

Texas Council on Cardiovascular Disease and Stroke (TCCVDS)

Monday, August 11, 2025

1:30p.m.

FINAL

Virtual: Teams Meeting Platform
In Person Meeting Site: Robert D. Moreton Building
Room M-100, First Floor
1100 W. 49th Street
Austin, Texas 78756

Agenda Item 1: Call to order, introductions, roll call, and welcoming remarks

Dr. Kelly Fegan-Bohm, Acting Chair, called the Texas Council on Cardiovascular Disease and Stroke (TCCVDS) meeting to order at 1:32 p.m. Dr. Fegan-Bohm welcomed committee members, agency staff, and the public in attendance.

Ms. Jacqueline Thompson, Advisory Committee Coordination Office, Health and Human Services Commission (HHSC) read the logistical announcements and stated the meeting was being conducted in accordance with the Texas Open Meetings Act. Ms. Jacqueline Thompson conducted the member roll call and announced the presence of quorum.

Table 1: The Texas Council on Cardiovascular Disease and Stroke member attendance at the Monday, August 11, 2025, meeting.

Member name	Attended	Member name	Attended
Dr. Elie Balesh	A	Dr. Alberto Maud	P
Dr. Stanley Duchman	P	Ms. Remmy Morris	P
Ms. Janett Hall-Hewlett	P	vacant	
Ms. Suzanne Hildebrand, Chair	A	Non-Voting Members	
vacant		Ms. Karen Brajcki, TWC	P
Dr. E'Loria Simon-Campbell	P	Ms. Chelsea Couch, HHSC	P
Ms. Lourdes Cuellar	P	Dr. Kelly Fegan-Bohm, DSHS	P
Dr. Oscar Aguilar	A		

Agenda Item 2: Consideration of May 12, 2025, draft meeting minutes

- Dr. Kelly Fegan-Bohm, Acting Chair, referred members to the draft minutes emailed by the program liaison and called for any edits. Hearing none, Dr. Fegan-Bohm called for a motion to approve the minutes of the May 12, 2025, meeting.

Motion: Dr. Duchman made a motion to approve the May 12, 2025, minutes as presented. Ms. Hewlett seconded the motion. Following a roll call vote, the motion passed with 6 yeas (Duchman, Hewlett, Maud, Morris, Cuellar, Simon-Campbell), 0 nays, and 3 absent (Aguilar, Balesh, Hildebrand).

Agenda Item 3: Consideration of officer election procedure and election of vice-chair

- Dr. Alberto Maud was the sole nominee for the vice-chair.
- Dr. Maud accepted the nomination and provided a short description of his qualifications.
- Dr. Maud was declared the vice-chair by acclamation.

Motion: Following a roll call vote, the motion passed with 6 yeas (Duchman, Hewlett, Maud, Morris, Cuellar, Simon-Campbell), 0 nays, and 3 absent (Aguilar, Balesh, Hildebrand).

Agenda Item 4: Consideration of the Proposal Rule Packet for proposed amendments to Texas Administrative Code, Title 25, Part 15, Rule §1051, Conduct of Council Meetings -Ms. Rachel Wiseman, Chronic Disease Unit Director

- During previous council meetings, council members voted to review the rules and open a Rule Amendment Project.
- The next step in the Rule Amendment Project is for members to review and vote on the Proposal Rule Packet or PRP for short. Council members were sent a copy of the PRP in advance of today's meetings.
- The PRP includes the Proposed Rules which highlights the proposed changes to the language in the current rules. The PRP also includes Plain Language Summary, Preamble, Rulemaking Fiscal Impact Form, and the final Rule Notification Form.
- During today's meeting, there are two options. One, members can approve the PRP as presented or two, make recommended changes to the PRP.
- If members adopt the PRP as presented today, DSHS will continue the steps for the Rule Amendment Project which will be for the proposed rules to be published in the Texas Register.
- If members make any recommended changes to the PRP, DSHS will internally review the recommended changes and present the revised PRP during a future council meeting for a second attempt at member adoption.
- If there aren't any recommendations for changes, Ms. Wiseman asked the Council to make a motion to adopt the Proposal Rule Packet as presented today.

Motion: Dr. Maud made a motion to approve the Proposed Rule Packet as presented. Dr. Duchman seconded the motion. Following a roll call vote, the motion passed with 6 yeas (Duchman, Hewlett, Maud, Morris, Cuellar, Simon-Campbell), 0 nays, and 3 absent (Aguilar, Balesh, Hildebrand).

Agenda Item 5: Agency representative reports

A. Department of State Health Services- Dr. Kelly Fegan-Bohm, Medical Director and Ms. Rachel Wiseman, Chronic Disease Unit Director

Texas Department of State Health Services (DSHS) Heart Disease & Stroke Program (Program) Updates

- The Heart Disease and Stroke Program (or HDSP) will publish their next newsletter edition on August 15, 2025. If someone would like DSHS to add their resources in future newsletters or be added to the distribution list, please email cardio@dshs.texas.gov.
- The Program is seeking Federally Qualified Health Centers (or FQHCs) or clinics that are interested in a collaboration to implement or work towards Target BP implementation and building multidisciplinary partnerships. The FQHCs and clinics will need to serve the population of focus in Dallas, Harris, or Jefferson Counties. For more information or if interested, please contact cardio@dshs.texas.gov.

CDC Grants

- The HDSP has received the Notice of Award for Year 3 of the CDC DP23-0004 National Cardiovascular Health Program grant.
- The HDSP is still waiting for their Notice of Award for Year 3 of the CDC DP23-0005 CDC Innovative Cardiovascular Health Program.
- DSHS partners have been hard at work on different grant activities.
 - The DSHS Office of Border Public Health enrolled 84 patients into their Cardiovascular Disease Prevention and Management Program, participated in 18 outreach events, and created a Cardiovascular Disease Prevention and Management Program implementation toolkit.
 - UTHealth East Texas established eight blood pressure cuff lending libraries and enrolled 100 patients into their Hypertension Tracking Program.
 - UTHealth Houston trained clinic staff on evidence-based communication strategies, proper blood pressure measurement, and supported seven clinics in their efforts to implement the Protocol for Responding to and Assessing Patients' Assets, Risks and Experiences screening tool.
 - Port Arthur Health Department conducted 295 community health assessments within the census tracts in Jefferson County and identified 30 individuals to participate in their biweekly self-monitoring blood pressure program which included nutrition and fitness classes. They completed the first cohort of this program, and they are in the process of planning for their second cohort.

Cardiovascular Disease & Stroke Learning Collaborative (LC)

- The Texas CVD Learning Collaborative now has a membership form and an updated web page. The membership form and webpage may be accessed at www.dshs.texas.gov/heart-disease-stroke/tx-cvd-learning-collaborative. The HDSP will be asking all partners to fill out the membership form to give the HDSP a better understanding of the different sectors and regions being represented in their collaborative.
- The next quarterly meeting of the Texas CVD Learning Collaborative will be on November 7, 2025, from 10:00-11:30am.

- Aside from general Learning Collaborative membership, there are also the:
 - Membership Work Group, which supports efforts to recruit new partners for the Collaborative and increase partner engagement. The Membership Work Group recently finalized group expectations and Co-Chair responsibilities.
 - Census Tract Work Group, which provides feedback on grant activities being executed by contractors to serve populations of focus in the selected census tracts. The Census Tract Work Group last met on May 16, 2025, to review and provide feedback on UTHealth Houston's Clinic Needs Assessment Report.
- If you would like to be part of the Collaborative or either of the two work groups, please e-mail HDSP at cardio@dshs.texas.gov

B. HHSC- Ms. Chelsea Couch, Aging Texas Well Coordinator

2026-27 Aging Texas Well (ATW) Strategic Plan

- HHSC will be releasing the 2025-27 ATW Strategic Plan soon. This plan serves as a status update to the 2022-23 ATW Strategic Plan which was a six-year visioning plan. HHSC reached out to all stakeholders to assess progress and how they are tracking toward goals that were outlined in the 2022-23 plan.

No Wrong Door (NWD)

- In partnership with the HHSC Office of Aging and Disability Resource Centers and 2-1-1 Texas Information and Referral Network, HHSC has been awarded a two-year grant from the Administration for Community Living for enhancing Texas' NWD system for efficient access to long-term services and supports. This grant builds on a previous grant and efforts to strengthen the coordination and delivery of long-term services and supports.

Family Caregiving

- HHSC OASC partnered with the University of Texas (UT) School of Business, to have students evaluate the Texas Roadmap to Support Family Caregivers which is currently under development. The UT students completed data analysis of the State Plan on Aging caregiving data from its needs assessment survey as well as Area Agencies on Aging (AAAs) family caregiving activities survey and conducted two focus groups with AAAs. Priorities were identified including 1) enhanced identification of family caregivers, 2) increase perceived value of family caregivers, and 3) strengthen services and supports for family caregivers.

C. Texas Workforce Commission- Ms. Karen Brajcki, Program Specialist – Physical Disabilities

- Ms. Brajcki will be replaced on the Council by someone who focuses on stroke and brain injury.

Agenda Item 6: Liaison reports

a. American Heart/American Stroke Association-Tabled

b. Office of Acquired Brain Injury-Tabled

c. Governor's EMS and Trauma Advisory Council (GETAC)

- i. **GETAC Cardiac Care Committee**-Tabled
- ii. **GETAC Stroke Committee**-Tabled

Agenda Item 7: Plan for 2025 Stroke Survivors and Caregivers Conference- Dr. Alberto Maud, council member

- No updates.

Agenda Item 8: Review of action items and agenda items for next meeting- Ms. Julie Ketelsen, Council Liaison, DSHS

- Megan Moran, DSHS Tobacco, Asthma, and Cancer manager will present on the Quitline during the November meeting.

Agenda Item 9: Discussion of meeting day- Julie Ketelsen, Council Liaison, DSHS

- During the May council meeting, council members indicated Friday was the preferred day for council meetings and they should start at 1:00pm instead of 1:30pm.
- The change in day and time will go into effect in 2026.

Motion: Dr. Duchman made a motion to approve changing the meeting day and time from Mondays at 1:30pm to Fridays at 1:00pm starting in 2026. Dr. Maud seconded the motion. Following a roll call vote, the motion passed with 6 yeas (Duchman, Hewlett, Maud, Morris, Cuellar, Simon-Campbell), 0 nays, and 3 absent (Aguilar, Balesh, Hildebrand).

Agenda Item 10: Upcoming Meeting Dates

- November 17, 2025

Agenda Item 12: Public Comment

No one registered for public comment.

Agenda Item 13: Adjourn

Dr. Fegan-Bohm thanked members for attending, DSHS and HHSC staff, and members of the public who attended. Dr. Fegan-Bohm adjourned the meeting at 2:11 p.m. CST.

Please click on the link to the archived HHSC webcast of the August 11, 2025, Texas Council on Cardiovascular Disease and Stroke meeting that will be available for viewing for approximately two years from the date of the meeting.

<https://texashhsc.v3.swagit.com/videos/352100>