

Parenting and Working with Families (updated)

This issue features updated library resources on parenting and working with families. Abstracts of journal articles on this ECI topic are also included. For a complete listing of library titles, go to the online library catalog at www.texashealthlibrary.com.

Library materials may be borrowed upon request. Electronic library materials may be accessed on any device with internet access. Please email any ECI library requests or questions to avlibrary@dshs.texas.gov.

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Volume 28, Issue 3; September 2025.

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Selected Journal Abstracts

Table of contents from current ECI journals are listed below. To receive articles listed in the table of contents, email avlibrary@dshs.texas.gov. Please include article title, journal title, volume, issue, and date listed in the table of contents. A full-text copy of the article will be emailed to you.

A pilot study of the effectiveness and feasibility of an early intervention leadership program for families of children with disabilities. Burke, M., Li, C., Fulton, K., & Cheung, W.C. (2025).

Journal of Early Intervention, 47(3), 251-264.

<https://doi.org/10.1177/10538151241271096>

While there are opportunities for families to fulfill leadership roles in early intervention, families often report feeling disempowered and unprepared to become leaders. To this end, in this pilot study, we evaluated the effectiveness and feasibility of an 8-hour leadership program for 20 parents of children who are receiving, or recently received, early intervention services. Participants demonstrated significant increases in early intervention knowledge and empowerment after completing the leadership program. The program had high attendance, low attrition, and high fidelity to the curriculum. Participants were overwhelmingly satisfied with the program and suggested a longer program duration. Initial efficacy and participant enthusiasm suggest a need to consider program implementation more broadly with the goal of increasing parent leadership and involvement in early intervention.

Professionals' reported practices to involve families in initial evaluations for early intervention and early childhood special education: A mixed methods study. Stein, R., Steed, E., & Charlifue-Smith, R. (2025). *Infants & Young Children*, 38(1), 22-39.

<https://doi.org/10.1097/IYC.0000000000000280>

It is well recognized and codified into law that families are an important part of early childhood evaluations; how families are included in evaluations in practice is less clear. To learn about family involvement, a nationally distributed survey focused on early childhood professionals' (n = 1,118) use of family-centered practices before, during, and after the initial evaluation for early intervention (EI) and preschool special education. A mixed methods design was utilized to explore how professionals reported to involve families before, during, and after initial evaluations. Results varied for professionals

involved in initial evaluations for EI versus preschool special education. Qualitative analyses revealed the challenges professionals identified when attempting to engage families in the initial evaluation process. Implications of the study findings are discussed for policy, practice, and research related to family involvement in the initial evaluation process.

Selected Journal Table of Contents

Young Exceptional Children. Volume 28, Issue 3; September 2025.

Supporting mathematics problem-solving skills in young children.
p. 131-142. Jung, M. & Conderman, G.

Empowering parents: collaborative approaches to support physical activity in children with disabilities. p. 156-169. Brown, K., Denning, C. B., Acar, S., & Erdogan, F. K.

DEC at the intersection: Ready together: A professional development system empowering educators and enriching families. p. 170. Classen, A. I., Westbrook, A., & Hulbert, J.

Continuing Professional Education Resources (CPEs)

Caring for your baby and young child: Birth to age 5. 2019.

CPE= 23.25 (WS 105.5 C3 S545c 2019 ECI)

The early intervention teaming handbook: The primary service provider approach, 2nd ed. M Lisa L. Shelden, 2022. CPE=6.0
(LC 4019.3 S54 2022 ECI)

Feeding with love and good sense: The first two years.

Ellyn Satter, 2020. CPE=0.75 (WS 130 S253 2020 ECI)

A guidance guide for early childhood leaders: Strengthening relationships with children, families, and colleagues.

Daniel Gartrell, 2020. CPE=3.0 (eBook)

How to develop partnerships with parents: A practical guide for the early years. Teresa Wilson, 2019. CPE=5.0 (LB 1775.6 W746 2019 ECI)

Life with baby: Parenting from birth to 12 months. DVD. 24 min. 2019. CPE=0.5 (DD0824)

Lost and found: Young fathers in the age of unwed parenthood. Paul Florsheim, 2020. CPE=8.25 (HQ 756.7 F639 2020 ECI)

Promoting positive behavioral outcomes for infants and toddlers: An evidence-based guide to early intervention. Heather Agazzi, 2020. CPE=3.75 (WS 350 A264 2020 ECI)

Understanding infant & child safety. DVD. 42 min. 2019. CPE=0.75 (DD0839)

Understanding grandparenting. DVD. 36 min. 2018. CPE=0.5 (DD0835)

New Audiovisuals

Parenting Basics: Health & safety: 1-year-olds. DVD. 11 min. 2016. (English/Spanish) (DD0867; DD0868)

This film focuses on the natural curiosity, health, and safety of one-year-olds. It teaches parents that prevention and cleanliness can keep their child healthy. They learn to detect when their child is sick, when to call 911, about injuries, and how to handle unsafe situations or disasters.

Understanding your multiples. DVD. 50 min. CPE=1 (DD0840)

This program educates parents that are expecting more than one baby. It provides teaching points on the topics of pregnancy, labor, delivery, breastfeeding, and the first weeks at home.

New Books

Finding your way with your baby: The emotional life of parents and babies, 2nd ed. Dilys Daws, 2022. (WS 105.5 E5 D272 2022 ECI)

This book explores the emotional experience of the baby in the first year and that of the mother, father and other significant adults. The authors engage

with the difficult emotional experiences that are often glossed over in parenting books - such as bonding, ambivalence about the baby, depression and the emotional turmoil of being a new parent. Acknowledgement and understanding of this darker side of family life offer a sense of relief that can allow parents to harness the power of knowing, owning and sharing feelings to transform situations and break negative cycles and old ways of relating.

Hear our voices! Engaging in partnerships that honor families.

Bweikia Foster Steen, 2023. CPE=2.5 (LB 1139 S814 2023 ECI)

Families are their children's first teachers. Early childhood educators know this, but what does it mean in practice? Participation, involvement, and engagement are only the first steps toward the true goal: reciprocal family partnerships. Learn to move beyond from inviting families to program events or connecting them to resources and instead recognize them as experts who meaningfully contribute to children's learning and development.

New eBooks

Broccoli boot camp: Basic training for parents of selective eaters,

2nd ed. Keith E. Williams, 2024. CPE=7

This ebook is a comprehensive guide for parents of children who are selective or picky eaters and can be used with children with or without special needs (e.g., autism or Down syndrome). It presents common sense behavioral interventions to successfully expand children's diet variety and preferences for healthy foods. Real-life, compelling case studies and abundant research findings support the authors' advice on how to overcome a child's selective eating. It describes ways to increase compliance, factors to consider when choosing an intervention, and strategies to shape behavior. Five intervention plans are presented with step-by-step procedures, modifications, and tips on maximizing success.

Why is my child in charge? A roadmap to end power struggles, increase cooperation, and find joy in parenting young children.

Claire Lerner, 2021. CPE=4.25 (WS 105.5 C3 L616w 2021 ECI)

This ebook shows how making critical mind shifts - seeing children's behaviors through a new lens - empowers parents to solve their most vexing childrearing challenges. It unpacks the individualized process and guides parents in settling common challenges, such as throwing tantrums in public, delaying bedtime for hours, refusing to participate in family mealtimes, and

resisting potty training. It shows how parents can develop proven, practical strategies that translate into adaptable, happy kids and calm, connected, in-control parents. This title is also available in print format.

Selected Audiovisuals

The stages of labor: A visual guide for teens, 3rd ed. DVD. 31 min. 2020. (DV1486)

Understanding birth: A comprehensive guide. DVD. 40 min. 2015. (DV1268)

Selected eBooks

Achieving a healthy weight for your child: An action plan for families. Sandra G. Hassink, 2018.

This ebook is an essential guide to help parents take action to support their child's healthy nutrition and physical activity at home, in school, and in the community. Whether your child struggles with weight issues or you are working on obesity prevention, this book will help you understand childhood obesity and take an informed approach to your child's eating, activity, screen time, and physical and emotional health.

Building happier kids: Stress-busting tools for parents. Hansa Bhargava, 2022.

Kids today are facing unprecedented pressures - and their mental health is suffering. As a parent, you may feel burned out and exhausted - and perhaps overwhelmed by the idea of taking on your child's stress. But this book offers practical, concrete steps you can take to help your kids and yourself! Dr. Bhargava prescribes taking an intentional pause from modern life's nonstop pace to focus on ways you can meaningfully impact your family's emotional well-being. Overscheduling, homework, and ever-present electronic devices may make these tasks seem easier said than done, but this resource offers realistic, balanced advice that will help you prioritize health and restore the happiness of childhood.

Caring for your adopted child: An essential guide for parents.

Elaine Schulte, 2019.

With knowledge and compassion, this ebook offers the wisdom that adoptive parents need to provide the best possible care for their children. Whether a child joins a family through domestic adoption, international adoption, or foster care, he or she may have needs that require additional consideration.

Co-parenting through separation and divorce: Putting your children first. Jann Blackstone, 2020.

Parents going through separation or divorce are understandably worried about how the change in the family will affect their children. This guide walks parents through all the factors they should consider and offers step-by-step guidance on how to work together to put their children first. From sharing the news with children in an appropriate age way to handling the issue of custody, from concerns about affairs or abuse to embarking on remarriage and blending families, it offers a roadmap through one of life's most difficult challenges with the goal of healthy, happy kids informing every decision along the way.

Effective family engagement policies: A guide for early childhood administrators. Teresa S. McKay, 2022.

This book helps early childhood administrators create effective family engagement policies that work. For each of the six key principles, this accessible guide walks leaders through the process of creating effective policy to engage families in their program.

Growing together: Developing and sustaining a community of practice in early childhood. Kathi Gillaspy, 2019.

This book helps those in the field of early childhood define, create, and promote a community of practice to foster collaborative problem solving and enhance professional learning experiences. It covers key strategies and techniques to help you develop a shared vision and structure; leverage tools to invite members and build a community; build member engagement and investment; and master facilitation and evaluation strategies for ongoing professional learning. This title is also available in print format.

The new baby blueprint: Caring for you and your little one.

Whitney Casares, 2020.

Dr. Whitney Casares delivers a modern, empathetic guide to preparing for a baby and those first few days, weeks, and months of being a parent. From

basic newborn care to breastfeeding success and from childcare choices to the emotional difficulties of new motherhood, her advice combines important health and safety information from the American Academy of Pediatrics with honest insights from her own parenting experiences.

The working mom blueprint: Winning at parenting without losing yourself. Whitney Casares, 2021.

Dr. Whitney Casares teaches moms how to thrive, not just survive. Working moms often feel like they're failing on many different fronts. She provides a practical plan that teaches readers how to set priorities, cultivate self-care, establish an equal parenting partnership, delegate whenever appropriate, and more. Her advice has the potential to make motherhood joyful again.

Selected Websites

American Academy of Pediatrics has created the website **Healthy Children** to assist parents with scientific information about raising healthy children.

Birth-Prekindergarten from **Texas Education Agency (TEA)** recognizes that the earliest years are crucial for laying the foundation for lifelong learning and success. Resources for birth to prekindergarten support families, educators, and communities in providing meaningful early learning opportunities.

Early Childhood Intervention (ECI) Services is a statewide program within the **Texas Health and Human Services Commission** for families with children from birth up to age 3 with developmental delays, disabilities or certain medical diagnoses that may impact development. ECI services support families as they learn how to help their children grow and learn.

For Families from **Zero to Three** is a resource supporting parents in developing their own methods to promote a child's growth and development.

For Grandparents:

Administration for Community Living Supporting Grandparents

Raising Grandchildren provides resources to assist, identify, promote, coordinate, and disseminate information, resources, and the best practices available to help grandparents and other older relatives both meet the needs of the children in their care and maintain their own physical and mental health and emotional well-being.

For Fathers:

National Center for Fathering (NCF) provides practical, research-based training and resources that equip men in virtually every fathering situation to be the involved fathers their children need.

For Siblings:

Sibling Support Project is a national effort dedicated to the life-long concerns of siblings of people who have special health, development or mental health concerns.

For Tele-Early Intervention:

Early Intervention Strategies for Success provides 10 strategies for focusing on parent/caregiver learning during tele-intervention.

Tele-intervention (TI) 101 Courses from the **National Center for Hearing Assessment and Management (NCHAM)** at Utah State University, which serves as the Early Hearing Detection and Intervention, National Technical Resource Center (EHDI NTRC), are available to support early intervention programs that are interested in implementing TI. Courses include Tele-Intervention 101 Families, Tele-Intervention 101 Providers, and Tele-Intervention 101 Administrators.

Why tele-early intervention is a great idea for your family from **Zero to Three** is a resource that supports conversations between parents and early intervention (EI) providers on the importance of children receiving EI services during this time.

Useful Library Information

Library Website
ECI Library Matters

HHSC ECI Website
Library Catalog

Texas Department of State Health Services ECI Library Services

Email: avlibrary@dshs.texas.gov

Phone: 512-776-7260 | Toll-free: 1-888-963-7111 ext. 7260

Fax: 512-776-7474

Hours: Monday-Friday, 7:30 a.m.-5 p.m.

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