

Alzheimer's Disease and Other Dementias: Resources for Patients and Family Caregivers

Regional Resources

Wherever you are in Texas, there are resources that can provide education and support for patients and their family caregivers.

**Organizations with an asterisk receive state funding through the Grants to Increase Local Dementia Support (GILDS) program to support families impacted by dementia and to promote early detection, diagnosis, and risk reduction.*

Central Texas

AGE of Central Texas

ageofcentraltx.org

512-451-4611

Austin

AGE of Central Texas Caregiver Resources

ageofcentraltx.org/index.php/caregivers

512-600-9275

Bastrop, Hays, Travis and Williamson counties

A Gift of Time

agiftoftimegeorgetown.org

512-489-0160

Georgetown

Alzheimer's Association, North Central Texas Chapter

alz.org/northcentraltexas

1-800-272-3900

Waco and surrounding counties

Area Agency on Aging of the Brazos Valley

bvcog.org/programs/area-agency-on-aging

979-595-2806

Brazos, Burleson, Grimes, Leon, Madison, Robertson and Washington counties

Alzheimer's Association, Capital of Texas Chapter

alz.org/texascapital

512-592-0990

Bastrop, Bell, Blanco, Burnet, Caldwell, Coryell, Fayette, Gillespie, Hays, Kerr, Kimble, Lampasas, Lee, Llano, Mason, Milam, Mills, Robertson, San Saba, Travis and Williamson counties

Alzheimer's Texas

txalz.org

512-241-0420

Central Texas area

Area Agency on Aging of Central Texas

aaact.org

254-770-2330

Bell, Coryell, Hamilton, Lampasas, Milam, Mills and San Saba counties

*Area Agency on Aging of the Capital Area

capcog.org/divisions/area-agency-on-aging/information-referral-assistance

512-916-6021

Bastrop, Blanco, Burnet, Caldwell, Fayette, Hays, Lee, Llano, Travis and Williamson counties

Area Agency on Aging of the Heart of Texas

hotcogtx.gov/health-and-human-services/area-agency-on-aging

254-292-1800

Bosque, Falls, Freestone, Hill, Limestone and McClellan counties

Area Agency on Aging of West Central Texas

wetcog.org/area-aging

325-672-8544

Brown, Callahan, Coleman, Comanche, Eastland, Fisher, Haskell, Jones, Kent, Knox, Mitchell, Nolan, Runnels, Scurry, Shackelford, Stephens, Stonewall, Taylor and Throckmorton counties

Brazos Valley Aging & Disability Resource Center

bvcog.org/programs/aging-disability-resource-center

979-595-2800

Brazos, Burleson, Grimes, Leon, Madison, Robertson and Washington counties

Central Texas Aging, Disability & Veterans Resource Center

ctadvrc.org

1-855-937-2372

Bell, Coryell, Hamilton, Lampasas, Milam, Mills and San Saba counties

FTD Support Facebook Group

facebook.com/groups/FTDsupportTX

Travis and Williamson counties

Alzheimer's Disease and Other Dementias: Resources for Patients and Family Caregivers

Heart of Texas Aging and Disability Resource Center

hotcogtx.gov/health-and-human-services/aging-and-disability-resource-center

254-292-1800

Bosque, Falls, Freestone, Hill, Limestone and McClennan counties

West Central Texas Aging & Disability Resource Center

wctcog.org/adrc

325-672-8544

Brown, Callahan, Coleman, Comanche, Eastland, Fisher, Haskell, Jones, Kent, Knox, Mitchell, Nolan, Runnels, Scurry, Shackelford, Stephens, Stonewall, Taylor and Throckmorton counties

Dallas/North Texas

Aging and Disability Resource Center of Texoma

tcog.com/aging-services/adrc

1-855-937-2372

Texoma

Alzheimer's Alliance Tri-State Area

alztristate.org

903-223-8021

Headquartered in Texarkana, serves Arkansas, Texas and Oklahoma

Alzheimer's Association, Dallas and Northeast Texas Chapter

alz.org/dallasnetexas

1-800-272-3900

Anderson, Bowie, Camp, Cass, Cherokee, Collin, Cooke, Dallas, Delta, Denton, Ellis, Fannin, Franklin, Grayson, Gregg, Harrison, Henderson, Hopkins, Hunt, Kaufman, Lamar, Marion, Morris, Navarro, Panola, Rains, Red River, Rockwall, Rusk, Smith, Titus, Upshur, Van Zandt and Wood counties

Area Agency on Aging of Texoma

tcog.com/departments/aging-services

903-893-2161

Cooke, Fannin and Grayson counties

Ark-Tex Area Agency on Aging

atcog.org/area-agency-on-aging

1-800-372-4464

Bowie, Cass, Delta, Franklin, Hopkins, Lamar, Morris, Red River and Titus counties

***Community Council of Greater Dallas**

ccadvance.org/caregiver-support-alzheimer

214-954-4294

Dallas County

Dallas Area Agency on Aging

txregionalcouncil.org/agencies-on-aging/dallas-area-agency-on-aging

214-871-5065 Ext. 211

Dallas County

Dementia Friendly Denton County

dementiafriendlydentoncounty.org

940-453-9784

Denton County

Down Syndrome Guild of Dallas

downsyndromedallas.org/adult-medical

214-267-1374

Dallas

East Texas Aging & Disability Resource Center (ETxADRC)

etxadrc.org

1-855-937-2372

Anderson, Bowie, Camp, Cass, Cherokee, Delta, Franklin, Gregg, Harrison, Henderson, Hopkins, Lamar, Marion, Morris, Panola, Rains, Rusk, Smith, Titus, Upshur, Van Zandt and Wood counties

***North Central Texas Area Agency on Aging**

nctcog.org/aging-services/dementia-friendly

1-800-272-3921

Collin, Denton, Ellis, Erath, Hood, Hunt, Johnson, Kaufman, Navarro, Palo Pinto, Parker, Rockwall, Somervell and Wise counties

Stepping Stones Denton

steppingstonesdenton.com

940-453-9784

Denton



TEXAS
Health and Human
Services

Texas Department of State
Health Services

Alzheimer's Disease and Other Dementias:

Resources for Patients and Family Caregivers

The Senior Source

theseniorsource.org
214-823-5700
Dallas and Collin counties

Wellness Center for Older Adults

wellnesscenteronline.org
972-953-7669
Plano

East Texas

Alzheimer's Alliance of Smith County

alzalliance.org
903-509-8323
Smith County

Alzheimer's Alliance of Smith County Early-Stage Support Group

alzalliance.org/support-groups/
903-509-8323
Smith County

Alzheimer's Coalition of Henderson County

alzhendersoncotx.org
903-904-5070
Henderson County

Area Agency on Aging of Deep East Texas

aaadeepeasttx.org
409-384-7614/1-800-256-6848
Angelina, Houston, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity and Tyler counties

Area Agency on Aging of East Texas

easttexasaaa.org
1-800-442-8845
Anderson, Camp, Cherokee, Gregg, Harrison, Henderson, Marion, Panola, Rains, Rusk, Smith, Upshur, Van Zandt and Wood counties

East Texas Alzheimer's Alliance

etxalz.org
903-230-8001
Longview and surrounding area

East Texas Aging & Disability Resource Center (ETxADRC)

etxadrc.org
1-855-937-2372
Ark-Tex Region 6 Counties: Bowie, Cass, Delta, Franklin, Hopkins, Morris, Titus and Lamar counties
855-937-2372
East Texas Region 5 Counties: Anderson, Camp, Cherokee, Gregg, Harrison, Henderson, Marion, Panola, Rains, Rusk, Smith, Upshur, Van Zandt and Wood counties

Fort Worth/North Central Texas

Aging & Disability Resource Center of Tarrant County

tarrantcountyadrc.org
1-855-937-2372
Tarrant County

Alzheimer's Association, North Central Texas Chapter

alz.org/northcentraltexas
1-800-272-3900
Offices in Abilene, Fort Worth and Wichita Falls serving 40 counties around the region

Area Agency on Aging of North Texas

nortexrpc.org/area-agency-on-aging
940-322-5281
Archer, Baylor, Clay, Cottle, Foard, Harderman, Jack, Montague, Wichita, Wilbarger and Young counties

Area Agency on Aging of Tarrant County

unitedwaytarrant.org/what-we-do/area-agency-aging-aaa
817-258-8000
Tarrant County

***University of North Texas Health Science Center**

unthsc.edu/center-for-geriatrics/older-adults-and-caregivers/caregiver-support
817-735-2000
Tarrant County

Dementia Friendly Fort Worth

dffw.org
817-332-6266
Fort Worth

Alzheimer's Disease and Other Dementias: Resources for Patients and Family Caregivers

***North Central Texas Area Agency on Aging**

nctcog.org/aging-services/dementia-friendly

817-640-3300

Collin, Denton, Ellis, Erath, Hood, Hunt, Johnson, Kaufman, Navarro, Palo Pinto, Parker, Rockwall, Somervell and Wise counties

North Texas Aging and Disability Resource Center

nctadrc.org

1-855-937-2372

Archer, Baylor, Clay, Cottle, Foard, Hardeman, Jack, Montague, Wichita, Wilbarger and Young counties

SOS: Serving Our Seniors

servingourseniorstexas.org

817-282-0531

Northeast Tarrant County

Tarrant Cares: Seniors/Adults with Disabilities

aging.networkofcare.org/Tarrant-tx

1-855-928-4247

Tarrant County

United Way of Tarrant County

unitedwaytarrant.org/get-help/aging-disability-and-caregivers

817-258-8125

Tarrant County

***Wichita County Public Health District**

livewellwichitacounty.com/program-categories/adrd

940-761-7831/940-761-7823 (Health Educator)

Archer, Baylor, Clay, Cottle, Hardeman, Foard, Jack, Montague, Wichita, Wilbarger and Young counties

Houston/Southeast Texas

Alzheimer's Association, Houston and Southeast Texas Chapter

alz.org/texas

1-800-272-3900

Offices in Beaumont, Galveston and Houston; serves the Greater Houston metro area and Southeast Texas, including Galveston and the Bay Area, Beaumont, Lufkin, Nacogdoches and the Brazos Valley

Area Agency on Aging of Southeast Texas

setrpc.org/area-agency-on-aging

409-924-3381/1-800-395-5465

Hardin, Jefferson and Orange counties

Care Connection Aging and Disability Resource Center

careconnection.org

1-855-937-2372

Harris County

CarePartners Texas

carepartnerstexas.org

713-682-5995

Greater Houston area

Golden Crescent Aging & Disability Resource Center

gcrpc.org/aging-and-disability-resource-center.html

1-855-937-2372

Calhoun, Dewitt, Goliad, Gonzales, Jackson, Lavaca and Victoria counties

Golden Crescent Area Agency on Aging

gcrpc.org/area-agency-on-aging.html

1-800-252-9240

Calhoun, Dewitt, Goliad, Gonzales, Jackson, Lavaca and Victoria counties

Harris County Area Agency on Aging

houstonhealth.org/services/aging

832-393-4301

Harris County

Hope and Help Healing Center Alzheimer's and Frontotemporal (FTD) Caregiving Support Groups

hopeandhealingcenter.org/services/support-groups

713-871-1004

Greater Houston area

Houston-Galveston Area Agency on Aging

h-gac.com/area-agency-on-aging

713-627-3200

Austin, Brazoria, Chambers, Colorado, Fort Bend, Galveston, Liberty, Matagorda, Montgomery, Walker, Waller and Wharton counties

The Gathering Place Interfaith Ministries: Help and Hope for Families Affected by Alzheimer's and Related Dementias

gatheringplacebrazoria.org/support-groups

979-308-4525

Brazoria County

Alzheimer's Disease and Other Dementias: Resources for Patients and Family Caregivers

Panhandle/South Plains

Alzheimer's Association of West Texas

alz.org/westtexas

1-800-272-3900

Offices in Amarillo and Lubbock; serves 80 counties

Area Agency on Aging of the Panhandle

theprpc.org/Programs/Aging

806-331-2227

Armstrong, Briscoe, Carson, Castro, Childress, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, Sherman, Swisher and Wheeler counties

Area Agency of Aging of South Plains

spag.org/programs-services/area-agency-on-aging

806-687-0940

Bailey, Cochran, Crosby, Dickens, Floyd, Hockley, Garza, Hale, King, Lamb, Lynn, Lubbock, Motley, Terry and Yoakum counties

Dementia Friendly Lubbock

ttuhsc.edu/centers-institutes/garrison-aging/dementiafriendlylubbock.aspx

806-743-7821

Lubbock area

Panhandle Aging and Disability Resource Center

panhandleadrc.org

1-855-937-2372

Bailey, Cochran, Crosby, Dickens, Floyd, Hockley, Garza, Hale, King, Lamb, Lynn, Lubbock, Motley, Terry and Yoakum counties

Texas Tech University Health Sciences Center Garrison Institute on Aging

ttuhsc.edu/centers-institutes/garrison-aging/community-outreach-education.aspx

806-743-7821

Lubbock area

San Antonio/South Texas

Alamo Area Council of Governments Aging Services

aacog.com/aging-services

210-477-3275/866-231-4922

Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Gonzalez, Karnes, Kendall, Kerr, Medina, McMullen and Wilson counties

***Alzheimer's Association, San Antonio and South Texas Chapter**

alz.org/sanantonio

1-800-272-3900/210-822-6449

Offices in Corpus Christi, San Antonio and the Rio Grande Valley, serves 43 counties in South Texas, GILDS coverage areas include Hidalgo, Nueces and San Patricio counties

Area Agency on Aging of the Coastal Bend

aaacoastalbend.org

361-883-3935/1-800-252-9240

Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak, Nueces, Refugio and San Patricio counties

Area Agency on Aging of the Lower Rio Grande

lrgvdc.org/aging.html

956-682-3481

Cameron, Hidalgo and Willacy counties

Area Agency on Aging of South Texas

stdc.cog.tx.us/area-agency-on-aging

361-527-5601/956-849-1000/

956-722-3995/956-765-4747

Jim Hogg, Starr, Webb and Zapata counties

Bexar County Agency on Aging

txregionalcouncil.org/agencies-on-aging/bexar-area-agency-on-aging

210-362-5207

Bexar County

Biggs Institute for Alzheimer's & Neurodegenerative Diseases

biggsinstitute.org/resources-2

210-450-9960

UT Health San Antonio

Alzheimer's Disease and Other Dementias:

Resources for Patients and Family Caregivers

Biggs Institute Patient Care Support Groups

biggsinstitute.org/patient-care/supportgroups

210-450-9960

Includes Alzheimer's, Lewy body, frontotemporal degeneration and more. UT Health San Antonio

Caring for the Caregiver Program

utcaregivers.org/about

210-567-5831

UT Health San Antonio School of Nursing

***Cameron County Public Health**

cameroncountytexas.gov/publichealth/hbap

956-247-3650

Cameron County

***City of Laredo Public Health Department**

cityoflaredo.com/departments/health-department/services/alzheimer-s-disease-and-related-dementia-adrd-program

956-770-1536

Webb County

***City of Pharr Public Health Department**

pharr-tx.gov/government/departments/public-health

956-402-4652

Hidalgo County

Coastal Bend Aging & Disability Resource Center

coastalbendadrc.org

361-883-3935/855-937-2372

Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak, Nueces, Refugio and San Patricio counties

Dementia Friendly Corpus Christi

dfcorpuschristi.org

361-883-3935

Nueces County

Dementia Friendly San Antonio

utcaregivers.org/dementia-friendly-san-antonio

210-567-7000

Bexar County

RIO-Net Aging & Disability Resource Center of the Lower Rio Grande

aging.networkofcare.org/lrgv-tx

1-855-937-2372

Cameron, Hidalgo and Willacy counties

San Antonio Community Resource Directory

sacrd.org/directory

Bexar County

South Texas Aging & Disability Resource Center

southtexasadrc.org

1-855-937-2372

Jim Hogg, Starr, Webb and Zapata counties

West Texas

Alzheimer's Association of West Texas

alz.org/westtexas

1-800-272-3900

Offices in El Paso and Midland, serves 80 counties

***Amistad**

projectamistad.org

915-298-7307

Big Springs, Brewster, Culberson, El Paso, Hudspeth, Jeff Davis, Midland, Odessa, Presidio, and San Angelo counties

Area Agency on Aging of the Concho Valley

cvcog.org/agency/area-agency-on-aging

325-223-5704 Ext. 239/1-877-944-9666

Coke, Concho, Crockett, Irion, Kimble, Mason, McCulloch, Menard, Reagan, Schleicher, Sterling, Sutton and Tom Green counties

Area Agency on Aging of the Middle Rio Grande

txregionalcouncil.org/agencies-on-aging/area-agency-on-aging-of-the-middle-río-grande-development-council

1-800-224-4262/830-757-6122

Dimmit, Edwards, Kinney, La Salle, Maverick, Real, Uvalde, Val Verde and Zavala

Alzheimer's Disease and Other Dementias: Resources for Patients and Family Caregivers

Area Agency on Aging of the Permian Basin

aaapb.com

432-563-1061/1-800-491-4636

Andrews, Borden, Crane, Dawson, Ector, Gaines, Glasscock,
Howard, Loving, Martin, Midland, Pecos, Reeves, Terrell,
Upton, Ward and Winkler counties

Concho Valley Aging and Disability Resource Center

conchovalleyadrc.org

1-955-937-2372

Coke, Concho, Crockett, Irion, Kimble, Mason, McCulloch,
Menard, Reagan, Schleicher, Sterling, Sutton and Tom
Green counties

Rio Grande Area Agency on Aging

riocog.org/aging-services

915-533-0998/1-800-333-7082

Brewster, Culberson, El Paso, Hudspeth, Jeff Davis and
Presidio counties

