

This report covers flu surveillance activities for the 28 counties that comprise Health Service Region 8: Atascosa, Bandera, Bexar, Calhoun, Comal, Dewitt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, La Vaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala.

Flu Activity:

Compared to last week, flu activity in the region is slightly increased. Twenty-five counties submitted reports this week. Of the counties that reported, 22 counties reported influenza-like-illness. Two counties reported flu A by rapid test, and fifteen counties reported both flu A and flu B by rapid test. Three counties had flu confirmed by PCR.

Pediatric Deaths:

No pediatric deaths have occurred in Region 8 this season. Statewide, six influenza-associated pediatric deaths have been reported in Texas during the 2014-2015 season.

Influenza-associated pediatric mortality (children <18 years of age) are reportable year-round and by law in Texas.

Institutional & School Outbreaks

One outbreak occurred in a long-term care facility in HSR 8. Fourteen residents and two staff members tested positive for influenza A, and seven were hospitalized. Specimens were collected and sent to the DSHS Lab for testing.

No school closures were reported during week 1.

Antiviral Resistance

No antiviral resistant flu reported.

Variant Influenza Viruses

No variant or novel influenza viruses have been detected in Texas.

Highlighted areas indicate the highest level of influenza activity detected by county.

Percentage of Visits Due to Influenza-like Illness Reported by Texas ILINet Participants, 2011–2015 Seasons

Health Service Region 8 Influenza Activity Map

