

RESOURCES – ADVOCACY/POLICY

Self-advocacy

- **Kids as Self-Advocates (KASA)** – a project created by youth with disabilities for youth. KASA serves as advisors to organizations interested in promoting youth involvement and leadership. Their website includes resources on how to serve on councils/boards, health care transition and more. <http://fvkasa.org/index.php>

Self-determination

- **A Comprehensive Approach to Transition** – a guide to help support the self-determined transition of youth to adulthood and community life. Prepared by the Association of University Centers on Disabilities. http://www.aucd.org/docs/publications/transition2_web.pdf
- **Autism Speaks Transition Toolkit** - a toolkit to assist families of youth with autism as they prepare for the move to adulthood. Topics include self-advocacy, transition plans, community living, employment, education, housing, legal issues, health, and technology. The site also offers state-specific transition timelines. <https://www.autismspeaks.org/family-services/tool-kits/transition-tool-kit>
- **Muscular Dystrophy Association Transitions Center** – a website with resources for teens and young adults with neuromuscular diseases. Includes blogs of self-advocates, resources on independence, education, employment, technology, and more. <http://transitions.mda.org/>
- **National Gateway to Self-Determination** - a clearinghouse for resources, training, and information on promoting self-determination. This site provides resources on current best practices and evidence-based activities in enhancing self-determination. <http://www.ngsd.org/>
- **Parent Advocacy Coalition for Educational Rights (PACER) Center** – a website for parents of children and youth with disabilities. Includes information about self-determination and person-centered planning, education transition, employment, and more. <http://www.pacer.org/transition/>

Person-centered planning

- **Institute for Person-Centered Practices** – trains and works with agencies and organizations to use person-centered practices in delivery of services and supports. Training is geared toward individuals with disabilities, family members supporting a loved one with a disability, educators, executive managers and organizational decision-makers, direct support professionals, and social workers. <http://www.person-centered-practices.org/home.html>
- **Parent Advocacy Coalition for Educational Rights (PACER) Center** – a website for parents of children and youth with disabilities. Includes information about self-determination and person-centered planning, education transition, employment, and more. <http://www.pacer.org/transition/>

- **Pathways to Your Future Toolkit** – an introduction to person centered thinking and planning for individuals with developmental disabilities. A product of the Sonoran University Center for Excellence in Developmental Disabilities (UCEDD) at the University of Arizona.
<https://sonoranucedd.fcm.arizona.edu/publications/303?destination=node/303>
- **The Learning Community for Person-Centered Practices**- encourages, supports and disseminates learning on how to better assist people in getting the lives they want through person-centered practices. <http://www.learningcommunity.us/home.html>

Other resources

- **Navigate Life Texas**- a website created *by* parent of children, youth and young adults with disabilities and special health care needs *for* parents. The site offers comprehensive information in English and Spanish for youth, families, professionals, advocates and others. <https://www.navigatelifetexas.org/en>
- **Texas Parent to Parent** – offers “how to” manuals on housing and work, information about transition action groups, advocacy workshops and monthly advocacy phone discussions for parents and youth, and much more. <http://txp2p.org/>
- **The Partnership on Employment and Accessible Technology (PEAT)** – promotes employment, retention, and career advancement of people with disabilities through the development, adoption, and promotion of accessible technology.
<http://www.peatworks.org/technology-users>

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