

Influenza Activity Report for Health Service Region 8 MMWR Week 37, Week Ending 09/12/2014

This report covers flu surveillance activities for the 28 counties that comprise Health Service Region 8: Atascosa, Bandera, Bexar, Calhoun, Comal, Dewitt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, La Vaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala.

Flu Activity:

Compared to last week, flu activity remains about the same. Most areas in the region are still reporting little or no influenza or influenza-like-illness. Three counties reported influenza A by rapid test and one county also had influenza B by rapid test.

Pediatric Deaths:

No influenza-associated pediatric mortalities have occurred locally. 20 influenza-associated pediatric deaths have occurred statewide during the 2013-2014 influenza season.

Institutional & School Outbreaks

None

Antiviral Resistance

No antiviral resistant flu reported.

Variant Influenza Viruses:

No variant or novel influenza viruses have been detected in Texas.

Prevention

- Get an influenza vaccine each year as soon as the vaccine is available.
- Other forms of prevention include hand washing and using alcohol-based hand sanitizers.
- Cover your coughs and sneezes with a disposable tissue or your arm or sleeve.
- Avoid touching your eyes, nose, or mouth.
- Avoid close contact with persons who are ill.
- Stay home when you are ill.
- Take antiviral medications, if prescribed by your doctor.

Health Service Region 8 Influenza Activity Map

