Texas Diabetes Council
A1c Goals

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Individualize goal based on patient risk factors

A1c < 6-7%

Intensify management if:
- Absent/stable cardiovascular disease
- Mild-moderate microvascular complications
- Intact hypoglycemia awareness
- Infrequent hypoglycemic episodes
- Recently diagnosed diabetes

A1c < 7-8%

Less intensive management if:
- Evidence of advanced or poorly controlled cardiovascular and/or microvascular complications
- Hypoglycemia unawareness
- Vulnerable patient (i.e., impaired cognition, dementia, fall history)

References


Disclaimer: The algorithms and protocols adopted by the Texas Diabetes Council are based on the best information available at the time of adoption and designed to provide information and assist decision-making. They should not be interpreted as prescribing an exclusive course of management. Variations in practice will inevitably and appropriately occur when clinicians consider the needs of the individual patient, available resources and limitations unique to an institution or type of practice. Every professional using these guidelines is responsible for evaluating the appropriateness of applying them in any particular clinical situation.