

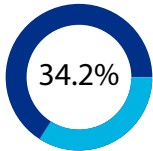


YRBS Data Brief

Texas Youth Risk Behavior Survey

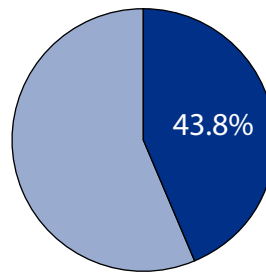
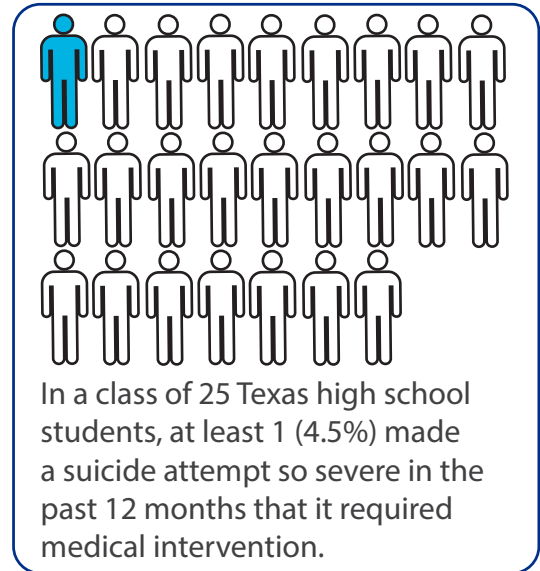
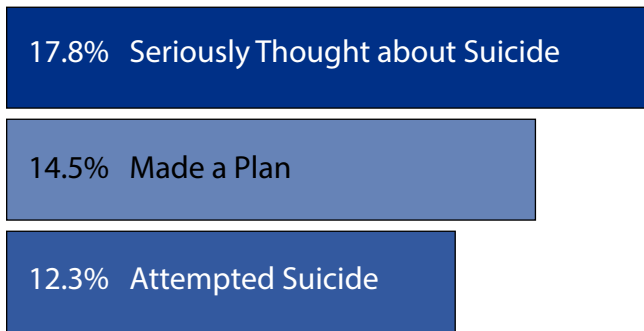
September 2018

Suicidal Behavior

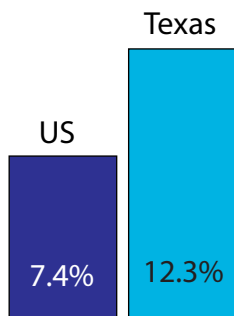


More than 1 in 3 Texas high school students felt so sad or hopeless almost every day for 2 or more weeks in a row in the past 12 months that they stopped doing some usual activities

Suicidal Behavior Among Texas High School Student in Thoughts, Plans, and Attempts, in the Past 12 Months, YRBS 2017



Close to half of Texas high school students who identify as gay or lesbian have attempted suicide in the past 12 months, compared to 9.6% of their peers who identify as straight and 23.2% of their peers who identify as bisexual.



Texas high school students consistently had a higher rate of attempted suicide in the past 12 months than those in the US. In 2017, the Texas rate was 66% higher than the US rate (12.3% vs. 7.4%).

If you or a loved one are struggling with suicidal thoughts, contact the National Suicide Prevention Lifeline at 1-800-273-TALK (8255) or the Crisis Textline by texting HOME to 741741.

The Texas YRBS is a biennial survey of students in randomly selected public and charter high schools across Texas. For more information about the Texas Youth Risk Behavior Survey please visit: www.dshs.texas.gov/chs/yrbs.



TEXAS Health and Human Services

Texas Department of State Health Services

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