

Bullying Prevention Toolkit

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Rationale

Bullying threatens the health, safety, and education of students.ⁱ Data from the 2017 Texas High School Youth Risk Behavior Survey indicated 19 percent of high school students in Texas were bullied at school during the previous year; 14 percent were victims of cyber-bullying.ⁱⁱ The Texas School Health Advisory Committee (TSHAC) developed a Bullying Prevention Toolkit to assist district School Health Advisory Councils (SHACs) and schools in identifying resources to assist in their local efforts to prevent bullying. Additional resources on the prevention of, identification of, responses to, and reporting of incidents of bullying and the connection between bullying, cyberbullying, and harassment can be found at the [Texas School Safety Center website](#).

The Bullying Prevention Toolkit was revised and approved by the Texas School Health Advisory Committee (TSHAC) at their September 17, 2018 meeting. For more information about the TSHAC, go to:

Summary of Toolkit Components

In order to assist local education agencies with the requirements of the anti-bullying and suicide prevention and intervention legislation, the TSHAC has compiled the following resources and tools:

1. **Resolution Against Bullying in Texas Public Schools:** A model resolution for local School Health Advisory Councils (SHACs) to consider recommending for adoption by local school boards;
2. **Digest of Bullying Prevention Websites and Resources:** A list of websites and resources that offer curricula, videos, handouts, connection to expert speakers, and other resources that can be used to address bullying and suicidal behavior - many of which are free; and
3. **Bullying Prevention Websites and Resources:** An annotated list describing the content and tools that can be found at each site.
4. **Texas Laws Related to Bullying in Schools & Promoting Safe and Supportive School Climates:** A summary of Texas statutes relating to bullying prevention in schools and creating safe and supportive school climates.

External links to other sites appearing in these documents are intended to be informational and do not represent an endorsement by the Texas Department of State Health Services (DSHS). These sites may also not be accessible to people with disabilities. External email links are

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ⁱ National Academies of Sciences, Engineering, and Medicine. (2016). *Preventing Bullying Through Science, Policy, and Practice*. Washington, DC: The National Academies Press

ⁱⁱ Centers for Disease Control and Prevention. (2017) *Texas, High School Youth Risk Behavior Survey*.