



Texas School Health Advisory Committee 2019 Annual Report

As Required by

Texas Administrative Code

Title 25, §37.350

Texas School Health Advisory

Committee

June 2019

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1. Introduction

Health and Safety Code, [Section 1001.0711](#), established the Texas School Health Advisory Committee (TSHAC). The Annual TSHAC Report is prepared in compliance with Texas Administrative Code, Title 25, Part 1, Chapter 37, Subchapter R, [Section 37.350 \(25 TAC §37.350\)](#) and summarizes committee activities for fiscal year 2019. The report is due to the Commissioner of the Department of State Health Services (DSHS) annually, each June.

The purpose of TSHAC is to provide assistance to the DSHS by establishing a leadership role for DSHS in the support for, and delivery of, coordinated school health and school health services. The TSHAC rules have been promulgated and are published in [Texas Administrative Code \(TAC\) 25 TAC §37.350](#).

The report includes the meeting dates of TSHAC; the attendance records of its members; a brief description of actions taken by TSHAC; a description of how the TSHAC has accomplished the tasks given to them by DSHS; anticipated activities for the next year; and costs related to the TSHAC.

2. Background

The Texas School Health Advisory Committee (TSHAC) was created by Senate Bill 42, 79th Legislature, Regular Session, 2005, and is now codified in the Health and Safety Code, [Section 1001.0711](#). The TSHAC's membership reflects the diversity of school health issues and adds another level of professional expertise to the systemic dissemination of coordinated school health programming and school health services in Texas.

By law, one representative from the Texas Education Agency and one representative from the Texas Department of Agriculture serve as members of the TSHAC. By rule, the coordinator of the Department of State Health Services School Health Program and a representative of the Governor's Advisory Council on Physical Fitness serve as members, along with 17 additional appointees. Two new members were appointed to TSHAC prior to the February 4, 2019, TSHAC meeting. The School Health Program will be soliciting for membership in eight TSHAC member categories prior to the start of fiscal year 2020. It is anticipated some current members will apply for reappointment. Refer to [Appendix A](#) for a list of current TSHAC members.

3. Committee Activities

Meeting Dates and Attendance of Members

TSHAC Meeting Dates for Fiscal Year 2019

Date	Attendance	Quorum
September 17, 2018	Thirteen of the twenty-one members participated in-person in Austin, TX	Yes
February 4, 2019	Sixteen of the twenty-one members participated in-person in Austin, TX	Yes

Description of Committee Actions

The Texas School Health Advisory Committee (TSHAC) met twice during fiscal year 2019. All approved minutes, including actions taken and lists of meeting attendees, are available to the public on the Department of State Health Services (DSHS) School Health Program's [TSHAC webpage](#).

During both TSHAC meetings, the members reviewed and approved the minutes from the previous TSHAC meeting; received updates from Texas Education Agency, Texas Department of Agriculture, and DSHS; reviewed the TSHAC Document Revision Schedule; and, discussed possible agenda items for local school health advisory council (SHAC) meetings. At the September 17, 2018, meeting, Ms. Jennifer Haussler Garing, with DSHS' Center for Health Statistics, provided a brief presentation regarding the 2017 Youth Risk Behavior Surveillance Data results. At the February 4, 2019, meeting, Ms. Anita Wheeler provided an update on TSHAC rule revisions.

Committee Accomplishments

During fiscal year 2019, in accordance with the TSHAC Document Revision Schedule, the members reviewed and revised the following documents:

- Recommendations for Expanding Physical Activity Opportunities Outside of the Classroom;
- Sample Resolution on Recess for Elementary School Students;
- Bullying Prevention Toolkit;
- Recommendations and Research on Health Education for All Texas Students, Kindergarten through 12th Grade;
- Sample Resolution on Health Education for All Texas Students, Kindergarten through 12th Grade; and,
- Mental Health and Suicide Prevention Resources Toolkit.

All approved TSHAC documents are available to the public on the DSHS School Health Program's [TSHAC webpage](#).

Anticipated Activities of Committee for Next Fiscal Year

The TSHAC is anticipated to meet two times during fiscal year 2020. Additional meetings may be scheduled as needed to complete additional activities. The following documents are scheduled for review and possible revision, per the TSHAC Document Revision Schedule, in fiscal year 2020:

- Recess and Physical Activity: Impact on Student Health and Academic, Social, and Emotional Development;
- Recommendations and Research on Physical Education;
- Research and Recommendation on School Bus and Automobile Idling;
- Benefits to Students in School Districts that Prohibit Physical Education as Punishment;
- Resources for Students and Families Dealing with Economic Crisis;
- School Health Advisory Council (SHAC) Self-Assessment and Cover Letter;
- SHAC Annual Progress Report to Board of Trustees and Cover Letter;
- Student Consumption of Regular and Diet Soda in High Schools;
- Late Start of School Activities for Students in High School;
- Research and Resources Promoting Positive School Climates to Improve Student Outcomes;
- Sample Resolution for Obesity Prevention in Texas Public Schools and Cover Letter;
- Resolution Supporting Inclusive Practices for Students with Exceptionalities in Texas Public Schools;

- Health Issues and Parent Involvement and Engagement in Student Academic Success;
- Physical Activity: Impact on Academic Achievement; and,
- School Health Initiative Screening Tool and Cover Letter.

Committee Costs

The costs associated with TSHAC include: travel and related reimbursement expenses for Parent/Consumer members, percentage of salaries for two DSHS School Health Program employees, and office supplies related to conducting TSHAC business. During fiscal year 2019, no Parent/Consumer member requested reimbursement for travel expenses. The total cost for fiscal year 2019 was \$27,952. Refer to [Appendix B](#) for a complete list of costs.

4. Conclusion

The Texas School Health Advisory Council (TSHAC), with support from the Department of State Health Services staff, continues to serve as a central coordinating resource in assisting state agencies, organizations, and local school health advisory councils (SHACs) by creating and revising school health tools, documents, and resources. The priorities of TSHAC further reinforce the importance of coordinating chronic disease prevention and health promotion initiatives, beginning with the school age population. Through the work of TSHAC, local SHACs have the tools and resources needed to evaluate and report their progress to local school boards and school communities.

List of Acronyms

Acronym	Full Name
DSHS	Texas Department of State Health Services
HHSC	Health and Human Services Commission
SHAC	School Health Advisory Council
TAC	Texas Administrative Code
TDA	Texas Department of Agriculture
TEA	Texas Education Agency
TSHAC	Texas School Health Advisory Committee

Appendix A. Committee Members

Members	Category	Term Expiration
Nomita Bajwa, PharmD	Parent/Consumer	2022
Fancy Flores, MEd, CHES	Agency/Organization	2020
William (Barney) Fudge	TEA Representative - Required by Law	N/A
Julie Gardner, MEd	Parent/Consumer	2020
Tamara (Tammy) Gilstrap	Physical Education	2020
Marta Grosskopf, BSN, RN	Registered Nurse	2020
Carmela James, EdD, CSC	Counselor	2020
Michael Kelly, PhD, MEd	Agency/Organization	2022
Danielle Leon, MPH	Health Education	2020
Scott Moger, EdD	School Administrator	2020
Alexandra Molina, MS	Nutrition Services	2020
Neel Naik, MD	Physician	2022
Helenka Ostrum, MS, MPH	TDA Representative - Required by Law	N/A
Eduardo Rios	Parent/Consumer	2022
Josette Saxton, MSSW	Agency/Organization	2022

Members	Category	Term Expiration
Amanda (Mandy) Tyler, MEd, RD, LD	Agency/Organization	2020
Anita Wheeler, MSN, RN	Required by Rule	N/A
Vacant (as of February 2019 due to resignation)	GACPF Representative – Currently required by Rule. Category will be removed during rule revision as this group is no longer in existence.	N/A
Vacant (as of November 2018 due to resignation)	Parent/Consumer	2020
Vacant (as of February 2019 due to resignation)	Parent/Consumer	2020
Vacant (as of August 2016 due to lack of applications received)	School Administrator	2024

Appendix B. Committee Costs

Expense Items	Fiscal Year 2019
Travel and Related Reimbursement for Parent/Consumer Members	\$0
Program Specialist III (20% of time allocated)	\$13,739.960
School Health Coordinator/Program Specialist VI (15% of time allocated)	\$14,212.029
Other Expenses – Office Supplies	\$0
Total Cost	\$27,951.989