



## **Instructions to Complete Form to Refuse the Newborn Screening Blood Test**

Download refusal form here: [English Form](#) / [Spanish Form](#)

- Explain the importance of newborn screening to the parent(s)/guardian(s).
  - Share a newborn screening video:
    - Scan the QR code at the top right of the refusal form, or
    - View on YouTube here:  
<https://www.youtube.com/watch?v=2KUMQogLgQ4>
  - Provide FREE education/information found here:  
<https://www.dshs.state.tx.us/newborn/pubs.shtm>
  - Answer any questions the parent(s)/guardian(s) have.
- Request the parent(s)/guardian(s) read the Form to Refuse the Newborn Screening Blood Test.
- Ask a parent/guardian to check the acknowledgement statements, sign and date, and print name on the form.
- Have staff reviewing information with the parent(s)/guardian(s) sign, date, and print name on the form.
- Complete the bottom portion of the form with facility information (or use a DSHS provided submitter label).
- Make a copy of the form and give to the parent(s)/guardian(s).
- Detach bottom portion of form and return to DSHS with other NBS specimen shipments.
- Retain original form in the patient's medical records.

For more information or questions:

- Visit: <https://www.dshs.texas.gov/lab/nbsHCRes.shtm>
- Call toll free: (888) 963-7111 ext. 7333
- Email: [NewbornScreeningLab@dshs.texas.gov](mailto:NewbornScreeningLab@dshs.texas.gov)