

RESOURCES – General

- **2-1-1** – the Texas Information and Referral Network - a single point of coordination for statewide health and human services information and referral in Texas.
<https://www.211texas.org/cms/>
- **Autism Speaks Transition Toolkit** - a toolkit to assist families of youth with autism as they prepare for the move to adulthood. Topics include self-advocacy, transition plans, community living, employment, education, housing, legal issues, health, and technology. The site also offers state-specific transition timelines.
<https://www.autismspeaks.org/family-services/tool-kits/transition-tool-kit>
- **Child Welfare Information Gateway** - provides a list of resources for transition-age youth in out-of-home placement. A service of the Children's Bureau, Administration for Children and Families, U.S. Department of Health and Human Services.
<https://www.childwelfare.gov/topics/outofhome/independent/>
- **Department of State Health Services (DSHS) Children with Special Health Care Needs (CSHCN) Services Program** – website offers resources about medical home, parent/youth transition worksheets, transition assessments by developmental age, a listing of transition-related websites, and a downloadable resource brochure. The website also provides a listing of summer camps across the state and information about health care benefits offered by the program.
<http://www.dshs.state.tx.us/cshcn/default.shtm>
- **Disability.gov's Guide to Student Transition Planning** – provides resources for students with disabilities including information and links about education, vocational rehabilitation, employment, health care, and independent living.
<https://www.disability.gov/resource/disability-govs-guide-student-transition-planning/>
- **Girlshealth.gov** – a website with information for girls age 10 and older. Information and guidance specific to girls with disabilities includes dealing with medical issues, physical health, emotional health, school, relationships, personal safety, living independently, and transportation. <http://www.girlshealth.gov/disability/index.html>
- **Muscular Dystrophy Association Transitions Center** – a website with resources for teens and young adults with neuromuscular diseases. Includes blogs of self-advocates, resources on independence, education, employment, technology, and more.
<http://transitions.mda.org/>
- **Navigate Life Texas**- a website created by parent of children, youth and young adults with disabilities and special health care needs for parents. The site offers comprehensive information in English and Spanish for youth, families, professionals, advocates and others including dedicated pages with resources on transition in both Spanish and English. <https://www.navigatelifetexas.org/en>
- **Parent Advocacy Coalition for Educational Rights (PACER) Center** – a website for parents of children and youth with disabilities. Includes information about self-determination and person-centered planning, education transition, employment, and more. <http://www.pacer.org/transition/>
- **Texas Parent to Parent** – offers “how to” manuals on housing and work, information about transition action groups, advocacy workshops and monthly advocacy phone discussions for parents and youth, and much more. <http://txp2p.org/>

- **University of Montana Rural Institute** – provides webinars for youth and families related to education, vocational rehabilitation, housing, health care, and more.
<http://ruralinstitute.umt.edu/transition/default.asp>

Send comments or report broken links by e-mail to [CSHCN Services Program](#).