

**Texas Council on Cardiovascular Disease and Stroke
Meeting Minutes
Friday, November 30, 2018
1:00 p.m.**

**Texas Department of State Health Services
Moreton Building, Room 100
1100 W 49th Street
Austin, Texas 78756**

Table 1: Texas Council on Cardiovascular Disease and Stroke member attendance at the November 30, 2018 council meeting.

Member Name	YES	NO	Non-Voting Member	YES	NO
J. Neal Rutledge, MD	X		Diane Himmel		X
Michael M. Hawkins, MD	X		Manda Hall, MD	X	
Suzanne Hildebrand	X		Vacant		
Bob C. Hillert, MD	X				
E'Loria Simon-Campbell, PhD	X				
Sherron D. Meeks, RN	X				
Shilpa Shamapant	X				
Harry "Kyle" Sheets, MD	X				
Maricella "Marcie" Gonzalez Wilson, RN	X				
Janet Hall, RD, LD		X			
Vacant					

"Yes" indicates attended the meeting.

"No" indicates did not attend the meeting.

Agenda Item 1: Call to Order

The Texas Council on Cardiovascular Disease and Stroke (Council) meeting convened at 1:02 p.m. by Council Chair Neal Rutledge, MD.

Agenda Item 2: Welcome, Introductions and Roll call

Dr. Rutledge introduced Ms. Francesca Kupper, Project Manager, Advisory Committee Coordination Office, Health and Human Services Commission (HHSC) to go over meeting logistics. This meeting of the Council was webcast.

Dr. Rutledge introduce the new members and then asked other members of the Council to introduce themselves and their work.

- Manda Hall, MD – Department of State Health Services (DSHS) Representative
- E'Loria Simon-Campbell, PhD – Public Health Policy, Research or Practice
- Janet Hall, RD, LD – Licensed Dietitian

Ms. Kupper introduced Sallie Allen from the Advisory Committee Coordination Office, HHSC who will be the new facilitator for the Council starting in February 2019.

Diane Himmel and Janet Hall requested excuse absences. Dr. Michael Hawkins moved to accept the excused absences. Suzanne Hildebrand seconded the motion. Motion carried by unanimous acclamation of members present, with no nays nor abstentions.

Ms. Kupper took roll call and noted that a quorum was present.

Agenda Item 3: 2019 Council Meeting Dates

Heather Bertero, DSHS Heart Disease and Stroke Program, listed the proposed Council meeting dates for 2019.

- February 8, 2019
- May 3, 2019
- August 9, 2019
- November 1, 2019

Council members had no issues or conflicts with the dates moving forward.

Agenda Item 4: Approval of August 17, 2018 Meeting Minutes

Dr. Rutledge referred members to the minutes from August 17, 2018 meeting. Dr. Hawkins moved to accept the minutes. Dr. Hillert seconded the motion. Motion carried by unanimous acclimation of members present, with no nays nor abstentions.

Agenda Item 5: Overview of Council's Statute Duties and the Open Meetings Act

Ms. Kym Oltrogge gave an overview of the Open Meetings Act and how it applies to the Council. The Council is considered a governmental body and must comply with the Open Meetings Act. Handguns are not allowed in meetings subject to the Open Meetings Act. Dr. Hillert asked if licensed hand gun holders are allowed to carry inside of the meeting. Ms. Oltrogge followed up and said that licensed hand gun holders cannot bring handguns to meetings subject to the Open Meetings Act.

Anytime a quorum of the Council is gathered discussing duties under statute it is considered a meeting of the Council. Meeting notice requires date, time, place and subject. It must be posted seven days before the meeting, not counting the date posted or the day of the meeting. There are provisions for an emergency meeting if there is an imminent threat to public health, safety, or welfare or reasonably unforeseen situation. Emergency meetings can take place via teleconference and video conference.

Ms. Oltrogge also informed the Council on how to respond to public comment. They can respond by stating facts, existing policy or state to put the topic on a future agenda. If the subject matter is on the agenda, it may be discussed.

If a Council member takes notes at a meeting, they should assume the notes may be subject to an open records request. Notes taken at a meeting must be kept until the official meeting minutes are adopted.

Ms. Rashandra Hayes presented on the Council's statute duties and powers. Ms. Hayes had members refer to Texas Health and Safety Code, Section 93, specifically Subchapter B. Ms. Hayes recommended Council members review the ten items listed for an effective and resource efficient plan to reduce morbidity and mortality and the economic burden of cardiovascular disease and stroke in the state.

The Council has additional duties under statute as it relates to the legislature. The Council shall make written recommendation to the state health department and the legislature. They can write a letter versus writing a legislative report. It needs to be noted the recommendations come from the Council and are not reflective of DSHS or HHSC.

Agenda Item 6: Selection of Council of Vice Chair per Texas Administration Code, Rule 1051.1

Ms. Sherron Meeks and Dr. Hawkins were previously nominated for vice chair. Members voted by paper ballots. Ms. Kupper collected and tallied the ballots and Dr. Hawkins was announced as the Vice-Chair.

Agenda Item 7: Dell Medical School Department of Women's Health Presentation

Dr. Jeny Ghartey, Assistant Professor, Maternal Fetal Medicine, Department of Women's Health, Dell Medical School presented a presentation titled "Cardiovascular Disease and Maternal Mortality."

Highlights of the presentation include:

- Data presented was from the DSHS Maternal Mortality and Morbidity Task Force. This was the updated data using the revised method.
- Rates of mortality of black women are three times higher than white women.
- Five out of the top ten causes of mortality were cardiovascular related.
- The maternal mortality rate 14.6 maternal deaths per 100,000 live births. The majority of deaths had a good or strong chance of being prevented.
- The Obstetric Care Consensus and Alliance of Innovation for Maternal Health (AIM) are initiatives working to increase the standards of maternal care. AIM has maternal safety bundles on their website that represent best practices for maternity care.
- California Maternal Quality Care Collaborative (CMQCC) is a statewide organization in California committed to improving maternal care. Since its inception California has seen its rate of maternal mortality decline by 55 percent while the national rate has increased.
 - CMQCC found 25 percent of deaths due to cardiovascular disease could have been prevented if heart disease was detected earlier. There is a need to improve risk screening of women.
- Dr. Hillert asked which program was being used in Texas. Dr. Manda Hall stated that Texas is implementing Texas AIM and the first bundle being rolled out is obstetric hemorrhage.

Agenda Item 8: Texas Public Health Priorities Presentation

Dr. Stephen Pont, Medical Director, Office of Science and Population Health, DSHS presented on the DSHS Texas Public Health Priorities.

Highlights of the presentation include:

- The Office of Science and Population Health would like input from the Council on the Texas Public Health Priorities Initiative (TXPHI) and well as from organizations.
- TXPHI aims to collectively improve health where Texans live, learn, worship and play by using a Collective Impact model to convene stakeholders, identify issues on which to focus, and develop strategies to address them.
- TXPHI is working to identify and improve outcomes for 3 to 5 public health priorities by 2023.
- Data used in developing priorities include analysis of other State Health Improvement Plans, local county health department improvement plans, top causes of mortality, overall health burden, and current rates of opioid use, HIV, tuberculosis, immunizations, breastfeeding, mental health, physical activity, tobacco use, and obesity.

- Stakeholder engagement to date has included 23 external stakeholder engagement sessions and seven internal sessions. The top three broad priorities are chronic disease, infectious disease, and access to care.
- Council members can take the stakeholder survey to provide their input on the TXPHI.

Agenda Item 9: DSHS Liaison Report

Dr. Manda Hall, Associate Commissioner, Community Health Improvement, DSHS provided the report.

The Texas ST-Segment Elevation Myocardial Infarction (STEMI) and Heart Attack System of Care Report, 2018 and Texas Stroke System of Care Report, 2018 will be published soon and will be sent to members.

The Health Promotion and Chronic Disease Prevention Section received three Centers for Disease Control and Prevention awards totaling \$4.3 million for FY19, two of which were competitive. The awards are five-year cooperative agreement which will work on diabetes, pre-diabetes, hypertension, high cholesterol, nutrition, and physical activity.

Council members expressed they would like to see an increase in funding and education on home blood pressure monitoring.

Agenda Item 10: American Heart Association Liaison Report

Shelby Massey, Governmental Affairs Director for American Heart Association (AHA) provided the report.

The AHA legislative agenda is focused on obesity prevention priorities, including physical activity in early care education, physical education in elementary school setting, healthy food access, and improvements to the Supplemental Nutrition Assistance Program (SNAP). They are also focusing on consumer protections for short term health plans. The highest profile issue AHA is working on is raising the minimum age to purchase tobacco from 18 to 21.

The Council had a discussion on how it could help support AHA with their legislative agenda. Dr. Hawkins moved to support legislation to raise the minimum age to purchase tobacco from 18 to 21. Dr. Hillert seconded the motion. Motion carried by unanimous acclimation of members present, with no nays nor abstentions. There was discussion on how the Council can support legislation, whether it be through written recommendations or if they could support specific pieces of legislation.

As of January 2019, the National Stroke Association will merge with American Stroke Association.

Larissa DeLuna, Director of Health Informatics, spoke about the new cholesterol clinical guidelines that were released in November 2018. The guidelines focus on lowering low-density lipoprotein (LDL) levels have five focus areas –lifestyle, be alert early, monitor, keeping monitoring, and genetics.

Agenda Item 11: Lone Star Stroke Liaison Report

Dr. Steven Warach was unable to attend and provide a report at this meeting.

Agenda Item 12: Chronic Care Subcommittee Report

Ms. Suzanne Hildebrand, Chronic Care Subcommittee member, provided the report.

The Stroke Survivors and Caregivers Conference took place on November 2, 2018 in Duncanville. 128 people attended the conference, with speakers on a variety of topics. Stroke survivors and caregivers were also recognized and given a survivor or caregiver pin. The most popular topic was Improving Brain Health.

Former Council member Ms. Floristene Johnson planned the conference and did an exemplary job on the conference. Dr. Sean Savitz, University of Texas Health Science Center at Houston, is interested in hosting the conference in Houston next year.

Agenda Item 13: Discussion on any of the above agenda items

Dr. Rutledge asked Council members if they had additional discussion on items already discussed on the agenda.

Dr. Hillert asked what AHA perceives to be the hot topics during the upcoming legislative session. Ms. DeLuna said they believe raising the smoking age from 18 to 21 will be a hot topic. It has recently been passed in cities such as San Antonio.

Ms. Meeks asked if Council members could receive a list of legislators on committees that have voting power for legislation in which they are interested. Dr. Rutledge said that would be possible.

Ms. Marcie Wilson would like to see more physical education in schools.

Agenda Item 14: Public comment

No public comment was received.

Agenda Item 15: Adjourn

Dr. Rutledge adjourned the meeting at 3:06 p.m.