

Nutrition Education, SB 25, & the Texas Nutrition Advisory Committee:

What Texas Educators Need to Know

What is SB 25 and TNAC?

Senate Bill 25 (SB 25), passed by the 89th Texas Legislature in 2025, expands nutrition and metabolic-health education across the educational continuum, from K–12 schools through colleges, health professions education, and continuing professional education. It also established the Texas Nutrition Advisory Committee (TNAC).

What are the Nutrition Education Requirements?

Setting	What SB 25 requires	Effective	Who implements/oversees?
K–8	Nutrition instruction incorporated into health TEKS , based on TNAC nutritional guidelines. Instruction can be developmentally tailored for elementary vs. middle school.	2027–28 school year	SBOE adopts TEKS; TEA supports implementation; districts/charters implement locally
High school	Districts/charters must offer a ½-credit nutrition & wellness elective using SBOE-approved materials and TNAC guidelines. May include culinary skills, horticulture, & consumer economics. Students are not required by SB 25 to take it.	2027–28 school year	SBOE / TEA / districts & charters
Public colleges & universities	Must give entering associate/baccalaureate students the opportunity to complete a nutrition education course based on TNAC guidelines. Students are not required by SB 25 to take it.	Entering after July 1, 2027	THECB adopts rules; institutions implement
Medical & other health-professional education	Covered health-related institutions must develop nutrition curriculum requirements based on TNAC guidelines and require applicable students to complete them for the institution to remain eligible for distributions from certain funds.	By July 1, 2027	Individual institutions , within applicable statutory, educational, & accreditation requirements
Physician & PA CME	Nutrition and metabolic-health content based on TNAC recommended guidelines must be incorporated into existing license-renewal CME requirements.	Renewals after Jan. 1, 2027	Texas Medical Board ; PA rules involve the PA Board
Nursing CE	Nutrition and metabolic-health content based on TNAC recommended guidelines must be incorporated into CE license-renewal requirements.	Renewals after Jan. 1, 2027	Texas Board of Nursing
Dietitian CE	Nutrition and metabolic-health content based on TNAC recommended guidelines must be incorporated into CE for the applicable CE framework.	Renewals after Jan. 1, 2027	Texas Commission of Licensing & Regulation/TDLR