

This report covers flu surveillance activities for the 28 counties that comprise Health Service Region 8: Atascosa, Bandera, Bexar, Calhoun, Comal, Dewitt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, La Vaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala.

Flu Activity:

Compared to last week, flu activity has increased. Eighteen counties in Region 8 submitted reports. Of the counties that reported, 12 counties reported influenza-like-illness. One county reported flu A by rapid test; two counties reported both flu A and flu B by rapid test; and one county reported flu A by PCR.

Pediatric Deaths:

No influenza-associated pediatric mortalities have occurred locally. 20 influenza-associated pediatric deaths have occurred statewide during the 2013-2014 influenza season.

Institutional & School Outbreaks

None

Antiviral Resistance

No antiviral resistant flu reported.

Variant Influenza Viruses

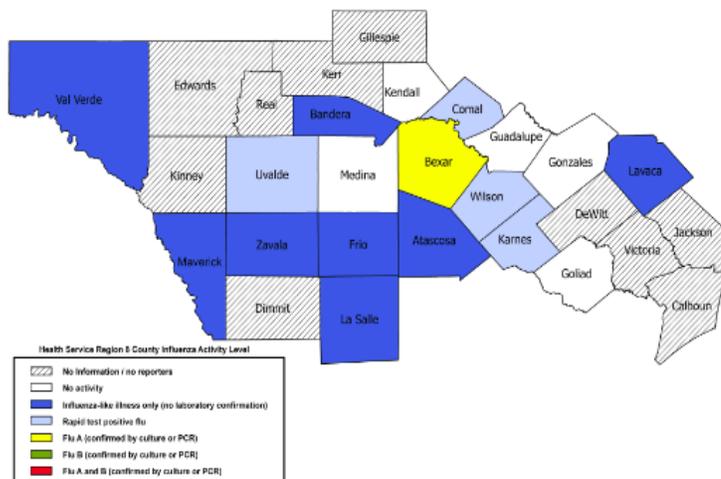
No variant or novel influenza viruses have been detected in Texas.

Influenza Prevention

Here are five simple steps you can take to reduce your chances of getting – or spreading – the flu:

1. Get vaccinated.
2. Wash hands frequently.
3. Cover coughs and sneezes.
4. Stay home if you're sick.
5. Convince those around you to follow steps 1 - 4.

Health Service Region 8 Influenza Activity Map



Percentage of visits due to ILI as reported by Texas ILINet participants

