

Texas Nutrition Advisory Committee (TNAC)

Final Meeting Minutes

Wednesday May 27, 2026

10:00 a.m.

Physical Location: Department of State Health Services (DSHS)

Robert D. Moreton Building

Room M100, First Floor

1100 West 49th Street

Austin, Texas 78756

Teams Virtual Meeting

Agenda Item 1: Call to order, welcome, introductions, roll call, and opening remarks

Dr. Jaclyn Albin, called the Texas Nutrition Advisory Committee (TNAC) meeting to order at 10:00 a.m.

Mr. Colby Tiner, DSHS, read the logistical announcements and stated the meeting was being conducted in accordance with the Texas Open Meetings Act. Mr. Tiner conducted the member roll call and announced the presence or absence of quorum.

Table 1: The Texas Nutrition Advisory Committee member attendance at the May 27, 2026, meeting.

Member name	Attended
Dr. Jaclyn Albin (Chair)	X
Dr. Ann Shippy	X
Commissioner Sid Miller	X
Dr. Natalie Bachynsky	
Ms. Cheryl Sew Hoy	X
Dr. Kathleen Davis	X
Dr. Padmaja Patel	X

Agenda Item 2: Consideration of April 16, 2026, Draft Meeting Minutes

Dr. Albin referred members to the draft minutes emailed by the program liaison and called for any edits. Hearing none, Dr. Albin called for a motion to approve the minutes of the April 16, 2026, meeting.

Motion: Commissioner Miller moved to approve the minutes as presented from the April 16, 2026, meeting. Dr. Shippy seconded the motion. Following a roll call vote, the motion passed by a majority vote with 6 yeas (Albin, Miller, Davis, Sew Hoy, Shippy, Patel), and 0 nays (one absent: Bachynsky).

Agenda Item 3: Consideration of draft bylaws

Highlights:

Ms. Wiseman updated the committee on the changes made to the draft bylaws.

Committee Action:

Dr. Albin called for a motion to approve the bylaws. Dr. Shippy moved to adopt the bylaws. Dr. Patel and Commissioner Miller seconded the motion. Following a roll call vote, the motion passed by a majority vote with 6 yeas (Albin, Miller, Davis, Sew Hoy, Shippy, Patel), and 0 nays.

Agenda Item 4: Review report draft sections

Highlights:

Dr. Albin reviewed and asked for comments and/or edits on the Introduction and Background chapters.

Dr. Albin briefly reviewed various scientific reviews from subject matter experts (SMEs) and mentioned that if outstanding sections are not submitted in time to be included for this report, they can be submitted for inclusion in next year's report.

Ms. Hoy reviewed the Eat Well, Y'all infographic. It is intended to represent a wide array of diets prevalent in Texas. It has not been finalized for inclusion in the report and is only to be shared for the purpose of receiving feedback.

Dr. Davis reviewed Working Group 1's progress on its various report chapters. Dr. Albin reminded Mr. Tiner that forms should be sent to the various SMEs that worked on Working Group 1's sections.

Discussion

Commissioner Miller's team is currently working on the Texas Agriculture section of the Background chapter.

Dr. Davis suggested several edits to the Background chapter. Dr. Davis volunteered to edit the Background chapter and present it at the June meeting. Dr. Albin tasked Workgroup 1 (of which Dr. Davis is chair) with editing the Background chapter and presenting it at the June meeting.

Per the infographic, Dr. Davis suggested that it should depict foods widely grown in Texas. It also should use real photography in lieu of AI. A call for submissions from photographers should be posted online. Dr. Shippy agreed that the infographic should be focused on foods prevalent in Texas. Dr. Davis suggested that the infographic should also display micronutrients of public concern (e.g., foods for bone health).

Ms. Hoy expressed the concern that putting out a call for submissions will add to an already busy workflow for the committee (Dr. Shippy agreed). Dr. Albin said that the committee will revisit this conversation later in the agenda.

Agenda Item 5: Report from selected SMEs on scientific summaries

Highlights

Ms. Erin Hudson updated the committee on progress with the Ultra Processed Food and Metabolic Health chapter.

Dr. Albin updated the committee on various SME-drafted chapters (gastrointestinal disease, dietary guidelines, and medical student education).

Discussion

Regarding the dietary guidelines chapter, Dr. Davis suggested that the word “medical” be removed from any reference to society dietary guidelines. Dr. Davis (on behalf of Working Group 1) offered to work on the guidelines chapter.

Next steps for June meeting include finalizing SME contributions to present findings, finalize dietary guidelines approach, integrating pending input for educational implications, and finalizing the report for approval at July meeting.

Agenda Item 6: Discuss new subject areas for report

Dr. Albin expressed the concern that many dietary guidelines are anchored to a single image. The report shouldn't be bogged down by a single image that people will always nitpick, regardless of what the final product is. Therefore, the guidelines should include 5 domains for how Texans consume food: access, time, capacity, meaning, and medical and other needs. The formal guidelines should be tailored to this framework and include case examples.

Dr. Davis said that the guidelines themselves should be a one-page executive summary. Implementation is an important secondary piece (as a means for educating the population). Dr. Albin tasked Working Group 1 with drafting a one-page executive summary of the guidelines, with context for life stage. Dr. Albin's workgroup will draft case examples.

Dr. Albin also tasked Working Group 1 to determine how Ms. Soy's infographic should be edited (if at all) and strategize a way for doing so (which includes the possibility of drafting and posting a call for SMEs with digital experience).

Dr. Albin put out a call for a graduate student with experience in reference management.

Agenda Item 7: Upcoming Meeting Dates and Times

Dr. Albin gave a rundown of upcoming meeting dates:

- June 25 – 10:00am
- July 14 – 1:00pm (Committee must have the report finalized by this meeting)
- August 19 – 1:00pm

- September 9 – 1:00pm
- November 16 – 1:00pm

Agenda Item 8: Review of action items and agenda items for the next meeting

Action items have already been reviewed earlier in the agenda.

Agenda Item 9: Public Comment

Mr. Tiner, DSHS read the public comment announcement and coordinated with the production team for requests from stakeholders who registered prior to the meeting or were onsite to provide public comment.

Oral Comment

(virtual) Dr. Jelina Castillo spoke on the impact of diet on adolescent health.

(virtual) Mary Dickson spoke on behalf of Dairy MAX.

Michael Mitchell spoke on behalf of FoodSmart.

Madelyne Rosenthal spoke on committee report's recommendations.

Agenda Item 10: Adjourn

Dr. Albin thanked council members for attending, and adjourned the meeting at 12:25 p.m.

Below is the link to the archived video recording of the Texas Nutrition Advisory Committee meeting to view and listen to for approximately two years from the date the meeting is posted in accordance with the HHSC records retention schedule.

<https://texashsc.v3.swagit.com/videos/389321>