

## Got measles? Stay home. Protect your community.

Measles spreads easily.

If you have it, stay home.

Avoid school, work and
other public places until
4 days after the onset
of a rash.

Symptoms to look for include fever, cough, red eyes, or rash. But if symptoms become severe and you experience difficulty breathing, dehydration, or confusion, go to the emergency room.

If you're sick or exposed to measles, do not travel. If you're unvaccinated, get the MMR vaccine at least 2 weeks before international travel.

To find a measles vaccine near you, visit dshs.texas.gov/measles.



**Every Dose Matters.**