

Youth Tobacco Use

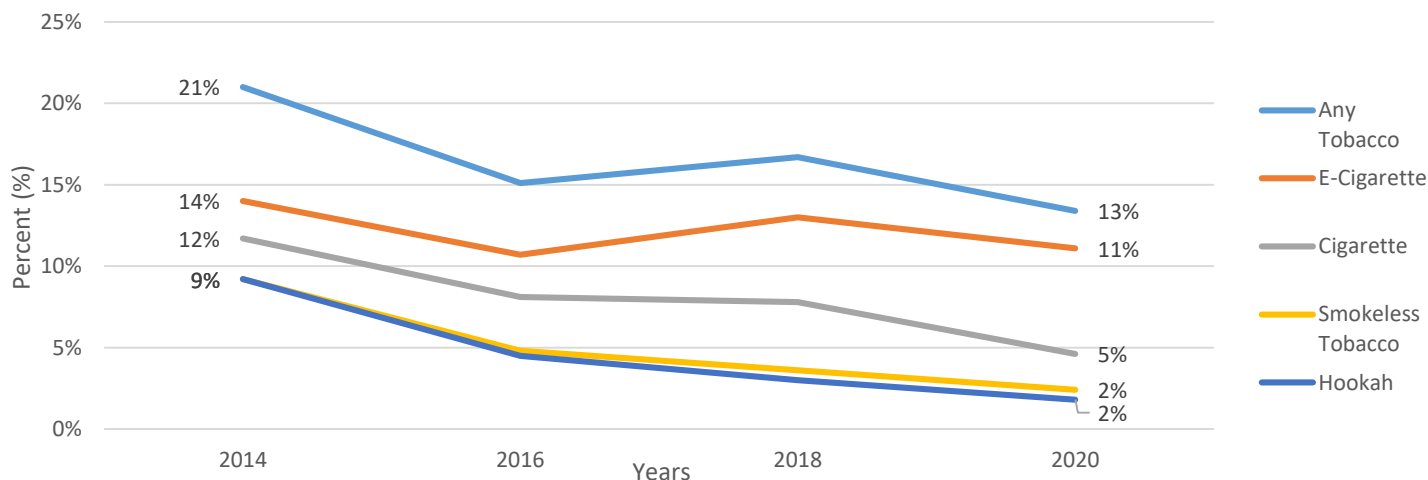
Texas 2020

The Texas Youth Tobacco Survey (YTS) is a school-based survey that collects tobacco-related information from students in grades six through 12. All school districts in the Tobacco Prevention and Control Coalition service areas were invited to participate, as well as a statewide representative sample of 200 Texas public schools. The results help stakeholders better understand the youth they serve and design programs to meet their needs.

Prevalence Rates

Tobacco Use Trends (Past 30 Days)

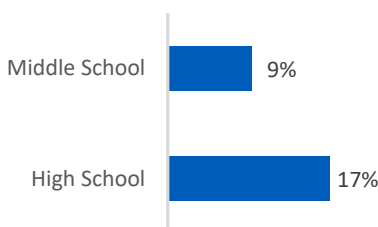
Tobacco use rates among youth are decreasing, from 21% in 2014 to 13% in 2020.



Any Tobacco Use Rates (Past 30 Days)

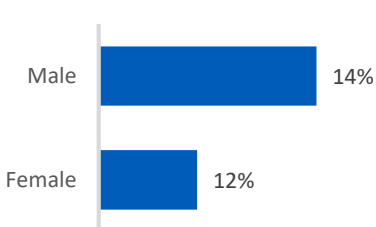
By School Level

Youth tobacco use rates increase with grade level.



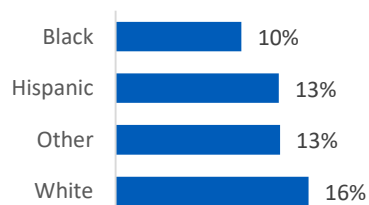
By Sex

Youth tobacco use rates are higher among males compared to females.



By Race/Ethnicity

Youth tobacco use rates are lower in Black youth compared to youth of other race/ethnicities.

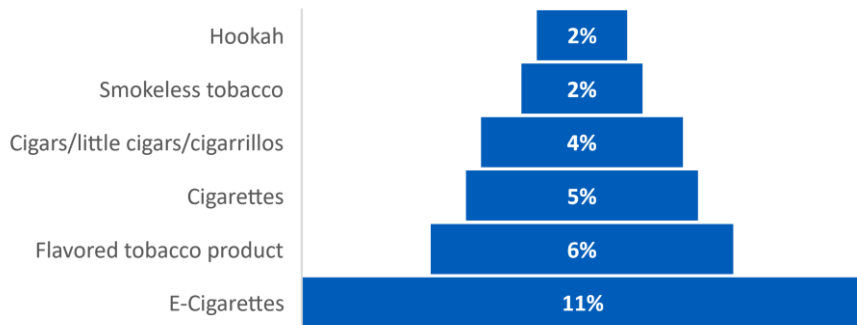


"Youth" refers to students in grades six -12.

"Any tobacco" includes chewing tobacco, snuff, dip, cigars/little cigars/cigarillos, hookahs, water pipes, electronic cigarettes and cigarettes.

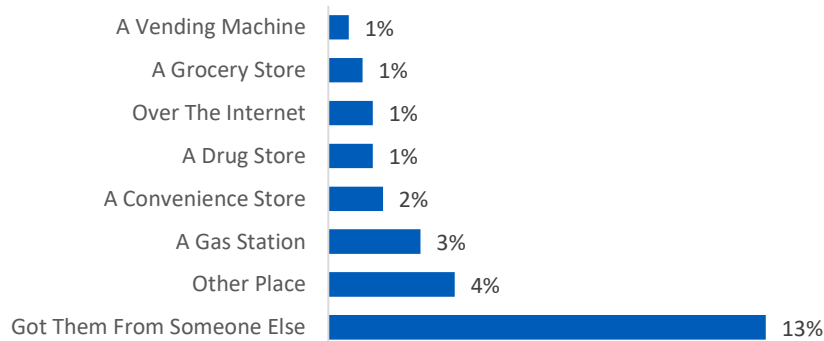
Tobacco Use

11% of youth used E-cigarettes on at least 1 day during the past 30 days.



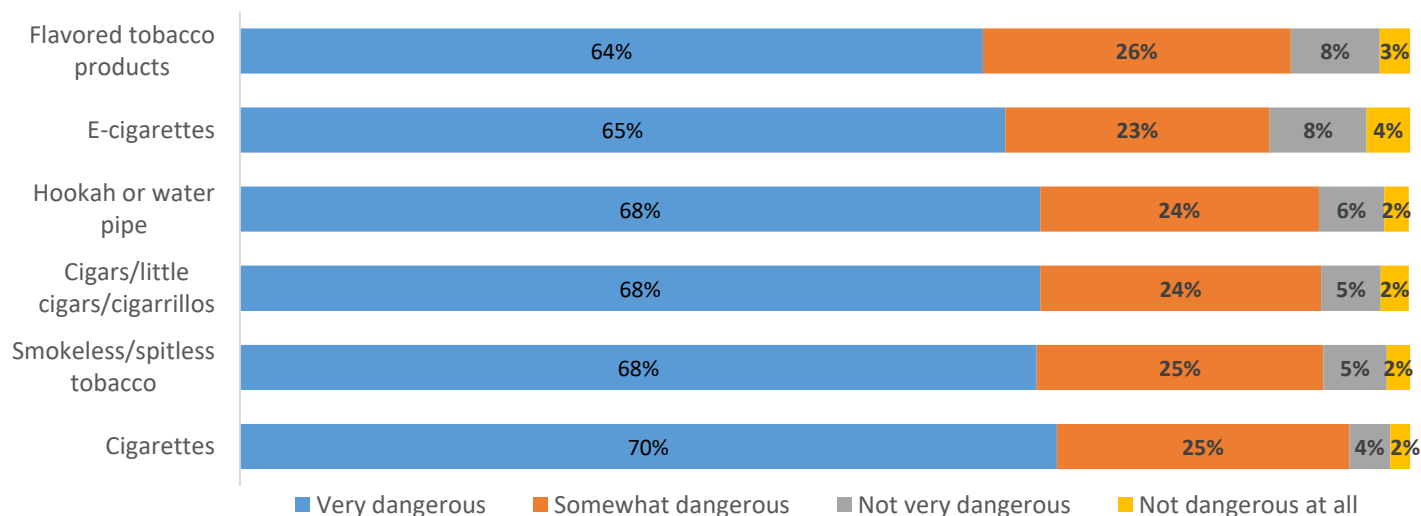
Access to Tobacco Products

In the past 30 days, **13%** of youth who used tobacco did not buy their own product, but got them from someone else.



Risk Perception

Among all tobacco products, youth perceived E-cigarettes to be the least harmful.



Data Source: Texas Youth Tobacco Survey (YTS), 2014-2020, Texas A&M University, College Station, TX

*During 2019-2020 school year, schools across Texas were closed from early March through the rest of the school year due to COVID-19 pandemic. Therefore, many Coalition Districts and State Schools were unable to complete the survey.

Tobacco Prevention and Control

Prevention Education

During the 2019-2020 school year, **64%** of youth said that what they learned in school helped them feel okay with saying “no” to friends who offered tobacco products.

In the past year, **48%** of parents or guardians sometimes, often, or very often discussed the dangers of tobacco use with youth.

In the past year, **33%** of youth talked about the dangers of tobacco with a doctor or with someone in a doctor's office and **22%** in a dentist or with someone in a dentist office.

Secondhand Smoke

In the past week, **26%** of youth were in the same room as a smoker.