

Rabies in Animals, Texas - 2018

Prepared by Zoonosis Control

Rabies is a viral zoonosis affecting the central nervous system of warmblooded animals. Transmission occurs when saliva containing rabies virus is introduced into an opening in the skin, usually via the bite (or possibly scratch) of a rabid animal. Though rare, transmission can also occur through contamination of mucous membranes. Animals considered to be high risk for transmitting rabies in Texas include bats, skunks, foxes, coyotes, and raccoons. Bats and skunks are the primary reservoirs for specific rabies virus variants (types) in Texas. Rabies infection in a species other than the reservoir species for the variant is considered "spillover." An example of spillover would be a cat infected with a skunk variant of rabies virus.

In 2018, 694 (6%) of 11,562 animal specimens in Texas that were tested (this report refers only to specimens confirmed as positive or negative) were positive for rabies. This was a 2% increase in cases from the 679 cases confirmed in 2017. In 2018, there were 60 positive rabies cases per 1,000 specimens tested, which was down from 63 positive rabies cases per 1,000 specimens tested in 2017. Yearly totals for 1994 through 2018 are illustrated in Figure 1.

During 2018, the highest monthly number of laboratory-confirmed rabies cases (104) occurred in April with bats (52) being the predominant rabid species reported; August had the second highest number of cases (100) with bats (80) being the predominant rabid species. For 2017, September had the highest number of reported cases (87, including 70 bats), and August again had the second highest number (81, including 60 bats). Cases of rabies were confirmed in 109 of the 254 Texas counties (Figure 2) compared with 118 counties with reported cases in 2017. Travis County had the highest number of reported rabies cases per county statewide with 115 cases (all of which were bats) in 2018; Hays County had the second highest number of cases with 61 (60 of which were bats). In 2017, Travis County also had the highest number of reported cases (109, including 107 bats), but Williamson County had the second highest (86, including 78 bats).

Rabid wildlife accounted for 658 (95%) of the confirmed cases throughout the state in 2018; in 2017, rabid wildlife accounted for 637 (94%) of the confirmed cases (Table 1). Bats were the primary source of positive cases reported in 2018 (61% of all positive cases). During 2018, 421 bats were positive for rabies compared with 396 (58% of all positive cases) in 2017. Of

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all bats tested for rabies, 14% were positive in 2018 and 15% were positive in 2017. Rabies in bats is enzootic (endemic in animals) in Texas; there are numerous bat variants of rabies virus throughout the state. In 2018, there were two identified cases in which there was spillover of a bat rabies virus variant to a terrestrial animal (one cat and one fox).

During 2018, skunks had the second highest number of confirmed rabies cases with 188 (27% of all positive cases) compared with 210 (31% of all positive cases) in 2017. Of all skunks tested for rabies, 31% were positive in 2018 and 35% were positive in 2017. South-central skunk (SCS) remains an established variant of terrestrial rabies virus in Texas. Rabies cases in 2018 in which the SCS rabies virus variant could be confirmed included 182 skunks, 28 raccoons, 14 dogs, 13 cats, 13 foxes, 3 equines, 2 bovines, 2 goats, 2 opossums, 1 bobcat, and 1 coyote.

Rabid domestic animals continue to be a concern because they are more likely to have contact with humans than are rabid wildlife. In 2018, there were 36 reported rabies cases in domestic animals (5% of all positive cases); of these rabies cases, 15 were dogs and 14 were cats (Table 2). In 2017, there were 42 reported rabies cases in domestic animals (6% of all positive cases); of these rabies rabies cases, 20 were cats and 12 were dogs.

Oral Rabies Vaccination Program

A canine rabies epizootic (an epidemic in animals) began in 1988 and ultimately involved 21 counties in South Texas. Statewide there were no reported cases with the domestic dog/coyote (DDC) variant of the rabies virus in 2018. The last reported case with the DDC rabies virus variant was in March 2004.

Similarly, a Texas gray fox rabies epizootic began in 1988, but it eventually involved 53 counties in West-Central Texas. Statewide there were no reported cases with the Texas fox (TF) variant of the rabies virus in 2018. The last reported case with the TF rabies virus variant was in a bovine in May 2013; previous to this case, the last reported case was in May 2009.

To control the canine and gray fox rabies epizootics, the Department of State Health Services initiated the Oral Rabies Vaccination Program (ORVP) for coyotes in South Texas in February 1995 and for gray foxes in West-Central Texas in January 1996. The goals of the ORVP were to create zones of vaccinated coyotes and gray foxes across the epizootic areas or, at a minimum, along the leading edges of the areas where these rabies variants were detected in order to halt the geographic spread of those variants and eventually eliminate the epizootics. Immunization was accomplished by

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aerial distribution of edible baits containing oral rabies vaccine. The programs have continued annually and are now combined into a maintenance zone along the border with Mexico targeting reservoir species for the DDC and TF variants of the rabies virus, specifically coyotes and gray foxes, respectively. With the elimination of the DDC and TF variants from Texas, the ORVP now serves as an ongoing barrier to prevent reintroduction from Mexico.

Figure 1. Positive Animal Rabies Cases: Texas 1994 - 2018

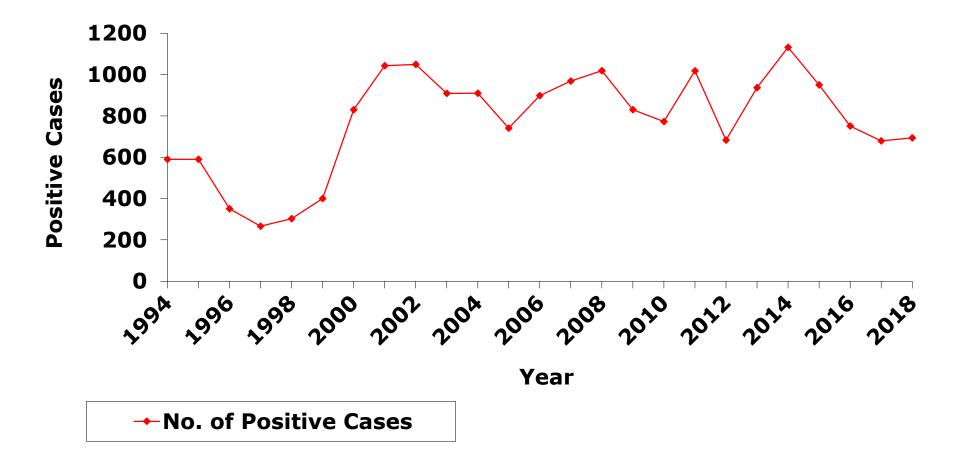
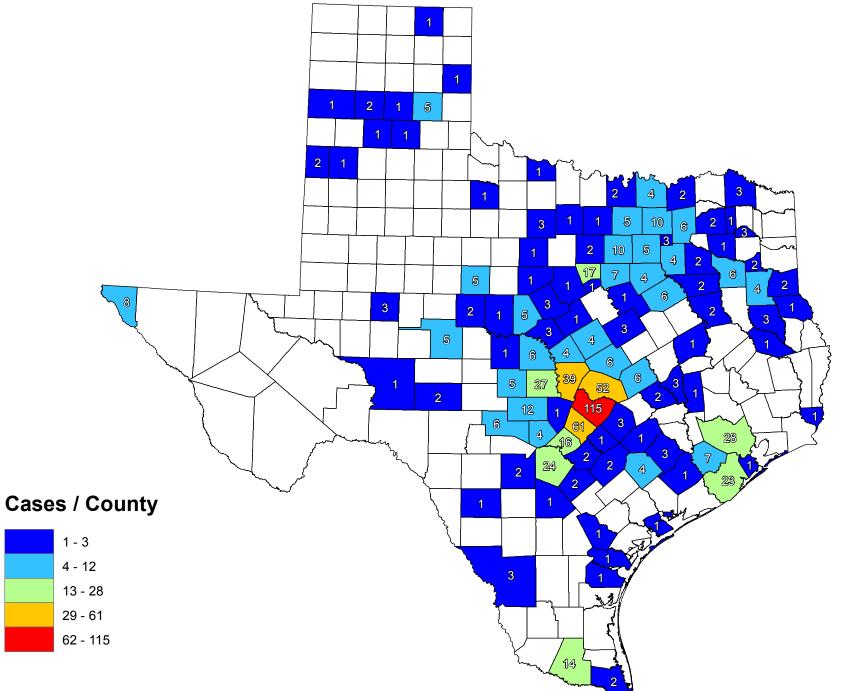


Figure 2. Confirmed Cases of Animal Rabies (all species) by County, 2018



Species	2017	2018	
Bats	396	421	
Bobcats	1	1	
Coyotes	1	1	
Foxes	12	15	
Opossums	0	2	
Raccoons	17	30	
Skunks	210	188	
Total	637	658	

Table 1. Confirmed Cases of Rabies in Wild Animal Species:Texas 2017 and 2018

Species	2017	2018	
Bovines	8	2	
Cats	20	14	
Dogs	12	15	
Equines	2	3	
Goats	0	2	
Total	42	36	

Table 2. Confirmed Cases of Rabies in Domestic Animal Species:Texas 2017 and 2018