

# You can become a case manager.

Help clients connect to services.



## What is Case Management?

Case Management for Children and Pregnant Women is a **Medicaid benefit** that provides health-related case management services to children birth through 20 years of age with a health condition and to high-risk pregnant women of any age. Case managers help clients gain access to needed medical, social, educational, and other services.

## What do case managers do to connect clients with services?

Case managers help clients with services such as:

- Accessing behavioral health services or developmental testing.
- Coordinating DME, home health nursing, or OT/PT/ST.
- Assisting with the special education process or school issues.
- Helping with transition planning.
- Addressing issues such as substance abuse, homelessness, or domestic violence.
- Finding other needs, such as respite.

## Who can be a Case Manager?

Case managers must be a licensed social worker or registered nurse.

Case managers may work independently or may be employed or contract with an agency.

### ***Bilingual case managers are needed.***

Note: Social workers with an LBSW or an LMSW who plan to provide case management services independently or contract with an agency must either:

- Have the Independent Practice Recognition (IPR) or
- Be under a board-approved IPR or LCSW supervision plan.

## Reimbursement

Case managers enroll with Medicaid and are reimbursed for assisting clients in getting the services they need.

Reimbursement:

- \$146.16 for a comprehensive visit.
- \$122.31 for a face-to-face follow-up contact.
- \$29.36 for a telephone follow-up.

## How to become a Case Management Provider

Individuals and agencies must apply with the Texas Department of State Health Services and enroll with Medicaid. Contact DSHS for information on how to become a case manager:

- Email [AskCM@dshs.state.tx.us](mailto:AskCM@dshs.state.tx.us) or
- Call 512-776-2168.

## To learn more about Case Management for Children and Pregnant Women:

- Go to [dshs.state.tx.us/caseman](https://dshs.state.tx.us/caseman) or
- Take a tutorial at [txhealthsteps.com/cms/?q=node/96](https://txhealthsteps.com/cms/?q=node/96).