

## RESOURCES – TECHNOLOGY

### Assistive Technology

- **Muscular Dystrophy Association Transitions Center** – a website with resources for teens and young adults with neuromuscular diseases. Includes blogs of self-advocates, resources on independence, education, employment, technology, and more. <http://transitions.mda.org/>
- **Navigate Life Texas** - a website created *by* parent of children, youth and young adults with disabilities and special health care needs *for* parents. The site offers comprehensive information in English and Spanish for youth, families, professionals, advocates and others on assistive technology and adaptive equipment resources. <https://www.navigatelifetexas.org/en/family-support/assistive-technology-adaptive-equipment-for-children-with-disabilities>
- **Specialized Telecommunications Assistance Program (STAP)** - provides financial assistance in purchasing specialized equipment or services to Texans who have disabilities that interfere with access to the telephone networks. <http://www.dars.state.tx.us/dhhs/stap.shtml>
- **Texas Technology Access Program (TTAP)** – offers people with disabilities access to assistive technology to promote independence. The program works with agencies that loan devices to families and individuals. <http://www.texasat.net/>

### Mobile apps

- **ASK About Suicide to Save a Life** – training videos that include information about suicide warning signs, how to ask for help, information specific to veterans and LGBTQ, and Texas local hotlines. <http://www.texassuicideprevention.org/training/video-training-lessons-guides/ask-about-suicide-ask/>
- **Smart Apps for Special Needs** – provides information about mobile apps for families of children with disabilities. <http://www.smartappsforspecialneeds.com/>
- **Bridging Apps** - provides access to educational and therapeutic tools to effectively use mobile devices and apps to target and improve individual skill development. A program of Easter Seals of Greater Houston. <http://bridgingapps.org/>
- **Seizure Tracker** – allows users to log seizure activity and medication history that can be shared with a medical provider. [http://seizuretracker.com/Seizure\\_Tracker\\_Mobile.php](http://seizuretracker.com/Seizure_Tracker_Mobile.php)

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