



# Mpox in Texas

## How is the Texas Department of State Health Services (DSHS) responding?

DSHS and its regional offices across Texas are carefully monitoring the current mpox outbreak and supporting public health in identifying, treating, and preventing cases.



### DSHS and its regional offices are:

- Tracking case data statewide and in local communities.
- Allocating mpox vaccines to local health departments throughout Texas.
- Supporting local health departments in mpox identification, treatment, and prevention.
- Providing public information about mpox cases, vaccination, treatment, prevention, and more.

## What should I know about mpox in Texas?

- Mpox most often spreads through direct, close contact or direct contact with bodily fluids like saliva.
- Mpox starts with symptoms like fever, headache, muscle aches, chills, or exhaustion. Soon after, a rash appears that can look like pimples or blisters.
- Currently, men who have sex with men are most at risk for getting and spreading mpox. Anyone can get or spread mpox.
- If you have mpox symptoms, contact a health care provider and avoid direct, close contact that can spread the disease.

## How is mpox different than COVID-19?

- The mpox virus, which usually spreads through direct, close contact, does not spread nearly as quickly as COVID-19 nor cause severe illness like COVID-19.
- Mpox vaccines and treatment are available at the beginning of the outbreak.



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