The Medical Monitoring Project (MMP)

- MMP is a surveillance survey funded by the Centers for Disease Control and Prevention and implemented by local health departments. It collects behavioral and medical data about adults who are HIV-positive and receiving medical care in the United States.
- From 2009 to 2014, Texas and Houston MMP sites interviewed 2,679 adults who are HIV-positive and receiving care in Texas. Their responses reflect their experiences during the 12 months before their interview, unless otherwise noted. All data presented are weighted.
- The information in this fact sheet can guide policy decisions, resource allocation, and evaluation of treatment and prevention initiatives.

Characteristics of Adults who are HIV-Positive and in Care in Texas, MMP, 2009-2014

- 74% were male and 24% were female, and 2% were transgender
- 60% were men who have sex with men
- 37% were black/African-American, 30% were Hispanic or Latino, and 30% were white
- 28% had been diagnosed with HIV less than 5 years at the time of their interview
- 28% had private insurance, 43% had public insurance only, 23% had Ryan White coverage only, and 5% were uninsured
- 43% had a household income at or below the poverty line
- 6% experienced homelessness

Characteristics of Black MSM who are HIV Positive and in Care in Texas

- 30% diagnosed with HIV less 5 years at the time of their interview
- 31% had private insurance, 44% had public insurance only, 20% had Ryan White coverage only, and 5% were uninsured
- 43% had a household income at or below the poverty line
- 9% experienced homelessness

HIV Treatment and Prevention Measures among Black MSM who are HIV-Positive and in Care in Texas

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Prescription of ART 1,2(%)</th>
<th>ART Dose Adherence 3,4(%)</th>
<th>Sustained Viral Suppression 2,5(%)</th>
<th>Receipt of Condoms 3,6(%)</th>
<th>HIV Prevention Counseling 3,7(%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total, all participants, N=2679</td>
<td>91</td>
<td>84</td>
<td>67</td>
<td>49</td>
<td>40</td>
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<tr>
<td>Black MSM, N=424</td>
<td>89</td>
<td>78</td>
<td>58</td>
<td>57</td>
<td>50</td>
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<tr>
<td>Age of Black MSM Participants</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-29 years</td>
<td>84</td>
<td>66</td>
<td>38</td>
<td>70</td>
<td>65</td>
</tr>
<tr>
<td>30-39 years</td>
<td>89</td>
<td>73</td>
<td>58</td>
<td>53</td>
<td>50</td>
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<tr>
<td>40-49 years</td>
<td>88</td>
<td>83</td>
<td>55</td>
<td>57</td>
<td>50</td>
</tr>
<tr>
<td>≥50 years</td>
<td>94</td>
<td>84</td>
<td>75</td>
<td>49</td>
<td>37</td>
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<tr>
<td>Insurance Status of Black MSM Participants</td>
<td></td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Any Private Insurance</td>
<td>88</td>
<td>76</td>
<td>64</td>
<td>44</td>
<td>46</td>
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<tr>
<td>Public Insurance Only</td>
<td>92</td>
<td>82</td>
<td>56</td>
<td>59</td>
<td>45</td>
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<tr>
<td>Ryan White Coverage Only</td>
<td>93</td>
<td>75</td>
<td>61</td>
<td>74</td>
<td>61</td>
</tr>
<tr>
<td>Uninsured</td>
<td>45</td>
<td>**</td>
<td>**</td>
<td>55</td>
<td>66</td>
</tr>
</tbody>
</table>

1 All data are from the past 12 months unless specified otherwise; **Cell suppressed for small sample size; 1Antiretroviral therapy; 2As documented in the medical record; 3Self-reported; 4Past three days; 5All viral loads in past 12 months undetectable or <200 copies/ml; 6Received free condoms, not counting those given by a friend, relative, or sex partner; 7Given by a healthcare provider
Self-reported Binge drinking is defined for men as 5 or more drinks in a sitting in the past 30 days and for women as 4 or more drinks in a sitting in the past 30 days.

- 63% were tested for syphilis
- 27% were tested for gonorrhea
- 32% were tested for chlamydia

STD Testing in the Past 12 months among Sexually Active Black MSM who are HIV-positive

- 63% were tested for syphilis
- 27% were tested for gonorrhea
- 32% were tested for chlamydia

Influenza Vaccination in the Past 12 Months among Black MSM who are HIV-positive

- 79% received an influenza vaccine

Behavioral and Clinical Characteristics

Sexual Behavior in the Past 12 Months among Black MSM who are HIV-Positive and in Care in Texas, MMP, 2009-2014

Notes: any sex = any oral, anal, or vaginal sex; condomless sex = vaginal or anal sex without a condom; condomless sex with HIV-negative or unknown-status partner=engaged in condomless sex with an HIV-negative partner or a partner whose status was unknown; all sexual behavior information is self-reported.

Documentation of MMP methods can be found here: http://www.cdc.gov/hiv/pdf/HSSR_MMP_2010-PDF01.pdf