

December Issue: November was Prematurity Awareness Month

After decades of increases, the rate of premature birth in the United States has now been on a steady decline for the last several years. This decline – to 9.6 percent today – has saved thousands of babies from being born too soon. It also has saved nationally, billions of dollars in excess health care costs. Despite this progress, about 380,000 babies are born prematurely each year. March of Dimes Report Cards grade nations, states, and regions. The United States has received a Report Card rating of “C” and Texas continues to receive a “C” for 2015. There were two cities in Texas that received “B” Irving and Laredo.

PPI & PADRE Statistics

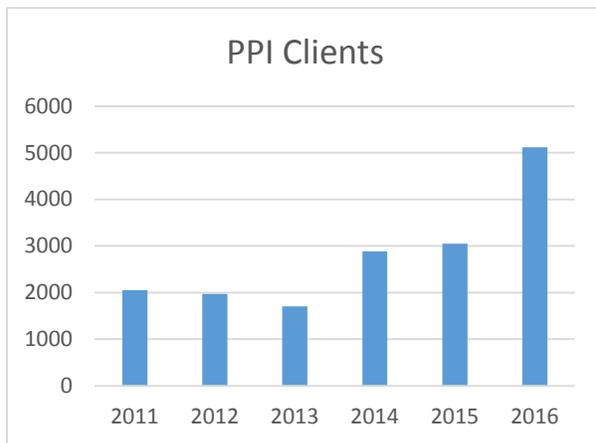


Figure 1: PPI Statistics from 2011-2016

Please find to the right a graph representing the increase in PPI clients within the past six years. In 2015, there 3050 PPI clients; in 2016, there were 5121 clients. Preterm births are those that occur prior to 37 weeks of gestation. The preterm birth rate in Texas has consistently been higher than the national average over the past ten years. FY 16 PPI the percentage of adults delivering at full term (93%) and at a healthy birth weight (82%) and the percentage of youth delivering at full term (81%) and at a healthy birth weight (81%). Our PADRE program has nine programs throughout the states covering Region 1, 7, 8, 9, 10 and 11. The program have combined to serve 872 DFPS-referred fathers in Texas.

The Council on Alcohol and Drug Abuse-Coastal Bend
COADA-CB PPI Program, Project Link, established Prematurity Awareness Month (November) and Prematurity Awareness Day (November 17) in Corpus Christi, Texas Campaign through a proclamation by Mayor Nelda Martinez.



Figure 2: COADA Staff with Mayor at Prematurity Awareness Proclamation

Featured Resource

In 2003, the March of Dimes launched the Prematurity Campaign to address the crisis and help families have full-term, healthy babies. March of Dimes funded lifesaving research and spoke out for legislation that improves care for moms and babies. Worldwide, 15 million babies are born prematurely each year. In the Becoming a Mom curriculum, there is a handout which emphasizes the importance of educating women about risks associated with preterm births. March of Dimes also has great resources regarding 17P is a synthetic form of progesterone that has been shown to reduce the recurrence of preterm birth for women with a history of previous preterm birth. Women with a previous history of preterm birth are more likely to have another preterm infant compared to women who have not. Commonly prescribed by doctors, 17P is administered through weekly injections beginning at 16-24 weeks until delivery. Studies show that administering 17P to an eligible woman reduces the chance of having another preterm birth by 33 percent. Each year, approximately, 30,000 pregnant women meet the qualification and are considered eligible for 17P. Increasing the availability, access, education, and awareness to 17P is a critical step in improving preterm rates and reducing disparities.

Featured Provider

In the upcoming Newsletters, Program Services will be focusing on one provider at a time to discuss the resources available and the structure of the program to give other providers and other stakeholders a better understanding of the PPI programs. This month's featured provider is Lubbock Regional MHMR also known as StarCare Specialty Health System.

Lubbock Facts

- ❖ **Located in Texas Panhandle**
- ❖ **Population: ¼ million**
- ❖ **Race: 76% White**
- ❖ **Ethnicity: 32% Hispanic**
- ❖ **Largest cotton growing region in the world**
- ❖ **Famous People Born: Chace Crawford & Buddy Holly**
- ❖ **Known for: Texan Tech Red Raider**

PPI: Project APPLE

"Assisting Prenatal & Postpartum Learning Education"

The PPI programs participate in coalitions building focusing on the health and safety of women and children including March of Dimes, Teen Pregnancy Prevention Coalition, Human Rescue Coalition and the South Plains Homeless Consortium. The program provides: free pregnancy testing at local women's clinics, treatment sites, and local women's shelter and a well-known referral source to them. The program provides parenting education and case management services educating women about reproductive health education and referral assistance to meet their needs, and most importantly providing SUPPORT to at-risk women.

PADRE: Father's Program

The PADRE program focuses heavily on the father role, what it means to step into that role, and the importance of a father in a child's life. PADRE provide group education classes specific to people in recovery at multiple substance abuse treatment sites, both inpatient and outpatient and help to empower fathers to make positive changes. Fathers are encouraged to new healthy relationships with their children and families. PADRE provides group parenting classes at the Lubbock County Detention Center where fathers participate and learn what it means to be a successful and supportive father.

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PPI & PADRE Providers in Texas

APPLE

Region 2

Abilene Regional COADA

Labor of Love (LOL) Program

PPI Provider

325-673-2242

Region 3

Nexus Recovery Center

Nexus Generations

PPI Provider

214-324-1841

John Peter Smith (JPS)

JPS Mom & Baby Program

PPI Provider

817-920-7322

UT Arlington

New Connections

PPI Provider

214-645-0919

Region 4

Longview Wellness Center

Wellness Pointe

PPI Provider

903-212-4658

Region 6

Behavioral Health Alliance of Texas

PPI Provider

512-215-8171

Santa Maria Hostel

Caring for Two

PPI Provider

713-818-0033

The Council on Recovery-Houston

Cradles

PPI Provider

281-200-9109

Region 7

BVCASA

Baby Love

PPI Provider

979-846-3560 ext 104

Cenikor Foundation

Mommy & Me

PPI Provider

254-299-2787

LifeSteps Council on Alcohol and Drugs

Wee Care

PPI & PADRE Provider

512-869-2571

Region 8

Alpha Home

Family First

PPI Provider

210-735-3822

Region 9

PBRCADA

Mommy and Me

PPI & PADRE Provider

432-653-8026

Region 10

Aliviane

PPI & PADRE Provider

915-782-4032

Region 11

Behavioral Health Solutions

PPI & PADRE Provider

956-787-7111

Coastal Bend Wellness Foundation

Project HUG

PPI & PADRE Provider

361-814-2001

The Council on Alcohol and Drug Abuse-Coastal Bend

Project Link

PPI & PADRE Provider

361-854-9199

Serving Children and adults in Need (SCAN)

PPI & PADRE Provider

956-724-317