



Department of State Health Services
 Health Service Region 1
 Public Health Emergency Preparedness
 (PHEP)

PHEP-HSR1 Newsletter

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Volunteers...the lifeblood of the community!

Regional Staff:

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 Deborah A. Evans

PHEP Program Manager:
 Kelly Northcott, BS

Program Specialist IV:
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Administrative Assistant II:
 Sandra Munoz

Program Specialist III:
 William Brown (Bailey, Briscoe,
 Castro, Cochran, Hockley, Lamb,
 Parmer, Swisher)

Program Specialist III:
 Liz Broadstreet, Ph.D. (Hale, Floyd,
 Motley, Crosby, Dickens, King,
 Garza)

Canyon: 806-655-7151

Program Specialist IV:
 Jordan Coulson, RN, BA,
 SNS Coordinator (Dallam, Deaf
 Smith, Hartley, Moore, Oldham,
 Sherman)

Program Specialist III:
 Danielle May (Hansford, Hemphill,
 Hutchinson, Lipscomb, Roberts,
 Wheeler)

Program Specialist III:
 Vacant, (Armstrong, Carson, Chil-
 dress, Collingsworth, Donley, Gray,
 Hall)

Regional Staff Offer Several Activities During the 2nd Annual PrepareAthon

The Texas Department of State Health Services (DSHS), Health Service Region 1 (HSR1)—Public Health Emergency Preparedness (PHEP) program, held its 2nd Annual PrepareAthon event in Lubbock on September 10, 2015. Organizing preparedness activities and information is

the re-
 gional
 PHEP
 pro-

gram’s way of participating in America’s PrepareAthon! – a national, grassroots campaign for action to increase community preparedness.

Activities held during the event were:

- ◆ Grid Down Room – EMP, Terrorism, Solar, Weather – displays and

five (5) videos showing in a theater-like setting

- ◆ Fire starters/Water filtration demonstrations
- ◆ Solar Oven and Food Dehydration demonstrations
- ◆ Display Boards – Nutrition in Preparedness, Weather Radios, It started like any other day – book reviews, Shelter-in-place, Family Emergency Preparedness, Water Filtration, and Solar ovens/cookers



The event was visited by over forty (40) staff from all the agen-

cies in the building. PHEP received great feedback from the attendees. For example, Dr. Rick Howard, HSR1 Regional Dentist, wrote:

“I just wanted to say how absolutely FANTASTIC the Prepare-A-Thon was yesterday. If you missed it I am truly sorry – it was

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amazing. I would also like to thank all those that Prepared for and put on the event – you were all Incredible – Thank you all. All of the presentations were (and I am running out of adjectives). Thank you so much to all of you that were involved in putting this event on for us, and thank you to Dr. Pendergrass, Debbie, Kelly, and everyone else for allowing these great knowledgeable people to conduct this event that will hopefully prepare us just a little bit that, in the words of Bill Brown, “make a really bad day, suck a little less. Thank you all.”

The key message of the event is that disasters can strike anywhere and anytime, with our goal of reminding everyone to take action to prepare for emergencies.



Jordan Coulson demonstrating fire starting and water filtration



Bill Brown explaining the videos and Faraday boxes



Liz Broadstreet demonstrating how to make a solar oven

Liz checking on the food in two solar ovens



Liz explaining Nutrition in Preparedness



Preparedness Tips Given during National Preparedness Month

As part of National Preparedness Month (September), Health Service Region 1, Public Health Emergency Preparedness staff developed a board with information on preparedness for the regional office.



The board included a "Preparedness Tip of the Day". The tip of the day was placed on the board and also sent via email to the regional office on a daily basis. Below are some examples of the "Preparedness Tip of the Day":

- ◆ *Pick a place to meet after a disaster. Designate two meeting places. Choose one right outside your home, in case of a sudden household emergency, such as a fire. The second place you choose needs to be outside your neighborhood, in the event that it is not safe to stay near or return to your home.*
- ◆ *Choose an emergency contact person outside your area because it may be easier to call long distance than locally after a local/regional disaster. Take a minute now to call or e-mail an out-of-town friend or family member to ask him or her to be your family's designated contact in the event of an emergency. Be sure to share the contact's phone number with everyone in the family. During an emergency, you can call your contact who can share with other family members where you are; how you are doing; and how to get in contact with you.*
- ◆ *Check your child's school Web site or call the school office to request a copy of the school's emergency plan. Keep a copy at home and work or other places where you spend a lot of your time and make sure the school's plan is incorporated into your family's emergency plan. Also, learn about the disaster plans at your workplace or other places where you and your family spend time.*

If you would like further information on preparedness, please call Bill Brown at phone number 806-783-6453 or at his email william.brown4@dshs.state.tx.us.

Training Modules and Presentations Available upon Request

- ◇ Point of Dispensing: POD
- ◇ Family Emergency Preparedness
- ◇ Nutrition in Preparedness
- ◇ PHEP/EPI — Who are we?
- ◇ Shelter-In-Place
- ◇ Mass Fatalities Overview
- ◇ Tuberculosis Best Practices
- ◇ Strategic National Stockpile Security Overview for Law Enforcement

Welcome to our new Team Member. . . .



Danielle May

In September of 2015, Danielle joined the Health Service Region 1, Public Health Emergency Preparedness Section as a Program Specialist III in the Canyon Office. Danielle is coming to us after spending the last six years in Emergency Preparedness and Response with the Florida Department of Health. She recently moved to Texas with her family.

Danielle is married to Shaun, has a three-year old daughter (Lilly), and two dogs- Max and Stella.