The Medical Monitoring Project (MMP)

- MMP is a surveillance survey funded by the Centers for Disease Control and Prevention and implemented by local health departments. It collects behavioral and medical data about adults who are HIV-positive and receiving medical care in the United States.
- From 2009 to 2014, Texas and Houston MMP sites interviewed 2,679 adults who are HIV-positive and receiving care in Texas. Their responses reflect their experiences during the 12 months before their interview, unless otherwise noted. All data presented are weighted.
- The information in this fact sheet can guide policy decisions, resource allocation, and evaluation of treatment and prevention initiatives.

Characteristics of Adults who are HIV-Positive and in Care in Texas, MMP, 2009-2014

- 74% were male and 24% were female, and 2% were transgender
- 60% were men who have sex with men
- 37% were black/African-American, 30% were Hispanic or Latino, and 30% were white
- 28% had been diagnosed with HIV less than 5 years at the time of their interview
- 28% had private insurance, 43% had public insurance only, 23% had Ryan White coverage only, and 5% were uninsured
- 43% had a household income at or below the poverty line
- 6% experienced homelessness

Characteristics of White MSM who are HIV-Positive and in Care in Texas

- 18% had been diagnosed with HIV less 5 years at the time of their interview
- 46% had private insurance, 35% had public insurance only, 15% had Ryan White coverage only, and 4% were uninsured
- 19% had a household income at or below the poverty line
- 3% experienced homelessness

HIV Treatment and Prevention Measures among White MSM who are HIV-Positive and in Care in Texas

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Prescription of ART* (%)</th>
<th>ART Dose Adherence 4 (%)</th>
<th>Sustained Viral Suppression 2 (%)</th>
<th>Receipt of Condoms 3 (%)</th>
<th>HIV Prevention Counseling 3 (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total, all participants, N=2679</td>
<td>91</td>
<td>84</td>
<td>67</td>
<td>49</td>
<td>40</td>
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<tr>
<td>White MSM, N=553</td>
<td>92</td>
<td>87</td>
<td>73</td>
<td>40</td>
<td>29</td>
</tr>
<tr>
<td>Age of White MSM Participants</td>
<td></td>
<td></td>
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<tr>
<td>18-29 years</td>
<td>76</td>
<td>68</td>
<td>55</td>
<td>71</td>
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<tr>
<td>30-39 years</td>
<td>86</td>
<td>95</td>
<td>62</td>
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<tr>
<td>40-49 years</td>
<td>93</td>
<td>86</td>
<td>71</td>
<td>39</td>
<td>26</td>
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<tr>
<td>≥50 years</td>
<td>95</td>
<td>86</td>
<td>79</td>
<td>34</td>
<td>22</td>
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<tr>
<td>Insurance Status of White MSM Participants</td>
<td></td>
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<tr>
<td>Any Private Insurance</td>
<td>91</td>
<td>91</td>
<td>78</td>
<td>32</td>
<td>22</td>
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<tr>
<td>Public Insurance Only</td>
<td>97</td>
<td>84</td>
<td>70</td>
<td>43</td>
<td>30</td>
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<tr>
<td>Ryan White Coverage Only</td>
<td>97</td>
<td>80</td>
<td>72</td>
<td>53</td>
<td>38</td>
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<tr>
<td>Uninsured</td>
<td>43</td>
<td>**</td>
<td>**</td>
<td>53</td>
<td>49</td>
</tr>
</tbody>
</table>

*All data are from the past 12 months unless specified otherwise; ** Cell suppressed for small sample size; 1Antiretroviral therapy; 2As documented in the medical record; 3Self-reported; 4Past three days; 5All viral loads in past 12 months undetectable or <200 copies/ml; 6Received free condoms, not counting those given by a friend, relative, or sex partner; 7Given by a healthcare provider
Self-reported Binge drinking is defined for men as 5 or more drinks in a sitting in the past 30 days and for women as 4 or more drinks in a sitting in the past 30 days.

Past 12 months

- 58% were tested for syphilis
- 18% were tested for gonorrhea
- 19% were tested for chlamydia

STD Testing within the Past 12 Months among Sexually Active White MSM who are HIV-positive

- 58% were tested for syphilis
- 18% were tested for gonorrhea
- 19% were tested for chlamydia

Influenza Vaccination in the Past 12 Months among White MSM who are HIV-positive

- 50% received an influenza vaccine

Questions? Contact us:
Texas Department of State Health Services
DSHS TB/HIV/STD Epidemiology and Surveillance Branch
P.O. Box 149347
Austin, Texas 78714

Principal Investigator
Jonathon Poe
Jonathon.Poe@dshs.texas.gov

Project Coordinator
Sylvia Odem
Sylvia.Odem@dshs.texas.gov

Documentation of MMP methods can be found here: http://www.cdc.gov/hiv/pdf/HSSR_MMP_2010-PDF01.pdf