



Texas Department of State
Health Services

Audiovisual Library News June 2026

Highlighting AV and ECI Resources at the AV Library

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New Streaming Videos:

Communicating with Your Nursing Team (Understanding Postpartum Health and Baby Care)

[Streaming](#). 5 min. 2023. Professional.

This video provides guidance on fostering effective communication with your nursing team to ensure a positive experience. It is designed for expectant and new parents.

How Technology Messes with Your Sleep

[Streaming](#). 6 min. 2018. Adult.

Many things can interfere with sleep, but one very common sleep disruptor is technology. Smartphones and tablets keep teens preoccupied and in-touch with their friends and social networks 24/7. But many of those activities can upset your body's sleep-wake rhythms. From the light of a phone screen interfering with your internal clock to simply staying up too late to binge-watch your favorite show, technology can undermine your sleep in several ways. The good news is there are some great tactics to minimize this disruption without giving up important activities on your mobile devices.

Marijuana 101 for Nurses

[Streaming](#). 53 min. 2022. Professional.

In this podcast, Anne Fulton and Dr. Thomas discuss the history, politics, and pharmacology of marijuana, including cannabinoid hyperemesis syndrome and effective patient communication. It explains that healthcare has a complex and convoluted relationship with marijuana.

ECI Books and Video:

The DSHS AV Library contracts with HHSC Early Childhood Intervention [to provide library services and maintain a collection of ECI resources](#). Here are some of the newest selections in this collection.

Active Learning

[Streaming](#). 23 min. 2020. Professional.

This program has five short videos that look at active learning in children and how it is all about motivation and the will to learn from experiences. It considers how active learning links with children's self-regulation; looks at children's desire to be in control and how being deeply involved is one of the key features of learning to learn in an active way; and examines why the joy experienced when you achieve a goal you have set for yourself is so important for children's development of effective learning. The program also considers how the ability to stay with things and keep on trying even when things keep failing can lead to self-regulated learning; how this type of learning builds children's brains; and what adults can do to encourage motivation and concentration.

Pediatric Traumatic Brain Injury: Proactive Intervention

Book. Roberta DePompei. 2019. (WS 340 D422 2019 ECI)

The text focuses on the causes, characteristics, and impact of pediatric TBI. Functional assessment and treatment approaches are recommended to facilitate positive reintegration experiences. The text illustrates the challenges students face when confronted with demands and expectations in social and academic situations. Educators and healthcare providers will recognize the value of interprofessional collaboration and be motivated to employ problem solving approaches.

Understanding Your Child's Brain

Book or [eBook](#). Alvaro Bilbao. 2023. (WL 300 B595 2023 ECI)

This book simplifies the neuroscience behind what is going on in a child's brain during the first six years of life to help parents develop the full intellectual and emotional potential of their children. It provides tools to help parents communicate more effectively with, nurture empathy in, and enforce rules and positive behaviors for their children. Examining how to develop the emotional intelligence of children as well as their intellect, the chapters examine how to raise children based on trust, assertiveness, and fearlessness, while also providing support and exercises in improving language, memory, creativity, and self-control.

[Safety Training Streaming Videos from AP Safety Training:](#)

Fire Extinguishers: How and When to Use Them

[Streaming](#). 15 min. 2021. Professional.

This program stresses the importance of making the right decisions when a workplace fire breaks out. In order to use a portable fire extinguisher to put out the fire, employees must determine the type of material burning and class of fire present, whether they know how to use the appropriate fire extinguisher, and if the fire is in its beginning stages. More importantly, they must be confident in their ability to evacuate the facility safely should they be unable to extinguish the fire.

Propane Safety: Fueling Your Forklift

[Streaming](#). 6 min. 2020.

Forklifts are one of the most familiar and widely used types of heavy equipment. There are almost as many different types of forklifts as there are jobs for them to do. There are also different ways to power them up and make them go. The most widely used forklifts have an internal combustion engine, powered by fuels that include gas, liquid petroleum, diesel fuel and compressed natural gas. This program focuses on how to use propane safely as a fuel for forklifts.

Safety Leadership: An Essential Safety Element (Concise)

[Streaming](#). 9 min. Professional. 2017.

Learn how good safety leadership helps everyone make better safety decisions, while also illustrating how poor safety leadership can quickly undermine the entire safety process. The consistent presence of positive safety leadership helps all workers make wise safety decisions. Safety leaders speak up and do not condone unsafe acts, and they don't take shortcuts to make a job easier or faster. Effective safety leadership must include discipline and consistent rules enforcement from managers and supervisors.

[National Alzheimer's and Brain Awareness Month:](#)

Caregiver Proficiency: Alzheimer's Disease

[Streaming](#). 89 min. 2015. Professional.

This video for health care assistants discusses the stages of Alzheimer's disease and the modifications that can be made in the home to help these patients. It addresses common issues that caregivers in a home setting face when treating a patient with Alzheimer's disease.

Cognitive Impairments 2025 version (Caring for the Impaired Patient)

[Streaming](#). 19 min. 2020. Adult.

This program begins with an overview of the types of cognitive impairment and factors such as aging that cause an increase in incidence in cognitive issues. It looks at behaviors seen in patients with dementia, situations that can trigger these behaviors, and strategies that can control and reduce their frequency. It presents

hospital-based scenarios showing different cases, including a detailed assessment interview with a spouse who is both primary caregiver and conservator for her husband who has Alzheimer's disease.

Migraine: An Overview

[Streaming](#). 20 min. 2024. Adult.

This program uses animation to illustrate the different phases of migraines, discussing the types and symptoms of migraine headache and their causes, complications, and dietary and non-dietary triggers. It considers diagnosis, treatment, and preventive medications and measures.

The Nursing Assistant: Wandering and Elopement

DVD. 23 min. 2014. Professional. (DV1375)

This program describes ways that caregivers can assist wandering residents and help prevent them from eloping. It also presents some of the more common factors that may trigger a resident to wander or attempt to leave the facility. Wandering is a behavior commonly found among nursing home residents with dementia and is often a sign that a resident needs help. Understanding what is causing a resident to wander places staff in a better position to assist the person.

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