

# Brianna

---

## Obstetric Hemorrhage; Peripartum Cardiomyopathy PPCM

After the birth of her child, Brianna experienced massive blood loss due to complications during delivery.

A few weeks later, she developed a persistent cough, had trouble breathing and felt her heart pounding. With the help of her dad, she immediately went to the Emergency Department.

Medical professionals recognized she was experiencing heart palpitations and her oxygen level was low. They saw in Brianna's medical history that her sister had died by cardiac arrest weeks after having a baby. Brianna was suffering from heart failure and was diagnosed with peripartum cardiomyopathy, also known as PPCM. With medication and cardiac rehabilitation, she regained the strength of her heart. Brianna shares her story to empower women to get help if something doesn't feel right.

**HEAR**<sup>™</sup>  
HEAR HER CONCERNS  
**TEXAS**

Learn more at [dshs.texas.gov/HearHerTX](https://dshs.texas.gov/HearHerTX)



TEXAS  
Health and Human  
Services

Texas Department of State  
Health Services



# Brianna

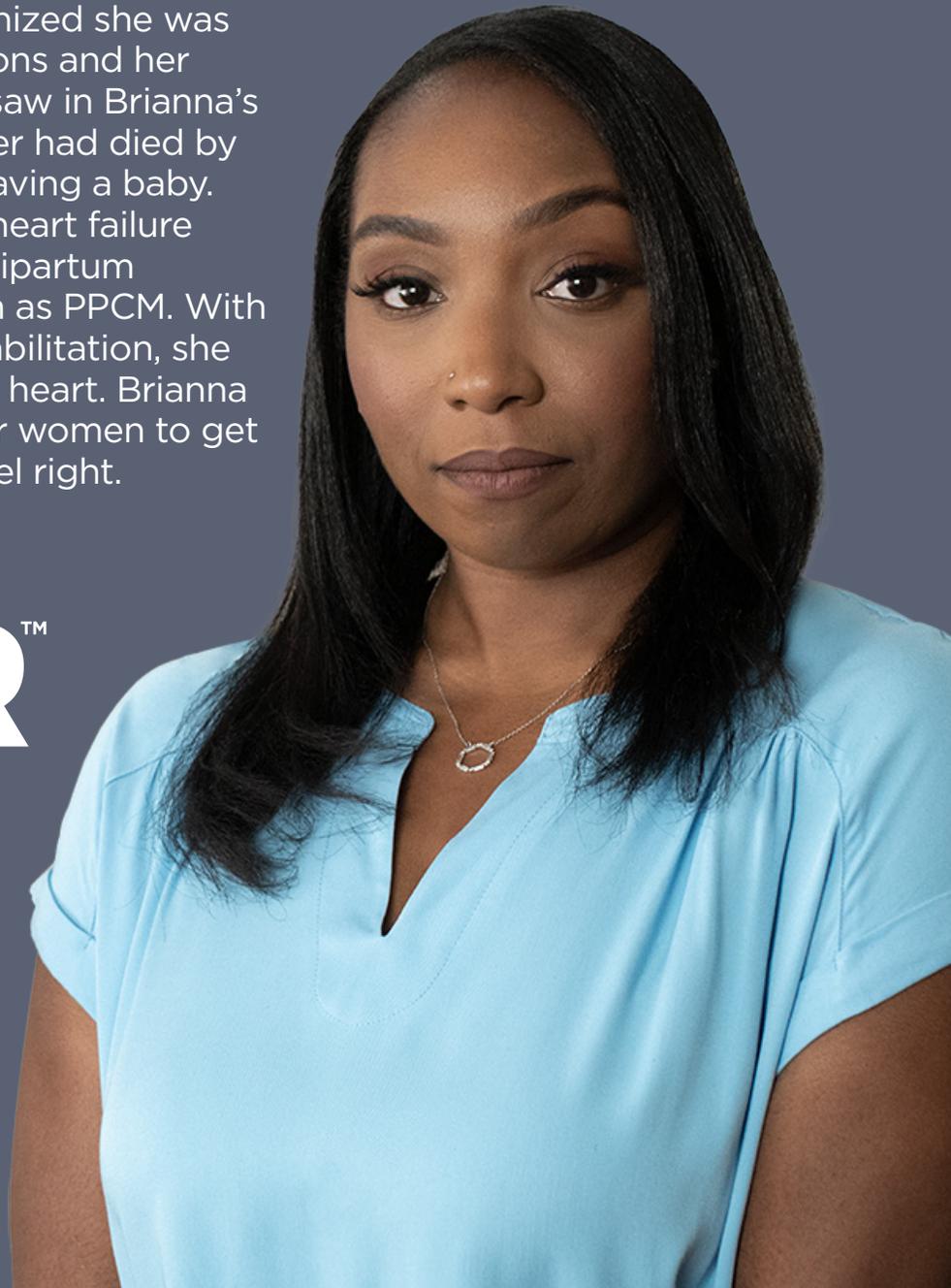
---

## Obstetric Hemorrhage; Peripartum Cardiomyopathy PPCM

After the birth of her child, Brianna experienced massive blood loss due to complications during delivery.

A few weeks later, she developed a persistent cough, had trouble breathing and felt her heart pounding. With the help of her dad, she immediately went to the Emergency Department.

Medical professionals recognized she was experiencing heart palpitations and her oxygen level was low. They saw in Brianna's medical history that her sister had died by cardiac arrest weeks after having a baby. Brianna was suffering from heart failure and was diagnosed with peripartum cardiomyopathy, also known as PPCM. With medication and cardiac rehabilitation, she regained the strength of her heart. Brianna shares her story to empower women to get help if something doesn't feel right.



**HEAR**<sup>™</sup>  
HEAR HER CONCERNS  
**TEXAS**

Learn more at  
[dshs.texas.gov/  
HearHerTX](https://dshs.texas.gov/HearHerTX)



TEXAS  
Health and Human  
Services

Texas Department of State  
Health Services