

# ECI Library Matters

## **Parents and Their Children Affected by Opioids, Alcohol, and Other Drugs (updated)**

This issue features updated library resources on parents and their children affected by opioids, alcohol, and other drugs. Abstracts of journal articles on this ECI topic are also included. For a complete listing of library titles, go to the online library catalog at [www.texashealthlibrary.com](http://www.texashealthlibrary.com).

Library materials may be borrowed upon request. Electronic library materials may be accessed on any device with internet access. Please email any ECI library requests or questions to [avlibrary@dshs.texas.gov](mailto:avlibrary@dshs.texas.gov).

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## Selected Journal Abstracts

### **Study protocol for a randomized controlled trial of the Parent–Child Assistance Program: A case management and home visiting program for people using substances during pregnancy.**

Maier, E.J., Stoner, S.A., Gerlinger, J., Ferraro, A.C., & Lepper-Pappan, H. (2024, April 16). *Trials*, 25(1). <https://doi.org/10.1186/s13063-024-08098-6>

**Background:** Perinatal substance use can have significant adverse effects on maternal and child health and family stability. Few interventions are specifically designed to address this significant public health problem. The Parent–Child Assistance Program (PCAP) is a 3-year case management and home-visiting intervention that seeks to help birthing persons with at-risk substance use during pregnancy to achieve and maintain substance use disorder recovery and avoid exposing future children to substances prenatally. At-risk refers to a level of substance use that creates problems in the individuals’ lives or puts them or their children at risk of harm either prenatally or postnatally. Although the program has consistently shown substantial pre- to post-intervention improvements in its participants, PCAP remains to be tested with a rigorous randomized controlled trial (RCT). This study protocol describes a randomized controlled trial that aims to examine the effectiveness of the intervention compared to services as usual in affecting primary outcomes related to substance use and family planning. Secondary outcomes will concern connection to recovery support services and family preservation.

**Methods:** Using an intent-to-treat design, the study will recruit from two metro areas in Oklahoma and enroll 200 birthing individuals who are pregnant or up to 24 months postpartum with at-risk substance use during their current or most recent pregnancy. Participants will be randomly assigned, stratified by location, to receive either PCAP or services as usual for 3 years. Participants in the PCAP condition will meet with their case manager approximately biweekly over the course of the intervention period, in their local communities or in their own homes whenever possible. Case managers will assist with goal setting and provide practical assistance in support of participants’ goals. Primary and secondary outcomes will be assessed at baseline and 12, 24, and 36 months post-baseline using the Addiction Severity Index interview and a self-administered survey.

**Discussion:** Results from this trial will help to gauge the effectiveness of PCAP in improving parent and child well-being. Results will be reviewed by federal clearinghouses on home-visiting and foster care prevention to determine the strength of evidence of effectiveness with implications for federal financing of this program model at the state level.

## **Supporting positive parenting among pregnant people in recovery from opioid use disorder: Introducing family check-up–prenatal.**

Guyon-Harris, K.L., Krans, E.E., Gill, A., Karnosh, C., & Shaw, D.S. (2024, August 8). *Infant Mental Health Journal*, 45(5), 579-587.

<https://doi.org/10.1002/imhj.22132>

Opioid use disorder (OUD) among pregnant people has increased dramatically during the opioid epidemic, affecting a significant number of families with young children. Parents with OUD commonly face significant challenges as they are often balancing the stress of caring for young children with maintaining recovery and co-occurring psychosocial challenges (e.g., mental health, low social support). Toward designing interventions to address parenting needs among parents with OUD, we conducted a mixed-methods study to understand the acceptability of receiving parenting support prenatally among pregnant people with OUD residing in the United States. Semi-structured interviews were conducted among 18 pregnant and early postpartum people recruited from a substance use treatment program specializing in the care of pregnant and parenting populations. Among all participants, a prenatal parenting program that comprehensively addresses recovery, parenting, and wellbeing was found to be widely acceptable. Regarding content most desirable within a parenting intervention, participants indicated an interest in breastfeeding, caring for newborns with in-utero opioid exposure, parent-infant bonding, infant soothing techniques, their own wellbeing/mental health, and parenting skills. We introduce a prenatal adaptation of the well-established Family Check-up parenting intervention as a novel, prenatal intervention to prevent negative outcomes for caregivers in recovery and their children.

## **Selected Journal Table of Contents**

**Infants Mental Health Journal.** Volume 46, Issue 2; March 2025

Co-creating a conceptual model of Indigenous relational wellbeing in early childhood: Planting seeds of connectedness. p. 115-132. Wesner, C.A., Him, D.A., Ullrich, J.S., Martin, L., Denmark, N., Russette, H., Lee, K., Sarche, M., Asdigian, N.L., Barnes-Najor, J., Whitesell, N.R., & Tribal Early Childhood Research Center Early Relational Wellbeing Community of Learning.

Parental mentalization across cultures: Mind-mindedness and parental reflective functioning in British and South Korean mothers. p. 133-147. Lee, Y., Meins, E., & Larkin, F.

Do parents agree about their infant's socioemotional adjustment?  
p. 148-159. Egmoose, I., Krogh, M.T., Madsen, E.B., & Væver, M.S.

Impact of strength-based video-feedback intervention on maternal sensitivity in mother–infant dyads with maternal depressive symptoms.  
p. 160-180. Olhaberry, M., Morán-Kneer, J., Sieverson, C., Costa-Cordella, S., Muzard, A., Honorato, C., León, M.J., & Leyton, F.

The development of the Promoting First Relationships home visiting program and caregivers' comments about their experiences across four RCT studies.  
p. 181-198. Oxford, M., Abrahamson-Richards, T., O'Leary, R., Booth-LaForce, C., Spieker, S., Lohr, M.J., Rees, J., & Kelly, J.

Transaction of parental cognition, stress and depressive symptoms, and infant regulatory challenges. p. 199-214. Bohne, A., Høifødt, R.S., Nordahl, D., Moe, V., Landsem, I.P., Vannebo, U.T., Holstad, S.L., Wang, C.E.A., & Pfuhl, G.

The undertold story: A leadership program to expand recognition of the importance of early childhood experiences. p. 215-227. Hinshaw, S., Finelli, J., Usry, L., Knable, C., Nagle, G. & Zeanah, C.H.

Impacts of COVID-19 on early childhood mental health. p. 228-244.  
Marsolek, M. & Dowell, K.

### **Young Exceptional Children.** Volume 28, Issue 1; March 2025

Introduction to the special issue. p. 3-5. An, Z.G. & O'Grady, C.

Imagining a just beginning. p. 6-18. Morris, P. & Brown, M.R.

The ECTA inclusion indicators as a catalyst for systemic change. p. 19-30.  
Rausch, A., Villines, M., Soto-Boykin, X., & Joseph, J.

Latine voices to inform early intervention practice: Espero que nos escuchen.  
p. 31-43. Larson, A.L., Castillo, A., Hall-Lande, J., & Zhagui, M.

When inclusion is not enough: Fostering a culture of belonging in early childhood. p. 44-55. Locchetta, B.M., Taylor, A.L., & Joseph, J.

Inclusive practices inspired by Aotearoa New Zealand's Te Whāriki framework. p. 56-68. Hall, L.J., Purdue, K., Henare, B., PGCertLeadership (ECE), Leonard, S., & Hall, E.

DEC at the Intersection. p. 69. Catherine, E., Alexander, B., & Iruka, I.U.

## **New Audiovisuals**

### **Gestational issues that affect the fetus.**

[Streaming](#) or DVD. 26 min. 2018. (DV1484)

There are many complications that may occur during pregnancy and these may have adverse effects on the developing fetus. This program examines a number of these gestational issues including hyperemesis gravidarum, Rh negative disease, diabetes, pregnancy induced hypertension, a range of infections, and uterine complications. Maternal lifestyle issues are also addressed including the impact of recreational drugs, tobacco, and physical trauma. Finally, the program emphasizes the role ultrasound and other prenatal tests play in identifying congenital anomalies.

### **Resilience: The biology of stress and the science of hope.**

DVD. 60 min. 2016. (DV1395)

This documentary delves into the science of adverse childhood experiences (ACEs) and the birth of a movement to treat and prevent toxic stress. Now understood to be one of the leading causes of everything from heart disease and cancer to substance abuse and depression, extremely stressful experiences in childhood can alter brain development and have lifelong effects on health and behavior. However, as experts and practitioners are proving, what's predictable is preventable.

## **New Books**

### **Layla's life, my words: An insight into the world of a child with Foetal Alcohol Spectrum Disorder (FASD).**

Shushma Jain, 2021. (WQ 211 J25 2021 ECI)

Fetal alcohol spectrum disorder (FASD) is on the increase and can be 'hidden'. All educators need to be aware of the syndrome and how it affects children. We then need to understand how to work effectively with children with FASD to ensure that they flourish.

**Sober dad: The manual for perfectly imperfect parenting.**

Michael Graubart, 2017. CPE=4.5 (WM 270 G774 2017 ECI)

You aren't going to get everything right. Everything isn't going to be perfect. Perfectly imperfect is okay. Your role as a dad will last a lifetime. You'll soon see that perfection isn't the point. Showing up, being present, getting up, and trying again with your eyes wide open and crystal clear - that's what counts. That's what separates the guys from the sober dads. Those are the things your kids will remember.

### **New eBooks**

**Drugs and pregnancy: A handbook, 2nd ed.**

Bertis B. Little, 2022.

This handbook provides guidelines on prescribing drugs in all classes, and for a wide variety of diseases and disorders, during pregnancy, with numerous boxes and tables to assist understanding.

**Fetal Alcohol Syndrome: A lifelong challenge.**

Hans-Ludwig Spohr, 2018.

This book presents a detailed description of Fetal Alcohol Syndrome as well as Fetal Alcohol Spectrum Disorders with respect to their clinical presentation, diagnosis, epidemiology, and pathogenesis. It also includes detailed considerations of underlying psychopathology, prevention, and therapy as well as the social consequences and impacts to patients.

### **Selected Audiovisuals**

**Addiction.** [Streaming](#). 53 min. 2018.

**Among the many: Wisdom, companionship, and hope for those who have lost a loved one to drug overdose.** DVD. 50 min. 2019. (DV1425)

**Confident parenting in recovery.** [Streaming](#). 93 min. 2016.

**Understanding the opioid epidemic.** [Streaming](#). 53 min. 2018.

**Warning: This drug may kill you.** [Streaming](#) or DVD. 60 min. 2017. (DV1327)

## **Continuing Professional Education Resources**

### **Addiction, trauma & Adverse Childhood Experiences (ACEs).**

DVD. 316 min. 2016. CPE=5.5 (DD0852)

### **Being with infants: Part 2.**

DVD. 120 min. 2019. CPE=3 (DD0836)

### **A guidance guide for early childhood leaders: Strengthening relationship with children, families, and colleagues.**

Daniel Gartrell, 2020. CPE=3 eBook.

### **Maternal mental health: A guide for health and social workers.**

Sally Field, 2018. CPE=6 (WM 55 F453 2018)

### **Medications and mothers' milk 2023, 20th ed.**

Thomas Wright Hale, 2022. CPE=15 (WS 125 H161 2022 ECI)

### **The mystery of risk: Drugs, alcohol, pregnancy and the vulnerable child.**

Ira J. Chasnoff, 2010. CPE=10 (WA 320 C487 2010 MHSA)

### **Parenting and substance abuse: Developmental approaches to intervention.**

2014. CPE=11.25 eBook.

### **Understanding grandparenting.**

DVD. 36 min. 2018. CPE=0.5 (DD0835)

### **Working with substance-affected parents and their children.**

Menka Tsantefski, 2015. CPE=5.75 (HV 43 T8677 2015 ECI)

## **Selected eBooks**

### **Child abuse: Medical diagnosis and management, 4th ed.**

Antoinette Laskey, 2020.

Thoroughly revised and expanded, the fourth edition of this book offers a practical, objective, evidence-based guide to the medical diagnosis and management of child abuse. Written and edited by experts on child abuse and neglect, this resource clearly explains the signs, symptoms, and injuries

of a child who has been abused. It details techniques for taking medical histories and examining children who may have been abused. It provides guidance on medicolegal principles. This book features hundreds of photographs and illustrations, as well as a wealth of diagnostic, radiographic, and management information.

**Guidance for every child: Teaching young children to manage conflict.**

Daniel Gartrell, 2017.

Tying together the theory and practice of child guidance and behavior in clear and accessible ways, this book provides educators and caregivers actionable best practices to teach healthy emotional and social development to children affected by drugs. Using contemporary brain research, vignettes, and discussion questions, it gives you the tools and strategies to reduce the increasing expulsion rate in early childhood, understand how stress effects children's self-regulation, and help even the most at-risk children thrive.

**Pediatric collections: Opioid addiction.**

2018.

This collection of articles from the American Academy of Pediatrics focuses on the manifestations of the opioid epidemic in children. It discusses topics like increased rate of neonatal abstinence syndrome (NAS) among others.

**Selected Websites**

**[Centers for Disease Control and Prevention: Fetal Alcohol Spectrum Disorders \(FASD\)](#)**

Information is provided on the basics of FASD; cause and prevention; signs and symptoms; FASD diagnoses; areas evaluated for FASD diagnoses; treatment; ways to get help; and references.

**[Centers for Disease Control and Prevention: Substance Use During Pregnancy](#)**

Information is provided on the CDC's work on substance use during pregnancy; treatments before, during, and after pregnancy; data and statistics; articles and key findings; and resources on opioids, marijuana, tobacco use during pregnancy.

**[New! Fetal Alcohol Spectrum Disorders \(FASD\)](#)**

Medline Plus provides a collection of full-text links from reliable sources compiled by the National Library of Medicine on Fetal Alcohol Spectrum



Disorders (FASD). It shares a summary of the disease. Available in Spanish [here](#)

### **FASD United**

FASD (Fetal Alcohol Spectrum Disorders) United works to prevent prenatal exposure to alcohol, drugs and other substances known to harm fetal development by raising awareness and supporting women before and during their pregnancy. It supports individuals, families, and communities living with fetal alcohol spectrum disorders (FASDs) and other preventable intellectual and developmental disabilities. It shares resources on FASD, trainings, news, programs, and partnerships.

### **National Institute on Alcohol Abuse and Alcoholism (NIAAA)**

NIAAA provides information and resources on alcohol's effects on health, Fetal Alcohol Spectrum Disorders (FASD), FASD-related problems, relevant clinical diagnoses, risk factors, and interventions. Available in Spanish [here](#).

### **Neonatal Abstinence Syndrome**

Texas Health and Human Services provides information on substance use disorders, services, and resources. Neonatal Abstinence Syndrome focuses on the symptoms that occur in infant with substance use disorders. Available in Spanish [here](#).

### **Prescription Opioids During Pregnancy**

Medline Plus provides a collection of full-text links from reliable sources compiled by the National Library of Medicine on the use of prescription opioids during pregnancy. Available in Spanish [here](#).

### **Substance Use Disorders During Pregnancy**

Use the Office of Head Start (OHS) information to explore substance use disorders among pregnant women. Find resources to support the expectant family who may have concerns about substance use to have a healthy pregnancy experience.

### **U.S. Drug Enforcement Administration: Accidental Exposure: Drugs and Young Children**

A U.S. Drug Enforcement Administration (DEA) resource for parents, educators, and caregivers focusing on the accidental exposure of drugs and young children. Available in Spanish [here](#).

## **Useful Library Information**

**HHSC ECI Website**  
**ECI Library Matters**

**Library Website**  
**Library Catalog**

**Texas Department of State Health Services**  
**ECI Library Services**

**E-mail:** [avlibrary@dshs.texas.gov](mailto:avlibrary@dshs.texas.gov)

**Phone:** 512-776-7260 | **Toll-free:** 1-888-963-7111 ext. 7260

**Fax:** 512-776-7474

**Hours:** Monday-Friday, 7:30 a.m.-5 p.m.

**Address:** 1100 W. 49th St., Moreton Building, 6<sup>th</sup> floor, Room M-652,  
Austin, TX 78756

**Mailing Address:** PO Box 149347, Mail Coode 1955, Austin, TX 78714-9347