

Ashley

Postpartum Hemorrhage

About a week after having her baby, Ashley experienced symptoms and was rushed to hospital with a postpartum hemorrhage, which put her life at risk. Ashley, with her husband Bryan by her side, recounts the experience of how she knew something wasn't right and how they felt people did not always listen.

They share their story to educate people on the importance of learning the warning signs, advocating when something doesn't feel right and listening to women when they say something doesn't feel right. Women know their bodies best.

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Ashley

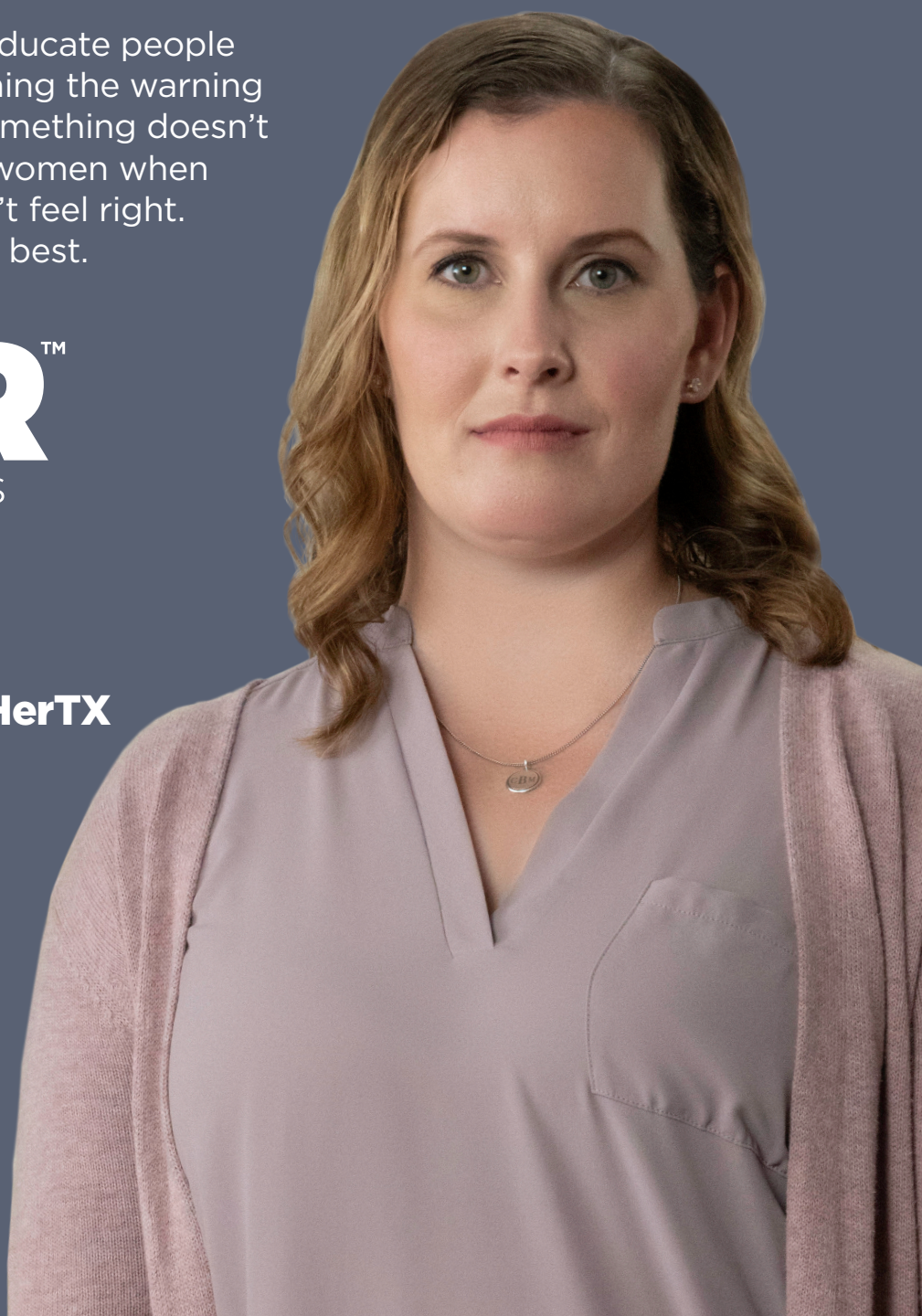
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Brianna

Obstetric Hemorrhage; Peripartum Cardiomyopathy PPCM

After the birth of her child, Brianna experienced massive blood loss due to complications during delivery.

A few weeks later, she developed a persistent cough, had trouble breathing and felt her heart pounding. With the help of her dad, she immediately went to the Emergency Department.

Medical professionals recognized she was experiencing heart palpitations and her oxygen level was low. They saw in Brianna's medical history that her sister had died by cardiac arrest weeks after having a baby. Brianna was suffering from heart failure and was diagnosed with peripartum cardiomyopathy, also known as PPCM. With medication and cardiac rehabilitation, she regained the strength of her heart. Brianna shares her story to empower women to get help if something doesn't feel right.



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Carmen

Hyperemesis Gravidarum (HG)/ Intrahepatic Cholestasis of Pregnancy

During Carmen's first and second pregnancies she experienced symptoms of severe nausea and vomiting that was different than morning sickness, and weight loss. She also developed intense itchiness, including on the palms of her hands and soles of her feet. She continually advocated for herself expressing that something was wrong with her health. Carmen insisted her doctor conduct blood tests, and she was diagnosed with cholestasis of pregnancy.

Carmen shares her story to encourage other women to seek the help of a friend, family member, or healthcare professional, if they feel like something is not right with their body during or after pregnancy.

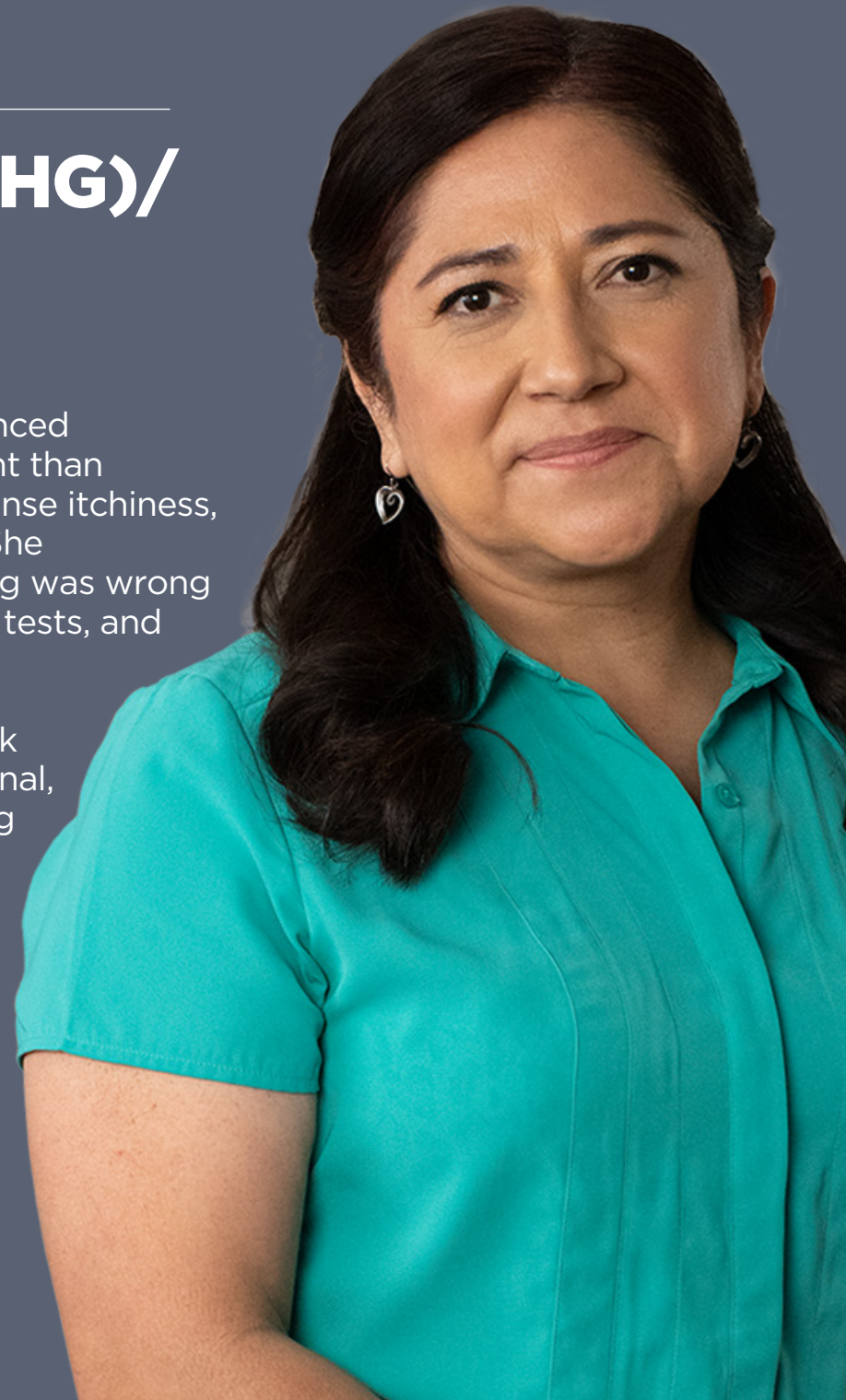
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Lori

Preeclampsia

Lori's story is about a high-risk pregnancy that she and her baby survived because she listened to her body and got the medical care she needed. Lori recounts how she raised concerns when she experienced pain, headaches and high blood pressure. She was on bed rest and in and out of the hospital. At 32 weeks, she knew something was seriously wrong and immediately sought medical care. Lori had preeclampsia and needed an emergency C-section.

Lori is telling her story to encourage each woman to listen to her gut feeling when something doesn't feel right and to ask questions and get help. It could save her life.

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Leila

Post Traumatic Stress Disorder, Postpartum Depression & Anxiety; Preeclampsia

During her first pregnancy, Leila experienced preeclampsia and had a traumatic birth. When she became pregnant for the second time, she suffered with anxiety and Post Traumatic Stress Disorder, and once again suffered from preeclampsia. Leila speaks emotionally and honestly about her postpartum depression symptoms including not bonding with her baby and having feelings of isolation and despair. Thankfully, Leila received help from people who noticed something didn't seem right, listened and encouraged her to get the help she needed.

She shares her story to help others know what to look for and encourage them to say something and seek help.

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