

Texas Council on Cardiovascular Disease and Stroke (TCCVDS)

Monday, August 5, 2024

1:30p.m.

FINAL

Virtual: Teams Meeting Platform
In Person Meeting Site: Robert D. Moreton Building
Room M-100, First Floor
1100 W. 49th Street
Austin, Texas 78756

Agenda Item 1: Call to order, introductions, roll call, and welcoming remarks

Suzanne Hildebrand, Chair, called the Texas Council on Cardiovascular Disease and Stroke (TCCVDS) meeting to order at 1:30 p.m. Ms. Suzanne Hildebrand, Chair, welcomed committee members, agency staff, and the public in attendance.

Ms. Jacqueline Thompson, Advisory Committee Coordination Office, Health and Human Services Commission (HHSC) read the logistical announcements and stated the meeting was being conducted in accordance with the Texas Open Meetings Act. Ms. Jacqueline Thompson conducted the member roll call and announced the presence of quorum.

Table 1: The Texas Council on Cardiovascular Disease and Stroke member attendance at the Monday, August 5, 2024, meeting.

Member name	Attended	Member name	Attended
Dr. Elie Balesh	N	Dr. Alberto Maud	Y
Dr. Stanley Duchman	Y	Ms. Remmy Morris	Y
Ms. Janett Hall-Hewlett	N	vacant	
Ms. Suzanne Hildebrand, Chair	Y	Non-Voting Members	
Dr. Sherron Franks-Meeks	N	Ms. Karen Brajcki, TWC	Y
Dr. E'Loria Simon-Campbell	Y	Ms. Chelsea Couch, HHSC	Y
Ms. Lourdes Cuellar	Y	Dr. Kelly Fegan-Bohm, DSHS	Y
Dr. Oscar Aguilar	Y		

Agenda Item 2: Consideration of May 6, 2024, draft meeting minutes

- Ms. Suzanne Hildebrand, Chair, referred members to the draft minutes emailed by the program liaison and called for any edits. Hearing none, Ms. Hildebrand called for a motion to approve the minutes of the May 6, 2024, meeting.

Motion: Dr. Aguilar made a motion to approve the May 6 minutes as presented. Dr. Duchman seconded the motion. Following a roll call vote, the motion passed by a majority vote with 6 yeas (Duchman, Hildebrand, Aguilar, Morris, Cuellar, Simon-Campbell), 0 nays, and 4 absent (Hall-Hewlett, Maud, Franks-Meeks, Balesh).

Agenda Item 3: Consideration of TCCVDS Bylaws- Rachel Wiseman, Chronic Disease Unit Director

- Council members discussed the bylaws over the course of previous council meetings.
- Council members were sent the final version of the bylaws in advance of today's meeting.
- Council members did not have any comments or questions.
- Ms. Hildebrand, Chair, called for a motion to approve the bylaws.

Motion: Dr. Simon-Campbell made a motion to approve the bylaws as presented. Dr. Duchman and Dr. Aguilar seconded the motion. Following a roll call vote, the motion passed by a majority vote with 6 yeas (Duchman, Hildebrand, Aguilar, Morris, Cuellar, Simon-Campbell), 0 nays, and 4 absent (Hall-Hewlett, Maud, Franks-Meeks, Balesh).

Agenda Item 4: Consideration of Texas Administrative Code, Title 25, Part 15, Chapter 1051- Ms. Rachel Wiseman

- During the previous two council meetings, council members voted to review the Texas Administrative Code rules and delegate the review process to DSHS staff.
- In addition, the Council voted to publish the Notice of Proposed Rule Review in the *Texas Register*.
- Notice of review of this chapter was published in the May 24, 2024, issue of the Texas Register (49 TexReg 3819). DSHS received no comments concerning this chapter.
- DSHS has reviewed Chapter 1051 in accordance with Texas Government Code §2001.039, which requires state agencies to assess, every four years, whether the initial reasons for adopting a rule continue to exist.
- As delegated by the Texas Council on Cardiovascular Disease & Stroke, DSHS completed the 4yr Rule Review spreadsheet, which was sent to council members in advance and is also included in today's handouts, along with a copy of the current rules.
- The agency determined that the original reasons for adopting all rules in the chapter continue to exist and readopts Chapter 1051. Any amendments, if applicable, to Chapter 1051 identified by DSHS in the rule review will be proposed in a future issue of the Texas Register.
- During today's council meeting, members will need to put forward a motion to adopt a Notice of Adopted Rule Review or NARR for short.
- The NARR is the document we post in the Texas Register to let the public know that we've reviewed a rule and are readopting or repealing it. The NARR says that if

amendments are being considered, they will be published in a future issue of the Texas Register.

- The language of the NARR is standard language that only varies based on the outcome of the rule review.
- Now the Council will need to take a vote on whether to adopt the NARR as written. In plain language, the NARR states that there has been no public comment on this chapter and that DSHS plans to readopt the rules with amendments that will be published later.
- Ms. Hildebrand, Chair, requested a motion to adopt the NARR and the completed 4yr Worksheet to move forward with DSHS facilitating the 4yr Rule Review process.

Motion: Dr. Duchman made a motion to adopt the NARR and the completed 4yr Worksheet and move forward with DSHS facilitating the 4yr Rule Review process. Dr. Aguilar seconded the motion. Following a roll call vote, the motion passed by a majority vote with 6 yeas (Duchman, Hildebrand, Aguilar, Morris, Cuellar, Simon-Campbell), 0 nays, and 4 absent (Hall-Hewlett, Maud, Franks-Meeks, Balesh).

Agenda Item 5: Discussion and approval of draft Public Health Strategies for Addressing Heart Disease and Stroke in Texas, 2024-2028-Ms. Rachel Wiseman, Chronic Disease Unit Director

- Several years ago, the Texas Legislature directed the Council to write a state plan with the purpose of outlining mechanisms of reducing the morbidity, mortality, and economic burden of cardiovascular disease and stroke in the state.
- The DSHS Heart Disease and Stroke Program updated the document in 2024.
- Many of the strategies outlined coincide with Healthy People 2030 and the CDC's Guide to Community Preventive Services.
- Council members did not have any comments or questions.
- Ms. Hildebrand, Chair, called for a motion to approve the draft Public Health Strategies for Addressing Heart Disease and Stroke in Texas, 2024-2028.

Motion: Dr. Duchman made a motion to approve the draft Public Health Strategies for Addressing Heart Disease and Stroke in Texas, 2024-2028. Dr. Aguilar seconded the motion. Following a roll call vote, the motion passed by a majority vote with 7 yeas (Duchman, Hildebrand, Maud, Aguilar, Morris, Cuellar, Simon-Campbell), 0 nays, and 3 absent (Hall-Hewlett, Franks-Meeks, Balesh).

Agenda Item 6. Agency Representative Reports

A. Department of State Health Services- Dr. Kelly Fegan-Bohm, Medical Director and Ms. Rachel Wiseman, Chronic Disease Unit Director.

DSHS HDSP Staffing Updates

- The Diabetes and CVD Branch Manager position is currently posted, and we hope to hire soon.

CDC Grants

- HDSP has executed contracts to implement activities to implement both of their federal grants.

- UTHealth East Texas will engage in activities to improve patient outcomes and address non-medical drivers of health. They are adopting an electronic health record policy to track and monitor hypertension measures within priority population. Additionally, they'll be piloting the use of EpicCare Link, developing a team-based care guidance document, and expanding their blood pressure monitoring lending libraries.
- The UT College of Pharmacy will expand their hypertension remote patient monitoring (RPM) program to new pharmacies, creating a bi-directional e-referral system between pharmacies and clinical partners to share blood pressure reading data, and providing technical assistance on Medicare billing using RPM billing codes.
- The City of Port Arthur and City of Houston will be conducting community health assessments (CHA) in selected census tracts to address health related social needs for populations of focus. The CHA findings will create plans for building a coordinated network of multidisciplinary partners, installation of lifestyle change programs within health systems, and implementing clinical support programs for self-measured blood pressure monitoring.
- The University of Texas Medical Branch will engage in activities to use the American Heart Association (AHA)/American Medical Association's Target: BP improvement program's evidence-based Measure, Act, Partner (MAP) approach in selected census tracts to lead to better clinical care outcomes. Additionally, they will be using Community Health Integrated Resource Portal (CHIRP) to increase community health worker engagement to address the needs of populations of focus.
- HDSP is also collaborating with DSHS Office of Border Public Health Region 8 to implement 2304 grant activities. OBPH R8 is expanding their Cardiovascular Disease Prevention & Management Program (CDPMP) to new clinics and patients. They are also developing a community assessment focused on the NMDOH, which will be piloted in selected census tracts. Additionally, OBPH is integrating standardized non-medical drivers of health documentation into existing referral codes.

Heart Disease and Stroke Program (HDSP) Updates

- On July 31, 2024, HDSP trained three facilitators for the Healthy Heart Ambassador (HHA) Blood Pressure Self-Monitoring Program (BPSM). The HHA are trained facilitators to serve adults who have been diagnosed with high blood pressure or are currently taking antihypertensive medication to lower blood pressure. Additionally, they provide education, encouragement, and support to participants, who will measure and track their blood pressure levels at home.
- The HDSP will publish the next edition of the HDSP newsletter later this month. To be added to the distribution list, please email cardio@dshs.texas.gov.

Cardiovascular Disease & Stroke Learning Collaborative (LC)

- The LC Steering Committee developed a milestone and timeline working towards:
 - Creating a charter document to provide guidance to new members.
 - Creating sub-committees, or work groups, for all LC members to exchange ideas and leverage technical and financial resources to support their programs.
 - Creating a membership flyer and communications to send to potential partners within selected census tracts.
- The statewide CVD & Stroke Learning Collaborative met June 28, 2024. Dr. Eva Moya from the University of Texas at El Paso spoke to collaborative members about the impact of non-medical drivers of health on cardiovascular disease & stroke risk. Dr. Moya has over 40 years of experience and has published several peer-reviewed works on health disparities and infectious diseases along the Mexico-US border.

- To participate in future quarterly meetings, please e-mail Heart Disease and Stroke Program at cardio@dshs.texas.gov.

B. HHSC- Ms. Chelsea Couch, Aging Texas Well Coordinator

- Ms. Couch didn't have any updates.

C. Texas Workforce Commission- Ms. Karen Brajcki, Program Specialist – Physical Disabilities

- Ms. Brajcki didn't have any updates.

Agenda Item 7: Liaison Reports

a. American Heart/American Stroke Association coverage update- Mr. Alec Puente, Director of Governmental Relations

AED & CPR Policy

- Goal is to increase the number of Texans ready to use CPR/AED in an emergency.
- Texas has existing state laws requiring CPR training for students between grades 7-12 dating back to 2013.
- Pilot programs beginning in Fort Worth and Corpus Christi to assemble local committees to develop plans to increase bystander response and survival from cardiac arrest and identify appropriate interventions.

Go Red for Women Venture Fund

- Recently launched with the aim to close gender gaps in CVD diagnosis and treatment.
- Cardiovascular disease is the leading cause of death for women yet sees relatively lower levels of study, diagnosis, and treatment than for men.
- New report from AHA and McKinsey estimates 28 billion in economic growth and 1.6 billion years of quality life from accelerated investment in women's health.

Cardiovascular-Kidney-Metabolic Health (CKMH) Initiative

- Four-year initiative to assess gaps in care and identify opportunities for research.
- One in three adults have at least three risk factors for cardiovascular-kidney-metabolic syndrome, related to strong connections between the heart, kidney, and type 2 diabetes and obesity.
- There is no single clinical practice guideline for CKM syndrome and major gaps exist in prevention, screening, management, and treatment.

HeartCorps

- 100 HeartCorps members in 26 states for three years, including Texas.
 - Currently located in the following counties:
 - Lubbock
 - Tom Green
 - Gonzales
 - Nacogdoches

- HeartCorps members will also serve the McCallum, Edinburg, and Mission area.
- Focus:
 - Improve blood pressure control within Rural Health Clinics, FQHCs, health departments, community orgs, etc.
 - Address nutrition security.
 - Reduce tobacco use among youth.

b. Office of Acquired Brain Injury

- There were no updates.

c. Governor's EMS and Trauma Advisory Council (GETAC)

i. GETAC Cardiac Care Committee Dr. David Wampler, Professor of Emergency Health Sciences, UT Health San Antonio

- Looking for opportunities to reduce ED time for patients who are having STEMI.
 - This is for both patients who are arriving by EMS and privately owned vehicle (POV).
- Looking at ways to share data between EMS and the hospitals.
 - By law, EMS providers are required to submit patient care reports to hospitals.
 - Right now, there isn't a good way to get hospital outcome information to EMS providers.
 - The RAC Data Collaborative is the primary mechanism to receive both hospital and EMS data.
- Trying to identify NEMSIS data elements that may be targets for quality and cardiac care so the GETAC Cardiac Care Committee can start developing measures to distribute to Texas EMS agencies to improve on cardiac quality of care.

ii. GETAC Stroke Committee

- Dr. Novakovic-White will provide an update at the November meeting.

Agenda Item 8: 2025 Stroke Survivors and Caregivers Conference

- Conferences have been held in various cities across Texas over the years.
- The purpose of the conferences is to provide education and assistance to the patient, caregiver, and families.
- The conference is not intended to be a training for medical students or nurses.
- Historically, the conference has lasted several hours over the course of one day and lunch has been provided.
- Presenters have included nurses, doctors, therapists, and stroke survivors.
- Conference is marketed to stroke survivors and families through the media, press releases, and releases that are sent to the hospitals, churches, community organizations, and doctors' offices.
- Funding for the conference has been provided by hospital systems and Ms. Hildebrand.
 - Some cities have let the conference organizers use a facility at no cost.
- Council members discussed locations for the 2025 conference.
- Dr. Maud mentioned having the 2025 conference in El Paso.
- Ms. Hildebrand, Chair, requested a motion to schedule a conference in El Paso.

Motion: Dr. Aguilar made a motion to schedule a conference in El Paso. Ms. Morris seconded the motion. Following a roll call vote, the motion passed by a majority vote with 7

yeas (Duchman, Hildebrand, Maud, Aguilar, Morris, Cuellar, Simon-Campbell), 0 nays, and 3 absent (Hall-Hewlett, Franks-Meeks, Balesh).

Agenda Item 9: Review of action items and agenda items for November 4, 2024, meeting

- Discussion of a stroke survivors and caregivers conference will be an agenda topic at the next meeting.
- After the last council meeting, Dr. Aguilar checked on the possibility of including nutrition training in Texas medical schools.
 - There is not an organization that oversees nutrition education in medical schools.
 - Dr. Aguilar indicated it was necessary to reach out to medical schools individually.

Agenda Item 10: Upcoming Meeting Dates

- November 4, 2024
- February 10, 2025
- May 12, 2025

Agenda Item 11: Public Comment

No one registered for public comment.

Agenda Item 12: Adjourn

Ms. Hildebrand thanked members for attending, DSHS and HHSC staff, and members of the public who attended. Ms. Hildebrand adjourned the meeting at 2:40 p.m. CST.

Please click on the link to the archived HHSC webcast of the August 5, 2024, Texas Council on Cardiovascular Disease and Stroke meeting that will be available for viewing for approximately two years from the date of the meeting.

<https://texashhsc.v3.swagit.com/videos/311471>