

Occupational Therapy Assistant Growth Trends

This fact sheet is an overview of the trends, distribution, and demographics of occupational therapy assistants (OTAs) in Texas. In 2020, there were 5,456 active OTAs in Texas.

- This number represented a 31.2% increase since 2010 and a 101.5% increase since 2010.
- Relative to population growth, the size of the OTA workforce has improved by 41.9% over the past 10 years.

Texas continues to have fewer OTAs per capita than the national average.

Figure 1. Total OTAs

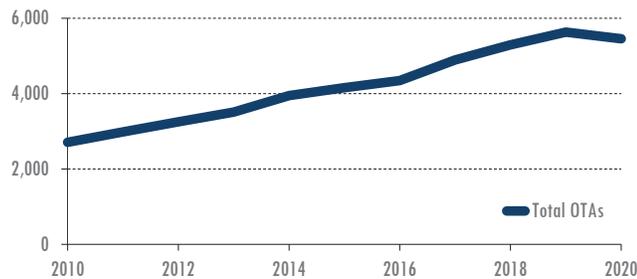
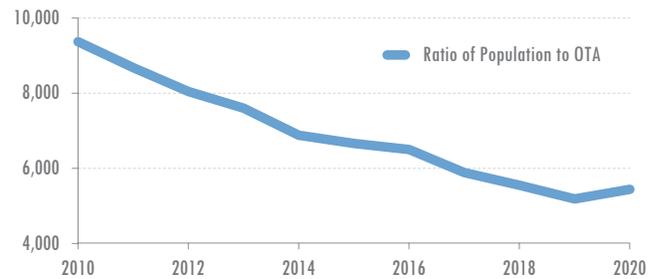


Figure 2. Ratio of Population to OTA



Geographic Distribution of Occupational Therapy Assistants

Figure 3. Ratio of Texas Population to OTA by County

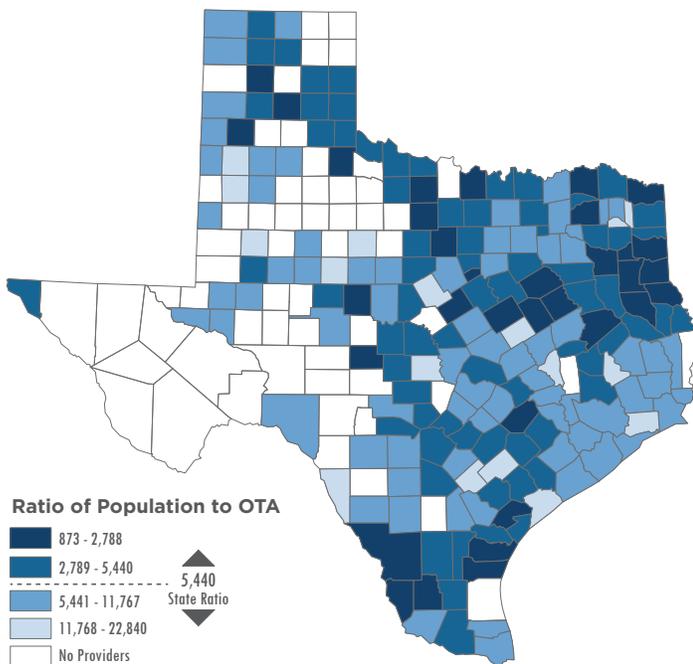


Table 1. Ratio of Texas Population to OTA by Geographic Designation

Geographic Designation	Ratio of Population to OTA
Metropolitan	5,631
Non-metropolitan	4,219
Border	4,033
Non-border	5,648
Texas	5,440

OTAs were not evenly distributed throughout the state.

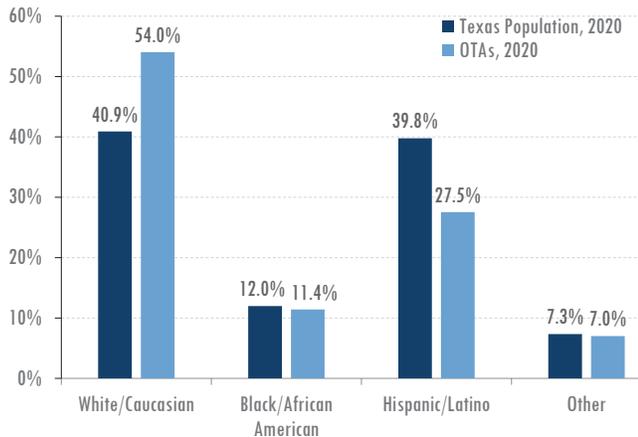
- Per capita, non-metropolitan counties had 1.3 times as many OTAs as metropolitan counties.
- Per capita, border counties had 1.4 times as many OTAs as non-border counties.

Demographics of Occupational Therapy Assistants

Race/Ethnicity of OTAs

Hispanic/Latino OTAs were underrepresented when compared to the Texas population.¹

Figure 4. Race/Ethnicity of Texas Population and OTAs

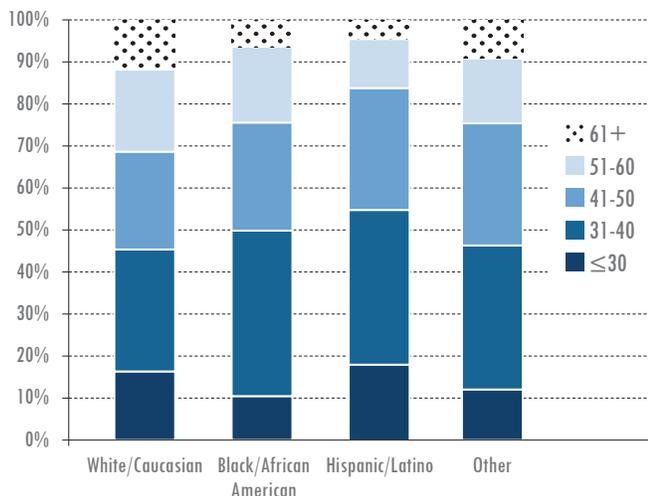


¹ Race/ethnicity data were available for 5,446 of 5,456 OTAs.

Age Distribution of OTAs by Race/Ethnicity

- 11.9% of white/Caucasian OTAs were 61 years of age or over, while 45.4% were aged 40 years or under.
- 25.7% of black/African American OTAs were between 41 and 50 years of age, and 49.8% were aged 40 years or under.
- 16.1% of Hispanic/Latino OTAs were 51 years of age or over, and 54.9% were aged 40 years or under.

Figure 5. Age Distribution of OTAs by Race/Ethnicity



Gender of OTAs

- In 2020, 83.2% of OTAs were female and 16.8% were male.²
- Among OTAs aged 40 years or under in 2020, 83.6% were female and 16.4% were male.

Age Distribution of OTAs by Gender

Within 10 years, 16.8% of the current Texas OTA workforce will be over the age of 65.³

- 3.7% of active OTAs in Texas were over 65 years of age in 2020.
- Among OTAs over 55 years of age, males comprised 16.4% of the OTA workforce.

Table 2. Age Distribution of OTAs by Gender

Age Group	Female	Male	Total
≤30	750	109	859
31-35	756	164	920
36-40	704	159	863
41-45	590	125	715
46-50	555	120	675
51-55	413	86	499
56-60	359	66	425
61-65	249	42	291
>65	157	42	199
Total	4,533	913	5,446

² Gender data were available for 5,446 of 5,456 OTAs.

³ The earliest retirement age for social security is 62.

