

## **Texas Council on Cardiovascular Disease and Stroke Recommendations for the 86<sup>th</sup> Regular Legislative Session**

- The following items were identified at Council meetings in 2018
  - *Data Collection*
    - *Continuation of funding for epidemiologists to collect data on stroke and acute STEMIs (heart attacks)*
    - *Funding for heart and stroke data through Regional Advisory Councils*
    - *Collection of data on congestive heart failure including admissions and readmissions*
    - *Collection of data on cardiac rehabilitation referrals and enrollments*
    - *Regional heart disease and stroke mortality and morbidity data*
  - *Hypertension*
    - *Support and funding for programs to reduce hypertension such as Home Blood Pressure Monitoring*
    - *Train Emergency Medical Technicians to go into their communities and take blood pressure readings*
    - *Education on blood pressure medicine adherence*
    - *Develop protocols on how to take blood pressure readings/training for nurses on taking blood pressure*
    - *Monitoring high blood pressure in schools/middle & high school students*
  - *Education*
    - *Support and funding for programing geared towards rural areas including educational and telemedicine programs*
    - *Funding for educational conferences*
  - *Funding for stroke and cardiac rehabilitation programs through Texas Workforce Commission*
  - *Partnership with others including American Heart Association, Nurses Association, Hospital Associations, Boy Scouts and Girls Scouts*