

Spousal Notification

Texas Department of State Health Services HIV/STD Section

Summary

The [Ryan White CARE Act Amendments of 1996](#) require all states to make a good faith effort to notify a spouse of a known HIV-infected patient that he or she may have been exposed to HIV and should seek counseling and testing. Failure to fulfill this requirement will jeopardize Ryan White CARE Act grant funds for the State of Texas.

The Texas Department of State Health Services provides information on spousal notification requirements and procedures to all individuals reporting cases of HIV infection and AIDS. The procedures require that a person diagnosed with HIV infection or AIDS be (a) asked if they have, or have had, a spouse (as defined below) and (b) informed that he or she should notify their spouse or former spouse(s) of the potential exposure to HIV. The procedures will outline what services are available for reporting individuals who request assistance with the notification process.

Definition of Spouse

The Ryan White CARE Act Amendments of 1996 define spouse as “any individual who is the marriage partner of an HIV-infected patient, or who has been the marriage partner of that patient at any time within the 10-year period prior to the diagnosis of HIV infection.”

Centers for Disease Control and Prevention (CDC) policy is to treat same-sex marriages on the same terms as opposite-sex marriages for the purposes of spousal notification. Any reference in the CDC’s [2008 Partner Services Guidelines](#) and the [Partner Services Providers Quick Guide](#) to “spouse,” “couple,” or “marriage” now includes individuals of the same sex who are legally married under the law of a state, territory or foreign jurisdiction, as long as a U.S. jurisdiction would also recognize the marriage.

In addition, all Guideline and Tool references to “family” or “family member” now include both those individuals described in the previous sentence as well as the dependents of those individuals’ marriages. This applies regardless of whether the couple now lives in a jurisdiction that recognizes same-sex marriage or a jurisdiction that does not recognize same-sex marriage.

If two persons consider themselves married and represent themselves as such, they should be considered married for spousal notification purposes.



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Spousal Elicitation

When discussing partners in a counseling session, every HIV-infected patient must be asked questions such as:

- “Who have you been married to in the last 10 years?”
- “How many people have you considered yourself married to since _____ (10 years before testing HIV positive)?”
- “What has your marital status been during the past 10 years?”

All spousal elicitation efforts should be documented in case management notes.

Spousal Notification

Providers must make reasonable efforts to determine if each person diagnosed with HIV intends to notify their spouse and former spouse(s) of the possible exposure to HIV or agrees to have a qualified health department disease intervention specialist (DIS) notify them.

Culturally competent partner notification services are available through local and regional STD control programs at health departments around the state. Health departments will reveal no information leading to the identity of the person living with HIV to the spouse by the DIS making the notification.

If the HIV-infected person indicates their intent to notify the spouse, providers should make culturally competent counseling and educational services on the following issues available:

- How to make the notification
- How to preserve the confidentiality of both the person diagnosed with HIV and the spouse
- How HIV transmission and infection can be prevented
- How the spouse may access counseling, testing, other prevention services, and treatment

Providers must implement reasonable procedures to ensure that notified spouses receive referrals for HIV counseling, testing, other prevention services, and treatment.

NOTE: Combinations of the two notification methods are acceptable. For example, a person may decide to inform their current spouse and choose health department notification for the former spouse(s), especially if the former spouse(s) live out of town.

RESOURCES

- For HIV/STD testing locations in Texas, call: 2-1-1
- For other HIV/STD questions, call:
 - **800-CDC-INFO** (English/Español)
 - **888-232-6348 (TTY)**

For more information, go to:
dshs.texas.gov/hivstd/

DSHS HIV/STD Section

737-255-4300

dshs.texas.gov/hivstd/

DSHS Stock 13 -11912
(Rev. 5/2025)

Legislation Referenced

*Ryan White CARE Reauthorization Act
(Public Law 104-146), Section 8(a)*



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