

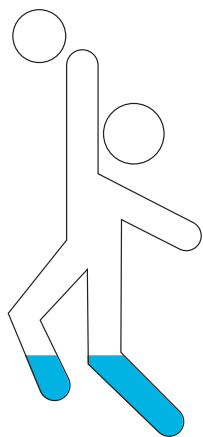
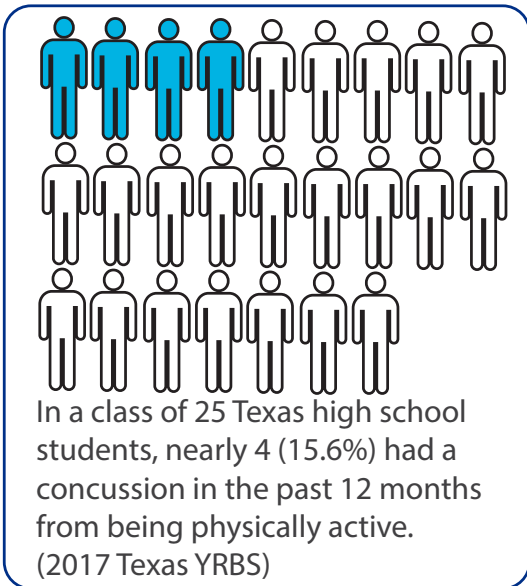


YRBS Data Brief

Texas Youth Risk Behavior Survey

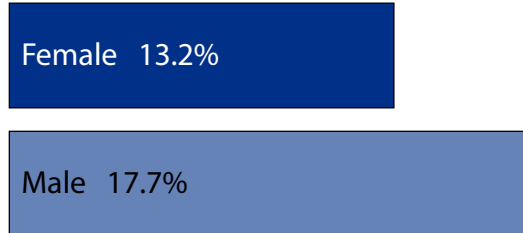
June 2018

Concussion

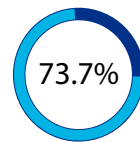


Among students who participated in at least one sports team in the past 12 months, 22% of students reported having a concussion in that same time period. (2017 YRBS)

Concussions Among Texas High School Students in the Past Year from Playing Sports or Being Physically Active by Sex, 2017 YRBS

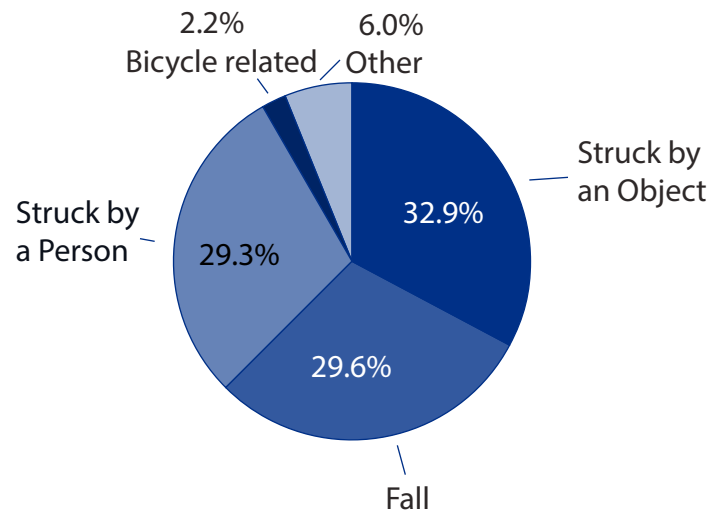


A recent study by the CDC and the Children’s Hospital of Philadelphia (J Pediatrics 2018; 197:241-8) found:



Nearly 3 of 4 (73.7% of) concussions among 15 to 17 year olds were caused by sports and recreation-related injury; the rate was slightly higher (77.1%) among 12-14 year olds.

They also found the leading causes of sports and recreation-related concussions to be:



For more information on preventing concussion and what to do when a student gets a concussion; or for materials that you can customize for your school or athletic group, please visit: www.cdc.gov/HeadsUp.

The Texas YRBS is a biennial survey of students in randomly selected public and charter high schools across Texas. For more information about the Texas Youth Risk Behavior Survey please visit: www.dshs.texas.gov/chs/yrbs.



TEXAS Health and Human Services

Texas Department of State Health Services

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