

Texas Nutrition Advisory Committee (TNAC)

FINAL Meeting Minutes

Wednesday, August 19, 2026

1:00 p.m.

Physical Location: Department of State Health Services (DSHS)

Robert D. Moreton Building

Room M100, First Floor

1100 West 49th Street

Austin, Texas 78756

Teams Virtual Meeting

Agenda Item 1: Call to order, welcome, introductions, roll call, and opening remarks

Dr. Jaclyn Albin, Chair, called the Texas Nutrition Advisory Committee (TNAC) meeting to order at 1:00 p.m.

Mr. Bailey Trejo, Advisory Committee Coordination Office, Health and Human Services Commission (HHSC) read the logistical announcements and stated the meeting was being conducted in accordance with the Texas Open Meetings Act. Mr. Trejo conducted the member roll call and announced the presence or absence of quorum.

Table 1: The Texas Nutrition Advisory Committee member attendance at the August 19, 2026, meeting.

Member name	Attended
Dr. Jaclyn Albin (Chair)	X
Dr. Ann Shippy	X
Commissioner Sid Miller	X
Dr. Natalie Bachynsky	X
Ms. Cheryl Sew Hoy	X (late)
Dr. Kathleen Davis	X
Dr. Padmaja Patel	X

Agenda Item 2: Consideration of July 14, 2026, Draft Meeting Minutes

Dr. Albin referred members to the draft minutes emailed by Mr. Tiner and called for any edits. Hearing none, Dr. Albin called for a motion to approve the minutes of the July 14, 2026, meeting.

Motion: Dr. Shippy moved to approve the minutes as presented from the July 14, 2026, meeting. Dr. Patel and Commissioner Miller seconded the motion. Following a roll call vote, the motion passed by a majority vote with 6 yeas (Albin, Bachynsky, Davis, Miller, Shippy, Patel), and 1 absent (Sew Hoy).

Agenda Item 3: Update on status of annual report

- Dr. Albin and Ms. Wiseman gave an update on the status of the report.
- Dr. Shippy updated the committee on the status of the infographic.
- Commissioner Miller expressed concern that water is the only drink shown in the infographic.

Agenda Item 4: Determine communications strategy for release of annual report

- Dr. Albin reviewed the summary press statement included in the meeting packet that summarizes the report's highlights/main takeaways.
- Dr. Davis suggested that the wording in some areas be edited in favor of less academic language.

Committee Action

- Dr. Albin called for a motion to approve the summary press statement.
- Dr. Shippy moved to approve the summary press statement. Dr. Patel seconded the motion. Following a roll call vote, the motion passed by a majority vote with 7 yeas (Albin, Bachynsky, Davis, Miller, Shippy, Patel, Sew Hoy), and 0 nays.
- The statement will be sent back to the DSHS communications team.
- Dr. Albin asked committee members to route all formal media inquiries to DSHS Communications and to cc the TNAC email inbox.
- Dr. Albin reminded committee members that anyone who speaks to the media without first looping in DSHS Communications is doing so as an individual (not as a committee member). However, they must still notify DSHS Communications that they have spoken to the media.
- The email address for the DSHS Communications lead will be disseminated to the committee.
- A DSHS Communications staff person will be invited to speak at the September meeting on media strategy.

Agenda Item 5: Discussion of annual report placement on website

- Mr. Hood reviewed the legislative context for how the full report will be posted online.
- The report will be posted on both the TNAC website and the DSHS Legislative Reports page. Determinations for how the report will be posted on each site will be made by September 1.
- Making a webpage about the nutritional guidelines can be done after September 1. Mr. Hood will work with the DSHS web design team and present the committee with a proposed layout.
- Dr. Albin mentioned that we have until the end of December to build a webpage and that committee members don't have experience in web design. She therefore suggested creating a workgroup to work with Mr. Hood, SMEs, and the DSHS web design team on this matter. The workgroup will work with Mr. Tiner to draft a call for SMEs.
- Dr. Davis, Dr. Shippy, and Ms. Sew Hoy mentioned that they have some knowledge on web page accessibility as it pertains to public health communication, but not on web design. They agreed that bringing in SMEs would be helpful to ensure that all

necessary areas of expertise in web design and public health communication are accounted for.

- Dr. Davis, Dr. Shippy, and Ms. Sew Hoy volunteered to participate in the working group.
- Details for creating the nutritional guidelines website will be finalized during the November meeting.

Agenda Item 6: Discussion of annual report's application to nutrition education

- Dr. Albin reviewed potential strategies for applying the report to nutrition education and suggested creating a workgroup on the matter. The workgroup will be tasked with devising strategies for how the committee can play a role in nutrition education, recruiting SMEs with expertise in the various stages of nutrition education (i.e. early childhood, high school, collegiate, health professional, etc.) and developing recommendations and other resources for nutrition education.
- The workgroup (Workgroup II) will be comprised of Dr. Albin, Dr. Bachynsky, and Dr. Patel.
- The committee will engage current SMEs to advise on future research strategies and areas for the committee to focus on (topic for September meeting).
- The workgroup will put out a call for SMEs with expertise on nutrition education. The workgroup also will present during the September meeting on ideas for nutrition education support.

Agenda Item 7: Upcoming meeting dates and times

- Dr. Albin reminded the committee of upcoming meetings.

Agenda Item 8: Review of action items and agenda items for the next meeting

- Dr. Albin reviewed action items for the September meeting.

Action items for next meeting

- Workgroup I (Dr. Shippy, Ms. Sew Hoy, and Dr. Davis) will put out a call for SMEs with expertise in website development. Workgroup I and Mr. Hood will also present during the September meeting on the placement of the report on the website.
- Workgroup II (Dr. Albin, Dr. Bachynsky, and Dr. Patel) will put out a call for SMEs with expertise on nutrition education. Workgroup II also will present during the September meeting on ideas for nutrition education support.
- During the September meeting, the committee will consider strategies for updating the report with new scientific evidence.
- Ms. Wiseman and Mr. Tiner will invite a member of the DSHS Communications team to speak on media strategy during the September meeting.
- The email address for the DSHS Communications lead will be disseminated to the committee.

Agenda Item 9: Public Comment

Mr. Trejo read the public comment announcement and coordinated with the ACCO production team for requests from stakeholders who registered prior to the meeting or were onsite to provide public comment.

Oral Comment

- **Dr. Madalyn Rosenthal**
 - Shared recommendations for nutrition education.
- **Ms. Hawley Evilsizer**
 - Shared recommendations on behalf of the Texas Academy of Nutrition and Dietetics.

Agenda Item 10: Adjourn

Dr. Albin thanked council members for attending, and adjourned the meeting at 2:26 p.m.

Below is the link to the archived video recording of the Texas Nutrition Advisory Committee meeting to view and listen to for approximately two years from the date the meeting is posted in accordance with the HHSC records retention schedule.

<https://texashhsc.v3.swagit.com/videos/396742>