

Measles-Mumps-Rubella (MMR) Vaccine Recommendations Summary

AGE/STATUS	RECOMMENDATIONS
UNDER 1 YEAR OLD	- Under routine circumstances, MMR is not recommended for children under 12 months old. - MMR can be given to children as young as 6 months old if they have been exposed, if they are in an outbreak setting, or if they are traveling to a measles-endemic area. Children who receive MMR before their first birthday should receive two additional doses according to the routine schedule.
1-6 YEARS OLD	- The first MMR dose is recommended at 12-15 months of age. - The second MMR dose is recommended at 4-6 years of age. If both doses are needed for catch-up, they should be given at least 28 days apart.
7-19 YEARS OLD	Children who have not received two doses of MMR should get the vaccine. If both doses are needed for catch-up, they should be given at least 28 days apart.
ADULTS	- Adults who have not had two doses of MMR and have not had measles should get the vaccine if they meet any of the following criteria: - Born after 1957 - Attend school beyond high school (e.g. college, trade school) - Work or volunteer in a healthcare facility of any type - Travel internationally, including on cruise ships - Women of childbearing age (and not currently pregnant)
PREGNANT WOMEN	Pregnant women should not receive the MMR vaccine.
PEOPLE EXPOSED TO MEASLES	- People exposed to measles should receive MMR within 72 hours of exposure if they are: - Not fully vaccinated or had measles, and - Born after 1957, and - Over six months of age, and - Not pregnant, and - Not immunocompromised



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