

RESOURCES – HEALTH/SAFETY

Abuse/Neglect/Exploitation

- **SafePlace Disability Services ASAP** - program that provides training and education to help increase awareness about and prevent sexual and domestic violence and abuse. <http://safeplace.org/about/programs-and-services/disability-services-asap/>
- **Texas Department of Aging and Disability Services' Consumer Rights and Services** – website provides 1-800 number to report abuse/neglect/exploitation of an individual with Intellectual Disability as well as information on consumer rights. <http://www.dads.state.tx.us/services/crs/index.html>
- **Texas Department of Family and Protective Services (DFPS)** – the state agency responsible for investigating reports of abuse/neglect/exploitation of individuals with disabilities. Website provides 1-800 number for reporting 24 hours a day. https://www.dfps.state.tx.us/Contact_Us/report_abuse.asp

Behavior and safety as an adult

- **Girlshealth.gov** – a website with information for girls age 10 and older. Information and guidance specific to girls with disabilities includes dealing with medical issues, physical health, emotional health, school, relationships, personal safety, living independently, and transportation. <http://www.girlshealth.gov/disability/index.html>

Being safe on the street

- **Kid Power** – a nonprofit organization that teaches child protection, positive communication, personal safety, self-protection, and confidence-building programs to people of all ages and how to use their power to stay safe, act wisely, and believe in themselves. <https://www.kidpower.org/>
- **SafePlace Disability Services ASAP** - program that provides training and education to help increase awareness about and prevent sexual and domestic violence and abuse. <http://safeplace.org/about/programs-and-services/disability-services-asap/>

Bullying

- **Stopbullying.gov** – a website of the federal government that includes publications and blog articles about bullying and children and youth with disabilities and special health care needs. <http://www.stopbullying.gov/>

Emergency/disaster preparedness

- **American Academy of Pediatrics Disaster Preparedness for Children with Special Needs** – provides information about preparing for disasters and emergencies for children with special needs. <http://www2.aap.org/advocacy/emergprep.htm>
- **DSHS Ready or Not Campaign** – includes tips for how to prepare for an emergency or natural disaster. Emergency preparedness kits are available to order free of charge. Emergency and Disaster Planning Guide for CSHCN is available for download. <http://www.texasprepares.org/>
- **Louisiana Department of Health and Hospitals “Take and Go” Emergency Book** – contains personal and medical information in one booklet for individuals to complete and make ready in case of an emergency or natural disaster.

<http://new.dhh.louisiana.gov/assets/docs/OCDD/publications/EmergencyPreparednessTheTakeandGoEmergencyBook.pdf>

- **Preparing for Disaster for People with Disabilities and other Special Needs** – a guide developed by FEMA and the American Red Cross to help people with disabilities prepare for emergencies/natural disasters.

http://www.redcross.org/images/MEDIA_CustomProductCatalog/m4240199_A4497.pdf

Exercise

- **Centers for Disease Control Disability and Health** – provides guidance and resources to people with disabilities about healthy living, safety, assistive technology, school, independent living, and finding support.
<http://www.cdc.gov/ncbddd/disabilityandhealth/>

First aid

- **AAP PedFACTS Pediatric First Aid for Caregivers and Teachers** – a course offered through the AAP that focuses on what to do if a child becomes ill or gets injured.

<http://www.pedfactsonline.com/>

Mental health

- **ASK About Suicide to Save a Life** – training videos that include information about suicide warning signs, how to ask for help, information specific to veterans and LGBTQ, and Texas local hotlines. <http://www.texassuicideprevention.org/training/video-training-lessons-guides/ask-about-suicide-ask/>
- **Girlshealth.gov** – a website with information for girls age 10 and older. Information and guidance specific to girls with disabilities includes dealing with medical issues, physical health, emotional health, school, relationships, personal safety, living independently, and transportation. <http://www.girlshealth.gov/disability/index.html>
- **Special Needs Diversionary Program** – a program that provides mental health treatment and specialized supervision in order to rehabilitate juvenile offenders and prevent them from penetrating further into the criminal justice system. Offered by the Texas Juvenile Justice Department. <https://www.tjjd.texas.gov/services/sndp.aspx>
- **Texas Suicide Prevention Toolkit** – provides a comprehensive guide to prevention, intervention and post-intervention strategies in addition to local and state resources available in Texas. Developed by Mental Health America of Texas, Texas Suicide Prevention Council, Texas Youth Suicide Prevention Project, and Texas Department of State Health Services. <http://www.texassuicideprevention.org/information-library/texas-suicide-prevention-toolkit/>

Sexuality

- **Girlshealth.gov** – a website with information for girls age 10 and older. Information and guidance specific to girls with disabilities includes dealing with medical issues, physical health, emotional health, school, relationships, personal safety, living independently and transportation. <http://www.girlshealth.gov/disability/index.html>
- **SafePlace Disability Services ASAP** - program that provides training and education to help increase awareness about and prevent sexual and domestic violence and abuse. <http://safeplace.org/about/programs-and-services/disability-services-asap/>

- **Sexuality Information and Education Council of the United States** – a nonprofit organization that gives families, educators, and policymakers access to fact-based sexuality information through publications, websites, trainings and other resources. <http://www.siecus.org/>

Other resources

- **Autism Speaks Transition Toolkit** - a toolkit to assist families of youth with autism as they prepare for the move to adulthood. Topics include self-advocacy, transition plans, community living, employment, education, housing, legal issues, health, and technology. The site also offers state-specific transition timelines. <https://www.autismspeaks.org/family-services/tool-kits/transition-tool-kit>
- **Department of State Health Services (DSHS) Children with Special Health Care Needs (CSHCN) Services Program** – website offers resources about medical home, parent/youth transition worksheets, transition assessments by developmental age, a listing of transition-related websites, and a downloadable resource brochure. The website also provides a listing of summer camps across the state and information about health care benefits offered by the program. <http://www.dshs.state.tx.us/cshcn/default.shtm>
- **Maternal and Child Health Library** – provides resource guides for families on topics including specific conditions and diseases, mental health, adolescent health, and more. A project of Georgetown University. <http://ncemch.org/evidence/NPM-12-transition.php>
- **Navigate Life Texas** – a website created *by* parent of children, youth and young adults with disabilities and special health care needs *for* parents. The site offers comprehensive information for youth, families, professionals, advocates and others including dedicated pages with information in Spanish and English on Sexuality, Mental Health, Bullying, Abuse and Emergency Preparedness Planning. <https://www.navigatelifetexas.org/en>
- **Office of Adolescent Health (OAH)** - Housed within the U.S. Department of Health and Human Services, the OAH offers online resources and information for adolescents about reproductive health, mental health, physical health and nutrition, substance abuse, and healthy relationships. <http://www.hhs.gov/ash/oah/index.html>

Send comments or report broken links by e-mail to [CSHCN Services Program](#).