Licensed Professional Counselor Growth Trends

This fact sheet is an overview of the trends, distribution, and demographics of licensed professional counselors (LPCs) in Texas. In 2020, there were 22,709 actively licensed LPCs in Texas.

- This number represented a 31.6% increase since 2015 and a 70.1% increase since 2010.
- Relative to population growth, the size of the LPC workforce has improved by 31.2% over the past 10 years.

Despite these improvements, Texas still had fewer LPCs per capita than the national average.

Figure 1. Total LPCs

Figure 2. Ratio of Population to LPC

Geographic Distribution of Licensed Professional Counselors

LPCs were not evenly distributed throughout the state.

- Per capita, metropolitan counties had 1.7 times as many LPCs as non-metropolitan counties.
- Per capita, non-border counties had 1.6 times as many LPCs as border counties.
Race/Ethnicity of LPCs

Hispanic/Latino LPCs were underrepresented when compared to the Texas population.\(^1\)

Figure 4. Race/Ethnicity of Texas Population and LPCs

![Race/Ethnicity Graph]

\(^1\) Race/ethnicity data were available for 14,573 of 22,709 LPCs.

Age Distribution of LPCs by Race/Ethnicity

- 28.6% of white/Caucasian LPCs were 61 years of age or over, while 24.9% were aged 40 years or under.\(^2\)
- 32.5% of black/African American LPCs were between 41 and 50 years of age, and 30.1% were aged 40 years or under.
- 31.5% of Hispanic/Latino LPCs were between 41 and 50 years of age, and 38.7% were aged 40 years or under.

Figure 5. Age Distribution of LPCs by Race/Ethnicity

![Age Distribution Graph]

Gender of LPCs

- In 2020, 79.6% of LPCs were female and 20.4% were male.\(^3\)
- Among LPCs aged 40 years or under, 85.5% were female and 14.5% were male.

Age Distribution of LPCs by Gender

Within 10 years, 33.7% of the current Texas LPCs workforce will be over 65 years of age.\(^4\)

- 14.2% of active LPCs in Texas were over 65 years of age in 2020.
- Among LPCs over 55 years of age, males comprised 26.2% of the LPC workforce.

Table 2. Age Distribution of LPCs

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Female</th>
<th>Male</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>≤30</td>
<td>396</td>
<td>60</td>
<td>456</td>
</tr>
<tr>
<td>31-35</td>
<td>1,431</td>
<td>230</td>
<td>1,661</td>
</tr>
<tr>
<td>36-40</td>
<td>1,779</td>
<td>322</td>
<td>2,101</td>
</tr>
<tr>
<td>41-45</td>
<td>1,612</td>
<td>319</td>
<td>1,931</td>
</tr>
<tr>
<td>46-50</td>
<td>1,589</td>
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<tr>
<td>51-55</td>
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<td>396</td>
<td>1,663</td>
</tr>
<tr>
<td>56-60</td>
<td>1,106</td>
<td>368</td>
<td>1,474</td>
</tr>
<tr>
<td>61-65</td>
<td>1,053</td>
<td>326</td>
<td>1,379</td>
</tr>
<tr>
<td>&gt;65</td>
<td>1,485</td>
<td>597</td>
<td>2,082</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>11,718</strong></td>
<td><strong>2,995</strong></td>
<td><strong>14,713</strong></td>
</tr>
</tbody>
</table>

\(^2\) Age data were available for 22,708 of 22,709 LPCs.
\(^3\) Gender data were available for 14,714 of 22,709 LPCs.
\(^4\) The earliest retirement age for social security is 62.