

Texas Diabetes Council (TDC)

FINAL Meeting Minutes

Thursday, October 10, 2024

1:00 p.m.

Physical Location: Department of State Health Services (DSHS)

Robert D. Moreton Building

Room M100, First Floor

1100 West 49th Street

Austin, Texas 78756

Teams Virtual Meeting

Agenda Item 1: Welcome, logistical announcements, introduction of new members, and call to order

Dr. Ninfa Peña-Purcell, Acting Chair, called the Texas Diabetes Council (TDC) meeting to order at 1:01 p.m.

Ms. Jessica Arevalo, Advisory Committee Coordination Office, Health and Human Services Commission (HHSC) read the logistical announcements and stated the meeting was being conducted in accordance with the Texas Open Meetings Act. Ms. Arevalo conducted the member roll call and announced the presence or absence of quorum.

Table 1: The Texas Diabetes Council member attendance at the October 10, 2024 meeting.

Member name	Attended	Member name	Attended
Mr. Chris Carmona (Chair)	N	Ms. Maryanne Strobel	Y
Mr. Dirrell Jones	Y	Mr. John Trischitti, III	Y
Dr. Gary Francis	N	Dr. Michael Kelly	Y
Ms. Sharon Lemons	Y	Dr. Kelly Fegan-Bohm Non-Voting Member	N
Ms. Aida (Letty) Moreno Brown	N	Dr. Mitchel Abramsky	Y
Dr. Ninfa Peña-Purcell (Vice-Chair)	Y	Ms. Lisa Golden Non-Voting Member	Y
Mr. Jason Ryan	Y	Ms. Amy Chamberlain Non-Voting Member	Y
Dr. Christine Wicke	Y	Ms. Laura Cervantes (Ms. Umme Salama Oan Ali attended in Ms. Cervantes place) Non-Voting Member	Y

Agenda Item 2: Consideration of July 18, 2024, draft meeting minutes

Dr. Ninfa Peña-Purcell, Acting Chair, referred members to the draft minutes emailed by the program liaison and called for any edits. Hearing none, Dr. Peña-Purcell called for a motion to approve the minutes of the July 18, 2024, meeting.

Motion: Mr. Trischitti, III moved to approve the minutes as presented from the July 18, 2024, meeting. Mr. Jason Ryan seconded the motion. Following a roll call vote, the motion passed by a majority vote with 7 yeas (Jones, Lemons, Peña-Purcell, Ryan, Trischitti, Wicke, Kelly), 0 nays, and 4 absent (Carmona, Francis, Moreno-Brown, Strobel).

Agenda Item 3: Presentation: Diabetes Now What Health Campaign- Audrey Garcia and Dr. Michael Kelly, Paso del Norte Health Foundation

Highlights from the presentation:

- Diabetes Now What? is a bi-lingual campaign that rolled out in different phases.
- The campaign is scientifically sound and based on different public health theories.
- Resources include behavioral sheets, videos, recipes, diabetes management resources, and a risk test.
- The initial phase targeted newly diagnosed individuals.
 - There was a soft launch in November 2021 that used TV, digital, and billboard.
- The next phase expanded the campaign to target undiagnosed individuals and focused on self-identifying signs and symptoms. The desired actions were for individuals to take a risk test, seek out a physician, and visit the Now What? website.
 - This phase launched in March 2022.
- The final phase focused on risk factors and targeted individuals with pre-diabetes.
 - Focused on relatives with pre-diabetes, having diabetes while pregnant, and being overweight.
- Campaign included posters (physical and digital), social media, review mirror tags, videos, billboards, fact sheets, and Diabetes Champion Coins. A Diabetes Champions Coin is presented to individuals going out of their way to support diabetes. Recipients have included Alliance members and community organizations.
- Events included
 - Health fairs
 - Buying 30 minutes of time on KTSM, local NBC news affiliate, where the medical committee answered phone calls from the community. As a result, there was an increase of individuals who got a free A1C test at the El Paso Center for Diabetes the following day.
 - Partnering with a local outlet mall and a muralist to bringing awareness to the community about diabetes management.
- *Diabetes Data Brief* was published and included qualitative and quantitative evaluation, the process, and outcomes of the Diabetes Now What? campaign.
- Additional information may be found at <https://www.diabetesnowwhat.org/>.

Agenda Item 4: Presentation: ADA Scientific Symposium Recap-Marlon Pragnell PhD, Vice President of Research and Science, American Diabetes Association, and Marie Frazzitta DNP, FNP-C, PNP, MBA, CDCES, Senior Medical Outcomes Manager, Abbott Diabetes Care

Highlights from the presentations:

- The 84th American Diabetes Association (ADA) Scientific Session was held June 21-24, 2024.
 - All sessions were recorded and are available on the ADA's website.
- This conference brings diabetes experts together to discuss exciting scientific breakthroughs, network, and learn from the world's experts.
 - 4 plenary sessions
 - 223 educational sessions
 - 944 speakers
 - 1941 regular abstracts
 - 379 late breaking abstracts
- Major themes from this year's meeting
 - Obesity and benefits of GLP-1 drugs in OSA, Kidney, CVD
 - Large number of next-generation GLP-1 drugs in R&D policies
 - Benefits of diabetes technology in people with T2D
 - Health disparities
 - AI and use of big data such as EHRs and insurance claim data
- Key takeaways
 - The ADA Standards of care now recommends that all patients with diabetes should be offered diabetes devices.
 - The cost of diabetes continues to rise and be an economic cost burden on the US health care system.
 - Recommend applying culturally specific BMI guidelines to the Asian population.
 - Food insecurity in youth can impact other medical care related issues.
 - Innovative ways to identify diabetes distress, improve patient engagement and follow up care can help improve outcomes.
- The 85th ADA Scientific Sessions will be June 20-23, 2025, in Chicago.

Agenda Item 5: Guidelines for Training School Employees on Diabetes (UDCA)
School Document Julie Ketelsen, Council Liaison, DSHS

- The draft document is currently undergoing review.
- The document will be posted online after TDC members vote on it.

Agenda Item 6: Consideration of Texas Administrative Code, Title 25, Part 9, Chapter 651, §651.1651.5, Rule Amendment Project - Ms. Rachel Wiseman, Chronic Disease Unit Director, DSHS

- During the previous three council meetings, council members voted to review the Texas Administrative Code rules, delegate the rule review process to DSHS staff, and publish the Notices of Adopted and Proposed Rule Reviews in the Texas Registrar.
- As delegated by TDC, DSHS completed the 4yr Rule Review worksheet. Council members voted to approve the 4yr Rule Review worksheet during the July 18 council meeting. For convenience, a copy of the 4yr Rule Review worksheet and a copy of the current rules were sent to council members in advance of today's meeting.
- The agency determined that the original reasons for adopting all rules in the chapter continue to exist and proposes to readopt and make amendments to Chapter 651.
- The language is from 1984.
- During today's council meeting, members will need to put forward a motion to adopt opening a Rule Amendment Project based on the proposed amendments that were adopted during the 4Yr Rule Review.

Motion: Ms. Maryanne Strobel moved to adopt opening a Rule Amendment Project based on the proposed amendments adopted during the 4yr Rule Review. Mr. Dirrell Jones seconded the motion. Following a roll call vote, the motion passed by a majority vote with 8 yeas (Jones, Lemons, Peña-Purcell, Ryan, Strobel, Trischitti, Wicke, Kelly), 0 nays, and 3 absent (Carmona, Francis, Moreno-Brown).

Agenda Item 7: Updates from Workgroups

a. Health Professionals Outcomes Workgroup (HPOW)-Dr. Christine Wicke

- Attendees reviewed the 2023 TDC State Plan and recommendations.
 - Discussed progress made.
 - Goals and objections should be reasonable in the 2025 TDC State Plan.
- The ad-hoc subcommittee is reviewing the TDC webpage and will provide recommendations and sources of evidenced-based resources to DSHS staff.
- Discussed an update to disparities and mental health in diabetes.
- Would like for ADCES to present on their legislative priorities during the January TDC meeting.

b. Advocacy and Outreach Workgroup (AOW)-Mr. Jason Ryan

- There was a great presentation from Houston Health Department on their diabetes prevention program, Diabetes Awareness and Wellness Network (DAWN) program.
 - Been in existence for a little over 10 years.
 - DAWN is offered at four locations in Houston.
 - A calendar of activities is located on the website.
- Briefly discussed ideas for the 2025 TDC State Plan.
- For the 2025 State Plan, AOW attendees agreed the 2025 State Plan should be divided by policy changes, activities the TDC can accomplish, and areas where others can act.

Agenda Item 8: Preparation for drafting the 2025 State Plan-Julie Ketelsen

- Council members will vote on state plan priorities during the January TDC meeting.
- Council members should decide on state plan workgroups during the January meeting.
 - There should be no more than 5 TDC members per state plan workgroup.
- Members will have an opportunity to provide an update on the progress that was made in the 2023 TDC State Plan.
- Recommendations should be kept general and at a higher level than they were in the 2023 TDC State Plan.
- Plain language should be used.
- Document should be a maximum of twenty pages, excluding appendices.

Agenda Item 9: Updates from State Agency Representatives

a. Department of State Health Services- Ms. Rachel Wiseman, Chronic Disease Unit Director

DPCP Staffing Updates:

- Our new Diabetes Program Specialist, Victoria Solis, started on October 1. Welcome, Victoria!
- Currently, the Diabetes Prevention and Control Program (DPCP) has one program level vacancy to fill along with the Manager position.

- Priya Patel's last day with DSHS as the Diabetes Team Lead was September 6. We would like to welcome Camilla Ekker-Runde back to the diabetes team. Camilla recently accepted the job offer and moved into the team lead role.
- Also, Alexandra Alvarenga had her final day with DSHS as the Diabetes Program Specialist on September 13. The position was posted, and interviews are now being scheduled.

DPCP Program Updates:

- The Spanish translations for diabetes educational brochures, "Could You Have Diabetes?" and "Could You Have Prediabetes?" are almost complete and will be available very soon on the DSHS DPCP website, <https://www.dshs.texas.gov/diabetes/diabetes-educational-materials>. Printed Spanish-language brochures are also in the works.

CDC-RFA-DP-23-0020 Grant:

- Contracted activities for CDC Grant Year 2 began on September 1. Monthly meetings are currently being scheduled with contractor partners where activity updates and technical assistance needs will be discussed.

GR Funded Partners

- FY25 work began on September 1 for state-funded partners. Monthly or bi-monthly meetings are currently being scheduled with contractor partners where activity updates and technical assistance needs will be discussed.

TDC State Engagement Call

- The date for the next State Engagement Call is November 7. A presentation from one of our partners on diabetes and mental health is planned.

b. Health and Human Services- Dr. Mitchell Abramsky, Associate Medical Director

- Continuing to review the policy for DSMES.
 - The current policy is very limited as far as pregnancy.
 - Eventually, the draft policy will be posted for public comment for two weeks.
- Still working on the project to increase CGM use among disproportionate populations.
- Medicaid coverage for the diabetes prevention program (DPP) is currently not being discussed because the focus is on updating the DSMES policy.
- There currently is not discussion for there to be Medicaid coverage for the diabetes prevention program (DPP) because the focus is currently on updating the DSMES policy.
 - After the DSMES policy is updated, it is on their radar to focus on Medicaid coverage for DPP.

c. Teacher Retirement System of Texas- Ms. Umme Salama Oan Ali, Sr. Health Engagement Implementation Specialist

- SB 1854 was passed during the last legislative session which allowed TRS to offer optional dental and vision benefits.
- In July, the board of trustees awarded the dental and vision contract to MetLife who will administer these optional benefits for TRS retirees.
 - TRS used an RFP process to select MetLife.
- Specific to MetLife dental health benefits, people with diabetes are afforded four dental cleanings per year.

d. Employees Retirement System of Texas- Ms. Amy Chamberlain, Government

- Buena Vida is a new wellness component ERS rolled out October 1, 2024.
 - WebMD is the administrator of the platform.
 - <https://webmdhealth.com/buenavida/>
 - The purpose of the platform is to connect participants with their health and wellbeing benefits as well as target information and activities towards members' indicated interests.
- The agency is in the beginning stages of rolling out tailored information and welcomes suggestions on how to share information on DPP with someone who has indicated they have an interest in diabetes management.
 - Ideas include linking to local DPP resources and including a risk test on the website.
 - Linking to local DPP resources is something that could potentially be rolled out a later date, but it is not feasible at this time.

e. Texas Workforce Commission- Ms. Lisa Golden, Diabetes Program Specialist

- October is Medication Safety Label Awareness Month for the Blind.
 - There are prescription labels available in large print, braille, and talking prescription labels.
- October is also National Disability Employment Awareness Month.
 - Businesses have asked on how to provide support to person to diabetes and accommodations.
- White Cane Safety Day is October 15.
 - LBJ first proclaimed White Cane Safety Day on October 15, 1964.
 - There are events happening all over the state.

Agenda Item 10: Announcements

- Houston Methodist will host World Diabetes Day across the system on several different dates in November.
 - There will be diabetes vendor booths and diabetes educational booths in the public lobbies at all Houston Methodist locations.

Agenda Item 11: Review of action items and agenda items for next meeting

- A suggestion was made to have a member from ADCES provide an update on their legislative priorities during the January meeting.
- Another suggestion to have presentations that align with priorities that will be in the next state plan.

Agenda Item 12: Upcoming meeting dates

- January 30, 2025
- April 24, 2025
- July 17, 2025

Agenda Item 13: Public comment

- The request to make a public comment was withdrawn.
- There was no public comment.

Agenda Item 14: Adjourn

Dr. Ninfa Peña-Purcell, Acting Chair, thanked council members for attending, and adjourned the meeting 3:35 p.m.

Below is the link to the archived video recording of the Texas Diabetes Council meeting to view and listen for approximately, two years from date meeting is posted in accordance with the HHSC records retention schedule.

<https://texashhsc.v3.swagit.com/videos/317395>