

**RISK REDUCTION OBSERVATION NOTES:  
FOLLOW-UP SESSION FOR POSITIVE HIV RESULT**

Risk Reduction Specialist: \_\_\_\_\_ Observer: \_\_\_\_\_

Session Date: \_\_\_\_\_ Site/Location: \_\_\_\_\_

Start Time: \_\_\_\_\_ End Time: \_\_\_\_\_ Total time: \_\_\_\_\_

**Instructions:** Use this form during the risk reduction session to take notes. Use Form A-3, *Risk Reduction Observation: Follow-Up Session for Positive HIV Result*, for your final documentation.

**Orient to Session and Provide Test Result(s)**

- Introduce
- Confidentiality
- Verify
- Readiness
- Provide clearly
- Allow client time
- Review meaning
- Assess understanding, reaction and immediate concerns/fears
- Acknowledge challenges
- Other test results (if applicable)

**Identify Sources of Support and Provide Referrals**

- Assess who client will tell
- Wellness strategies
- Identify support
- Need to inform health care providers
- Current health care resources
- Access to medical care
- Provide referrals (if applicable)
- Receptiveness to referral
- Help access (if applicable)

**Address Risk-Reduction Issues**

- Refer to client's step
- Assess plan to reduce risk to current partners
- Assess plan to reduce risk to future partners
- Address disclosure to current/future partners
- Encourage to protect others
- Revise/develop a new step
- Document step

**Negotiate Disclosure and Partner Referral**

- Transition
- Present options
- Number
- Number of marriage partners
- Names
- Locating/identifying
- Options for notification
- Coach (as appropriate)
- Negotiate follow-up (if applicable)
- Support

**Summarize and Close the Session**

- Validate feelings
- Summarize key issues
- Review contact information
- Immediate plans
- Close

**Use of Counseling Elements and Components**

**Other Comments**