perception skills from the start with training on workplace violence, slips, trips and falls, lifting techniques, housekeeping, lockout/tagout, hazard communication, personal protective equipment, machine guards, first aid and bloodborne pathogens. (TTN)

WORKPLACE VIOLENCE: EMPLOYEE

AWARENESS - 6211

video color 22 min. 1994 A

Designed to make employees aware of the issues related to on-the-job violence, to encourage them to report any threats or violence they observe or experience, and to let them know that the organization expects all of its employees to treat each other with respect. Teaches how to recognize the subtle warning signs that might mean a co-worker or other person poses a risk to the safety of others and the importance of reporting all violent and aggressive behavior to the supervisor. (KINETI)

WORKS OF WONDER

DVD-DV0118, VHS-7421

Video/DVD color 80 min. 2001 A

Provides a comprehensive overview of labor and childbirth in a modular format. *Three Birth Stories* (39 min.) presents an overview of childbirth practices and offers a visual catalog of comfort measures for managing labor. *The Miracle Within* (14 min.) uses computer animation and live footage to illustrate the stages of labor, effacement and dilation, and fetal descent and pelvic station. *Medical Procedures and Options in Childbirth* (20 min.) describes common medical practices and options for medication in childbirth. *A Cesarean Birth Story* (7 min.) presents a realistic picture of an unplanned cesarean birth. (VIDA)

WRITING WINNING FEDERAL AND FOUNDATION GRANTS - AC0027 A

Audio Compact Disc 54 min 2011 A

This audioconference presented on November 17, 2011 gives listeners guidance that will aid them in finding federal, private and corporate funding opportunities and in preparing high quality application packages. The lead presenter is Ray Sweeney, senior grant writer for Federal and Foundation Assistance Monitor. The co-presenter is Jim Rogers, publisher of Aging News Alert: the Senior Services and Funding Report, and the Directory of Grants for Aging Services.

YELLING, THREATENING, AND PUTTING DOWN:

WHAT TO DO (closed captioned) - 7385

video color 35 min. 2000 SrH-A

Presents a variety of positive, practical techniques for dealing with four challenging parent-child interactions: when children are very active; when children get angry; when children whine; and when siblings fight. (INJOY)

YOU AND YOUR EARS (2nd ed.) - 5099

video color 14 min. 1990 P

Shows two children as they enter Jiminy Cricket's magical world of Books and Beyond. There the children discover, via computer animation, live action and existing Disney animation, the different parts of the ear, how it works, why their sense of hearing is so valuable, how it helps to keep us safe and what we can do to protect it. (DISNEY)

YOU AND YOUR EYES (2nd ed.) - 5072

video color 13 min. 1990 P

Shows two children as they enter Jiminy Cricket's magical World of Books and Beyond. There the children discover, via computer animation, live action, and existing Disney animation, how the eye works, why their eyes are so important, how to keep their eyes safe and how their eyes protect them. (DISNEY)

YOU AND YOUR FOOD (2nd ed.) - 5100

video color 12 min. 1990 EI

Pinocchio as a live boy, Jiminy Cricket and food expert, 10-year-old Samantha, explore nutrition. Helps viewers to understand how the four food groups work together to provide good nutrition; that there are a variety of nutritious foods available; realize that they have the opportunity to make healthy food choices; and to be encouraged in methods of self-discovery. (DISNEY)

YOU ARE WHAT YOU EAT - 4925

video color 10 min. 1976 EI-JrH

Explains the importance of choosing foods from all of the basic food groups to provide a balanced diet. Explains how the body uses proteins, carbohydrates, fats, vitamins, and minerals, how digestion changes the food eaten so the body can use the nutrients, and how exercise and rest are needed to help the body grow strong and healthy. Animated. (BARR)

YOU CAN BEAT TB -6637

video color 13 min. 1997 SrH-A

Compares tuberculosis infection and tuberculosis disease, giving the differences in medications. Emphasizes the importance of taking all of the medications especially to prevent multi-drug resistant tuberculosis disease. (CDC)

YOU, ME & THE KIDS: THE TEEN YEARS (THE MEANING OF NO) - 7345

video color 24 min. 1999 JrH-SrH

A diverse group of teens frankly discuss the boundaries and limits to set when dating; how to communicate those boundaries, and stick to them. Dramatizes a dating situation between a teen girl and an older boy. (FIDEAS)

YOU, ME & THE KIDSL THE TEEN YEARS (THE PRESSURES OF SEX) - 7344

video color 24 min. 1999 JrH-SrH
Explains that teens have to choose whether they will abstain from sexual activity or engage in heavy activity. Diverse teens discuss sexuality candidly. Presents strategies for safety. (FIDEAS)

YOU OTTER BE SAFE AROUND THE POOL - DV0328

DVD color 10 min. 2006 K-A
The animated character of Baby Otter introduces ten rules to follow so that everybody is safe around the swimming pool. (OTTER)

YOUR BABY NEEDS YOU: PUMPING BREAST MILK FOR YOUR PREMATURE INFANT/SU BEBÉ LA NECESITA: CÓMO EXTRAER LA LECHE MATERNA PARA SU BEBÉ PREMATURO (English/Spanish) (closed captioned) - DV0388

DVD color Eng. 12 min.; Span. 14 min. 2008 A
This program teaches a mother how to bring in a milk supply with a breast pump so that milk can be provided to her baby. Mother's milk provides the safest most protective nutrition available. It protects babies from common infections, helping them leave the hospital sooner. (WIC)

YOUR BABY'S FIRST DAYS - 4183

video color 21 min. 1980 JrH-A
Answers commonly asked questions about normal newborn appearance, behavior, and development. Shows and describes physical characteristics of the newborn such as milia, cradle cap, dry skin and rashes, skin color changes, "witch's milk," enlarged nipples and genitalia, body hair, stork bite and mongolian spots, the location and function of soft spots on the baby's head, and more. (MILNER)

YOUR BODY AND YOUR HEALTH - DV0102

DVD color 52 min. 2004 JrH-SrH
Viewers will learn about processes and disorders of the human body. Individual segments address digestion, sickle cell anemia, addiction, and AIDS. By understanding and discussing these topics, students can build awareness of how to safeguard their own health. (DISCOV)

YOUR BODY YOUR HEALTH AND DRUGS - DV0671

DVD color 30 min. 2011 E1
Medicine can be a tricky thing for children to understand. It can be taken to make yourself feel better, but be extremely harmful when taken the incorrect way. Elementary aged kids present a real-life scenario of a child prescribing her medicine to another child. The situation is identified as dangerous and the kids work out a better, safer solution by calling an adult.

YOUR DIET: EXERCISE - 4197

video color 13 min. 1981 JrH-A
A regular exercise program is important for healthy bodies and minds of all ages. Stresses the need for physician's approval for those people embarking on a new exercise program. Encourages making exercise a regular part of the daily routine

for a happier, healthier, fuller life. (ALTSCH)

YOUR DIET: WATER - 4193

video color 13 min. 1981 JrH-A
Water is called "the giver of life". Yet, in its relative abundance, its dietary importance is often overlooked. Whether it is drunk or used for bathing, water provides the body with its most basic and essential component. (ALTSCH)

YOUR HEALTHY PREGNANCY PRENATAL VOL. 1: NUTRITION AND EXERCISE - DV0348

DVD color 14 min. 2007 SrH-A
This program illustrates the fundamentals of a healthy diet, explains the importance of seeking out individual nutrition advice, and encourages the practice of safe and consistent exercise during pregnancy. Expectant mothers will discover healthy alternatives to unhealthy cravings and the purpose of prenatal supplements. (INJOY)

YOUR HEALTHY PREGNANCY VOLUME 2: EMOTIONS - DV0349

DVD color 14 min. 2007 SrH-A
Expectant parents will learn about Mom's changing body image and relationship issues; the importance of support and healthy communication; the signs of depression. This DVD also covers issues faced by fathers and single mothers. (INJOY)

YOUR HEALTHY PREGNANCY VOLUME 3 : DISCOMFORTS - DV0350

DVD color 15 min. 2007 SrH-A
This program illustrates common prenatal discomforts and ways to alleviate them. Expectant moms will learn healthy ways to relieve discomforts, the warning signs of pre-term labor and ways that partners can offer support. They will see methods to reduce discomforts with diet and exercise. (INJOY)

YOUR IMMUNE SYSTEM - DV0030

DVD color 28 min. 2002 JrH-SrH
This program clearly and concisely maps out the complicated human immune system, explaining both how it keeps the body healthy and what happens to the body if it malfunctions. Beginning with the body's nonspecific defenses, composed of the skin, tears, mucus, saliva, and stomach acid, the program proceeds into the details of the specific defenses: the lymphatic system, the thymus gland, the spleen, and bone marrow. Also covers topics from allergies to AIDS, vaccines and antibiotics - as well as the problem of bacterial resistance to current medicines. (KIN)

YOUR NUTRITION STYLE: PERSONALIZING THE PYRAMID - DV0038

DVD color 25 min. 2006 SrH-A
Four young people in high school or their early twenties are profiled. All four fall into common nutrition traps and get a nutritional makeover. The DVD explains why each style could cause problems and how to adjust eating patterns to match the 2005 USDA dietary guidelines. The dietary guidelines for

adolescents as well as adults are covered. (FIDEAS)

YOUR PRECIOUS EYES GORY STORY

DVD-DV0402, VHS-7860

color 13 min. 2000 A

Seventy percent of eye injury victims are hit with flying objects smaller than a pinhead. Includes graphic pictures of specific injuries. Explains glaucoma, macular degeneration, and myopia and makes recommendations for emergencies.(TTN)

**YOUR RIGHT TO KNOW: HAZARD
COMMUNICATION STANDARD**

English-5511, Spanish-5512

video color 16 min. 1990 A, Professional

Explains the importance of reading labels and MSDSs correctly, and stresses the employee's responsibility to understand and always apply the training he or she receives. (TELA)

ZOWZOO (English/Spanish) - DV7819

DVD color Eng.18 min., Span. 19 min. 2005 K-EI

This program is designed to encourage children to be physically active. Parents are encouraged to watch and participate along with their children. It stars Zowzoo, a zany creature who has forgotten how to play, and his friends the polar bear, monkey, rabbit and parrot.(WIC)



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- Rehabilitation Practitioner
- Person, Family, or Friend with Disability
- Other Agency

Department of State Health Services Library

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- Other Educational Group
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- Community or Civic Group
- Department of State Health Services Employee (including regional offices and hospitals)
- Local Health Department
- Hospital
- Nursing Home
- Mental Health/Substance Abuse Organization
- Misc. Medical Group/EMS/Physician/Dentist/Home Health, etc.
- Prison/Detention Center
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