

Healthcare Provider Resources for Pre-Exposure Prophylaxis (PrEP): The Texas Department of State Health Services (DSHS) encourages healthcare providers throughout Texas to learn more about Pre-Exposure Prophylaxis (PrEP) for HIV and consider prescribing it for patients who are at elevated risk of acquiring HIV. This document contains a list of resources for healthcare providers regarding PrEP.

TITLE	DESCRIPTION
Texas DSHS Position Statement on PrEP (2019)	DSHS, along with the U.S. Public Health Service (USPSTF) and the U.S. Centers for Disease Control and Prevention (CDC), recommends PrEP as a tool to prevent HIV acquisition for HIV-negative persons.
USPSTF GRADE A Recommendation: Prevention of Acquisition of HIV: Preexposure Prophylaxis (2023)	The USPSTF Grade A Recommendation supports findings that PrEP is highly effective in decreasing the risk of HIV acquisition in persons who are HIV negative, either via sexual activity or through injection drug use, and agrees that adherence to PrEP is highly correlated with its efficacy in preventing the acquisition of HIV infection by nearly 99 percent.
Clinical Practice Guidelines (CDC) Clinical Practice Guidelines for Pre-Exposure Prophylaxis, 2021 Clinical Recommendation for the Use of Injectable Lenacapavir as HIV Preexposure Prophylaxis, 2025 Provider Supplement for Pre-Exposure Prophylaxis, 2021 CDC Recommendations for Antiretroviral Postexposure Prophylaxis, 2025	These CDC resources provide comprehensive, evidence-based guidelines for the identification and clinical management of patients who are candidates for PrEP. The supplement includes revisions and updates, providing resources such as patient information sheets, counseling information, and quality measures.
National Alliance of State and Territorial AIDS Directors (NASTAD): PrEP, PEP, and other HIV Prevention Strategies: A Billing and Coding Guide, 2023 No Cost-Sharing Brief, 2021	These resources help health departments and medical providers navigate billing and reimbursement for HIV prevention services. The guide describes procedure and diagnosis codes that public and private insurance accept, along with specific requirements for some Current Procedural Terminology (CPT®) billing codes.
Dear Colleague Letters: CDC Division of HIV/AIDS Prevention, 2023 Health Resources and Services Administration (HRSA), 2021 American Medical Association (AMA), 2019	- Letter from the CDC informing providers of changes to PrEP clinical guidelines and reaffirming the goal of reducing HIV acquisition by prescribing PrEP. - Letter from HRSA outlining support and recommendations for Ryan White HIV/AIDS Program grantees and clinicians to leverage existing infrastructure to make PrEP and related services available to individuals at elevated risk of HIV. - Policies adopted by the AMA supporting plans to end the HIV epidemic through the diagnosis of individuals, treating HIV infection to achieve viral suppression, and preventing the acquisition of HIV through PrEP
HIV Nexus: CDC Clinician Resources: CDC HIV Prevention Materials for Clinicians	This website provides resources, training opportunities, and overviews of guidelines for clinicians involved in HIV screening, prevention, and care. The website contains a resource kit that includes informational materials for clinicians and patients.
Literature Review: Riddell, J., 4th, Amico, K. R., & Mayer, K. H. (2018). HIV Preexposure Prophylaxis: A Review . JAMA, 319(12), 1261–1268. Last Accessed November 26, 2025.	Riddell et al. review of the evidence that supports PrEP as an effective and safe therapy for preventing HIV transmission; outlines recommendations for providers to obtain sexual and drug use history as indicators to offer PrEP to individuals at elevated risk of HIV.

See the [Statewide PrEP Directory](#) to find PrEP providers near you. For more information or resources, please contact hivstd@dshs.texas.gov.



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