

Texas Nutrition Advisory Committee (TNAC)

AGENDA

September 9, 2026

1:00 PM

Meeting Site:

Texas Department of State Health Services (DSHS)
Robert D. Moreton Building
Room M-100, First Floor
1100 West 49th Street
Austin, Texas 78756

This meeting will be webcast. Members of the public may attend the meeting in person at the address above or access a live stream of the meeting at <https://texashhs.org/HHSWebcast>. Select the tab for the Moreton M-100 Live on the date and time for this meeting. Please e-mail Webcasting@hhsc.state.tx.us if you have any problems with the webcasting function.

This meeting will also be conducted via video conference call in accordance with the requirements of Section 551.127, Government Code. The member of the Committee presiding over the meeting will be physically present at the location specified above.

Meeting Notice: The use of artificial intelligence (AI) bots is prohibited in this meeting. In accordance with Health and Human Services (HHS) policy, the use of Artificial Intelligence also known as "AI" Notetakers is expressly prohibited. Producers will not admit a 'bot' or other autonomous agent into the meeting. If a 'bot' should inadvertently gain entrance, it will be removed from the meeting by one of our producers.

Attendees who would like to provide public comment should see the **Public Comment** section below.

1. Call to order, welcome, introductions, roll call, and opening remarks
2. Consideration of August 19, 2026, draft meeting minutes
3. Update from Workgroup I
4. Update from Workgroup II
5. Discussion on media and other communications and the nutritional guidelines
6. Discussion on best practices for updating the nutritional guidelines with new evidence
7. Upcoming meeting dates and times
8. Review of action items and agenda items for the next meeting
9. Public comments

10. Adjourn

The council may take any action on any agenda item.

Public Comment: DSHS welcomes public comments pertaining to topics above. Members of the public who would like to provide public comment may choose from the following options:

1. **Oral comments provided virtually:** Members of the public must pre-register to provide oral comments virtually during the meeting by completing a Public Comment Registration form at https://texashhs.org/TNAC_PCRReg_SEP2026 no later than 5:00 p.m., Monday, September 7, 2026. Please mark the correct box on the Public Comment Registration form and provide your name, either the organization you are representing or that you are speaking as a private citizen, and your direct phone number. If you have completed the Public Comment Registration form, you will receive an email the day before the meeting with instructions for providing virtual public comment. Public comment is limited to three minutes. Each speaker providing oral public comments virtually must ensure their face is visible and their voice audible to the other participants while they are speaking. Each speaker must state their name, and, on whose behalf, they are speaking (if anyone). If you pre-register to speak and wish to provide a handout before the meeting, please submit an electronic copy in accessible PDF format that will be distributed by HHS staff to TNAC members and state staff. Handouts are limited to two pages (paper size: 8.5" by 11", one side only). Handouts must be emailed to TNAC@dshs.texas.gov immediately after pre-registering, but no later than 5:00 p.m., Monday, September 7, 2026, and include the name of the person who will be commenting. Do not include health or other confidential information in your comments or handouts. Staff will not read handouts aloud during the meeting, but handouts will be provided to TNAC members and state staff.
2. **Written comments:** Members of the public may provide written public comments by completing a Public Comment Registration form at https://texashhs.org/TNAC_PCRReg_SEP2026. A member of the public who wishes to provide written public comments must email the comments to TNAC@dshs.texas.gov no later than 5:00 p.m., Monday, September 7, 2026. Please include your name and the organization you represent or that you are speaking as a private citizen. Written comments must be emailed to DSHS immediately after pre-registering and include the name of the person who will be commenting. Written comments are limited to two pages (paper size: 8.5" by 11", one side only). Do not include health or other confidential information in your comments. Staff will not read written comments aloud during the meeting, but comments will be provided to TNAC members and state staff.
3. **Oral comments provided in-person at the meeting location:** Members of the public may provide oral public comment during the meeting in person at the meeting location either by pre-registering using the form above or without pre-registering by completing a form at the entrance to the meeting room. Do not include health or other confidential information in your comments.

Note: These procedures may be revised at the discretion of HHSC.

Contact: Questions regarding agenda items, content, or meeting arrangements should be directed to Colby Tiner, TNAC@dshs.texas.gov or 512-695-3846

This meeting is open to the public. No reservations are required, and there is no cost to attend this meeting.

People who want to attend the meeting and require assistive technology or services should contact Tiner, TNAC@dshs.texas.gov or 512-695-3846, at least 72 hours prior to the meeting so that appropriate arrangements may be made.