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Selected Journal Abstracts

Adaptation of infant mental health services to preterm infants and their families receiving neonatal intensive care unit services during the COVID-19 pandemic. Kelleher, J., Dempsey, J., Takamatsu, S., Paul, J. J., Kent, E., & Dempsey, A. G. (2022). *Infant Mental Health Journal*, 43(1), 100-110. <https://doi.org/10.1002/imhj.21961>

Multiple changes and stressors at the family, hospital, and societal levels have resulted from the COVID-19 pandemic that impact the early social environment of infants in Neonatal Intensive Care Unit (NICU) settings. This manuscript reviews these pandemic-related adversities, including hospital-wide visitor restrictions, mask requirements that interfere with caregiver facial expressions, parental anxiety about virus transmission, and reduced support services. We will further describe adaptations to mental health service delivery and approaches to care in the NICU to mitigate increased risk associated with pandemic-related adversities. Adaptations include integration of technology, staff education and support, and delivery of activity kits to encourage parent-infant bonding. Data was collected as part of routine program evaluation of infant mental health services from one 50-bed NICU setting and describes family concerns, barriers to visitation, and utilization of mental health services during the pandemic. Concerns related to COVID-19 rarely emerged as the primary presenting issue by the families referred for infant mental health services from April through December of 2020. However, a number of families indicated that infection concerns and visitation restrictions posed significant challenges to their parenting and/or coping. There were significant discrepancies noted between the visitation patterns of families with public and private insurance. Several adaptations were developed in response to the multiple challenges and threats to infant mental health present during the COVID-19 pandemic.

Developmental outcomes of children served in a Part C early intervention program. Elbaum, B., & Celimli-Aksoy, S. (2022).

Infants & Young Children, 35(1), 3-19.

<https://doi.org/10.1097/IYC.000000000000205>

In the United States, early intervention (EI) programs under Part C of the

Individuals with Disabilities Education Act serve thousands of infants and toddlers with or at risk for developmental delays. Despite this, few studies have investigated the developmental progress and outcomes of children served, especially in relation to the heterogeneity of children's diagnoses and identified areas of delay. In this study, we classified children into 9 subgroups based on their medical diagnosis or, for children without a specific diagnosis, their identified areas of developmental delay. We then analyzed data from the developmental assessment administered to each child on program entry and exit. Multivariate analyses of children's pre- and postscores in 5 domains (cognitive, motor, adaptive, communication, and personal-social) confirmed the distinctiveness of each subgroup's developmental profile on entry into EI as well as significant differences across subgroups in children's pattern of developmental change while in services. Across subgroups, the percentage of children who were within age norms in all measured domains at the time they transitioned out of the program ranged from 10% to 49%. The results add to our understanding both of children's improvements while in EI and the variation in outcomes for meaningfully defined subgroups of children.

Information and support needs of parents with premature infants:

An integrative review. Davis-Strauss, S. L., Johnson, E., & Lubbe, W. (2021). *Journal of Early Intervention, 43*(3), 199-220.

<https://doi.org/10.1177/1053815120957734>

International research, while mostly conducted in high-income countries, repeatedly states that parents of premature infants have increased needs and require additional information and varied support channels after the infant's initial discharge from hospital. However, the perceived self-reported needs of parents concerned with the caregiving of premature infants during the initial time period at home after discharge are not well known. This integrative review explores all extant literature that embodies self-reported or parent-quoted perceptions, experiences, and parent testimonials related to post-discharge infant caregiving information and support needs published from January 1990 to April 2019. Generated findings from the review that reveal parents, regardless of country, consistently reported unmet information and support needs, coupled with a lack of adequate community-

based and health care professional support. Current gaps in literature are identified and recommendations for future research are also addressed.

Timing of co-occurring chronic conditions in children with neurologic

impairment. Thomson, J., Hall, M., Nelson, K., Flores, J. C., Garrity, B., DeCoursey, D. D., Agrawal, R., Goodman, D. M., Feinstein, J. A., Coller, R. J., Cohen, E., Kuo, D. Z., Antoon, J. W., Houtrow, A. J., Bastianelli, L., & Berry, J. G. (2021). *Pediatrics*, 147(2). <https://doi.org/10.1542/peds.2020-009217>

Background: Children with neurologic impairment (NI) are at risk for developing co-occurring chronic conditions, increasing their medical complexity and morbidity. We assessed the prevalence and timing of onset for those conditions in children with NI.

Methods: This longitudinal analysis included 6229 children born in 2009 and continuously enrolled in Medicaid through 2015 with a diagnosis of NI by age 3 in the IBM Watson Medicaid Market Scan Database. NI was defined with an existing diagnostic code set encompassing neurologic, genetic, and metabolic conditions that result in substantial functional impairments requiring subspecialty medical care. The prevalence and timing of co-occurring chronic conditions was assessed with the Agency for Healthcare Research and Quality Chronic Condition Indicator system. Mean cumulative function was used to measure age trends in multimorbidity.

Results: The most common type of NI was static (56.3%), with cerebral palsy (10.0%) being the most common NI diagnosis. Respiratory (86.5%) and digestive (49.4%) organ systems were most frequently affected by co-occurring chronic conditions. By ages 2, 4, and 6 years, the mean (95% confidence interval [CI]) numbers of co-occurring chronic conditions were 3.7 (95% CI 3.7–3.8), 4.6 (95% CI 4.5–4.7), and 5.1 (95% CI 5.1–5.2). An increasing percentage of children had ≥ 9 co-occurring chronic conditions as they aged: 5.3% by 2 years, 10.0% by 4 years, and 12.8% by 6 years.

Conclusions: Children with NI enrolled in Medicaid have substantial multimorbidity that develops early in life. Increased attention to the timing and types of multimorbidity in children with NI may help optimize their preventive care and case management health services.

Vision screening in newborns and early childhood. Jullien, S. (2021). *BMC Pediatrics*, 21(Suppl 1), 306. <https://doi.org/10.1186/s12887-021-02606-2>

We looked at existing recommendations and supporting evidence on the effectiveness of screening for visual disorders in newborns and small infants, and in children between six months and five years of age. We conducted a literature search up to the 5th of August 2019 by using key terms and manual search in selected sources. We summarized the recommendations and the strength of the recommendations when and as reported by the authors. We summarized the main findings of systematic reviews with the certainty of the evidence as reported on the accuracy of screening tests for detecting visual alterations; the efficacy of treatment for improving visual acuity, school performance, and quality of life; and potential harms derived from vision screening and treating visual alterations. Although there is little evidence supporting its validity and effectiveness, examining all newborns for congenital cataract and retinoblastoma through the red reflex examination is widely accepted due to the severity of both diseases and the good outcomes reached by early detection and treatment. Overall, there is a moderate certainty of evidence that visual screening in children between three and five years provides a moderate net benefit, as assessed by the US Preventive Services Task Force: vision screening tests are accurate for detecting amblyopia and its risk factors, and their treatment is associated with visual improvement. There is uncertain evidence on whether vision screening in children under three years of age provides net benefits. Among populations with a low prevalence of vision abnormalities, screening the youngest is associated with an increased rate of false positives, leading to unnecessary additional assessment.

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Selected Journal Table of Contents

Infant Mental Health Journal. Volume 43, Issue 1; January 2022.

Infant and early childhood mental health in the context of COVID-19 special issue: A brief overview from the editors. p. 5-7. Brophy-Herb, H. E., Barlow, J., Foley, M., Lawler, J., & Von Klitzing, K.

The impact of COVID-19 on experiences of pregnancy and/or early parenting in Chile. p. 8-23. Olhaberry, M., Sieverson, C., Franco, P., Romero, M., Tagle, T., Iribarren, D., Honorato, C., & Muzard, A.

Infants' and toddlers' digital media use and mothers' mental health: A comparative study before and during the COVID-19 pandemic. p. 24-35. Pedrotti, B. G., Mallmann, M. Y., Almeida, C. R. S., Marques, F. M., Vescovi, G., Riter, H. d. S., Almeida, M. L., Pieta, M. A. M., & Frizzo, G. B.

When the bough breaks: A systematic review and meta-analysis of mental health symptoms in mothers of young children during the COVID-19 pandemic. p. 36-54. Racine, N., Eirich, R., Cooke, J., Zhu, J., Pador, P., Dunnewold, N., & Madigan, S.

Taking care of the caregivers: The moderating role of reflective supervision in the relationship between COVID-19 stress and the mental and professional well-being of the IECMH workforce. p. 55-68. Morelen, D., Najm, J., Wolff, M., & Daniel, K.

Transitions to virtual early childhood home visitation during COVID-19. p. 69-81. Traube, D., Gozalians, S., & Lei Duan, L.

The impact of COVID-19 on the continuum of integrated perinatal, infant, and early childhood behavioral health services. p. 82-84. Talmi, A.

Telehealth adaptation of perinatal mental health mother–infant group programming for the COVID-19 pandemic. p. 85-99. Paul, J. J., Dardar, S., River, L. M., & St. John-Larkin, C.

Adaptation of infant mental health services to preterm infants and their families receiving neonatal intensive care unit services during the COVID-19 pandemic. p. 100-110. Kelleher, J., Dempsey, J., Takamatsu, S., Paul, J. J., Kent, E., & Dempsey, A. G.

Increased behavioral health needs and continued psychosocial stress among children with medical complexity and their families during the COVID-19 pandemic. p 111-126. Von Schulz, J., Serrano, V., Buchholz, M., Natvig, C., & Talmi, A.

Connecting during COVID: The application of teleservices in two integrated perinatal settings. p. 127-139. Ehmer, A. C., Scott, S. M., Smith, H., & Ashby, B. D.

Introduction of Special Section of Infant Mental Health Journal: Meeting the needs of vulnerable infants and families during COVID-19: Moving to a telehealth approach for home visiting implementation and research. p. 140-142. Dozier, M.

Evaluating child maltreatment and family violence risk during the COVID-19 pandemic: Using a telehealth home visiting program as a conduit to families. p. 143-158. Bullinger, L. R., Marcus, S., Reuben, K., Whitaker, D., & Self-Brown, S.

Transitioning to virtual interaction during the COVID-19 pandemic: Impact on the family connects postpartum home visiting program activity. p. 159-172. Rybińska, A., Best, D. L., Goodman, W. B., Bai, Y., & Dodge, K. A.

Transitioning to telehealth due to COVID-19: Maintaining model fidelity in a home visiting program for parents of vulnerable infants. p. 173-184. Roben, C. K. P., Kipp, E., Schein, S. S., Costello, A. H., & Dozier, M.

Adapting psychophysiological data collection for COVID-19: The “Virtual Assessment” model. p. 185. Tabachnick, A. R., Sellers, T., Margolis, E., Labella, M., Neff, D., Crowell, S., Raby, K. L., Saenz, C., Conradt, E., & Dozier, M.

Zero To Three. Volume 42, Issue 3; March 2022.

Warm connections: Addressing mental health risk factors for postpartum caregivers by increasing social support during the COVID-19 pandemic. p. 5-10. Sward, A., King, J., Glaze, K., Klawetter, S. & Frankel, K. A.

Vaccine hesitancy and trauma-informed care: Developing a sensitive organizational response. p. 11-18. DelJones, G., Pomales, H., Rodriguez, E. Y., Mendez, A., Bosk, E., & MacKenzie, M. J.

Perspectives: Emerging research listening to parent voices: How technology is changing what is possible in Relationship-Based Services p. 19-23. Krause, E. M. S., & Green, B. L.

Pivoting during a pandemic: Innovative strategies for supporting young children in primary care. p. 24-30. Buchholz, M, Glaze, K., Wolcott, C., & Talmi, A.

Perspectives: Reflections from the field beware the Ides of March: How the pandemic changed the way home-based child care providers do business. p. 31-36. Manoukian, E.

Social skill development of young children amid the pandemic. p. 37-43. Meuwissen, A. S.

Working with families during COVID-19: Identifying challenges, finding resources, and adapting family engagement coaching. p. 44-52. Kao, K., Hornstein, J., Rosengarten, M., Kennel, P., Zapata, M., & Ayoub, C.

COVID-19–Related stressors in parents and toddlers: Changes in mothers' perceptions over time. p. 53. Wong, K., Riggs, J. L., Julian, M. M., Huth-Bocks, A. C., Muzik, M., Rosenblum, K. L., and Michigan Collaborative for Infant Mental Health Research.

Also In This Issue:

This Issue and Why It Matters. p. 2. Powers, S.

Zero To Three Competencies for prenatal to age 5 professionals: Understanding the P-5 competency domains. p. 5.

A transformative journey toward diversity-informed care: Creating a holistic, empowering, adaptive, and reflective service-delivery model. p. 61. McConnico, N., Bailey, C., Normand, S., Trevino-Talbot, M.

In Memoriam: Jeree H. Pawl. p.71

New Audiovisual

Understanding grandparenting. DVD. 36 min. 2018. (DD0835)
A guide to what's new with birth and babies. This video provides an effective way to educate and engage grandparents. It teaches grandparents important health and safety guideline changes in a positive way, including interviews featuring new grandparents.

New Books

Trauma-responsive strategies for early childhood. Katie Statman-Weil, 2020.
This book offers an overview of trauma and its impact on young children, as well as specific strategies and techniques educators and administrators can use to create classroom and school communities that improve the quality of care for this vulnerable population.

Weaving the cradle: Facilitating groups to promote attunement and bonding between parents, their babies, and toddlers. 2017. Contributors bring together a range of theoretical perspectives to show different ways to facilitate groups that combine mindfulness and psychological insight to promote bonding, attunement, and mind-mindedness, and to prevent abuse and neglect. Case examples show a range of techniques that can be used, including baby massage, movement therapy, Video Interaction Guidance, Watch Wait Wonder and psychotherapeutic interventions.

Selected Audiovisuals

Diagnóstico: Epilepsia ¿y ahora qué? DVD. 93 min. 2010. (DV0680)

Family violence: Impact on children for educators and caregivers. DVD. 19 min. 2011. (DD0493)

Growing up with spina bifida. DVD. 46 min. 2010. (DD0466)

Power of two. DVD. 94 min. 2011. (DD0657)

Rare. DVD. 56 min. 2012. (DD0659)

Safe babies court teams: Building strong families and healthy communities. DVD. 55 min. 2012. (DD0681)

Selected Books

ASQ:SE-2 learning activities & more. Elizabeth Twombly, 2018. (WS 103 T974 2018 ECI)

Autism intervention every day! Embedding activities in daily routines for young children and their families. Merle J. Crawford, 2016. (WS 350.8 P4 C899 2016 ECI)

Baby and toddler basics: Expert answers to parents' top 150 questions. Tanya Altmann, 2018. (WS 103 A465 2018 ECI)

Caring for children who have severe neurological impairment: A life with grace. Julie M. Hauer, 2013. (WS 340 H368 2013 ECI)

Child abuse: Today's issues. Kimberly A. McCabe, 2017. (WA 320 M478 2017 ECI)

Comprehensive guide to intellectual and developmental disabilities. Ivan Brown and Maire Percy, 2017. (WB 320.2 C737 2017 RHB)

Cerebral palsy: A complete guide for caregiving. Freeman Miller and Steven Bachrach, 2017. (WS 342 M647 2017 ECI)

Crying and laughing: The emotional development of infants and toddlers. Donna A. Wittmer and Deanna W. Clauson, 2020. (WS 105.5 E5 W832 2020 ECI)

Cystic fibrosis: A guide for patient and family. David M. Orenstein, 2012. (WI 820 O66 2012 RHB)

Developing empathy in the early years: A guide for practitioners. Helen Garnett, 2018. (LB 1139 G235 2018 ECI)

Essential elements in early intervention: Visual impairment and multiple disabilities. 2014. (LC 4019.3 E78 2014 ECI)

Far from the tree. Andrew Solomon, 2012. (200.8 S65 2012 ECI)

Fragile beginnings: Discoveries and triumphs in the newborn ICU. Adam Wolfberg, 2012. (WS 410 W855F 2012 ECI)

From biting to hugging: Understanding social development in infants and toddlers. Donna A. Wittmer and Deanna W. Clauson, 2018. (LB 1139.23 W832 2018 ECI)

Grandparenting children with disabilities. Madonna Harrington Meyer and Ynesse Abdul-Malak, 2020. (WS 105.5 C3 H299 2020 ECI)

Helping children develop a positive relationship with food. Jo Cormack, 2018. (WS 130 C811 2018 ECI)

Leading anti-bias early childhood programs: A guide for change. Louise Derman-Sparks, 2015. (LB 1139.3 D435 2015 ECI)

Management of preterm birth: Best practices in prediction, prevention, and treatment. 2012. (WQ 240 M266 2012)

Medical aspects of disability: A handbook for the rehabilitation professional, 5th ed. Myron G. Eisenberg, 2017. (WT 500 M489 2017 RHB)

Not always happy: An unusual parenting journey. Kari Wagner-Peck, 2017. (WS 107.1 W133 2017 ECI)

Reach out and teach: Helping your child who is visually impaired learn and grow. Kay Alicyn Ferrell, 2011. (WW 276 F382r 2011 ECI)

Seven essentials for family-professional partnerships in early intervention. Bonnie Keilty, 2017. (LC 4019.3 K27 2017 ECI)

The spirit catches you and you fall down: A Hmong child, her American doctors, and the collision of two cultures. Anne Fadiman, 2012. (WA 30 F145s 2012)

Supporting life skills for young children with vision impairment and other disabilities: An early years habilitation handbook. Fiona Broadley, 2020. (WW 276 B863 2021 ECI)

Understanding the NICU: What parents of preemies and other hospitalized newborns need to know. 2017. (WS 410 U55 2017 ECI)

Vision and the brain: Understanding cerebral visual impairment in children. 2015. (WW 276 V831 2015 ECI)

Selected Children's Books

All kinds of friends, even green! Ellen B. Senisi, 2002.
(WB 320 S477 2002 ECI)

Evan early. Rebecca Hogue Wojahn, 2006. (805.1 W847e 2006 ECI)

My friend Suhana. Shaila Abdullah, 2014. (WS 342 A238 2014 ECI)

Nathan's wish. Laurie Lears, 2005. (805.1 L438n 2005 ECI)

Otto the blind otter. Sue Purkapile, 2004. (WW 276 P985 2004 ECI)

Rolling with life. Jeralyn Barta, 2010. (804 B283 2010)

Selected eBooks

Children with disabilities, 7th ed. Mark I. Batshaw, Nancy Roizen, and Gaetano R. Lotrecchiano, 2013.

This seventh edition of a trusted resource for professionals, families, and students presents extensive coverage of crucial developmental, clinical, educational, family, and intervention issues related to all aspects of children with disabilities including cerebral palsy, epilepsy, and blindness and visual impairments.

Congenital disorders sourcebook, 3rd ed. Sandra Judd, 2013.

This book contains basic consumer information about nonhereditary birth defects and disorders related to prematurity, gestational injuries, prenatal

and perinatal infections, maternal health conditions during pregnancy, and birth complications, including cerebral palsy, spina bifida, fetal alcohol spectrum disorders, and cleft lip and palate.

Cystic fibrosis. J. Stuart Elborn, 2014.

Cystic fibrosis (CF) is one of the most common hereditary diseases. This book provides information on all aspects of CF lung disease, from infancy to adulthood, including details of the disease process, improvements in early diagnosis and monitoring, therapeutic approaches, and patient care. It discusses the steps that will be required for further improvement of the life expectancy and quality of life of CF patients.

Epilepsy. Howard P. Goodkin, 2014.

This book summarizes the knowledge and practices of expert epilepsy specialists in a concise, practical pocketbook for everyday use by treating physicians. Early intervention specialists may find the chapter on special topics in pediatric epilepsy useful.

Epilepsy in children and adolescents. James Wheless, 2013.

This book provides guidance professionals need to diagnose and manage seizures in a young patient. Beginning with an overview of the classification of seizure syndromes, the authors take a practical approach to a common but complex clinical challenge. Aimed at both professionals and trainees in neurology, this book will also be a useful guide for all primary health professionals caring for pediatric patients with this condition.

Genetic disorders sourcebook. Sandra J. Judd, 2013.

This book provides basic consumer health information about heritable disorders, including disorders resulting from abnormalities in specific genes, such as hemophilia, sickle cell disease, cystic fibrosis, and chromosomal disorders such as Down syndrome.

Kids in the syndrome mix of ADHD, LD, autism spectrum, Tourette's, anxiety, and more: The one-stop guide for parents, teachers, and other professionals, 2nd ed. Martin L. Kutscher, 2014.

This all-in-one guide covers the whole range of often co-existing neuro-behavioral disorders in children from attention deficit hyperactivity disorder (ADHD), obsessive-compulsive disorder, and anxiety, to autism spectrum disorders, nonverbal learning disabilities, and disorders of executive dysfunction.

Premature birth in the United States: A sociocultural approach.

Janet M. Bronstein, 2016.

This volume addresses the myriad of issues relating to premature births in the United States, both in national context and compared with other countries.

The preemie primer: A complete guide for parents of premature babies from birth through the toddler years and beyond.

Jennifer Gunter, 2010.

Having a premature baby can be a crash course in both medicine and health economics, not just in parenting. Parents face complex information, difficult decisions, and overwhelming grief and worry. This book is a comprehensive resource, covering topics from delivery, hospitalization, and preemie development to parenting multiples, handling health issues, and finding special-needs programs.

Ready for air: A journey through premature motherhood.

Kate Hopper, 2013.

For Kate Hopper, pregnancy is downright unpleasant. At a routine checkup, her doctor frowns at her chart and says, "I'm worried about a couple of things" and unpleasant suddenly seems like paradise. What follows is a harrowing, poignant, and occasionally hysterical journey through premature motherhood, from the starting point of "leaking a little protein" to the early delivery of her tiny daughter because of severe preeclampsia and the beginning of a new chapter of frightful, lifelong love.

Redesigning health care for children with disabilities: Strengthening inclusion, contribution, and health. Heidi M. Feldman, 2013.

One in five families has a child with special health care needs, but medical and human service professionals often don't get the training they need to provide long-term, integrated care for these children. This textbook and training tool presents a comprehensive, interdisciplinary framework for delivering effective health care to children with disabilities and chronic illnesses.

Supporting families experiencing homelessness: Current practices and future directions. Beryl Ann Cowan, 2014.

With more American families being increasingly forced into homelessness, this book aims to raise the standard and scope of services provided to families without homes through practices that are both strengths-based and culturally competent. All major aspects of this important topic are analyzed, with recommendations for what is needed to improve current programs or establish new ones. Chapters set out the particular needs of parents, children, and teens as well as homeless subpopulations, such as youth who age out of foster care. This book presents a real-world framework for services that are client-centered, are integrated across provider systems, and follow families in their transition to stable housing.

Your preemie baby: Caring for your premature baby. Su Laurent and Maya Isaaks, 2012.

Having a baby is a life-changing event for parents and giving birth prematurely can bring a complex set of challenges and emotions to an already intense experience. In this book, Dr. Su Laurent guides parents through having a premature baby, giving them the tools, they need to parent confidently.

Selected Websites

Cerebral Palsy Websites:

Cerebral Palsy MedlinePlus: medlineplus.gov/cerebralpalsy.html

United Cerebral Palsy: ucp.org

Cleft Palate Websites:

American Cleft Palate-Craniofacial Association: acpa-cpf.org/

Cleft Palate MedlinePlus: medlineplus.gov/cleftlipandpalate.html

Cystic Fibrosis Websites:

Cystic Fibrosis Foundation: cff.org

Cystic Fibrosis MedlinePlus: medlineplus.gov/cysticfibrosis.html

Epilepsy Websites:

Epilepsy Foundation Information for Parents and Caregivers:
epilepsy.com/parents-and-caregivers

Epilepsy MedlinePlus: medlineplus.gov/epilepsy.html

Seizures MedlinePlus: medlineplus.gov/seizures.html

Medical Diagnoses Websites:

Genetic Conditions MedlinePlus: medlineplus.gov/genetics/condition/

March of Dimes Genetic and Chromosomal Conditions:
marchofdimes.org/pregnancy/genetic-and-chromosomal-conditions.aspx

National Organization for Rare Disorders: rarediseases.org

Premature Births Websites:

Centers for Disease Control Premature Birth:
cdc.gov/reproductivehealth/features/premature-birth/

March of Dimes Premature Babies:
marchofdimes.org/complications/premature-babies.aspx

Premature Babies MedlinePlus:
medlineplus.gov/prematurebabies.html

Sickle Cell Disease Websites:

Sickle Cell Disease Association of America: sicklecelldisease.org/

Sickle Cell Disease MedlinePlus: medlineplus.gov/sicklecelldisease.html

Spina Bifida Websites:

Spina Bifida National Institutes of Health:
nichd.nih.gov/health/topics/spinabifida

Spina Bifida Association: spinabifidaassociation.org

Spina Bifida MedlinePlus: medlineplus.gov/spinabifida.html

Twins, Triplets, Multiple Births Websites:

March of Dimes Being Pregnant with Twins, Triplets and Other Multiples:
marchofdimes.org/complications/being-pregnant-with-twins-triplets-and-other-multiples.aspx

Twins, Triplets, Multiple Births MedlinePlus:
medlineplus.gov/twinstripletsmultiplebirths.html

Visual Impairments Websites:

FamilyConnect is for parents of children with visual impairments in English and Spanish: familyconnect.org

Texas School for the Blind and Visually Impaired offers advice for parents:
tsbvi.edu/component/content/article/7-instructional-resources/3717-dosanddents

Your Kids Vision: kidshealth.org/en/parents/vision.html

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