



Texas Department of State
Health Services

Audiovisual Library News

July 2026

Highlighting AV and ECI Resources at the AV Library

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New Streaming Videos:

Avoid the Pain of Opioid Abuse

[Streaming](#). 7 min. 2019. Adult.

Opioids are drugs and medicines derived from the opium poppy. They include heroin, morphine, and a range of pain control medications that are commonly prescribed by doctors, especially for patients with chronic pain. When used as instructed, they are safe and effective, but because they are so powerful, the potential for abuse is great. People who misuse opioids or ignore their doctor's warnings about them may find themselves addicted or worse. They pose a serious danger to health and wellness and can even lead to death when overdosed. Before you even consider using one of these drugs other than as prescribed by a doctor, it's important to know all the facts so you can make a smart choice for your future.

Wegovy Weight Loss

[Streaming](#). 7 min. 2023. Adult.

The nation's obesity epidemic is growing. Nearly 42 percent of all American adults are considered obese. Now, new findings about the FDA-approved weight-loss drug Wegovy may lead to even more demand for a medication that can be both life-changing and expensive. William Brangham reports.

What to Expect During Your Hospital Stay

[Streaming](#). 5 min. 2023. Adult.

This short video provides an overview of what to expect during your hospital stay following childbirth and offers guidance on how to effectively engage with healthcare staff. It is intended for expectant and new parents.

ECI Books and Video:

The DSHS AV Library contracts with HHSC Early Childhood Intervention [to provide library services and maintain a collection of ECI resources](#).

Here are some of the newest selections in this collection.

Hear Our Voices! Engaging in Partnerships That Honor Families

Bweikia Foster Steen, 2013. CPE=2.50 (LB 1139 S814 2023 ECI)

This Spanish language program shows parents how to modify their interactions to meet their child's critical emotional needs to feel respected, important, accepted, included, and secure. Tips on how parents can maintain their own emotional health and opportunities to stop for discussion are also included.

Speech, Language and Communication for Healthy Little Minds: Practical Ideas to Promote Communication for Wellbeing in the Early Years

Becky Poulter Jewson, 2024. CPE=4.50 (WM 475 J59 2024 ECI)

By forming an understanding of the science behind emotional regulation and the role of the adult in supporting the development of this, the book explores how emotions can impact learning and communication skills and why we must understand how adult responses and communication have a direct impact on emotional wellbeing. Each chapter provides practical ideas which will create a culture of communication and connection; research and case studies with plenty of opportunities for the reader to reflect on their own practice and interaction style; top tips and ideas for promoting speech and language skills in the Early Years environment; an awareness of how to support the language development and emotional wellbeing for the child who is struggling to communicate.

Safety Training Streaming Videos from Streamery:

Health and Wellness 101 for Employees

[Streaming](#). 9 min. 2024. Adult.

There's a lot to be said about living a healthy lifestyle. There are a number of benefits of feeling happy and healthy, both at home and at work. Your employer may have a health and wellness program that encourages you to engage in activities that promote healthy living. And, even if your company doesn't have a formal program in place, there are many things you can do yourself to improve your overall health and wellness. In this program, we'll talk about some of the ways your employer aims to protect your health on the job and also discuss those things each of us can do on our own to promote a healthy lifestyle.

To The Point About: Machine Guarding and Safety Devices

[Streaming](#). 13 min. 2017. Adult.

This program provides an overview of machine guarding safety in English or Spanish.

Eye Injury Prevention/Vision Health Month

Eye Safety

[Streaming](#). 13 min. 2018. Adult.

Eye hazards can be encountered anywhere, including factories, laboratories, warehouses, offices, and hospitals. To work safely, employees need to understand these hazards, be able to recognize them in advance, and know what to do to avoid them. This training program reminds employees of the eye hazards that they can encounter in their work, and what they can do to avoid them. Topics covered include how to prevent eyestrain, protecting against particles and splashes, avoiding radiation hazards, and what to do in case of an eye injury.

Eyes, Ears, Nose: Nursing Assessment

[Streaming](#). 18 min. 2023. Professional.

This video shows how to examine the external features of the eyes, ears, and nose; perform a basic vision screening; perform a basic hearing screening using the whisper test; palpate the facial sinuses; and inspect the inside of the nares using an otoscope with a nasal speculum.

Eye Injury Prevention – Concise

[Streaming](#). 9 min. 2022. Adult.

Many hazardous areas of industrial, chemical, food processing and manufacturing operations expose employees to the risk of an eye injury. This video expresses the responsibility of everyone to wear the appropriate eyewear to protect their eyes from workplace hazards to prevent a blinding eye injury.

To The Point About: Preventing Eye Injuries

[Streaming](#). 18 min. 2018. Adult.

This training program reminds employees of the eye hazards that they can encounter in their work, and what they can do to avoid them.

To borrow any books or videos listed above, please email avlibrary@dshs.texas.gov.

Click on the streaming links to register to receive access information for each online video service. One registration per streaming service is required.

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