

Youth Online: High School YRBS



Texas 2009 Results

Texas, High School Youth Risk Behavior Survey, 2009							
Question	Sex	Female	Male	p-value	Female More Likely Than Male	Male More Likely Than Female	No Difference
Unintentional Injuries and Violence							
Rarely or never wore a bicycle helmet (among students who had ridden a bicycle during the 12 months before the survey)		90.3 (85.4–93.7) 928 [†]	92.8 (90.2–94.8) 1,359	0.27			●
Rarely or never wore a seat belt (when riding in a car driven by someone else)		4.9 (3.8–6.3) 1,638	6.4 (5.1–8.0) 1,860	0.12			●
Rode with a driver who had been drinking alcohol one or more times (in a car or other vehicle during the 30 days before the survey)		34.9 (31.9–38.0) 1,634	32.2 (30.4–34.1) 1,852	0.12			●
Drove when drinking alcohol one or more times (in a car or other vehicle during the 30 days before the survey)		8.5 (6.7–10.8) 1,621	15.1 (12.3–18.3) 1,819	0.00		●	
Carried a weapon on school property on at least 1 day (for example, a gun, knife, or club during the 30 days before the survey)		3.1 (2.1–4.5) 1,637	9.6 (7.3–12.5) 1,843	0.00		●	
Did not go to school because they felt unsafe at school or on their way to or from school on at least 1 day (during the 30 days before the survey)		5.2 (3.7–7.3) 1,638	4.9 (4.1–6.0) 1,856	0.77			●
Threatened or injured with a weapon on school property one or more times (for example, a gun, knife, or club during the 12 months before the survey)		5.5 (4.1–7.4) 1,637	8.8 (7.4–10.5) 1,859	0.00		●	
In a physical fight on school property one or more times (during the 12 months before the survey)		7.3 (6.2–8.6) 1,633	18.8 (16.8–21.0) 1,840	0.00		●	
Bullied on school property (during the 12 months before the survey)		20.9 (18.8–23.2) 1,639	16.5 (13.5–19.9) 1,858	0.02	●		
Felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)		34.9 (32.2–37.8) 1,635	20.8 (18.5–23.3) 1,858	0.00	●		
Seriously considered attempting suicide (during the 12 months before the survey)		17.8 (14.8–21.2) 1,638	9.8 (8.3–11.7) 1,854	0.00	●		
Made a plan about how they would attempt suicide		13.2 (11.2–15.6)	7.5 (5.8–9.5)	0.00			

(during the 12 months before the survey)	1,635	1,856		●		
Attempted suicide one or more times (during the 12 months before the survey)	10.4 (8.3–13.1) 1,482	4.3 (3.3–5.7) 1,595	0.00	●		
Suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	2.7 (1.8–4.0) 1,472	1.4 (0.8–2.4) 1,572	0.05			●
Carried a weapon on at least 1 day (for example, a gun, knife, or club during the 30 days before the survey)	7.2 (5.8–8.9) 1,630	28.8 (25.5–32.3) 1,828	0.00		●	
Carried a gun on at least 1 day (during the 30 days before the survey)	1.4 (0.9–2.2) 1,632	11.4 (9.5–13.8) 1,839	0.00		●	
In a physical fight one or more times (during the 12 months before the survey)	23.0 (20.1–26.1) 1,624	43.2 (40.1–46.3) 1,835	0.00		●	
Injured in a physical fight one or more times (injuries had to be treated by a doctor or nurse, during the 12 months before the survey)	2.9 (1.9–4.2) 1,627	5.5 (4.3–7.1) 1,845	0.00		●	
Hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend (during the 12 months before the survey)	10.3 (9.0–11.9) 1,637	8.8 (7.6–10.1) 1,854	0.10			●
Ever physically forced to have sexual intercourse (when they did not want to)	10.5 (8.7–12.6) 1,634	3.6 (2.6–4.9) 1,853	0.00	●		
Tobacco Use						
Ever tried cigarette smoking (even one or two puffs)	47.4 (44.1–50.6) 1,624	53.2 (49.2–57.1) 1,826	0.02		●	
Smoked a whole cigarette for the first time before age 13 years	8.7 (7.1–10.5) 1,610	14.1 (11.7–16.8) 1,815	0.00		●	
Smoked cigarettes on at least 1 day (during the 30 days before the survey)	18.2 (15.4–21.4) 1,598	24.0 (20.9–27.5) 1,791	0.01		●	
Smoked cigarettes on 20 or more days (during the 30 days before the survey)	4.5 (3.3–6.0) 1,598	7.8 (5.8–10.3) 1,791	0.01		●	
Smoked more than 10 cigarettes per day (among students who currently smoked cigarettes, on the days they smoked during the 30 days before the survey)	1.9 (0.9–4.0) 302	6.0 (4.2–8.7) 437	0.00		●	
Smoked cigarettes on school property on at least 1 day (during the 30 days before the survey)	3.6 (2.5–5.1) 1,632	5.8 (3.9–8.4) 1,843	0.08			●
Ever smoked at least one cigarette every day for 30 days	8.2 (6.5–10.3) 1,621	11.1 (8.8–13.9) 1,828	0.06			●
Did not try to quit smoking cigarettes (among students who currently smoked cigarettes, during the 12 months before the survey)	54.1 (45.8–62.2) 300	51.7 (46.4–56.9) 429	0.61			●
Usually obtained their own cigarettes by buying them in a store or gas station (among the students who were aged <18 years and who currently smoked cigarettes, during the 30 days before the survey)	6.4 (3.5–11.2) 227	18.6 (13.9–24.5) 307	0.00		●	
Used chewing tobacco, snuff, or dip on at least 1 day (during the 30 days before the survey)	2.1 (1.4–3.2) 1,636	12.4 (9.7–15.6) 1,845	0.00		●	

Used chewing tobacco, snuff, or dip on school property on at least 1 day (during the 30 days before the survey)	0.9 (0.5–1.7) 1,636	6.6 (4.8–9.1) 1,848	0.00		●	
Smoked cigars, cigarillos, or little cigars on at least 1 day (during the 30 days before the survey)	11.5 (9.5–14.0) 1,635	21.3 (18.0–24.9) 1,852	0.00		●	
Smoked cigarettes; smoked cigars, cigarillos, or little cigars; or used chewing tobacco, snuff, or dip on at least 1 day (during the 30 days before the survey)	20.8 (17.7–24.2) 1,594	34.1 (29.8–38.6) 1,779	0.00		●	
Alcohol and Other Drug Use						
Ever had at least one drink of alcohol on at least 1 day (during their life)	78.2 (74.3–81.6) 1,614	74.4 (71.4–77.1) 1,819	0.09			●
Drank alcohol for the first time before age 13 years (other than a few sips)	19.7 (16.2–23.8) 1,630	27.3 (24.0–30.9) 1,842	0.00		●	
Had at least one drink of alcohol on at least 1 day (during the 30 days before the survey)	45.5 (42.3–48.7) 1,517	44.2 (41.2–47.3) 1,682	0.56			●
Had five or more drinks of alcohol in a row within a couple of hours on at least 1 day (during the 30 days before the survey)	24.2 (21.0–27.8) 1,618	26.9 (23.5–30.5) 1,811	0.26			●
Usually obtained the alcohol they drank by someone giving it to them (among students who currently drank alcohol during the 30 days before the survey)	53.7 (48.1–59.2) 678	36.3 (32.8–40.0) 737	0.00	●		
Had at least one drink of alcohol on school property on at least 1 day (during the 30 days before the survey)	3.9 (3.0–5.0) 1,633	5.4 (4.2–7.0) 1,846	0.06			●
Ever used marijuana one or more times (during their life)	33.9 (31.1–36.8) 1,628	40.8 (37.3–44.4) 1,837	0.00		●	
Tried marijuana for the first time before age 13 years	4.9 (3.6–6.7) 1,634	11.2 (9.4–13.2) 1,840	0.00		●	
Used marijuana one or more times (during the 30 days before the survey)	16.2 (14.2–18.3) 1,630	22.8 (20.5–25.2) 1,841	0.00		●	
Used marijuana on school property one or more times (during the 30 days before the survey)	3.2 (2.2–4.5) 1,636	5.9 (4.4–7.9) 1,845	0.01		●	
Ever used any form of cocaine one or more times (for example, powder, crack, or freebase, during their life)	7.9 (6.6–9.4) 1,638	9.1 (7.2–11.4) 1,853	0.34			●
Used any form of cocaine one or more times (for example, powder, crack, or freebase, during the 30 days before the survey)	2.3 (1.5–3.6) 1,638	3.7 (2.6–5.3) 1,850	0.09			●
Ever sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times (during their life)	12.8 (10.5–15.4) 1,637	11.1 (9.6–12.9) 1,852	0.25			●
Ever used heroin one or more times (also called "smack", "junk", or "China white", during their life)	1.2 (0.8–1.8) 1,640	3.0 (2.1–4.3) 1,857	0.00		●	
Ever used methamphetamines one or more times (also called "speed", "crystal", "crank", or "ice", during their life)	3.2 (2.4–4.3) 1,638	4.2 (3.3–5.4) 1,854	0.16			●

Ever used ecstasy one or more times (also called "MDMA", during their life)	8.2 (7.1–9.5) 1,636	9.7 (7.9–11.9) 1,854	0.18			●
Ever took steroid pills or shots without a doctor's prescription one or more times (during their life)	2.3 (1.6–3.2) 1,641	3.5 (2.7–4.6) 1,855	0.04		●	
Ever used a needle to inject any illegal drug into their body one or more times (during their life)	0.9 (0.6–1.5) 1,639	2.4 (1.7–3.4) 1,851	0.00		●	
Offered, sold, or given an illegal drug by someone on school property (during the 12 months before the survey)	23.4 (20.7–26.3) 1,633	28.2 (25.3–31.4) 1,844	0.02		●	
Sexual Behaviors						
Ever had sexual intercourse	49.3 (45.9–52.7) 1,612	53.9 (50.2–57.6) 1,778	0.06			●
Had sexual intercourse for the first time before age 13 years	3.1 (2.2–4.3) 1,611	9.1 (7.7–10.6) 1,775	0.00		●	
Had sexual intercourse with four or more persons (during their life)	12.7 (10.7–15.0) 1,607	20.3 (18.0–22.9) 1,768	0.00		●	
Had sexual intercourse with at least one person (during the 3 months before the survey)	38.5 (35.6–41.6) 1,611	36.9 (33.4–40.5) 1,772	0.46			●
Drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	18.1 (15.0–21.7) 630	25.4 (22.4–28.7) 654	0.00		●	
Did not use a condom during last sexual intercourse (among students who were currently sexually active)	47.0 (41.8–52.2) 622	37.4 (33.7–41.2) 644	0.00	●		
Did not use birth control pills before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)	82.6 (78.4–86.1) 608	89.9 (86.3–92.6) 618	0.00		●	
Were never taught in school about AIDS or HIV infection	17.1 (13.8–21.1) 1,636	17.0 (14.0–20.5) 1,851	0.96			●
Did not use Depo-Provera before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)	97.5 (96.0–98.4) 608	98.8 (97.6–99.4) 618	0.06			●
Did not use birth control pills or Depo-Provera before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)	80.1 (75.8–83.7) 608	88.7 (84.8–91.7) 618	0.00		●	
Did not use both a condom during last sexual intercourse and birth control pills or Depo-Provera before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)	91.6 (87.8–94.3) 607	96.5 (94.5–97.9) 616	0.01		●	
Dietary Behaviors						
Ate fruits and vegetables less than five times per day (100% fruit juices, fruit, green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	81.2 (79.5–82.8) 1,630	76.3 (73.7–78.7) 1,827	0.00	●		
Did not drink 100% fruit juices	23.0 (21.2–24.9)	21.1 (18.5–23.8)	0.22			

(during the 7 days before the survey)	1,638	1,846				●
Did not eat fruit (during the 7 days before the survey)	13.5 (11.3–16.2) 1,637	15.0 (12.9–17.4) 1,843	0.36			●
Did not eat green salad (during the 7 days before the survey)	39.0 (34.4–43.8) 1,639	46.1 (43.7–48.6) 1,845	0.01		●	
Did not eat potatoes (excluding French fries, fried potatoes, or potato chips, during the 7 days before the survey)	37.8 (34.8–40.9) 1,636	35.7 (33.4–38.1) 1,846	0.28			●
Did not eat carrots (during the 7 days before the survey)	58.9 (55.6–62.2) 1,637	56.1 (53.4–58.9) 1,845	0.19			●
Did not eat other vegetables (excluding green salad, potatoes, or carrots, during the 7 days before the survey)	19.9 (17.4–22.7) 1,637	23.3 (20.9–26.0) 1,841	0.06			●
Drank a can, bottle, or glass of soda or pop at least one time per day (not including diet soda or diet pop, during the 7 days before the survey)	28.3 (25.4–31.3) 1,636	37.2 (33.9–40.6) 1,840	0.00		●	
Drank less than three glasses per day of milk (during the 7 days before the survey)	92.9 (91.6–94.0) 1,637	81.1 (79.2–83.0) 1,846	0.00	●		
Ate fruit or drank 100% fruit juices less than two times per day (during the 7 days before the survey)	71.2 (68.7–73.7) 1,636	64.0 (60.4–67.4) 1,836	0.00	●		
Ate vegetables less than three times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	86.4 (84.0–88.5) 1,633	85.1 (83.1–86.9) 1,839	0.38			●
Overweight (students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data)	15.7 (12.3–19.9) 1,488	15.5 (13.1–18.3) 1,769	0.94			●
Obese (students who were \geq 95th percentile for body mass index, by age and sex, based on reference data)	11.0 (8.7–13.9) 1,488	15.9 (13.8–18.2) 1,769	0.00		●	
Described themselves as slightly or very overweight	32.7 (30.3–35.2) 1,634	21.9 (19.7–24.1) 1,844	0.00	●		
Did not exercise to lose weight or to keep from gaining weight (during the 30 days before the survey)	31.2 (28.3–34.3) 1,634	42.3 (39.7–45.0) 1,846	0.00		●	
Did not eat less food, fewer calories, or low-fat foods to lose weight or to keep from gaining weight (during the 30 days before the survey)	46.1 (43.0–49.3) 1,639	71.3 (68.7–73.8) 1,846	0.00		●	
Went without eating for 24 hours or more to lose weight or to keep from gaining weight (during the 30 days before the survey)	17.0 (15.3–18.8) 1,637	6.6 (5.1–8.6) 1,849	0.00	●		
Took diet pills, powders or liquids to lose weight or to keep from gaining weight (without a doctor's advice, during the 30 days before the survey)	7.7 (6.2–9.4) 1,638	4.8 (3.5–6.5) 1,847	0.01	●		
Vomited or took laxatives to lose weight or to keep from gaining weight	6.2 (4.9–7.9) 1,636	2.2 (1.4–3.4) 1,848	0.00	●		

(during the 30 days before the survey)						
Physical Activity						
Physically active at least 60 minutes per day on less than 5 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	64.4 (59.2–69.3) 1,636	42.8 (39.4–46.3) 1,846	0.00	●		
Did not attend physical education classes in an average week (when they were in school)	53.6 (49.0–58.2) 1,635	43.9 (39.1–48.8) 1,846	0.00	●		
Did not attend physical education classes daily (when they were in school)	69.3 (62.4–75.4) 1,635	56.2 (50.6–61.8) 1,846	0.00	●		
Did not play on sports teams (run by their school or community groups during the 12 months before the survey)	50.3 (45.6–55.0) 1,630	32.5 (29.7–35.4) 1,850	0.00	●		
Watched television 3 or more hours per day (on an average school day)	35.9 (30.6–41.6) 1,636	36.6 (33.6–39.8) 1,845	0.81			●
Used computers 3 or more hours per day (played video or computer games or used a computer for something that was not school work on an average school day)	20.6 (18.2–23.2) 1,636	29.4 (26.6–32.4) 1,846	0.00		●	
Physically active at least 60 minutes per day on less than 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	83.4 (79.8–86.4) 1,636	62.5 (58.8–66.2) 1,846	0.00	●		
Did not participate in at least 60 minutes of physical activity on any day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	20.0 (17.0–23.3) 1,636	12.2 (10.5–14.2) 1,846	0.00	●		
Asthma						
Ever told by a doctor or nurse that they had asthma	19.1 (16.8–21.5) 1,636	18.9 (16.5–21.4) 1,849	0.90			●
Ever told by a doctor or nurse that they had asthma and still have asthma	10.5 (8.5–13.0) 1,628	8.1 (6.6–9.8) 1,840	0.08			●

Footnotes

† Percentage, confidence interval, cell size

Application URL: <http://ngdev.cdc.gov/YouthOnline/App/Results.aspx?TT=A&OUT=0&SID=HS&QID=QQ&LID=TX&YID=2009&LID2=&YID2=&COL=S&ROW1=&ROW2=&HT=QQ&LCT=&FS=&FR=1&FG=1&FSL=&FRL=&FGL=&PV=&TST=True&C1=7&C2=8&QP=G&DP=1&VA=CI&CS=Y&SYID=&EYID=&SC=DEFAULT&SO=ASC&PF=1>