



TEXAS
Health and Human
Services

Texas Department of State
Health Services

Protecting Your Child from Measles at Summer Camp

Texas is experiencing a large measles outbreak. Because summer camps bring children from different areas together to eat, sleep, and play in close quarters, they can make it easy for illnesses to spread. If your child is attending summer camp, the Texas Department of State Health Services recommends that they've received two doses of the MMR vaccine and keeping them home if they are sick.



Stay up to date on MMR immunization

Texas does not require campers to be immunized, but the best way to prevent measles is to get the MMR vaccine. Two doses prevent more than 97% of measles infections.



If your child is sick

If your child has symptoms of an infectious disease like measles, they should not attend summer camp to avoid getting other people sick. Measles is highly contagious; 90 percent of the people close to an infected person who are not immune will become infected. Seek medical attention for your child immediately if you think they have measles.



Measles symptoms

Symptoms start with moderate fever, cough, runny nose, red eyes, and sore throat. After a few days, symptoms include blue-white spots inside the mouth, a red-brown rash that starts at the hairline and then spreads down the body, and a high fever that can go over 104 degrees.

Find measles resources by scanning the QR code or by visiting dshs.texas.gov/measles

