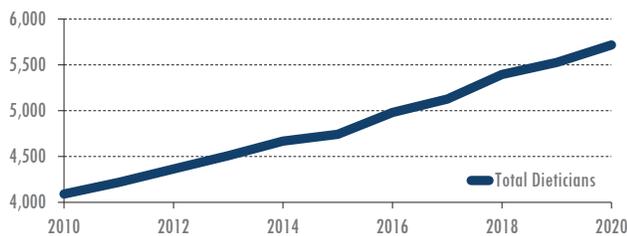


**Dietician Growth Trends**

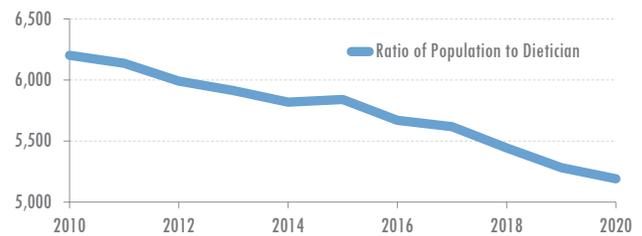
This fact sheet is an overview of the trends, distribution, and demographics of dietitians in Texas. In 2020, there were 5,717 actively licensed dietitians in Texas.

- This number represented a 20.6% increase since 2015 and a 39.7% increase since 2010.
- Relative to population growth, the size of the dietitian workforce has improved by 16.3% over the past 10 years.

**Figure 1. Total Dietitians**

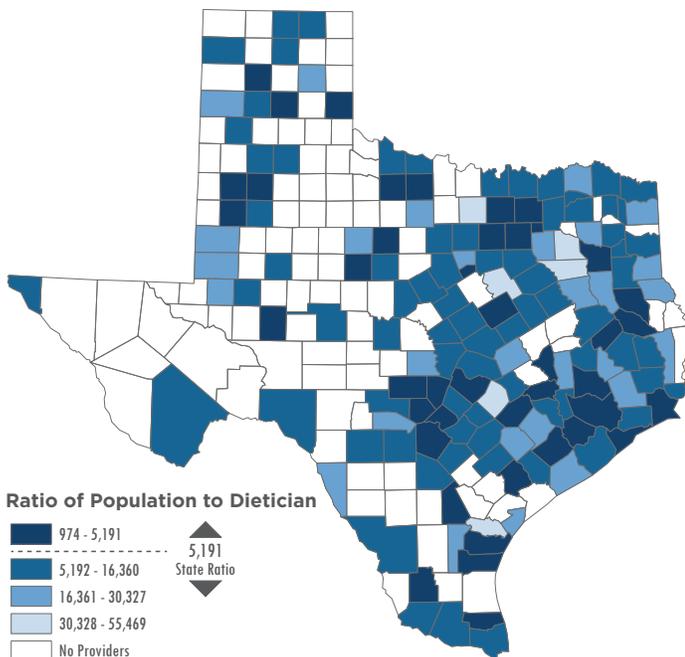


**Figure 2. Ratio of Population to Dietician**



**Geographic Distribution of Dietitians**

**Figure 3. Ratio of Texas Population to Dietician by County**



**Table 1. Ratio of Texas Population to Dietician by Geographic Designation**

Metropolitan	4,895
Non-metropolitan	10,715
Border	7,046
Non-border	5,050
Texas	5,191

Dietitians were not evenly distributed throughout the state.

- Per capita, metropolitan counties had 2.2 times as many dietitians as non-metropolitan counties.
- Per capita, non-border counties had 1.4 times as many dietitians as border counties.

## Demographics of Dietitians

### Age Distribution of Dietitians

Within 10 years, 20.5% of the current Texas dietitian workforce will be over 65 years of age.<sup>1</sup>

- 39.9% of dietitians were aged 35 or under.

**Table 2. Age Distribution Dietitians**

Age Group	Frequency	Percentage
≤25	229	4.0%
26-30	1,029	18.0%
31-35	1,021	17.9%
36-40	783	13.7%
41-45	595	10.4%
46-50	499	8.7%
51-55	390	6.8%
56-60	355	6.2%
61-65	410	7.2%
>65	406	7.1%
<b>Total</b>	<b>5,717</b>	<b>100.0%</b>

<sup>1</sup> The earliest retirement age for social security is 62.