



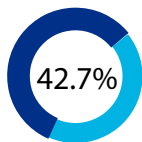
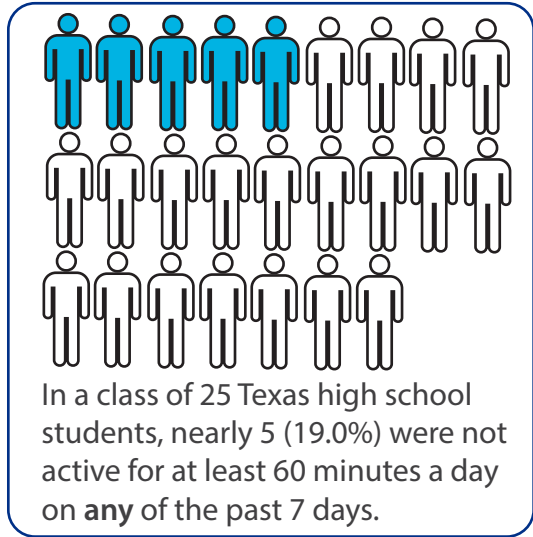
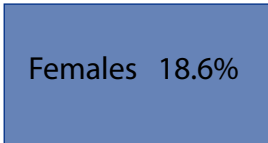
YRBS Data Brief

Texas Youth Risk Behavior Survey

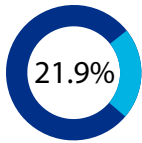
May 2018

Physical Activity & Screen Time

Texas High School Students who were Physically Active for at Least 60 Minutes per Day on **All** of the Past 7 Days by Sex, 2017 YRBS



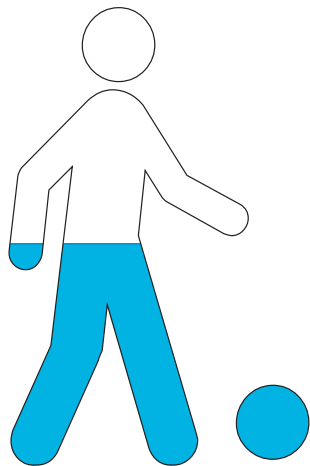
Nearly half (42.7%) of students spent 3 or more hours per day playing video games or using a computer or other screen device for non-school related activities on an average school day



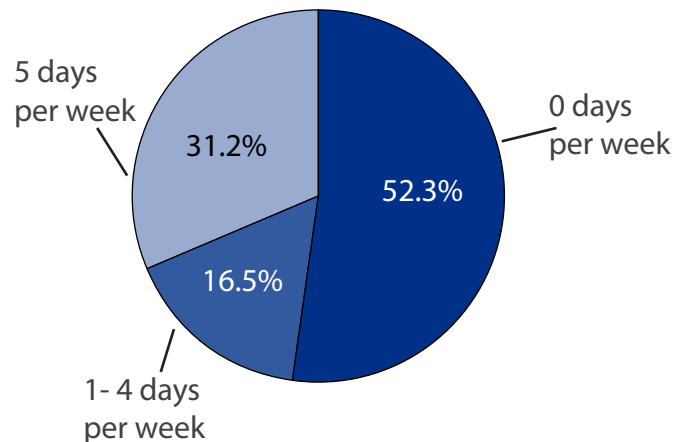
More than 1 in 5 (21.9%) students spent 3 or more hours per day watching television on an average school day

Screen time may displace other activities such as physical activity and sleep. For more information about adolescents and screen time see pediatrics.aappublications.org/content/107/2/423.full.

Physical Education Class Attendance Among Texas High School Students, by Number of Days, 2017 YRBS



48.4% of Texas high school students participated in an organized sports team in the past 12 months.



The Texas YRBS is a biennial survey of students in randomly selected public and charter high schools across Texas. For more information about the Texas Youth Risk Behavior Survey please visit: www.dshs.texas.gov/chs/yrbs.

